

food Basics \$

FLURRY



THIS WEEK ONLY 
88¢ /LB

AMBROSIA OR FUJI APPLES
 PRODUCT OF U.S.A.
 1.94/KG



THIS WEEK ONLY 
1.68 EACH

BLUEBERRIES
 PRODUCT OF PERU OR CHILE
 170 G



THIS WEEK ONLY 
2.98 EACH

SWEET ONIONS
 PRODUCT OF PERU, NO. 1 GRADE 3 LB BAG
 FRESH ATTITUDE SALADS OR KITS
 1.42 G

moi rewards

i redeem and save on what i buy most often

redeem **500** points = **\$4** in rewards



join today and save

Limit of one Moi Rewards Bonus offer per account per day. Certain conditions apply, see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.

i earn, redeem and save
GET READY TO SAVE! GREAT PRICES START ON THURSDAY

PRICES IN THIS FLYER AVAILABLE AT ALL BOLTON, WOODBRIDGE, SAULT STE. MARIE, 853 JANE ST., TORONTO, 900
 To view local store flyer, visit foodbasics.ca, where you can create a list of items to buy.

ALWAYS MORE FOR LESS

MEANS MORE WAYS TO SAVE



SELECTION ENGLISH MUFFINS 12'S
3.79 EACH



ALWAYS GREAT PRICE 
5.77 EACH

IRRÉSISTIBLES YOGURT 12 - 16'S
 SELECTED VARIETIES



ALWAYS GREAT PRICE 
4.44 EACH

IRRÉSISTIBLES ICE CREAM 1.5 L
 NOVELTIES 4 - 5'S
 SELECTED VARIETIES



ALWAYS GREAT PRICE 
6.99 EACH

SELECTION FULLY COOKED BREADED CHICKEN 800 G FROZEN SELECTED VARIETIES

food \$ ALWAYS MORE FOR LESS

FLURRY OF SAVINGS

THIS WEEK ONLY

5.98 EACH

HIGH LINER BREADED & BATTERED FISH FILLETS FAMILY PACK OR MARKET CUTS FISH FILLETS
227 - 700 G FROZEN SELECTED VARIETIES

EXTRA LEAN

THIS WEEK ONLY

4.88 /LB

FRESH EXTRA LEAN GROUND BEEF FAMILY PACK
10.76/KG

THIS WEEK ONLY

2.22 EACH

DEMPSTER'S BREAD
875 G SELECTED VARIETIES

THIS WEEK ONLY

1.98 EACH

NEVER EVER ANTIBIOTICS HUMANELY RAISED CRATE FREE
TOUJOURS SANS ANTIBIOTIQUES HUMAINEMENT ÉLEVÉS SANS CAGES

GREENFIELD NATURAL HAM & CHEESE TROUSSE JAMBON NATUREL

SCHNEIDERS LUNCHMATE OR ADULT KITS OR GREENFIELD KITS
74 - 120 G SELECTED VARIETIES

THIS WEEK ONLY

4.44 EACH

IRRESISTIBLE MUFFINS
600 G SELECTED VARIETIES

THIS WEEK ONLY

1.98 EACH

CHEEZ-IT CRACKERS 191 - 200 G

DARE COOKIES 168 - 315 G SELECTED VARIETIES

THIS WEEK ONLY

5.48 EACH

ACTIVIA YOGURT 12 X 100 G
OIKOS GREEK YOGURT 650 - 750 G SELECTED VARIETIES

THIS WEEK ONLY

1.68 EACH

PRIMO PASTA 500 - 900 G
SAUCE 480 ML
TOMATOES 796 ML
BEANS 540 ML
SELECTED VARIETIES

20 points

THIS WEEK ONLY

4.98 EACH

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
100 - 170 G SELECTED VARIETIES

1 L

THIS WEEK ONLY

13.98 EACH

BERTOLLI OLIVE OIL
750 ML - 1 L SELECTED VARIETIES

i earn, redeem and save with moi rewards
GET READY TO SAVE! GREAT PRICES START ON THURSDAY, JANUARY 2ND TO WEDNESDAY, JANUARY 8TH, 2025
PRICES IN THIS FLYER AVAILABLE AT ALL BOLTON, WOODBRIDGE, SAULT STE. MARIE, 853 JANE ST., TORONTO, 900 ALBION RD., ETOBICOKE, & 2200 JANE ST., NORTH YORK, ANCASTER, GRIMSBY, HAMILTON & NIAGARA FALLS LOCATIONS ONLY.
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

FLURRY OF SAVINGS

Black Diamond Old + Fort Cheddar Cheese 400 G

Black Diamond MARBLE-MARBRÉ Cheese 400 G

Galbani MOZZARELLA SHREDS 320 G

Galbani MOZZARELLA 500 G

SELECTED VARIETIES

LOCKED DOWN

4.88 EACH

\$

THIS WEEK ONLY

2.88 /LB

GRADE A DUCKS
FROZEN SELECTED VARIETIES
WHILE QUANTITIES LAST
6.35/KG

Tropicana JUICE 1.36 L

Pure Leaf ICED TEA 1.75 L

SELECTED VARIETIES

LOCKED DOWN

3.99 EACH

SMART ONES OR **IRRESISTIBLES MEALS** 230 - 320 G FROZEN SELECTED VARIETIES

CHEEMO PEROGIES 815 - 907 G

THIS WEEK ONLY

2.99 EACH

Enjoy! 8 PROTEIN ALMOND BEVERAGE 1.75 L

ASTRO ORIGINAL YOGURT 12 X 100 G

SELECTED VARIETIES

THIS WEEK ONLY

3.99 EACH

Post SHREDDIES CEREAL 440 G

CAP'N CRUNCH 350 G

SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH

Lactantia LACTOSE FREE MILK 2 L

PHILADELPHIA CREAM CHEESE PRODUCT OR DIPS 340 G

20 points

THIS WEEK ONLY

4.99 EACH

Black Diamond CHEESTRINGS OR CHEESE STICKS 252 - 336 G

25 points

THIS WEEK ONLY

5.99 EACH

COCA-COLA OR **PEPSI** SOFT DRINKS 6 X 710 ML

SELECTED VARIETIES

15 points

LOCKED DOWN

3.99 EACH

Tostitos CHIPS 150 - 295 G

Lay's POTATO CHIPS 150 - 295 G

Smartfood POPCORN 150 - 295 G

LOCKED DOWN

2.99 EACH

Charmin ULTRASOFT BATHROOM TISSUE 8 x 24.5

Bounty PAPER TOWEL 4 x 5.5

SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH

Tide LAUNDRY DETERGENT 94 - 100 LOADS, 3.9 L

Cascade DISHWASHER TABS 110 G

SELECTED VARIETIES

THIS WEEK ONLY

21.99 EACH

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

**We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt. available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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the
app-solute
best way
to save

only with
moi
rewards

DIGITAL DEAL

9.99
EACH

WITH COUPON

OCEAN
PRIME RAW
ARGENTINIAN
SHRIMP
11-15 CT*
454 G FROZEN
SELECTED VARIETIES



save
\$4

Download on the
App Store

CLICK TO DOWNLOAD

GET IT ON
Google Play

While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

**SHOP
ONLINE
FOR LESS**

**FREE
PICKUP
AT STORE**

**\$45
OFF**

\$15 OFF YOUR FIRST 3 ORDERS*

PROMO CODE:

HELLO1

HELLO2

HELLO3



*Conditions apply. Valid on orders of \$75 or more.



ALWAYS FRESH



ALWAYS GREAT PRICES



ALWAYS IN STOCK

ALWAYS Save Every Day



ALWAYS GREAT PRICE ✓

99¢
EACH

SELECTION SPARKLING WATER
1 L
SELECTED VARIETIES



LIFE SMART TORTILLA CHIPS
350 G
SELECTION SALSA
430 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.99
EACH



ALWAYS GREAT PRICE ✓

9.99
EACH

IRRESISTIBLES SHEPHERD'S PIE
800 G FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

3.27
EACH

SELECTION KETCHUP
750 ML - 1 L
SELECTED VARIETIES

PRODUCE



BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY 

1⁹⁸
EACH



Fresh Florida

RASPBERRIES OR BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE 150 - 170 G

STRAWBERRIES
PRODUCT OF U.S.A., NO. 1 GRADE 454 G

THIS WEEK ONLY 

3⁹⁸
EACH



ROMA TOMATOES
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE
4.37/KG

THIS WEEK ONLY 

1⁹⁸
/LB



Clementines
PRODUCT OF MOROCCO
2 LB BAG

LEMONS
PRODUCT OF U.S.A. OR SOUTH AFRICA
2 LB BAG

THIS WEEK ONLY 

3⁹⁸
EACH



WE LOVE LOCAL
Canada

WHITE, RUSSET, RED OR YELLOW POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
5 LB BAG

THIS WEEK ONLY 

3⁹⁸
EACH



WE LOVE LOCAL
Ontario

GREEN CABBAGE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
1.94/KG

THIS WEEK ONLY 

88¢
/LB



JUMBO ROMAINE HEARTS
3 PK

ANDY BOY

ROMAINE HEARTS
PRODUCT OF U.S.A.; PKG OF 3

SWEET ASSORTED PEPPERS
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE

THIS WEEK ONLY 

4⁸⁸
EACH



WE LOVE LOCAL
Canada

Nantego

NANTES CARROTS
PRODUCT OF CANADA
454 G

RADISHES
PRODUCT OF CANADA
454 G

THIS WEEK ONLY 

2/\$5



CANARY OR SANTA CLAUS MELONS
PRODUCT OF BRAZIL
2.82/KG

THIS WEEK ONLY 

1²⁸
/LB



AVOCADOS
PRODUCT OF MEXICO

KIWIS
PRODUCT OF GREECE
600 G

THIS WEEK ONLY 

3⁹⁸
EACH



LIMES

GOLDEN RIPE PINEAPPLES
PRODUCT OF COSTA RICA

LIMES
PRODUCT OF MEXICO
1 LB BAG

THIS WEEK ONLY 

2⁹⁸
EACH



EXTRA LARGE

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY 

3⁹⁸
/LB



RED MANGOS
PRODUCT OF BRAZIL,
PERU, OR ECUADOR

THIS WEEK ONLY 

1²⁵
EACH



Fresh Florida

GRAPEFRUITS
PRODUCT OF U.S.A.
3 LB BAG

THIS WEEK ONLY 

4⁸⁸
EACH



Yves
VEGGIE CUISINE

VEGGIE BOLOGNA
vegan - vegetarian
BOLOGNE VEGGIE

YVES-VEGGIE CUISINE SLICES OR ROUNDS
155 - 200 G

THIS WEEK ONLY 

3⁹⁹
EACH



Bolthouse Farms

BOLTHOUSE JUICES
PULP & PRESS ORGANIC JUICES

THIS WEEK ONLY 

4⁹⁸
EACH

FLORAL



5" MONEY TREE OR 6" SIGNATURE FOLIAGE
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY 

9⁹⁸
EACH



MIXED LARGE BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY 

\$12
EACH



DOZEN ROSES
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY 

12⁸⁸
EACH



5" PREMIUM ORCHIDS
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY 

14⁹⁸
EACH

MEAT



SELECTION BACON
375 G
SELECTED VARIETIES

THIS WEEK ONLY
4.49
EACH



SELECTION FRESH PORK SAUSAGES FAMILY PACK
HOT, MILD, HONEY GARLIC OR BREAKFAST
9.90/KG

THIS WEEK ONLY
4.49
/LB



SEASONED BONELESS SKINLESS CHICKEN BREAST
FROZEN SELECTED VARIETIES
8.36/KG

LOCKED DOWN
3.79
/LB



FRESH CHICKEN WHOLE WINGS
BAGGED INCLUDING ZABIHA HALAL
7.69/KG

THIS WEEK ONLY
3.49
/LB



RAINBOW TROUT FILLET FAMILY PACK
FRESH
24.23/KG

THIS WEEK ONLY
10.99
/LB



RACHEL'S ORIGINAL CORNED BEEF OR BEEF PASTRAMI
13.21/KG

THIS WEEK ONLY
5.99
/LB



THIS WEEK ONLY
2/\$5



25 points
THIS WEEK ONLY
5.99
EACH



THIS WEEK ONLY
8.99
EACH



THIS WEEK ONLY
9.99
EACH



THIS WEEK ONLY
7.99
EACH



THIS WEEK ONLY
8.99
EACH



THIS WEEK ONLY
6.99
EACH



THIS WEEK ONLY
10.99
EACH



THIS WEEK ONLY
5.99
EACH



THIS WEEK ONLY
7.99
EACH



LOCKED DOWN
8.99
EACH



THIS WEEK ONLY
15.99
EACH



THIS WEEK ONLY
5.99
EACH



THIS WEEK ONLY
5.99
EACH



THIS WEEK ONLY
7.99
EACH



THIS WEEK ONLY
14.99
EACH

MORE GREAT SAVINGS FOR LESS



GAY LEA NORDICA COTTAGE CHEESE 750 G SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



DOLE FRUIT CUPS 4'S SELECTED VARIETIES

LOCKED DOWN **2.99** EACH



BECEL MARGARINE 427 G SELECTED VARIETIES

LOCKED DOWN **4.49** EACH



MONSTER ENERGY DRINKS 488 - 473 ML SELECTED VARIETIES

LOCKED DOWN **2.49** EACH



JORDANS MUESLI OR MORNING CRISP CEREAL 400 G SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



TIM HORTONS COFFEE CAPSULES 48 SELECTED VARIETIES

LOCKED DOWN **30.99** EACH



CAMPBELL'S CONDENSED SOUP 204 ML SELECTED VARIETIES

LOCKED DOWN **2/\$4**



HERSHEY CHOCOLATE BARS 43 - 58 G SELECTED VARIETIES

LOCKED DOWN **99¢** EACH



PRINGLES POTATO CHIPS 48 - 56 G SELECTED VARIETIES

LOCKED DOWN **2.49** EACH



TIDE PODS 42'S DOWNY UNSTOPPABLES 515 G SELECTED VARIETIES

LOCKED DOWN **12.99** EACH

BAKERY



DEMPSTER'S BUNS 8'S SELECTED VARIETIES

THIS WEEK ONLY **2.49** EACH



DEMPSTER'S 7" OR TIA ROSA TORTILLAS 272 - 340 G
DEMPSTER'S BAGELS 375 - 510 G SELECTED VARIETIES

THIS WEEK ONLY **2.99** EACH



STONEMILL BREAD 454 - 600 G SELECTED VARIETIES

20 points
THIS WEEK ONLY **4.49** EACH



CARBONAUT BREAD 544 - 550 G SELECTED VARIETIES

THIS WEEK ONLY **7.99** EACH

LOCKED DOWN



LACTANTIA
LACTOSE FREE
MILK
4 L
SELECTED VARIETIES

LOCKED DOWN

9.99
EACH



MAXWELL
HOUSE
GROUND
COFFEE
864 - 900 G
SELECTED VARIETIES

LOCKED DOWN

9.99
EACH



PILLSBURY
PREPARED
DOUGH
340 - 468 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



TAKIS
TORTILLA CHIPS
280 G
SELECTED VARIETIES

LOCKED DOWN

2/6.50



JELL-O
JELLY POWDER
85 G
SELECTED VARIETIES

LOCKED DOWN

99¢
EACH



MAISON
PERRIER
SPARKLING
WATER
BEVERAGE
8 X 330 ML
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



MARS
CELLO
CANDY
165 - 193 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



CLOVER LEAF
ALBACORE
TUNA
170 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



NUTELLA
B-READY BARS
132 G
SELECTED VARIETIES

LOCKED DOWN

4.49



MICHELINA'S ENTRÉES
227 - 255 G FROZEN SELECTED VARIETIES

LOCKED DOWN

2/4.50



VOORTMAN
WAFER
COOKIES
300 G
SELECTED VARIETIES

LOCKED DOWN

2/\$5



HELLMANN'S
MAYONNAISE
445 ML

15
points

LOCKED DOWN

3.99
EACH



OCEAN SPRAY
SPARKLING
BEVERAGE
6 X 340 ML
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



MAZOLA
VEGETABLE,
CANOLA OR
CORN OIL
1.8 L
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



MILK-BONE
FLAVOUR
DOG SNACKS
800 - 900 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



PURINA
CAT
CHOW
2 KG
SELECTED VARIETIES

LOCKED DOWN

8.99
EACH



PURINA
ONE
DOG
FOOD
1.81 KG
SELECTED VARIETIES

LOCKED DOWN

11.49
EACH



PURINA
ONE
CAT
FOOD
1.45 - 1.81 KG
SELECTED VARIETIES

LOCKED DOWN

12.49
EACH

ALWAYS GREAT PRICE



ALWAYS GREAT PRICE 
3.97
EACH



ALWAYS GREAT PRICE 
3.97
EACH



SELECTION
SOFT
DRINKS OR
FLAVOURED
SPARKLING
WATER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.97
EACH



SELECTION
WHITE VINEGAR
4 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.27
EACH



SELECTION
PEANUTS
700 - 800 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.99
EACH



SELECTION OR
LIFE SMART
NATURALIA
PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



SELECTION OR
LIFE SMART
APPLE SNACKS
4" & 5"
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.49
EACH



SELECTION
CHOCOLATE CHIPS
835 - 925 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH



SELECTION
SOUP
284 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
LONG GRAIN
RICE OR
DRY BEANS
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.99
EACH



SELECTION
MAC &
CHEDDAR
200 - 225 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
PICKLES
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.29
EACH



SELECTION
EVAPORATED
MILK
354 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.77
EACH



IRRESISTIBLES
CARBONATED
SPRING WATER
9 & 1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



ALWAYS GREAT PRICE 
1.97
EACH



SELECTION
LAUNDRY
DETERGENT
1.62 - 1.8 L, 36 - 48 LOADS
FABRIC
SOFTENER
1.8 L, 48 LOADS
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.49
EACH



SELECTION
FACIAL
TISSUE
125
SELECTED VARIETIES

ALWAYS GREAT PRICE 
12.99
EACH



SELECTION
BATHROOM
TISSUE
30 x 100'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
19.99
EACH

EAT WELL FOR LESS



LIFE SMART
NATURALIA OMEGA-3
FREE RUN EGGS
12'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

5.99
EACH



SELECTION DELUXE
MIXED NUTS OR CASHEWS
1.13 KG
SELECTED VARIETIES



ALWAYS GREAT PRICE

19.99
EACH



SENSIBLE
PORTIONS
VEGGIE
SNACKS
142 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



G.H. CRETORS
POPCORN
213 G
SELECTED VARIETIES

LOCKED DOWN

4.29
EACH



LOCKED DOWN

2.99
EACH



SPLENDA
SWEETENER
200 / 275 G
SELECTED VARIETIES

LOCKED DOWN

10.99
EACH



RYVITA
CRACKERS
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



PAM
COOKING
SPRAY
141 / 370 G
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



LOCKED DOWN

2.99
EACH



LIFE SMART
ORGANIC
BEANS
398 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.99
EACH



BEN'S ORIGINAL
WHOLE GRAIN
BROWN RICE
2.2 KG
SELECTED VARIETIES

LOCKED DOWN

7.99
EACH



SELECTION
APPLE CIDER
VINEGAR
1 L
ALWAYS GREAT PRICE

1.79
EACH



DAIYA
GLUTEN FREE
CHEESES
170 / 227 G
SELECTED VARIETIES

THIS WEEK ONLY

4.98
EACH



Greenhouse
ORGANIC
Ginger+
Defence
WELLNESS SHOTS
FOR IMMUNITY

100 mg of Natural Caffeine

THIS WEEK ONLY

8.99
EACH



Greenhouse
ORGANIC
Smart+
Energy
WELLNESS SHOTS

100 mg of Natural Caffeine

THIS WEEK ONLY

8.99
EACH



LIFE SMART
NATURALIA
FISH FILLETS
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH



BFREE TORTILLAS
168 / 252 G
SELECTED VARIETIES

THIS WEEK ONLY

6.99
EACH



THIS WEEK ONLY

6.99
EACH



MAPLE LEAF
NATURAL
SELECTIONS
SLICED
DELI MEAT
125 / 175 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH



GLUTEN FREE
SANS GLUTEN
BLANC EN
TRANCHES
LARGES

THIS WEEK ONLY

7.99
EACH



GLUTEN FREE
SANS GLUTEN
WHOLE GRAIN
WIDE SLICE

THIS WEEK ONLY

7.99
EACH

LITTLE NORTHERN
BAKEHOUSE
GLUTEN FREE
BREAD
320 / 567 G
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

ALL AISLES LEAD HOME

KITCHENS OF THE WORLD



ARTICHOKES
PRODUCT OF U.S.A.

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3/\$5



ROCHA PEARS
PRODUCT OF PORTUGAL
EXTRA FANCY GRADE
2.5 LB BAG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



OCEAN PRIME
WHOLE MACKEREL
1.81 KG
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
18.99
EACH



GALBANI MOZZARELLA BALL
227 G SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



MARC ANGELO
JUMBO PORK
SAUSAGES
375 - 675 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



REKO PIZZELLE
200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.49
EACH



LE VENEZIANE
GLUTEN
FREE PASTA
250 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.29
EACH



AURORA BOUILLON
CUBES OR
SEA SALT
66 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



PONTI BALSAMIC
VINEGAR OR GLAZE
200 / 500 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



AURORA TARALLI
300 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH

HAPPY LOHRI

HAPPY MAKAR SANKRANTI

HAPPY PONGAL



RED ONIONS
PRODUCT OF CANADA
CANADA NO. 1 GRADE
3.88
EACH



KHAAS
DAHI OR
PHOENICIA
YOGURT
650 / 750 G
SELECTED VARIETIES
2.49
EACH



NOOR, PARLIAMENT OR
ARJUN BASMATI RICE
3.63 - 4.54 KG SELECTED VARIETIES

7.99
EACH



PARLE-G,
LU OR EBM
COOKIES
84 / 300 G
SELECTED VARIETIES



99¢
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES
1.49
EACH



BRAR'S DESI GHEE
800 G
14.99
EACH



SURATI
VEGETABLES
340 G
FROZEN
SELECTED VARIETIES
1.49
EACH



NOOR
SUPREME
SELLA,
GOLD OR
BROWN
BASMATI
RICE
1.54 KG
SELECTED VARIETIES
10.99
EACH



CRISPY
PARA SNACK
300 / 360 G
SELECTED VARIETIES
2.99
EACH



PATAK'S OR KFI
COOKING SAUCES
375 / 400 ML
SELECTED VARIETIES
3.99
EACH



1.99
EACH



ROYAL DELIGHT
SAMOSAS OR
MAGGI SAUCE
400 / 500 G / 375 ML
SELECTED VARIETIES
3.49
EACH



NOOR DATES OR DIVYA TEA
800 G / 216'S
SELECTED VARIETIES

4.99
EACH



DIVYA
SPICES OR
PICKLE
CONDIMENTS
400 / 500 G
SELECTED VARIETIES

2.99
EACH



DIVYA
COOKING SAUCE,
TAMARIND OR
GINGER/GARLIC
PASTE
400 / 500 G / 375 ML
SELECTED VARIETIES
2.49
EACH



DESI-LICIOUS
KULFI
1 L
SELECTED VARIETIES
5.99
EACH



SHER
PURE
CANE
SUGAR
1.52 KG
SELECTED VARIETIES
8.99
EACH



DIVYA
KESAR MANGO
PULP OR BEST
NECTARS
850 G / 3 L
SELECTED VARIETIES



2.99
EACH

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



LOBOK (DAIKON)
PRODUCT OF U.S.A.
FLAT CABBAGE
PRODUCT OF CANADA
2.82/KG

128
/LB

TILAPIA
GUTTED AND READY TO COOK
FROZEN AND READY TO COOK
DÉGÉLÉ ET PRÊT À CUIRE
DÉGÉLÉ DÉPARTEMENT

THAI GOLD
連凍蝦
Frozen Shrimp
Crevettes Crues Congelées
Crevettes (Congelées - Shrimp - Crues)

1 kg (2.2 lb) 454 g - 400 g - 380 g

749
EACH

**NORTHERN KING WHOLE TILAPIA OR
THAI GOLD WHOLE RAW SHRIMP**
380 G - 1 KG FROZEN SELECTED VARIETIES

**Y&Y THAI HOM
MALI,
MILI OR
MEKONG
JASMINE RICE**
8 KG
SELECTED VARIETIES

15⁸⁸
EACH

**Y&Y OR
LUCKY KOI
CHOW MEIN
NOODLES,
NONGSHIM
BOWLS**
75 - 454 G
SELECTED VARIETIES

169
EACH

LUCKY KOI
Sriracha
Sauce
454 G

**TAO'S
KITCHEN**
POTSTICKERS
23 PIECES
454 G

KJ
華洪
Pork & Shrimp
Dumpling
三鮮水餃
Boulettes de Porc
et crevettes

299
EACH

**KJ DUMPLINGS, TAO'S KITCHEN
POTSTICKERS, LUCKY KOI SRIRACHA**
380 - 907 G, 455 ML SELECTED VARIETIES

Saporito
VEGETABLE,
CANOLA,
SUNFLOWER OR
CORN OIL
2.84 - 3 L
SELECTED VARIETIES

999
EACH

Grace
Corned Beef
Boeuf Sale
340 g

HEREFORD
CORNED BEEF
BOEUF SALE
340 G

SPAM

399
EACH

**HEREFORD OR GRACE CORNED BEEF,
SPAM LUNCHEON MEAT**
340 G SELECTED VARIETIES

Grace
COCK
SOUP
MAMA OR
OH RICEY
NOODLES,
GRACE
SOUPS OR
BOUILLON
13 - 70 G
SELECTED VARIETIES

88¢
EACH

Lay's
Hot 'n' Sweet Chili
Chips
185 G

299
EACH

Pocky
12
156 g

Sky Flakes
CRACKERS
POCKY STICK
COOKIES
164 - 800 G
SELECTED VARIETIES

499
EACH

NUTRAMENT
ENERGY
DRINK,
GRACE
CONDENSED
MILK,
CONDIMENTS
CASABLANCA
COCONUT
MILK POWDER
200 G, 325 ML,
350 G
SELECTED VARIETIES

349
EACH

Ovaltine
COOKIES OR
EXCELSIOR
CRACKERS
150 - 300 G
SELECTED VARIETIES

199
EACH

KIKKOMAN
Teriyaki
Marinade & Sauce

KIKKOMAN
Soy Sauce
Sauce Soja

HUY FONG
SRIRACHA
591 - 714 ML
SELECTED VARIETIES

588
EACH

**THAI
KITCHEN OR
AROY-D**
COCONUT
MILK
400 ML
SELECTED VARIETIES

299
EACH

Grace
COCONUT SUGAR
SUCRE DE NOIX DE COCO

Grace
Virgin
Coconut Oil
300 ML

699
EACH

RUBICON
DRINKS OR
LUCKY KOI
LYCHEES
567 ML, 1 L
SELECTED VARIETIES

249
EACH

Grace
OR
COOL
RUNNINGS
SODA,
CASABLANCA
BASIL
DRINKS
200 - 400 ML
SELECTED VARIETIES

129
EACH

KEWPIE
MAYONNAISE OR
LEE KUM KEE
SESAME OIL
200 - 400 ML
SELECTED VARIETIES

799
EACH

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



VH SAUCE
341 - 380 ML
SELECTED VARIETIES

288
EACH



1 KG

BILLY BEE HONEY
1 KG
SELECTED VARIETIES

999
EACH



BRUNSWICK, GOLD SEAL OR ADRIATIC QUEEN SARDINES
92 - 125 G
SELECTED VARIETIES

149
EACH



199
EACH

MAPLE LEAF FLAKED MEAT OR HOLIDAY LUNCHEON MEAT
156 - 340 G SELECTED VARIETIES



GRACE, CHAOKOH OR CASABLANCA COCONUT WATER, GRACE, MILI OR CASABLANCA COCONUT MILK
330 - 520 ML
SELECTED VARIETIES

149
EACH



LUCKY KOI OR Y&Y CHESTNUTS OR BAMBOO SHOOTS, GRACE MACKEREL OR SARDINES
155 G, 227 ML
SELECTED VARIETIES

99¢
EACH



Y&Y RICE STICKS OR EDAMAME, MAE PLOY CHILI SAUCE
454 G, 280 ML SELECTED VARIETIES

229
EACH



MAPLE LEAF OR GRACE VIENNA SAUSAGES
113 - 135 G
SELECTED VARIETIES



GRACE PLANTAIN CHIPS OR PEANUT PUNCH, POCKY BISCUIT STICKS
32 - 100 G, 240 ML
SELECTED VARIETIES

129
EACH



Y&Y SEA GREENS, NONGSHIM SNACKS OR MUNCHEE COOKIES
3 X 5 G, 45 - 200 G
SELECTED VARIETIES

168
EACH



GRACE OR MEKONG COFFEE WHITENER, Y&Y COCONUT MILK
257 - 400 ML
SELECTED VARIETIES



SAPPORO ICHIBAN OR LUCKY ME NOODLES
75 - 100 G
SELECTED VARIETIES

129
EACH



CASABLANCA BUTTER COOKIES OR OKF ALOE DRINKS
454 G, 1.5 L
SELECTED VARIETIES

399
EACH



INDOMIE NOODLES 5 X 80 - 5 X 95 G MARUKAN RICE VINEGAR
125 ML
SELECTED VARIETIES

349
EACH



ANN OR HAO TEA
25 - 100 G
SELECTED VARIETIES

499
EACH



AUTHENTIC ASIA MEALS, SOYBEAN PASTE OR KIKKOMAN LOW SODIUM SOYA SAUCE
258 - 500 G, 148 ML SELECTED VARIETIES

499
EACH



BLUE DRAGON SAUCE OR GLICO CURRY SAUCE
229 - 271 G, 270 - 310 ML
SELECTED VARIETIES

399
EACH



RIBENA BLACKCURRANT BEVERAGE
850 ML

899
EACH

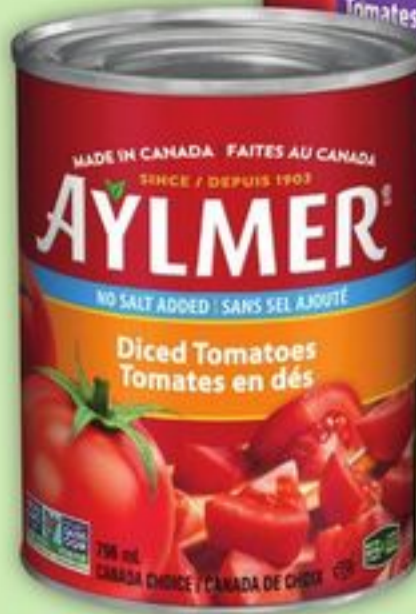


CONAGRA
• BRANDS •



CHEF BOYARDEE
CANNED MEAL
418 - 425 G
SELECTED VARIETIES

LOCKED DOWN
179
EACH



AYLMER CANNED TOMATOES
540 - 796 ML SELECTED VARIETIES

LOCKED DOWN
229
EACH



PAM
COOKING
SPRAY
141 - 179 G
SELECTED VARIETIES

LOCKED DOWN
499
EACH



ORVILLE
REDBENBACHER POPCORN
340 - 850 G SELECTED VARIETIES

LOCKED DOWN
499
EACH



HUNT'S
PASTA
SAUCE
680 ML
SELECTED VARIETIES

THIS WEEK ONLY
199
EACH



MARIE CALLENDER'S MEAL
680 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
849
EACH



BERTOLLI
FROZEN MEAL
524 G
SELECTED VARIETIES

LOCKED DOWN
1099
EACH



P.F. CHANG'S
MEALS
624 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
1099
EACH