



HAPPY HOLIDAYS

Fresh Grade A Turkeys
Great Selection! Great Price!
Select Sizes. See In-store for details.

6⁹⁹ lb
15.41/kg

Beef Sirloin Tip Steak
Boneless.
Cut From Canada
AA or Higher.



2⁹⁹ lb
6.59/kg

Red or Green Seedless Grapes
Product of U.S.A.



2⁹⁹ lb
6.59/kg

Compliments Ham
Hickory Smoked.
Butt or Shank Portions.



99¢

Club House Gravy or Sauce Mixes
Select Varieties. 20 - 47 g.



10⁹⁹ Each

Compliments Chicken Wings
Select Varieties. Frozen.
800 g.



5⁷⁷

Cracker Barrel Cheese or Siggis Yogourt
Select Varieties. Cracker Barrel Blocks 340 - 400 g. Shredded 250 - 320 g. Siggis 650 - 750 g.



6⁹⁹

Coca-Cola or Pepsi Soft Drinks
Select Varieties.
12 x 355 mL.



3³³

Old Dutch or Lay's Potato Chips
Select Varieties. Old Dutch 235 g. Ridgies 200 g. Lays 220 - 235 g. Poppables 130 g.



4⁴⁹

Tropicana Orange Juices
Or Trop 50.
Select Varieties.
1.36 Litre.



6⁹⁹

Compliments Pies
Select Varieties. 8 Inch.
580 - 750 g.



4⁹⁹

Ben & Jerry's Ice Cream or Magnum Bars
Or Breyers Creamery Style Ice Cream. 1.66 Litre. Select Varieties. Ben & Jerry's 473 mL. Magnum 3's. Frozen.



See our insert for all your

HOLIDAY ENTERTAINING needs!



Sale Prices Valid for 2 Weeks

	thu	fri	sat	sun	mon	tues	wed
DEC 2024	19	20	21	22	23	24	25
JAN 2025	26	27	28	29	30	31	1

This symbol denotes Plus deposit and/or environmental levies where applicable.

FRESH PRODUCE



1⁹⁹ lb
4.39/kg
Red or Golden Delicious Apples
Or Royal Gala Apples. Product of U.S.A./Canada.



2⁴⁹ lb
5.49/kg
Bartlett Pears
Product of U.S.A.



4⁹⁹ Each
Large Pineapple
Product of Costa Rica.



2/\$4
Compliments Fresh Herbs
Product of U.S.A. Select Varieties. 20 - 28 g.



4⁹⁹ Each
Compliments Broccolini Tray
Product of U.S.A. 170 g.



2⁹⁹ lb
6.59/kg
Fresh Brussels Sprouts
Product of Canada U.S.A./Mexico



2/\$7
Mini Cucumbers or Grape Tomatoes
Product of Canada/U.S.A./Mexico. Cucumbers 6's. Grape Tomatoes 283 g.



2⁹⁹ lb
6.59/kg
Broccoli Crowns
Product of U.S.A./Mexico.



2⁹⁹ Each
Iceberg Lettuce
Product of U.S.A./Mexico.



3⁹⁹ Each
Compliments Potatoes
Select Varieties. Product of Canada. 5 lb/2.27 kg.



4⁹⁹ Each
Renee's Dressings
Select Varieties. 355 mL.

DELI



3⁹⁹ Each
Compliments Deli Salads
Select Varieties. 426 - 454 g.



6⁹⁹ Each
Marc Angelo Sliced Italian Meats
Select Varieties. 100 - 125 g.



1⁶⁹ 100g
Compliments Ham
Select Varieties. Sliced or Shaved.



9⁹⁹ Each
Panache Applewood Smoked Cheddar Cheese
250 g.

FRESH MEAT*



6⁹⁹ Each
Harvest Pure Pork Sausage Meat
375 g. Frozen.



4⁴⁹ lb
9.90/kg
Fresh Pork Side Ribs



4⁴⁹ lb
9.90/kg

Fresh Pork Tenderloin
Boneless.



6⁹⁹ lb
15.41/kg
Fresh Boneless Skinless Chicken Thighs



14⁹⁹ lb
33.05/kg
Beef Prime Rib Roast
Bone In.
Cut From Canada AA or Higher.



6⁴⁹ lb
14.31/kg
Panache Flattened Chicken
Select Varieties.



8⁴⁹ lb
18.72/kg
Beef Stir Fry
Cut From The Hip.
Cut From Canada AA or Higher.

PACKAGED MEAT



4⁹⁹ Each
Johnsonville Ground Sausage
Or Breakfast Sausages. Select Varieties.
250 - 375 g.



5⁷⁹ Each
Compliments Grilled Strips
Select Varieties. 150 - 200 g.



4⁹⁹ Each

Compliments Side Bacon
Select Varieties. 375 g.



13⁹⁹ Each
Maple Leaf Ham Halves
Select Varieties. 600 g.



13⁴⁹ Each
Harvest Thick Sliced Bacon
500 g.



6⁷⁹ Each
Harvest Garlic Sausage Rings
Select Varieties. 300 g.



2¹⁹ Each
Compliments Chicken Wieners
450 g.



3⁹⁹ Each
Fontaine Sante Hummus Dips
Or Spinach Dip. Select Varieties. 250 - 260 g.



6⁹⁹ Each
Panache Soup
Select Varieties. 625 mL.



2¹⁹ 100 g

Harvest Beer Sausage
Bulk.

CHILLED & FROZEN



3⁴⁹ Gay Lea Sour Cream
Select Varieties. 425 - 500 mL.



6⁴⁹ Kraft Philadelphia Cream Cheese
Or McLaren's Imperial Cheese
230 g. Select Varieties. 340 g.



1⁹⁹ I Can't Believe It's Not Butter
427 g.



6⁴⁹
Liberté Greek Yogourt
Select Varieties. 650 - 750 g.



3⁴⁹ Jell-O Refrigerated Desserts
Select Varieties. 356 - 452 g.



3⁹⁹ Earth's Own Beverages
Select Varieties
1.75 - 1.89 Litre. ♻️



1⁶⁹ Milk 2 Go or Nestlé Milk Shakes
Select Varieties. 473 mL. ♻️



5⁹⁹ Cavendish Farms Hashbrowns
Select Varieties. 1.2 kg. Frozen.



4⁹⁹ Cracker Barrel Cheese
Select Varieties. 270 g.



3⁹⁹ Compliments Fried Potatoes
Select Varieties. 454 - 800 g.
Frozen.



4⁹⁹ McCain Potato Vegetable Mixes
Select Varieties. 400 g.
Frozen.



11⁹⁹ PF Chang's or Bertolli Entrees
Select Varieties.
624 g. Frozen.



5⁹⁹
Dr. Oetker Pizza
Select Varieties.
Easy Pizza 560 - 600 g.
Tradizionale 385 - 415 g.
The Good Baker 390 g.
Frozen.



3⁴⁹ Compliments Frozen Vegetables
Select Varieties. 500 - 750 g.
Frozen.



9⁹⁹ Cavendish Farms Potato Wedges or Onion Rings
Select Varieties. 1 - 1.81 kg. Frozen.



3⁹⁹ Kraft Cool Whip
Select Varieties. Frozen.
1 Litre. Aerosol 225 g.



5⁴⁹
Häagen Dazs Ice Cream
Select Varieties.
Ice Cream 400 - 450 mL.
Ice Cream Bars 216 - 264 mL.
Frozen.

MEAT & SEAFOOD



10⁴⁹ St. Hubert Pot Pies
Select Varieties.
715 - 800 g. Frozen.



14⁹⁹ Pinty's Chicken
Select Varieties.
750 - 790 g. Frozen.



15⁹⁹ Compliments Meat Lasagna
2.27 kg. Frozen.



10⁹⁹ Compliments Shrimp Ring
With Cocktail Sauce.
312 g. Frozen.



8⁹⁹ Janes Battered Fish
Select Varieties. 450 - 510 g.
Frozen.

GROCERY



2⁹⁹ Club House Organic Spices
Select Varieties. 10 - 57 g.



2/\$4 Carnation Evaporated Milk
Select Varieties. 354 mL.



3⁴⁹ Eagle Brand Condensed Milk
Select Varieties. 300 mL.



2/\$4

Betty Crocker Super Moist Cake Mix
Or Frosting 340 - 450 g.
Cake Mixes 375 - 404 g.



7⁴⁹ Robin Hood Coconut Flour
Organic. 500 g.



15⁹⁹ Robin Hood Almond Flour
500 g.



4⁴⁹ Baker's Chocolate Squares
Select Varieties. 170 - 225 g.



\$1 Jell-O Jelly Powders
Select Varieties. 9 - 85 g.



\$1 Jell-O Instant Pudding Mix
Select Varieties. 30 - 113 g



3/\$5 Heinz Beans and Pasta
Select Varieties. 398 mL.



2/\$3 Compliments Mushrooms
Pieces & Stems. 284 mL.



3⁹⁹ Unico Kalamata Olives
Select Varieties. 375 mL.



4⁴⁹ Bick's Baby Dills
Or Yum Yums and Sweet Mixed Pickles. Select Varieties. 1 Litre.



2/\$4 Clover Leaf Smoked Oysters
or Mussels. Select Varieties. 85 g.



1⁹⁹ Panache Pasta
Select Varieties. 500 g.



1⁹⁹ Primo Pasta Sauce
Select Varieties. 680 mL.



4⁹⁹ Compliments Long Grain Rice
Or Parboiled White Rice. Select Varieties. 2 kg.



3⁹⁹ China Lily Soya Sauce
483 mL.



2⁴⁹ Compliments White Albacore Tuna
Select Varieties. 170 g.



2/\$3 Compliments Prepared Mustard
225 mL.



3⁹⁹ Spirited Mickie Barbecue Sauce
Select Varieties. 375 mL.



2/\$5 Compliments Sauces
Select Varieties. 350 mL.



\$1 Compliments Cup of Noodles
Select Varieties. 65 g.



\$1 Compliments Condensed Soup
Chicken Noodle, Cream of Mushroom, Vegetable or Tomato. 284 mL.

BEVERAGES & SNACKS



5⁹⁹ Nestle Pure Life Spring Water
24 x 500 mL. 🌱



2/\$5 Red Bull Energy Drink
Select Varieties. 250 mL. 🌱



8⁹⁹ Compliments De-Alcoholized Beer
12 x 355 mL. 🌱



2/\$9 Coca-Cola Mini Cans
Select Varieties. 6 x 222 mL. 🌱



2/\$5 Coca-Cola 2 Litre Soft Drinks
Select Varieties. 🌱



2/\$6 Pringles Potato Crisps
Select Varieties. 148 - 156 g.



2/\$9⁵⁰ Cheetos Cheese Flavoured Snacks
Select Varieties. 180 - 285 g.



2/\$9⁵⁰ Doritos Tortilla Chips
Select Varieties. 210 - 280 g.



3/\$10 Old Dutch Restaurant Tortilla Chips
Select Varieties. 230 - 295 g.
Arriba 235 - 245 g.
Dutch Crunch 200 g.



2/\$8⁵⁰ Ruffles Potato Chips
Select Varieties. 180 - 200 g.



5⁹⁹ Planter's Dry Roasted Peanuts
Or Bar Mix. 454 - 550 g.



8⁹⁹ Orville Redenbacher's Microwave Popcorn
Select Varieties. 700 - 820 g.



2/\$6⁵⁰ Christie Crackers
Or Bits & Bites or Crispers.
Select Varieties. 145 - 200 g.



2/\$5 Dare Econo Pack Cookies
Select Varieties. 280 g.



4⁴⁹ Arnott's Tim Tam Cookies
Select Varieties. 175 - 200 g.



1³⁹ Nestle Single Chocolate Bars
Select Varieties. 33 - 60 g.



2/\$8 Lindt Excellence Bars
Select Varieties. 50 - 100 g.



2/\$7⁵⁰ Mars Chocolate
Or Starburst or Skittles
130 - 191 g. Select Varieties.
Mars 95 - 109 g.



2/\$6 Koala Kones Gummy Candy
Or Terry's Chocolate Bars
90 g. Koala Kones 200 g.
Dubble Bubble 50 g.



2/\$9 Cadbury Chocolate or Maynards Candy
Select Varieties. Cadbury Pouches
147 - 200 g. Maynards 308 - 315 g.

HOUSEHOLD & PET



2⁹⁹ Compliments Ultra Paper Towel
2 Ply. 72 Sheet. 2 Roll.



2⁹⁹ Palmolive Dishwashing Liquid
Select Varieties. 591 - 828 mL.



5⁹⁹ Softsoap Body Wash or Shower Gel
Select Varieties. 591 mL.



5⁹⁹ Lysol Toilet Bowl or Simply Cleaner
Select Varieties. 650 - 946 mL.



8⁹⁹ Lysol Disinfectant Spray
Select Varieties. 539 g.

BAKERY



7⁹⁹ **Charlotte's Cakes**
Select Varieties. 400 - 475 g.



4⁴⁹ **King's Hawaiian Sweet Rolls**
Or Savory Butter Rolls. 340 g.



4⁹⁹ **Compliments Mini Muffins**
Select Varieties. 336 g.



4⁸⁹

Dempster's Tortillas or Wraps
Select Varieties. 366 - 610 g.



9⁴⁹ **Compliments Two Bite Cinnamon Rolls**
Or Fudge Brownie Bites. 595 - 608 g.



3⁹⁹ **Panache Pizza Crust**
Or Compliments Flat Bread. Select Varieties. 220 - 460 g.



9⁴⁹ **Panache Mini Profiteroles or Eclairs**
Select Varieties. 300 - 455 g. Frozen.



5⁹⁹ **Portofino Artisan Sliced Breads**
Select Varieties. 585 - 630 g.

BREAKFAST



8⁹⁹ **Tim Hortons Coffee**
Select Varieties. 300 g.



6⁹⁹ **Maxwell House Single Serve Coffee**
Select Varieties. 109 - 126 g.



19⁹⁹ **Timothy's Coffee Pods**
Select Varieties. 30's.



4/\$5

Yoplait Yop
Select Varieties. 200 mL.



4⁷⁹ **Pearl Milling Company Pancake Mix**
Or Syrup 710 mL. Select Varieties. Pancake Mix 905 g.



3⁷⁹ **Quaker Instant Oatmeal**
Select Varieties. 232 - 344 g.



3⁹⁹ **Quaker Oats**
Select Varieties. 709 g. - 1 kg.



10⁴⁹ **Compliments Honey**
Liquid or Creamed. 750 g. - 1 kg.



5⁹⁹ **Compliments Granola Bars**
Select Varieties. 560 - 630 g.



2⁹⁹ **Glad Cling Wrap**
30 Metres.



5⁹⁹ **Fleecy Fabric Softener**
Select Varieties. Sheets 80's. Fabric Softener 1.36 Litre.



11⁹⁹ **Glad Garbage Bags**
Select Varieties. 20's - 40's.



4⁴⁹ **Milk Bone Dog Biscuits**
Select Varieties. 750 - 900 g. Farmer's Medley 340 g.



5⁴⁹ **Milk Bone Dipped or Stacked Dog Treats**
Select Varieties. 283 - 340 g.



3⁹⁹ lb
8.80/kg

**Panache
Spiral Ham**
Hickory Smoked.



6⁹⁹
Each

**Chinese
Mandarin
Oranges**
Product of China.
4 lb/1.81 kg Box.



6⁹⁹
Each

Compliments Appetizers
Select Varieties. 325 - 469 g.
Panache Spanakopita 264 g. Frozen.



3⁹⁹

Mott's Clamato Juice
Select Varieties. 1.89 Litre. ♻️



6²⁹

Hellmann's Mayonnaise
Select Varieties. 710 - 890 mL.



2/\$3

Kraft Dinner or Side Dishes
Or Cups 58 g. Select Varieties. 156 - 200 g.



4/\$5

Compliments Soft Drinks
Select Varieties. 2 Litre. ♻️



7⁴⁹

**Purex Bathroom Tissue,
Spongetowels or
Scotties Facial Tissue**
Select Varieties. Purex 8 - 12 Roll.
Spongetowels 3 - 6 Roll.
Scotties Facial Tissues 6's.

Open Sundays in select locations only. familyfoods.ca

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MRT Family Foods, Calgary • Strawson's General Store, Fort Assiniboine **Saskatchewan** Eddie's Family Foods, Flin Flon • Harold's Family Foods, Prince Albert • Kindersley Family Foods, Kindersley
Manitoba Oakbank Family Foods, Oakbank • Portage Avenue Family Foods, Winnipeg • Stonewall Family Foods, Stonewall • The Pas Family Foods, Opaskwyak
Ontario Balmertown Food Fair, Balmertown

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HOLIDAY ENTERTAINING

Sale Prices in Effect December 19, 2024 - January 1, 2025



21⁹⁹

Butterball Turkey Breast Roast
Select Varieties. Frozen. 1.2 - 1.5 kg.



12⁹⁹

Compliments Turkey Roast
With Cranberry Stuffing. Frozen. 1 kg.



11⁴⁹

Best Buy Smoked Ham
Boneless. 1.2 kg.



5⁴⁹

Red Baron Pizza
Select Varieties. 422 - 740 g. Frozen.



7⁹⁹

TASTIEZ Appetizers
Select Varieties. 400 - 500 g. Frozen.



3⁹⁹

Bick's Dill Pickles
Select Varieties. 1 Litre.



4⁹⁹

Compliments Dry Roasted Peanuts
Select Varieties. 700 g.



6⁹⁹

Compliments Peanut Butter Filled Pretzels
680 g.



5⁹⁹

Planters Almonds or Cashews
Select Varieties. 200 g.



7⁹⁹

Folgers Gourmet K-Cup Coffee
Select Varieties. 84 - 108 g.



19⁹⁹

McCafe Premium Roast K-Cups
30 Count. 323 g.



2/\$7

Compliments Cranberry Cocktails or Blends
Or Ruby Red Grapefruit.
Select Varieties. 1.89 Litre.
Compliments Lemon Juice 946 mL.



5⁹⁹

Compliments Sparkling Water
Select Varieties. 12 x 355 mL.



8⁹⁹

Compliments De-Alcoholized Beer
12 x 355 mL.



5⁹⁹

Compliments Soft Drinks
Select Varieties. 12 x 355 mL.

This symbol denotes Plus deposit and/or environmental levies where applicable.

pg1_w34-35_Pop Up_all_zones

IT'S THE MOST Wonderful



3⁹⁹

Best Buy Orange Juice
No Pulp. 1.6 Litre.



5⁴⁹

Armstrong Cheese
Select Varieties. Shredded 300 - 320 g.
Blocks 400 g.



2⁹⁹

Compliments Crackers
Select Varieties. 200 - 225 g.



4⁹⁹
Each

**Mini Babybel or
Laughing Cow Cheese**
Select Varieties. 102 - 140 g.



6⁹⁹
Each

Boursin Soft Cheese
Select Varieties. 130 - 170 g.



19⁹⁹
Each

Hormel Snack Tray
Select Varieties. 822 - 850 g.

Pinterest
2024 Trend

Kraft
PRESENTS

Pinterest to Plate

IMPRESS WITHOUT THE STRESS



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Philadelphia Cream Cheese
Product 227 - 250 g

\$3⁹⁹
Each /
Any Variety



Philadelphia Dips
227 g

2/\$5
Any Variety



Stove Top Stuffing Mix
120 g

2/\$3
Each /
Any Variety



Kraft Singles Process Cheese
Product 410 g
Cheez Whiz Cheese Spread 450 g

\$4⁹⁹
Each /
Any Variety



Kraft Peanut Butter
750 g - 1 Kg
Hazelnut Spread 725 g

\$6⁹⁹
Each /
Any Variety



Kraft Salad Dressings
425 mL

\$3⁴⁹
Any Variety



Heinz Ketchup 750 mL - 1L
Miracle Whip Spread 650 - 890 mL
Kraft Mayo Real Mayonnaise
890 mL

\$5⁹⁹
Each /
Any Variety



Nabob Roast & Ground Coffee 340 g
TASSIMO Maxwell House T DISCs 8 - 16 pack
Maxwell House Single Serve Pods 12 pack

\$6⁹⁹
Each /
Any Variety

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OF THE TIME YEAR



1³⁹

Hershey Single Chocolate Bars
Select Varieties. 34 - 58 g.



1⁹⁹

Lindt Lindor Chocolates
Select Varieties. 36 - 38 g.



2⁹⁹

Storck Toffifee
123 g.



2/\$6

Nestle Chocolate
Select Varieties. Tablets or Cello.
95 - 130 g.



3⁹⁹

Russell Stover No Sugar Added Chocolates
Select Varieties. 85 g.



4⁹⁹

Dare Candy
Select Varieties. 500 - 700 g.



7⁴⁹

Lindt Lindor Bags
Or Ghirardelli. Select Varieties.
150 - 151 g.



9⁹⁹

Compliments Chocolate Covered Almonds or Raisins
900 g.

value
size



10⁴⁹

Ferrero Rocher Chocolates
Select Varieties. 118.65 - 200 g.
White Supplies Last.



6⁹⁹

Kimberley's Bakeshoppe Frosted Holiday Sugar Cookies
383 g. White Supplies Last.



3/\$10

Old Dutch Restaurant Tortilla Chips
Select Varieties. 230 - 295 g.
Arriba 235 - 245 g. Dutch Crunch 200 g.



6⁹⁹

Coca-Cola Mini Bottles
Select Varieties. 8 x 300 mL. ♻️



6⁴⁹

Compliments Beer Cups
Red or White. 50's. 473 mL.



2⁹⁹

Compliments Compostable Straws
Select Varieties. 50's.



2⁹⁹

Compliments Compostable Cutlery
Select Varieties. 24's.



3⁹⁹

Compliments Plant Fibre Plates or Bowls
Compostable. Select Varieties. 12's.

SHARE THE JOY



9⁹⁹

Compliments Meatballs
Select Varieties. Frozen. 680 g.



7⁹⁹

Compliments Potato Skins
Bacon and Cheddar. 343 g. Frozen.



8⁹⁹

Compliments Breaded Pickle Spears
500 g. Frozen.



7⁴⁹

Compliments Egg Rolls
Vegetable or Beef & Pork. 680 g. Frozen.



7⁴⁹

Compliments Chicken Balls
With Sweet and Sour Sauce. 700 g. Frozen



5⁴⁹

Compliments Asian Entrees
Select Varieties. 400 g. Frozen.



9⁹⁹

Compliments Sausage Rolls
576 g. Frozen.



6⁹⁹

Compliments Mini Quiche
378 g. Frozen.



3⁹⁹

Compliments Samosas
Chicken or Vegetable. 252 g. Frozen.



7⁹⁹

Compliments Sprolles
Select Varieties. 486 g. Frozen.



8⁹⁹

Compliments Chicken Taquitos
420 g. Frozen.



8⁹⁹

Compliments Corn Dogs
1.35 kg. Frozen.



10⁹⁹

Panache Seafood Appetizers
Select Varieties. Frozen. 252 - 355 g.



19⁹⁹

Compliments Shrimp Ring
With Cocktail Sauce. Frozen. 373 g.



6⁴⁹

Panache Mini Crisps
Select Varieties. 150 g.



6⁴⁹

Panache Spreads
Select Varieties. 130 mL.