



\$

food Basics



\$



99¢ EACH

BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

BONELESS



6.98 /LB

FRESH BONELESS STRIPLON STEAKS
FAMILY PACK OR ROAST
CUT FROM UNGRADED BEEF, WHILE QUANTITIES LAST
15.39/KG



2.88 EACH

CLEMENTINES
PRODUCT OF MOROCCO
2 LB BAG

LEMONS
PRODUCT OF U.S.A. OR TURKEY
2 LB BAG

FRESH



4.88 /LB

FRESH NEW ZEALAND LAMB LEG
WHILE QUANTITIES LAST
10.76/KG



4.98 EACH

IRRESISTIBLE PIE 750 G - 1 KG
NOVA ERA TARTS 450 G
SELECTED VARIETIES

\$



12.98 /LB

FRESH BEEF TENDERLOIN VACUUM PACK
UNGRADED BEEF, WHILE QUANTITIES LAST
28.62/KG



2.88 EACH

NESTLÉ PARLOUR 1.5L
NOVELTIES 6 - 12'S
SELECTED VARIETIES

QUARANTEED FRESHNESS YOU CAN TRACE FROM THE CATCH TO THE PLATE



9.88 /LB

FRESH ATLANTIC SALMON FILLET
FAMILY PACK
21.78/KG

ALWAYS CANADIAN WE LOVE LOCAL



4.44 EACH

BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES



4.98 EACH

18 PK OMEGA-3

GOLDEGG OR NATUREGG OMEGA-3 EGGS
18'S
SELECTED VARIETIES

MERRY CHRISTMAS!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, DECEMBER 19TH TO WEDNESDAY, DECEMBER 25TH, 2024

ALL STORES OPEN DECEMBER 24TH FROM 7:00 AM - 6:00 PM

SEE YOUR LOCAL STORE OR FOODBASICS.CA FOR MORE DETAILS

Irresistible
FESTIVE
FESTIVE

BELGIAN COOKIES - BISCUITS BELGES
Variety of Belgian chocolate cookies. Fudge, white & cream with vanilla. Assortiment de biscuits chocolatés. Assortiment de biscuits chocolatés. À déguster ou à partager.

12⁹⁹ EACH

IRRESISTIBLE BELGIAN COOKIES
650 G SELECTED VARIETIES WHILE QUANTITIES LAST

CANADIAN COVE
OMEGA 3

FRESH CANADIAN COVE MUSSELS
907 G

Mussels - Moules
Live, Rope Grown

5⁴⁹ EACH

TOBLERONE

TOBLERONE CHOCOLATE BAR
360 G

CHRISTMAS CHOCOLATE BOX
200 G

SELECTED VARIETIES WHILE QUANTITIES LAST

7⁹⁹ EACH

Irresistibles
LES HORS-D'ŒUVRE

COCONUT SHRIMP
CREVETTES À LA NOIX DE COCO

WITH SWEET CHILI SAUCE OR SAUCE CHILI DOUCE

10⁹⁹ EACH

IRRESISTIBLES COCONUT SHRIMP WITH CHILI SAUCE
454 G FROZEN SELECTED VARIETIES

NESTLÉ
TURTLES

9⁹⁹ EACH

NESTLÉ TURTLES
300 - 350 G SELECTED VARIETIES WHILE QUANTITIES LAST

Irresistibles

PACIFIC WHITE SHRIMP
CREVETTES BLANCHES DU PACIFIQUE

RAW - CRUES
31-40

COOKED - CUITES
LARGE / GROSSES

7⁹⁹ EACH

IRRESISTIBLES PACIFIC WHITE COOKED OR RAW SHRIMP
340 G FROZEN SELECTED VARIETIES

FERRERO ROCHER

10⁹⁹ EACH

FERRERO CHOCOLATES
375 G SELECTED VARIETIES WHILE QUANTITIES LAST

Irresistibles
LES HORS-D'ŒUVRE

TEMPURA SHRIMP
CREVETTES TEMPURA

JAPANESE STYLE BATTER / PÂTE DE STYLE JAPONAIS

7⁹⁹ EACH

IRRESISTIBLES TORPEDO OR TEMPURA SHRIMP
284 - 300 G FROZEN SELECTED VARIETIES

QUALITY STREET CHOCOLATES
550 G WHILE QUANTITIES LAST

Quality Street

13⁹⁹ EACH

MARINA DEL REY
WILD COOKED SNOW CRAB
454 G FROZEN SELECTED VARIETIES

16⁹⁹ EACH

MARINA DEL REY
WILD COOKED SNOW CRAB

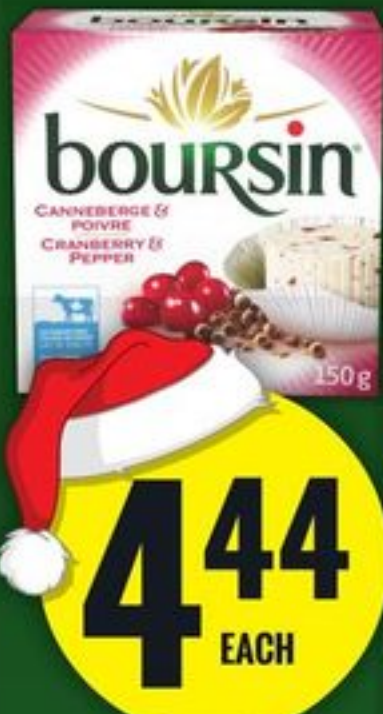
CRABES SAUVAGES DU CANADA
PARTS OF PINNACLES - PIÈCES & CLAWES (CORNEES - PINNACLES)

WILD CAUGHT CANADIAN SNOW CRAB

454 g

HOLIDAY MORE

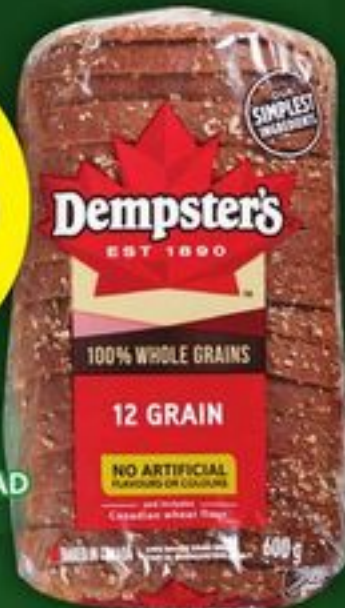
FOR LESS



MASTRO OR SAN DANIELE SLICED DELI MEAT OR BOURSIN CHEESE OR BRANT KOLBASSA 100 - 300 G SELECTED VARIETIES



VILLAGGIO OR DEMPSTER'S WHOLE GRAIN BREAD 350 - 625 G SELECTED VARIETIES



DARE CRACKERS 100 - 225 G CHRISTIE CRACKERS 100 - 200 G SELECTED VARIETIES



COLAVITA EXTRA VIRGIN OLIVE OIL 1 L SELECTED VARIETIES



IRRESISTIBLES ORANGE JUICE 1.5 L SELECTED VARIETIES



DORITOS, RUFFLES POTATO CHIPS OR CHEETOS 100 - 285 G SELECTED VARIETIES



LACTANTIA CREAM 473 ML - 1 L SELECTED VARIETIES



SWEET POTATOES PRODUCT OF U.S.A. LARGE PURPLE SWEET POTATOES PRODUCT OF U.S.A. OR HONDURAS RUTABAGAS PRODUCT OF ONTARIO CANADA NO. 1 GRADE 2.16/KG



GREEN GIANT VEGETABLES 500 - 750 G FROZEN SELECTED VARIETIES



MERRY CHRISTMAS!

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IRRESISTIBLE FRUIT
400 - 600 G FROZEN SELECTED VARIETIES

4.44
EACH

SELECTION BACON
375 G
SELECTED VARIETIES

3.88
EACH

LACTANTIA ULTRA PUR MILK
1.5 L
HELIVA GOOD! DIP
680 G
SELECTED VARIETIES

4.99
EACH

Pearl Milling Company
PEARL MILLING PANCAKE MIX
905 G
ORIGINAL TABLE SYRUP
710 ML
SELECTED VARIETIES

2.99
EACH

PHILADELPHIA
Cream Cheese
DIPS
ONION
340 g

PHILADELPHIA
ORIGINAL
CREAM CHEESE
PRODUCT
no artificial
flavours
or colours

4.99
EACH

Dare
Ultimate
Maple
crème

The Original
OREO
L'original

DARE OR
CHRISTIE
COOKIES
165 - 303 G
SELECTED VARIETIES

2/5.50

Kellogg's
VERY HIGH
FIBRE
TWO SCOOPS
Raisin Bran
FAMILY SIZE
425 g

MAXWELL
HOUSE
COFFEE
CAPSULES
12'S
KELLOGG'S
FAMILY SIZE
CEREAL
480 - 650 G
SELECTED VARIETIES

5.99
EACH

HELLMANN'S
REAL VRAIE
MAYONNAISE
710 - 850 ML
SELECTED VARIETIES

5.99
EACH

McCafe
216'S
McCAFE
GROUND COFFEE
340 G
SELECTED VARIETIES

Tetley
ORANGE PEACH
216'S
216'S

9.99
EACH

PEPSI
12'S

Coca-Cola
ORIGINAL TASTE

COCA-COLA,
CANADA DRY GINGER ALE OR PEPSI
12 X 355 ML
SELECTED VARIETIES

6.99
EACH

Cashmere
12 - 24'S

Sponge Towels
ULTRA

Scotties
SCOTTIES FACIAL TISSUE
6'S

7.49
EACH

Sunlight
Original
Fresh
Fragrance
original

Purex
4-1
COLD WATER
LAUNDRY DETERGENT

Persil
Original
Fresh
Fragrance
original

11.99
EACH

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

**We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at FoodBasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt; available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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HOLIDAY MORE



the app-solute best
way to save

DIGITAL DEAL

2.99
EACH

WITH COUPON

only with
moi
rewards

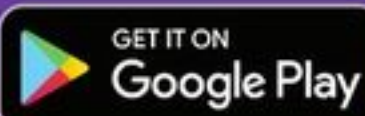
LA PETITE BRETONNE
MICRO CROISSANTS OR
CHOCOLATINES*
350 - 400 G
SELECTED VARIETIES



save
\$1



CLICK TO DOWNLOAD



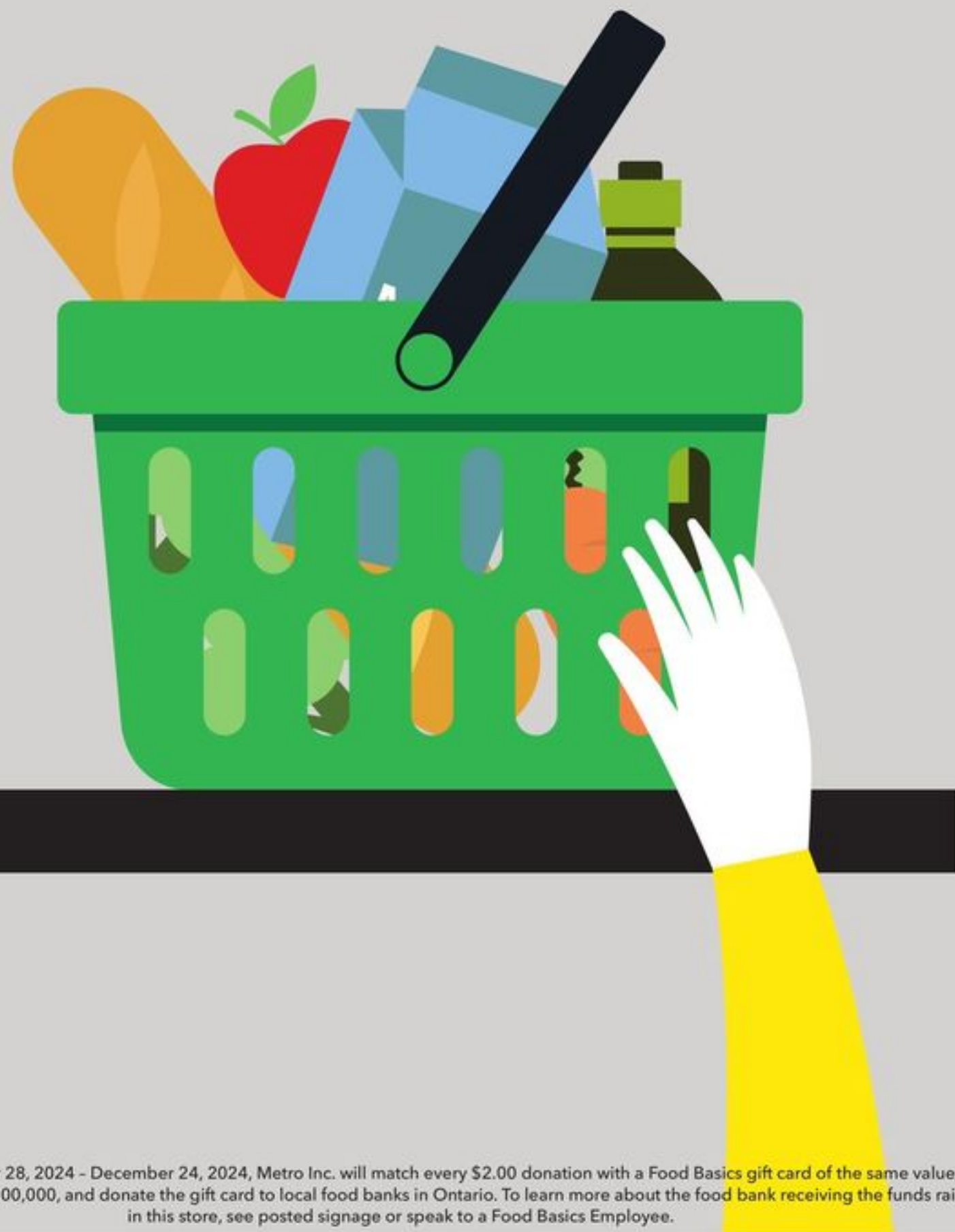
While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

**Healthy
Together**

**MAKE THE
OUT OF
REACH
REACHABLE**

**HELP SOMEONE
IN NEED BY
DONATING AT
CHECKOUT.
WE'LL MATCH IT.**



Between November 28, 2024 - December 24, 2024, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Food Basics Employee.

TOGETHER HELPING LOCAL FOOD BANKS

All bags will be donated
to local community
Food Banks

10⁰⁰
EACH

Approximate
retail value \$15 ea.

PLU number:
15263

food
Basics



ACTUAL PRODUCT SELECTION MAY VARY

Visit foodbasics.ca for details. While quantities last.

**SHOP
ONLINE
FOR LESS**

**FREE
PICKUP
AT STORE**

**\$45
OFF**

\$15 OFF YOUR FIRST 3 ORDERS*

PROMO CODE:

HELLO1

HELLO2

HELLO3



*Conditions apply. Valid on orders of \$75 or more.

food Basics



MORE

HOLIDAY

\$



PRODUCE

GOLDEN RIPE PINEAPPLES
PRODUCT OF COSTA RICA
LIMES
PRODUCT OF MEXICO, 1 LB BAG

THIS WEEK ONLY
2.98
EACH

CARROTS OR YELLOW ONIONS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
2 LB BAG

THIS WEEK ONLY
1.98
EACH

BLUEBERRIES PRODUCT OF PERU, 170 G
RASPBERRIES OR BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE, 130 - 170 G

THIS WEEK ONLY
3.98
EACH

ASPARAGUS
PRODUCT OF PERU
NO. 1 GRADE, 325 G

THIS WEEK ONLY
3.98
EACH

BRUSSELS SPROUTS
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.88
/LB

FRESH ATTITUDE SALADS OR KITS
142 G

THIS WEEK ONLY
3.77
EACH

GREEN BEANS
PRODUCT OF U.S.A., 340 G

THIS WEEK ONLY
3.49
EACH

ROMAINE HEARTS
PRODUCT OF U.S.A., PKG OF 3

THIS WEEK ONLY
4.88
EACH

POM WONDERFUL POMEGRANATE ARILS
173 G

THIS WEEK ONLY
4.88
EACH

AVOCADOS
PRODUCT OF MEXICO
840 G / 5 OR 6

THIS WEEK ONLY
3.98
EACH

POMEGRANATES
PRODUCT OF U.S.A.

THIS WEEK ONLY
1.98
EACH

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

THIS WEEK ONLY
3.98
EACH

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB

LOCAL CRANBERRIES
PRODUCT OF CANADA, 304 G

THIS WEEK ONLY
2.98
EACH

IRRESISTIBLES FRESH HERBS

THIS WEEK ONLY
2/\$4

FRESH FRUIT TRAY
1.13 KG

THIS WEEK ONLY
11.88
EACH

MEDJOOL DATES
907 G

THIS WEEK ONLY
9.88
EACH

IRRESISTIBLES NUT CAROUSELS
250 - 700 G
WHILE QUANTITIES LAST

THIS WEEK ONLY
9.99
EACH

FLORAL

6" AMARYLLIS
SELECT VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
8.98
EACH

5" ANTHURIUM OR PREMIUM ORCHIDS
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY
10.98
EACH

MIXED LARGE BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY
\$12
EACH

MIXED SIGNATURE HOLIDAY BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY
18.88
EACH

MEAT

Zabiha Halal
No. 1
EXTRA LEAN GROUND CHICKEN
POULET HACHE EXTRA-MAIGRE
450 g

THIS WEEK ONLY
4.99
EACH

NATURAL SMOKED HAM JAMBON FUME NATUREL
ORIGINAL
Made with natural ingredients
Tout d'ingrédients naturels

THIS WEEK ONLY
9.99
EACH

FRESH CHICKEN DRUMSTICKS
BAGGED
INCLUDING ZABIHA HALAL
5.49/KG

THIS WEEK ONLY
2.49
/LB

FRESH BONE-IN PORK COMBINATION CHOPS
INCLUDING CENTRE CUT CHOPS
6.59/KG

THIS WEEK ONLY
2.99
/LB

PRIME RAISED WITHOUT ANTIBIOTICS WHOLE CHICKEN
AIR CHILLED
9.90/KG

THIS WEEK ONLY
4.49
/LB

FRESH MEDIUM GROUND BEEF FAMILY PACK
13.21/KG

THIS WEEK ONLY
5.99
/LB

SCHNEIDERS RED HOTS OR MAPLE LEAF WIENERS
300 G

THIS WEEK ONLY
5.49
EACH

WONG WINGS ASIAN STYLE ENTREES
400 - 500 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
5.99
EACH

JANES PUB STYLE WINGS
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH

LEGACY MARINATED BONELESS PORK LOIN OR PULLED PORK ROAST
800 G / 1 KG
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH

IRRESISTIBLES FRESH PASTA
SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH

IRRESISTIBLES GOAT CHEESE
250 G
SELECTED VARIETIES

THIS WEEK ONLY
7.49
EACH

MAPLE LEAF PREPPED & READY SHREDDED CHICKEN
250 G

THIS WEEK ONLY
7.99
EACH

CAVENDISH FARMS TEMPURA ONION RINGS
8.75 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
\$10
EACH

Tzatziki
200 G

THIS WEEK ONLY
3.49
EACH

SCHNEIDERS PEPPERCORN
SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH

MONSIEUR GUSTAV GOUDA OR DOUBLE CREAM BRIE OR JARLSBERG SLICES
AGROPUR 2 YEAR CHEDDAR
300 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY
8.99
EACH

MASTRO BABY GENOA OR SLICED TRIO OR SAN DANIELE MORTADELLA
250 - 750 G
SELECTED VARIETIES

THIS WEEK ONLY
8.99
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

HOLIDAY MORE

ENTERTAINING FOR LESS



OCEAN SPRAY WHOLE BERRY CRANBERRY SAUCE
250 - 900 ML
SELECTED VARIETIES



KNORR SIDEKICKS CREAMY BACON CARBONARA
128 - 2152 G
SELECTED VARIETIES

1.99 EACH



OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS
1.77 - 1.83 L
SELECTED VARIETIES



3.99 EACH



IRRESISTIBLE SPANAKOPITA OR QUICHE APPETIZERS
254 - 300 G
SELECTED VARIETIES

5.99 EACH



IRRESISTIBLE CAULIFLOWER BITES OR LOADED POTATO TOTS APPETIZERS
278 - 403 G
SELECTED VARIETIES

5.99 EACH



IRRESISTIBLE PARTY PACK PUFF PASTRIES OR GOURMET SAUSAGES APPETIZERS
422 - 488 G
SELECTED VARIETIES

8.99 EACH



IRRESISTIBLE FULLY COOKED MEATBALLS
500 - 480 G
SELECTED VARIETIES

8.99 EACH



IRRESISTIBLE SHRIMP DIM SUM DUMPLINGS
280 G
SELECTED VARIETIES

6.99 EACH



CAVENDISH QUICK CRISP ONION RINGS
400 G
SELECTED VARIETIES

3.99 EACH



KRAFT COOL WHIP
1.1 L
SELECTED VARIETIES

3.99 EACH



TENDERFLAKE PIE OR TART SHELL CRUST
255 - 230 G
SELECTED VARIETIES

4.49 EACH



IRRESISTIBLE PECAN CLUSTERS
150 G
WHILE QUANTITIES LAST

7.99 EACH



PERUGINA BACI CHOCOLATES
150 G
SELECTED VARIETIES

9.99 EACH



ALESSIA TORRONE
125 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

4.49 EACH



ITTER SPORT NUT SELECTION CHOCOLATE BAR
100 G
SELECTED VARIETIES

2.99 EACH



SELECTION CANDY CANES
120 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

1.25 EACH



IRRESISTIBLE GINGERBREAD
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

1.99 EACH



LINDT CHRISTMAS CHOCOLATE TEDDY
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

6.99 EACH



FERRERO CHOCOLATE BOX
156 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

7.99 EACH



MOTT'S CLAMATO COCKTAIL
1.89 L
SELECTED VARIETIES

2/\$7



TROPHY CASHEWS OR MIXED NUTS
200 G
SELECTED VARIETIES

3.99 EACH



MINUTE MAID ORANGE JUICE OR DRINKS
200 G
SELECTED VARIETIES

2/\$3



PERRIER OR SAN PELLEGRINO SPARKLING WATER
500 ML
SELECTED VARIETIES

8.99 EACH



SELECTION PLASTIC RED GLASSES
50
SELECTED VARIETIES

4.99 EACH



SELECTION PAPER BOWLS OR PLATES
24 - 30'S
SELECTED VARIETIES

4.99 EACH



SELECTION ECO STRAWS
200'S
SELECTED VARIETIES

1.99 EACH



SELECTION ALUMINUM FOIL
300 M
SELECTED VARIETIES

2.199 EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.



✓ ALWAYS FRESH

✓ ALWAYS GREAT PRICES

✓ ALWAYS IN STOCK

ALWAYS Save Every Day



SELECTION
SOFT DRINKS OR
FLAVOURED
SPARKLING WATER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

4⁹⁷
EACH



SELECTION
WHITE VINEGAR
4L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2²⁷
EACH



IRRÉSISTIBLES
CABBAGE ROLLS
1.13 KG FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

9⁹⁹
EACH



SELECTION
PASTA
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

1⁹⁷
EACH

MORE GREAT SAVINGS FOR LESS



COCA-COLA, CANADA DRY GINGER ALE OR PEPSI
2L SELECTED VARIETIES

LOCKED DOWN 

1.99
EACH



VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN

LOCKED DOWN 

3.99
EACH

KELLOGG'S MINI WHEATS CEREAL 450 - 480 G
VECTOR 400 G
SELECTED VARIETIES



LOCKED DOWN 

2.99
EACH

FRUITE DRINKS 1.5 L
SELECTED VARIETIES



LOCKED DOWN 

4.49
EACH

HERSHEY'S CHIPITS 200 - 270 G
SELECTED VARIETIES



LOCKED DOWN 

6.99
EACH

MCCAIN DEEP'N DELICIOUS CAKES 510 G
FROZEN SELECTED VARIETIES



LOCKED DOWN 

5.99
EACH

NESTLE CARNATION HOT CHOCOLATE 400 - 450 G
SELECTED VARIETIES



LOCKED DOWN 

2.79
EACH

BEN'S ORIGINAL BISTROT EXPRESS RICE 240 - 250 G
SELECTED VARIETIES



LOCKED DOWN 

3.99
EACH

MARS CHOCOLATE BITES 165 - 195 G
SELECTED VARIETIES



THIS WEEK ONLY 

7.99
EACH

GIOIA OR BAUDUCCO PANETTONE 680 - 750 G
SELECTED VARIETIES WHILE QUANTITIES LAST



LOCKED DOWN 

13.99
EACH

BOUNTY PAPER TOWEL 66 x 125 6-12 DOUBLES
CHARMIN BATH TISSUE 12 x 48'S 12 - 48'S
SELECTED VARIETIES

BAKERY



NEW LOOK SAME GREAT TASTE!

SUN-MAID Raisin CINNAMON SWIRL / MARRBRE A LA CANNELLE

RAISINS IN EVERY BIT!
THE RAISINS MAKE CHOCOLATE KISSING!

NO ARTIFICIAL FLAVORS OR COLORS
None Artificial or Synthetic

RAISIN BREAD • PAIN AUX RAISINS 450 G

15 points

THIS WEEK ONLY 

3.99
EACH



THIS WEEK ONLY 

3.49
EACH

DEMPSTER'S BAGELS 175 - 510 G
DINNER ROLLS 12 - 24'S
SELECTED VARIETIES



24 DINNER ROLLS
PAINS MICHETTES



Miche

IRRESISTIBLES BREAD 600 - 650 G
ROLLS 6 - 12'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2.99
EACH



12 Rolls
Petit pains



SELECTION ORIGINAL CHEESECAKE 510 G
DAY-OLD PROMISE

SELECTION CHERRY CERISES CHEESECAKE 510 G
DAY-OLD PROMISE

THIS WEEK ONLY 

5.99
EACH



IRRESISTIBLES ECLAIRS OR PROFITEROLES 400 - 455 G
COFFEE CAKE 450 G
SELECTED VARIETIES

THIS WEEK ONLY 

7.99
EACH



TWO BITE BROWNIES, SELECTION SNACK TUBS OR SLICED LOAF CAKE 420 - 608 G
SELECTED VARIETIES

THIS WEEK ONLY 

5.99
EACH

LOCKED DOWN



ACTIVIA YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN
349
EACH

NATURE VALLEY
TRAIL MIX
FRUIT & NUT
MADE WITH REAL FRUIT

NATURE VALLEY
CRUNCHY
PEANU BUTTE
MADE WITH WHOLE GUT GATE

NATURE VALLEY
GRANOLA BARS
130 - 230 G
SELECTED VARIETIES

LOCKED DOWN
299
EACH

NATREL
ORGANIC MILK
4 L SELECTED VARIETIES

LOCKED DOWN
949
EACH

FRANCO AMERICAN
GRAVY
250 ML
CLUB HOUSE
SEASONING OR GRAVY MIX
EACH
SELECTED VARIETIES

LOCKED DOWN
99¢
EACH

REDPATH
BAKING SUGAR
1 KG
SELECTED VARIETIES

LOCKED DOWN
2/\$5

BECEL
MARGARINE
425 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

STOVE TOP
STUFFING MIX
120 G
SELECTED VARIETIES

LOCKED DOWN
129
EACH

McCain
BREAKFAST BOWLS
200 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

BRUNSWICK
SARDINES, GOLD SEAL
SARDINES OR MAPLE LEAF
VIENNA SAUSAGE
92 - 125 G
SELECTED VARIETIES

LOCKED DOWN
149
EACH

CATELLI
PASTA
340 - 375 G
SELECTED VARIETIES

LOCKED DOWN
199
EACH

PRINGLES
POTATO CHIPS
140 - 156 G
SELECTED VARIETIES

LOCKED DOWN
249
EACH

CRISPERS OR BITS & BITES
142 G
SELECTED VARIETIES

LOCKED DOWN
222
EACH

DEL MONTE
VEGETABLES
241 - 250 ML
SELECTED VARIETIES

LOCKED DOWN
149
EACH

SENSIBLE PORTIONS
VEGGIE SNACKS
142 G
SELECTED VARIETIES

LOCKED DOWN
299
EACH

MELITTA
COFFEE BEANS
300 G
SELECTED VARIETIES

LOCKED DOWN
1999
EACH

RED BULL
ENERGY DRINKS
250 ML
SELECTED VARIETIES

LOCKED DOWN
299
EACH

CLOROX
BLEACH
2.4 L
SELECTED VARIETIES

LOCKED DOWN
499
EACH

LYSOL
DISINFECTANT WIPES
75 PCS
ALL IN ONE SPRAY
350 G
SELECTED VARIETIES

LOCKED DOWN
599
EACH

PLEDGE
FURNITURE POLISH
375 G
SELECTED VARIETIES

LOCKED DOWN
699
EACH

CLOROX
BATHROOM CLEANER
357 - 366 ML
SELECTED VARIETIES

LOCKED DOWN
449
EACH

ALWAYS GREAT PRICE



LIFESMART ALMOND OR SOY BEVERAGE
1.75 - 1.89 L SELECTED VARIETIES



IRRESISTIBLE PIZZA
345 - 390 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

349

EACH

ALWAYS GREAT PRICE 

397

EACH



SELECTION FLOUR
2.5 KG SELECTED VARIETIES



SELECTION FRIED POTATOES
2 KG FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

379

EACH

ALWAYS GREAT PRICE 

499

EACH



IRRESISTIBLES CARBONATED WATER
SELECTED VARIETIES



SELECTION OR LIFESMART DELUXE MIXED NUTS
1.13 KG SELECTED VARIETIES

ALWAYS GREAT PRICE 

444

EACH

ALWAYS GREAT PRICE 

1999

EACH



SELECTION SPICES
5.5 - 150 G SELECTED VARIETIES



SELECTION LASAGNA NOODLES
375 - 500 G

IRRESISTIBLES TOMATO PASSATA
690 ML SELECTED VARIETIES

ALWAYS GREAT PRICE 

99¢

EACH

ALWAYS GREAT PRICE 

249

EACH



IRRESISTIBLES CHOCOLATE COVERED ALMONDS
300 G SELECTED VARIETIES



IRRESISTIBLES BASIL PESTO
210 ML SELECTED VARIETIES

ALWAYS GREAT PRICE 

444

EACH

ALWAYS GREAT PRICE 

379

EACH



LIFE SMART NATURALIA TORTILLA CHIPS
150 G



SELECTION CRACKERS
225 - 250 G SELECTED VARIETIES



SELECTION BAKING NUTS
100 G SELECTED VARIETIES



IRRESISTIBLES WAFFLES
245 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

299

EACH

ALWAYS GREAT PRICE 

227

EACH

ALWAYS GREAT PRICE 

277

EACH

ALWAYS GREAT PRICE 

399

EACH



SELECTION LAUNDRY DETERGENT
1.67 L (34 FL OZ) 100% LIQUID

SELECTION FABRIC SOFTENER
1.1 L (24 FL OZ) SELECTED VARIETIES



SELECTION PARCHMENT PAPER
30 M SELECTED VARIETIES



SELECTION GARBAGE BAGS
100 % SELECTED VARIETIES



SELECTION BATHROOM TISSUE
30 - 100'S SELECTED VARIETIES

ALWAYS GREAT PRICE 

349

EACH

ALWAYS GREAT PRICE 

999

EACH

ALWAYS GREAT PRICE 

1299

EACH

ALWAYS GREAT PRICE 

1999

EACH

HAPPY LOHRI **HAPPY MAKAR SANKRANTI** **HAPPY PONGAL**

1 KG
 ROASTED VIRGINIA PEANUTS
 38 COUNTS
 ARACHIDES DE VIRGINIE
 GRILLÉS À SEC
 NO SALT ADDED
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
4.98
 EACH
 IRRESISTIBLES
 SALTED OR UNSALTED PEANUTS
 1 KG

BUNCH
 SPINACH
 PRODUCT OF USA
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
1.88
 EACH

ARJUN
 NOOR
 Parliament
 ROZANA
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
7.99
 EACH
 NOOR, PARLIAMENT ROZANA OR
 ARJUN BASMATI RICE
 3.63 - 4.54 KG SELECTED VARIETIES

EBM Peanut Pista
 PARLE-G
 LU OR EBM
 BISCUITS
 84 - 300 G
 SELECTED VARIETIES
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
99¢
 EACH
 PARLE-G,
 LU OR EBM
 BISCUITS
 84 - 300 G
 SELECTED VARIETIES

CEGAR
 PHOENICIA
 Chick Peas
 540 mL - 19 fl oz
 CEDAR
 PHOENICIA
 Red Kidney Beans
 540 mL - 19 fl oz
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
1.49
 EACH
 CEDAR
 CANNED
 BEANS
 540 mL
 SELECTED VARIETIES

SHER
 BESAN
 SUPER FINE
 4 lb
 1.81 kg
 BRAR
 SWEET CORN FLOUR
 4 lb
 1.81 kg
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
4.99
 EACH
 SHER,
 MEERA
 BESAN OR
 BRAR SWEET
 CORN FLOUR
 4 LB
 SELECTED VARIETIES

Pillsbury
 CHAKKI ATTA
 100% Whole Wheat Flour
 500 G
 BRAR'S
 Ghee
 1000 G
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
13.99
 EACH
 BRAR'S OR
 NANAKI GHEE
 1000 G
 PILLSBURY OR
 DIVYA ATTA FLOUR
 500 G
 SELECTED VARIETIES

Divya
 WHOLE OKRA
 GOMBO ENTIER
 1 LB
 453 G
 DIVYA
 OKRA
 215 G
 FROZEN
 SELECTED VARIETIES
 Santosh
 NANAK
 1000 G
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
1.29
 EACH
3.99
 EACH
 SANTOSH
 NANAK
 1000 G
 SELECTED VARIETIES

Divya
 GARLIC
 DORIAN DER NAAN
 PAIN D'AL
 DORIAN DER
 4
 DIVYA
 PLAIN PARATHA
 PAIN INDIEN
 PLAINE
 5
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
1.99
 EACH
 DIVYA NAANS OR PARATHAS
 240 - 300 G FROZEN SELECTED VARIETIES

Royal
 Delight
 SAMOSAS
 COOKTAIL
 400 - 500 G
 380 - 360 FROZEN
 SELECTED VARIETIES
3.49
 EACH
 DIVYA
 COOKING
 SAUCES,
 TAMARIND OR
 GINGER
 GARLIC PASTE
 225 - 180 G
 SELECTED VARIETIES
2.49
 EACH

BRAR'S
 ELAICHI
 Rasmalai
 850 G FROZEN SELECTED VARIETIES
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
9.99
 EACH
 BRAR'S OR APNA TASTE RASMALAI
 850 G FROZEN SELECTED VARIETIES

BEST
 MANGO
 DIVYA
 KESAR
 200 G
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
2.99
 EACH
 DIVYA KESAR
 MANGO PULP OR
 BEST NEGARS
 SELECTED VARIETIES

SHERBON
 JUICE,
 NOOR PITTED
 DATES OR
 DIVYA TEA
 2 L
 216'S
 SELECTED VARIETIES
 ALL ASILES LEAD HOME
 KITCHENS OF THE WORLD
4.99
 EACH
 SHERBON
 JUICE,
 NOOR PITTED
 DATES OR
 DIVYA TEA
 2 L
 216'S
 SELECTED VARIETIES

NOOR
 GOLD OR
 SUPREME
 SELLA
 BASMATI RICE
 1.81 KG
 SELECTED VARIETIES
10.99
 EACH
 NOOR
 GOLD OR
 SUPREME
 SELLA
 BASMATI RICE
 1.81 KG
 SELECTED VARIETIES

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



FUJI APPLES
PRODUCT OF CANADA OR U.S.A.
EXTRA FANCY GRADE

**ASIAN
YELLOW PEARS**
PRODUCT OF CHINA
FANCY GRADE
4.14/KG

EXTRA LARGE

188
/LB

**SEASOUL COOKED
SHRIMP OR BLUE CRAB**
340 - 454 G FROZEN SELECTED VARIETIES

5.99
EACH

8 KG

**Y&Y THAI HOM MALL, MILI OR
MEKONG JASMINE RICE**
8 KG SELECTED VARIETIES

15.88
EACH

1 KG

**BILLY BEE
HONEY**
1 KG
SELECTED VARIETIES

9.99
EACH

**K.J. DUMPLINGS,
TAO'S POTSTICKERS OR
LUCKY KOI SRIRACHA**
390 - 454 G, 455 ML SELECTED VARIETIES

2.99
EACH

**SAPORITO
VEGETABLE,
CANOLA,
SUNFLOWER OR
CORN OIL**
2.84 - 3 L
SELECTED VARIETIES

9.99
EACH

**LUCKY KOI OR
Y&Y CHOW
MEIN NOODLES**
400 - 454 G

**NONGSHIM
BOWLS**
75 - 120 G
SELECTED VARIETIES

1.69
EACH

**HOLIDAY
LUNCHEON
MEAT OR
MAPLE LEAF
FLAKES**
154 - 340 G
SELECTED VARIETIES

1.99
EACH

**EXCELSIOR
CRACKERS OR
OVALTINE
COOKIES**
150 - 300 G
SELECTED VARIETIES

1.99
EACH

VH SAUCE
341 - 380 ML
SELECTED VARIETIES

2.88
EACH

**INDOMIE
NOODLES OR
MARUKAN
RICE VINEGAR**
5 X 80 - 5 X 85 G, 255 ML
SELECTED VARIETIES

3.49
EACH

**KIKKOMAN
TERIYAKI OR
SOY SAUCE,
HUY FONG
SRIRACHA**
247 - 274 ML
SELECTED VARIETIES

5.88
EACH

**HEREFORD OR GRACE CORNED BEEF,
SPAM LUNCHEON MEAT**
340 G SELECTED VARIETIES

3.99
EACH

**Y&Y SEA
GREENS, NONGSHIM
SNACKS OR
MUNCHIEE
COOKIES**
3 X 3 G, 45 - 200 G
SELECTED VARIETIES

1.68
EACH

**LUCKY KOI
LYCHEES OR
RUBICON
DRINKS**
247 ML, 1 L
SELECTED VARIETIES

2.49
EACH

800 G

**SKYFLAKES CRACKERS, POCKY
BISCUIT STICKS, ANN OR HAO TEA**
144 - 800 G, 20 - 100'S SELECTED VARIETIES

4.99
EACH

**THAI
KITCHEN OR
AROY-D
COCONUT
MILK**
400 ML
SELECTED VARIETIES

2.99
EACH

**TYJ
SPRING ROLL PASTRY OR
LUCKY KOI
SOY SAUCE**
200 - 275 G, 450 ML
SELECTED VARIETIES

1.99
EACH