

WED	THU	FRI	SAT	SUN	MON	TUE
1	2	3	4	5	6	7



Harris Teeter

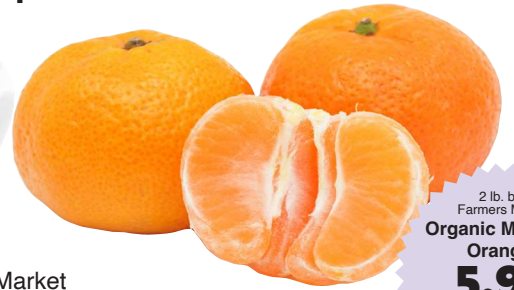
YOUR NEIGHBORHOOD MARKET
Weekly Specials*



Whole Rancher
Beef Tenderloin

14.99 per lb.

save at least \$7.00 per lb. with your VIC card



3 lb. Farmers Market
Mandarin Oranges

2 lb. bag
Farmers Market
Organic Mandarin
Oranges
5.99
save at least \$0.00 each
with your VIC card

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Harris Teeter
Boneless
Chicken Breast

2.49 per lb.

save at least \$1.50 per lb. with your VIC card



Wild Caught
Cod Fillets
or Fresh
Farm Raised
Salmon Fillets

6.99 per lb.

save big per lb. with your VIC card



Farmers Market
Red Cherries

3.99 per lb.

save big per lb. with your VIC card



Prime Beef
Pub Burgers

4.99 per lb.

save at least \$1.00 per lb. with your VIC card



Fresh Foods Market
Whole Subs

6.99 each

save big with your VIC card



Farmers Market
Gala or Envy Apples

1.99 per lb.

save big per lb. with your VIC card



Farmers Market Select
Bell Peppers,
8 oz. Cremini or
Sliced Baby
Bella Mushrooms
or 1 lb. Bag
Baby Carrots

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



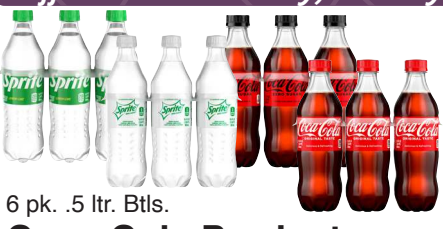
Celebrate
Bowl Season!
at Harris Teeter.

Everything's better
in a bowl!

20% Off Case Wine Sale

Offers valid Thursday, January 2 - Sunday, January 5, 2025

All Wines · Mix or Match · Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles



6 pk. .5 ltr. Btls.
Coca-Cola Products

**BUY 2 GET 2
FREE**

save big on 4 with your VIC card



8 pk. 12 oz. Cans
Bubly
Sparkling Water

**BUY 2 GET 3
FREE**

must buy 2 items to get 3 free with your VIC card



limit 10



28 oz.
Gatorade
or 1 Ltr.
Propel

**BUY 2 GET 3
FREE**

must buy 2 items to get 3 free with your VIC card



limit 10



6 - 8 oz.
Harris
Teeter
Shredded
Cheese

**BUY 2 GET 3
FREE**

must buy 2 items to get 3 free with your VIC card



limit 10



5 - 8 oz.
Lay's
or 7 - 8 oz.
Lay's Kettle

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



48 oz.
Turkey Hill
Ice Cream
or 16 oz.
Ben & Jerry's
Ice Cream

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8.25 oz. Thomas'
English Muffins
or Muffin Tops
or 20 oz.
Nature's Own
100% Wheat or
Hawaiian Bread

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 - 16 oz.
Hormel Bacon

**BUY 1 GET 1
FREE**

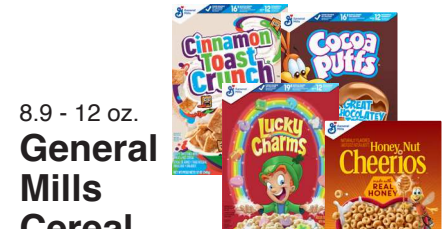
each item rings at half price with your VIC card



24 oz.
Classico
Pasta Sauce

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8.9 - 12 oz.
General
Mills
Cereal

4 \$12
for

save big on 4
with your VIC card



12 pk.
Sam Adams,
Sierra Nevada,
Blue Moon or
New Belgium

18.99 each

Drink Responsibly - Must be 21 to Purchase



1.5 ltr. Barefoot,
Yellow Tail
or Woodbridge

**11.99
-20%**

9.59 each

Final Price each when you
buy any 6 - 1.5 ltr. bottles
case purchase during
4 DAY SALE, JANUARY 2 - 5, 2025.
Drink Responsibly - Must be 21 to Purchase

**All
Week**
January 1 - 7

4X



on all
qualifying items

download the digital coupon
available to clip January 2 - 7, 2025 ONLY



**SAVE
UP TO \$1.00
PER GALLON***

Offer valid January 1 - 7, 2025, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.

* Supplies are limited

1-10D 1-10D 1-10D 1-10D

Prices good through January 7, 2025

WED	THU	FRI	SAT	SUN	MON	TUE
1	2	3	4	5	6	7



6 - 12 oz.
Stouffer's
 or **Lean Cuisine**

3 for \$9
 save big on 3 with your VIC card **VIC SAVINGS**



8 oz.
Sargento
Sliced Cheese

2 for \$6
 save big on 2 with your VIC card **VIC SAVINGS**



46 oz.
Tropicana
Orange Juice

2 for \$6
 save big on 2 with your VIC card **VIC SAVINGS**

eVIC e-VIC members only **weekly limit 10**

5.4 - 6.7 oz.
Chobani Flip,
Zero Sugar
or High Protein
Greek Yogurt



.97
 save at least \$2.80 over our already low VIC price when you buy 10 **8/\$10** non e-vic member price **VIC SAVINGS**
 All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only **weekly limit 4**

10 - 12 oz.
Tostitos
 or 6.25 - 7.75 oz.
Smartfood



2.97
 save at least \$4.12 over our already low VIC price when you buy 4 **2/\$8** non e-vic member price **VIC SAVINGS**
 All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only **weekly limit 4**

6.5 - 8 oz.
Cape Cod,
Kettle Brand
 or **Air Fried Chips**



2.47
 save at least \$4.12 over our already low VIC price when you buy 4 **2/\$7** non e-vic member price **VIC SAVINGS**
 All items must be purchased in a single transaction with your VIC card.

every day DOUBLE manufacturers' COUPONS up to 99¢
 see customer service for details **VIC SAVINGS**
 BGA BGA BGA BGA

Healthy New Year

Select Varieties
Nature's Bounty Vitamins



BUY 1 GET 1

FREE

each item rings at half price with your VIC card



1.9 - 1.98 oz.
Aloha Organic Protein Bars



2 for \$4

save at least \$1.38 on 2 with your VIC card



1.9 - 2.12 oz.
Quest Protein Bars
or 1.1 - 1.12 oz. **Chips**

2 for \$5

save at least \$1.98 on 2 with your VIC card



12 oz.
20 grams of Protein
OWYN Protein Drinks



2 for \$5

save at least \$2.98 on 2 with your VIC card



12 oz.
Jocko Energy Drinks
or **Protein Shakes**



2 for \$5

save at least \$1.98 on 2 with your VIC card



100 ct.
Centrum Multivitamin Gummies



10.99

save at least \$2.00 each with your VIC card



2.02 - 2.03 lb.
Orgain Organic Protein Plant Based Powders



29.99

save at least \$7.00 each with your VIC card



Senior Discount Thursdays
Seniors 60 and older get a

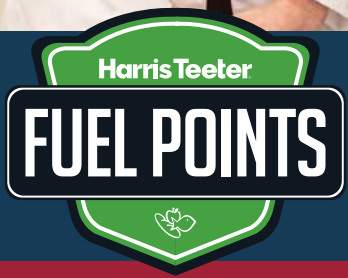
5% DISCOUNT

Please notify your cashier if you qualify



A few reasons to use the Harris Teeter Pharmacy:

- Friendly and Credible Healthcare Providers
- Vaccine Services
- Online Prescription Management
- Refill Programs
- Drive-Thru at select locations



Transfer your Prescriptions and Earn **1000 Fuel Points*** for each New Transferred Prescription!

**See Pharmacist for details.*

NEW to try!

Hot & Fresh Rotisserie Chicken

Available every day from 11 am to 7 pm

In Store Only.

While supplies last.

NEW LARGER SIZE
Same price, more value!



SHOP NOW

from our meat department

from our seafood department



Whole Angus Beef Tenderloin

16.99 per lb.
save at least \$6.00 per lb. with your VIC card



16 - 17 oz.
Kevin's Chicken Meals

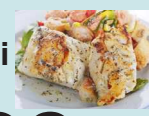
7.99 each
save at least \$2.00 each with your VIC card

Fresh Farm Raised
Boneless Rainbow Trout Fillets



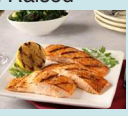
9.99 per lb.
save at least \$2.00 per lb. with your VIC card

Fresh Wild Caught
Mahi Mahi Fillets



10.99 per lb.
save at least \$1.00 per lb. with your VIC card

5 oz. Fresh Farm Raised Mediterranean
Salmon Portions



\$6 each
save at least \$1.00 each with your VIC card

Wild Caught
Flounder Fillets



11.99 per lb.
save at least \$2.00 per lb. with your VIC card

3 oz. Signature
Chilean Sea Bass Cakes



2 for \$6
save at least \$2.00 on 2 with your VIC card

Niman Ranch All Natural
Boneless Pork Loin

5.99 per lb.
save at least \$1.00 per lb. with your VIC card

18.4 - 22 oz.
Hatfield Marinated Pork Loin Filet or Tenderloin

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

7.5 - 9 oz.
Oscar Mayer Lunchmeat

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz. Hillshire Farm Family Size
Lunchmeat

6.99 each
save at least \$3.00 each with your VIC card

12 oz. Fishermans Market
Fillets & Steaks

30% off
save big with your VIC card

8 - 9.6 oz.
Scott & Jon's Seafood Bowls

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12 oz. Heritage
Thin Sliced Ribeye

8.99 each
save at least \$1.00 each with your VIC card

96% Lean Ground Beef

6.99 per lb.
save at least \$1.00 per lb. with your VIC card

22 - 29 oz.
Perdue Simply Chicken

8.99 each
save at least \$3.00 each with your VIC card

12 oz. or 24 oz.
Bob Evans Sides

2 for \$8
save big on 2 with your VIC card

14 - 15 oz.
Ball Park Franks

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Lightly Smoked or Lemon Pepper
Salmon Burgers

\$5 each
save at least \$1.00 each with your VIC card

16 oz. Hickory Nut Gap
Grass Fed Ground Beef

7.99 each
save at least \$2.00 each with your VIC card

16 oz. Villari Prime
Boneless Pork Chops

2 for \$10
save big on 2 with your VIC card

2.25 - 4.4 oz.
Oscar Mayer Lunchables

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12 - 14 oz.
Hillshire Smoked Sausage or Kielbasa

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Wild Caught
Tilapia Fillets

6.99 per lb.
save at least \$2.00 per lb. with your VIC card

Wild Caught
Tuna Steaks

7.99 per lb.
save at least \$4.00 per lb. with your VIC card

5.25 - 6 oz.
Annie's Shells & Cheese Dinners

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

9.8 - 42 oz.
Quaker Grits or Old Fashioned Oats

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

8.4 - 12.1 oz.
Quaker Instant Oatmeal

2 for \$6
save big on 2 with your VIC card

20 ct.
Celestial Seasonings Tea Bags

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

5 oz. Harris Teeter
CROUTONS or 12 oz. Flavored Mustard

4 for \$5
save big on 4 with your VIC card

12 Dbl. Roll
Harris Teeter Soft & Strong Bath Tissue

4.99
save big with your VIC card

24 oz.
Botticelli Marinara Sauce

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

9 - 20.5 oz.
Post Honey Bunches of Oats, Premier Protein or Grape Nuts Cereal

2 for \$7
save big on 2 with your VIC card

15 oz. Wishbone
Salad Dressing or 16 - 24 oz. Vlasic Pickles

2 for \$5
save big on 2 with your VIC card

121 oz.
All Liquid Laundry Detergent

16.99
save at least \$3.00 each with your VIC card

70 - 80 ct.
Lysol Disinfectant Wipes

4.99
save at least \$2.30 each with your VIC card

40 ct.
Ziploc Sandwich or Snack Bags

2.99
save at least \$1.30 each with your VIC card

15 - 16 oz.
Bush's Best Recipe Beans

4 for \$5
save big on 4 with your VIC card

9.4 - 10.8 oz.
Ghost High Protein Cereal

6.99
save big with your VIC card

32 oz.
Harris Teeter Vegetable or Canola Oil

2 for \$7
save big on 2 with your VIC card

40 ct.
Ziploc Sandwich or Snack Bags

2.99
save at least \$1.30 each with your VIC card

5 lb.
Supreme Source Dog Food

9.99
save at least \$3.00 each with your VIC card

11 oz. Bag
HT Traders Coffee

5.99
save big with your VIC card

10.5 - 11 oz.
Campbell's Condensed Soups

BUY 2 GET 2 FREE
save big on 4 with your VIC card

12 oz.
Stumptown Coffee Roasters

12.99
save big with your VIC card

1 ct.
Hershey's Singles

4 for \$5
save big on 4 with your VIC card

1 ct.
HU Chocolate Bars

3.99
save big with your VIC card

3.5 lb.
Iams Cat Food

9.99
save at least \$2.00 each with your VIC card

11 oz. Bag
HT Traders Coffee

5.99
save big with your VIC card

from our grocery department

5.25 - 6 oz.
Annie's Shells & Cheese Dinners

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

9.8 - 42 oz.
Quaker Grits or Old Fashioned Oats

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

8.4 - 12.1 oz.
Quaker Instant Oatmeal

2 for \$6
save big on 2 with your VIC card

20 ct.
Celestial Seasonings Tea Bags

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

5 oz. Harris Teeter
CROUTONS or 12 oz. Flavored Mustard

4 for \$5
save big on 4 with your VIC card

12 Dbl. Roll
Harris Teeter Soft & Strong Bath Tissue

4.99
save big with your VIC card

24 oz.
Botticelli Marinara Sauce

BUY 1 GET 1 FREE
each item rings at half price with your VIC card

9 - 20.5 oz.
Post Honey Bunches of Oats, Premier Protein or Grape Nuts Cereal

2 for \$7
save big on 2 with your VIC card

15 oz. Wishbone
Salad Dressing or 16 - 24 oz. Vlasic Pickles

2 for \$5
save big on 2 with your VIC card

121 oz.
All Liquid Laundry Detergent

16.99
save at least \$3.00 each with your VIC card

70 - 80 ct.
Lysol Disinfectant Wipes

4.99
save at least \$2.30 each with your VIC card

40 ct.
Ziploc Sandwich or Snack Bags

2.99
save at least \$1.30 each with your VIC card

15 - 16 oz.
Bush's Best Recipe Beans

4 for \$5
save big on 4 with your VIC card

9.4 - 10.8 oz.
Ghost High Protein Cereal

6.99
save big with your VIC card

32 oz.
Harris Teeter Vegetable or Canola Oil

2 for \$7
save big on 2 with your VIC card

40 ct.
Ziploc Sandwich or Snack Bags

2.99
save at least \$1.30 each with your VIC card

5 lb.
Supreme Source Dog Food

9.99
save at least \$3.00 each with your VIC card

11 oz. Bag
HT Traders Coffee

5.99
save big with your VIC card

10.5 - 11 oz.
Campbell's Condensed Soups

BUY 2 GET 2 FREE
save big on 4 with your VIC card

12 oz.
Stumptown Coffee Roasters

12.99
save big with your VIC card

1 ct.
Hershey's Singles

4 for \$5
save big on 4 with your VIC card

1 ct.
HU Chocolate Bars

3.99
save big with your VIC card

3.5 lb.
Iams Cat Food

9.99
save at least \$2.00 each with your VIC card

11 oz. Bag
HT Traders Coffee

5.99
save big with your VIC card

beverages

2 Ltr.
Coca-Cola Products



BUY 2 GET 1 FREE

save big on 3 with your VIC card

12 pk. 12 oz.
Waterloo Sparkling Water



4.99

save at least \$1.20 each with your VIC card

32 oz.
Revl Fruits 100% Juice



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

12 pk. 12 oz.
Canada Dry Products



3 for \$15

save at least big on 3 with your VIC card

6 pk. 16.9 oz.
Propel Fitness Water



BUY 2 GET 1 FREE

save big on 3 with your VIC card

10 pk. 7.5 oz.
Pepsi Mini Cans



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

12 oz.
Zoa Sparkling Energy Drink



4 for \$7

save big on 4 with your VIC card

6 pk. 16.9 oz.
Snapple Iced Tea



7.49

save at least \$1.50 each with your VIC card

12 oz.
Kitu Super Coffee



2 for \$5

save at least \$1.58 on 2 with your VIC card

6 pk. 1 Ltr.
Smartwater



12.49

save at least \$1.50 each with your VIC card

snacks

10 ct.
Lance Sandwich Crackers



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

10 oz.
Bridgeford Beef Jerky



13.99

save at least \$2.00 each with your VIC card

15 oz.
Tostitos Salsa



2 for \$6

save big on 2 with your VIC card

7 oz.
Sensible Portions Veggie Straws



2 for \$6

save at least \$3.58 on 2 with your VIC card

7.4 - 16 oz. **Late July Tortillas** or **Snyder's Seasoned Pieces or Twists**



2 for \$7

save big on 2 with your VIC card

10 - 20.6 oz. Nabisco
Family Size Snack Crackers



2 for \$7

save big on 2 with your VIC card

6.25 - 10 oz.
Pepperidge Farm Goldfish Crisps or **Family Size Goldfish**



2 for \$7

save at least \$2.58 on 2 with your VIC card

15.5 oz.
Tostitos or **Lay's Dips**



2 for \$7

save big on 2 with your VIC card

10.68 - 20.2 oz. Nabisco
Family Size Chips Ahoy! or **Oreo**



2 for \$8

save big on 2 with your VIC card

4 oz.
Wilde Protein Chips



5.99

save at least \$1.00 each with your VIC card

health & beauty

Select Varieties
Nature Made Vitamins



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

1.83 oz.
RXBAR



3 for \$5

save at least \$3.36 on 3 with your VIC card

Select 33 - 96 ct.
Tums Antacid



5.99

save at least \$1.50 each with your VIC card

Select
Dr. Teal's Bath Salts



6.99

save at least \$1.00 each with your VIC card

home essentials

While Supplies Last. Not Available In All Stores.

8 ct. AA/AAA
Energizer Max Batteries



40% off

save big with your VIC card

Method Floor Cleaners



8.79

save at least \$1.20 each with your VIC card

52 oz.
Planet Oat Oatmilk or
32 oz. **Planet Oat Creamer**



2 for \$5

save big on 2 with your VIC card

24 oz.
Daisy Sour Cream



3.99

save big with your VIC card

9 - 12 oz.
Harris Teeter Snack Cheese



2 for \$6

save at least \$1.98 on 2 with your VIC card

32 oz.
Coffeemate Creamer



2 for \$7

save big on 2 with your VIC card

64 oz.
Lactaid Milk



2 for \$7

save big on 2 with your VIC card

24 oz.
Chobani Creamer



2 for \$8

save big on 2 with your VIC card

4 pk.
Chobani Greek Yogurt



2 for \$8

save big on 2 with your VIC card

16.5 oz.
Nestle Cookie Dough



2 for \$7

save big on 2 with your VIC card

25.4 oz.
Nutpods Creamer



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8 - 28 oz.
Pictsweet Vegetables



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

14 oz.
Nick's Pints or 4 pk. **Novelties**



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

48 oz.
Harris Teeter Frozen Pineapple or **Blueberries**



8.49

save big with your VIC card

14 oz.
Bagel Bites Pizza Snacks



4.49

save big with your VIC card

13.5 - 20 oz.
Alexia Fries or **Onion Rings**



2 for \$9

save big on 2 with your VIC card

15.5 - 24.7 oz.
DiGiorno or **CPK Pizza**



5.99

save big with your VIC card

12.8 - 18.8 oz.
Jimmy Dean Breakfast Sandwiches



5.99

save big with your VIC card

15 oz.
TGI Fridays Appetizers



5.99

save big with your VIC card

25 oz.
Tyson Chicken



7.99

save big with your VIC card

* Supplies are limited

Celebrate Bowl Season!

Fill a Bowl with healthy favorites



Get the Smoothie Bowl Recipe here



2 ct. bag Farmers Market Hass Avocado

1.99

save big with your VIC card **VIC SAVINGS**



Farmers Market Large Mango

.99

save big with your VIC card **VIC SAVINGS**



Pint Farmers Market Blueberries

3.99

save big with your VIC card **VIC SAVINGS**



.5 - 2.68 oz. Select Varieties Simple Truth Organic Spices

25% off

save big with your VIC card **VIC SAVINGS**



6 oz. Harris Teeter Frozen Shredded Coconut

3 \$4 for

save big on 3 with your VIC card **VIC SAVINGS**



13.5 oz. HT Traders Coconut Milk

3 \$5 for

save big on 3 with your VIC card **VIC SAVINGS**



32 oz. Harris Teeter Leaf Spinach

2 \$6 for

save big on 2 with your VIC card **VIC SAVINGS**



52 oz. Chobani Oatmilk

2 \$7 for

save big on 2 with your VIC card **VIC SAVINGS**



8 oz. Harris Teeter Sliced Almonds, Pecan Halves or Walnut Halves & Pieces

2 \$10 for

save big on 2 with your VIC card **VIC SAVINGS**



32 oz. Fage Total Greek Yogurt

5.99

save big with your VIC card **VIC SAVINGS**



Select 10 - 15 oz. Spectrum Organic Chia or Flax Seeds

7.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**



8 oz. Manitoba Hemp Heart Seeds

6.99

save big with your VIC card **VIC SAVINGS**



12 - 14 oz. Power Up Trail Mix

6.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**



16 - 22 oz. Simple Truth Organic Granola

7.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**



18.6 oz. Vega Protein and Greens Powders

24.99

save at least \$7.00 each with your VIC card **VIC SAVINGS**



18 ct. 20 oz. Harris Teeter Plastic Bowls

3.29

save at least \$1.20 each with your VIC card **VIC SAVINGS**



48 ct. Harris Teeter Everyday Cutlery **2/\$4** save 78c on 2 with your VIC card **VIC SAVINGS**

Fill their Lunchbox with all the favorites

eVIC e-VIC members only

weekly limit 4

15 ct. or 18 ct. Frito Lay Multipacks

8.97

save at least \$8.08 over our already low VIC price when you buy 4 non e-vic member price **10.99**

All items must be purchased in a single transaction with your VIC card.

6 pk. Harris Teeter Applesauce Cups or 4 pk. Fruit Bowls

2 \$4 for

save at least \$1.98 on 2 with your VIC card **VIC SAVINGS**

3.3 - 8.9 oz. Nature Valley or Fiber ONE Bars or 4.5 - 8 oz. Betty Crocker Fruit Snacks, Gushers or Fruit Roll-Ups

2 \$5 for

save big on 2 with your VIC card **VIC SAVINGS**

15 - 16.3 oz. Skippy Peanut Butter or 30 oz. Welch's Grape Jelly or Jam

2 \$5 for

save big on 2 with your VIC card **VIC SAVINGS**

4 c. Simple Truth PB & J Dippers

2 \$6 for

save big on 2 with your VIC card **VIC SAVINGS**

6 ct. Tastykake Snacks

1.99

save at least 50c each with your VIC card **VIC SAVINGS**

7.20 oz. Simple Truth Pretzel Thins

3.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**

8 oz. Smucker's Uncrustables

3.99

save big with your VIC card **VIC SAVINGS**

9 ct. Pepperidge Farm Goldfish Multipacks

5.99

save at least \$1.80 each with your VIC card **VIC SAVINGS**

12 pk. Stonyfield Organic Smoothies

6.49

save at least \$1.50 each with your VIC card **VIC SAVINGS**

12 ct. Tree Top Applesauce Pouches

7.99

save big with your VIC card **VIC SAVINGS**

Fresh year, fresh deals

Chobani.

Celebrate Bowl Season! at Harris Teeter.



* Supplies are limited

Long term Savings



Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW Long term Savings



6 oz. Daisy Cottage Cheese with Fruit
4 \$5 for
save big on 4 with your VIC card



10 oz. Chobani Complete Protein Shake
2 \$4 for
save big on 2 with your VIC card



4 ct. :ratio TRIO KETO Friendly Multipack
2 \$9 for
save big on 2 with your VIC card



48 oz. Mayfield Ice Cream
5.99
save big with your VIC card



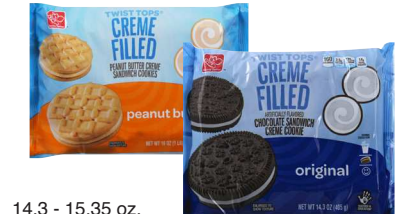
32 oz. Harris Teeter Complete Pancake Mix
2 \$5 for
save big on 2 with your VIC card



12 ct. Private Selection K-Cup Coffee
4.99
save big with your VIC card



11.3 - 13 oz. Harris Teeter Chip Blitz Cookies
2 \$5 for
save big on 2 with your VIC card



14.3 - 15.35 oz. Harris Teeter Twist Tops Cookies
2 \$5 for
save big on 2 with your VIC card



16 oz. Fage Sour Cream
2 \$5 for
save big on 2 with your VIC card



6.6 oz. Bibigo Steamed Dumplings
3 \$10 for
save big on 3 with your VIC card



15 oz. Harris Teeter Bread Crumbs
1.79
save big with your VIC card



8 oz. Skinny Pop Family Size Popcorn
5.49
save big with your VIC card



24 oz. Dean's French Onion Dip
2 \$7 for
save big on 2 with your VIC card



9.2 oz. Gorton's Butterfly Shrimp
5.99
save big with your VIC card



12.7 oz. Harris Teeter Red Wine Vinegar
2.29
save big with your VIC card



6 pk. 6 oz. Dole Pineapple Juice
2 \$7 for
save big on 2 with your VIC card



12 ct. NestFresh Free Range Non-GMO Eggs
5.49
save big with your VIC card



32 oz. Barilla Spaghetti
3.79
save big with your VIC card



3 oz. Harris Teeter Bacon Bits or Pieces
2 \$5 for
save big on 2 with your VIC card



6 pk. 10 oz. Btls. Harris Teeter Mixers
3.99
save big with your VIC card



20 oz. Velveeta Mini Blocks
5.99
save big with your VIC card



24 oz. HT Traders Pasta Sauce
3.99
save big with your VIC card



8 oz. PAM Cooking Spray
4.99
save big with your VIC card



6 pk. Puffs Ultra Soft Family Pack Facial Tissues
9.99
save big with your VIC card



12 oz. Private Selection Macaroni & Cheese
2 \$5 for
save big on 2 with your VIC card



25.5 oz. Harris Teeter Extra Virgin Olive Oil
9.99
save big with your VIC card



36 oz. Hidden Valley Ranch Dressing
7.99
save big with your VIC card



75 ct. Harris Teeter Disinfecting Wipes
3.99
save big with your VIC card

Prices valid January 1 through January 7, 2025.

wine & beer *not available at all stores

harris teeter
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

20% Off Case Wine Sale

Offers valid Thursday, January 2- Sunday, January 5, 2025

All Wines · Mix or Match · Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles

750 ml.
Chateau Souverain
Chardonnay or
Gnarly Head
1924 Cabernet



9.99
-20%

7.99 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.

750 ml.
Oyster Bay
Sauvignon Blanc or
Hahn Pinot Noir



13.99
-20%

11.19 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.



750 ml.
J Lohr Riverstone Chardonnay
or 8 pk. **Crooks**
or 12 pk. **Michelob Ultra**

15.99 each



750 ml.
Shannon Ridge Chardonnay
or 6 pk.
Corona or **Modelo**

9.99 each

750 ml.
Whitehaven
Sauvignon Blanc or
Prati by Louis Martini



17.99
-20%

14.39 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.

750 ml.
Smith & Hook
Red Blend or
Decoy Cabernet



18.99
-20%

15.19 each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.



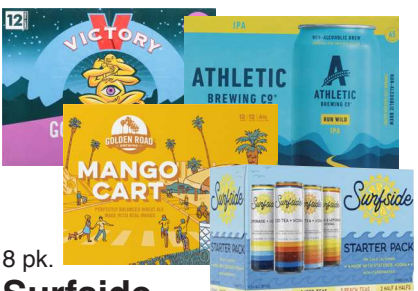
750 ml.
Columbia Crest
Grand Estates Chardonnay
or 6 pk. **Blake's**

10.99 each



750 ml.
Stella Rosa Black
or 6 pk. **Wicked Weed**

11.99 each



8 pk.
Surfside
or 12 pk. **Victory**,
Athletic or **Mango Cart**

17.99 each



12 pk.
Goose Island or **Bells**
or 15 pk. **Founders**

19.99 each



15 pk. Aluminum Btls.
Bud Family, **Miller**
Family or **Coors Family**
or 18 pk. **Yuengling**

16.99 each



6 pk.
Angry Orchard,
Heineken or **Lagunitas**

9.99 each

long term Savings



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



16 oz.
Frozen 85/15
Ground Turkey

2.99 each

Value Pack



Angus Beef Cube Steak

6.99 per lb.



Smithfield
Whole
Boneless Pork Tenderloin

4.99 per lb.



9 oz.
Farmers Market
Flat Leaf Spinach

1.99 each



Farmers Market
Navel Oranges
or **Large Lemons**

2 \$1
for



Farmers Market
Honeydew Melon

3.99 each



18 oz.
New England Clam, Lobster Bisque,
Charleston She-Crab Soup,
Shrimp Sausage & Gumbo
Boston Chowda

4.99 each



32 oz.
Panera
Chicken Noodle
or **Broccoli Cheddar** Soup

9.99 each



12 ct.
King's
Hawaiian Rolls

4.99 each



Simply Savings



FREE FROM* UNWANTED INGREDIENTS

for a Healthy New You!

Spend less with Harris Teeter's family of Brands

14.5 oz. Simple Truth Organic Canned Vegetables

3 for \$5

save big on 3 with your VIC card

20 oz. Simple Truth Organic Ketchup or 12 oz. Mustard

1.79

save big with your VIC card

3.5 oz. Simple Truth Rice & Almond Crackers

2 for \$5

save big on 2 with your VIC card

16.9 oz. Simple Truth Organic Coconut Water

2 for \$3

save at least 49¢ on 2 with your VIC card

10 oz. Select Varieties Simple Truth Organic Frozen Fruit

2 for \$6

save big on 2 with your VIC card

12 oz. Simple Truth Organic Salad Dressing

2 for \$7

save big on 2 with your VIC card

6 - 8 oz. Simple Truth Organic Baby Bellas, Portabella Caps or Whole White Mushrooms

2 for \$7

save big on 2 with your VIC card

8.8 oz. Simple Truth Organic 90 Second Rice

2 for \$5

save big on 2 with your VIC card

16 oz. Simple Truth Organic Peanut Butter or 16.5 oz. Fruit Spread

4.49

save big with your VIC card

12 oz. Simple Truth Thick Cut or Uncured Sliced Bacon

4.99

save big with your VIC card

2.5 oz. Simple Truth Organic Beef Jerky

4.99

save big with your VIC card

6 oz. Simple Truth Organic Cold Cuts

5.99

save at least \$1.50 each with your VIC card

19 oz. Simple Truth Organic Chicken Tenders

9.99

save at least \$2.00 each with your VIC card

2 Big Roll Simple Truth Paper Towels

2.79

save big with your VIC card

9 oz. Simple Truth Organic Tortilla Chips

2 for \$4

save big on 2 with your VIC card

4 Dbl. Roll Simple Truth Bath Tissue

2/\$5

save big on 2 with your VIC card

It's the SAVINGS Bowl!

Essentials at easy prices

*Kimberly-Clark

12 Mega Roll Cottonelle Bath Tissue

11.99

save at least \$3.00 each with your VIC card

84 ct. Cottonelle Flushable Wipes

4.29

save at least \$1.70 each with your VIC card

18 ct. Scott 1000 Bath Tissue

13.99

save at least \$5.50 each with your VIC card

6 Dbl. Roll Viva Paper Towels

10.99

save at least \$2.00 each with your VIC card

55 - 70 ct. Kleenex Cube Box Facial Tissues

3 for \$5

save at least \$1.87 on 3 with your VIC card

30 - 129 ct. U by Kotex Pads

8.99

save at least \$1.00 each with your VIC card

220 - 280 ct. Kleenex 4 pk. Cube Box Facial Tissues

6.49

save at least \$1.40 each with your VIC card

22 - 100 ct. U by Kotex Tampons

8.99

save big with your VIC card

10 - 66 ct. Depend or Poise Pads

15.99

save at least \$2.00 each with your VIC card

18 - 32 ct. Huggies Little Snugglers or Little Movers Diapers

9.99

save at least \$2.00 each with your VIC card

168 - 192 ct. Huggies Wipes

6.49

save at least \$1.00 each with your VIC card

19 - 27 ct. Huggies Snug & Dry Diapers

8.99

save at least \$1.00 each with your VIC card

9 - 23 ct. Pull-Ups or Goodnites Training Pants

9.99

save at least \$2.00 each with your VIC card

Save Time and Money with Harris Teeter pickup & delivery



Select Date & Time



Pick Up Curbside

No service fee on orders of \$35 or more!

*Supplies are limited

New Year, New Savings on Household Favorites

Save over **\$59**

with P&G e-VIC digital coupons[†]

Download to your VIC Card and save today!



eVIC
COUPONS
EXCLUSIVE SAVINGS

SAVINGS MADE SIMPLE

Clip digital coupons. Shop in-store or online. **SAVE BIG!**

HOT DEAL!



3 ct.
Mr. Clean Magic Eraser Ultra Foamy & Ultra Thick

5.99 ea. with VIC card
-2.00 Digital Coupon **USE 1 TIME**
3.99 Final Price with Digital Coupon
Limit 1 per offer.

**POWERFUL PRODUCTS
POWERFUL SAVINGS**

GET A \$10 HARRIS TEETER E-GIFT CARD WHEN YOU SPEND \$30 ON P&G HOME CARE PRODUCTS*

*Terms apply. Ends 1/14/2025. Submit by 1/21/2025. Participating brands: Cascade, Dawn, Febreze, Mr. Clean, and Swiffer. Visit PGLocalValues.com for full details and Privacy Policy. ©2024 Procter & Gamble

Visit PGLocalValues.com for details and to claim your reward

HOT DEAL!



0.25 oz.
Febreze Small Spaces

3.29 ea. with VIC card
-2.30 Digital Coupon **USE 1 TIME**
0.99 Final Price with Digital Coupon
Limit 1 per offer.

HOT DEAL!



16 oz.
Dawn Powerwash Starter Kit

4.99 ea. with VIC card
-2.00 Digital Coupon **USE 1 TIME**
2.99 Final Price with Digital Coupon
Limit 1 per offer.

HOT DEAL!



1 ct.
Swiffer PowerMop Starter Kit

24.99 ea. with VIC card
-10.00 Digital Coupon **USE 1 TIME**
14.99 Final Price with Digital Coupon
Limit 1 per offer.

HOT DEAL!



1 ct.
Swiffer Dry Wet Starter Kit

18.99 ea. with VIC card
-4.50 Digital Coupon **USE 1 TIME**
14.49 Final Price with Digital Coupon
Limit 1 per offer.

HOT DEAL!



28 ct.
Cascade Platinum Plus ActionPac Tubs

12.99 ea. with VIC card
-2.50 Digital Coupon **USE 1 TIME**
10.49 Final Price with Digital Coupon
Limit 1 per offer.



6 Double Roll or 4 Triple Roll
Bounty Paper Towels

12.99 ea. with VIC card
-3.00 Digital Coupon **USE 1 TIME**
9.99 Final Price with Digital Coupon
Limit 1 per offer.



12 Mega XL Roll
Charmin Bath Tissue

19.99 ea. with VIC card
-1.00 Digital Coupon **USE 1 TIME**
18.99 Final Price with Digital Coupon
Limit 1 per offer.



84 oz.
Tide Liquid & 25 - 42 ct. Tide PODS Laundry Detergent

12.99 ea. with VIC card
-3.00 Digital Coupon **USE 1 TIME**
9.99 Final Price with Digital Coupon
Limit 1 per offer.



48 oz.
Downy Rinse & Refresh & 18.2 oz. Downy In-Wash Scent Beads

12.99 ea. with VIC card
-3.00 Digital Coupon **USE 1 TIME**
9.99 Final Price with Digital Coupon
Limit 1 per offer.

THOUGHTFULLY MADE WITH CLEAN INGREDIENTS

BUY 2 NATIVE PRODUCTS, **SAVE \$3 INSTANTLY**, WITH VIC CARD*

NATIVE
16.5 oz. Shampoo,
18 oz. Body Wash,
2.65 oz. Deodorant,
3.5 oz. Whole Body Deodorant Spray & 16.5 oz. Body Lotion

*Offer valid thru 1/28/25. Both items must be purchased in the same transaction, with VIC Card. Participating Items Only.

8 - 9.6 oz.
Pantene Nutrient Blends & 13.5 oz. Head & Shoulders BARE Shampoo & Conditioner

9.99 ea. with VIC card
save 3.00 Digital Coupon **USE 1 TIME**
4.00 Final Price with Digital Coupon
Limit 1 per offer.

Gillette Fusion5 & Venus Blade Refills

19.99 ea. with VIC card
-3.00 Digital Coupon **USE 1 TIME**
16.99 Final Price with Digital Coupon
Limit 1 per offer.

17 oz.
Olay Premium Body Lotion

9.99 ea. with VIC card
-2.00 Digital Coupon **USE 1 TIME**
7.99 Final Price with Digital Coupon
Limit 1 per offer.

HOT DEAL!



1.7 oz.
Olay Regenerist Facial Moisturizer
24.99 ea.
save at least \$8.00 each with your VIC Card **VIC SAVINGS**

10 ct., 20 ct.
Crest 3D Whitestrips

49.99 ea. with VIC card
-5.00 Digital Coupon **USE 1 TIME**
44.99 Final Price with Digital Coupon
Limit 1 per offer.

28 ct. Select
Align Probiotics Capsules & 90 ct. Select Gummies

31.99 ea. with VIC card
-2.00 Digital Coupon **USE 1 TIME**
29.99 Final Price with Digital Coupon
Limit 1 per offer.

[†]Offers are only valid for current e-VIC Members who clip and save them to their VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout. Offers are Non-transferable and each coupon may be clipped and redeemed one time. If a customer has previously redeemed the digital coupon during its original dates, the offer is no longer available due to manufacturer restrictions.

Try bowls of warm goodness

Campbell's

eVIC e-VIC members only

weekly limit 10

10.75 oz. Campbell's Chicken Noodle Soup or Tomato Soup or 14.5 oz. Swanson Broth

.87



non e-vic member price **5/\$5**

save at least \$1.30 over our already low VIC price when you buy 10 VIC
All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

32 oz. Swanson Broth

1.77



non e-vic member price **2/\$5**

save at least \$2.92 over our already low VIC price when you buy 4 VIC
All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

24 oz. Prego Pasta Sauce

1.77



non e-vic member price **2/\$5**

save at least \$2.92 over our already low VIC price when you buy 4 VIC
All items must be purchased in a single transaction with your VIC card.



18.6 oz. Campbell's Chunky Soup

2 \$4 for 4

save at least 99¢ on 2 with your VIC card



16 oz. Campbell's Homestyle Soup

2 \$4 for 4

save at least 79¢ on 2 with your VIC card



16 oz. Pace Salsa

2 \$5 for 5

save at least 60¢ on 2 with your VIC card



64 oz. Pace Salsa

6.99

save at least \$2.00 each with your VIC card



32 oz. Pacific Organic Broth

2 \$7 for 7

save at least \$1.49 on 2 with your VIC card



32 oz. Pacific Organic Soup

3.99

save at least \$1.50 each with your VIC card



46 oz. V8 Red or Blends

2 \$7 for 7

save at least \$1.19 on 2 with your VIC card



64 oz. V8 Splash

2 \$4 for 4

save at least 99¢ on 2 with your VIC card



6 pk. or 8 pk. V8 Multipacks

4.99

save at least \$1.80 each with your VIC card



15.5 oz. SpaghettiOs

5 \$5 for 5

save at least \$2.74 on 5 with your VIC card



15.5 oz. Late July Salsa

3.99

save at least \$1.00 each with your VIC card

New Year, fresh bowls



eVIC e-VIC members only

weekly limit 10

5.3 oz. Oikos Triple Zero Greek Yogurt

.87

save at least \$1.30 over our already low VIC price when you buy 10 VIC

non e-vic member price **10/\$10**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

32 oz. Silk Almond or Oat Creamer

3.97

save at least \$2.08 over our already low VIC price when you buy 4 VIC

non e-vic member price **4.49**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

64 oz. Silk Almond Milk

2.47

save at least \$2.12 over our already low VIC price when you buy 4 VIC

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

5.3 oz. Too Good or Oikos Pro Greek Yogurt

10 \$10 for 10

save at least 89¢ on 10 with your VIC card



4.5 oz. Too Good or Oikos Remix

10 \$10 for 10

save at least 67¢ on 10 with your VIC card



4 pk. Light +Fit Greek Yogurt

2 \$7 for 7

save at least \$1.99 on 2 with your VIC card



8 pk. Activia Probiotic Dailies

4.99

save at least \$1.00 each with your VIC card



5.3 oz. Silk or So Delicious

4 \$5 for 5

save at least 94¢ on 4 with your VIC card



14 oz. International Delight Cold Foam Creamer

4.49

save at least \$1.00 each with your VIC card



64 oz. Silk Soy Milk

2 \$7 for 7

save at least \$1.69 on 2 with your VIC card



48 oz. STOK Cold Brew

4.99

save at least \$1.50 each with your VIC card



64 oz. So Delicious Organic Coconut Milk

2 \$7 for 7

save at least \$1.99 on 2 with your VIC card

Live Naturally



New Year, New Savings

on Organic Produce Favorites from the Farmers Market



16 oz. Simple Truth
No Sugar Added Dessert Pints
BUY 1 GET 1 FREE
each item rings at half price with your VIC card



11.1 oz. Kokada
Coconut Spread
BUY 1 GET 1 FREE
each item rings at half price with your VIC card



.5 - 2.68 oz. Select Varieties Simple Truth
Organic Spices
25% off
save big with your VIC card



14.5 - 15 oz. Simple Truth
Organic Diced Tomatoes
3 for \$5
save big on 3 with your VIC card



16 oz. Simple Truth
Organic Kombucha
2 for \$5
save at least 49¢ on 2 with your VIC card



32 oz. Simple Truth
Organic 100% Juice
4.99
save at least \$1.00 each with your VIC card



10 oz. 2 pk. Simple Truth
Organic Cooking Spray
8.99
save big with your VIC card



12 oz. Lenny Boy
Organic Kombucha
2 for \$5
save big on 2 with your VIC card



2 oz. Vive Organic
Immunity Boost Wellness Shots
2 for \$6
save big on 2 with your VIC card



14 oz. Simple Truth Organic
Firm, Extra Firm or Silken Tofu
2 for \$6
save big on 2 with your VIC card



16 oz. Simple Truth Organic
Salad Blends
7.49
save big with your VIC card
•Baby Spinach
•50/50 Blend
•Spring Mix



1 lb. Pkg. Simple Truth Organic
Roma Tomatoes
2.99
save big with your VIC card



3 ct. Simple Truth Organic
Garlic Cloves
2 for \$5
save big on 2 with your VIC card



3 oz. Simple Truth Organic
Basil
4.99
save big with your VIC card



5 oz. Simple Truth Organic
Sliced Shiitake Mushrooms
4.99
save big with your VIC card



8 oz. Simple Truth Organic
Baby Bella Mushrooms
2 for \$7
save big on 2 with your VIC card



8 oz. Farmers Market
Organic Mini Sweet Peppers
2 for \$6
save big on 2 with your VIC card



1 lb. Bag Simple Truth Organic
Whole Carrots
2 for \$4
save big on 2 with your VIC card



2 lb. Bag Simple Truth Organic
Gala, Granny Smith or Galah Apples
4.99
save big with your VIC card



5.5 - 6 oz. Wonderful
Pistachio Kernels
5.99 each
save big with your VIC card



15.2 oz. Naked Juice
Smoothies
BUY 1 GET 1 FREE
each item rings at half price with your VIC card



14 oz. Fresh Express
Cole Slaw or 10 oz. Angel Hair Slaw
BUY 1 GET 1 FREE
each item rings at half price with your VIC card



1 lb. Farmers Market
Campari Tomatoes
2 for \$7
save big on 2 with your VIC card



12 oz. Farmers Market
Ready Veggie Green Beans
2 for \$7
save big on 2 with your VIC card



5 lb. Bag Farmers Market
Yukon Gold Potatoes
4.99 each
save big with your VIC card



Farmers Market
Hot House Cucumbers
1.79 each
save big with your VIC card



3 lb. Bag Farmers Market
Honeycrisp Apples
5.99 each
save big with your VIC card

big savings from our fresh foods market



12 ct. Fresh Foods Market
Fresh Baked Cookies
5.49 each
save at least \$1.00 each with your VIC card



6.5 oz. Assorted Varieties
Alouette Cheese Spreads
BUY 1 GET 1 FREE
each item rings at half price with your VIC card



1 ct. Boar's Head
Pane di Casa or Harvest Loaf
4.99 each
save at least \$2.00 each with your VIC card



Boar's Head
Lower Sodium Turkey Breast
9.99 per lb.
save big per lb. with your VIC card



11.8 oz. Blueberry or Variety
Mini Muffins
4.99
save at least \$2.50 each with your VIC card

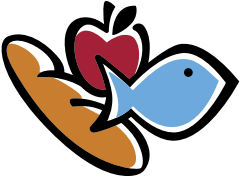


Fresh Foods Market
Chicken Wings or Tenders
5.99 each
save big with your VIC card

Prices In This Ad Effective January 1 - 7, 2025 In The Following Stores Only:
* Supplies are limited

•CITADEL, 1631 KALORAMA RD. NW, SUITE 100, WASHINGTON, DC
•CONSTITUTION SQUARE, 1201 FIRST ST. NE, WASHINGTON DC
•THE YARDS, 401 M STREET SE, WASHINGTON DC

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store. **E10**



Fetch a fresh start IAMS



2.6 oz.
Sheba
Perfect Portions

5 \$6
for

save at least 79¢ on 5 with your VIC card



3 oz.
Whiskas
Temptations Cat Treats

2.59

save at least 40¢ each with your VIC card



3.5 oz.
Pedigree
Pouch Dog Food

5 \$5
for

save at least 30¢ on 5 with your VIC card



3.5 oz.
Cesar
Perfect Portions

3 \$4
for

save at least 26¢ on 3 with your VIC card



2.64 oz.
IAMS
Perfect Portions

1.39

save at least 30¢ each with your VIC card



2.1 oz.
Feline Greenies

3.29

save at least 70¢ each with your VIC card



7 lb.
IAMS
Dry Dog Food

17.99

save at least \$4.00 each with your VIC card



5.8 oz.
Pedigree
Dentastix

3.99

save at least \$1.50 each with your VIC card



7.9 oz.
Greenies
Pill Pockets

9.99

save at least \$3.00 each with your VIC card





Harris Teeter
health and wellness

HALEON



120 ct.
Centrum Men's or Women's Vitamins

10.99

save at least \$3.50 each with your VIC card **VIC SAVINGS**



100 ct.
Centrum Silver 50+ Men or Women Vitamins

10.99

save at least \$3.50 each with your VIC card **VIC SAVINGS**



90 ct.
Centrum Adults 50+ Multigummies Vitamins

10.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



110 ct.
Centrum Adults Multigummies Vitamins

10.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



100 ct.
Centrum Men or Women Multigummies Vitamins

10.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



80 ct.
Centrum Silver 50+ Men or Women Multigummies Vitamins

10.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



36 ct. Gummies or 18 ct. Powders
Emergen-C Zero Sugar Daily Immune Support

11.99

save at least \$3.00 each with your VIC card **VIC SAVINGS**



100 Pieces
 2mg or 4mg
Nicorette Gum Stop Smoking Aid

43.99

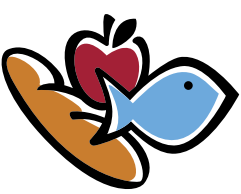
save at least \$7.00 each with your VIC card **VIC SAVINGS**



14 ct.
 Step 1 - 21mg or Step 2 - 14mg
Nicorette Clear Patch Extended Release

43.99

save at least \$10.00 each with your VIC card **VIC SAVINGS**



Harris Teeter
YOUR NEIGHBORHOOD MARKET

WEEKLY SPECIALS*

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Harris Teeter
health and wellness



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22.99

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