



\$

food Basics



\$



99¢ EACH

BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

BONELESS



6.98 /LB

FRESH BONELESS STRIPLIN STEAKS
FAMILY PACK OR ROAST
CUT FROM UNGRADED BEEF, WHILE QUANTITIES LAST
15.39/KG

FRESH



2.88 EACH

CLEMENTINES
PRODUCT OF MOROCCO
2 LB BAG
LEMONS
PRODUCT OF U.S.A. OR TURKEY
2 LB BAG



4.88 /LB

FRESH NEW ZEALAND LAMB LEG
WHILE QUANTITIES LAST
10.76/KG

\$



4.98 EACH

IRRESISTIBLE PIE 750 G - 1 KG
NOVA ERA TARTS 450 G
SELECTED VARIETIES



12.98 /LB

FRESH BEEF TENDERLOIN VACUUM PACK
UNGRADED BEEF, WHILE QUANTITIES LAST
28.62/KG



2.88 EACH

NESTLÉ PARLOUR 1.5L
NOVELTIES 6 - 12'S
SELECTED VARIETIES



9.88 /LB

FRESH ATLANTIC SALMON FILLET
FAMILY PACK
21.78/KG

ALWAYS CANADIAN
WE LOVE LOCAL



4.44 EACH

BLACK DIAMOND CHEESE
400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES



4.98 EACH

GOLDEGG OR NATUREGG
OMEGA-3 EGGS
18'S
SELECTED VARIETIES

MERRY CHRISTMAS!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, DECEMBER 19TH TO WEDNESDAY, DECEMBER 25TH, 2024

ALL STORES OPEN DECEMBER 24TH FROM 7:00 AM - 6:00 PM
SEE YOUR LOCAL STORE OR FOODBASICS.CA FOR MORE DETAILS

Irresistible
FESTIVE
FESTIVE

BELGIAN COOKIES - BISCUITS BELGES

Many of Belgium's finest cookies. Tasty and fun with variety. Assortiment de biscuits belges. Assortiment varié de biscuits belges. À déguster en 1 semaine.

12⁹⁹ EACH

IRRESISTIBLE BELGIAN COOKIES
850 G SELECTED VARIETIES WHILE QUANTITIES LAST

CANADIAN COVE
OMEGA 3

Mussels - Moules
Live, Rope Grown
Moules à corde récoltées sur corde

5⁴⁹ EACH

FRESH CANADIAN COVE MUSSELS
907 G

TOBLERONE

TOBLERONE CHOCOLATE BAR
360 G

CHRISTMAS CHOCOLATE BOX
200 G

SELECTED VARIETIES WHILE QUANTITIES LAST

7⁹⁹ EACH

Irresistibles
LES HORS-D'ŒUVRE

COCONUT SHRIMP
CREVETTES À LA NOIX DE COCO

WITH SWEET CHILI SAUCE / AVEC SAUCE CHILI DOUCE

10⁹⁹ EACH

IRRESISTIBLES COCONUT SHRIMP WITH CHILI SAUCE
454 G FROZEN SELECTED VARIETIES

NESTLÉ
TURTLES

LIMITED EDITION LIMITED
CLASSIC | CLASSIQUE

9⁹⁹ EACH

NESTLÉ TURTLES
300 - 350 G SELECTED VARIETIES WHILE QUANTITIES LAST

IRRESISTIBLES
PACIFIC WHITE SHRIMP
CREVETTES BLANCHES DU PACIFIQUE

RAW - CRUES
31-40

COOKED - CUITES
LARGE / GROSSES

7⁹⁹ EACH

IRRESISTIBLES PACIFIC WHITE COOKED OR RAW SHRIMP
31 - 40 CT
340 G FROZEN SELECTED VARIETIES

FERRERO ROCHER

10⁹⁹ EACH

FERRERO CHOCOLATES
375 G SELECTED VARIETIES WHILE QUANTITIES LAST

IRRESISTIBLES
LES HORS-D'ŒUVRE

TEMPURA SHRIMP
CREVETTES TEMPURA

JAPANESE STYLE BATTER / PÂTE DE STYLE JAPONAIS

7⁹⁹ EACH

IRRESISTIBLES TORPEDO OR TEMPURA SHRIMP
284 - 300 G FROZEN SELECTED VARIETIES

QUALITY STREET CHOCOLATES
550 G WHILE QUANTITIES LAST

13⁹⁹ EACH

Quality Street

850 g

MARINA DEL REY
WILD COOKED SNOW CRAB

454 G FROZEN SELECTED VARIETIES

16⁹⁹ EACH

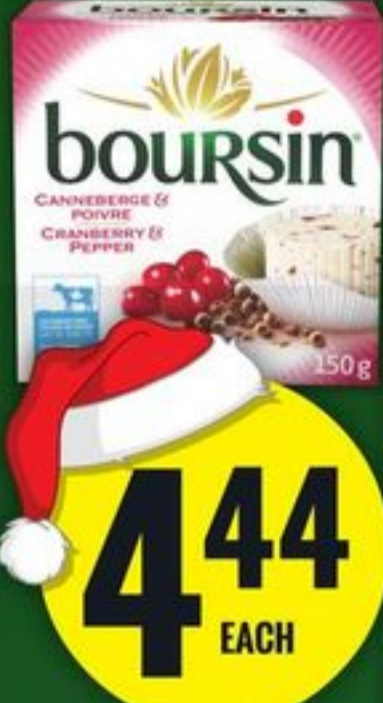
MARINA DEL REY
WILD COOKED SNOW CRAB

CRABES SAUVAGES DU CANADA / WILD CAUGHT CANADIAN SNOW CRAB

454 g

HOLIDAY MORE

FOR LESS



MASTRO OR SAN DANIELE SLICED DELI MEAT OR BOURSIN CHEESE OR BRANT KOLBASSA
100 - 300 G SELECTED VARIETIES



VILLAGGIO OR DEMPSTER'S WHOLE GRAIN BREAD
350 - 625 G SELECTED VARIETIES



DARE CRACKERS 100 - 225 G
CHRISTIE CRACKERS 100 - 200 G
SELECTED VARIETIES



COLAVITA EXTRA VIRGIN OLIVE OIL
1 L SELECTED VARIETIES



IRRESISTIBLES ORANGE JUICE
1.5 L SELECTED VARIETIES



DORITOS, RUFFLES POTATO CHIPS OR CHEETOS
100 - 285 G SELECTED VARIETIES



LACTANTIA CREAM
473 ML - 1 L SELECTED VARIETIES

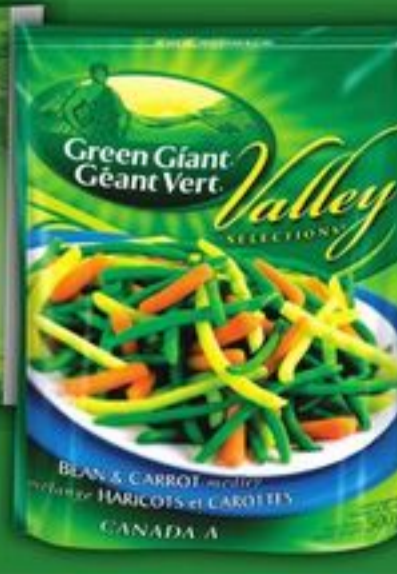


WE LOVE LOCAL
98¢ / LB

SWEET POTATOES
PRODUCT OF U.S.A.
LARGE PURPLE SWEET POTATOES
PRODUCT OF U.S.A. OR HONDURAS
RUTABAGAS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
2.16 / KG



GREEN GIANT VEGETABLES
500 - 750 G FROZEN SELECTED VARIETIES



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IRRESISTIBLE FRUIT
400 - 600 G FROZEN SELECTED VARIETIES

4.44
EACH

SELECTION BACON
375 G
SELECTED VARIETIES

3.88
EACH

LACTANTIA ULTRA PUR MILK
1.5 L
HELIVA GOOD! DIP
680 G
SELECTED VARIETIES

4.99
EACH

Pearl Milling Company
PEARL MILLING PANCAKE MIX
905 G
ORIGINAL TABLE SYRUP
710 ML
SELECTED VARIETIES

2.99
EACH

PHILADELPHIA
DIPS
ONION
340 g
PHILADELPHIA ORIGINAL CREAM CHEESE PRODUCT
no artificial flavours or colours

4.99
EACH

Dare
Ultimate Maple crème
DARE OR CHRISTIE COOKIES
165 - 303 G
SELECTED VARIETIES

2/5.50

Kellogg's
VERY HIGH FIBRE
TWO SCOOPS Raisin Bran
FAMILY SIZE
MAXWELL HOUSE COFFEE CAPSULES
12
KELLOGG'S FAMILY SIZE CEREAL
480 - 550 G
SELECTED VARIETIES

5.99
EACH

HELLMANN'S
REAL VRAIE MAYONNAISE
710 - 850 ML
SELECTED VARIETIES

5.99
EACH

McCafé
TETLEY TEA
McCafé GROUND COFFEE
340 G
SELECTED VARIETIES

9.99
EACH

Coca-Cola
ORIGINAL TASTE
COCA-COLA, CANADA DRY GINGER ALE OR PEPSI
12 X 355 ML
SELECTED VARIETIES

6.99
EACH

Cashmere
12 - 24
SCOTTIES
Sponge Towels Ultra
12
CASHMERE BATHROOM TISSUE
12 - 24
SPONGE TOWELS ULTRA OR SCOTTIES FACIAL TISSUE
6 x 5
SELECTED VARIETIES

7.49
EACH

Sunlight
100% 20%
PUREX
4-1
PERSIL
110%
PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT
48 - 110 LOADS, 2.21 - 4.43 L SELECTED VARIETIES

11.99
EACH

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

**We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at FoodBasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt; available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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HOLIDAY MORE



the app-solute best
way to save

DIGITAL DEAL

2.99
EACH

WITH COUPON

only with
moi
rewards

LA PETITE BRETONNE
MICRO CROISSANTS OR
CHOCOLATINES*
350 - 400 G
SELECTED VARIETIES



save
\$1

Download on the
App Store

CLICK TO DOWNLOAD

GET IT ON
Google Play

While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

**Healthy
Together**

**MAKE THE
OUT OF
REACH
REACHABLE**

**HELP SOMEONE
IN NEED BY
DONATING AT
CHECKOUT.
WE'LL MATCH IT.**



Between November 28, 2024 - December 24, 2024, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Food Basics Employee.

TOGETHER HELPING LOCAL FOOD BANKS

All bags will be donated
to local community
Food Banks

10⁰⁰
EACH

Approximate
retail value \$15 ea.

PLU number:
15263

food
Basics



ACTUAL PRODUCT SELECTION MAY VARY

Visit foodbasics.ca for details. While quantities last.

SHOP ONLINE FOR LESS

- ✓ SAME FLYER SAVINGS
- ✓ SAME FRESHNESS
- ✓ SAME-DAY PICKUP OR DELIVERY

Check offered service
in your area

[SHOP **FOODBASICS.CA**](https://www.foodbasics.ca)

NEW!

**PICKUP
OR
DELIVERY
NOW
AVAILABLE**



*Conditions apply. Details at [foodbasics.ca](https://www.foodbasics.ca).

food Basics



MORE

HOLIDAY



PRODUCE

GOLDEN RIPE PINEAPPLES
PRODUCT OF COSTA RICA
LIMES
PRODUCT OF MEXICO, 1 LB BAG

THIS WEEK ONLY
2.98
EACH

CARROTS OR YELLOW ONIONS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
2 LB BAG

THIS WEEK ONLY
1.98
EACH

BLUEBERRIES PRODUCT OF PERU, 170 G
RASPBERRIES OR BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE, 130 - 170 G

THIS WEEK ONLY
3.98
EACH

ASPARAGUS
PRODUCT OF PERU
NO. 1 GRADE, 325 G

THIS WEEK ONLY
3.98
EACH

BRUSSELS SPROUTS
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.88
/LB

FRESH ATTITUDE SALADS OR KITS
142 G

THIS WEEK ONLY
3.77
EACH

GREEN BEANS
PRODUCT OF U.S.A., 340 G

THIS WEEK ONLY
3.49
EACH

ROMAINE HEARTS
PRODUCT OF U.S.A., PKG OF 3

THIS WEEK ONLY
4.88
EACH

POM WONDERFUL POMEGRANATE ARILS
173 G

THIS WEEK ONLY
4.88
EACH

AVOCADOS
PRODUCT OF MEXICO
840 G / 5 OR 6

THIS WEEK ONLY
3.98
EACH

POMEGRANATES
PRODUCT OF U.S.A.

THIS WEEK ONLY
1.98
EACH

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

THIS WEEK ONLY
3.98
EACH

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB

LOCAL CRANBERRIES
PRODUCT OF CANADA, 304 G

THIS WEEK ONLY
2.98
EACH

IRRESISTIBLES FRESH HERBS

THIS WEEK ONLY
2/\$4

FRESH FRUIT TRAY
1.13 KG

THIS WEEK ONLY
11.88
EACH

MEDJOOL DATES
907 G

THIS WEEK ONLY
9.88
EACH

IRRESISTIBLES NUT CAROUSELS
250 - 700 G
WHILE QUANTITIES LAST

THIS WEEK ONLY
9.99
EACH

FLORAL

6" AMARYLLIS
SELECT VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY
8.98
EACH

5" ANTHURIUM OR PREMIUM ORCHIDS
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY
10.98
EACH

MIXED LARGE BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY
\$12
EACH

MIXED SIGNATURE HOLIDAY BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY
18.88
EACH

MEAT

Zabiha Halal
No. 1
EXTRA LEAN GROUND CHICKEN
POULET HACHE EXTRA-MAIGRE
450 g

THIS WEEK ONLY
4.99
EACH

NATURAL SMOKED HAM JAMBON FUME NATUREL
ORIGINAL
Made with natural ingredients
Tout d'ingrédients naturels

THIS WEEK ONLY
9.99
EACH

FRESH CHICKEN DRUMSTICKS
BAGGED
INCLUDING ZABIHA HALAL
5.49/KG

THIS WEEK ONLY
2.49
/LB

FRESH BONE-IN PORK COMBINATION CHOPS
INCLUDING CENTRE CUT CHOPS
6.59/KG

THIS WEEK ONLY
2.99
/LB

PRIME RAISED WITHOUT ANTIBIOTICS WHOLE CHICKEN
AIR CHILLED
9.90/KG

THIS WEEK ONLY
4.49
/LB

FRESH MEDIUM GROUND BEEF FAMILY PACK
13.21/KG

THIS WEEK ONLY
5.99
/LB

SCHNEIDERS RED HOTS OR MAPLE LEAF WIENERS
300 G

THIS WEEK ONLY
5.49
EACH

WONG WINGS ASIAN STYLE ENTREES
400 - 500 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
5.99
EACH

JANES PUB STYLE WINGS
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH

LEGACY MARINATED BONELESS PORK LOIN OR PULLED PORK ROAST
800 G / 1 KG
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH

IRRESISTIBLES FRESH PASTA
SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH

SCHNEIDERS PEPPERETTES
200 G
SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH

MONSIEUR GUSTAV GOUDA OR DOUBLE CREAM BRIE OR JARLSBERG SLICES
AGROPUR 2 YEAR CHEDDAR
200 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY
7.99
EACH

MASTRO BABY GENOA OR SLICED TRIO OR SAN DANIELE MORTADELLA
250 - 750 G
SELECTED VARIETIES

THIS WEEK ONLY
8.99
EACH

TRE STELLE MOZZARELLA
200 G
SELECTED VARIETIES

THIS WEEK ONLY
4.99
EACH

TRE STELLE RICCOTTA OR BOCCONCINI OR MOZZARELLA BALL
200 - 475 G
SELECTED VARIETIES

THIS WEEK ONLY
7.99
EACH

NORTHERN KING WHOLE TILAPIA OR THAI GOLD WHOLE SHRIMP
300 G / 1 KG
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
7.49
EACH

HIGH LINER PAN-SEARED FISH FILLET, OR CATCH OF THE DAY FISH FILLET
300 G / 1.13 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
13.99
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

HOLIDAY MORE

ENTERTAINING FOR LESS



OCEAN SPRAY WHOLE BERRY CRANBERRY SAUCE
250 - 900 ML
SELECTED VARIETIES



1.99 EACH



OCEAN SPRAY CRANBERRY COCKTAIL
1.77 - 1.83 L
SELECTED VARIETIES



3.99 EACH



IRRESISTIBLE SPANAKOPITA OR QUICHE APPETIZERS
254 - 300 G FROZEN
SELECTED VARIETIES



IRRESISTIBLE CAULIFLOWER BITES OR LOADED POTATO TOTS APPETIZERS
258 - 403 G FROZEN
SELECTED VARIETIES



IRRESISTIBLE PARTY PACK PUFF PASTRIES OR GOURMET SAUSAGES APPETIZERS
422 - 488 G FROZEN
SELECTED VARIETIES



IRRESISTIBLE FULLY COOKED MEATBALLS
500 - 480 G FROZEN
SELECTED VARIETIES



IRRESISTIBLE SHRIMP DIM SUM DUMPLINGS
280 G FROZEN
SELECTED VARIETIES



CAVENDISH QUICK CRISP ONION RINGS
400 G
FROZEN
SELECTED VARIETIES



KRAFT COOL WHIP
1 L
FROZEN
SELECTED VARIETIES



TENDERFLAKE PIE OR TART SHELL CRUST
255 - 230 G
FROZEN
SELECTED VARIETIES



IRRESISTIBLE PECAN CLUSTERS
150 G
WHILE QUANTITIES LAST



PERUGINA BACI CHOCOLATES
150 G
SELECTED VARIETIES



ALESSIA TORRONE
150 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



RITTER SPORT NUT SELECTION CHOCOLATE BAR
100 G
SELECTED VARIETIES



SELECTION CANDY CANS
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



IRRESISTIBLE GINGERBREAD
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



LINDT CHRISTMAS CHOCOLATE TEDDY
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



FERRERO CHOCOLATE BOX
156 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



MOTT'S CLAMATO COCKTAIL
1.89 L
SELECTED VARIETIES



TROPHY CASHEWS OR MIXED NUTS
200 G
SELECTED VARIETIES



MINUTE MAID ORANGE JUICE OR DRINKS
200 G
SELECTED VARIETIES



PERRIER OR SAN PELLEGRINO SPARKLING WATER
500 ML
SELECTED VARIETIES



SELECTION PLASTIC RED GLASSES
50
SELECTED VARIETIES



SELECTION PAPER BOWLS OR PLATES
24 - 30'S
SELECTED VARIETIES



SELECTION ECO STRAWS
100'S
SELECTED VARIETIES



SELECTION ALUMINUM FOIL
300 M
SELECTED VARIETIES

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.



✓ ALWAYS FRESH

✓ ALWAYS GREAT PRICES

✓ ALWAYS IN STOCK

ALWAYS Save Every Day



SELECTION
SOFT DRINKS OR
FLAVOURED
SPARKLING WATER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

4⁹⁷
EACH



SELECTION
WHITE VINEGAR
4L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2²⁷
EACH



IRRÉSISTIBLES
CABBAGE ROLLS
1.13 KG FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

9⁹⁹
EACH



SELECTION
PASTA
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

1⁹⁷
EACH

MORE GREAT SAVINGS FOR LESS



COCA-COLA, CANADA DRY GINGER ALE OR PEPSI
2L SELECTED VARIETIES

LOCKED DOWN 

1.99
EACH



13*
20*
22*

VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN



ORIGINAL

LOCKED DOWN 

3.99
EACH

KELLOGG'S MINI WHEATS CEREAL 450 - 460 G
VECTOR 400 G
SELECTED VARIETIES



FRUITE DRINKS 1.5L
SELECTED VARIETIES

LOCKED DOWN 

2.99
EACH



HERSHEY'S CHIPITS
200 - 270 G
SELECTED VARIETIES

LOCKED DOWN 

4.49
EACH



McCain DEEP'N DELICIOUS CAKES
510 G
SELECTED VARIETIES

LOCKED DOWN 

6.99
EACH



NESTLE CARNATION HOT CHOCOLATE
400 - 450 G
SELECTED VARIETIES

LOCKED DOWN 

5.99
EACH



BEN'S ORIGINAL BISTROT EXPRESS™
BASMATI RICE RIZ BASMATI
240 - 250 G
SELECTED VARIETIES

LOCKED DOWN 

2.79
EACH



M&M'S MARS CHOCOLATE BITES
165 - 195 G
SELECTED VARIETIES

LOCKED DOWN 

3.99
EACH



GIOIA OR BAUDUCCO PANETTONE
680 - 750 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY 

7.99
EACH



6-12 DOUBLES BOUNTY PAPER TOWEL 66 x 125
12-48 MEGA CHARMIN BATH TISSUE 12 x 48'S
SELECTED VARIETIES

LOCKED DOWN 

13.99
EACH

BAKERY



SUN-MAID Raisin CINNAMON SWIRL / MARRBRE A LA CANNELLE
RAISINS IN EVERY BIT
THE RAISINS MAKE CHOCOLATE KISSING!

NEW LOOK SAME GREAT TASTE!

THOMAS' MAPLE FRENCH TOAST

SUN-MAID, CINNAMON OR THOMAS BREAKFAST BREAD
450 - 454 G
SELECTED VARIETIES

15 points

THIS WEEK ONLY 

3.99
EACH



Dempster's BAGELS
EVERYTHING TOUT GARNI

24 DINNER ROLLS PAINS MICHETTES

DEMPSTER'S BAGELS 175 - 510 G
DINNER ROLLS 12 - 24'S
SELECTED VARIETIES

THIS WEEK ONLY 

3.49
EACH



Miche IRRESISTIBLES BREAD
600 G
SELECTED VARIETIES

12 Rolls Petits pains

ALWAYS GREAT PRICE 

2.99
EACH



SELECTION ORIGINAL CHEESECAKE
510 G
SELECTION CHERRY CERISES CHEESECAKE
510 G
SELECTION CHEESECAKE
510 G
SELECTED VARIETIES

THIS WEEK ONLY 

5.99
EACH



IRRESISTIBLES ECLAIRS OR PROFITEROLES
400 - 455 G
COFFEE CAKE 850 G
SELECTED VARIETIES

THIS WEEK ONLY 

7.99
EACH



TWO BITE BROWNIES, SELECTION SNACK TUBS OR SLICED LOAF CAKE
420 - 608 G
SELECTED VARIETIES

THIS WEEK ONLY 

5.99
EACH

LOCKED DOWN



ACTIVIA YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN
349
EACH

NATURE VALLEY TRAIL MIX
FRUIT & NUT
MADE WITH REAL FRUIT

NATURE VALLEY GRANOLA BARS
130 - 230 G
SELECTED VARIETIES

LOCKED DOWN
299
EACH

NATREL ORGANIC MILK
4 L SELECTED VARIETIES

LOCKED DOWN
949
EACH

FRANCO AMERICAN GRAVY
250 ML
CLUB HOUSE SEASONING OR GRAVY MIX
EACH
SELECTED VARIETIES

LOCKED DOWN
99¢
EACH

REDPATH BAKING SUGAR
4 KG
SELECTED VARIETIES

LOCKED DOWN
2/\$5

BECEL MARGARINE
425 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

STOVE TOP STUFFING MIX
120 G
SELECTED VARIETIES

LOCKED DOWN
129
EACH

McCain BREAKFAST BOWLS
200 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

BRUNSWICK SARDINES, GOLD SEAL SARDINES OR MAPLE LEAF VIENNA SAUSAGE
92 - 125 G
SELECTED VARIETIES

LOCKED DOWN
149
EACH

CATELLI PASTA
340 - 375 G
SELECTED VARIETIES

LOCKED DOWN
199
EACH

PRINGLES POTATO CHIPS
140 - 156 G
SELECTED VARIETIES

LOCKED DOWN
249
EACH

CRISPERS OR BITS & BITES
142 G
SELECTED VARIETIES

LOCKED DOWN
222
EACH

DEL MONTE VEGETABLES
241 - 250 ML
SELECTED VARIETIES

LOCKED DOWN
149
EACH

SENSIBLE PORTIONS VEGGIE SNACKS
142 G
SELECTED VARIETIES

LOCKED DOWN
299
EACH

MELITTA COFFEE BEANS
300 G
SELECTED VARIETIES

LOCKED DOWN
1999
EACH

RED BULL ENERGY DRINKS
250 ML
SELECTED VARIETIES

LOCKED DOWN
299
EACH

CLOROX BLEACH
2.4 L
SELECTED VARIETIES

LOCKED DOWN
449
EACH

CLOROX BLEACH
2.4 L
SELECTED VARIETIES

LOCKED DOWN
499
EACH

LYSOL DISINFECTANT WIPES
75 PCS
ALL IN ONE SPRAY
350 G
SELECTED VARIETIES

LOCKED DOWN
599
EACH

PLEDGE FURNITURE POLISH
375 G
SELECTED VARIETIES

LOCKED DOWN
699
EACH

ALWAYS GREAT PRICE



LIFESMART ALMOND OR SOY BEVERAGE
1.75 - 1.89 L SELECTED VARIETIES



LIFESMART SOY BEVERAGE
1.89 L SELECTED VARIETIES



IRRESISTIBLE PIZZA
345 - 390 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

349

EACH

ALWAYS GREAT PRICE 

397

EACH



SELECTION FLOUR
2.5 KG SELECTED VARIETIES



SELECTION FRIED POTATOES
2 KG FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

379

EACH

ALWAYS GREAT PRICE 

499

EACH



IRRESISTIBLES CARBONATED WATER
6 x 1 L SELECTED VARIETIES



SELECTION OR LIFESMART DELUXE MIXED NUTS
1.13 KG SELECTED VARIETIES

ALWAYS GREAT PRICE 

444

EACH

ALWAYS GREAT PRICE 

1999

EACH



SELECTION SPICES
5.5 - 150 G SELECTED VARIETIES



SELECTION LASAGNA NOODLES
375 - 500 G

ALWAYS GREAT PRICE 

99¢

EACH

ALWAYS GREAT PRICE 

249

EACH



IRRESISTIBLES CHOCOLATE COVERED ALMONDS
300 G SELECTED VARIETIES



IRRESISTIBLES BASIL PESTO
230 ML SELECTED VARIETIES

ALWAYS GREAT PRICE 

444

EACH

ALWAYS GREAT PRICE 

379

EACH



LIFE SMART NATURALIA TORTILLA CHIPS
150 G



SELECTION CRACKERS
225 - 250 G SELECTED VARIETIES



SELECTION BAKING NUTS
100 G



IRRESISTIBLES WAFFLES
240 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 

299

EACH

ALWAYS GREAT PRICE 

227

EACH

ALWAYS GREAT PRICE 

277

EACH

ALWAYS GREAT PRICE 

399

EACH



SELECTION LAUNDRY DETERGENT
1.67 L (56 FL OZ) 100% LIQUID



SELECTION PARCHMENT PAPER
30 x 36" SELECTED VARIETIES



SELECTION GARBAGE BAGS
100 % SELECTED VARIETIES



SELECTION BATHROOM TISSUE
30 - 100'S SELECTED VARIETIES

ALWAYS GREAT PRICE 

349

EACH

ALWAYS GREAT PRICE 

999

EACH

ALWAYS GREAT PRICE 

1299

EACH

ALWAYS GREAT PRICE 

1999

EACH

HAPPY LOHRI

HAPPY MAKAR SANKRANTI

HAPPY PONGAL

1 KG

ROASTED VIRGINIA PEANUTS
38 COUNT / 100 COUNTS
ARACHIDES DE VIRGINIE
GRILLÉS À SEC

NO SALT ADDED

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

IRRESISTIBLES
SALTED OR UNSALTED PEANUTS
1 KG

4.98
EACH

BUNCH SPINACH
PRODUCT OF USA

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

1.88
EACH

ARJUN NOOR Parliament ROZANA

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

NOOR, PARLIAMENT ROZANA OR
ARJUN BASMATI RICE
3.63 - 4.54 KG SELECTED VARIETIES

7.99
EACH

EBM Peanut Pista

PARLE-G, LU OR EBM BISCUITS
84 - 300 G SELECTED VARIETIES

PROSECCO FLOUR EXPORT
NET WEIGHT FOODS: 13.38 OZ (380g)

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

99¢
EACH

CEDAR PHOENICIA

CHICK PEAS

RED KIDNEY BEANS

CEGAR CANNED BEANS
540 ml - 19 fl oz
SELECTED VARIETIES

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

1.49
EACH

SHER BESAN

BRAR SWEET CORN FLOUR

SHER, MEERA BESAN OR BRAR SWEET CORN FLOUR
1.81 KG SELECTED VARIETIES

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

4.99
EACH

Pillsbury CHAKKI ATTA

BRAR'S OR NANAKI GHEE
PILLSBURY OR DIVYA ATTA FLOUR
9.97 - 9.18 KG SELECTED VARIETIES

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

13.99
EACH

Divya WHOLE OKRA GOMBO ENTIER

Divya OKRA

SANTOSH NANAKI

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

1.29
EACH

3.99
EACH

Divya GARLIC DORIAN DER NAAN PAIN D'AL DORIAN DER

Divya PLAIN PARATHA PAIN INDIEN PLAINE

Divya NAANS OR PARATHAS
240 - 300 G FROZEN SELECTED VARIETIES

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

1.99
EACH

Royal Delight SAMOSAS OR MAGGI SAUCE

Divya COOKING SAUCES, TAMARIND OR GINGER GARLIC PASTE

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

3.49
EACH

2.49
EACH

BRAR'S OR APNA TASTE RASMALAI

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

9.99
EACH

BEST MANGO

Divya KESAR

GASABLANGA BUTTER COOKIES OR PURE HEAVEN DRINKS

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH

3.99
EACH

Sherbon JUICE, NOOR PITTED DATES OR DIVYA TEA

Divya

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

4.99
EACH

NOOR GOLD OR SUPREME SELLA BASMATI RICE

Desi Licious KULFI

ALL ASILES LEAD HOME
KITCHENS OF THE WORLD

10.99
EACH

5.99
EACH

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



FUJI APPLES
PRODUCT OF CANADA OR U.S.A.
EXTRA FANCY GRADE

**ASIAN
YELLOW PEARS**
PRODUCT OF CHINA
FANCY GRADE
4.14/KG

EXTRA LARGE

188
/LB

**SEASOUL COOKED
SHRIMP OR BLUE CRAB**
340 - 454 G FROZEN SELECTED VARIETIES

5.99
EACH

8 KG

**Y&Y THAI HOM MALL, MILI OR
MEKONG JASMINE RICE**
8 KG SELECTED VARIETIES

15.88
EACH

1 KG

**BILLY BEE
HONEY**
1 KG
SELECTED VARIETIES

9.99
EACH

**K.J. DUMPLINGS,
TAO'S POTSTICKERS OR
LUCKY KOI SRIRACHA**
399 - 454 G, 455 ML SELECTED VARIETIES

2.99
EACH

**SAPORITO
VEGETABLE,
CANOLA,
SUNFLOWER OR
CORN OIL**
2.84 - 3 L
SELECTED VARIETIES

9.99
EACH

**LUCKY KOI OR
Y&Y CHOW
MEIN NOODLES**
409 - 454 G

**NONGSHIM
BOWLS**
75 - 120 G
SELECTED VARIETIES

1.69
EACH

**HOLIDAY
LUNCHEON
MEAT OR
MAPLE LEAF
FLAKES**
156 - 348 G
SELECTED VARIETIES

1.99
EACH

**EXCELSIOR
CRACKERS OR
OVALTINE
COOKIES**
156 - 308 G
SELECTED VARIETIES

1.99
EACH

VH SAUCE
341 - 380 ML
SELECTED VARIETIES

2.88
EACH

**INDOMIE
NOODLES OR
MARUKAN
RICE VINEGAR**
5 X 80 - 5 X 85 G, 255 ML
SELECTED VARIETIES

3.49
EACH

**KIKKOMAN
TERIYAKI OR
SOY SAUCE,
HUY FONG
SRIRACHA**
247 - 274 ML
SELECTED VARIETIES

5.88
EACH

**HEREFORD OR GRACE CORNED BEEF,
SPAM LUNCHEON MEAT**
340 G SELECTED VARIETIES

3.99
EACH

**Y&Y SEA
GREENS, NONGSHIM
SNACKS OR
MUNCHIEE
COOKIES**
3 X 3 G, 45 - 200 G
SELECTED VARIETIES

1.68
EACH

**LUCKY KOI
LYCHEES OR
RUBICON
DRINKS**
247 ML, 1 L
SELECTED VARIETIES

2.49
EACH

**SKYFLAKES CRACKERS, POCKY
BISCUIT STICKS, ANN OR HAO TEA**
144 - 800 G, 20 - 100'S SELECTED VARIETIES

4.99
EACH

**THAI
KITCHEN OR
AROY-D
COCONUT
MILK**
400 ML
SELECTED VARIETIES

2.99
EACH

**TYJ
SPRING ROLL PASTRY OR
LUCKY KOI
SOY SAUCE**
208 - 275 G, 450 ML
SELECTED VARIETIES

1.99
EACH