

ZONE 1

FOODLAND

Fresh food. Friendly neighbours.



Ontario RAISED CHICKEN

ONTARIO RAISED AIR-CHILLED Boneless Skinless Chicken Breasts 13.21/kg

LOCAL **5.99** /lb



compliments

7.99

COMPLIMENTS Breaded Fish Burgers or Baked & Breaded Seafood selected varieties 454-700 g



2.99 /lb

Pork Side Ribs Centre Portion Removed cut by your meat expert 6.59/kg



4.99

Almond or Butter Tarts 6 pk 270-400 g



2.49 ea

Broccoli Bunches product of USA or Mexico



LOCAL **99¢** /lb

PRODUCT OF ONTARIO Gala Apples Canada extra fancy grade 2, 1.8/kg



5.77

CRACKER BARREL Cheese 340-400 g or Shredded Cheese 250-320 g



5.44

HÄAGEN-DAZS Ice Cream 400-450 ml or Novelties 3-4 pk



3.99

DANONE Activia Yogurt 8 pk



4.94

NESCAFÉ Instant Coffee 100-170 g or Sweet & Creamy 16-18 pk

Scene PLUS UP POINTS

1000 PTS = \$10 toward your groceries



300 PTS when you buy 3

10.99

MAPLE LEAF Prime Breaded Poultry selected varieties 360-700 g



200 PTS when you buy 2

3.99

COMPLIMENTS Baby Spinach, Baby Arugula or Spring Mix product of USA 142 g or GOOD LEAF Lettuce Blends product of Ontario 113 g



500 PTS when you buy 3

4.99

COMPLIMENTS Sparkling Water 12x355 ml

January 9-15, 2025 see inside for more



Scene MEMBER PRICING

2.47

SAVE 52¢

2.99 without Scene+ Card VILLAGGIO Bread 570-675 g or Buns 6-8 pk

Scene REWARDS

ALL WEEK LONG! JAN 9-15

SPEND \$75 OR MORE

and receive a bonus offer on your receipt!

*Scene+ Card and minimum \$75 grocery spend in a single transaction required. See page 3 for full details.

SCAN HERE FOR OUR DIGITAL FLYER



Foodland.ca

JAN 2025 PRICES EFFECTIVE FROM JAN 9-15

THUR 9 FRI 10 SAT 11 SUN 12 MON 13 TUE 14 WED 15

FDL_WK07_P01_001_21

Canada AAA
CANADIAN RAISED BEEF

Sirloin Tip Roasts cut by your meat expert from Canada AAA grade beef 17.61/kg

7⁹⁹ /lb

JACK DANIEL'S
Old No. 7
SEASONED & FULLY COOKED
PULLED PORK
WITH JACK DANIEL'S BBQ SAUCE
Meat Protein 19%
PORC EFFILOCHÉ
ASSASSONNÉ ET ENTIEREMENT CUIT
AVEC SAUCE ENRICHIE EN SAUCE
à la préparation de viande

STARTING AT
11⁹⁹

JACK DANIEL'S Pulled Pork or Beef Brisket 425-454 g

Sliced FRESH

200 PTS when you buy 300 g or more

100 PTS when you buy 300 g or more

Maple Cured Ham
available hot or chilled

COMPLIMENTS
Montreal Smoked Meat, Pastrami, Roast Beef, Corned Beef or Salami

2⁹⁹ /100 g

Baked IN-STORE

100 PTS when you buy 2

4⁵⁹

Homestyle Oat Bran, Mountain Grain, Good Haven, 7 Grain or Low Fat Multigrain Bread 450 g

3 pk

5⁹⁹

Rainbow Peppers product of Mexico 3 pk

Scene BIG BONUS

That's like \$5 toward your groceries

3³³

500 PTS when you buy 5

QUAKER Instant Oatmeal 108-511 g, Quick or Old Fashioned Oats 900 g-1 kg selected varieties

2/\$7

LAY'S Potato Chips 228-235 g, Poppables 130 g or Baked 177 g

6⁹⁹

ROYALE Bathroom Tissue 9-12=24 rolls, Paper Towel 3=6 rolls or Facial Tissue 6 pk

200 PTS when you buy 2

5⁴⁷

GENERAL MILLS Family Size Cereal selected 475-778 g

249

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers selected varieties 120-230 g

2/\$5

CHRISTIE Cookies selected varieties 212-303 g

1⁹⁹

CAMPBELL'S Ready-to-Serve Soup 515 mL

1⁹⁹

MAPLE LEAF Flakes of Ham, Turkey or Chicken 156 g

1⁹⁹

KNORR Sidekicks 112-167 g

Scene GET 1000 PTS FOR EVERY \$100 SPENT ON ONE4ALL ULTIMATE GIFT CARDS!

Offer valid during January 9 - 16, 2025. Sorry no rainchecks or price matching. See gift card for details, terms, conditions and (if applicable) fees. Subject to availability.

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions>. All weekly Scene+ offers include taxes, delivery charges, gift payments, service fees, rental fees, event tickets, gift cards. Not all products in Atlantic region, pre-paid cards, postal products and services, Western Union, MasterCard®/Visa®/Discover® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, repairs, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 20,000 Scene+ points (equivalent to \$200) per day. For full Scene+ Terms & Conditions go to <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus LP Corporation used under license by Scene Capital Inc/associated.

Partners in Growth
For every ton of paper used in the printing of this flyer, Scene+ Partners in Growth program will contribute to the planting of a tree through Trees for Life Canada.

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. We reserve the right to limit quantities to reasonable family requirements. Text provided when a photo does not correspond to the description. Dealer may sell for less. *Base off this price* refers to the regular competitive shelf price at most locations. In stores open 24 hours, offer prices are effective from 4 am Thursday until midnight Wednesday.

100% FRESH *guarantee*

Storewide satisfaction or your money back.



PINT

5.99
Blueberry Pint
product of Peru no 1



LOCAL

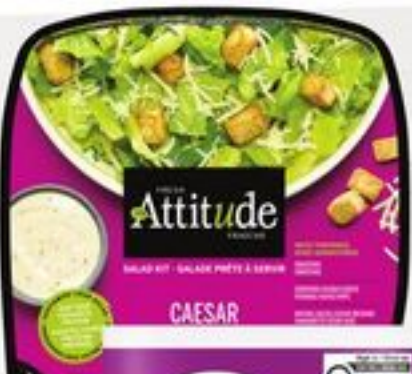
3.49 /lb
PRODUCT OF ONTARIO
Honeycrisp Apples Canada extra fancy grade 7.65/kg



2lb

+100 PTS when you buy 2

5.49
COMPLIMENTS Lemons product of Spain, Egypt or Morocco 507 g



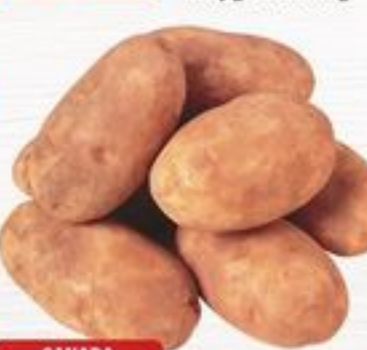
+100 PTS when you buy 2

4.99
COMPLIMENTS Caesar Salad Kit product of USA 280 g or FRESH ATTITUDE Caesar Bacon SS 171 g or Spring Mix SS 155 g Prepared in Canada



6pk

3.99
CANADA PRODUCT OF CANADA Mini Cucumbers Canada no 1 grade 6 pk



1.49 /lb
CANADA PRODUCT OF CANADA Bulk Russet Potatoes 3.25/kg



3.49 ea
CANADA PRODUCT OF CANADA Boston Lettuce

MEAT



5.99 +50 PTS when you buy 2
JOHNSONVILLE Smoked Sausage 375 g selected varieties



4.99
BUTCHER'S SELECTION Stampede Hot Dogs 900 g



7.99 /lb
Sirloin Tip Steaks Family Size cut by your meat expert from Canada AAA grade beef 17.81/kg



4.49 /lb
Boneless Pork Shoulder Blade Roasts cut in-store by your local meat expert 9.90/kg



13.99 SAVE \$2
15.99 SWISS CHALET Chicken Strips or Nuggets 700 g or YORKSHIRE VALLEY FARMS ORGANIC Chicken Fillets or Bites 454-480 g



9.99 +100 PTS when you buy 2
SWISS CHALET Chicken or Beef Meat Pies 650-655 g selected varieties



3.99 /lb
Pork Shoulder Blade Steaks Family Size cut in-store by your local meat expert 8.80/kg



8.99
COMPLIMENTS Shrimp 71-90 ct cooked or raw or MARINA DEL REY Shrimp 20-40 ct 300-340 g



3.99 +20 PTS when you buy 2
COMPLIMENTS Imitation Crab or Lobster Meat 227 g



6.49 /lb
Honey Garlic Boneless Skinless Chicken Breasts 14.31/kg
ONTARIO RAISED AIR-CHILLED Chicken Leg Quarters 7.69/kg

DELI Available at most stores



5.99 SAVE \$2.30
8.29 COMPLIMENTS Natural Ingredients Sliced Meats selected 175 g



10.99
THE LAUGHING COW 24 pk 400 g

BAKERY Available at most stores



4.49
Mini Danish 6 pk 250 g



3.99 SAVE 50¢
4.49 COMPLIMENTS Garlic Bread 284 g



3.99 /100 g
SAN DANIELE Prosciutto or MASTRO Genoa, Calabrese or Soppressata Salami or Pancetta



10.99
TRE STELLE Feta 375 g



4.99
Tea Biscuits 335-350 g



4.29
Kaisers white or whole wheat 6 pk 450 g

KITCHEN Available at most stores



2.79
Mini Chicken Wraps ranch, chipotle or sweet chili 110 g



4.49
FONTAINE SANTÉ Dips or Hummus regular 250-260 g

FLORAL Available at most stores



2/\$6
Assorted Primula 4"

BULK Available at most stores



4.99
COMPLIMENTS Raw Pumpkin Seeds 300 g or Roasted Sunflower Seeds salted or unsalted 450 g

2 Scene 1000 PTS = \$10 OF FREE GROCERIES

*You may be eligible for a rebate on the product. See the product label for details. The product does not meet your expectations, you can present the product and/or receipt and we will provide you with the appropriate reimbursement. Restrictions apply, see foodland.com/return-policy for details.

Proud to do OurPart™ to help reduce food waste in Canada.

Together with our partners
and the Empire family
of brands, Foodland is
working to cut food waste
by 50% in our stores by
the end of 2025.



 **second
harvest**

We've helped donate over **12 Million meals**
through Second Harvest, the largest food rescue
organization in Canada.

FOODLAND

OurPart™

[Find out more](#)

Scene PLUS UP

POINTS

ALL WEEK LONG!

Available in store
Thursday, Jan 9 to Wednesday, Jan 15

1000 PTS = \$10 OF FREE GROCERIES

Scene



SCHNEIDERS Lunch Mate or Snack Kits
75-120 g selected varieties

100 PTS
when you buy 4
2/\$7
or 3.99
each



H&H Dried Fruit
selected 180 g

100 PTS
when you buy 2
4.99



100 PTS
when you buy 2

2.99

PUDDING CUPS 280 g



100 PTS
when you buy 1

14.99

SWISS CHALET
Pork Back Ribs
BBQ or Honey Garlic 600 g



300 PTS
when you buy 4

2/\$9

MISS VICKIE'S
Kettle Chips
190-200 g



100 PTS
when you buy 2

2/\$5

NESTLE
Tablet Bars 85-120 g



500 PTS
when you buy 4



KELLOGG'S Cheez-It Crackers 191-200 g



100 PTS
when you buy 1

9.99

MONSTER
Energy Drinks
4x473 mL



200 PTS
when you buy 2

8.99

NABOB
Roast & Ground Coffee
340 g



200 PTS
when you buy 2

10.99

SUNKIST
Fruit Snacks
assorted flavours 792 g



100 PTS
when you buy 2

5.49

PHILADELPHIA
Dips 340 g



100 PTS
when you buy 2

3.49

COMPLIMENTS
Cream Cheese or
Spread 227-250 g



100 PTS
when you buy 2

4.19

COMPLIMENTS
Mini Pizza Bagel
Snacks 198 g



200 PTS
when you buy 2

3.78

COMPLIMENTS
Balance or
ASIAN INSPIRATIONS
Frozen Entrées
selected 250-280 g



100 PTS
when you buy 2

5.49

COMPLIMENTS
Pure Orange Juice
1.54 L

Scene: 1000 PTS = \$10 OF FREE GROCERIES

SERVING UP NEW REWARDS

JOINING SCENE+ GETS YOU

Everyday offers and weekly promotions

Exclusive member pricing and personalized grocery offers

Plus earn and redeem points at your favourite Scene+ partner

LEADBETTERS
AT THE COTTAGE
THE MUSKOKA BURGER
SEASONED BEEF BURGER
WITH SMOKY BACON AND STEAK SPICE
Avec du bœuf fumé et des épices à bifteck

Uncooked / Non cuits
6 pkts / Garder congelé

50 PTS when you buy 1

12⁹⁹

LEADBETTERS Muskoka Beef Burgers 678 g

300 PTS when you buy 2

5⁹⁹

COMPLIMENTS Honey 500 g

200 PTS when you buy 1

9⁹⁹

COMPLIMENTS Family Size Sliced Deli Meats selected 400 g

100 PTS when you buy 2

5⁹⁹

All Butter Croissants or Pastries 275-400 g

500 PTS when you buy 3

Flatbreads 230-385 g selected varieties

150 PTS when you buy 1

3⁹⁹

COMPLIMENTS Pickles 1 L

100 PTS when you buy 2

3⁴⁹

COMPLIMENTS Pasta Sauce 650 mL

400 PTS when you buy 1

4⁹⁹

CROSBY'S Maple-Molasses 250 mL

300 PTS when you buy 2

4⁹⁹

COMPLIMENTS Salsa 650 mL

300 PTS when you buy 1

3⁹⁹

COMPLIMENTS Chocolate Chips 775 g

300 PTS when you buy 3

2⁹⁹

COMPLIMENTS Apple Sauce 620 mL or Apple Snacks 4-6 pk

100 PTS when you buy 6

3/\$6

IAMS Dog Food 369 g

200 PTS when you buy 2

15% off

COMPLIMENTS Baby Wipes 192-400 pk or 500 mL selected

400 PTS when you buy 2

4⁹⁹

NIVEA Body Wash 500 mL, Deodorant 50 mL or Stick 51-52 g selected

200 PTS when you buy 2

23⁹⁹

TIDE Laundry Detergent 3.9 L or Pods 45-76 pk, GAIN Flings! 76 pk, IVORY Snow 3.1 L or Pods 45 pk or DOWNY or GAIN Unstoppables 953 g

100 PTS when you buy 2

2⁴⁹

COMPLIMENTS Parchment Paper 35 ft or Foil Wrap 25 ft

750 PTS when you buy 3

8⁹⁹

PANTENE Hair Care 151-530 mL selected

FROZEN & DAIRY

<p>249 GREEN GIANT Simply Steam Vegetables 198-250 g</p>	<p>4.99 HEALTHY CHOICE Zero or Power Bowls 262-278 g</p>	<p>5.99 INTERNATIONAL DELIGHT Creamers 946 mL or Cold Foam 369-396 g</p>	<p>1.49 YOP LAIT YOP Drinkable Yogurt 200 mL</p>
<p>4.99 DR. OETKER Moment! Pizza 170-185 g, Giuseppe Garlic Fingers 317 g or Panini 2 pk</p>	<p>4.49 COMPLIMENTS Tater Treats 800 g</p>	<p>2.99 COMPLIMENTS Margarine 68% Vegetable Oil 427 g</p>	<p>2.99 COMPLIMENTS Lemonade or Watermelon Beverage 1.75 L</p>

DRINKS, SNACKS & PANTRY

<p>9.99 SAVE \$1 10.99 without Scene+ Card GUINNESS Non-Alcoholic Beer 4x440 mL or HILL STREET Vin Zero 730 mL</p>	<p>3.49 COMPLIMENTS Spring Water 24x500 mL</p>	<p>2/\$9 DORITOS Tortilla Chips 210-280 g</p>	<p>6.49 SAVE \$1.50 7.99 without Scene+ Card JACK LINK'S ORIGINAL KOREAN BEEF JERKY 65-80 g</p>
<p>3.99 CHRISTIE Premium Plus Crackers 450-483 g</p>	<p>4.99 BEST BUY Creme-Filled Cookies 600 g</p>	<p>2/\$5 ALLEN'S Juices or Drinks selected varieties 1 L</p>	<p>4.00 COMPLIMENTS Coffee Pods 30 pk</p>
<p>2.99 DARE Real Fruit Candy 180 g, JOLLY RANCHER or TWIZZLERS Candy 182-198 g</p>	<p>6.99 COMPLIMENTS Family Size Granola Bars 360-630 g</p>	<p>3.49 DEMPSTER'S White or Whole Wheat Bread, Sandwich or Texas Toast 675 g</p>	<p>4.99 SAVE 50¢ 5.49 without Scene+ Card COMPLIMENTS 100% Pure Canola Oil 946 mL</p>
<p>1.99 COMPLIMENTS Mac & Cheese 225 g or Deluxe 200 g</p>	<p>4/\$5 COMPLIMENTS Mac & Cheese 225 g or Deluxe 200 g</p>	<p>1.99 CAMPBELL'S Condensed Soup selected varieties 284 mL</p>	<p>4.49 ROBIN HOOD Oats 1 kg</p>
<p>15% off COMPLIMENTS Baking Nuts 100 g (excludes Pine Nuts)</p>	<p>2/\$8 KELLOGG'S Cereal selected varieties 290-435 g</p>	<p>6.49 JIF Peanut Butter 1 kg or SMUCKER'S Jam 318-500 mL</p>	<p>3.99 COMPLIMENTS Basmati or Jasmine Rice 900 g</p>

HOUSEHOLD

<p>3.99 CLOROX Cleaners 887-946 mL</p>	<p>15.99 CASHMERE Bathroom Tissue 12-36 rolls or SPONGE TOWELS Ultra Cheese-A-Size Giant 6-8 rolls</p>	<p>7.99 ZIPLOC Freezer Bags 10-38 pk, Storage Bags 12-38 pk or Sandwich Bags 180 pk</p>	<p>3/\$6 IAMS Dog Food 389 g</p>
---	---	--	---

Scene REWARDS Offer valid from January 9-16, 2025 at all Foodland locations in Ontario on qualifying grocery purchases. No base Scene+ points earned. Receive a Bonus Offer voucher when you spend \$75 or more (before taxes and discounts) on groceries and electronics in a single transaction. (See in-store for details.) Includes taxes, tobacco and other non-alcoholizable products excluded by law. Jacked! (TM) National! (TM) and food dairy may be excluded in certain regions. Limit of three (3) qualifying purchases per account number. Not valid on previous sales, see price. Offer voucher is valid from January 18-25, 2025. Limit on one Bonus Offer voucher redemption per transaction. Scene+ digital or physical card must be presented. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus Corporation used under license by Scene+ Corporation.













FROZEN & DAIRY

<p>6⁹⁹ SIGGI'S Skyr Yogurt 650-750 g</p>	<p>3⁴⁹ GAY LEA Sour Cream 425-500 ml</p>	<p>3⁹⁹ YOPLAIT Source Yogurt 630 g or Source Protein Yogurt 4 pk</p>	<p>8⁴⁹ COMPLIMENTS Butter Sticks salted or unsalted 454 g</p> <p>100 PTS when you buy 1</p>
<p>3⁹⁹ NATREL Lactose Free Ice Cream 473 ml</p>	<p>3⁹⁹ SMART ONES Frozen Entrées 241-283 g</p>	<p>16⁹⁹ SAPUTO Shredded Cheese 1 kg or ARMSTRONG 900 g</p>	<p>4⁹⁹ GAY LEA Spreadables Butter 227 g</p>
<p>3⁴⁹ BEST BUY Frozen Vegetables 750 g</p> <p>100 PTS when you buy 2</p>	<p>5⁴⁹ CHAPMAN'S Markdale Creamery Ice Cream 2 L, Collection Novellies or Yogurt Bars 8 pk</p>	<p>3⁹⁹ COMPLIMENTS Frozen Pie Shells, Tart Shells or Phyllo Pastry 255-454 g</p> <p>100 PTS when you buy 2</p>	<p>3⁶⁹ COMPLIMENTS Hash Browns 650 g</p> <p>100 PTS when you buy 2</p>

DRINKS, SNACKS & PANTRY

<p>6⁹⁹ NESTLÉ Carnation Hot Chocolate Canisters 400-450 g</p> <p>300 PTS when you buy 2</p>	<p>2/\$7 COMPLIMENTS Vegetable Cocktail 1.89 L</p> <p>150 PTS when you buy 2</p>	<p>8⁹⁹ LIPTON Tea 72-100 pk</p>	<p>3⁹⁹ CHRISTIE Ritz Snackwiches 8 pk</p> <p>BUY 1 AT \$4.49 BUY 2 OR MORE</p>
<p>4⁹⁹ CABDURY Mini or Micro Mini Eggs 190-200 g or Hollow Filled Mini Eggs 97 g while supplies last</p>	<p>3⁴⁹ NERDS Gummy Clusters 142 g</p> <p>BUY 1 AT \$3.99 BUY 2 OR MORE</p>	<p>9⁹⁹ PEPPERIDGE FARM Family Size Goldfish Crackers 750 g</p>	<p>3⁹⁹ CHRISTIE Ritz Chips or Crispers Family Size 240 g</p>
<p>3⁷⁵ HUMPTY DUMPTY Party Mix 250 g or Snacks 200-290 g</p> <p>BUY 1 AT \$5.49 BUY 2 OR MORE</p>	<p>3⁹⁹ PRINGLES Party Stack 194-203 g or Mingles 155 g</p>	<p>2⁷⁹ PEPSI Soft Drinks, BRISK or LIPTON Iced Tea 591 mL</p> <p>BUY 1 AT \$2.99-\$3.49 BUY 2 OR MORE</p>	<p>2⁶⁹ SAN PELLEGRINO Carbonated Spring Water 750 mL-1 L</p>

DRINKS, SNACKS & PANTRY

 <p>3.99 BUY 1 AT \$4.49 BUY 2 OR MORE</p> <p>KRAFT Salad Dressing 425 mL</p>	 <p>2/\$5</p> <p>HUNT'S Tomato Sauce 398-490 mL</p>	 <p>2.99</p> <p>BETTY CROCKER Mashed or Sliced Potatoes 141-215 g</p>	 <p>2/\$5</p> <p>CLOVER LEAF Tuna or Chicken Snacks 90-95 g</p>
 <p>3.99</p> <p>KRAFT Marshmallows 400 g</p>	 <p>200 PTS when you spend \$10</p> <p>COMPLIMENTS Spices or Seasonings selected 5-245 g</p>	 <p>100 PTS when you buy 2</p> <p>3.49</p> <p>COMPLIMENTS Granola 325 g</p>	 <p>50 PTS when you buy 2</p> <p>1.49</p> <p>JELL-O Instant Pudding assorted 90-113 g</p>
 <p>3.99</p> <p>DEMPSTER'S 7 inch Tortillas 240-340 g or TIA ROSA Tortillas 220-328 g</p>	 <p>200 PTS when you buy 2</p> <p>3.99</p> <p>COMPLIMENTS Grain or Raisin Bread 500 g</p>	 <p>2/6.98</p> <p>TILDA Ready-to-Heat Rice 250 g selected varieties</p>	 <p>4.98</p> <p>BEN'S ORIGINAL Converted Rice 907 g</p>

NATURAL, HEALTH & HOUSEHOLD

 <p>2.99</p> <p>GLAD Cling Wrap 30 m</p>	 <p>10.99</p> <p>ALCAN Foil 175 ft or REYNOLDS Parchment Paper 160 ft</p>	 <p>4.99</p> <p>PALMOLIVE Dish Soap 961 mL-1.5 L</p>	 <p>200 PTS when you buy 1</p> <p>19.99</p> <p>COMPLIMENTS Diapers 64-104 pk</p>
 <p>3.99</p> <p>EARTH'S OWN Assorted Beverages 1.75-1.89 L</p>	 <p>BUY 3 AT \$1.49 BUY 4 OR MORE</p> <p>1.49</p> <p>SHEBA Bistro Wet Cat Food 75 g</p>	 <p>27.99</p> <p>PURINA Beneful Dry Dog Food 7 kg</p>	 <p>19.99</p> <p>ARM & HAMMER Cat Litter 3.88-9.1 kg selected</p>
 <p>4.29</p> <p>SKINNY POP Popcorn 125 g</p>	 <p>50 PTS when you buy 2</p> <p>9.99</p> <p>BATISTE Dry Shampoo 200 mL selected</p>	 <p>1.49</p> <p>CREST Toothpaste 50-100 mL or ORAL-B Toothbrushes 1 pk selected</p>	 <p>6.99</p> <p>OLD SPICE 473-532 mL or IVORY Body Wash 1.035 L or OLAY Bar Soap 4 pk selected</p>

3 WEEKS OF SAVINGS!

Prices lowered until Jan 29th, 2025* *effective for items on this page only

MAIN STREET Deli

PIZZA TRIO POUR PIZZA

SALAMI

SMOKED HAM - JAMBON FUMÉ
MEAT PROTEIN 15% - 15% PROTÉINES DE VIANDE

PEPPERONI

NO ARTIFICIAL FLAVOURS
SANS SAVEURS ARTIFICIELLES

KEEP REFRIGERATED
À RÉFRIGÉRER

300 g

Nutrition Facts
Valeur nutritive
Per 5 assorted slices (24 g)
pour 5 tranches assorties (56 g)

Calories 110	% Daily Value*
Fat / Lipides 7 g	14%
Saturated / saturés 2.5 g	5%
Trans / trans 0 g	0%
Carbohydrate / Glucides 3 g	6%
Fibre / Fibres 0 g	0%
Sugar / Sucre 0 g	0%
Protein / Protéines 8 g	16%
Cholesterol / Cholestérol 30 mg	6%
Sodium 470 mg	10%
Potassium 300 mg	6%
Iron / Fer 0.2 mg	4%

*% Daily Value is based on a diet of other people's secrets.

MAIN STREET Deli

SMOKED TURKEY BREAST
MEAT PROTEIN 18% DE PROTÉINES DE VIANDE
POITRINE DE DINDE FUMÉE

FREE - SANS GLUTEN

200 g

Nutrition Facts
Valeur nutritive
Per 2 slices (50 g)
pour 2 tranches (50 g)

Calories 45	% Daily Value*
Fat / Lipides 0.2 g	0%
Saturated / saturés 0.1 g	0%
Trans / trans 0 g	0%
Carbohydrate / Glucides 1 g	2%
Fibre / Fibres 0 g	0%
Sugar / Sucre 0 mg	0%
Protein / Protéines 9 g	18%
Cholesterol / Cholestérol 15 mg	3%
Sodium 390 mg	8%
Potassium 225 mg	4%
Calcium 0 mg	0%
Iron / Fer 0.2 mg	4%

*% Daily Value is based on a diet of other people's secrets.

compliments

MEDIUM CHEDDAR
Cheese Slices - Tranches de Fromage
CHEDDAR MI-FORT

440 g 22 slices

GOOD SOURCE OF CALCIUM
Bonne source de calcium

compliments

Tranches de fromage
MOZZARELLA
Cheese Slices

440 g 22 slices

GOOD SOURCE OF CALCIUM
Bonne source de calcium

5²⁹

MAIN STREET DELI
Sliced Deli Meats
selected 200-300 g

PROMISE
GLUTEN FREE

SANS GLUTEN

SOFT WHITE LOAF
PAIN BLANC MOELLEUX

480 g

DEDICATED to a Tastier WAY OF LIFE!
À L'AFFÛT D'UN MODE DE VIE PLUS Savoureux

WE PROMISE YOU'LL LOVE THE TASTE!
VOUS RAFFOLEREZ DU GOÛT, C'EST PROMIS

200 PTS
when you buy 2

9⁴⁹

PROMISE
Gluten Free Loaves
400-480 g

300 PTS
when you buy 1

COMPLIMENTS
Sliced Cheese 440 g

compliments

Blueberry
Bleuets

336 g 12

compliments

Chocolate Chip
Bûches de chocolat

336 g 12

BUY 1 AT \$6.49
BUY 2 OR MORE
5⁹⁹
ea

COMPLIMENTS
Mini Muffins 336 g

6⁹⁹

Cupcakes
6 pk 310-505 g

IT'S LUNAR NEW YEAR

Find good fortune in every aisle!

Ontario RAISED CHICKEN
Air Chilled • Grain Fed
No Added Hormones*
*As Per Government Guidelines

LOCAL 5.99 /lb
ONTARIO RAISED AIR-CHILLED Boneless Skinless Chicken Breasts 13.21/kg

3.88 ea
Dragon Fruit product of Vietnam or Pomelos product of China

1.88 /lb
Baby Bok Choy or Shanghai Bok Choy product of USA or Mexico 4.14/kg

2.28
EIGHT TREASURES Noodles 400-454 g selected varieties

2/5.98
THAI KITCHEN Coconut Milk regular or lite 400 mL

3.48
KIKKOMAN Panko Bread Crumbs 227 g

3.98
KIKKOMAN Soy or Teriyaki Sauce 296 mL Available in select stores

7.98
CJ FOODS Barbeque Sauce for Beef 840 g

4.48
FARKAY Noodles 397 g selected varieties

3.48
INDOMIE Instant Noodles 5 pk selected varieties

4.98
LOTTE Mochi Ice Cream 270 mL selected varieties

[CLICK HERE](#) for a few of our favourite recipes.

Products are available in selected varieties and stores.

Scene+
DIGITAL EXCLUSIVE

OFFER VALID JANUARY 9-15, 2025

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Get over 1000 PTS

Activate your offers in the **Foodland app** or at [MyGroceryOffers.ca](https://www.MyGroceryOffers.ca)



Get **500 PTS**
when you buy 2

COMPLIMENTS Breded Dill Pickle Spears 500 g



Get **300 PTS**
when you buy 2

COMPLIMENTS Tortilla Chips assorted 240 g

Get **300 PTS**
when you buy 2

COMPLIMENTS Veggie Snax assorted 142 g



Download on the
App Store

GET IT ON
Google Play

Card must be registered. Offer valid and available to be loaded January 9-15, 2025 at all participating Foodland and Co-Op locations in Ontario and Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

TAX BREAK

On select items in store*

- Snacks and beverages**, including chips and carbonated water
- Baked goods**, including cakes, muffins and pies
- Prepared foods**, including sandwiches and ready to eat options

[Learn more](#)

*Restrictions apply. Selection varies by store. Not all department items are included in tax break. Federal and provincial tax break may vary by province. Valid on qualifying goods from December 14, 2024 - February 15, 2025.

SUBSCRIBE TO EMAILS FROM FOODLAND TO GET *more*

Get everything you love about Foodland like:

- Access to weekly flyers
- Email exclusive offers
- Recipes plus tips & tricks from our experts
- Important updates about your store

Sign up today to get your
first email exclusive offer

SAVE \$5

on your next purchase of \$40*

SUBSCRIBE NOW

*New subscribers only. Terms and conditions apply.



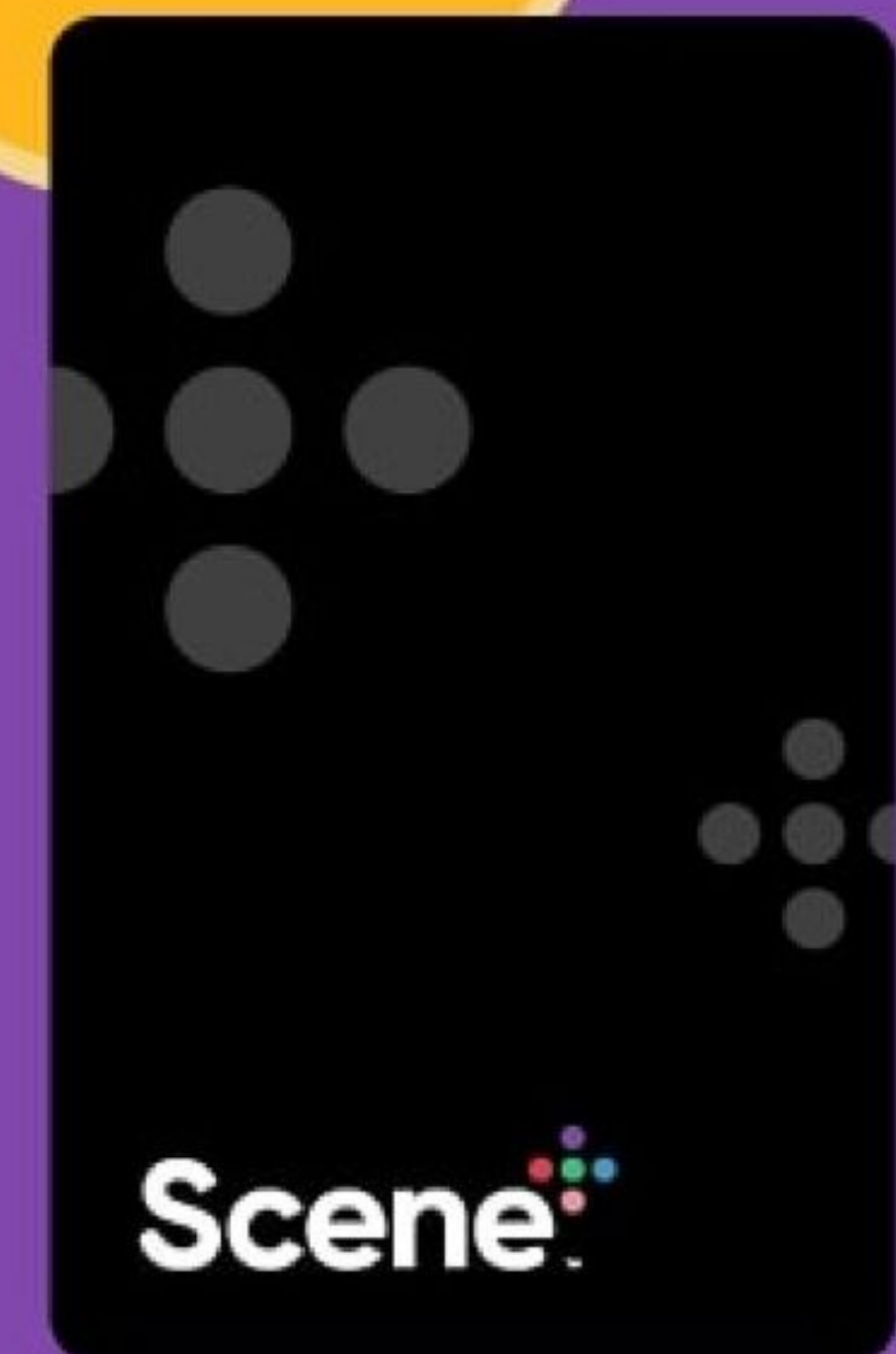
GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**

**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
*Visa Int. / licensed user.