



Happy New Year!

Fresh Produce

3⁹⁹ Each

Fresh Apples
Select Varieties.
3 lb/1.36 kg bag.
Product of Canada/U.S.A.



Fresh Meat

4⁹⁹ lb
11.00/kg

Fresh Lean Ground Beef
Less than 17% Fat Content. Store may restrict to larger packs.



4⁹⁹ lb
11.00/kg

Fresh Split Chicken Breasts
Back Attached.



1⁹⁹

Compliments Fruit Drink
Select Varieties. 2 Litre.



5⁹⁹

Rustica Pizza
Select Varieties. 538 - 866 g. Frozen.



3⁹⁹ Each

Romaine Hearts
Product of U.S.A./Mexico.
Package of 3.



9⁹⁹

Kraft Dinner
Original. 12 x 200 g.



2⁹⁹

Classico Pasta Sauce
Select Varieties. 410 - 650 mL.
Pesto 218 mL.



3⁴⁹

Compliments Whole Grain Bread
Or Raisin Bread.
Select Varieties. 600 - 650 g.



7⁹⁹

Royale Bathroom Tissue
8 Roll. Select Varieties.
165 - 242 Sheets.
Paper Towel 2 Roll. 147 Sheets.

Meal Inspiration & Savings From our Family to Yours

For store hours and locations see back page or visit familyfoods.ca

Sale Prices in Effect

JAN 2025	thu 2	fri 3	sat 4	sun 5	mon 6	tues 7	wed 8
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Fresh Produce



2/\$5 Hass Avocados
Product of Mexico.



549 Each Cantaloupe Melons
Product of Guatemala.



249lb 5.49/kg
Bartlett Pears
Product of U.S.A.



129 Each Bunch Green Onions
Product of Mexico.



299 Each Celery Stalks
Product of U.S.A.



149lb 3.28/kg Red or White Onions
Product of Canada/U.S.A.



2/\$5 Carrots or Yellow Onions
Product of Canada. 3 lb/1.36 kg.



249lb 5.49/kg Zucchini Squash or Eggplant
Product of Mexico.



599 Each Compliments Russet Potatoes
Product of Canada. 10 lb/4.54 kg.



349lb 7.69/kg Red, Yellow and Orange Bell Peppers
Product of Mexico.



699 Each Mann's Sugar Snap Peas
Product of U.S.A. 425 g.

Deli



499 Each Compliments Luncheon Meat
Select Varieties. 175 g.



599 Each Castello Sliced Cheese
Select Varieties. 125 - 200 g.



249 100 g Compliments Roast Turkey Breast
Or Smoked. Sliced or Shaved.



699 Each Mastro Salami
Select Varieties. 125 - 150 g.



Fresh Meat*



1²⁹ Harvest Bulk Wieners
100 g



8⁹⁹ Fresh Lean Stewing Beef
19.82/kg
Cut From Canada AA or Higher.



7⁹⁹ lb
17.61/kg
Beef Inside Round Roast
Boneless. Cut From Canada AA or Higher.



5⁴⁹ Compliments Extra Lean Ground Turkey
450 g.
Each



3⁴⁹ Fresh Chicken Drumsticks
7.69/kg



3⁹⁹ Fresh Pork Shoulder Blade Roast
8.80/kg
Bone In.



5⁴⁹ Compliments Lean Ground Pork
454 g.
Each

Packaged Meat



4⁹⁹ Johnsonville Smoked Sausages
375 g.
Select Varieties. Each



2⁷⁹ Schneiders Grab 'N Snack Kit
45 - 48 g.
Select Varieties. Each



5⁹⁹ Each
Maple Leaf Bacon
Select Varieties. 375 g.
Ready Crisp 65 - 85 g.



5⁹⁹ Harvest Sliced Bologna
375 g.
Regular or All Beef. Each



9⁴⁹ Harvest Wieners
675 g.
Or Polish Sausage. Select Varieties. Each



6⁷⁹ Schneiders Sausage Rings
300 g.
Select Varieties. Each



7⁹⁹ Lou's Kitchen Slow Roasted Meats
400 g.
Select Varieties. Each



10⁹⁹ Freybe Dry Pepperoni Sticks
500 g.
Select Varieties. Each



5⁹⁹ Olivieri Gnocchi Skillet Entrees
280 - 350 g.
Select Varieties. Each



2⁴⁹ 100 g
Harvest Salami
Sliced.

*Excludes Mountain Creek Farms Beef and Pork Products

This symbol denotes Plus deposit and/or environmental levies where applicable.

Chilled & Frozen



6⁴⁹ Danone Activia Yogourt
Select Varieties. 8 x 100 g.



4⁹⁹ Kraft Philadelphia Dips
Select Varieties. 340 g.



6⁴⁹ Compliments Butter
Salted. 454 g.



4⁹⁹
Tropicana
Juice Blends or
Pure Life Iced Tea
Or Apple Juice.
Select Varieties. 1.75 Litre.
Excluding Orange Juice. 🌱



5⁹⁹ Oasis Orange Juice
or Smoothies
Select Varieties.
1.5 - 1.6 Litre. 🌱



3⁹⁹ Compliments
Cottage Cheese
Select Varieties. 500 g.



3⁹⁹ Liberté Mediterranean Yogourt
Or Greek Yogourt 4 x 100 g.
Crunch 2 x 130 g. Select Varieties.
Mediterranean 500 g.



4⁹⁹ Black Diamond
Cheese Strings
Select Varieties. 168 g.



4⁹⁹ Silk Beverages
Or Creamer 890 mL.
Select Varieties.
1.75 - 1.89 Litre. 🌱



2⁹⁹ Compliments
Margarine
68% Vegetable Oil. 427 g.



2⁴⁹ Cavendish Farms
Hashbrown Patties
Select Varieties. 600 g. Frozen.



2⁹⁹ Michelin's
Grande Entrees
Select Varieties. 454 g.
Frozen.



20⁹⁹
Pillsbury Pizza Pops
Select Varieties. 2.85 kg. Frozen.



4⁴⁹ McCain Superfries
Straight Cut. 1.5 kg. Frozen.



7⁹⁹ Best Buy Vegetables
Select Varieties. 2 kg. Frozen.



3⁹⁹ Dr. Oetker Giuseppe
Panini
Select Varieties. 250 g.
Momenti Pizza or Garlic Fingers
170 - 317 g. Frozen.



6⁹⁹
Chapman's
Premium
Ice Cream
or Sorbet
Or Frozen Yogourt.
Select Varieties. 2 Litre.
Novelties 275 - 1440 mL.
No Sugar Added 1 Litre.
Frozen.

Meat & Seafood



13⁹⁹ Cardinal Roadhouse
Angus Burgers
1.02 kg. Frozen.



12²⁹ Compliments
Breaded Chicken
Select Varieties.
1.47 - 1.5 kg. Frozen.



9⁹⁹ Compliments Meat Pies
Select Varieties. 750 g. Frozen.



8⁹⁹ High Liner Family
Favorites Fish
Select Varieties.
500 - 700 g. Frozen.



6⁴⁹ Compliments Naturally
Simple Fish Loins
Cod, Haddock or Salmon.
227 g. Frozen.

Grocery



2⁹⁹ Quaker Yogourt Granola Bars
Select Varieties. 175 g.



2²⁹ Compliments Granola Bars
Select Varieties. 156 - 192 g.



11⁹⁹ Quaker Chewy or Dipps Granola Bars
Select Varieties. 935 - 960 g.



1⁹⁹
Hunt's Snack Packs
Pudding or Juicy Gels.
Select Varieties.
368 - 396 g.



3⁹⁹ Clover Leaf Tuna Salad In Olive Oil
Select Varieties. 160 g.



2/\$6 Clover Leaf Albacore Tuna
Select Varieties. 170 g.



2/\$5 Maple Leaf Vienna Sausage
113 g.



2/\$7 Maple Leaf Flakes
Of Ham, Chicken or Turkey.
Select Varieties. 156 g.
Excluding White Chicken.



2/\$7 Holiday Luncheon Meat
340 g.



2⁹⁹ Barilla Pasta
Select Varieties. 410 g.



2⁴⁹ Compliments Pasta Sauce
Select Varieties. 680 mL.



3/\$10 Ben's Original Bistro Express
Select Varieties.
240 - 250 g.



1⁹⁹ Chef Boyardee Pasta
Select Varieties. 418 - 425 g.



2⁴⁹ Compliments Coating Mix
Select Varieties. 142 g.



2²⁹ Aylmer Tomatoes
Select Varieties. 398 - 796 mL.



1⁷⁹ Compliments Beans Or Lentils and Chickpeas.
Select Varieties. 540 mL.



3⁹⁹ Compliments Mammoth Olives
Select Varieties. 500 mL.



3⁴⁹ Compliments Pickles
Select Varieties. 1 Litre.



1⁷⁹ Compliments Refried Beans
Select Varieties. 398 mL.



3⁹⁹ VH Sauces
Select Varieties.
341 - 355 mL.



4⁴⁹ Compliments Ketchup
Squeeze Bottle.
750 mL - 1 Litre.



2⁹⁹ Compliments Salad Dressing
Select Varieties. 475 mL.



3⁴⁹ Allen's Vinegar
White or Pickling. 4 Litre.



10⁹⁹ Compliments Canola Oil
100% Pure. 3 Litre.

Beverages & Snacks



3⁷⁹ Nestle Pure Life Spring Water
Select Varieties.
12 x 500 mL. 🌱



2/\$5 Glaceau Vitamin Water
Select Varieties.
591 mL. 🌱



6⁹⁹ Gatorade
Select Varieties.
6 x 591 mL. 🌱



2/\$5 Monster, Full Throttle, NOS or Reign Energy Drinks
Select Varieties. 473 mL. 🌱



7⁷⁹ Pepsi 12 Pack Soft Drinks
Select Varieties.
12 x 355 mL. 🌱



2/\$9 Popcorners
Select Varieties. 142 g.



2/\$8⁵⁰ Smartfood Popcorn
Select Varieties.
150 - 200 g.



2/\$7 Old Dutch Restaurant Tortilla Chips
Select Varieties. 230 - 295 g.
Arriba 235 - 245 g.
Dutch Crunch 200 g.



2/\$7 Old Dutch Potato Chips
Select Varieties.
235 g. Ridgies 200 g.



2/\$8⁵⁰ Ruffles Potato Chips
Select Varieties.
180 - 200 g.



4⁹⁹ Compliments Pretzel Sticks
908 g.



2/\$7 Compliments Popcorn
Select Varieties.
190 - 250 g.



2/\$7 Dare Wagon Wheels or Bear Paws
Or Viva Puffs 300 g. Select Varieties.
Wagon Wheels 315 - 360 g. Bear Paws
168 - 240 g. Simple Pleasures 310 g.



1⁹⁹ Compliments Rice Crackers
Select Varieties. 100 g.



3⁴⁹ Compliments Soda Crackers
Salted or Unsalted. 450 g.



1⁹⁹ Compliments Candy
Select Varieties. 125 - 175 g.



2/\$4⁵⁰ Cadbury King Chocolate Bars
Select Varieties.
66 - 90 g.



2⁷⁹ Mike & Ike Box Candy
Select Varieties. 120 g.



3⁹⁹ Russell Stover No Sugar Added Chocolates
Select Varieties. 85 g.



2/\$10 Wrigley's Gum
Excel or Juicy Fruit.
Select Varieties. 40's - 60's.
Excel or Juicy Fruit Gum 3 Pack.

Household & Pet



7⁹⁹ Compliments Satiny Soft Bathroom Tissue
12 Double Roll. 242 Sheets.



1⁹⁹ Compliments Facial Tissue
3 Ply 88's. 2 Ply 126's.
Each.



6⁹⁹ Arm & Hammer Laundry Detergent
Select Varieties.
Liquid 1.42 - 1.63 Litre.



4⁹⁹ Old Spice or Secret Deodorant
Select Varieties. Old Spice
85 - 96 g. Secret 45 - 73 g.



6⁹⁹ Colgate Toothpaste, Brushes or Mouthwash
Select Varieties. Toothpaste
70 - 300 mL. Brushes Each.
Mouthwash 1 Litre.

Bakery



6⁴⁹ Compliments
Loaf Cakes
Select Varieties.
344 - 400 g.



5⁹⁹ Portofino Buns
Select Varieties. 6's.
395 - 540 g.



1⁶⁹ Grandmother's Bake Shoppe
Butter Tarts
Raisin or Pecan. 120 g.



3⁹⁹
Byblos Bagels
Select Varieties. 400 g.



7⁹⁹ Tasty Selections
Bundt Cakes
Select Varieties. 500 g.



5⁹⁹ Compliments Two Bite Bakery Treats
Select Varieties. Brownies, Macaroons or
Cinnamon Rolls. 300 - 370 g.



3⁴⁹ Compliments Mini Donuts
Powdered 155 g. Old Fashioned Glazed
250 g.



3²⁹ Natural Bakery Canadian Rye Bread
500 g.

Breakfast



16⁹⁹ Nabob Coffee
Select Varieties.
915 - 930 g.



15⁹⁹ Compliments
K-Cup Coffee
Select Varieties. 30's.



5⁹⁹ Compliments
Instant Coffee
Regular 200 g.
Decaffeinated 100 g.



6⁴⁹
McCain
Potato Patties
Frozen. 1.3 kg.



2/\$6 Compliments
Pancake Mix
Or Syrup 750 mL.
Select Varieties.
Pancake Mix 905 g.



3⁷⁹ Quaker Instant Oatmeal
High Protein or High Fibre.
Select Varieties. 168 - 344 g.



6⁴⁹ Quaker Instant
Oatmeal
Select Varieties. 504 - 774 g.



11⁴⁹ Quaker
Harvest Crunch
1.4 kg.



4⁹⁹ Beemaid Honey Bear
Liquid. 375 g.



4/\$7 Pedigree Cesar
Dog Food
Select Varieties. 100 g.



2/\$7 Purina Beggin Strips
170 g.



5⁴⁹ Pedigree Dentastix
Select Varieties. 237 - 292 g.



3/\$4 Purina Fancy Feast
Cat Food
Select Varieties. 85 g.



1²⁵ Friskies Cat Food
Select Varieties. 156 g.

Meal Inspiration & Savings From our Family to Yours



Fresh Meat

3.49 lb
7.69/kg

**Fresh Pork
Rib Roast
or Chops**
Bone In.



Fresh Produce

2/\$4

**Compliments
Garden or
Coleslaw Salad**
Product of U.S.A.
340 - 397 g.



2/\$9 **Johnsonville Sausages**
Select Varieties. 500 g.



3/\$9 **Schneiders Lunchmate
Stackers and Kits**
Select Varieties. 90 - 120 g.



4.49 **Compliments Frozen Fruit**
Select Varieties. 300 - 600 g.



5.49 **Compliments Cheese**
Select Varieties. Blocks 400 g. Shredded 226 - 320 g.



4.99 **General Mills Cereal**
Select Varieties. 297 - 437 g.



4.29 **Vachon Snack Cakes**
Select Varieties. 281 - 336 g.

Open Sundays in select locations only. familyfoods.ca

British Columbia Huckleberry Mountain Market, Christina Lake • McMynn's Family Foods, Midway **Alberta** Breton Family Foods, Breton • Castor Family Foods, Castor • Consort Family Foods, Consort • Coronation Family Foods, Coronation • Hanna Family Foods, Hanna Redcliff Family Foods, Redcliff • Rimbey Family Foods, Rimbey • Siksika Trail Market, Siksika • Trochu Family Foods, Trochu • Village Supermarket, Thorsby **Saskatchewan** Assiniboia Family Foods, Assiniboia • Carlyle Family Foods, Carlyle • Esterhazy Family Foods, Esterhazy Leader Family Foods, Leader • Redvers Family Foods, Redvers • Stoughton Meat Market & Family Foods, Stoughton • Wynyard Family Foods, Wynyard **Manitoba** Calderwood's Country Store, Dominion City and Tolstoi • Campbell's, Lac du Bonnet • Cornerview Family Foods, Snow Lake Cross Lake Family Foods, Cross Lake • Downtown Family Foods, Winnipeg • Lunder Family Foods, Lunder • MacGregor Family Foods, MacGregor • Midway Foods, Pine Falls • Norway House Family Foods, Norway House • Park's Family Foods, Pilot Mound • Peguis Family Foods, Peguis Plains Family Foods, Gilbert Plains • Portage La Prairie Supermarket, Portage La Prairie • Ray's Family Foods, Holland • Sam's Foods, Manitou • Spud City Food Mart, Carberry • St. Martin Family Foods, St. Martin • Thompson Family Foods, Thompson **Ontario** Atikokan Foodland, Atikokan • Cloverleaf Grocery, Emo

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