VERSION A

HAPPY NEW YEAR

SELECTION BACON
OU SELECTIONS FUMÉ OU LEGACY PREMIUM, CRISP, 1 kg
VALUE/VALEUR: 2.99/kg

2.99 ea. or 2 for

5 PK

LEMONS OU PAQUET ASSORTIS OU LIMES OU PAQUET ASSORTIS
VALUE/VALEUR: 2.99 ea.

2.99 ea.

ROCK LOBSTER TAILS
VALUE PACK
1 kg

20.00 4 pack

$5 PER TAIL

CHRISTIE CRACKERS OU KARI CRACKERS OU RITZ CRACKERS
VALUE/VALEUR: 1.88 ea.

1.88 ea.

moi rewards

i redeem and save on what i buy most often

500 points = $4 in rewards

join today and save

Effective December-January 26 27 28

BUY TWO GET ONE FREE

INVINCIBLE APPETIZERS
VARIOUS OR MIXED FLAVOURS, 150 g - 180 g
VALUE/VALEUR: 5.00/kg

SAVE $3.29

5.00 ea.

MARC ANGELO SLICED ITALIAN DELI MEAT
VALUE/VALEUR: 5.00/ea.

ARGENTINA KING CRAB
OR
FRIED MARINATED KING SHRIMP
Value/Valeur

24.99 ea.

Save $5.00

INVICTUS FULLY ASSORTED CHEESECAKES 1 kg
VALUE/VALEUR: 16.99 ea.

16.99 ea.

KELLOGG'S CEREAL
VARIOUS
VALUE/VALEUR: 3.99 ea.

3.99 ea.

SAVE $5.00

10.99 ea.

NABOB CANADIAN COFFEE 1 kg
BALCAN 'S COFFEE BEANS 454 g
NABOB BRUNCH BLEND COFFEE CAPSULES 24 ea.
VALUE/VALEUR: 10.99/ea.

2 for

BUBLY VARIETIES OR AHA SPARKLING WATER
12 x 355 ml
VALUE/VALEUR: 11.00/ea.

11.00

metro.ca

VERSION A

HAPPY NEW YEAR

metro

BOUCHERIE LILLY CARTON
TURKEY breast or ham or cheese breakfast sausage
Selected varieties, 100 g

2.99 /100 g

AGED 1/2 PRICE

SARTORI BELLA ANTONIO CHEESE
Selected varieties, 150 g

5.99 ea.

MEDIUM RED MEAT

CUT BY OUR BUTCHER

FRESH PRIME BEEF RIB EYE ROAST
BONELESS, SELECTED VARIETIES
Selected varieties, 1.12 kg

6.88 /lb

FRESH

FRESH PRIME BACK RIBS
VALUE PACK
Selected varieties, 1.5 kg

3.44 /lb

STEMALI LARGE
RED SEEDLESS GRAPES
Selected varieties, 0.454 kg

2.99 /lb

ROBICHAUD CANADA SHRIMP 26-30 COOKED PACIFIC, WHITE, ICANDO SHRIMP 31-40 COOKED PACIFIC, WHITE, ICANDO SHRIMP 41-50 COOKED PACIFIC, WHITE, ICANDO SHRIMP 51-60 COOKED PACIFIC, WHITE, ICANDO SHRIMP 61-70 COOKED PACIFIC, WHITE, ICANDO SHRIMP 71-80 COOKED PACIFIC, WHITE, ICANDO SHRIMP 81-90 COOKED PACIFIC, WHITE, ICANDO SHRIMP 91-100 COOKED PACIFIC, WHITE, ICANDO SHRIMP 101-120 COOKED PACIFIC, WHITE, ICANDO SHRIMP 121-150 COOKED PACIFIC, WHITE, ICANDO SHRIMP 151-200 COOKED PACIFIC, WHITE, ICANDO SHRIMP 201-250 COOKED PACIFIC, WHITE, ICANDO SHRIMP 251-300 COOKED PACIFIC, WHITE, ICANDO SHRIMP 301-350 COOKED PACIFIC, WHITE, ICANDO SHRIMP 351-400 COOKED PACIFIC, WHITE, ICANDO SHRIMP 401-500 COOKED PACIFIC, WHITE, ICANDO SHRIMP 501-600 COOKED PACIFIC, WHITE, ICANDO SHRIMP 601-700 COOKED PACIFIC, WHITE, ICANDO SHRIMP 701-800 COOKED PACIFIC, WHITE, ICANDO SHRIMP 801-900 COOKED PACIFIC, WHITE, ICANDO SHRIMP 901-1000 COOKED PACIFIC, WHITE, ICANDO SHRIMP 1001-1200 COOKED PACIFIC, WHITE, ICANDO SHRIMP 1201-1500 COOKED PACIFIC, WHITE, ICANDO SHRIMP 1501-1800 COOKED PACIFIC, WHITE, ICANDO SHRIMP 1801-2000 COOKED PACIFIC, WHITE, ICANDO SHRIMP 2001-2500 COOKED PACIFIC, WHITE, ICANDO SHRIMP 2501-3000 COOKED PACIFIC, WHITE, ICANDO SHRIMP 3001-3500 COOKED PACIFIC, WHITE, ICANDO SHRIMP 3501-4000 COOKED PACIFIC, WHITE, ICANDO SHRIMP 4001-4500 COOKED PACIFIC, WHITE, ICANDO SHRIMP 4501-5000 COOKED PACIFIC, WHITE, ICANDO SHRIMP

New Lower Prices

8.99 ea. CARBONE PASTA SAUCE 650 ml/680 mL

5.99 ea. GARDEN SPRINGS 1.75 L

3 for 5.00 BRIO OR MIO 500 mL

Fresh Cheese Bakery

27.99 ea. FARM STREET BAKERY PISTACHIO ALMOND CAKE 1.4 kg

4.49 ea. TROPICANA FRUIT DRINKS 1.75 L

5.49 ea. ORIGINAL 24 PACK 355 ml

2 for 4.50 ALLEN'S 946 mL

4.99 ea. ESKA 20 PACK 355 ml

6.99 ea. MONTELLA CHEESE 500 g

8.99 ea. RED BULL ENERGY DRINK 4 x 250 mL

BUY MORE SAVE MORE! 2 for 6.00 MONSTER ENERGY DRINKS 473 mL

BUY MORE SAVE MORE! 2 for 9.00 INVISIBLE PRESSED PORK 1.5 kg

KRAKEN RUM 1.75 L

BUY MORE SAVE MORE! 2 for 11.00 LAY'S TWISTS OR CHIPS 275 g/300 g

2 for 7.00 CARGILL GROUND BEEF 454 g

NATURE'S THYN CRISPS 200 g

9.99 ea. SMITHER FAMILY HAM 1.5 kg

2.99 ea. CLAMATO 1.36 L

4.99 ea. JACK LINK'S BEEF JERKY 90 g

8.50 ea. SUN-MAID RAISINS, TRAILS, GRANOLA OR MUNCHIES SNACKS 300 g/325 g

LAY'S SUNBURST OR SUPER SUNBURST CHIPS 200 g/220 g

3.49 ea. 15 PACK

1.88 ea. CROPSHIP OR BITS & BITES 125 ml

2 for 7.00 GREEN GIANT FROZEN VEGETABLES 750 g/1.5 kg

3.99 ea. BULK SPICEBELL, HONEY CHUNK OR SWEET CHILI SAUCE OR KETCHUP 500 ml/750 g/1.5 kg

RECAN PACKAGED OR BARN-RAISED CHICKEN, PORK OR BEEF PRIME RIB, PORCHEMONT PORTER 1.5 kg/1.7 kg/1.8 kg

2.99 ea. Mr. Clean 1.25 L

Sponge Cloth 2.99 ea.

8.99 ea. CARBONE BATHROOM TISSUE, KITCHEN TOWEL OR SOFFTESSENTIAL TISSUE 6 ea. 12 ea/16 ea/18 ea

Irrésistible Selection

14.99 ea. IRRESISTIBLE CLASSIC SUN CANDIES 454 g/500 g/540 g

7.99 ea. IRRESISTIBLE BELGIAN COOKIES 454 g/500 g/540 g

7.99 ea. IRRESISTIBLE PECAN CLUSTERS 454 g/500 g/540 g

5.99 ea. IRRESISTIBLE CHOCOLATE CHUNK COOKIES 454 g/500 g/540 g

2.99 ea. EGG BOX 12 ea

3.79 ea. SELECTION COFFEE 250 g/300 g

8.99 ea. SELECTION BLONDE LAGER BEER 6 x 355 ml

1.99 ea. SELECTION 12 x 75 g

Special prices in this flyer are available at select Metro stores only. See store for details.

We reserve the right to limit quantities.
EXCEPTIONS: TAX PROCEEDS & GIFT PACKS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

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Only until **December 31, 2024**

Save $2
5.99 ea.

IRRESISTIBLES PEANUT OR POPCORN ULTIMATE MIX
520 - 600 g

Save $2.80
2.99 ea.

LACTANTIA ULTRAPUR MILK
1.5 L
SELECTED VARIETIES

Save $2.50
3.99 ea.

NATREL CREAMER
1 L
SELECTED VARIETIES

Save $5
8.99 ea.

BOUNTY PAPER TOWEL
4 + 6 un

Save $9.98
2/$20 when you buy 2

MONTANA'S OR SWISS CHALET FULLY COOKED BACK RIBS
600 - 800 g
SELECTED VARIETIES

Save $2
3.49 ea.

MISS VICKIE'S CHIPS
180 - 200 g
SELECTED VARIETIES

Save $1.01
2.99 ea.

PEPSI MINI SOFT DRINKS
6 x 222 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER ITEM PER CUSTOMER

Offer available only on the My Metro app with a linked Moi Rewards card. Limit of one coupon redemption per Moi Rewards card, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details.

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Farm Fresh Produce

PM26 - 12OL
3.99 ea. BLACKBERRIES 6 oz. PRODUCT OF MEXICO

PM26 - 15OR
1.99 /lb. BELL & ALL OR ASSORTED LOOSE PRODUCT OF CANADA 4.25kg

PM26 - 15OB
4.99 ea. BLUEBERRIES 6 oz PRODUCT OF CHILE OR CANADA

PM26 - 12OG
2.99 /lb. ALFALFA SPROUTS PRODUCT OF CANADA

JUMBO
PM26 - 10OG
DOLE® PINEAPPLE WHOLE OR DOLE® ORGANIC PINEAPPLE
PM26 - 20OG
4.99 ea.

PM26 - 20OG
BELLO GROVE® ORGANIC BABY BELLA MUSHROOMS PRODUCT OF CANADA
3.49 ea. 15 REWARDS

PM26 - 20OT
CHEFS PRIDE® BEAR ca. PRODUCT OF CANADA
4.99 ea. 20 REWARDS

PM26 - 20OG
Dole Whip SOY
4.99 ea. TONGUE HEARTS 6 oz. PRODUCT OF CANADA

PM26 - 22OG
11.99 ea. FRESH BROWN PACK 2kg PRODUCT OF BELGIUM OR FRANCE

PM26 - 20OG
4.99 ea. ANTIOXIDANTS 454 g PRODUCT OF ARGO

LITTLE POTATO CO.
PM26 - 20OG
3.99 ea. LITTLE CREAMER POTATOES 454 g PRODUCT OF CANADA OR UNITED STATES

2 LB
Bethany FARMS
PM26 - 12OG
4.49 ea. BABY CARROTS 454 g PRODUCT OF U.S.A.

Organic
Mitica
PM26 - 21OG
PM26 - 21OG
5.49 ea. JETTIGOU ORGANIC SALADES 454 g PRODUCT OF U.S.A. OR CANADA

PM26 - 21OG
BONNE MAMAN® CLASSIC OR ORIGINAL SPREADS 454 g
FAMILY SIZE
7.99 ea. 35 REWARDS

PM26 - 15OG
9.99 ea. PLANT-FORWARD: TOUR WITH DIP ca. 1.1 kg OR ASIAN: SUSHI TOUR DIP ca. 1.1 kg OR LARGE SALADS 340-454 g

Flowers in Bloom

PM26 - 12OG
12.99 ea. DELICATE ORCHID ARRANGEMENT 12 cm

PM26 - 12OG
3.99 ea. PEPINIERE PLANTS 15 cm
15 REWARDS

GUARANTEED FOR 10 DAYS
PM26 - 20OG
15.00 ea. ROSE BOUQUET 10 stems

PM26 - 12OG
22.99 ea. ORCHID SPIKE

Meat

LIFE WITHOUT BUTCHERS
PM18 - 20OZ
14.99 /lb. BEYOND MEAT® STEAK FOR LOVERS 350g

PM18 - 10OZ
5.99 /lb. BEYOND MEAT® BEYOND BEEF ONE PACK 454g

50 COUNT
37.99 ea. HAND SHUCKED LAND OYSTERS 50 count

12 SANDWICHES
PM18 - 12OZ
5.99 ea. ULTIMATE SANDWICHES BREAKFAST OR LUNCH 1.1kg

PM18 - 10OZ
18.99 /lb. FRENCHED LAMB RACKS 454g

PM18 - 20OZ
6.99 /lb. HUDSON GROUND BEEF VALUE PACK 5.25kg

PM18 - 20OZ
5.88 ea. ROYAL FLUSH SHRIMP DUMPLINGS 454 g

PM18 - 22OZ
PRIME
9.99 ea. Chicken Strips or Chicken Breast 454 g CHICKEN STRIPS: PRODUCT OF CANADA OR UNITED STATES CHICKEN BREAST: PRODUCT OF CANADA OR UNITED STATES

PM18 - 22OZ
2.99 /lb. BONELESS PORK LOIN ROAST OR BONELESS PORK LOIN CHOPS VACUUM PACK 1.0kg

Gourmet Butcher
PM18 - 24OZ
5.99 /lb. HAND STUFFED & ARTISAN HALF FROZEN SMOKED HAM 5.25kg

JAMES Salmon
WHOLLY BITES
PM18 - 18OZ
14.99 ea. WHOLLY BITES® BREADED CHICKEN BREAST 454 g PRODUCT OF U.S.A.

BEEF PRODUCT OF CANADA
PRIME RIB BEEF BURGERS
PM18 - 20OZ
17.99 ea. THE ICES PRIME RIB BEEF BURGERS 454 g PRODUCT OF CANADA

Seafood

Entertaining Cakes

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

READY-TO-GO

SERVES 4 & 6
FRESH 2 GO
CUSTOM PIE
1 kg

YOUR CHOICE
$25 EA.

SERVES 4 & 6
FRESH 2 GO
MEAT LASAGNA
1.5 kg

9.99 EA.
SUNDRY PASTA, SAUCE & SELECT MAIN DISHES
250 g

FRESH 2 GO
MAIN COMBO TRAYS
1 kg
SELECTED VARIETIES

YOUR CHOICE
$25 EA.

FRESH 2 GO
SNACK TRAYS
450 - 600 g
SELECTED VARIETIES

YOUR CHOICE
$15 EA.

GRAB N' GO

YOUR CHOICE
$5 EA.

GARDEN FRESH
GUACAMOLE DIP, TORTILLA CHIPS, SUNDRY PICK-AND-MIX, HUMMUS DIP, TORTILLA CHIPS, FRESH 2 GO TORTILLA CHIPS
150 - 175 g, 425 ml
SELECTED VARIETIES

CHEERS 2025 IS HERE!

Celebrate with our flavourful selection of sparkling wines, prosecco and champagne.

15.71 EA. BLACKSTONE BRUT CUVÉE 750ml

14.92 EA. JACOB'S CREEK MOSCATO ROSÉ 4x250ml

13.04 EA. JACOB'S CREEK MOSCATO ROSÉ 750ml

12.17 EA. BASK ROSÉ 750ml

ROCK THE NIGHT WITH COCKTAILS

2.52 EA. LANDRAUCER BRUT 355ml

25.44 EA. COORS SELTZER 12x355ml

2.88 EA. FOUNDER'S TEQUILA PALOMA 355ml

27.21 EA. WHITE CLAW VARIETY PACK 12x355ml

10.40 EA. BRESTOVAC MAX WHITE CHARMAIL 750ml

12.17 EA. CARS 2 NIGHT OUT ROSÉ 750ml

17.34 EA. MOSCATO PRECOTTAGE PROSECCO 750ml

17.48 EA. MARTINI PROSECCO 750ml

The advertised unitated prices view exclude taxes and deposit fees, which will be added at checkout. The final price remains unchanged.

SAVE $2

JACKSON-TRIGGS
CABERNET SAUVIGNON
3 L

JACKSON-TRIGGS
PINOT GRIGIO
3 L

33.18 ea.

JACKSON-TRIGGS
SPARKLING WINE

13.71 ea.

SAVE $2

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