

food  
**Basics**

**ALWAYS  
MORE  
FOR LESS**

**HAPPY LUNAR NEW YEAR  
农历新年快樂**



**2025 - YEAR OF THE SNAKE**



**WE LOVE LOCAL**  
Ontario

**348**  
EACH

ORGANIC  
BABY KING OYSTER, ENOKI,  
OR BLACK OYSTER MUSHROOMS  
PRODUCT OF ONTARIO  
150 - 170 G



**749**  
EACH

NORTHERN KING  
WHOLE TILAPIA FISH OR  
THAI GOLD WHOLE RAW SHRIMP  
FROZEN, 40 - 50 CT, 380 G - 1 KG  
SELECTED VARIETIES



**149**  
EACH

BRUNSWICK OR GOLD SEAL  
SARDINES  
106 - 125 G  
SELECTED VARIETIES



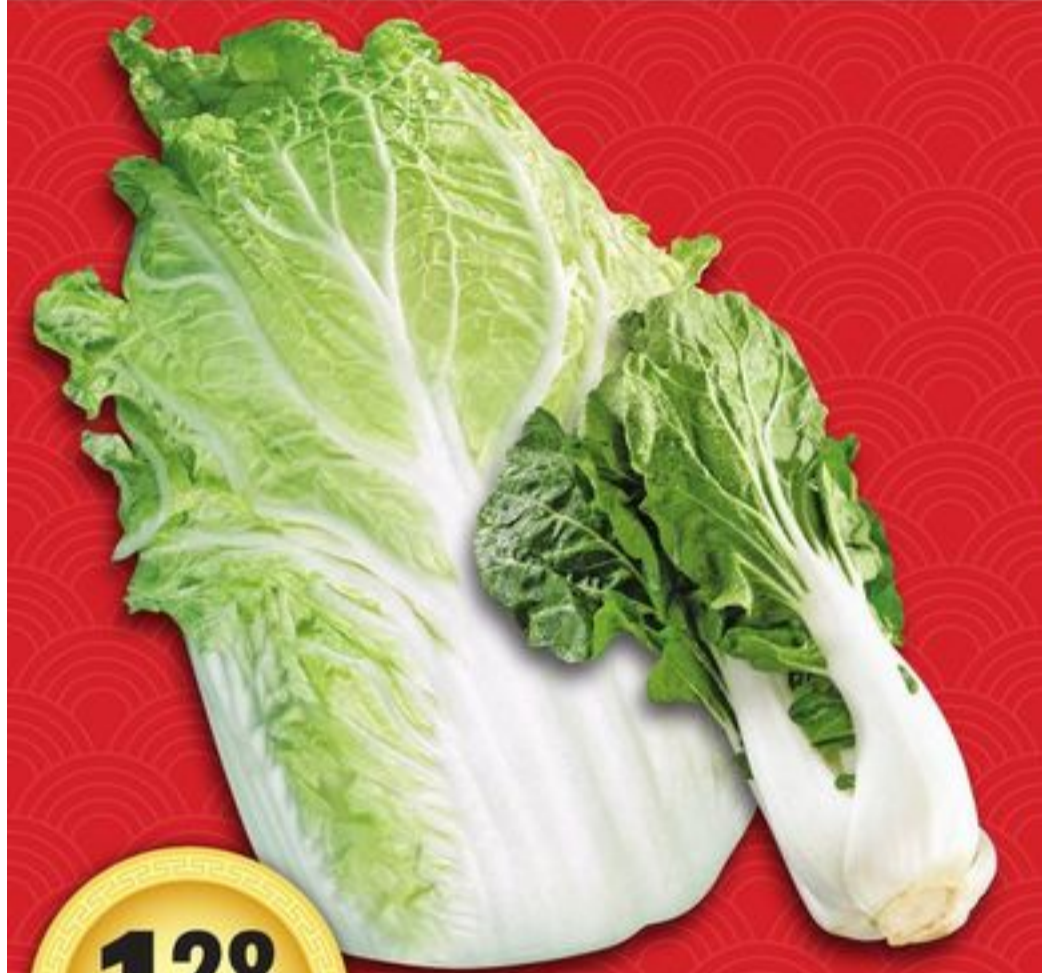
**199**  
EACH

HOLIDAY LUNCHEON MEAT  
OR MAPLE LEAF FLAKES  
156 - 340 G  
SELECTED VARIETIES



3 STEM LUCKY BAMBOO  
WHILE QUANTITIES LAST

**10<sup>88</sup>**  
EACH



**128**  
/LB

BOK CHOY  
OR NAPPA  
CABBAGE  
PRODUCT OF MEXICO  
2.82/KG



FLAT CABBAGE  
PRODUCT OF MEXICO  
OR LOBOK  
PRODUCT OF USA  
2.82/KG

**128**  
/LB



GARLIC  
PRODUCT OF CHINA  
PKG OF 5

**248**  
EACH

LIFE SMART  
TOFU  
400 - 454 G  
ASSORTED VARIETIES



LUCKY KOI  
WATER  
CHESTNUTS  
OR BAMBOO  
SHOOTS  
227 ML  
SELECTED VARIETIES

**99c**  
EA



LUCKY KOI  
LIGHT SYRUP  
LYCHEE  
567 ML  
SELECTED VARIETIES

**249**  
EACH



**199**  
EACH

LUCKY KOI  
SOY SAUCE  
450 ML  
SELECTED VARIETIES

**299**  
EACH

LUCKY KOI  
SRIRACHA  
SAUCE  
455 ML  
SELECTED VARIETIES



**169**  
EACH

LUCKY KOI VERMICELLI OR  
CHOW MEIN EGG NOODLES  
450 - 454 G  
SELECTED VARIETIES



MAPLE LEAF  
OR GRACE  
VIENNA  
SAUSAGES  
113 - 135 G  
SELECTED VARIETIES



**199**  
EACH

Y&Y  
COCONUT MILK  
400 ML  
SELECTED VARIETIES

**149**  
EACH

**188**  
EACH

BLUE DRAGON  
STIR FRY SAUCE  
140 ML  
SELECTED VARIETIES



**349**  
EACH

KJ DUMPLINGS OR  
TAO'S POTSTICKERS  
380 - 454 G  
SELECTED VARIETIES

AUTHENTIC  
ASIAN MEALS  
OR PH FOOD  
DUMPLINGS  
250 - 500 G  
SELECTED VARIETIES



**499**  
EACH

LUCKY ME! OR  
HAKUBAKU  
NOODLES OR  
MEKONG  
SOY SAUCE  
6x160 G, 269 G,  
210 - 500 ML  
SELECTED VARIETIES



**299**  
EACH



**349**  
EACH

LEE KUM KEE HOISIN OR OYSTER SAUCE  
443 ML, 510 G  
KIKKOMAN RICE VINEGAR OR  
MAGGI SAUCES  
296 - 340 ML  
SELECTED VARIETIES



**999**  
EACH

SAPORITO  
VEGETABLE, CANOLA, SUNFLOWER  
OR CORN OIL  
2.84 - 3 L  
SELECTED VARIETIES

Y&Y VIET JASMINE,  
DAINTY SUPER PATNA,  
CEDAR PARBOILED  
OR PATNA RICE  
7 - 8 KG  
SELECTED VARIETIES

**1298**  
EACH



**199**  
EACH

TYJ  
SPRING ROLL  
PASTRY  
250 - 275 G  
SELECTED VARIETIES



Y&Y  
RICE FLOUR OR  
TAPIOCA FLOUR  
400 - 454 G  
SELECTED VARIETIES

**149**  
EACH



CAROLE'S  
JAPANESE STYLE  
CHEESECAKE  
500 G  
SELECTED VARIETIES

**888**  
EACH



**399**  
EACH

CASABLANCA BUTTER COOKIES  
454 G  
OKF ALOE DRINKS  
1.5 L  
SELECTED VARIETIES

POCKY  
BISCUIT STICKS  
32 - 40 G  
SELECTED VARIETIES

**129**  
EACH



OVALTINE  
COOKIES, GRACE  
OR MEKONG  
COFFEE WHITENER  
150 G, 297 - 300 ML  
SELECTED VARIETIES

**199**  
EACH



OVALTINE DRINKS  
400 G  
HIME ICE CREAM  
1 L  
SELECTED VARIETIES

**699**  
EACH



CARNATION  
EVAPORATED  
MILK  
354 ML  
SELECTED VARIETIES

**2/\$4**



GRACE  
PLANTAIN CHIPS,  
PEANUT PUNCH  
85 G, 240 ML  
SELECTED VARIETIES

**129**  
EACH



**499**  
EACH

SKYFLAKES  
CRACKERS  
800 G



**229**  
EACH

GLICO POCKY,  
GARDEN WAFERS,  
HELLO PANDA  
COOKIES  
60 - 200 G  
SELECTED VARIETIES

GRACE, CHAOKOH,  
CASABLANCA OR  
COOL RUNNINGS  
COCONUT WATER  
500 - 520 ML  
SELECTED VARIETIES

**149**  
EACH



# SHOP ONLINE FOR LESS

**NEW!**

**PICKUP  
OR  
DELIVERY  
NOW  
AVAILABLE**



- ✓ **SAME FLYER SAVINGS**
- ✓ **SAME FRESHNESS**
- ✓ **SAME-DAY PICKUP  
OR DELIVERY**

Check offered  
service in your area

**SHOP [FOODBASICS.CA](https://www.foodbasics.ca)**

\*Conditions apply. Details at [foodbasics.ca](https://www.foodbasics.ca).



**SHOP  
ONLINE  
FOR LESS**

**\$45  
OFF**

**FREE  
PICKUP  
AT STORE**

**\$15 OFF YOUR FIRST 3 ORDERS\***

PROMO CODES:

HELLO1

HELLO2

HELLO3

\*Conditions apply. Valid on orders of \$75 or more.