FOOD LION

January 8 - January 14, 2025

Offers valid while supplies last.

Shop our *best deals* of the week

YOU SAVE $2.50 LB

HOT SALE! MVP

4.49 LB — USDA CHOICE

Beef
TOP ROUND LONDON BROIL

W/O MVP Card $6.99 LB

HOT SALE! MVP

2.99 LB

Sold In 3 Lb. Pkg. - Fresh
FOOD LION GROUND TURKEY

W/O MVP Card Regular Retail

HOT SALE! MVP

2.99 LB Limit 2

Pork
BABY BACK RIBS

W/O MVP Card $4.99 LB

HOT SALE! MVP

7.99 LB

Freshly Sliced
TASTE OF INSPIRATIONS TURKEY BREAST
IN THE DELI

W/O MVP Card $9.99 LB

YOU SAVE $1.98 ON 2

HOT SALE! MVP

2/$4

6 Oz. Pkg.
BLACKBERRIES

W/O MVP Card $2.99 EA

HOT SALE! MVP

69¢ EA

HASS AVOCADOS OR MANGOS

W/O MVP Card 99¢ EA

HOT SALE! MVP

2.99 EA

5 Lb. Bag
FOOD LION GOLD POTATOES

W/O MVP Card $5.99 EA

HOT SALE! MVP

99¢ EA

ICEBERG LETTUCE

W/O MVP Card $1.99 EA

HOT SALE! MVP

BOGO FREE

W/O MVP Card Buy One Get One Free Single Item Half Price

12 Pack 12 Oz. Cans Select Varieties
7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

6-10.75 Oz. Select Varieties
DORITOS TORTILLA CHIPS
LIMIT 4 FREE

HOT SALE! MVP

BOGO FREE

W/O MVP Card Buy One Get One Free Single Item Half Price

HOT SALE! MVP

BOGO FREE

W/O MVP Card Buy One Get One Free Single Item Half Price

9.20 Oz. Select Varieties
TASTYKAKE BAGGED DONUTS OR SNACKS

HOT SALE! MVP

BOGO FREE

W/O MVP Card Buy One Get One Free Single Item Half Price

6 Pack 16 Oz. Bottles Select Varieties
COKE PRODUCTS
LIMIT 4 FREE

HOT SALE! MVP

2/$6

W/O MVP Card $4.49 EA

10 Oz.
SABRA HUMMUS
IN THE DELI

18 Oz. Select Varieties
DUKE'S SQUEEZE MAYONNAISE

HOT SALE! MVP

3.99 EA

W/O MVP Card $4.99 EA

6-8 Oz. - Select Varieties
KRAFT CHUNK OR SHREDDED CHEESE

HOT SALE! MVP

2/$5

W/O MVP Card $3.88 EA

9.25-13 Oz. - Select Varieties
MARIE CALLENDER'S BOWLS OR HEALTHY CHOICE DINNERS

HOT SALE! MVP

2/$5

W/O MVP Card Regular Retail

HOT SALE! MVP

8.99 EA

W/O MVP Card $9.99 EA

16-28 Oz. Select Varieties
SEAPAK FROZEN SEAFOOD

14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA

HOT SALE! MVP

1.00 EA

W/O MVP Card $1.58 EA

4-6 Oz. Select Varieties
YOPLAIT YOGURT

MVP PRICED LOW EVERY DAY

10/$7

W/O MVP Card $9F EA

HOT SALE! MVP

4/$12

W/O MVP Card Regular Retail

8 Pack 16-16.9 Oz. Bottles Select Varieties
PEPSI PRODUCTS

MVP DIGITAL COUPON

load on app • web • in-store kiosk

HOT SALE! **14.99**

W/ MVP Card Regular Price

MVP Coupon **-3.00** QTY 1

11.99 EA

MVP 15.00% DISCOUNT SAVINGS

6 Double Plus Rolls Select Varieties
BOUNTY PAPER TOWELS

MVP DIGITAL COUPONS

load on app • web • in-store kiosk

HOT SALE! **2/$6**

W/ MVP Card Regular Price

MVP Coupon **-2.00** QTY 2

2/$4

MVP 33.33% DISCOUNT SAVINGS

8.6-13.1 Oz. Select Varieties
KELLOGG'S SPECIAL K CEREAL

HOT SALE! **9.99 EA**

W/ MVP Card Regular Price

MVP Coupon **-2.00** QTY 1

7.99 EA

MVP 19.99% DISCOUNT SAVINGS

18-31 Ct. Pods or 83 Oz. Liquid
TIDE

31 Ct. Filings or 88 Oz. Liquid
GAIN
Select Varieties

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

† ZDPH ZDSA ZMBA ZMBL ZMSA ZMWA ZMWK ZMWS ZPAL ZPHA ZPHI 01/08/25

January

earn rewards

when you buy any of your favorites from

Soda, Water, & Non-Refrigerated Juice and Condiments

SHOP&EARN MONTHLY REWARDS

Check Your Progress

Always guaranteed *100% fresh* or *double* your money back

See foodlion.com for details

HOTSALE! MVP 5.49 LB
Ground Fresh Daily
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail

HOTSALE! MVP 4.99 EA
12-16 Oz. Pkg. Select Varieties
HORMEL BACON
W/O MVP Card Regular Retail

HOTSALE! MVP 8.99 LB
W/O MVP Card Regular Retail
BONELESS BEEF SIRLOIN OR SIRLOIN STRIP STEAK
CHOICE

HOTSALE! MVP 9.99 EA
W/O MVP Card Regular Retail
Fresh - Select Varieties
SCHWEID & SONS GOURMET BURGERS

HOTSALE! MVP 6.99 LB
W/O MVP Card Regular Retail
Beef
CUBED STEAK
CHOICE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
22 Oz. Pkg. All Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! MVP 2.99 LB
W/O MVP Card Regular Retail
Assorted, Bone-In
PORK CHOPS

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
20-24 Oz. Pkg. Select Varieties
PERDUE FRESH CUTS CHICKEN BREAST CUTLETS OR DICED

HOTSALE! MVP 79¢ LB
W/O MVP Card Regular Retail
Sold in 10 Lb. Bag
FRESH CHICKEN LEG QUARTERS

Holiday break is over, back to school they go!

HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail
2.25-4.5 Oz. Pkg. Select Varieties
OSCAR MAYER BASIC LUNCHABLES

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 4.49 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 MFI
3.49 EA
7.9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
MVP TOTAL DISCOUNT SAVINGS MFI

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
14-15 Oz. Pkg. - Select Varieties
BALL PARK BEEF FRANKS

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
12 Oz. Pkg. - Select Varieties
HOLMES SMOKEHOUSE SAUSAGE

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
19 Oz. Pkg. - Select Varieties
CARANDO FRESH SAUSAGE

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
20-24 Oz. Pkg. - Select Varieties
RESER'S MAIN STREET BISTRO SIGNATURE SIDES

HOTSALE! MVP 9.79 EA
W/O MVP Card Regular Retail
24 Oz. - Fully Cooked and Sauced
TGI FRIDAYS BBQ BABY BACK RIBS

SUSTAINABLE SEAFOOD

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
12 Oz.
DOCKSIDE CLASSICS

HOTSALE! MVP 10.99 EA
W/O MVP Card Regular Retail
40 Oz. Pkg. - Frozen
FOOD LION SWAI

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail
10 Oz. Pkg. - Frozen
INLAND MARKET SEA SALT AND ROAST GARLIC MAHI

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
26-30 Ct., 16 Oz. Bag - Frozen
FOOD LION RAW OR COOKED SHRIMP

2 ZNCO ZDPH ZGAA ZGAA ZGAC ZGAF ZGAJ ZGCH ZGCR ZGCT ZGHW ZGIV ZGSA ZNSG ZNXA ZNXV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWA ZMWS ZNCA ZNCD ZNCE ZNCN ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNNX ZNNY ZNNQ ZNNN ZNNN ZNNR ZNNS ZNNT ZNNW ZNNW ZNNW ZNNW ZNNW ZNNW ZNNY ZPNL ZPNN ZPNN ZQAG ZQAJ ZQCH ZQCL ZQCQ ZQCT ZDFE ZDFL ZDFR ZGGL ZGGN ZGGA ZGGH ZGGV ZTCA ZTCH ZTNN ZTNA ZTNV ZTTR ZVBL ZVCH ZVGC ZVHA ZVHK ZVNQ ZVNR ZVNA ZVNC ZVNG ZVNN ZVNS ZVNT ZVNV ZVNX ZVNY ZVNZ ZVNT ZVNX ZVNB ZVNL ZNCA ZNCL ZNWA ZNWB (x3&6)

Holiday break is over, back to school they go!

HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail
2.25-4.5 Oz. Pkg. Select Varieties
OSCAR MAYER BASIC LUNCHABLES

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 4.49 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 MFI
3.49 EA
7.9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
MVP TOTAL DISCOUNT SAVINGS MFI

Coupons your budget will love
New offers added weekly!
FOOD LION
SAVE $1.00
SAVE $2.00
VIEW COUPONS

DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $8.99 EA
Single Item Half Price
6 Oz. - Fortina or Mozzarella
BELGIOIOSO SNACKING CHEESE

HOTSALE! BOGO FREE
W/O MVP Card $2.49 EA
Single Item Half Price
4 Ct.
KING'S HAWAIIAN ORIGINAL SWEET ROLLS

HOTSALE! BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price
4 Ct.
CINNAMON ROLL DONUTS

Save on easy meal and snacking solutions!

Available in our Deli & Bakery

HOTSALE! 4.99 LB
W/O MVP Card $5.99 EA.
6 Oz.
Select Varieties
NEGRONI ITALIAN CHUBS

HOTSALE! 2.99 EA
W/O MVP Card $3.99 EA.
7 Oz.
SABRA CLASSIC GUACAMOLE

HOTSALE! 5.99 LB
W/O MVP Card $6.99 EA.
11.8-12.7 Oz.
UNO FLATBREAD PIZZA

HOTSALE! 2.99 EA
W/O MVP Card $3.99 EA.
8 Oz.
TASTE OF INSPIRATIONS CHEESE CUBES

HOTSALE! 3.99 LB
W/O MVP Card $4.49 EA.
6 Ct.
BOLILLO ROLLS

HOTSALE! 3.99 LB
W/O MVP Card $4.99 EA.
4 Ct.
MUFFINS

HOTSALE! $5 LB
W/O MVP Card $6.99 EA.
20 Ct.
Made Hot In-Store
CHICKEN NUGGETS

HOTSALE! $5 EA
W/O MVP Card $6.99 EA.
12 Oz.
PANERA MAC & CHEESE

OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

Switch to Our Brands and save. FOOD LION · Nature's Promise · taste of Inspirations

BUY ONE OF THESE

HOTSALE! 7.99 LB
W/O MVP Card Regular Retail
10 Oz. Pkg.
NATURE'S PROMISE ATLANTIC SALMON PORTIONS

& GET THIS FREE

12 Oz.
FOOD LION ASPARAGUS

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

10 Oz.
TASTE OF INSPIRATIONS HUMMUS IN THE DELI

HOTSALE! 2.99 EA
W/O MVP Card $3.49 EA.

& GET THIS FREE

12 Oz.
FOOD LION SUPREME BABY CUT CARROTS

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

24 Oz.
Select Varieties
FOOD LION DRESSING

3.39 LB

& GET THIS FREE

5 Oz.
Select Varieties
FOOD LION CROUTONS

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

12 Oz.
NATURE'S PROMISE ORGANIC GRANOLA

HOTSALE! 3.99 LB
W/O MVP Card $4.49 EA.

& GET THIS FREE

32 Oz.
Select Varieties
FOOD LION YOGURT

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

8.3 Oz.
TASTE OF INSPIRATIONS MAPLE SYRUP

HOTSALE! 6.99 EA
W/O MVP Card $7.49 EA

& GET THIS FREE

32 Oz.
NATURE'S PROMISE ORGANIC PANCAKE MIX

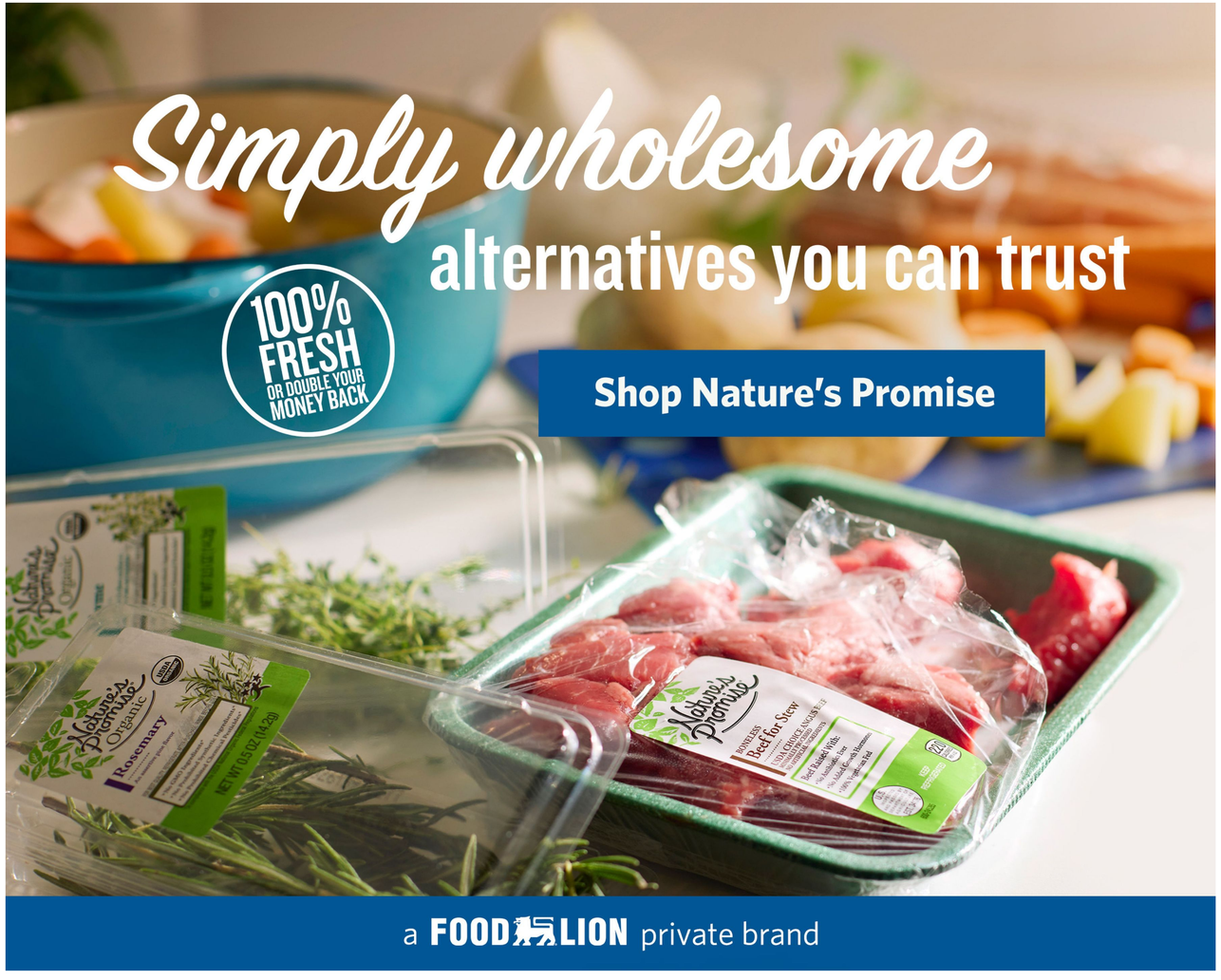
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

Here with a new month of personalized *rewards*

MVP SHOP&EARN MONTHLY REWARDS

Activate your January offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

3 ZNCO ZOPH ZOSA ZOAH ZOAL ZOAT ZOAG ZOCH ZOCR ZOCT ZGHW ZGRY ZOSA ZNBG ZNHA ZNXV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGG ZNGV ZNHP ZNHF ZNNL ZNNO ZNTT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSPL ZSPY ZSSL ZSSV ZSSA ZSSY ZTCA ZTCH ZTKN ZTNA ZTNU ZTTR ZVBL ZVCA ZVDC ZVHA ZVNK ZVNG ZVNN ZVNU ZVPG ZVPL ZVPN ZVRG ZVTI ZVTR ZVWA ZVWK ZVWR ZVWS ZVWT ZVWA ZWBL ZWCA ZWCL ZWWA ZWWS 0108DS


Simply wholesome
alternatives you can trust
100% FRESH OR DOUBLE YOUR MONEY BACK
Shop Nature's Promise
Nature's Promise Organic
Rosemary
Nature's Promise
Beef for Stew
a FOOD LION private brand

Sensible options
for you and your wallet

12 Oz. Pkg.
Select Varieties
GOODSHALL'S TURKEY BACON
NEW ITEM
HOTSALE!
MVP 3.99 EA
W/O MVP Card Regular Retail

14 Oz. Pkg.
Frozen
IMPOSSIBLE MEATBALLS
HOTSALE!
MVP 5.99 EA
W/O MVP Card Regular Retail

5 Oz.
Select Varieties
SENSIBLE PORTIONS VEGGIE CHIPS
HOTSALE!
MVP 2/$5
W/O MVP Card $3.69 EA

32 Oz.
Select Varieties
DANNON TRADITIONAL OR ACTIVIA YOGURT
HOTSALE!
MVP 2/$6
W/O MVP Card Regular Retail

6 Ct.
32 Oz. Pkg.
Frozen
BUTTERBALL TURKEY BURGERS
HOTSALE!
MVP 9.99 EA
W/O MVP Card Regular Retail

12 Oz.
Select Varieties
POPPI PREBIOTIC SODA
HOTSALE!
MVP 2/$4
W/O MVP Card $2.29 EA

PRICED LOW EVERY DAY

16 Oz.
Select Varieties
PACE SALSA OR PICANTE SAUCE
2.89 EA MVP
W/O MVP Card $3.18 EA

12-14 Oz.
Select Varieties
FRENCH'S MUSTARD
MVP 2/$4
W/O MVP Card $2.48 EA

MVP HOTSALE!

18 Ct.
Select Varieties
FRITO LAY VARIETY PACK
8.99 EA MVP
W/O MVP Card $13.69 EA

MVP 2/$5
6 Pack
Select Varieties
MOTT'S APPLESAUCE CUPS
W/O MVP Card $2.99 EA

16 Oz.
Select Varieties
POMPEIAN EXTRA VIRGIN OLIVE OIL
MVP PRICED LOW EVERY DAY
8.19 EA
W/O MVP Card $9.99 EA

10 Pack
Select Varieties
LANCE CRACKERS
MVP PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.89 EA

1.99 EA
16 Oz.
Select Varieties
FOOD LION SALTINE CRACKERS

24 Oz.
Select Varieties
MAJESTIC PICKLERY
HOTSALE!
MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

4.4-1 Oz.
Select Varieties
IDAHOAN INSTANT POTATOES
MVP PRICED LOW EVERY DAY
2/$3
W/O MVP Card $1.88 EA

20 Oz.
NATURE'S OWN BUTTERBREAD
MVP PRICED LOW EVERY DAY
3.69 EA
W/O MVP Card $4.29 EA

15.25 Oz.
Select Varieties
DUNCAN HINES CAKE MIX
HOTSALE!
MVP 2/$3
W/O MVP Card $1.79 EA

100 Ct.
SPLENDA STEVIA SWEETENER PACKETS
HOTSALE!
MVP 4.59 EA
W/O MVP Card $5.99 EA

8 Pack
Select Varieties
WONDER CLASSIC HOT DOG OR HAMBURGER BUNS
MVP PRICED LOW EVERY DAY
3.29 EA
W/O MVP Card $3.59 EA

4.6 Oz.
Select Varieties
ARMOUR VIENNA SAUSAGE
MVP PRICED LOW EVERY DAY
90¢ EA
W/O MVP Card $1.18 EA

6 Oz.
Select Varieties
TEXAS PETE HOT SAUCE
HOTSALE!
MVP 2/$3
W/O MVP Card $1.99 EA

17.5-18 Oz.
Select Varieties
KRAFT BARBECUE SAUCE
HOTSALE!
MVP 1.79 EA
W/O MVP Card $2.48 EA

MVP PRICED LOW EVERY DAY
4.49 EA
W/O MVP Card $5.49 EA

17.98-19.74 Oz.
Select Varieties
ORVILLE REDENBACHER'S GOURMET POPCORN

15 Oz.
Select Varieties
KIKKOMAN SOY SAUCE
HOTSALE!
MVP 3.39 EA
W/O MVP Card Regular Retail

20.8 Oz.
Select Varieties
PANDA EXPRESS SAUCE
HOTSALE!
MVP 3.99 EA
W/O MVP Card Regular Retail

9.9 Oz.
Select Varieties
TAKIS
HOTSALE!
MVP 2/$7
W/O MVP Card $4.89 EA

HOTSALE!
MVP 4.99 EA
W/O MVP Card $5.69 EA

12.1-12.4 Oz.
Select Varieties
KELLOGG'S RICE KRISPIES TREATS

4.5 Oz.
Select Varieties
SIETE COOKIES
HOTSALE!
MVP 3.49 EA
W/O MVP Card $4.49 EA

HOTSALE!
MVP 2/$3
W/O MVP Card $2.48 EA

5 Oz
Select Varieties
BUMBLE BEE SOLID WHITE TUNA

14-16 Oz.
Select Varieties
BLUE DIAMOND ALMONDS
HOTSALE!
MVP 6.99 EA
W/O MVP Card $9.99 EA

4 DNCO ZDPH ZDSA ZGAI ZGJF ZGKJ ZGCH ZGCR ZGCT ZGHK ZGRY ZGSA ZKBQ ZKKA ZKNV ZMBA ZMBL ZMBN ZMBT ZMSA ZMWA ZMWK ZMXG ZNCA ZNCD ZNCE ZNCN ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNMB ZNNF ZNNL ZNNO ZNNW ZNRG ZNRN ZNRK ZNRL ZNRR ZNRT ZNRX ZNSN ZNSL ZNWB ZNWK ZNWT ZPNL ZPNA ZPNK ZSAG ZSAI ZSAN ZSCL ZSCG ZSCT ZSFR ZSFL ZSFY ZSGB ZSGL ZSGX ZSGA ZSGN ZSGY ZTCA ZTCH ZTNN ZTNK ZTNT ZTTB ZVBL ZVCH ZVDC ZVNA ZVNK ZVNQ ZVNR ZVNA ZVNL ZVNS ZVNT ZVTG ZVTL ZVTN ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWHN ZWNB (continued)

Simply wholesome alternatives you can trust

Nature's Promise
A FOOD LION private brand

DOUBLE YOUR MONEY BACK GUARANTEE

12 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC DRESSING
HOT SALE! WAS 3.49
2.99 EA
W/O MVP Card $3.29 EA
USDA ORGANIC

4.5 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC CROUTONS
HOT SALE! WAS 3.49
2/$5
W/O MVP Card $2.79 EA
USDA ORGANIC

16 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC HONEY
PRICED LOW EVERY DAY
6.29 EA
USDA ORGANIC

18 Oz.
NATURE'S PROMISE ORGANIC OLD-FASHIONED OATMEAL
HOT SALE! WAS 4.29
3.29 EA
W/O MVP Card $3.09 EA
USDA ORGANIC

10 Ct. Single Serve Cups or 12 Oz. Bag
Select Varieties
NATURE'S PROMISE COFFEE
HOT SALE! WAS 6.49
5.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

12 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC MUSTARD
PRICED LOW EVERY DAY
2.38 EA
USDA ORGANIC

BEVERAGE CENTER

64 Oz.
Select Varieties
MOTT'S JUICE
HOT SALE! WAS 5.49
2/$5
W/O MVP Card $4.29 EA

28 Oz.
Select Varieties
POWERADE
HOT SALE! WAS 1.79
5/$5
W/O MVP Card $1.39 EA

HOT SALE! WAS 4.29
BOGO FREE
W/O MVP Card $3.29 EA
Single Item Half Price
8 Pack - 4.23 Oz.
Select Varieties
JUICY JUICE

16 Oz. Bottle
Select Varieties
SNAPPLE
HOT SALE! WAS 1.49
5/$5
W/O MVP Card $1.49 EA

2.5 Liter
ETERNAL ALKALINE WATER
HOT SALE! WAS 4.49
3.49 EA
W/O MVP Card $3.99 EA

15 Oz. Can
Ready To Drink
Select Varieties
BLACK RIFLE COFFEE
HOT SALE! WAS 3.49
2/$6
W/O MVP Card $2.49 EA

HOT SALE! WAS 7.49
6.99 EA
W/O MVP Card Regular Retail
12 Pack - 12 Oz. Cans
Select Varieties
PEPSI PRODUCTS

2 Liter
Select Varieties
FOOD LION COLA
PRICED LOW EVERY DAY
1.19 EA

6 Pack
Select Varieties
IZZE SPARKLING JUICE BEVERAGE
HOT SALE! WAS 5.49
4.99 EA
W/O MVP Card $779 EA

128 Oz.
Select Varieties
HAWAIIAN PUNCH
HOT SALE! WAS 3.49
2/$5
W/O MVP Card $3.68 EA

1 Gallon
FOOD LION DISTILLED WATER
1.49 EA

Our BRANDS

DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

FOOD LION · COMPANION · Nature's Promise · Inspirations · CARE one

Slow cooker essentials for less

HOT SALE! WAS 8.49
7.49 LB
W/O MVP Card Regular Retail
NATURE'S PROMISE BEEF STEW MEAT

HOT SALE! WAS 1.19
89¢ LB
W/O MVP Card $1.19 LB
Bulk or Tote Bag
RUSSET POTATOES

3.4 Oz.
Select Varieties
FOOD LION BOUILLON CUBES
HOT SALE! WAS 2.19
1.79 EA
W/O MVP Card $1.99 EA

HOT SALE! WAS 1.19
99¢ EA
W/O MVP Card $1.19 EA
16 Oz.
Select Varieties
FOOD LION LONG GRAIN RICE

32 Oz.
Select Varieties
FOOD LION BROTH
1.69 EA

HOT SALE! WAS 1.19
89¢ LB
W/O MVP Card $1.19 LB
Bulk
YELLOW ONIONS

HYDRATE
RECOVER
NEW FLAVOR!
NEW FLAVOR!
GATORADE THIRST QUENCHER
LIGHTNING BLAST
ORANGE
MIDNIGHT ICE
SHOP COLLECTION
IS IT IN YOU?

Feed your
game day
SHOP NOW
Honey Nut Cheerios
REAL HONEY
LOWER CHOLESTEROL
LARGE SIZE
Cinnamon Cheerios Protein
Gluten Free
OLD EL PASO
TACO SHELLS
STAND 'n STUFF
TRADITIONAL
Chex Mix
Cookie Dough
Chocolate Chip
24 COOKIES
Go-Gurt
STRAWBERRY
Crescents
Totino's
PIZZA ROLLS
TRIPLE PEPPERONI
KIT
HARD & SOFT

DAIRY

GET YOUR DAILY DOSE FOR LESS

HOTSALE! MVP 2.99 EA
32-52 Oz., Select Varieties
PLANET OAT OATMILK OR CREAMER
W/O MVP Card Regular Retail

52 Oz. Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

59 Oz. Select Varieties
MINUTE MAID PUNCHES OR ADES
MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.48 EA

4 Pack Select Varieties
JELL-O GELATIN OR PUDDING
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA
8-13.9 Oz. Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS

14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
HOTSALE! MVP 3.49 EA
W/O MVP Card $4.89 EA

12 Oz. Select Varieties
FOOD LION SINGLES
HOTSALE! MVP 1.99 EA
W/O MVP Card $2.49 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA
14-16 Oz. Select Varieties Sticks or Tubs
COUNTRY CROCK PLANT BUTTER

24 Oz. Select Varieties
DAISY COTTAGE CHEESE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.69 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $4.29 EA
8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE

FROZEN

FILL YOUR FREEZER WHILE THE SALE IS HOT

HOTSALE! MVP 5/$5
7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES
W/O MVP Card $1.99 EA

HOTSALE! MVP 2/$6
W/O MVP Card $3.99 EA
5.25-10.5 Oz. Select Varieties
LEAN CUISINE ENTREES

MVP PRICED LOW EVERY DAY 4/$5
W/O MVP Card $1.58 EA
4.5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

15 Oz. Select Varieties
MARIE CALLENDER'S POT PIE
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

20.8-24 Oz. Select Varieties
TYSON CHICKEN SANDWICHES
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS
HOTSALE! MVP 7.99 EA
W/O MVP Card $12.19 EA

19-32 Oz. Select Varieties
ORE-IDA FROZEN POTATOES
MVP PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $4.99 EA

12.8-217 Oz. Select Varieties
BELLATORIA PIZZA
HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA

5.34-11.6 Oz. Select Varieties
RED BARON DEEP DISH SINGLES
HOTSALE! MVP 2/$7
W/O MVP Card $4.79 EA

5.25-12 Oz. Select Varieties
MORNING STAR FARMS FROZEN FOODS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

BREAKFAST

8 Ct. Select Varieties
KELLOGG'S POP-TARTS
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.99 EA

13.3-12.6 Oz. Select Varieties
QUAKER CAP'N CRUNCH CEREAL
HOTSALE! MVP 2/$6
W/O MVP Card $4.89 EA

9.5-18.07 Oz. Select Varieties
HOSTESS DONETTES
HOTSALE! MVP 2/$5
W/O MVP Card $3.09 EA

MVP DIGITAL COUPON

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PRICED LOW EVERY DAY 5.99 EA
W/ MVP Card $6.99 EA
MVP Coupon -1.00 (OFF)
4.99 EA
MVP 14.28% DISCOUNT SAVINGS (OFF)
27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD

32 Ct. K-Cups
EIGHT O'CLOCK COFFEE
HOTSALE! MVP 15.99 EA
W/O MVP Card $23.99 EA

9 Oz. Select Varieties
POST PREMIER PROTEIN CEREAL
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

24 Ct. Select Varieties
INTERNATIONAL DELIGHT CREAMER
HOTSALE! MVP 2/$6
W/O MVP Card $3.89 EA

10 Ct. K-Cups or 12 Oz. Bag Select Varieties
STARBUCKS COFFEE
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

Healthy
begins here
SHOP NOW
IMPOSSIBLE
HOMESTYLE
MEATBALLS
MEAT FROM PLANTS
12G
0MG
25%
Sensible Portions
garden Veggie Chips
Sea Salt
Godshall's
Peppered TURKEY BACON
BUTTERBALL
TURKEY BURGERS
WITH NATURAL FLAVORINGS
ORIGINAL SEASONED
60% LESS FAT*
WHOLE MILK
DANNON
PLAIN
32 OZ

PROUD SPONSORS OF
ZERO COMPROMISE
THE Coca-Cola COMPANY
SHOP COLLECTION
BODYARMOR
ZERO SUGAR
ZERO ARTIFICIAL FLAVORS OR SWEETENERS
Coca-Cola
ZERO SUGAR
Sprite
ZERO SUGAR
LEMON-LIME

HEALTH & BABY
SAVINGS TO FEEL GOOD ABOUT

12 Oz.
Select Varieties
DOVE SHAMPOO OR CONDITIONER
HOT SALE! MVP 3.99 EA
W/O MVP Card $5.19 EA

4 Pack
Select Varieties
QUEST PROTEIN SHAKES
HOT SALE! MVP 8.89 EA
W/O MVP Card $10.99 EA

9-11 Oz.
Select Varieties
J.R. WATKINS LIQUID HAND SOAP
HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA

3 Pack
Select Varieties
CHAPSTICK
HOT SALE! MVP 3.89 EA
W/O MVP Card $5.29 EA

19-24 Ct.
Select Varieties
RICOLA COUGH DROPS
HOT SALE! MVP 2/$5
W/O MVP Card $2.89 EA

3.5 Oz.
Select Varieties
GERBER GRADUATES GRABBER
HOT SALE! MVP 4/$5
W/O MVP Card $1.49 EA

19-38 Ct.
Select Sizes
HUGGIES SNUG & DRY DIAPERS
HOT SALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

112-216 Ct.
Select Varieties
PAMPERS BABY WIPES
HOT SALE! MVP 6.99 EA
W/O MVP Card $7.89 EA

84-136 Ct.
Select Sizes
HUGGIES DIAPERS
HOT SALE! MVP 39.29 EA
W/O MVP Card $47.99 EA

HOUSE & HOME
CLEAN UP ON LOW PRICES

14-18 Ct.
Select Varieties
FOOD LION TRIPLE ACTION DISHWASHER DETERGENT
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

9 Mega Rolls
FOOD LION BATH TISSUE
2-3 Double Rolls
FOOD LION PAPER TOWELS
Select Varieties
HOT SALE! MVP 8.99 EA
W/O MVP Card Regular Retail

3 Pack Flats
Select Varieties
KLEENEX FACIAL TISSUES
HOT SALE! MVP 4.99 EA
W/O MVP Card $6.49 EA

30 Ct. XL or 64-100 Ct. Sandwich
Select Varieties
FOOD LION RECLOSABLE BAGS
HOT SALE! MVP 2/$4
W/O MVP Card Regular Retail

19 Oz.
Select Varieties
LYSOL DISINFECTANT SPRAY
HOT SALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

50 Ct.
Select Varieties
FOOD LION PARTY CUPS
HOT SALE! MVP 3.89 EA
W/O MVP Card $4.79 EA

24 Ct.
Select Varieties
FOOD LION PREMIUM DINNERWARE
HOT SALE! MVP 2/$3
W/O MVP Card $1.99 EA

20-40 Ct.
Select Varieties
FOOD LION PLATES OR BOWLS
HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA

PET

3 Oz.
Select Varieties
BLUE BUFFALO TASTEFULS PUREES
HOT SALE! MVP 1.89 EA
W/O MVP Card $2.19 EA

3.15 Lb. Bag
Select Varieties
PURINA KITTEN CHOW
HOT SALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

6 Oz.
Select Varieties
PURINA BEGGIN' STRIPS DOG SNACKS
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.89 EA

MVP DIGITAL COUPONS
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HOT SALE! 2/$8
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
2-4.5-4 Oz.
Select Varieties
CREST TOOTHPASTE
2/$6
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 6.99 EA
W/O MVP Card $8.29 EA
MVP Coupon -2.00 OFF 1
3 Ct.
Select Varieties
GILLETTE DISPOSABLE RAZORS
4.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 8.99 EA
W/O MVP Card $9.99 EA
MVP Coupon -2.00 OFF 1
12 Oz. or 24 Ct.
Select Varieties
ZZZQUIL LIQUID OR ULTRA TABLETS
6.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 6.99 EA
W/O MVP Card $7.99 EA
MVP Coupon -3.00 OFF 1
2.6-20 Oz.
Select Varieties
DOVE BODYWASH OR ADVANCED CARE DEODORANT
3.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -3.00 OFF 1
12 Oz.
Select Varieties
DOVE MEN'S 2N1 SHAMPOO AND CONDITIONER
1.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 4.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
16 Oz.
Select Varieties
DAWN POWERWASH
2.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 9.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
100 Oz.
GAIN FABRIC SOFTENER
32 Oz.
DOWNY SCENT BOOSTER
Select Varieties
7.99 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

HOT SALE! 9.99 EA
W/O MVP Card $11.99 EA
MVP Coupon -40¢ OFF 1
3.8-4 Lb.
Select Varieties
PURINA ONE SMARTBLEND DRY DOG FOOD
9.59 EA
MVP 10-50% DISCOUNT SAVINGS (SMART)

GOOD FOOD, GOOD LIFE

SAVE $10 WHEN YOU BUY $30 OFF Nestlé

SHOP NOW

Here to make *nourishing* easier

Choose from what's best in season and the everyday produce at low prices.

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
CANTALOUPES

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
Pint
BLUEBERRIES

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
Whole
GOLDEN PINEAPPLE

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION RED ONIONS

HOTSALE! MVP 1.79 LB
W/O MVP Card Regular Retail
Bulk
HONEYCRISP APPLES

2 Lb.
FOOD LION WHOLE CARROTS

HOTSALE! MVP 1.89 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2.49 EA
W/O MVP Card Regular Retail
16 Oz.
FOOD LION BRUSSELS SPROUTS

5 Oz.
Select Varieties
NATURE'S PROMISE SALAD MIX

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

BRIGHTER DAYS BOUQUET
White Supplies Last!
8.99 EA

Citrus season is officially here!

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
3 Lb. Bag
CARA CARA NAVEL ORANGES

ORGANIC

3 Lb. Bag
NATURE'S PROMISE ORGANIC RED OR YELLOW POTATOES

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

6 Oz. Pkg.
ORGANIC BLUEBERRIES

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
USDA ORGANIC

100% fresh or *double* your money back

See foodlion.com for details

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We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

January 8 - January 14, 2025

Offers valid while supplies last.

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

9.8-10.9 Oz.
Select Varieties
TOTINO'S PIZZA

MVP PRICED LOW EVERY DAY
2/$4
W/O MVP Card $2.48 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.4-12.5 Oz.
Select Varieties
OLD EL PASO TACO OR FAJITA DINNER KIT

HOT SALE! MVP
2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.44-9.75 Oz.
Select Varieties
LITTLE DEBBIE MINI MUFFINS

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

22-24 Oz.
Select Varieties
PICTSWEET FROZEN VEGETABLES

HOT SALE! MVP
2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.9-12 Oz.
Select Varieties
CAULIPOWER PIZZA

HOT SALE! MVP
6.99 EA
W/O MVP Card $7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
QUILTED NORTHERN
4 Double Rolls
BRAWNY
Select Varieties

HOT SALE! MVP
7.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
SUCCESS OR MINUTE RICE

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
RAO'S ITALIAN STYLE SOUP

HOT SALE! MVP
3.99 EA
W/O MVP Card $4.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.5-8.6 Oz.
Select Varieties
CHEX MIX OR BUGLES

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
POPCORNERS

HOT SALE! MVP
2/$7
W/O MVP Card $4.59 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/08/25

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

13.5-18.2 Oz.
Select Varieties
GENERAL MILLS FLAVORED OR OAT CRUNCH CHEERIOS CEREAL

HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

3.63-4 Oz.
Select Varieties
SOUTHERN RECIPE SMALL BATCH PORK RINDS

3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

3.27-3.42 Oz.
Select Varieties
NISSIN NOODLE BOWLS

HOT SALE! MVP
2/$3
W/O MVP Card $1.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13-16.75 Oz. - Select Varieties
DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

15-24 Oz.
Select Varieties
CLASSICO PASTA SAUCE

3.59 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

11 Oz.
Select Varieties
TROPICANA PURE PREMIUM JUICES

2/$4
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.9-11.5 Oz.
Select Varieties
MAXWELL HOUSE COFFEE

HOT SALE! MVP
5.49 EA
W/O MVP Card $6.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5.4-8 Oz.
Select Varieties
ANNIE CHUN'S SOUP BOWL

HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
SWEET BABY RAY'S BARBECUE SAUCE

3.58 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

24 Oz.
Select Varieties
CHOBANI COFFEE CREAMER

4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/08/25

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

6 Pack - 8 Oz. Cans
Select Varieties
V8 V-FUSION +ENERGY OR 100% JUICE

5.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
ORE-IDA BAGEL BITES

HOT SALE! MVP

2/$5

W/O MVP Card $2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.6 Oz.
Select Varieties
BIBIGO DUMPLINGS

HOT SALE! MVP

2/$6

W/O MVP Card $3.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

24 Oz.
Select Varieties
STOUFFER'S SIGNATURE SIDES

HOT SALE! MVP

4.99 EA

W/O MVP Card $5.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

2.18-2.5 Oz.
Select Varieties
PERFECT BAR

HOT SALE! MVP

2/$5

W/O MVP Card $2.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16-24 Oz.
Select Varieties
CELENTANO FROZEN PASTA

HOT SALE! MVP

3.99 EA

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.49-9 Oz.
Select Varieties
SMART ONES FROZEN DINNERS

HOT SALE! MVP

2.29 EA

W/O MVP Card $3.09 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
Select Varieties
COCA-COLA CLASSIC

2.29 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
CELSIUS

2.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOT SALE! MVP

2/$7

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

15 Oz.
Select Varieties
WISH-BONE DRESSING

2.98 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

.75-1.37 Oz.
Select Varieties
MCCORMICK GRAVY MIX

HOT SALE! MVP

2/$3

W/O MVP Card $1.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
CHOLULA HOT SAUCE

HOT SALE! MVP

3.49 EA

W/O MVP Card $4.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1.62 Oz.
Select Varieties
STUR OR CRUSH LIQUID WATER ENHANCER

HOT SALE! MVP

2/$6

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1.5 Liter
LE BLEU CLEAR WATER

1.29 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

21 Oz.
Select Varieties
ELECTROLIT

HOT SALE! MVP

1.99 EA

W/O MVP Card 2/$5

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12-16 Oz.
Select Varieties
RONZONI PASTA

1.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
RAO'S HOMEMADE SPAGHETTI

3.19 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz. Bottle
Select Varieties
HINT WATER

HOT SALE! MVP

1.13 EA

W/O MVP Card $1.38 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

19.2 Oz.
Select Varieties
LIQUID DEATH WATER

1.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!