

ONT_ZONE1B

Sobey's urban FRESH

100% fresh GUARANTEE*
Guaranteed fresh or your money back

HOT PRICE
2.99 /lb

Fresh Chicken Legs Family Size back attached or Fresh Boneless Pork Sirloin Chops or Roasts Family Size 6.59/kg

HOT PRICE
5.88 /lb or ea

Fresh Boneless Whole Beef Brisket, Cryovac cut by your meat expert from Canada AA grade beef while supplies last or Medium Ground Chuck Burgers, COMPLIMENTS Fresh AIR-CHILLED Boneless Skinless Chicken Thighs Family Size 12.96/kg or HAYTER'S FARM Fresh Turkey Meatballs, Burgers or Sausages 375-456 g

Stock up for Game day!

HOT PRICE
10.99

COMPLIMENTS, JAMES, MAPLE LEAF Prime, PINTY'S or IRU Chicken Wings 550-800 g

HOT PRICE
2.44 /lb

EXTRA LARGE
Extra Large Green Seedless Grapes product of Peru 5.38/kg

HOT PRICE
4.29

BAKED IN STORE
Homestyle Oat Bran, Mountain Grain, Good Haven or Low Fat Multigrain Bread 450 g

HOT PRICE
9.99 /lb

Fresh Steelhead Trout Fillets product of Newfoundland subject to availability 22.02/kg

7.99 SAVE \$1

2.99 without Scene+ Card
COMPLIMENTS Carrots or Onions product of Ontario 3 lb, 1.36 kg

HOT PRICE
4.94

NESCAFÉ Sweet & Creamy 16-18 pk, Rich or Taster's Choice Instant Coffee selected varieties 100-170 g

HOT PRICE
1.99

CHRISTIE Snacking Crackers selected 175-200 g

HOT PRICE
3.99

COMPLIMENTS Frozen Fruit 300-600 g

HOT PRICE
3.97

KRAFT Singles 410 g

HOT PRICE
4.94

NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L, Drumstick or Premium Novelties 4-10 pk

HOT PRICE
10.99

CASHMERE Bathroom Tissue 24=48 or 12=48 rolls, SPONGE TOWELS 6=12 or SCOTTIES Facial Tissue 12 pk

Scene+ DIGITAL EXCLUSIVE That's like \$10 toward your groceries

SPEND \$100 OR MORE, GET 1000 PTS

WHEN YOU LOAD THIS OFFER in the Sobey's app or at MyGroceryOffers.ca

Card must be registered. Offer valid and available to be loaded from January 30-February 5, 2025 at all Sobey's locations in Ontario. Minimum qualifying purchase \$100 must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Spending \$100 or more awards only one 1000 Scene+ points allotment. Limit 1 offer per Scene+ Card. Digital Offer has no cash value and cannot be combined with any other offers. Offer excludes taxes and other goods and services which are non-discountable or excluded by law or as we determine from time to time. Offer cannot be combined with other minimum spend/receive offer(s). SCENE+ registered digital or physical card must be presented. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobey's Capital Incorporated.

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Bloor & Islington
3300 Bloor St W, 416 233 3058

Specials available at Bloor & Islington location only

THU 30 | FRI 31 | SAT 1 | SUN 2 | MON 3 | TUE 4 | WED 5

Prices and offers in effect Jan.-Feb., 2025

so many deals
Scan here for our full digital flyer

Scene+ MEMBER

PRICING

Swipe your Scene+ Card and Save



MEMBER PRICING
3.99 SAVE \$1

4.99 without Scene+ Card
FRESH ATTITUDE Caesar Bacon 171 g or Spring Mix 155 g prepared in Canada



MEMBER PRICING
11.99 SAVE \$4

15.99 without Scene+ Card
SWISS CHALET or MONTANA'S Pork Back Ribs 600-650 g or SCHNEIDERS or MAPLE LEAF Ham 600-700 g



MEMBER PRICING
4.99 SAVE \$2

6.99 without Scene+ Card
BUBLY Sparkling Water 12x355 mL



MEMBER PRICING
4.99 SAVE \$2

6.99 without Scene+ Card
FERRERO ROCHER Heart 89-100 g while supplies last

Look for more Member Pricing throughout the flyer and in-store.

Scene

TURN POINTS INTO GROCERIES



300 PTS when you buy 2

3.99

OLYMEL Breakfast or Dinner Pork Sausage 375-450 g

Get 100 PTS When you spend \$10-24.99

Get 300 PTS When you spend \$25 or more



Learn about Sustainable Blue



16.99 /lb SUSTAINABLE BLUE Land Raised Fresh Atlantic Salmon Fillets product of Nova Scotia exclusively ours 37.46/kg



200 PTS when you buy 2

3.99

DANONE Activia Yogurt 8 pk, TWO GOOD Greek Yogurt 625 g or INTERNATIONAL DELIGHT Coffee Creamers 425-473 mL

That's like \$5 toward your groceries

500 PTS when you spend \$15 or more

STARTING AT 8.88

AVEENO Body Wash 532 mL, Hair Care 354 mL, Lotion 532 mL or Baby Toiletries 532 mL selected



1000 Points = \$10 of free groceries

value size **Big format**
Big value

That's like \$5 toward your groceries

500 PTS when you buy 1

5.99 /lb



Fresh Lean Ground Beef 5 lb tube 13.21/kg

11.99

COMPLIMENTS Thick Cut Bacon 1 kg

1 kg



BEYOND MEAT or IMPOSSIBLE Plant-Based Burgers or POGO Originals 20 pk or 32 pk Minis 678 g-1.5 kg



14.99

Ocean Wise

150 PTS when you buy 1

14.99

COMPLIMENTS NATURALLY SIMPLE Value Size Wild Pink Salmon, Cod or Haddock Fillets 908 g



2 LB BAG

4.99

Halos Clementines or Mandarins product of USA 907 g or 2 lb bag 5.47 ea



2/\$6

COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA

Sold by 100 g

That's like \$5 toward your groceries

Get 500 PTS

When you buy a minimum of 900 g



Ready For You Chilled Value Sized Meals available chilled



400 PTS when you buy 2

COMPLIMENTS Natural Ingredients Family Size Sliced Meats selected 375-400 g

10.99



13.99

GOGO Squeeze 20 pk or DEL MONTE Club Packs



9.97

CRACKER BARREL Cheese 740 g, Shreds 590 g or BLACK DIAMOND Cheestrings 28 pk 588 g



7.99

CHRISTIE Cookies Party Size 637-685 g or Variety Pack 20 pk or Premium Plus Crackers 900 g



8.99

KELLOGG'S or POST Jumbo Cereal 700 g-1.24 kg



10.97

KRAFT Peanut Butter 2 kg or BEE-MAID Liquid Honey 1 kg



500 PTS when you buy 2

QUAKER Dips, Chewy Bars Club Pack or Chewy Yogurt Club Pack 8x1.05 kg



20.99

GATORADE 24x591 mL



500 PTS when you buy 1

COMPLIMENTS Paper Towel 12 rolls

Check for this symbol in store!



200 PTS when you buy 4

2/\$7

LAY'S Potato Chips 220-235 g, Poppables 130 g or Baked 177 g or TOSTITOS Tortilla Chips 205-300 g



4.25

CRACKER BARREL Cheese Slices 200-240 g or Snacks 168 g or BLACK DIAMOND Cheestrings 8 pk 168 g



3.99

DEMPSTER'S Whole Grain Bread 600 g or Bagels 5-6 pk, HOSTESS Snack 121-255 g



3.49

PILLSBURY Pizza Pops 4 pk



2.99

SMART ONES, CRAVE or KRAFT Dinner Entrées 200-340 g



9.99

KRAFT Dinner Original 12 pk or Cups 10 pk or HEINZ Beans 9x398 mL



6.99

BECHEL Margarine 637-850 g

PROUDLY CANADIAN **sobeys.com** **Partners in Growth** For every ton of paper used in the printing of this flyer, SJC's Partners in Growth program will contribute to the planting of a tree through Trees for Life Canada.

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SEB_WK40_F06_GNT

Scene+
**DIGITAL
EXCLUSIVE**

LOAD IT TO GET IT!

- 1 Download the Sobeys app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Sobeys app**
or at [MyGroceryOffers.ca](https://www.mygroceryoffers.ca)

MIX &
MATCH

Get **500** PTS
when you
spend **\$15**
or more

METHOD Hand or Body
Wash 300-828 mL



That's like
\$5
toward your
groceries



Download on the
App Store

GET IT ON
Google Play

Offer valid January 30th to February 5th, 2025 at all Sobeys locations in Ontario. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

Iceberg Lettuce product of USA or Mexico **2.99**

ANDY BOY **ORGANIC 5.99** Romaine Hearts product of USA or Mexico 3 pk

GOODLEAF **2.97** From Ontario GOODLEAF Microgreens product of Ontario 50 g

2.99 /lb, ea Red Cluster Tomatoes on the Vine product of Canada 6.59/kg or Campari Tomatoes product of USA or Mexico 454 g

1.99 /lb Red Onions product of Canada or USA or Sweet Onions product of Peru or Mexico 4.39/kg

5.99 RICARDO Dressings selected 250 mL

6.49 COMPLIMENTS Almonds sliced or slivered 250-275 g

2/\$6 FRESH GOURMET Croutons 128-142 g

1.99 From Ontario Seedless English Cucumbers product of Ontario, Canada no 1 grade

15% off Prepared Fresh Daily Chicken Caesar Salads assorted sizes

Your salad, your way!

100% fresh GUARANTEE **Guaranteed fresh or your money back**

5.99 Strawberries Clamshell product of USA no 1 grade 454 g 1 lb

2/\$5 Ataulfo Mangoes product of Mexico

2.99 /lb Brussels Sprouts product of USA or Mexico no 1, 6.59/kg

4.49 THE LITTLE POTATO CO. Potatoes product of Canada assorted 454 g

4.47 /lb Jumbo Cherries product of Chile no 1 grade 9.85/kg

2.79 /lb Envy Apples product of USA extra fancy grade 6.15/kg

4.49 COMPLIMENTS ORGANIC White or Cremini Sliced Mushrooms product of Canada 227 g

4.79 /lb Sweet Bell Peppers product of Mexico 10.56/kg

3.99 /lb Green D'Anjou Pears product of USA extra fancy grade 8.80/kg

4.99 5 PACK Avocados product of Mexico 5 pk

1.88 /lb Bean Sprouts product of Canada 454 g

2.49 From Canada SUNRISE Tofu Medium Firm 454 g or Extra Firm 350 g 2.99 ea product of Canada

15% off Prepared In-Store Daily Mixed Fruit Salad or Tropical Fruit Salad assorted sizes

BUY 2 GET 3RD FREE Prepared Fresh Daily In-Store Roasters or BBQ Grillers assorted sizes

4.99 H&H Dried Fruit selected 180 g

8.99 WONDERFUL Pistachios No Shell selected 155-170 g

floral

19.99 Designer's Choice

12.99 From Ontario Glowing Hearts Bouquet

6.99 From Ontario Campanula 4" pot

3.49 From Ontario African Violet 4" pot

Give them more with the Grocery Essentials Card Visit sobey.com/giftcards for details

That's like
\$20
 toward your
 groceries

Scene

**EARN POINTS ON
 STERLING SILVER OR
 NAGANO PRODUCTS**

GET UP TO 2000 PTS*

SPEND \$20-34⁹⁹, GET 500 PTS*

SPEND \$35-49⁹⁹, GET 800 PTS*

SPEND \$50 OR MORE, GET 2000 PTS*

*per transaction

Minimum
 21 Day
 Aged!

**CERTIFIED
 TENDER™
 TENDRETÉ
 CERTIFIÉE™**



STERLING SILVER
 Fresh Boneless Top Sirloin
 Grilling Medallions cut by
 your meat expert from
 Canada AAA grade beef
 14.99/lb, 33.05/kg

Nagano
 PORC - PORK

**RICH FLAVOUR. REMARKABLY
 TENDER. 100% CANADIAN PORK.**
 MAKE IT A NAGANO NIGHT.

Remarkably
 tender cuts!



**NAGANO Premium
 Fresh Pork Loin Hotel
 Cut Chop, Tenderloin or
 Back Ribs starting at
 10.99/lb, 24.23/kg**



Exclusive cuts available at Sobeys

*Certified by the Canadian Beef Grading Agency / Certifié par L'Agence Canadienne de Classement du Bœuf

seafood



4.99 **100 PTS** when you buy 2
COMPLIMENTS Crab-Flavoured Seafood 454 g



9.99 **100 PTS** when you spend \$30 or more
Wild Mahi-Mahi Fillets previously frozen or frozen product of Peru 22.02/kg



14.99 **100 PTS** when you spend \$30 or more
Fresh Wild Icelandic Cod Fillets subject to availability 33.05/kg



9.99 **100 PTS** when you buy 2
10.99 without Scene+ Card
COMPLIMENTS Smoked Atlantic Salmon, Steelhead or Gravlox 150 g



8.99
JANES Breaded or Battered Fish selected 450-510 g



8.99
GOSSELIN Hot Smoked Atlantic Salmon Portions double smoked or maple previously frozen 140 g or NANUK Smoked Sockeye Salmon 85 g



\$15 **150 PTS** when you spend \$15 or more
COMPLIMENTS Cooked Shrimp in bag with cocktail sauce 680 g or 2 pk Atlantic Canada 3-4 oz Lobster Tail 170 g previously frozen or frozen



4.99
ANCHOR'S BAY Cooked Mussel or Clam Meat 340 g



19.99
AQUA STAR Herb & Garlic Butterfly Shrimp 800 g 16-20 ct per lb



10.99 **100 PTS** when you buy 1
COMPLIMENTS Breaded or Battered Haddock, Garlic & Herb Haddock, Salt & Malt Vinegar Cod, Lemon Pepper Sole or Mediterranean Pacific Salmon 460-580 g



8.99 **100 PTS** when you buy 1
9.99 without Scene+ Card
MARINA DEL REY Ecuadorian Jumbo Raw Shrimp 10-20 ct per lb or Wild Caught Argentinian Peeled and Deveined Shrimp 20-40 ct per lb 340 g



11.99 **100 PTS** when you buy 1
CLEARWATER Wild Patagonian Scallops, Natural or in Garlic Cream Sauce or IFC Cold Water Cooked Shrimp 150-250 ct per lb 340 g

deli & kitchen



3.79 **100 PTS** when you buy 1
SLICED FRESH
SIKORSKI Grandpa or Grandma Ham /100 g



6.99
STARTING AT
TRE STELLE Feta, Halloumi, Boccacini or Feta Cubes 200 g, Crumbled Feta 150 g or Ricotta 475 g



\$6
COMPLIMENTS Cheese Slices 150-170 g



6.29
BRANDT Kolbassa Sausage selected 250 g



6.99
PILLER'S Charcuterie Sliced Salami selected 125 g



7.49
GREENFIELD Sliced Deli Meats selected 175 g



2.79 **100 PTS** when you buy 2 or more
BUY MORE SAVE MORE
Mini Chicken Wraps ranch, chipotle or sweet chili 110 g 2.99 ea



9.99
OLIVIERI Family Sized Pasta or Gnocchi 500-700 g or Sauce 600 mL

5.49 **100 PTS** when you buy 2
OLIVIERI Pasta 280-360 g or Sauce 160-300 mL

QUICK & EASY DELICIOUS MEALS!



25% off min. 150 g purchase
Ready For You Curry Meals, includes combo and individual sized, sold by 100 g available chilled

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer

deli & kitchen



100 PTS
when you buy 300 g or more

2⁹⁹ /100 g
COMPLIMENTS Double Cream Brie

SLICED FRESH

\$3 /100 g

COMPLIMENTS Black Forest Ham, Honey Ham, Turkey or Chicken



25% off

Empanadas 3 pk, 240 g or 6 pk 480 g available hot or chilled



7⁹⁹

MAPLE LEAF Natural Selections Sliced Meats selected 125-175 g



150 PTS
when you buy 2

7⁴⁹

COMPLIMENTS Italian-Style Sub Variety Pack 375 g



200 PTS
when you buy 2

11⁴⁹

SNOWDONIA Red Devil, Beechwood, Black Bomber, Rock Star, Green Thunder or Amber Mist Cheddar 150-200 g



\$3

COMPLIMENTS Dips or Hummus regular 200-227 g



bakery

Score **MEMBER** PICKS

3⁹⁹ **SAVE \$1**

4⁹⁹ without Score Card

Mini Danish 6 pk 250 g

BAKED IN STORE



MIX & MATCH

300 PTS
when you buy 2

STARTING AT 4⁹⁹

Shareable Desserts Brownie Cakes 295-390 g, Cream Pies 5" 260-375 g, Cheesecakes 6" 730-975 g or Dessert 1/2 Cakes 415-800 g



10⁴⁹

Boston Cake 740 g



100 PTS
when you buy 2

5⁹⁹

COMPLIMENTS Mini Cupcakes 12 pk 284 g



150 PTS
when you buy 2

5⁹⁹

Shortbread Cookies 10 pk 310-340 g

BAKED IN STORE



3⁹⁹

Kaiser Buns 6 pk 430 g

BAKED IN STORE



100 PTS
when you buy 2

5⁹⁹

Hot Cross Buns 6 pk 515 g

BAKED IN STORE



100 PTS
when you buy 2

7⁹⁹

STARTING AT

COMPLIMENTS Pies 580-750 g



50 PTS
when you buy 2

2⁶⁹

White or 100% Whole Wheat Bread 450 g

BAKED IN STORE



BUY MORE SAVE MORE

3⁴⁹

Bagels 4 pk 450 g 3.79 ea

BAKED IN STORE



2²⁹

Baguettes white or multigrain 234 g

BAKED IN STORE



Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer



No tackle box required!

Get **150** PTS

When you spend \$15
or more on Ready for
You Seafood*.

*before taxes

Our in-store marinated Atlantic salmon fillets boast beautifully marbled orange flesh that's ideal for grilling, pan searing or roasting - a delicious dinner any night - just cook and serve!

Fresh In-store
Marinated
Atlantic Salmon
Fillets subject
to availability

Seacuterie Board
with Smoked
Salmon, Shrimp
and Imitation Crab
380 g or Seacuterie
Board with Smoked
Salmon, Cucumber
and Pita Bread
350 g

Prepared in store by our seafood experts, our salmon roasts are easy enough for a weeknight meal idea or fancy enough to serve for company!

Fresh Atlantic
Salmon Roasts
with Imitation Crab
and Seafood Stuffing

Prepared In-store Cooked or Raw Garlic Shrimp
Grillers previously frozen 280 g or Imitation Crab
Platter with Cocktail Sauce 570 g

Stuffed Mushroom Caps
with Imitation Crab and
Seafood Stuffing

frozen & dairy

5.99 NATREL Lactose Free Milk 2 L. Plus Protein Milk 2 L or Flavoured Coffee Creamer 1 L. **100 PTS** when you buy 2

11.99 OIKOS Greek Yogurt 12 pk or 1.5 kg

10.49 IÖGO YOGURT 2 kg

3.99 HELUVA GOOD! Dip 250 g **SAVE 50c** without Scene+ Card

3.99 YOPLAIT Source Yogurt 630 g or Protein Source 4 pk

6.99 SIGGI'S Yogurt 650-750 g

3.99 YOPLAIT Minigo Yogurt 6 pk or Yogurt Tubes 8 pk **150 PTS** when you buy 3

4.99 IÖGO Nanö Drinkables 6x93 mL **SAVE 50c** without Scene+ Card

4.49 SHEPHERD GOURMET Icelandic Skyr Yogurt 500 g

11.99 YOPLAIT Yogurt Drink 12 pk

4.99 GAY LEA Spreadables Butter 227 g

5.99 COMPLIMENTS Shredded Cheese 226-320 g **100 PTS** when you buy 2

3.49 JELL-O or HERSHEY'S Refrigerated Pudding or Gels 4 pk 4.49 ea **BUY MORE SAVE MORE**

6.99 PHILADELPHIA Cream Cheese 340 g

3.99 DEL MONTE Juice 1.6 L

4.99 COMPLIMENTS Pure Orange Juice 1.54 L **100 PTS** when you buy 2

4.99 RED BARON Classic or Thin Crust Pizza 584-740 g or Deep Dish Single Serve Pizza 317-318 g

4.49 MCCAIN Breakfast Bowls 200 g

2.99 COMPLIMENTS Frozen Waffles 280 g **100 PTS** when you buy 2

4.49 KRAFT Cool Whip Whipped Topping 1 L

4.99 DR. OETKER Momenti Pizza, Garlic Fingers or Panini 160-185 g **100 PTS** when you buy 2

3.99 CAVENDISH FARMS Quick Crisp Fries 650 g

5.99 GREEN GIANT Veggie Tots, Spirals, Rings or Fries 340-454 g **200 PTS** when you buy 2

4.49 COMPLIMENTS Aerosol Whipped Cream 225 g **50 PTS** when you buy 1

2.49 COMPLIMENTS Lemonade or Watermelon Beverage 1.75 L **50 PTS** when you buy 2

5.99 COMPLIMENTS Ruby Red Grapefruit Juice 1.54 L **50 PTS** when you buy 1

3.99 COMPLIMENTS Frozen Vegetables 750 g **100 PTS** when you buy 2

6.49 COMPLIMENTS Omega-3 Free Run Large Eggs 12 pk **200 PTS** when you buy 2

5.49 COMPLIMENTS 68% Vegetable Oil Margarine 850 g **50 PTS** when you buy 1

3.99 COMPLIMENTS Diced Potato Home Fries 650 g **100 PTS** when you buy 2

1.99 COMPLIMENTS Frozen Entrées selected 227-284 g **100 PTS** when you buy 3

Scene GET PERSONALIZED OFFERS ON PRODUCTS YOU'LL LOVE. Visit mygroceryoffers.ca or the Sobey's app.

Celebrate Black History Month with flavour made close to home.



Meet Jermaine McFarlane, founder of **Aiva Beverages**

Aiva beverages provide flavour with function to your hydration. Each bottle of Aiva water has only 30 calories and boasts 200 mg of L-Theanine, an active ingredient that helps to promote relaxation.

Meet Andrew McBarnett, CEO and cofounder of **Neale's Sweet N' Nice Foods Inc**

Founded in the 1940s by Trinidadian Charles A. Neale, Sweet n' Nice remains family-run to this day, carrying forward a legacy of authentic Caribbean flavours made with all-natural ingredients.



Proudly supporting local entrepreneurs

100 PTS when you buy 1

Meet Veneise George, owner of **YAUDI'S**

Proud Black female-owned brand based in Scarborough, redefining flavour with a unique blend of cultural authenticity and modern flair. What makes us unique is our dedication to bold, uncompromising flavours that elevate everyday meals into vibrant international culinary adventures—all from the comfort of home.



Meet Yohannes Petros, owner of **Hanes Hummus**

Inspired by his East African roots, Yohannes is known for his oil- and preservative-free small-batch hummus, handmade with only the finest ingredients as well as bold, vibrant flavour in every bite.



Meet Jerome Samuels, owner of **The Patty Shoppe**

Celebrating Caribbean culture, Jerome brings iconic Jamaican patties — made with tradition, quality and authentic flavour — to Canada, with ingredients sourced from local suppliers.

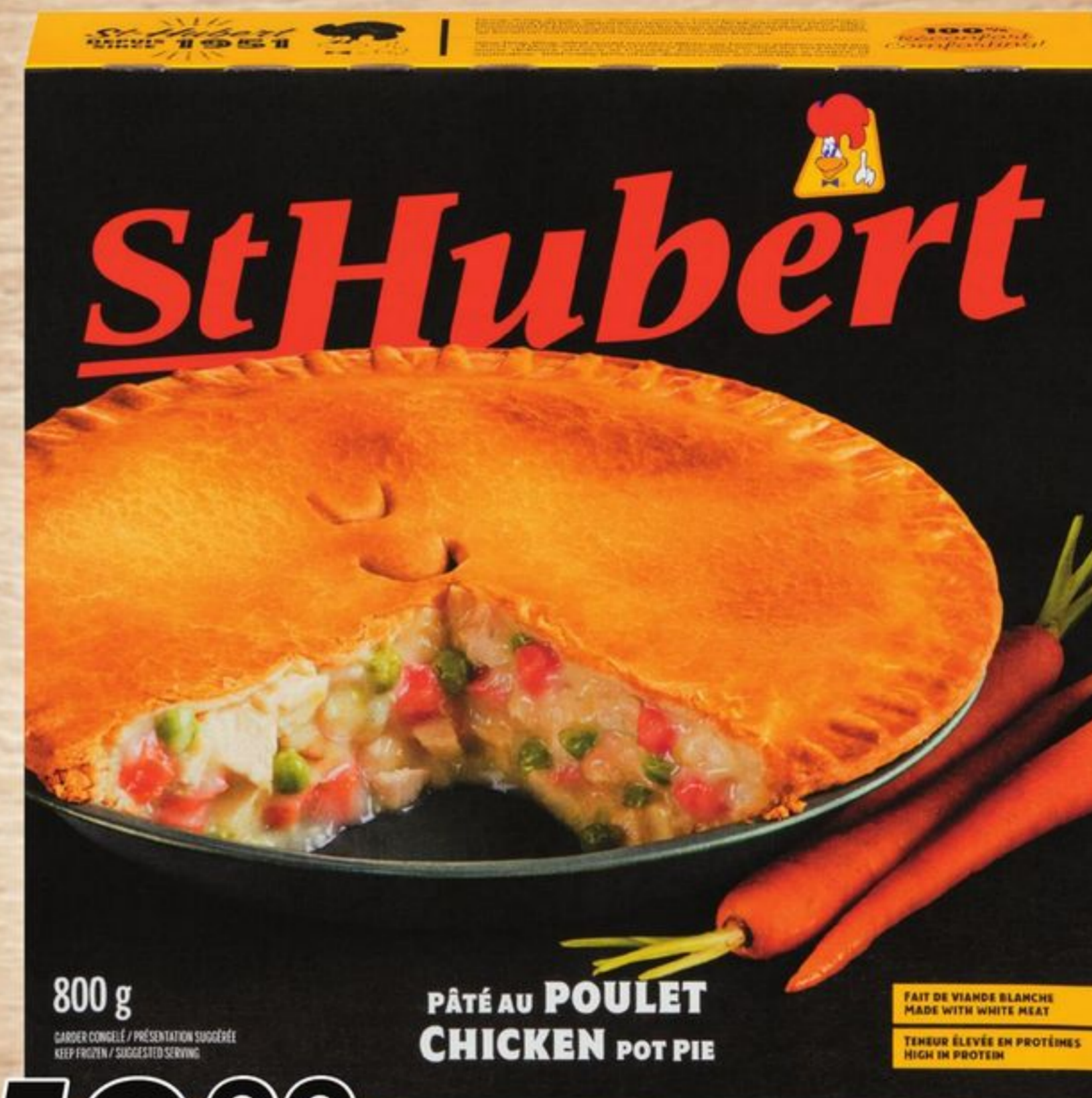


ENJOY GREAT RESTAURANT BRANDS AT HOME!



SWISS CHALET
Individual Pot Pies
frozen 470 g

7⁹⁹



12⁹⁹

ST. HUBERT Pot Pies
frozen 800 g

10⁹⁹

SWISS CHALET Meat Pies
frozen 650-655 g



18⁹⁹

MONTANA'S 100% Canadian Angus Beef Burgers or
THE KEG Frozen Beef Burgers or Pork Back Ribs
680-906 g

150 PTS
when you buy 1

14⁹⁹

KELSEY'S Original Roadhouse Fully
Cooked Pork Back Ribs or SWISS CHALET
Chicken Strips or Nuggets 600-700 g



Explore products from around the world!

Shop international foods storewide.



179
/lb

Long Squash product of Honduras or USA 3.95/kg

599
/lb

Mangosteen product of Colombia 13.21/kg



2/698

TILDA Ready to Heat Rice selected varieties 250 g



888

EIGHT TREASURES Whole Tilapia 1.36 kg or Whole Pompano 800 g 14.88 ea



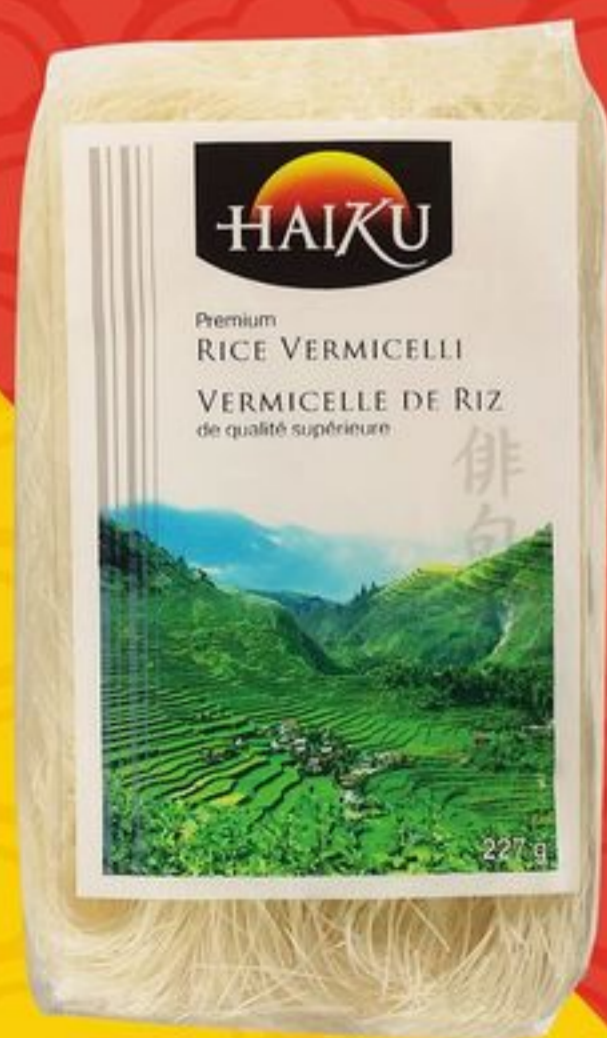
369

CHALO! Naan 500 g



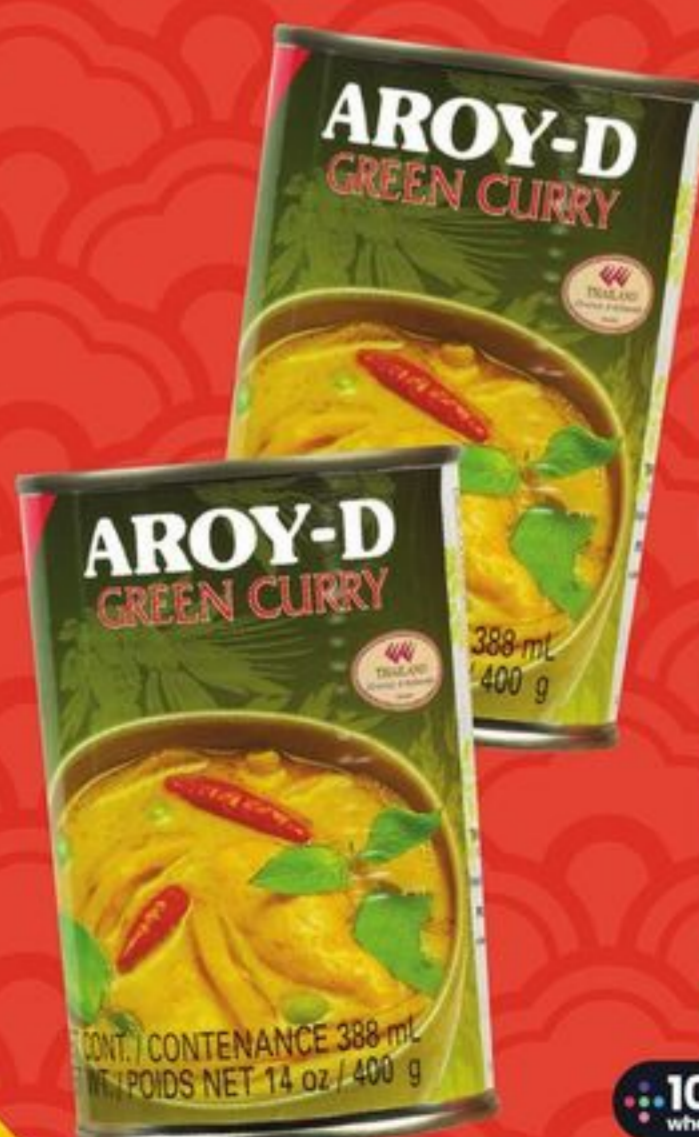
798

A-SHA Noodles selected varieties 475 g



248

HAIKU Premium Rice Vermicelli 227 g



348

AROY-D Canned Red or Green Curry 400 g



448

LEE KUM KEE Sriracha Chili Sauce 435 mL



648

LEE KUM KEE Sriracha Mayonnaise 445 mL

2025

Happy Lunar New Year
新年快樂



2.28
/lb
Chinese Eggplant
product of Dominican
Republic 5.03/kg



Asian Yellow Pear
product of China 4.14/kg
1.88
/lb



200 PTS
when you buy 1
19.88
Fruit Flan
990 g



6.88
EIGHT TREASURES Raw Shrimp
head-on shell-on 400 g



1.98
GENKI FOREST Sparkling
Water selected varieties
480 mL



11.98
BILLY BEE Honey 1 L



11.98
Fruity Assorted or Lychee
Coconut Jelly 1.5 kg



3.88
LOTTE YUKIMI Mochi
Ice Cream selected
varieties 270 mL

drinks & snacks

200 PTS when you buy 2

CHRISTIE Peek Freans 275-350 g or Dad's Cookies 300-320 g

3.99

DARE Whippet, Simple Pleasures or Viva Puffs 230-310 g

3.99

CHRISTIE Ritz Chips or Crispers 240 g or RYVITA Crispbread 200-250 g

\$3

DARE Veggie Crisps 100 g or VOORTMAN BAKERY Turnovers 300 g

10.99

STARBUCKS Coffee K-Cup® Pods 10 pk or Roast & Ground Coffee 340 g

4.99

OASIS Juice 8x200 mL tetra

3.99

ALLEN'S Apple Juice 1.89 L

7.99

TIM HORTONS Cappuccino Canisters 454 g, **STARBUCKS** Nespresso Pods 10 pk or **NESCAFÉ** Gold Instant Coffee 90-100 g

100 PTS when you buy 2

3.99

LA COCINA Tortilla Chips 300-400 g

2/\$8

SMARTFOOD Popcorn 150-220 g or **HAVOC** Snacks 190-280 g

9.99

FRITO-LAY Multipack 16 pk

5.99

JACK LINK'S or **GOLDEN ISLAND** Jerky 65-81 g

4/\$5

PEPSI Soft Drinks or **BRISK** Iced Tea 1 L

200 PTS when you buy 2

8.49

SAN PELLEGRINO Naturali or Momenti Beverages 6x330 mL

50 PTS when you buy 2

COCA-COLA Soft Drinks 500 mL

3/\$8

PRIME Hydration Drink 500 mL

4.99

FERRERO ROCHER Eggs 90-100 g, **HERSHEY'S** Harry Potter Butterbeer Kisses 180 g or **CADBURY** Plant-Based Bars 90 g while supplies last

2.79

MARS King Size Bars 49-93 g or **TOBLERONE** 100 g

8.49

HERSHEY'S Hugs & Kisses or **REESE'S** Heart 142-165 g while supplies last

10.99

HERSHEY'S Assorted Eggs 389 g or **MERCI** Chocolates 400 g while supplies last

5.49

COMPLIMENTS Milk Chocolate or Caramel Filled Hearts or M&M Chocolate Pouches 155-200 g while supplies last

6.99

KINDER Surprise Egg 100 g while supplies last

3.49

KELLOGG'S Kashi or Special K selected varieties 165-200 g

200 PTS when you buy 2

10.99

SUNKIST Fruit Snacks assorted flavours 792 g

compliments

Love it. Or it's free.*

*For details see COMPLIMENTS.ca

100% HONEY BACK GUARANTEE

100 PTS when you buy 1

COMPLIMENTS Pub Mix Snacks 820 g or Peanut Butter Pretzels 680 g

100 PTS when you buy 2

COMPLIMENTS Flavour Tortilla Chips 255 g or Kettle Chips 200 g

100 PTS when you buy 2

COMPLIMENTS Mini Cans Soft Drinks 6x222 mL

100 PTS when you buy 4

4/\$5

COMPLIMENTS Spring Water 1.5 L

150 PTS when you buy 1

7.99

COMPLIMENTS Coffee Pods 12 pk

100 PTS when you buy 2

COMPLIMENTS Fruit Punch, Peach or Apple Juice Blends 1 L

500 PTS when you buy 4

COMPLIMENTS Cookies selected varieties 300-350 g or Mini Cookies 150-200 g

That's like \$5 toward your groceries

meal makers

2⁹⁹ CATELLI Pasta 375-500 g (excludes lasagna)

14⁹⁹ MAZOLA OIL 2.84 L

3⁴⁹ BARILLA Gluten Free Pasta 340 g

2⁹⁹ HABITANT Soup 796 mL

2/\$5 HUNT'S Heirloom Tomatoes 398 mL or ROTEL Tomatoes 284 mL

5⁹⁹ CLOVER LEAF Sockeye Salmon 213 g

9⁹⁹ FLEISCHMANN'S Traditional Yeast 227 g

4⁹⁹ COMPLIMENTS Pie Filling selected 540 mL

33% off CLUB HOUSE La Grille Spices or Seasonings selected varieties 111-248 g

2/\$9 KELLOGG'S Premium Cereal 306-553 g or Cereal selected varieties 210-435 g

6⁴⁹ JIF Peanut Butter 1 kg or SMUCKER'S Pure Jam 310-500 mL

72⁹ JELLO Instant Pudding 30-170 g

4⁷⁹ WEIGHT WATCHERS Bread 450 g, Tortillas 8 pk or Bagels 6 pk

4⁴⁹ COMPLIMENTS Tortillas 10" 366-610 g or SUN-MAID Cinnamon Raisin Bread 450 g

4⁹⁸ MINUTE RICE 500-700 g

3⁹⁸ KIKKOMAN Soy or Teriyaki Sauce 296 mL

Love it. Or it's free.

150 PTS when you buy 1

3⁹⁹ COMPLIMENTS Pickles 1 L

100 PTS when you buy 2

4⁴⁹ COMPLIMENTS Baking Mixes selected 432-500 g or Sweetened Condensed Milk 300 mL

100 PTS when you buy 2

3⁹⁹ COMPLIMENTS Salsa 650 mL

2⁹⁹ COMPLIMENTS Syrup 750 mL or Pancake Mix 905 g

natural health

2⁹⁹ ANNIE'S Mac & Cheese 149-170 g

5⁹⁹ KASHI Granola 311-340 g, ORGANIC Cereal 300-460 g or Go Lean Cereal 275-390 g

8⁹⁹ NAKED & SAUCY Nooch Dressings 250 mL

400 PTS when you buy 2

5⁴⁹ MINOR FIGURES Barista Oat Milk or ORGANIC Oat Milk 946 mL

20% off SUKU VITAMINS Gummies 60 pk

20% off COMPLIMENTS Vitamins or Supplements 30-150 pk

3⁹⁹ HERSHEY'S ONE Protein Bars 60 g

15% off CELLUCOR C4 Sport, BCAAs or Ripped Sport 180-330 g

100 PTS when you buy 2

9⁹⁹ ONE COFFEE K-Cups® 12 pk 132 g

2/\$9 POPCORNERS Popcorn 142 g

200 PTS when you buy 2

4⁴⁹ VITA COCO Water 1 L

50 PTS when you buy 1

7⁹⁹ COMPLIMENTS ORGANIC 100% Cranberry Juice 946 mL

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home & pet care

15⁹⁹
CASHMERE Bathroom Tissue
12x36 rolls or SPONGE TOWELS
Ultra Choose-A-Size 6x9 rolls

22⁹⁹
CHARMIN Bathroom Tissue
12x64 rolls or BOUNTY Paper Towel
6-18 or 8-16 rolls

7⁴⁹
GLAD Kitchen Bags 26-52 pk or
Compostable Bags 10 pk

Jan. 16 - Feb 5, 2025
SAVE \$2
when you buy 2
Cariton Cards
*details in participating stores

12⁹⁹
GAIN Laundry Detergent 2.6 L,
Flings! 31 pk, TIDE Simply 3.1 L,
DOWNY or GAIN Fabric Softener
379 g or 1.66-2.63 L or Sheets
120-200 pk

3⁹⁹
FEBREZE Air Freshener Spray
250 g, Car Clip 2 mL or Small
Spaces 75 mL selected

6⁹⁹
COMPLIMENTS Dishwasher
Detergent Tabs 20-25 pk

3⁹⁹ **100 PTS**
when you buy 2
CLOROX Cleaners
887-946 mL

19⁹⁹
ARM & HAMMER
Litter 3.86-9.1 kg
selected

3/\$6 **100 PTS**
when you buy 6
IAMS Wet Dog
Food 396 g

9⁴⁹ **200 PTS**
when you buy 1
PURINA Cat Chow
1.6-2 kg

\$4 **150 PTS**
when you buy 2
COMPLIMENTS Dog
Treats 113 g

health, beauty & baby

6⁴⁹ **100 PTS**
when you buy 2
SENSODYNE or
Pronamel Toothpaste
110-135 mL selected

9⁹⁹
STARTING AT
HEAD & SHOULDERS Hair Care
278-613 mL selected

5⁹⁹
U BY KOTEX Pads,
Liners or Tampons
14-50 pk selected

6⁹⁹
OLD SPICE 473-532 mL or IVORY
1.035 L Body Wash, OLAY Bar
Soap 4 pk, SECRET or IVORY
Deodorant 68-73 g selected

7⁹⁹
SECRET or OLD SPICE Deodorant
68-144 g selected

9⁹⁹
CLAIROL Nice'n Easy or Natural
Instincts Hair Colour selected 1 pk

25% off **100 PTS**
when you buy 2
BIC Women's Soleil or Men's
Disposable Razors 1-12 pk selected

10% off
JERGENS Lotion 200-620 mL or
CUREL Lotion 480 mL selected

26⁹⁹
GO & GROW
Powder 850 g

28⁹⁹
PAMPERS Super Pack Diapers
42-120 pk

3⁹⁹ **50 PTS**
when you buy 1
Q-TIPS Cotton
Swabs 400 pk
(excluding ORGANIC)

15% off **200 PTS**
when you buy 1
COMPLIMENTS Baby Wipes or
Toiletries 64-400 pk or 500 mL
selected

pharmacy

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*Select products only available when a pharmacist is on duty

10% off **150 PTS**
when you buy 2
NICORETTE Gum or
Lozenges 2-4 mg
20-30 pk

2/15 **100 PTS**
when you buy 2
POISE Pads or
Liners selected

15% off **200 PTS**
when you buy 2
TYLENOL Pain Relief 80-150 pk or MOTRIN
400 mg Liquid Gels 60 pk¹ or TYLENOL or
BENLYN Cough, Cold & Flu selected²
PPH0282: Take ONLY ONE medicine containing acetaminophen at a time. To be sure any TYLENOL product is
right for you, always read and follow the label. © 2024. All rights reserved. © Kenner Canada Inc. 2025

19⁹⁹ **150 PTS**
when you buy 1
LAX-A-DAY Laxative
510 g 30 doses

10% off **300 PTS**
when you buy 2
METAMUCIL 160 pk or Powder
660-798 g selected

79⁹⁹ **1000 PTS**
when you buy 1
LIFESOURCE Blood
Pressure Monitor UA767
1 ea
That's like \$10 toward your groceries

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2/\$6

CELSIUS Energy Drink 355 mL can, any flavour

5.79

FRITO-LAY Value Size Snacks 275-480 g

Lay's Classic Classique

Tostitos RESTAURANT

4/\$5

OLD EL PASO Seasonings 24 g

3.99

OLD EL PASO Refried Beans 398 mL, Mexican Rice 215 g, Sliced Jalapeño Peppers 250 mL, Taco Sauce 243 mL or Tacos for Two 94-155 g

4.99

OLD EL PASO Dinner Kits 250-510 g or Salsa 650 mL

3/8.99

BETTY CROCKER Potatoes 141-215 g

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New Orleans

plus daily prizes of \$100 prepaid cards when you buy \$1 or more of Old El Paso products on one receipt!

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OldElPasoContest.ca

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4.49

FRANK'S RedHot Creamy Buffalo Squeeze 354 mL

4.49

FRANK'S RedHot Family 354 mL

4.49

FRANK'S RedHot Thick Buffalo Ranch 354 mL

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Offer valid in-store from January 30-February 5, 2025*

300 PTS when you buy 3*

Little Bites Cookies

Little Bites

Dempeste's Signature GOLD BREAD PAIN D'OR

Villaggio HARVEST MULTIGRAIN TORTILLA

KETO

*When you purchase 3 or more of any combination of Dempeste's Signature bread 600 g, Dempeste's Keto Tortillas 251 g, Villaggio® and Villaggio® Rustico Bread 550-675 g or Little Bites™ 195-254 g products in a single transaction.

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4.99

TASTIEZ 400-500 g

2.79

MCCAIN Red Bag 800 g

5.99

MCCAIN Deep'n' Delicious Cakes 510 g

POCKETS 540-600 g

NEW

NEW

MCCAIN Pockets 6 pk 540-600 g

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TAX BREAK

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On select items in store*

- ✓ **Snacks and beverages**, including chips and carbonated water
- ✓ **Baked goods**, including cakes, muffins and pies
- ✓ **Prepared foods**, including sandwiches and ready to eat options

[Learn more](#)

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*Restrictions apply. Selection varies by store. Not all department items are included in tax break. Federal and provincial tax break may vary by province. Valid on qualifying goods from December 14, 2024 - February 15, 2025.

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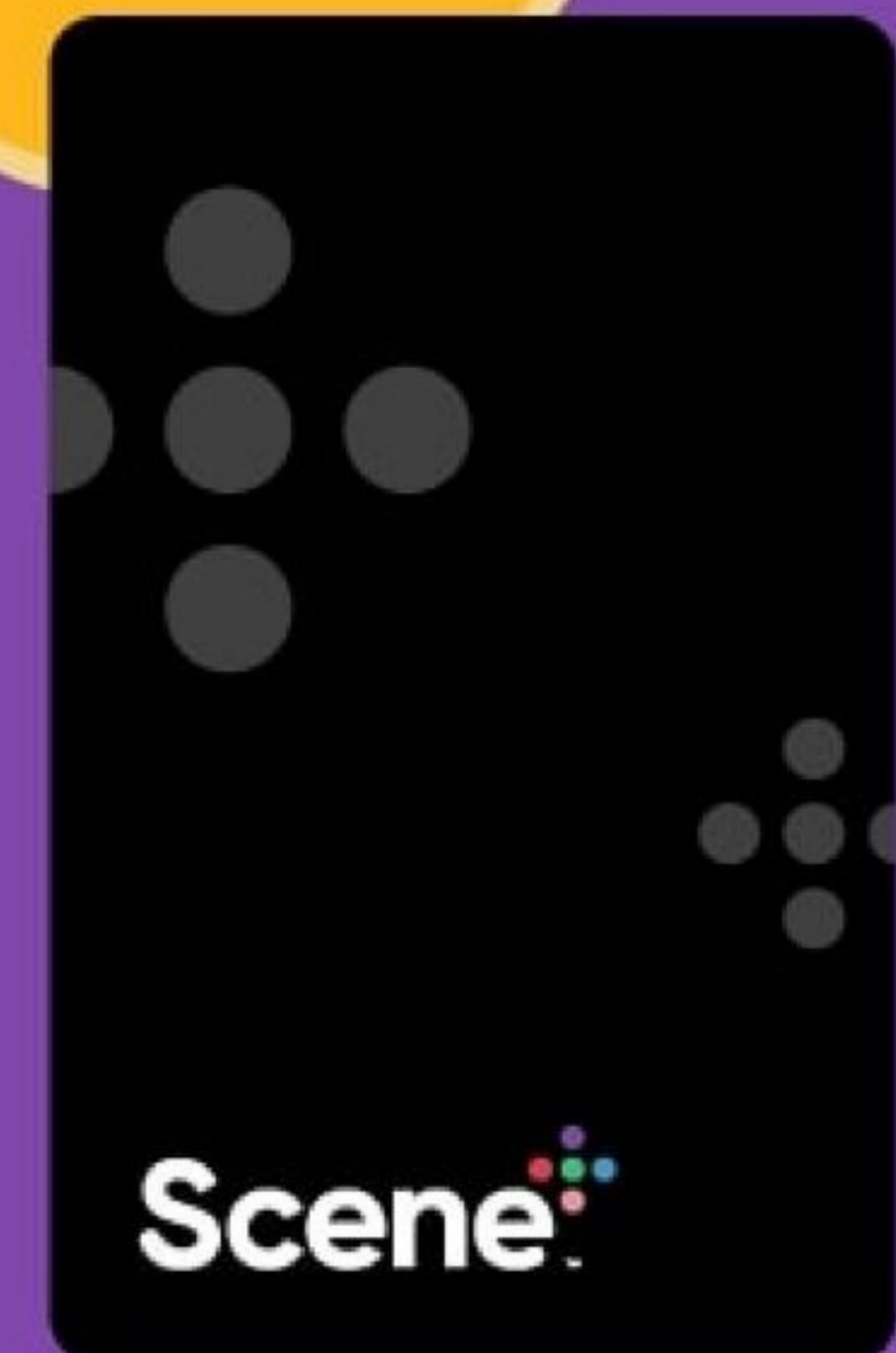
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