

# DEALS DEALS DEALS FOR DAYS EVENT



**ONLY**  
**7<sup>77</sup>**

**APPROX  
9 LB CASE**

**RED MANGOES**  
product of Peru  
mangue rouge  
21043441 EA



**SAVE 55%**  
**1<sup>44</sup>**

**3 LB BAG**

**FARMER'S MARKET™  
CARROTS or YELLOW ONIONS**  
product of Ontario, Canada no. 1 grade  
carottes ou oignons jaunes  
20400927001 EA/20811994001 EA



**SAVE 47%**  
**.88<sup>88</sup>** LB

**NAVEL ORANGES**  
product of Turkey  
oranges navel  
1.94/kg  
20420078001 KO

**1 KG**

**GARLIC**  
product of China  
ail  
21228843001 EA

**ONLY**  
**3<sup>88</sup>**





**JANUARY**

**HIT  
OF THE  
MONTH**



**\$2<sup>25</sup>**

**GoGo SqueeZ Fruit Sauce**

Selected varieties, 360 g  
Limit: 4, over limit retail \$3.00  
20322697002\_EA



**\$1<sup>50</sup>**

**Catelli Smart or  
Healthy Harvest Pasta**

Selected varieties, 340/375 g  
Limit: 6, over limit retail \$2.00  
20299819009\_EA/20527265\_EA



**\$4**

**Bolthouse Farms Smoothies or Juice**

Selected varieties, 946 mL, Product of U.S.A.  
Limit: 6, over limit retail \$6.00  
20301788\_EA/20325816\_EA



**Optimum**  
Members-Only Price\*  
**\$3**  
Non-Members  
**\$4**

**Q-tips Cotton Swabs**

400's  
21216550\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid January 1st - 31st, 2025. \*Member price only applicable to valid PC Optimum™ program members. To register as a member visit [pc optimum.ca](http://pc optimum.ca).

# FRESH AT LOW PRICES

**BLACKBERRIES** each  
product of U.S.A. or Mexico or  
**PINEAPPLE**  
product of Costa Rica  
mora ou ananas  
20031015001 EA/20140993001 EA

**2.99**



**6 OZ CLAMSHELL**



**1.77**

**POMEGRANATES**  
product of Turkey  
grenades  
20134767001 EA



**3.99**

**PINT**

**BLUEBERRIES**  
product of Peru or Chile, no. 1 grade  
bleuet  
20060137001 EA



**4 LB BAG**

**MANDARINS**  
product of Morocco or Spain  
mandarines  
20034033001 EA

**6.88**



If your produce isn't fresh,  
we'll replace AND refund it.\*



**1.88**

**BROCCOLI CROWNS**  
product of U.S.A. or Mexico  
each  
couronnes de brocoli  
21121540001 EA



**PKG OF 2**

**3.99**

**ROMAINE HEARTS**  
product of U.S.A. or  
**CAULIFLOWER**  
product of U.S.A. or Mexico,  
no. 1 grade  
cœurs de romaine ou chou-fleur  
20082756001 EA/20135377001 EA



**GROWN IN CANADA**

**4.99**

**10 LB BAG**

**RED, YELLOW or  
RUSSET POTATOES**  
product of Canada,  
Canada no. 1 grade  
pommes de terre  
20061013001 EA/2001020001 EA



**.77**

**LEMONS**  
product of Spain or Turkey or  
**KIWI**  
product of Greece  
citrons ou kiwi  
20028393001 EA/20130242001 EA



**1.77**  
LB

**ACORN,  
BUTTERNUT  
or  
SPAGHETTI SQUASH**  
product of Mexico  
courge  
2.90/kg  
20071263001 KG/20137209001 KG



**10 LB BAG**

**5.99**

**FARMER'S  
MARKET  
RED ONIONS**  
product of Ontario,  
Canada no. 1 grade  
oignons rouges  
2017194001 EA



**4.55**  
LB

**CHERRIES**  
product of Chile, no. 1 grade  
certifié  
10.03/kg  
2013949001 KG



**2.99**  
LB

**YELLOW  
NECTARINES**  
product of Chile, no. 1 grade  
6.39/kg  
2013942001 KG



**2.44**

**KALE or  
BUNCH SPINACH**  
product of U.S.A.  
chou frisé ou épinards en botte  
20142840001 EA/20138805001 EA



**2.22**

**PC® WHOLE  
SLICED, WHITE  
or  
CREMINI  
MUSHROOMS**  
product of Ontario  
champignons entiers ou  
tranches en blancs ou créminis  
20131911 EA/201371901 EA  
201371901 EA



**4.22**

**PKG OF 4**  
**GREEN - RED  
PEPPERS**  
product of Mexico  
poivrons  
2011222001 EA/2001222001 EA



**3.88**

**680 G**  
**PKG OF  
5 OR 6**  
**AVOCADOS**  
product of Mexico or  
**PC® LITTLE GEMS®  
RED, YELLOW or  
MIXED MINI  
POTATOES**  
product of Canada,  
Canada no. 1 grade  
avocats ou mini pommes  
de terre nouvelles  
2124709001 EA/2124709001 EA  
2014222001 EA



**4.88**

**4 LB BAG**  
**FARMER'S MARKET®  
AMBROSIA or  
MCINTOSH APPLES**  
product of Ontario,  
Canada Honeycrisp grade  
pommes  
200712001 EA/2013021001 EA

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES



**6<sup>99</sup>**

**LILYDALE TURKEY DINNER SAUSAGES**  
selected varieties  
500 g  
saucisses de dinde à repas  
21044934 SA



**CLUB SIZE**

**3<sup>88</sup>**  
LB

**PORK COMBO CHOPS**  
bone-in, fresh  
côtelettes de porc  
8.55/kg  
20483470 KG  
**WHILE QUANTITIES LAST**



**6<sup>99</sup>**

**SCHNEIDERS PEPPERETTES**  
selected varieties  
300/375 g  
Mâtonnets de saucisson  
20976110 SA/21196173 SA



**CLUB SIZE**

**7<sup>44</sup>**  
LB

**EXTRA LEAN GROUND BEEF**  
fresh  
boeuf haché extra maigre  
16.40/kg  
20337910 KG



**1<sup>22</sup>**

**CARL BUDDIG SLICED MEAT**  
selected varieties  
55 g  
viandes tranchées  
21042812 SA



**\$5**

**MONSIEUR GUSTAV CHEESE** or  
**ILE DE FRANCE BRIE** 125-170 g  
selected varieties  
fromage  
21077400 SA/21047962 SA



**\$10**

**SWISS CHALET PORK RIBS**  
selected varieties, 600 g  
côtes de porc  
21001790 SA



**5<sup>88</sup>**

**SEAQUEST® RAW SHELL ON SHRIMP** or  
**COOKED PEELED SHRIMP**  
3x45 per lb, 300 g  
**SHRIMP RING** 227 g, frozen  
crevettes  
21042481 SA



**9<sup>88</sup>**  
LB

**CANADIAN STEELHEAD TROUT FILLET**  
trouee  
filets de truite steelhead  
21.78/kg  
21489462 KG



**\$15**

**PC® BLUE MENU® CHICKEN BREASTS**  
breastlets, skinless  
6's  
poitrines de poulet  
21001270 SA



**2<sup>22</sup>**

**WONDER BREAD BUNS** 473 g or  
6's  
selected varieties  
pain de petit pain  
00172990 SA/20974010 SA



**EARN 500<sup>pts</sup>**  
**50¢ Value**

**2<sup>88</sup>**

**COUNTRY HARVEST BREAD** 400/450 g  
or **BAGELS** 6's  
selected varieties  
pain de bonpain  
01179097 SA/21196462 SA



**3<sup>22</sup>**

**FARMER'S MARKET® GLAZED DOUGHNUTS**  
322 g  
bagettes glacées  
21320994 SA



**7<sup>77</sup>**

**TRE STELLE MOZZARELLA BALL**  
selected varieties, 240 g  
boule de mozzarella  
010907 SA

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Optimum<sup>®</sup>  
**EARN 3,000<sup>pts</sup>**

**= \$3 Value**

**for every \$10\* spent on**

**Olivieri Fresh Filled twin pack pasta** 450/300 g,  
**Skillet Gnocchi** 280/300 g or  
**fresh sauce** 300 mL  
selected varieties  
pâtes farcies ou gnocchi à poêler ou sauce fraîche  
00213112 SA/21022063 SA



# DEALS DEALS DEALS FOR DAYS EVENT



**5<sup>44</sup>**

**PC® FREE RUN LARGE EGGS**  
12's  
gros œufs  
2081323001\_EA

**ONLY  
2<sup>88</sup>**

**CAVENDISH QUICK CRISP,  
PREMIUM or PATTIES**  
selected varieties, frozen  
400-750 g  
frites ou galettes de pommes de terre  
31584077\_EA



**ONLY  
4<sup>44</sup>**



**CRACKER BARREL NATURAL  
CHEESE SLICES**  
selected varieties  
200-240 g  
tranches de fromage  
31296705\_EA



**CHAPMAN'S PREMIUM ICE CREAM** 2L or  
**YUKON NOVELTIES** 5-8's  
selected varieties, frozen  
crème glacée ou fraises glacées  
30323573001\_EA/31012286\_EA

**SAVE UP TO 30%  
4<sup>88</sup>**



**1<sup>88</sup>**

**PRIMO SAUCE**  
selected varieties  
680 mL  
sauce  
3073217903\_EA



**2<sup>77</sup>**

**LIBERTÉ MÉDITERRANÉE**  
4's, 500 g or  
**LIBERTÉ GREEK** 4's  
YOGURT  
selected varieties  
309997  
31084633\_EA/31047344\_EA



**3<sup>33</sup>**

**MILLSBURY PIZZA POPS**  
selected varieties, frozen  
300 g  
popcorn  
31407996\_EA



**\$2**

**SNACK PACK  
PUDDING CUPS**  
selected varieties  
4x99 g  
3099973003\_EA



**2<sup>22</sup>**

**CHEEZ-IT CRACKERS**  
selected varieties  
191/200 g  
craquelins  
31214040\_EA



**2<sup>49</sup>**

**NATURE VALLEY GRANOLA BARS**  
or **MOTT'S** or  
**BETTY CROCKER**  
FRUIT SNACKS  
selected varieties  
120-230 g  
barres granolées ou  
collations aux fruits  
3031312001\_EA  
3031347401\_EA



**3<sup>99</sup>**

**CHRISTIE OREO  
CAKESTERS**  
203 g or  
**COOKIES** 374-488 g  
selected varieties  
31407996\_EA



**3<sup>33</sup>**

**OLD DUTCH POTATO CHIPS** 251 g or  
**RESTAURANTE TORTILLA**  
371/290 g or  
**HUMPTY DUMPTY  
SNACKS** 250-290 g  
selected varieties  
craquelins ou grignolines  
3073117903\_EA/31084633\_EA  
30947918\_EA/31041108\_EA



**3<sup>88</sup>**

**RUFFLES POTATO CHIPS**  
180-220 g  
**SUNCHIPS** 200 g  
or **MUNCHIES  
SNACK MIX**  
220 g  
selected varieties  
craquelins ou grignolines  
31349082\_EA/31219413\_EA



**5<sup>88</sup>**

**DEL MONTE  
JUGS**  
selected varieties  
réfrigérées, 2,5 L  
cruches  
31349716\_EA



**13<sup>99</sup>**

**GALLO EXTRA VIRGIN  
OLIVE OIL**  
selected varieties  
1 L  
huile d'olive extra vierge  
30730304\_EA



**1<sup>66</sup>**

**COCA-COLA or  
PEPSI  
SOFT DRINKS**  
selected varieties, 2 L  
boissons gazeuses  
30947918\_EA  
3031404003\_EA



**2<sup>77</sup>**

**ALLEN'S APPLE  
JUICE  
CRANBERRY  
COCKTAIL**  
selected varieties, 1,89 L  
jus de pomme au  
cassis de cranberry  
30323573001\_EA  
31218494\_EA



**4<sup>22</sup>**

**HELLMANN'S  
REAL  
MAYONNAISE**  
selected varieties  
340/443 mL  
mayonnaise  
30947918\_EA



**3<sup>55</sup>**

**FRANK'S RED HOT,  
THICK SAUCE  
or  
SQUEEZE**  
selected varieties, 334 mL  
sauce piquante  
30947918\_EA  
31008113\_EA

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Optimum™  
EARN  
**6,000** pts  
for every \$20\*  
spent on

**= \$6  
Value**

**Resolve & Lysol Laundry**  
all size and varieties  
produit pour la lessive  
20944173\_EA/21487308\_EA



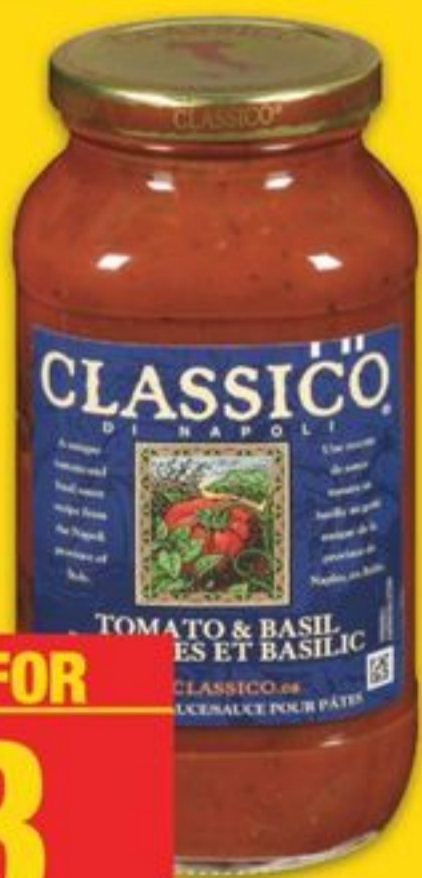
Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

**MULTI  
BUY?  
TRY  
SINGLE  
BUY.**



**ONE FOR  
2.75**

**PC® SALAD DRESSING**  
selected varieties  
475 mL  
vinogrette  
2062648007 EA/2062848006 EA



**CLASSICO SAUCE**  
selected varieties  
410/650 mL  
sauce  
21618217 EA

**ONE FOR  
\$3**



**ONE FOR  
\$3**

**BEN'S ORIGINAL BISTRO EXPRESS**  
selected varieties  
240/250 g  
riz  
31405476 EA

# BRANDS YOU LOVE AT LOW PRICES



**SAVE UP TO 27%**

**5<sup>77</sup>**

**BLACK DIAMOND CHEESTRINGS or SNACKS** 252/336 g or **CRACKER BARREL CHEESE SHREDS** 320 g  
selected varieties  
fromage effilochable ou collations  
ou fromage râpé  
20783667, EA/21290616, EA



**SAVE UP TO 20%**

**5<sup>55</sup>**

**PC® ASIAN SOUP or ENTRÉE** 300 g or **STRONG ROOTS ENTRÉE** 350 g  
selected varieties, frozen  
soupes ou plats cuisinés, asiatiques  
21543796, EA/21434962, EA



**SAVE UP TO 20%**

**3<sup>33</sup>**

**PC® GREEK YOGURT**  
selected varieties  
4 x  
yogourt  
20820628001, EA/20820628002, EA



**SAVE 31%**

**3<sup>44</sup>**

**KELLOGG'S CEREAL**  
selected varieties  
247-433 g  
céréales  
20391279, EA/21435014, EA



**1<sup>50</sup>**

**CLOVER LEAF LIGHT TUNA** 85/170 g or **BRUNSWICK SARDINES** 92/100 g  
selected varieties  
from pâtes ou sardines  
20078117001, EA/21238232, EA



**3<sup>99</sup>**

**HEREFORD CORNED BEEF**  
340 g  
boeuf salé  
20000422, EA



**5<sup>88</sup>**

**KRAFT PEANUT BUTTER** 750 g/1 kg or **HAZELNUT SPREAD** 725 g  
selected varieties  
beurre d'arachide ou  
tartinade de noisettes  
20029581001, EA/21285418, EA



**NO HST/GST**

**2<sup>88</sup>**

**LECLERC NUGABAR or GO PURE BARS**  
selected varieties  
140-175 g  
barres ou bonnes granules  
21307928, EA/21306798, EA



**3<sup>44</sup>**

**QUAKER INSTANT OATMEAL**  
selected varieties  
232-344 g  
grains instantanés  
21190324, EA/21190324, EA



**NO HST/GST**

**3<sup>99</sup>**

**KIND HEALTHY GRAINS BARS** 107 g or **BREAKFAST BARS** 70 g  
selected varieties  
barres  
20704432, EA/21318322, EA



**3<sup>77</sup>**

**MOTT'S CLAMATO or GARDEN COCKTAIL**  
selected varieties  
1.8 L  
cocktail de tomate ou  
cocktail de légumes  
2010211002, EA/20109300, EA



**3<sup>22</sup>**

**OASIS JUICE or ARIZONA ICED TEA DRINK** 8x200 mL or **SUNRYE 100% JUICE** 1.36 L  
selected varieties  
boissons  
202174802, EA/204879802, EA



**3<sup>99</sup>**

**BLUE DRAGON PASTE** 370 mL or **PATAK'S COOKING SAUCE** 400 mL  
selected varieties  
pâtes au beurre & cuisson  
202174802, EA/20712964, EA



**4<sup>44</sup>**

**LEA & PERRINS WORCESTERSHIRE SAUCE**  
244 mL  
sauce Worcestershire  
20063623, EA



**10<sup>99</sup>**

**UNICO SUNFLOWER OIL** 1 L  
huile de tournesol  
20090012, EA



**3<sup>77</sup>**

**EARTH'S OWN BEVERAGES**  
selected varieties  
1.75/1.89 L  
202174802, EA/204879802, EA



**2<sup>44</sup>**

**ANNIE'S PASTA**  
selected varieties  
170 g  
pâtes  
202174802, EA/204879802, EA



**NO HST/GST**

**3<sup>88</sup>**

**SMART SWEETS CANDY**  
selected varieties  
50 g  
bonbons  
21294766, EA/21294766, EA



**8<sup>22</sup>**

**GLAD GARBAGE BAGS**  
selected varieties  
30-32"  
sacs à ordures  
2007236001, EA/21401290, EA



**3<sup>33</sup>**

**VIM CLEANING CREAM**  
selected varieties  
500 mL  
savon nettoyant  
20021328, EA/21074891, EA



**3<sup>55</sup>**

**LYSOL MULTI SURFACE CLEANER** 1.2 L or **SPRAYS** 450/930 mL  
selected varieties  
nettoyant  
20021328, EA/21074891, EA



**6<sup>22</sup>**

**SOFTSOAP LIQUID HAND SOAP REFILL**  
selected varieties  
1.47 L  
recharge de savon liquide  
pour les mains  
21047794, EA



**21<sup>55</sup>**

**TIDE LIQUID 2.5 L or PODS or FLINGS** 45/37/76 g  
**LAUNDRY DETERGENT**  
selected varieties  
détergent à lessive  
21286272, EA/21286272, EA



# 1000s OF LOWERED PRICES EVERY DAY!

**PRICE DROP**

**LIBERTÉ GREEK** 650/750 g.  
**YOPLAIT** 16's or  
**YOP NO SUGAR**  
**ADDED** 8's YOGURT  
selected varieties  
yogourt  
30217317001 EA/20442273 EA

**PRICE DROP**

**6<sup>49</sup>**



**GENERAL MILLS**  
**FAMILY SIZE CEREAL**  
selected varieties  
475-778 g  
céréales  
21103492 EA/21103495 EA

**PRICE DROP**

**5<sup>49</sup>**



**PRICE DROP**

**2<sup>99</sup>**

**KELLOGG'S**  
**RICE KRISPIES** 176/199 g.  
**POP TARTS** 384 g.  
**SPECIAL K** 125 g or  
**NUTRI-GRAIN** 295 g BARS  
selected varieties  
barres  
20126047001 EA/2012984001 EA

**NESTLÉ CARNATION**  
**HOT CHOCOLATE**  
400/450 g or  
**NESCAFÉ**  
**SWEET & CREAMY** 144-251 g  
selected varieties  
chocolat chaud ou café instantané  
21362270 EA/21397890 EA

**PRICE DROP**

**4<sup>99</sup>**



**TRE STELLE**  
**CHEESE TWIN PACK**  
selected varieties  
240-560 g  
fromage  
21100062 EA/21100084 EA

**PRICE DROP**

**\$7**



**TROPICANA**  
**BEVERAGES** or  
**PURE LEAF TEA**  
selected varieties, refrigerated  
1.36/1.75 L  
boissons ou thé  
2021543002 EA/211421930 EA

**PRICE DROP**

**\$4**



**GIUSEPPE**  
**EASY PIZZI**  
selected varieties, frozen  
560-600 g  
pizzas  
21209157 EA

**PRICE DROP**

**5<sup>99</sup>**



**CATELLI**  
**GLUTEN FREE**  
or **SMART**  
**VEGGIE PASTA**  
selected varieties  
340 g  
pâtes sans gluten ou  
aux légumes  
20704241 EA

**PRICE DROP**

**2<sup>99</sup>**



**NO NAME®**  
**FRUIT**  
**BEVERAGES**  
selected varieties  
2 L  
boissons aux fruits  
2022049906 EA

**PRICE DROP**

**\$2**



**Werther's**  
**Original**  
selected varieties  
116-135 g  
caramels ou friandises  
20898717 EA/21343534 EA

**PRICE DROP**

**2<sup>29</sup>**



**CELEBRATION**  
CARAMEL TRUFFLE  
selected varieties  
240 g  
biscuits  
20833797001 EA/20463272 EA

**PRICE DROP**

**2<sup>99</sup>**



**COCA-COLA**  
**SOFT DRINKS** 1 L  
or **PC® SPRING**  
**WATER** 4 L  
selected varieties  
boissons gazeuses ou  
eau de source  
20299030 EA/21183441 EA

**PRICE DROP**

**1<sup>50</sup>**



**PALMOLIVE**  
**DISHWASHING**  
**LIQUID**  
selected varieties  
591 mL  
détergent liquide à vaisselle  
21004388 EA

**PRICE DROP**

**2<sup>49</sup>**



**STAGG**  
**CHILI**  
CLASSIQUE™  
selected varieties  
425 g  
chili  
20081906 EA

**PRICE DROP**

**2<sup>69</sup>**



**PANTENE HAIR CARE**  
selected varieties  
308/355 mL  
soins capillaires  
21421190\_EA/21421192\_EA

**PRICE DROP**  
**4.49**



**GARNIER WHOLE BLENDS**  
selected varieties  
346-370 mL  
soins capillaires  
20941733\_EA/20941827\_EA

**PRICE DROP**  
**4.99**



**PRICE DROP**  
**37.99**

**HUGGIES ECONO PACK DIAPERS**  
size N-8, selected varieties  
68-148's  
couches  
21454533\_EA/21454533\_EA



**PRICE DROP**  
**3.49**

**COLGATE PREMIUM TOOTHPASTE** 70-150 mL or **MANUAL TOOTHBRUSH** 1 ea  
selected varieties  
dentifrice ou brosse à dents manuelle  
20306410001\_EA/21146483\_EA



**PRICE DROP**  
**4.49**

**IRISH SPRING BODY WASH** 591 mL or **BAR SOAP** 6x104 g or **SOFTSOAP BODY WASH** 591 mL  
selected varieties  
nettoyant pour le corps ou pain de savon  
21219373\_EA/21436477\_EA



**PRICE DROP**  
**\$1**

**BABY BELLIES or LITTLE BELLIES BABY SNACKS**  
selected varieties  
8/12 g  
collations pour bébé  
21339334\_EA/21339330\_EA



**PRICE DROP**  
**5.49**

**U BY KOTEX PADS** 14-22's or **LINERS** 40/50's or **TAMPONS** 16's  
selected varieties  
serviettes ou protège-dosiers ou tampons  
20992780\_EA/21361890\_EA



**JAMIESON VITAMIN C or D**  
selected varieties  
75-240's  
vitamine C ou D  
20299993\_EA/20202216001\_EA

**PRICE DROP**  
**6.99**



**PC® DISTILLED WATER**  
4 L  
eau distillée  
20797391\_EA

**1.25**



**LIFE BRAND® LIQUID HAND SOAP REFILL**  
selected varieties  
2 L  
recharge de savon liquide pour les mains  
21357613002\_EA/21357613004\_EA

**\$5**

**BETTER AS A MEMBER**

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Optimum™  
**EARN 3,000 pts**  
= \$3 Value  
for every \$15\* spent on

**Aveeno body lotion, face care, sunscreen, body wash or baby toiletries**  
all sizes and varieties  
lotion pour le corps ou soins pour le visage ou écrans solaires ou nettoyant pour le corps ou articles de toilette pour bébé  
20102023001\_EA/20157402002\_EA



**PRICE DROP**

**LISTERINE CLASSIC MOUTHWASH**  
selected varieties  
1 L  
rinçage-bouche  
21091218\_EA/21091223\_EA

**EARN 1,000 pts**  
= \$1 Value

**PRICE DROP**  
**5.49**



**PRICE DROP**  
**3.99**

**OLD SPICE or SECRET DEODORANT**  
selected varieties  
45-107 g  
déodorant  
20099094\_EA/2066349001\_EA



**DOVE BAR SOAP** 3x106 g, **BODY WASH** 325/400 mL, **DEODORANT** or **ANTIPERSPIRANT** 45-76 g  
selected varieties  
pain de savon ou nettoyant pour le corps ou déodorant ou antioùdorifique  
20188212003\_EA/21511884\_EA

**PRICE DROP**  
**4.99**



**PRICE DROP**  
**2.29**

**SIMPLY GOURMET CRUNCHERS or PUFFERS BABY SNACKS**  
selected varieties  
32 g  
collations pour bébé  
21597218\_EA/21597406\_EA



**PAMPERS 1X WIPES**  
selected varieties  
56/72's  
lingettes pour bébé  
20768132\_EA

**PRICE DROP**  
**2.99**



**AVEENO LOTION**  
selected varieties  
532 mL  
lotion  
20102023001\_EA/20102023003\_EA

**PRICE DROP**  
**9.99**

**ALWAYS \$**

# SAVING IS SWEET

## CARNABY SWEET CINNAMON HEARTS CANDY

150 g  
cœurs à la cannelle  
21000331\_EA

**WHILE QUANTITIES LAST**

**1.49**



**4.49**



**HERSHEY'S KISSES** 180 g or  
**REESE'S HEARTS** 161 g  
selected varieties  
chocolat au lait ou moules au beurre d'arachides  
21402985\_EA/20078378\_EA

**WHILE QUANTITIES LAST**



**6.99**

**FERRERO ROCHER HEART BOXED CHOCOLATE**  
selected varieties, 89.5/100 g  
chocolat

20131802001\_EA

**WHILE QUANTITIES LAST**



**HAPPY  
LUNAR  
NEW  
YEAR**

**恭賀新禧**



**.98**  
LB

**DAIKON** product of China,  
**NAPA CABBAGE** product of Mexico or U.S.A. or  
**TAIWANESE CABBAGE** product of Mexico  
2.16/kg  
daikon ou chou napa ou chou taiwanais  
2008219001\_KG/20013023001\_KG



**1.68**  
LB

**PAPAYA**  
product of Mexico  
3.70/kg  
papaye  
2011706001\_KG



**1.98**  
LB

**BABY BOK CHOY, GAI LON or YU CHOY, BABY  
NAPA CABBAGE or SHANGHAI BOK CHOY**  
product of Mexico or U.S.A.  
4.37/kg  
pak-choi ou chou estonais ou brocoli chinois ou chou napa  
2008219001\_KG/20013023001\_KG/20003404001\_KG

**1 LB BAG**

**BEAN SPROUTS**  
product of Canada  
germes de soja  
2008223001\_EA

**GROWN IN  
CANADA**

**1.48**



**1.88**  
LB

**JAPANESE  
YAMS**  
product of U.S.A.  
4.14/kg  
ignames japonaises  
2021492001\_KG

**DRAGON  
FRUIT**  
product of Vietnam  
pomme  
2011429001\_EA

**1.98**



**3.88**

**SUMMI! SPRING ROLLS or DUMPLINGS**  
selected varieties  
250-350 g  
rouleaux de printemps ou dumplings  
21114397\_EA



**1.88**

**ROOSTER®  
TOFU**  
selected varieties  
454 g  
tofu  
21474765\_EA



**1.88**

**WINGS EGGROLL  
or WONTON  
WRAPPERS**  
400/454 g  
pâtes ou pâtes impériales ou  
wonton  
20044004\_EA/20127482\_EA



**8.88**

**SEAQUEST®  
WHOLE TILAPIA  
or WHOLE  
POMPANO** 800 g  
Frozen  
filets entiers ou pompano  
entier  
21391947\_EA/21392084\_EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFO

**HAPPY LUNAR NEW YEAR**

**恭賀新禧**



**3<sup>88</sup>**

**ROOSTER® BROWN JASMINE & THAI SWEET RICE**  
2 kg  
rice  
30032765 EA/30102054 EA



**8<sup>88</sup>**

**BILLY BEE HONEY**  
1 kg  
mild  
30030715 EA



**2<sup>88</sup>**

**KJ DUMPLINGS**  
selected varieties, frozen  
380 g  
boudettes  
31238084 EA



**NO HST/GST\***

**2<sup>28</sup>**

**CHACHA SUNFLOWER SEEDS**  
selected varieties  
260 g  
graines de tournesol  
3084304003 EA

**1<sup>88</sup>**

**PC® RICE VERMICELLI**  
225 g  
vermicelles de riz  
30439463 EA



**2<sup>88</sup>**

**MIZKAN RICE VINEGAR**  
355 ml  
vinogère de riz  
31132973 EA



**2<sup>28</sup>**

**T&T® COOKED SOY BEANS**  
frozen, 454 g  
haricots de soja cuits  
30393404 EA



**2<sup>88</sup>**

**SQUID BRAND FISH SAUCE**  
725 ml  
sauce de poisson  
31402212 EA



**.88**

**KOSA RICE FLOUR**  
selected varieties  
400 g  
farine de riz  
31413730 EA



**5<sup>88</sup>**

**BUONO MOCHI FROZEN DESSERT**  
selected varieties  
208 g  
dessert glacé  
31002188 EA/31002189 EA



**NO HST/GST\***

**7<sup>88</sup>**

**DELCATO JAPANESE CHEESECAKE**  
frozen  
300 g  
gâteau au fromage  
31346345 EA



# HAPPY LOHRI

ਲੋਹੜੀ ਦੀਆਂ ਵਧਾਈਆਂ!



**1.99**  
LB

**LONG EGGPLANT**  
product of Mexico  
4.29/kg  
aubergine longue  
30119013001, 80



**2.99**

**RAPINI**  
product of Mexico  
rapini  
30048070001, 8A



**.99**

**CILANTRO**  
product of U.S.A. or Mexico  
coriandre  
20071823001, 8A



**4.99**

**DEGLET NOOR PITTED DATES** 795 g, product of Tunisia,  
**HONEY PITTED DATES** 907 g, product of Iran or  
**ORGANIC PITTED DATES** 340 g, product of Tunisia  
dattes  
21542279001, 8A/20772841, 8A



**1.29**

**HALDIRAM'S INDIAN SNACKS**  
selected varieties, 150 g  
collations indiennes  
3030443, 8A/20309977, 8A



**5.49**

**HALDIRAM'S PANI PURI**  
275 g  
collations indiennes  
30012999, 8A



**2.29**

**SURAJ DAHI YOGURT**  
selected varieties,  
750 g  
yogourt dahi  
2059922, 8A



**2.99**

**PRAN VEGETABLE SPRING ROLL or SAMOSA**  
selected varieties, frozen  
400 g  
rouleaux de printemps aux légumes ou samosas  
21054779, 8A/21054846, 8A



**1.49**

**TAMAM CANNED BEANS**  
selected varieties, 796 mL  
légumineuses en conserve  
21214487, 8A/21214490, 8A



**13.99**

**INDIA GATE BASMATI RICE**  
4.5 kg  
riz basmati  
30182706, C01

# KOSHER FOODS



**13<sup>99</sup>**  
LB

**KOSHER MEHADRIN MINCED BEEF LEAN**  
30.84/kg  
boeuf maigre émincé casher  
20811332 EA



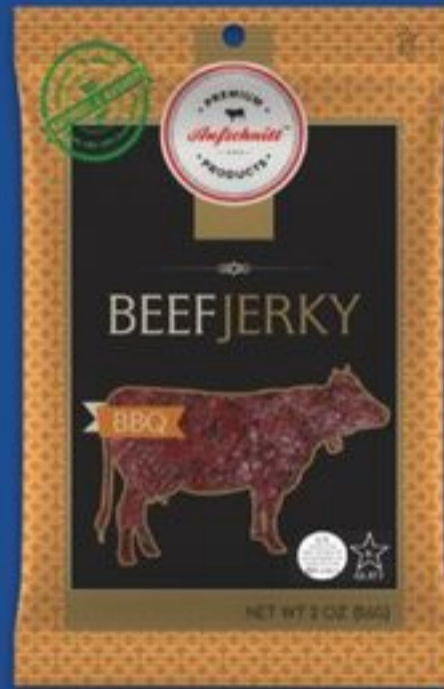
**4<sup>49</sup>**  
LB

**CHICKEN WINGS**  
selected varieties  
9.90/kg  
ailes de poulet  
21018354 EA



**8<sup>99</sup>**  
LB

**CHICKEN LEG MEAT SHAWARMA**  
19.82/kg  
chair de cuisse de poulet shawarma  
2131498 EA



**6<sup>99</sup>**

**AUFSCHNITT BEEF JERKY**  
selected varieties  
56 g  
jerky de boeuf  
2141097 EA



**1<sup>49</sup>**

**GIVAT YOGURT**  
selected varieties  
142 g  
yogourt  
20060932001 EA



**MEHOUDAR HEARTS OF PALM WHOLE**  
cœurs de palmier entiers  
20034032 EA

**2<sup>99</sup>**



**MEHADRIN BEEF SALAMI**  
373 g  
salamis de boeuf  
21043645 EA

**7<sup>99</sup>**



**KOL YAM ATLANTIC SALMON STEAKS**  
454 g  
dames de saumon de l'Atlantique  
21342019 EA

**12<sup>49</sup>**



**ZAVAV CHALAV CHEESE**  
selected varieties  
150 g  
fromage  
21332535 EA

**5<sup>99</sup>**



**ACHVA TAHINI**  
selected varieties  
500 g  
tahini  
20122784001 EA

**4<sup>99</sup>**



**7<sup>99</sup>**

**PARIDES FARMS FROZEN FRUITS or VEGETABLES**  
selected varieties  
454-680 g  
fruits ou légumes surgelés  
21029251 EA



**6<sup>99</sup>**

**CROWN BABKA**  
selected varieties  
500 g  
babka  
21229997 EA



**13<sup>99</sup>**

**AISH CANDLES DELUX SHABBOS**  
4-hour  
bougies de shabbat  
21094403 EA

AVAILABLE AT: ANTHONY'S NOFRILLS - 1054 CENTRE ST, VAUGHAN | VINCE & FRANCA'S NOFRILLS - 1631 RUTHERFORD RD, VAUGHAN  
JOHN & DANIELLE'S NOFRILLS - 270 WILSON AVE, NORTH YORK | CARLO'S NOFRILLS - 6220 YONGE ST, NORTH YORK

# BUDGETS LOVE YELLOW.

(So switch)

## DICED TOMATOES, DICED PRICES

Cut out a step without cutting anything, no name® Diced Tomatoes (796ml) are ready for any recipe.



**169**

**NO NAME® TOMATOES**  
selected varieties  
796 mL  
tomates en dés  
20600797 EA

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 2 TO WEDNESDAY, FEBRUARY 12, 2025.



**\$2**

**NO NAME® PASTA**  
selected varieties  
900 g  
pâtes  
20315413003 EA



**179**

**NO NAME® PASTA SAUCE**  
selected varieties  
680 mL  
sauce pour pâtes  
2029988001 EA



**129**

**NO NAME® VEGETABLES**  
selected varieties  
341/398 mL  
légumes  
20002237 EA



**149**

**NO NAME® BEANS**  
selected varieties  
540 mL  
haricots  
20514293 EA



**.79**

**NO NAME® CREAM OF MUSHROOM, TOMATO, VEGETABLE or CHICKEN NOODLE SOUP**  
284 mL  
soupe  
20302431 EA



**\$1**

**NO NAME® TUNA**  
selected varieties  
170 g  
thon  
20521647 EA

**no name®**



**PC Optimum™ members can save up to 35% on home and auto insurance\***



Save up to **35%**

[GET A QUOTE](#)

\*Conditions apply. Subject to change. For full details see [www.pcinsurance.ca](http://www.pcinsurance.ca).

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Scan the QR code to sign up.

**STRAIGHT TO YOUR PHONE**

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.

## THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).