



BOGO FREE
of equal or lesser value
Vitamins*
Select varieties.
Cannot mix or match
between brands.

meijer wellness refresh for less



BOGO 50% off
of equal or lesser value
Boost, Meijer, Pure Protein,
Vital Proteins, Finaflex or
Muscle Milk Products*
Cannot mix or match
between brands.

*While supplies last. No rainchecks or substitutions.

Prices Good Thursday, December 26, 2024 thru Saturday, January 18, 2025. Check Meijer.com for our store hours.

BOGO FREE

of equal or lesser value
Meijer Wellness Vitamins
or Supplements*



BOGO FREE

of equal or lesser value
Nature Made Vitamins or Supplements*



BOGO FREE

of equal or lesser value
Cannot mix or match

BOGO FREE

of equal or lesser value
Nature's Truth Vitamins
or Supplements*
Excludes aromatherapy.



BOGO FREE

of equal or lesser value
Nature's Bounty or Optimal Solutions
Vitamins or Supplements*
Excludes Sleep 3.



*While supplies last. No rainchecks or substitutions.



BOGO
50% off
 of equal or lesser value
Fitness Nutrition Products*
 Includes Jocko, Liquid IV, Ryse, Bloom, Quest, Meijer,
 Muscle Milk, OWYN, Six Star, Met RX or more.
 Cannot mix or match between brands.

LEGENDARY FOODS
WHEAT
20g PROTEIN
4g NET CARBS
STRAWBERRY FLAVORED PROTEIN PASTRY
 NET WT 2.2 OZ (61g)

AMERICA'S #1 MUSCLE AND STRENGTH DEVELOPMENT POWDER
100% WHEY
BODY FORTRESS
WHEY PROTEIN
 SUPER ADVANCED
 FEATURES 100% PREMIUM WHEY INSTANTIZED FOR EASY MIXING
30g PROTEIN* **6g BCAAs***
 CHOCOLATE

meijer
whey protein
 POWDER BLEND
 DIETARY SUPPLEMENT
Chocolate
30g PROTEIN **3g TOTAL SUGARS** **3g TOTAL FAT** **180 CALORIES**
 GOOD SOURCE OF CALCIUM
 VITAMIN REINFORCED
 NET WT 53.0 OZ (1500g)

LIQUID IV
 Fueling Life's Adventures
HYDRATION MULTIPLIER*
 ELECTROLYTE DRINK MIX
 POWERED BY **CTT**
LEMON LIME
 1 Stick, Faster Hydration Than Water Alone
 15 - 0.56 oz (16g) Stick Packs
 Net Wt 8.4 oz (237g)

SIXSTAR
PRE-WORKOUT EXPLOSION
 EXTREME ENERGY, FOCUS & INTENSITY
320mg CAFFEINE **3.2g** BETA-ALANINE **3g** L-CITRULLINE **1,812mg** ELECTROLYTES
ICY ROCKET FREEZE
 ALL-NEW FORMULA

MET-RX
BIG 100 GRANOLA
 MEAL REPLACEMENT BAR
PEANUT BUTTER CHOCOLATE CHIP
 NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
 4 - 3.52 OZ. (100 G) BARS / NET WT. 14.10 OZ. (400 G)

ON OPTIMUM NUTRITION
GOLD STANDARD 100% WHEY PROTEIN
 FOR MUSCLE SUPPORT & RECOVERY
24g PROTEIN PER SERVING
VANILLA ICE CREAM
 NET WT 5.0 LB (2268g)

Plant-Based
vega
protein and greens
20g PROTEIN
18g FIBER
Vanilla
 NET WT 18.8oz (530g)

OWYN
32g PLANT PROTEIN
Chocolate
 100% Plant Based
 0g Net Carbs
 4 Pack
 4 - 11.5 FL OZ (330 mL) SHAKE
 NET CONTENTS 44.6 FL OZ (1320 mL)

MET-RX
BIG 100 GRANOLA
PEANUT BUTTER CHOCOLATE CHIP

JOCKO MÖLK
PROTEIN SHAKE
30g PROTEIN
95MB PROTEIN
SHEET CREAM COFFEE
 NET WT 11.5 OZ (325g)

Bloom
colostrum & collagen peptides
UNFLAVORED
 NET WT 4.23 OZ (120g)

meijer
HIGH PERFORMANCE protein shake
Chocolate Artificially Flavored
30g Protein **25g** Carbs **10g** Sugar
 NET WT 1.5 OZ (42.5g)

QUEST
CHOCOLATE CHIP COOKIE DOUGH
 FLAVORED WITH OTHER NATURAL FLAVORS
21g PROTEIN **4g** NET CARBS
 8 BARS

Bloom
greens & superfoods
 DIGESTION • BLOATING • ENERGY
STRAWBERRY KIWI

RYSE
SOUR PUNCH
LOADED PRE
SOUR GREEN APPLE
 NET WT 11.5 OZ (325g)

Plant-BASED PROTEIN
Orgain
Organic Protein
 PROTEIN POWDER
6g PREBIOTIC + FIBER **21g** PLANT PROTEIN **0g** SUGAR
CREAMY CHOCOLATE FUDGE FLAVORED
 NET WT 1.5 OZ (42.5g)

*While supplies last. No rainchecks or substitutions.

new routine for the new year

BOGO 50% off

of equal or lesser value
 Jocko, Liquid IV, Ryse, Bloom, Quest, Meijer, Muscle Milk, OWYN, Six Star, Met RX or More Nutrition Fitness Products*
 Cannot mix or match between brands.



prepare



refuel



recover



*While supplies last. No rainchecks or substitutions.

BOGO 50% off

of equal or lesser value

Multivitamins*

Select varieties. Excludes travel and trial size.
Cannot mix or match between brands.

adult multivitamins



children's multivitamins

digestive health

cognitive health

BOGO 50% off

of equal or lesser value

Children's Multivitamins*
Select varieties. Cannot mix or match between brands.



BOGO 50% off

of equal or lesser value

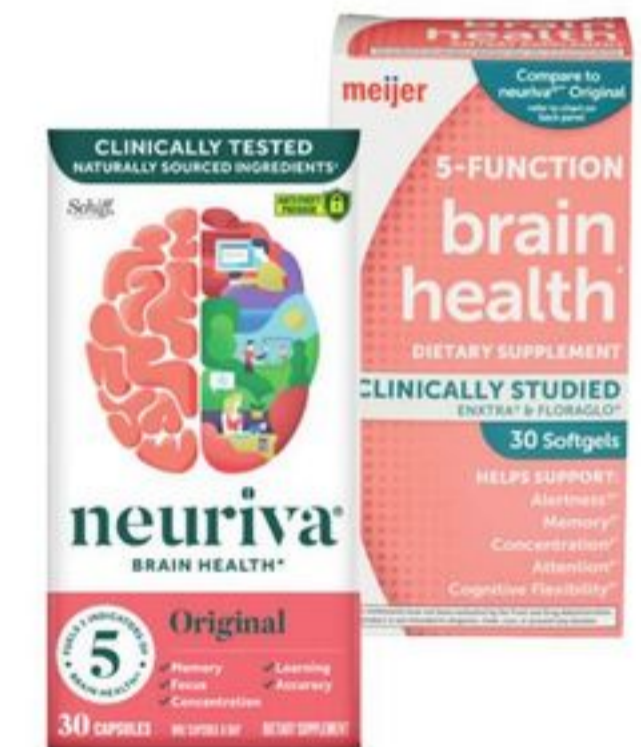
Digestive Health Vitamins*
Select varieties. Cannot mix or match between brands.



BOGO 50% off

of equal or lesser value

Cognitive Health Vitamins or Supplements*
Select varieties. Cannot mix or match between brands.



eye health

heart health

joint health

BOGO 50% off

of equal or lesser value

Eye Health Vitamins or Supplements*
Select varieties. Cannot mix or match between brands.



BOGO 50% off

of equal or lesser value

Heart Health Vitamins or Supplements*
Select varieties. Cannot mix or match between brands.



BOGO 50% off

of equal or lesser value

Joint Health Vitamins or Supplements*
Select varieties. Cannot mix or match between brands.



*While supplies last. No rainchecks or substitutions.

immunity boost



BOGO 50% off
Immunity Vitamins*
Excludes travel and trial size.
Cannot mix or match between brands.

Nature's Way
60 GUMMIES
sambucus IMMUNE GUMMY ELDERBERRY
with Zinc, Vitamins C & D3
PLANT-BASED PEPTIN
60 GUMMIES - DIETARY SUPPLEMENT

Ester-C
SUPPORTS UPPER RESPIRATORY HEALTH™
THE BETTER VITAMIN C®
24 HOUR IMMUNE SUPPORT™
1000 mg MAXIMUM STRENGTH
GMO NON GMO
CLINICALLY STUDIED VITAMIN C
STOMACH FRIENDLY
60 VEGETARIAN COATED TABLETS
DIETARY SUPPLEMENT

OLLY
ACTIVE IMMUNITY + ELDERBERRY
IMMUNE SUPPORT TO KEEP UP!
Echinacea, Zinc & Vitamin C
45 GUMMIES

Emergen-C
1,000 mg Vitamin C
Daily Immune Support™
Antioxidants, B Vitamins & Electrolytes
Natural fruit flavors
As much Vitamin C as 10 oranges!
Super Orange
Flavored Fizzy Drink Mix with Natural Flavors
Caffeine-Free, Gluten-Free, Vegetarian & Natural Sweeteners
30-0.32 OZ (9.1 g) PACKETS / NET WT. 9.6 OZ (273 g)
DIETARY SUPPLEMENT

Airborne
Immune Support™
7 KEY NUTRIENTS for IMMUNE SUPPORT™
VITAMIN C 1000 mg
+ Vitamin D + Zinc
+ Vitamins A + E
+ Selenium
+ Manganese
DIETARY SUPPLEMENT
96 CHEWABLE TABLETS

meijer
vitamin C
240 mg per serving
DIETARY SUPPLEMENT
IMMUNE SYSTEM SUPPORT
150 Gummies
NATURAL ORANGE FLAVOR

mykind ORGANICS
ELDERBERRY IMMUNE GUMMY™
With Organic Echinacea, Zinc and Vitamin C
Made with Real Fruit
GLUTEN FREE
120 Vegan Gummy Drops
Real Food Herbal Supplement

*While supplies last. No rainchecks or substitutions.



relax & restore



BOGO
50% off
 Vitamins or Supplements*
 Select varieties.
 Excludes travel and trial size.
 Cannot mix or match
 between brands.



*While supplies last. No rainchecks or substitutions.



Super Foods



BOGO 50% off
of equal or lesser value

Super Food Vitamins or Supplements*
Select varieties.
Cannot mix or match
between brands.



Plant Based Nutrition

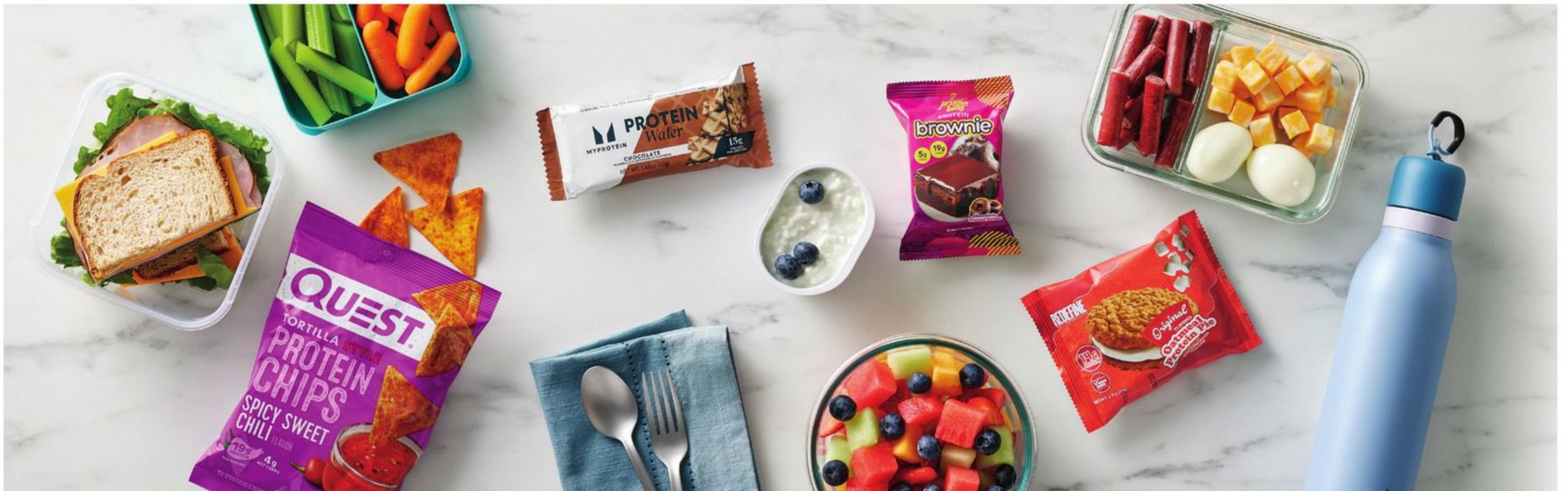


BOGO 50% off
of equal or lesser value

Plant Based Nutrition Products*
Select varieties.
Cannot mix or match
between brands.



*While supplies last. No rainchecks or substitutions.



prepare for your day

BOGO

50% off

of equal or lesser value

Nutrition Fitness Products*

Includes Atkins, Premier Protein, Meijer, Liquid IV, Owyn, Quest, Prime Bites, Redefine, Bloom, MyProtein and more.

Cannot mix or match between brands.

*While supplies last. No rainchecks or substitutions.

For the Meijer Store nearest you - call 1-866-634-5371 (1-866-MEI-JER1) or visit us on the web at meijer.com

Merchandise and services advertised in this circular may not be available in all Meijer stores. Styles, colors, sizes, and selections may vary by store. We reserve the right to limit quantities to normal retail purchases. No sales to dealers, institutions, or distributors. All percentage savings apply to regular priced in-stock merchandise unless otherwise stated. Buy/Get offers do not include clearance items. Limit one use per mPerks offer. Television screens are diagonally measured. Due to state laws, certain cough and cold products will be limited in the total number of packages sold per transaction and certain age restrictions may apply. If a Meijer store sells an item below the ad price shown, you will receive the lower price at that store.





2/\$6 when you buy 2 or more

Banza Mac & Cheese or Pasta Made with Chickpea*
5.5-8 oz. Quantities less than 2 are at regular price.



sale 3.99

Daiya Mac & Cheese
10.6 oz.



sale 3.99
Livia Shirataki Pasta
14.11 oz.



sale 2/\$6

Planet Oat Oatmilk
52 oz. or Creamer
32 oz. Select varieties.



sale 2.79

Silk Almondmilk
64 oz. Refrigerated.
Select varieties.

plant-based



sale 25% off
Meati Plant-Based Cutlets and Steaks
7.4-14.8 oz.



sale 5.99
Impossible Frozen Entrée
12.1-14 oz. Select varieties.



sale 2.49
Nasoya Organic Tofu
14-16 oz.



sale 6.99
RollinGreens Plant-Based ME'EAT Ground Taco or Chorizo
4.5 oz.

*While supplies last. No rainchecks or substitutions.

sale
3.79

True Goodness
Organic Cookies
7.1-10.5 oz.



sale
6.49

Horizon Organic Butter
16 oz.



sale
3.29

True Goodness Organic Cereal
10.6-13.2 oz. Select varieties.



sale
2/\$7

Genuine Coconut
Organic Coconut
Chunks
4 oz. Original or vanilla
flavored.



sale
7.99

Noka Organic
Superfood Smoothies
4 ct./4.22 oz. Select varieties.



organic



sale
10% off

True Goodness Organic Whole
Chicken, Boneless Skinless
Breasts, Drums, Wings and
Tenderloin
Fresh.

sale
4.99

Bilinski's Organic
Dinner Sausage
12 oz.



sale
99¢

True Goodness
Organic Beans
15 oz. Select varieties.



BOGO
50% off
of equal or lesser value

True Goodness
Organic Spices
or Extracts*
.11-4.9 oz.
Select varieties.



sale
3.69

Earthbound Farm
Organic Broccoli Florets, Broccoli &
Cauliflower Florets or Snap Peas
6-9 oz.



*While supplies last. No rainchecks or substitutions.



sale
4.99

Sail Wild Pink Salmon Fillets
12 oz.



sale
8.49

Fresh from Meijer Salmon Portions
9 oz.



sale
6.99 lb

Certified Angus Beef 90% Lean Ground Beef
from Sirloin



sale
8.99
Dole Smoothie Blends
28-32 oz. Select varieties.



sale
6.99

Bertolli Olive Oil
16.9 oz. Select varieties.

sale
3.99

Fiber Gourmet Pasta
8 oz.



healthy eats



sale
2/\$8

Too Good or Dannon Light & Fit
Zero Sugar Yogurt 4 pk./5.3 oz. or
Egglife Egg White Wraps
6 oz. Select varieties.



2/\$7

when you
buy 2 or more
Evol Entrées or Bowls*
7-10.5 oz. Select varieties Quantities less than 2
are at regular price.



sale
\$1 off

Mission Low Carb Tortillas*
6-8 ct./11.29-15 oz. Select varieties.



sale
2.99

Minute Maid Premium
Orange Juice
59 oz. Select varieties.



sale
3.99

Bear Naked Granola 8-12 oz. or
Kashi Cereal 9.5-14 oz.
Select varieties.



*While supplies last. No rainchecks or substitutions.



save \$20
99.99
 Beast Mini Plus Blender*
 Reg. 119.99.

plus
\$20
 off your next in-store
 purchase** with coupon
 printed at checkout
 Limit two coupons per offer.



save \$30
99.99
 Nespresso Vertuo Pop
 Plus Brewer*
 Reg. 129.99.

plus
\$20
 off your next in-store
 purchase** with coupon
 printed at checkout
 Limit two coupons per offer.



save \$40
59.99
 SodaStream Terra Machine*
 Reg. 99.99.



save \$40
59.99
 Gourmia 7 or 8 Qt. Air Fryer*
 Reg. 99.99.

save \$30
59.99
 Keurig K-Express Single
 Serve Coffee Machine*
 Reg. 89.99.



save \$15
34.99
 Magic Bullet
 Blender or Juicer*
 Reg. 49.99.



save \$10
34.99
 Crock-Pot 6 Qt. Programmable
 Slow Cooker*
 Reg. 44.99.



save \$10
24.99
 Mr. Coffee 12 Cup Programmable
 Coffee Maker*
 Reg. 34.99.



*While supplies last. No rainchecks or substitutions. General Merchandise items may not be available at Meijer Grocery locations.
 **If this item is returned, the coupon amount will be deducted from the return value. Offer and coupon valid for in-store purchases only. Limit one redemption per customer per day.

Apple AirPods Pro

save **\$80**
on your next in-store purchase** with coupon printed at checkout

when you buy one Apple AirPods Pro Gen 2 for \$249*
Limit two coupons per offer.



fitbit.

save \$50
149.95

Fibit Versa 4*
Reg. 199.95.

plus **\$30**
off your next in-store purchase** with coupon printed at checkout

Limit two coupons per offer.



50% off
Aduro Elite Recovery Massage Guns*
Reg. 79.99, now 39.99.



save \$30
99.95

JBL Flip 6 Portable Speaker*
Reg. 129.95.



20% off

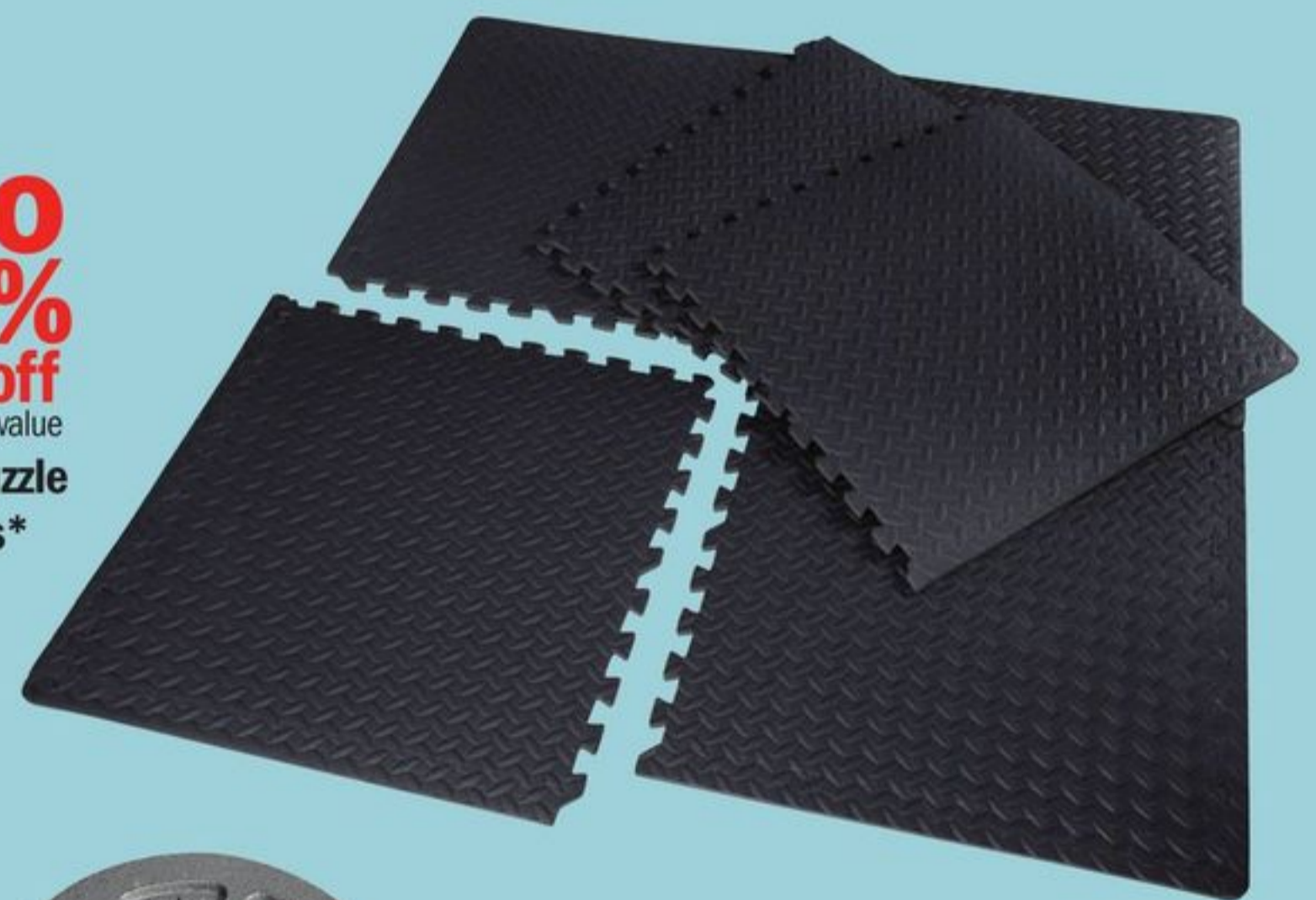


Spalding All Conference Basketballs*
Reg. 24.99, now 19.99.

Gaiam Yoga and Fitness Products*
Sporting Goods Dept. only.
Reg. 4.99-79.99, now 3.99-63.99.

BOGO 50% off deals

BOGO 50% off
of equal or lesser value
Cap 6 Pc. Puzzle Fitness Mats*
Reg. 19.99.



BOGO 50% off
of equal or lesser value
Hand Weights or Plates*
Reg. 4.99-139.99.

*While supplies last. No rainchecks or substitutions. General Merchandise items may not be available at Meijer Grocery locations.

**If this item is returned, the coupon amount will be deducted from the return value. Offer and coupon valid for in-store purchases only. Limit one redemption per customer per day.

Apple Authorized Reseller Apple®, the Apple logo, iPad®, AirPods®, AirPods Pro® and Apple Watch® are trademarks of Apple Inc., registered in the U.S. and other countries.

For the Meijer Store nearest you - call 1-866-634-5371 (1-866-MEI-JER1) or visit us on the web at meijer.com

Merchandise and services advertised in this circular may not be available in all Meijer stores. Styles, colors, sizes, and selections may vary by store. We reserve the right to limit quantities to normal retail purchases. No sales to dealers, institutions, or distributors. All percentage savings apply to regular priced in-stock merchandise unless otherwise stated. Buy/Get offers do not include clearance items. Limit one use per mPerks offer. Television screens are diagonally measured. Due to state laws, certain cough and cold products will be limited in the total number of packages sold per transaction and certain age restrictions may apply. If a Meijer store sells an item below the ad price shown, you will receive the lower price at that store.

meijer