

WED	THU	FRI	SAT	SUN	MON	TUE
1	2	3	4	5	6	7

**New Year  
New Savings!**



**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

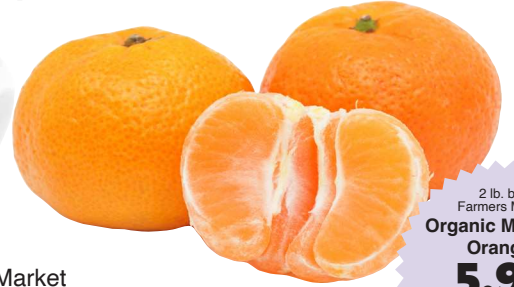
Weekly Specials\*



**Whole Rancher  
Beef Tenderloin**

**14.99** per lb.

save at least \$7.00 per lb. with your VIC card



3 lb. Farmers Market  
**Mandarin Oranges**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card

2 lb. bag  
Farmers Market  
**Organic Mandarin  
Oranges**  
**5.99**  
save at least \$0.00 each  
with your VIC card



**Value Pack**  
Harris Teeter  
**Boneless  
Chicken Breast**

**2.49** per lb.

save at least \$1.50 per lb. with your VIC card



Wild Caught  
**Cod Fillets**  
or Fresh  
Farm Raised  
**Salmon Fillets**

**6.99** per lb.

save big per lb. with your VIC card



Farmers Market  
**Red Cherries**

**3.99** per lb.

save big per lb. with your VIC card



**Prime  
Beef  
Pub Burgers**

**4.99** per lb.

save at least \$1.00 per lb. with your VIC card



Fresh Foods Market  
**Whole Subs**

**6.99** each

save big with your VIC card



Farmers Market  
**Gala or Envy Apples**

**1.99** per lb.

save big per lb. with your VIC card



Farmers Market Select  
**Bell Peppers,**  
8 oz. **Cremini** or  
**Sliced Baby  
Bella Mushrooms**  
or 1 lb. Bag  
**Baby Carrots**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



Celebrate  
**Bowl Season!**  
at Harris Teeter.

**Everything's better  
in a bowl!**

**20% Off Case Wine Sale**

Offers valid Thursday, January 2 - Sunday, January 5, 2025

All Wines · Mix or Match · Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles



6 pk. .5 ltr. Btls.  
**Coca-Cola Products**

**BUY 2 GET 2  
FREE**

save big on 4 with your VIC card



8 pk. 12 oz. Cans  
**Bubly  
Sparkling  
Water**

**BUY 2 GET 3  
FREE**

must buy 2 items to get 3 free with your VIC card



28 oz.  
**Gatorade**  
or 1 Ltr.  
**Propel**

**BUY 2 GET 3  
FREE**

must buy 2 items to get 3 free with your VIC card



6 - 8 oz.  
**Harris  
Teeter  
Shredded  
Cheese**

**BUY 2 GET 3  
FREE**

must buy 2 items to get 3 free with your VIC card



5 - 8 oz.  
**Lay's**  
or 7 - 8 oz.  
**Lay's Kettle**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



48 oz.  
**Turkey Hill  
Ice Cream**  
or 16 oz.  
**Ben & Jerry's  
Ice Cream**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



8.25 oz. **Thomas'  
English Muffins**  
or **Muffin Tops**  
or 20 oz.  
**Nature's Own  
100% Wheat** or  
**Hawaiian Bread**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



12 - 16 oz.  
**Hormel Bacon**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card

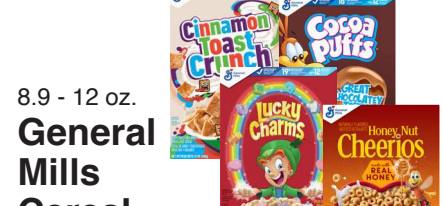


16 oz. **Harris Teeter  
Pasta**  
**5/\$5**  
save big on 5 with  
your VIC card

24 oz.  
**Classico  
Pasta Sauce**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



8.9 - 12 oz.  
**General  
Mills  
Cereal**

**4 \$12**  
for

save big on 4  
with your VIC card



12 pk.  
**Sam Adams,**  
**Sierra Nevada,**  
**Blue Moon,**  
**New Belgium**  
or **Kona**

**17.99** each

Drink Responsibly - Must be 21 to Purchase



1.5 ltr. **Barefoot,**  
**Yellow Tail**  
or **Woodbridge**

**11.99  
-20%**

**9.59** each

Final Price each when you  
buy any 6 - 1.5 ltr. bottles  
case purchase during  
4 DAY SALE, JANUARY 2 - 5, 2025.

Drink Responsibly - Must be 21 to Purchase

**All  
Week**  
January 1 - 7

**4X**



on all  
qualifying items

download the digital coupon  
available to clip January 2 - 7, 2025 ONLY



**SAVE  
UP TO \$1.00  
PER GALLON\***

Offer valid January 1 - 7, 2025, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.

\* Supplies are limited

1-10E 1-10E 1-10E 1-10E

Prices good through January 7, 2025

WED	THU	FRI	SAT	SUN	MON	TUE
1	2	3	4	5	6	7



6 - 12 oz.  
**Stouffer's**  
 or **Lean Cuisine**

**3 for \$9**  
 save big on 3 with your VIC card **VIC SAVINGS**



8 oz.  
**Sargento**  
**Sliced Cheese**

**2 for \$6**  
 save big on 2 with your VIC card **VIC SAVINGS**



46 oz.  
**Tropicana**  
**Orange Juice**

**2 for \$6**  
 save big on 2 with your VIC card **VIC SAVINGS**

**eVIC** e-VIC members only **weekly limit 10**

5.4 - 6.7 oz.  
**Chobani Flip,**  
**Zero Sugar**  
**or High Protein**  
**Greek Yogurt**



**.97**  
 save at least \$2.80 over our already low VIC price when you buy 10 **8/\$10** non e-vic member price **VIC SAVINGS**  
 All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only **weekly limit 4**

10 - 12 oz.  
**Tostitos**  
 or 6.25 - 7.75 oz.  
**Smartfood**



**2.97**  
 save at least \$4.12 over our already low VIC price when you buy 4 **2/\$8** non e-vic member price **VIC SAVINGS**  
 All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only **weekly limit 4**

6.5 - 8 oz.  
**Cape Cod,**  
**Kettle Brand**  
 or **Air Fried Chips**



**2.47**  
 save at least \$4.12 over our already low VIC price when you buy 4 **2/\$7** non e-vic member price **VIC SAVINGS**  
 All items must be purchased in a single transaction with your VIC card.

**every day DOUBLE manufacturers' COUPONS up to 99¢**  
 see customer service for details **VIC SAVINGS**  
 BGA BGA BGA BGA

# Healthy New Year

Select Varieties  
**Nature's Bounty Vitamins**



**BUY 1 GET 1**

**FREE**

each item rings at half price with your VIC card



1.9 - 1.98 oz.

**Aloha Organic Protein Bars**



**2 for \$4**

save at least \$1.38 on 2 with your VIC card



1.9 - 2.12 oz.

**Quest Protein Bars**  
or 1.1 - 1.12 oz. **Chips**



**2 for \$5**

save at least \$1.98 on 2 with your VIC card



12 oz.  
20 grams of Protein  
**OWYN Protein Drinks**



**2 for \$5**

save at least \$2.98 on 2 with your VIC card



12 oz.  
**Jocko Energy Drinks**  
or **Protein Shakes**



**2 for \$5**

save at least \$1.98 on 2 with your VIC card



100 ct.  
**Centrum Multivitamin Gummies**



**10.99**

save at least \$2.00 each with your VIC card



2.02 - 2.03 lb.  
**Orgain Organic Protein Plant Based Powders**



**29.99**

save at least \$7.00 each with your VIC card



**Senior Discount Thursdays**

Seniors 60 and older get a

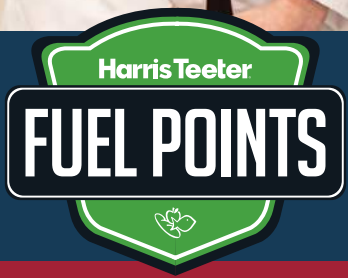
**5% DISCOUNT**

Please notify your cashier if you qualify



### A few reasons to use the Harris Teeter Pharmacy:

- Friendly and Credible Healthcare Providers
- Vaccine Services
- Online Prescription Management
- Refill Programs
- Drive-Thru at select locations



Transfer your Prescriptions and Earn **1000 Fuel Points\*** for each New Transferred Prescription!

*\*See Pharmacist for details.*

# NEW to try!

## Hot & Fresh Rotisserie Chicken

Available every day from 11 am to 7 pm

In Store Only.

While supplies last.

**NEW LARGER SIZE**  
Same price, more value!



**SHOP NOW**

from our meat department

from our seafood department



**Whole Angus Beef Tenderloin**

**16.99** per lb.  
save at least \$6.00 per lb. with your VIC card



16 - 17 oz.  
**Kevin's Chicken Meals**

**7.99** each  
save at least \$2.00 each with your VIC card

Fresh Farm Raised  
**Boneless Rainbow Trout Fillets**



**9.99** per lb.  
save at least \$2.00 per lb. with your VIC card

Fresh Wild Caught  
**Mahi Mahi Fillets**



**10.99** per lb.  
save at least \$1.00 per lb. with your VIC card

5 oz. Fresh Farm Raised Mediterranean  
**Salmon Portions**



**\$6** each  
save at least \$1.00 each with your VIC card

Wild Caught  
**Flounder Fillets**



**11.99** per lb.  
save at least \$2.00 per lb. with your VIC card

3 oz. Signature  
**Chilean Sea Bass Cakes**



**2 for \$6**  
save at least \$2.00 on 2 with your VIC card

Niman Ranch All Natural  
**Boneless Pork Loin**

**5.99** per lb.  
save at least \$1.00 per lb. with your VIC card

18.4 - 22 oz. Hatfield  
**Marinated Pork Loin Filet or Tenderloin**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

12 oz. Heritage  
**Thin Sliced Ribeye**

**8.99** each  
save at least \$1.00 each with your VIC card

96% Lean  
**Ground Beef**

**6.99** per lb.  
save at least \$1.00 per lb. with your VIC card

16 oz. Hickory Nut Gap  
**Grass Fed Ground Beef**

**7.99** each  
save at least \$2.00 each with your VIC card

16 oz. Villari Prime  
**Boneless Pork Chops**

**2 for \$10**  
save big on 2 with your VIC card

7.5 - 9 oz. Oscar Mayer  
**Lunchmeat**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

22 - 29 oz. Perdue Simply  
**Chicken**

**8.99** each  
save at least \$3.00 each with your VIC card

11 oz. Al Fresco  
**Chicken Sausage**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

2.25 - 4.4 oz. Oscar Mayer  
**Lunchables**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

16 oz. Hillshire Farm Family Size  
**Lunchmeat**

**6.99** each  
save at least \$3.00 each with your VIC card

12 oz. or 24 oz. Bob Evans  
**Sides**

**2 for \$8**  
save big on 2 with your VIC card

14 - 15 oz. Ball Park  
**Franks**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

12 - 14 oz. Hillshire Smoked  
**Sausage or Kielbasa**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

12 oz. Fishermans Market  
**Fillets & Steaks**

**30% off**  
save big with your VIC card

8 - 9.6 oz. Scott & Jon's  
**Seafood Bowls**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

Wild Caught  
**Tilapia Fillets**

**6.99** per lb.  
save at least \$2.00 per lb. with your VIC card

12 oz. Patagonia  
**Salmon Portions**

**9.99** each  
save at least \$2.00 each with your VIC card

Lightly Smoked or Lemon Pepper  
**Salmon Burgers**

**\$5** each  
save at least \$1.00 each with your VIC card

Wild Caught  
**Tuna Steaks**

**7.99** per lb.  
save at least \$4.00 per lb. with your VIC card

Wild Caught  
**Alaska Sockeye Salmon Fillets**

**14.99** per lb.  
save at least \$2.00 per lb. with your VIC card

from our grocery department

5.25 - 6 oz. Annie's  
**Shells & Cheese Dinners**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

9.8 - 42 oz. Quaker  
**Grits or Old Fashioned Oats**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

24 oz. Botticelli  
**Marinara Sauce**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

8.4 - 12.1 oz. Quaker  
**Instant Oatmeal**

**2 for \$6**  
save big on 2 with your VIC card

16 oz. Barilla Protein+  
or Gluten Free Pasta

**2 for \$4**  
save big on 2 with your VIC card

9 - 20.5 oz. Post Honey Bunches  
of Oats, Premier Protein or Grape Nuts Cereal

**2 for \$7**  
save big on 2 with your VIC card

15 - 16 oz. Bush's Best  
**Recipe Beans**

**4 for \$5**  
save big on 4 with your VIC card

9.4 - 10.8 oz. Ghost  
**High Protein Cereal**

**6.99**  
save big with your VIC card

12 - 24 oz. Pepperidge Farm  
**Farmhouse Bread, Bagels or Sweet Swirl Bread**

**3.99**  
save big with your VIC card

11 oz. Bag HT Traders  
**Coffee**

**5.99**  
save big with your VIC card

10.5 - 11 oz. Campbell's  
**Condensed Soups**

**BUY 2 GET 2 FREE**  
save big on 4 with your VIC card

12 oz. Stumptown  
**Coffee Roasters**

**12.99**  
save big with your VIC card

20 ct. Celestial  
**Seasonings Tea Bags**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

5 oz. Harris Teeter  
**CROUTONS** or 12 oz. Flavored Mustard

**4 for \$5**  
save big on 4 with your VIC card

15 oz. Wishbone  
**Salad Dressing** or 16 - 24 oz. Vlasic Pickles

**2 for \$5**  
save big on 2 with your VIC card

32 oz. Harris Teeter  
**Vegetable or Canola Oil**

**2 for \$7**  
save big on 2 with your VIC card

1 ct. Hershey's  
**Singles**

**4 for \$5**  
save big on 4 with your VIC card

1 ct. HU  
**Chocolate Bars**

**3.99**  
save big with your VIC card

12 Dbl. Roll Harris Teeter Soft &  
**Strong Bath Tissue** or 2 Dbl. Plus Rolls Ultra Paper Towels

**4.99**  
save big with your VIC card

141 oz. All Liquid  
**Laundry Detergent**

**16.99**  
save at least \$3.00 each with your VIC card

70 - 80 ct. Lysol  
**Disinfectant Wipes**

**4.99**  
save at least \$2.30 each with your VIC card

40 ct. Ziploc  
**Sandwich or Snack Bags**

**2.99**  
save at least \$1.30 each with your VIC card

5 lb. Supreme  
**Source Dog Food**

**9.99**  
save at least \$3.00 each with your VIC card

3.5 lb. Iams  
**Cat Food**

**9.99**  
save at least \$2.00 each with your VIC card

# beverages

2 Ltr.  
**Coca-Cola Products**

**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

32 oz.  
**Revl Fruits 100% Juice**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

6 pk. 16.9 oz.  
**Propel Fitness Water**

**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

12 oz.  
**Zoa Sparkling Energy Drink**

**4 \$7 for**

save big on 4 with your VIC card

12 oz.  
**Kitu Super Coffee**

**2 \$5 for**

save at least \$1.58 on 2 with your VIC card

12 pk. 12 oz.  
**Waterloo Sparkling Water**

**4.99**

save at least \$1.20 each with your VIC card

12 pk. 12 oz.  
**Canada Dry Products**

**3 \$15 for**

save at least big on 3 with your VIC card

10 pk. 7.5 oz.  
**Pepsi Mini Cans**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

6 pk. 16.9 oz.  
**Snapple Iced Tea**

**7.49**

save at least \$1.50 each with your VIC card

6 pk. 1 Ltr.  
**Smartwater**

**12.49**

save at least \$1.50 each with your VIC card

# snacks

10 ct.  
**Lance Sandwich Crackers**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

10 oz.  
**Bridgeford Beef Jerky**

**13.99**

save at least \$2.00 each with your VIC card

15 oz.  
**Tostitos Salsa**

**2 \$6 for**

save big on 2 with your VIC card

7 oz.  
**Sensible Portions Veggie Straws**

**2 \$6 for**

save at least \$3.58 on 2 with your VIC card

7.4 - 16 oz.  
**Late July Tortillas or Snyder's Seasoned Pieces or Twists**

**2 \$7 for**

save big on 2 with your VIC card

10 - 20.6 oz. Nabisco  
**Family Size Snack Crackers**

**2 \$7 for**

save big on 2 with your VIC card

6.25 - 10 oz.  
**Pepperidge Farm Goldfish Crisps or Family Size Goldfish**

**2 \$7 for**

save at least \$2.58 on 2 with your VIC card

15.5 oz.  
**Tostitos or Lay's Dips**

**2 \$7 for**

save big on 2 with your VIC card

10.68 - 20.2 oz. Nabisco  
**Family Size Chips Ahoy! or Oreo**

**2 \$8 for**

save big on 2 with your VIC card

4 oz.  
**Wilde Protein Chips**

**5.99**

save at least \$1.00 each with your VIC card

# health & beauty

Select Varieties  
**Nature Made Vitamins**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

1.83 oz.  
**RXBAR**

**3 \$5 for**

save at least \$3.36 on 3 with your VIC card

Select 33 - 96 ct.  
**Tums Antacid**

**5.99**

save at least \$1.50 each with your VIC card

Select  
**Dr. Teal's Bath Salts**

**6.99**

save at least \$1.00 each with your VIC card

# home essentials

8 ct. AA/AAA  
**Energizer Max Batteries**

**40% off**

save big with your VIC card

**Method Floor Cleaners**

**8.79**

save at least \$1.20 each with your VIC card

# dairy and frozen

52 oz.  
**Planet Oat Oatmilk or 32 oz. Planet Oat Creamer**

**2 \$5 for**

save big on 2 with your VIC card

24 oz.  
**Daisy Sour Cream**

**3.99**

save big with your VIC card

9 - 12 oz.  
**Harris Teeter Snack Cheese**

**2 \$6 for**

save at least \$1.98 on 2 with your VIC card

32 oz.  
**Coffeemate Creamer**

**2 \$7 for**

save big on 2 with your VIC card

64 oz.  
**Lactaid Milk**

**2 \$7 for**

save big on 2 with your VIC card

24 oz.  
**Chobani Creamer**

**2 \$8 for**

save big on 2 with your VIC card

4 pk.  
**Chobani Greek Yogurt**

**2 \$8 for**

save big on 2 with your VIC card

16.5 oz.  
**Nestle Cookie Dough**

**2 \$7 for**

save big on 2 with your VIC card

25.4 oz.  
**Nutpods Creamer**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 - 28 oz.  
**Pictsweet Vegetables**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

14 oz.  
**Nick's Pints or 4 pk. Novelties**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

48 oz.  
**Harris Teeter Frozen Pineapple or Blueberries**

**8.49**

save big with your VIC card

14 oz.  
**Bagel Bites Pizza Snacks**

**4.49**

save big with your VIC card

13.5 - 20 oz.  
**Alexia Fries or Onion Rings**

**2 \$9 for**

save big on 2 with your VIC card

15.5 - 24.7 oz.  
**DiGiorno or CPK Pizza**

**5.99**

save big with your VIC card

12.8 - 18.8 oz.  
**Jimmy Dean Breakfast Sandwiches**

**5.99**

save big with your VIC card

15 oz.  
**TGI Fridays Appetizers**

**5.99**

save big with your VIC card

25 oz.  
**Tyson Chicken**

**7.99**

save big with your VIC card

\* Supplies are limited

# Celebrate Bowl Season!

# Fill a Bowl with healthy favorites



Get the Smoothie Bowl Recipe here



2 ct. bag Farmers Market Hass Avocado

**1.99**

save big with your VIC card **VIC SAVINGS**



Farmers Market Large Mango

**.99**

save big with your VIC card **VIC SAVINGS**



Pint Farmers Market Blueberries

**3.99**

save big with your VIC card **VIC SAVINGS**



.5 - 2.68 oz. Select Varieties Simple Truth Organic Spices

**25% off**

save big with your VIC card **VIC SAVINGS**



6 oz. Harris Teeter Frozen Shredded Coconut

**3 \$4** for

save big on 3 with your VIC card **VIC SAVINGS**



13.5 oz. HT Traders Coconut Milk

**3 \$5** for

save big on 3 with your VIC card **VIC SAVINGS**



32 oz. Harris Teeter Leaf Spinach

**2 \$6** for

save big on 2 with your VIC card **VIC SAVINGS**



52 oz. Chobani Oatmilk

**2 \$7** for

save big on 2 with your VIC card **VIC SAVINGS**



8 oz. Harris Teeter Sliced Almonds, Pecan Halves or Walnut Halves & Pieces

**2 \$10** for

save big on 2 with your VIC card **VIC SAVINGS**



32 oz. Fage Total Greek Yogurt

**5.99**

save big with your VIC card **VIC SAVINGS**



Select 10 - 15 oz. Spectrum Organic Chia or Flax Seeds

**7.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



8 oz. Manitoba Hemp Heart Seeds

**6.99**

save big with your VIC card **VIC SAVINGS**



12 - 14 oz. Power Up Trail Mix

**6.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



16 - 22 oz. Simple Truth Organic Granola

**7.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



18.6 oz. Vega Protein and Greens Powders

**24.99**

save at least \$7.00 each with your VIC card **VIC SAVINGS**



18 ct. 20 oz. Harris Teeter Plastic Bowls

**3.29**

save at least \$1.20 each with your VIC card **VIC SAVINGS**



48 ct. Harris Teeter Everyday Cutlery **2/\$4** save 78c on 2 with your VIC card **VIC SAVINGS**

# Fill their Lunchbox with all the favorites

eVIC e-VIC members only

weekly limit 4

15 ct. or 18 ct. Frito Lay Multipacks

**8.97**

save at least \$8.08 over our already low VIC price when you buy 4 **VIC SAVINGS**

non e-vic member price **10.99**

All items must be purchased in a single transaction with your VIC card.

6 pk. Harris Teeter Applesauce Cups or 4 pk. Fruit Bowls

**2 \$4** for

save at least \$1.98 on 2 with your VIC card **VIC SAVINGS**

3.3 - 8.9 oz. Nature Valley or Fiber ONE Bars or 4.5 - 8 oz. Betty Crocker Fruit Snacks, Gushers or Fruit Roll-Ups

**2 \$5** for

save big on 2 with your VIC card **VIC SAVINGS**

15 - 16.3 oz. Skippy Peanut Butter or 30 oz. Welch's Grape Jelly or Jam

**2 \$5** for

save big on 2 with your VIC card **VIC SAVINGS**

4 c. Simple Truth PB & J Dippers

**2 \$6** for

save big on 2 with your VIC card **VIC SAVINGS**

6 ct. Tastykake Snacks

**1.99**

save at least 50c each with your VIC card **VIC SAVINGS**

7.20 oz. Simple Truth Pretzel Thins

**3.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**

8 oz. Smucker's Uncrustables

**3.99**

save big with your VIC card **VIC SAVINGS**

9 ct. Pepperidge Farm Goldfish Multipacks

**5.99**

save at least \$1.80 each with your VIC card **VIC SAVINGS**

12 pk. Stonyfield Organic Smoothies

**6.49**

save at least \$1.50 each with your VIC card **VIC SAVINGS**

12 ct. Tree Top Applesauce Pouches

**7.99**

save big with your VIC card **VIC SAVINGS**

# Fresh year, fresh deals

Chobani.



\* Supplies are limited

# Long term Savings



## Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW

Long term

VIC SAVINGS

Savings



6 oz. Daisy Cottage Cheese with Fruit  
**4 \$5** for  
save big on 4 with your VIC card



10 oz. Chobani Complete Protein Shake  
**2 \$4** for  
save big on 2 with your VIC card



4 ct. :ratio TRIO KETO Friendly Multipack  
**2 \$9** for  
save big on 2 with your VIC card



48 oz. Mayfield Ice Cream  
**5.99**  
save big with your VIC card



32 oz. Harris Teeter Complete Pancake Mix  
**2 \$5** for  
save big on 2 with your VIC card



12 ct. Private Selection K-Cup Coffee  
**4.99**  
save big with your VIC card



11.3 - 13 oz. Harris Teeter Chip Blitz Cookies  
**2 \$5** for  
save big on 2 with your VIC card



14.3 - 15.35 oz. Harris Teeter Twist Tops Cookies  
**2 \$5** for  
save big on 2 with your VIC card



16 oz. Fage Sour Cream  
**2 \$5** for  
save big on 2 with your VIC card



6.6 oz. Bibigo Steamed Dumplings  
**3 \$10** for  
save big on 3 with your VIC card



15 oz. Harris Teeter Bread Crumbs  
**1.79**  
save big with your VIC card



8 oz. Skinny Pop Family Size Popcorn  
**5.49**  
save big with your VIC card



24 oz. Dean's French Onion Dip  
**2 \$7** for  
save big on 2 with your VIC card



9.2 oz. Gorton's Butterfly Shrimp  
**5.99**  
save big with your VIC card



12.7 oz. Harris Teeter Red Wine Vinegar  
**2.29**  
save big with your VIC card



6 pk. 6 oz. Dole Pineapple Juice  
**2 \$7** for  
save big on 2 with your VIC card



12 ct. NestFresh Free Range Non-GMO Eggs  
**5.49**  
save big with your VIC card



32 oz. Barilla Spaghetti  
**3.79**  
save big with your VIC card



3 oz. Harris Teeter Bacon Bits or Pieces  
**2 \$5** for  
save big on 2 with your VIC card



6 pk. 10 oz. Btls. Harris Teeter Mixers  
**3.99**  
save big with your VIC card



20 oz. Velveeta Mini Blocks  
**5.99**  
save big with your VIC card



24 oz. HT Traders Pasta Sauce  
**3.99**  
save big with your VIC card



8 oz. PAM Cooking Spray  
**4.99**  
save big with your VIC card



6 pk. Puffs Ultra Soft Family Pack Facial Tissues  
**9.99**  
save big with your VIC card



12 oz. Private Selection Macaroni & Cheese  
**2 \$5** for  
save big on 2 with your VIC card



25.5 oz. Harris Teeter Extra Virgin Olive Oil  
**9.99**  
save big with your VIC card



36 oz. Hidden Valley Ranch Dressing  
**7.99**  
save big with your VIC card



75 ct. Harris Teeter Disinfecting Wipes  
**3.99**  
save big with your VIC card

Prices valid January 1 through January 7, 2025.

PO1 PO1 PO1 PO1



# wine & beer \*not available at all stores

**harris teeter**  
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

## 20% Off Case Wine Sale

Offers valid Thursday, January 2- Sunday, January 5, 2025

All Wines · Mix or Match · Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles

750 ml.  
**Chateau Souverain**  
Chardonnay or  
**Gnarly Head**  
1924 Cabernet



**9.99**  
-20%

**7.99** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.

750 ml.  
**Oyster Bay**  
Sauvignon Blanc or  
**Hahn** Pinot Noir



**13.99**  
-20%

**11.19** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.



750 ml.  
**J Lohr** Riverstone Chardonnay  
or 8 pk. **Crooks**  
or 12 pk. **Michelob Ultra**

**14.99** each



750 ml.  
**Shannon Ridge** Chardonnay  
or 6 pk.

**Corona or Modelo**

**9.99** each

750 ml.  
**Whitehaven**  
Sauvignon Blanc or  
**Prati** by Louis Martini



**17.99**  
-20%

**14.39** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.

750 ml.  
**Smith & Hook**  
Red Blend or  
**Decoy** Cabernet



**18.99**  
-20%

**15.19** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, JANUARY 2 - 5, 2025.



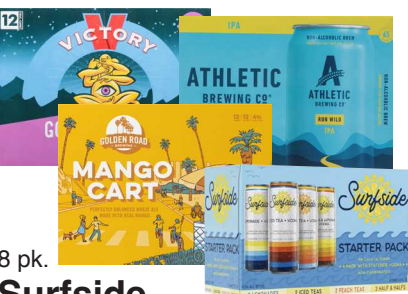
750 ml.  
**Columbia Crest**  
Grand Estates Chardonnay  
or 6 pk. **Blake's**

**9.99** each



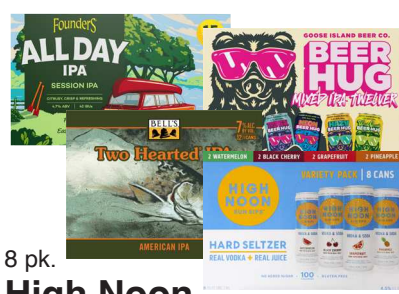
750 ml.  
**Stella Rosa** Black or  
6 pk. **Wicked Weed**  
or 4 pk. Select Varieties  
**Coastal Cocktails** Crush

**11.99** each



8 pk.  
**Surfside**  
or 12 pk. **Victory**,  
**Athletic** or **Mango Cart**

**17.99** each



8 pk.  
**High Noon**  
or 12 pk. **Goose Island**  
or **Bells** or 15 pk. **Founders**

**19.99** each



15 pk. Aluminum Btls.  
**Bud Family**, **Miller**  
**Family** or **Coors Family**  
or 18 pk. **Yuengling**

**16.99** each



6 pk.  
**Angry Orchard**,  
**Heineken** or **Lagunitas**

**9.99** each

**Long term Savings**



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items  
you buy every day.



16 oz.  
**Frozen 85/15**  
**Ground Turkey**

**2.99** each



**Angus Beef Cube Steak**

**6.99** per lb.



**Smithfield**  
**Whole**  
**Boneless Pork Tenderloin**

**4.99** per lb.



9 oz.  
**Farmers Market**  
**Flat Leaf Spinach**

**1.99** each



**Farmers Market**  
**Navel Oranges**  
or **Large Lemons**

**2 \$1**  
for



**Farmers Market**  
**Honeydew Melon**

**3.99** each



18 oz.  
New England Clam, Lobster Bisque,  
Charleston She-Crab Soup,  
Shrimp Sausage & Gumbo  
**Boston Chowda**

**4.99** each



32 oz.  
**Panera**  
**Chicken Noodle**  
or **Broccoli Cheddar** Soup

**9.99** each



12 ct.  
**King's**  
**Hawaiian Rolls**

**4.99** each

Savings

VIC SAVINGS

Long term

NEW



# Simply Savings



FREE FROM\* UNWANTED INGREDIENTS

## for a Healthy New You!

### Spend less with Harris Teeter's family of Brands

14.5 oz. Simple Truth Organic Canned Vegetables

**3 for \$5**

save big on 3 with your VIC card

20 oz. Simple Truth Organic Ketchup or 12 oz. Mustard

**1.79**

save big with your VIC card

3.5 oz. Simple Truth Rice & Almond Crackers

**2 for \$5**

save big on 2 with your VIC card

Simple Truth Buffalo Ranch Rice & Almond Crackers

**2 for \$5**

save big on 2 with your VIC card

16.9 oz. Simple Truth Organic Coconut Water

**2 for \$3**

save at least 49¢ on 2 with your VIC card

10 oz. Select Varieties Simple Truth Organic Frozen Fruit

**2 for \$6**

save big on 2 with your VIC card

12 oz. Simple Truth Organic Salad Dressing

**2 for \$7**

save big on 2 with your VIC card

6 - 8 oz. Simple Truth Organic Baby Bellas, Portabella Caps or Whole White Mushrooms

**2 for \$7**

save big on 2 with your VIC card

8.8 oz. Simple Truth Organic 90 Second Rice

**2 for \$5**

save big on 2 with your VIC card

16 oz. Simple Truth Organic Peanut Butter or 16.5 oz. Fruit Spread

**4.49**

save big with your VIC card

12 oz. Simple Truth Thick Cut or Uncured Sliced Bacon

**4.99**

save big with your VIC card

2.5 oz. Simple Truth Organic Beef Jerky

**4.99**

save big with your VIC card

6 oz. Simple Truth Organic Cold Cuts

**5.99**

save at least \$1.50 each with your VIC card

19 oz. Simple Truth Organic Chicken Tenders

**9.99**

save at least \$2.00 each with your VIC card

2 Big Roll Simple Truth Paper Towels

**2.79**

save big with your VIC card

9 oz. Simple Truth Organic Tortilla Chips

**2 for \$4**

save big on 2 with your VIC card

4 Dbl. Roll Simple Truth Bath Tissue

**2/\$5**

save big on 2 with your VIC card

## It's the SAVINGS Bowl!

## Essentials at easy prices

\*Kimberly-Clark

12 Mega Roll Cottonelle Bath Tissue

**11.99**

save at least \$3.00 each with your VIC card

84 ct. Cottonelle Flushable Wipes

**4.29**

save at least \$1.70 each with your VIC card

18 ct. Scott 1000 Bath Tissue

**13.99**

save at least \$5.50 each with your VIC card

6 Dbl. Roll Viva Paper Towels

**10.99**

save at least \$2.00 each with your VIC card

55 - 70 ct. Kleenex Cube Box Facial Tissues

**3 for \$5**

save at least \$1.87 on 3 with your VIC card

30 - 129 ct. U by Kotex Pads

**8.99**

save at least \$1.00 each with your VIC card

220 - 280 ct. Kleenex 4 pk. Cube Box Facial Tissues

**6.49**

save at least \$1.40 each with your VIC card

22 - 100 ct. U by Kotex Tampons

**8.99**

save big with your VIC card

10 - 66 ct. Depend or Poise Pads

**15.99**

save at least \$2.00 each with your VIC card

18 - 32 ct. Huggies Little Snugglers or Little Movers Diapers

**9.99**

save at least \$2.00 each with your VIC card

168 - 192 ct. Huggies Wipes

**6.49**

save at least \$1.00 each with your VIC card

19 - 27 ct. Huggies Snug & Dry Diapers

**8.99**

save at least \$1.00 each with your VIC card

9 - 23 ct. Pull-Ups or Goodnites Training Pants

**9.99**

save at least \$2.00 each with your VIC card

Save Time and Money with Harris Teeter pickup & delivery



No service fee on orders of \$35 or more!

\*Supplies are limited

# New Year, New Savings on Household Favorites

Save over **\$59**

with P&G e-VIC digital coupons<sup>†</sup>

Download to your VIC Card and save today!



**eVIC**  
**COUPONS**  
EXCLUSIVE SAVINGS

SAVINGS MADE SIMPLE

Clip digital coupons. Shop in-store or online. **SAVE BIG!**

**HOT DEAL!**

3 ct.  
**Mr. Clean Magic Eraser Ultra Foamy & Ultra Thick**



**5.99** ea. with VIC card  
**-2.00** Digital Coupon **USE 1 TIME**  
**3.99** Final Price with Digital Coupon  
Limit 1 per offer.

**POWERFUL PRODUCTS  
POWERFUL SAVINGS**



GET A **\$10** HARRIS TEETER<sup>®</sup> E-GIFT CARD WHEN YOU SPEND \$30 ON P&G HOME CARE PRODUCTS\*

\*Terms apply. Ends 1/14/2025. Submit by 1/21/2025. Participating brands: Cascade, Dawn, Febreze, Mr. Clean, and Swiffer. Visit [PGLocalValues.com](http://PGLocalValues.com) for full details and Privacy Policy. ©2024 Procter & Gamble

Visit [PGLocalValues.com](http://PGLocalValues.com) for details and to claim your reward

**HOT DEAL!**

0.25 oz.  
**Febreze Small Spaces**



**3.29** ea. with VIC card  
**-2.30** Digital Coupon **USE 1 TIME**  
**0.99** Final Price with Digital Coupon  
Limit 1 per offer.

**HOT DEAL!**

16 oz.  
**Dawn Powerwash Starter Kit**



**4.99** ea. with VIC card  
**-2.00** Digital Coupon **USE 1 TIME**  
**2.99** Final Price with Digital Coupon  
Limit 1 per offer.

**HOT DEAL!**

1 ct.  
**Swiffer PowerMop Starter Kit**



**24.99** ea. with VIC card  
**-10.00** Digital Coupon **USE 1 TIME**  
**14.99** Final Price with Digital Coupon  
Limit 1 per offer.

**HOT DEAL!**

1 ct.  
**Swiffer Dry Wet Starter Kit**



**18.99** ea. with VIC card  
**-4.50** Digital Coupon **USE 1 TIME**  
**14.49** Final Price with Digital Coupon  
Limit 1 per offer.

**HOT DEAL!**

28 ct.  
**Cascade Platinum Plus ActionPac Tubs**



**12.99** ea. with VIC card  
**-2.50** Digital Coupon **USE 1 TIME**  
**10.49** Final Price with Digital Coupon  
Limit 1 per offer.

6 Double Roll or 4 Triple Roll  
**Bounty Paper Towels**



**12.99** ea. with VIC card  
**-3.00** Digital Coupon **USE 1 TIME**  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

12 Mega XL Roll  
**Charmin Bath Tissue**



**19.99** ea. with VIC card  
**-1.00** Digital Coupon **USE 1 TIME**  
**18.99** Final Price with Digital Coupon  
Limit 1 per offer.

84 oz.  
**Tide Liquid & 25 - 42 ct. Tide PODS Laundry Detergent**



**12.99** ea. with VIC card  
**-3.00** Digital Coupon **USE 1 TIME**  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

48 oz.  
**Downy Rinse & Refresh & 18.2 oz. Downy In-Wash Scent Beads**



**12.99** ea. with VIC card  
**-3.00** Digital Coupon **USE 1 TIME**  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

THOUGHTFULLY MADE WITH CLEAN INGREDIENTS

BUY 2 NATIVE PRODUCTS, **SAVE \$3 INSTANTLY**, WITH VIC CARD\*

**NATIVE**  
16.5 oz. Shampoo, 18 oz. Body Wash, 2.65 oz. Deodorant, 3.5 oz. Whole Body Deodorant Spray & 16.5 oz. Body Lotion



\*Offer valid thru 1/28/25. Both items must be purchased in the same transaction, with VIC Card. Participating Items Only.

8 - 9.6 oz.  
**Pantene Nutrient Blends & 13.5 oz. Head & Shoulders BARE Shampoo & Conditioner**



**9.99** ea. with VIC card  
**save 4.00** Digital Coupon **USE 1 TIME**  
When you buy TWO (2) Pantene OR H&S products with Digital Coupon\*  
Limit 1 per offer.

**Gillette Fusion5 & Venus Blade Refills**



**19.99** ea. with VIC card  
**-3.00** Digital Coupon **USE 1 TIME**  
**16.99** Final Price with Digital Coupon  
Limit 1 per offer.

17 oz.  
**Olay Premium Body Lotion**



**9.99** ea. with VIC card  
**-2.00** Digital Coupon **USE 1 TIME**  
**7.99** Final Price with Digital Coupon  
Limit 1 per offer.

**HOT DEAL!**

1.7 oz.  
**Olay Regenerist Facial Moisturizer**  
**24.99** ea.  
save at least \$8.00 each with your VIC Card **VIC SAVINGS**



10 ct., 20 ct.  
**Crest 3D Whitestrips**



**49.99** ea. with VIC card  
**-5.00** Digital Coupon **USE 1 TIME**  
**44.99** Final Price with Digital Coupon  
Limit 1 per offer.

28 ct. Select  
**Align Probiotics Capsules** & 90 ct. Select  
**Gummies**



**31.99** ea. with VIC card  
**-2.00** Digital Coupon **USE 1 TIME**  
**29.99** Final Price with Digital Coupon  
Limit 1 per offer.

<sup>†</sup>Offers are only valid for current e-VIC Members who clip and save them to their VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout. Offers are Non-transferable and each coupon may be clipped and redeemed one time. If a customer has previously redeemed the digital coupon during its original dates, the offer is no longer available due to manufacturer restrictions.

# Try bowls of warm goodness

Campbell's

eVIC e-VIC members only

weekly limit 10

10.75 oz. Campbell's Chicken Noodle Soup or Tomato Soup or 14.5 oz. Swanson Broth

**.87**



non e-vic member price **5/\$5**

save at least \$1.30 over our already low VIC price when you buy 10 VIC  
All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

32 oz. Swanson Broth

**1.77**



non e-vic member price **2/\$5**

save at least \$2.92 over our already low VIC price when you buy 4 VIC  
All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

24 oz. Prego Pasta Sauce

**1.77**



non e-vic member price **2/\$5**

save at least \$2.92 over our already low VIC price when you buy 4 VIC  
All items must be purchased in a single transaction with your VIC card.

18.6 oz. Campbell's Chunky Soup

**2 \$4** for 4

save at least 99¢ on 2 with your VIC card



VIC SAVINGS

16 oz. Campbell's Homestyle Soup

**2 \$4** for 4

save at least 79¢ on 2 with your VIC card



VIC SAVINGS

16 oz. Pace Salsa

**2 \$5** for 5

save at least 60¢ on 2 with your VIC card



VIC SAVINGS

64 oz. Pace Salsa

**6.99**

save at least \$2.00 each with your VIC card



VIC SAVINGS

32 oz. Pacific Organic Broth

**2 \$7** for 7

save at least \$1.49 on 2 with your VIC card



VIC SAVINGS

32 oz. Pacific Organic Soup

**3.99**

save at least \$1.50 each with your VIC card



VIC SAVINGS

46 oz. V8 Red or Blends

**2 \$7** for 7

save at least \$1.19 on 2 with your VIC card



VIC SAVINGS

64 oz. V8 Splash

**2 \$4** for 4

save at least 99¢ on 2 with your VIC card



VIC SAVINGS

6 pk. or 8 pk. V8 Multipacks

**4.99**

save at least \$1.80 each with your VIC card



VIC SAVINGS

15.5 oz. SpaghettiOs

**5 \$5** for 5

save at least \$2.74 on 5 with your VIC card



VIC SAVINGS

15.5 oz. Late July Salsa

**3.99**

save at least \$1.00 each with your VIC card



VIC SAVINGS

# New Year, fresh bowls



eVIC e-VIC members only

weekly limit 10

5.3 oz. Oikos Triple Zero Greek Yogurt

**.87**

save at least \$1.30 over our already low VIC price when you buy 10 VIC

non e-vic member price **10/\$10**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

32 oz. Silk Almond or Oat Creamer

**3.97**

save at least \$2.08 over our already low VIC price when you buy 4 VIC

non e-vic member price **4.49**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only

weekly limit 4

64 oz. Silk Almond Milk

**2.47**

save at least \$2.12 over our already low VIC price when you buy 4 VIC

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

5.3 oz. Too Good or Oikos Pro Greek Yogurt

**10 \$10** for 10

save at least 89¢ on 10 with your VIC card



VIC SAVINGS

4.5 oz. Too Good or Oikos Remix

**10 \$10** for 10

save at least 67¢ on 10 with your VIC card



VIC SAVINGS

4 pk. Light +Fit Greek Yogurt

**2 \$7** for 7

save at least \$1.99 on 2 with your VIC card



VIC SAVINGS

8 pk. Activia Probiotic Dailies

**4.99**

save at least \$1.00 each with your VIC card



VIC SAVINGS

5.3 oz. Silk or So Delicious

**4 \$5** for 5

save at least 94¢ on 4 with your VIC card



VIC SAVINGS

14 oz. International Delight Cold Foam Creamer

**4.49**

save at least \$1.00 each with your VIC card



VIC SAVINGS

64 oz. Silk Soy Milk

**2 \$7** for 7

save at least \$1.69 on 2 with your VIC card



VIC SAVINGS

48 oz. STÖK Cold Brew

**4.99**

save at least \$1.50 each with your VIC card



VIC SAVINGS

64 oz. So Delicious Organic Coconut Milk

**2 \$7** for 7

save at least \$1.99 on 2 with your VIC card



VIC SAVINGS

# Live Naturally



# New Year, New Savings

on Organic Produce Favorites from the Farmers Market



16 oz.  
Simple Truth  
**No Sugar Added  
Dessert Pints**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



11.1 oz.  
**Kokada  
Coconut Spread**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



.5 - 2.68 oz.  
Select Varieties  
Simple Truth  
**Organic Spices**  
**25% off**  
save big with your VIC card



14.5 - 15 oz.  
Simple Truth  
**Organic Diced  
Tomatoes**  
**3 for \$5**  
save big on 3 with your VIC card



16 oz.  
Simple Truth  
**Organic Kombucha**  
**2 for \$5**  
save at least 49¢ on 2 with your VIC card



32 oz.  
Simple Truth  
**Organic 100% Juice**  
**4.99**  
save at least \$1.00 each with your VIC card



10 oz. 2 pk.  
Simple Truth  
**Organic Cooking  
Spray**  
**8.99**  
save big with your VIC card



12 oz.  
**Lenny Boy  
Organic Kombucha**  
**2 for \$5**  
save big on 2 with your VIC card



2 oz.  
**Vive Organic  
Immunity Boost  
Wellness Shots**  
**2 for \$6**  
save big on 2 with your VIC card



14 oz.  
Simple Truth Organic  
**Firm, Extra Firm  
or Silken Tofu**  
**2 for \$6**  
save big on 2 with your VIC card



16 oz.  
Simple Truth Organic  
**Salad Blends**  
**7.49**  
save big with your VIC card  
\*Baby Spinach  
\*50/50 Blend  
\*Spring Mix



1 lb. Pkg.  
Simple Truth Organic  
**Roma Tomatoes**  
**2.99**  
save big with your VIC card



3 ct.  
Simple Truth Organic  
**Garlic Cloves**  
**2 for \$5**  
save big on 2 with your VIC card



3 oz.  
Simple Truth Organic  
**Basil**  
**4.99**  
save big with your VIC card



5 oz.  
Simple Truth Organic  
**Sliced Shiitake  
Mushrooms**  
**4.99**  
save big with your VIC card



8 oz.  
Simple Truth Organic  
**Baby Bella  
Mushrooms**  
**2 for \$7**  
save big on 2 with your VIC card



8 oz.  
Farmers Market  
**Organic  
Mini Sweet Peppers**  
**2 for \$6**  
save big on 2 with your VIC card



1 lb. Bag  
Simple Truth Organic  
**Whole Carrots**  
**2 for \$4**  
save big on 2 with your VIC card



2 lb. Bag  
Simple Truth Organic  
**Gala, Granny Smith  
or Galah Apples**  
**4.99**  
save big with your VIC card



5.5 - 6 oz.  
**Wonderful  
Pistachio Kernels**  
**5.99** each  
save big with your VIC card



15.2 oz.  
**Naked Juice  
Smoothies**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



14 oz. Fresh Express  
**Cole Slaw**  
or 10 oz.  
**Angel Hair Slaw**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



1 lb. Farmers Market  
**Campari  
Tomatoes**  
**2 for \$7**  
save big on 2 with your VIC card

floral  
not available in all stores

Bright 'n  
Cheerful  
**Sunflower  
Bunches**  
**5.99** each  
save at least \$2.01 each with your VIC card



12 oz. Farmers Market  
**Ready Veggie  
Green Beans**  
**2 for \$7**  
save big on 2 with your VIC card



5 lb. Bag  
Farmers Market  
**Yukon Gold  
Potatoes**  
**4.99** each  
save big with your VIC card



Farmers Market  
**Hot House  
Cucumbers**  
**1.79** each  
save big with your VIC card



3 lb. Bag  
Farmers Market  
**Honeycrisp  
Apples**  
**5.99** each  
save big with your VIC card

Beautiful  
Colors  
**Sweet  
Garden Bouquet**  
**8.99** each  
save at least \$1.00 each with your VIC card

## big savings from our fresh foods market



12 ct.  
Fresh Foods Market  
**Fresh Baked Cookies**  
**5.49** each  
save at least \$1.00 each with your VIC card

6.5 oz.  
Assorted Varieties  
**Alouette  
Cheese Spreads**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



1 ct.  
**Pane di Casa  
or Harvest Loaf**  
**4.99** each  
save at least \$2.00 each with your VIC card

Boar's Head  
**Lower  
Sodium  
Turkey Breast**

**9.99** per lb.  
save big per lb. with your VIC card



11.8 oz.  
**Blueberry  
or Variety  
Mini Muffins**  
**4.99** each  
save at least \$2.50 each with your VIC card

Fresh Foods Market  
**Chicken  
Wings or Tenders**

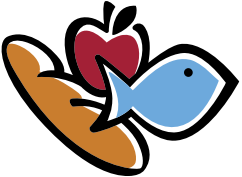
**5.99** each  
save big with your VIC card



Prices In This Ad Effective January 1 - 7, 2025  
In The Following Stores Only:  
\*Supplies are limited

HAMPTON • NEWPORT NEWS • CHESAPEAKE • VIRGINIA BEACH • PORTSMOUTH  
• NORFOLK • MECKLENBURG • HAYGOOD SHOPPING CENTER  
• GREAT NECK SHOPPES • BENNETTS CREEK CROSSING SC  
• STRAWBRIDGE MARKETPLACE • WILLIAMSBURG

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store. **E4**



# Fetch a fresh start IAMS



2.6 oz.  
Sheba  
Perfect Portions

**5 \$6**  
for

save at least 79¢ on 5 with your VIC card



3 oz.  
Whiskas  
Temptations Cat Treats

**2.59**

save at least 40¢ each with your VIC card



3.5 oz.  
Pedigree  
Pouch Dog Food

**5 \$5**  
for

save at least 30¢ on 5 with your VIC card



3.5 oz.  
Cesar  
Perfect Portions

**3 \$4**  
for

save at least 26¢ on 3 with your VIC card



2.64 oz.  
IAMS  
Perfect Portions

**1.39**

save at least 30¢ each with your VIC card



2.1 oz.  
Feline Greenies

**3.29**

save at least 70¢ each with your VIC card



7 lb.  
IAMS  
Dry Dog Food

**17.99**

save at least \$4.00 each with your VIC card



5.8 oz.  
Pedigree  
Dentastix

**3.99**

save at least \$1.50 each with your VIC card

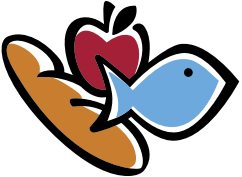


7.9 oz.  
Greenies  
Pill Pockets

**9.99**

save at least \$3.00 each with your VIC card





# Fetch a fresh start IAMS



2.6 oz.  
Sheba  
Perfect Portions

**5 \$6**  
for

save at least 79¢ on 5 with your VIC card



3 oz.  
Whiskas  
Temptations Cat Treats

**2.59**

save at least 40¢ each with your VIC card



3.5 oz.  
Pedigree  
Pouch Dog Food

**5 \$5**  
for

save at least 30¢ on 5 with your VIC card



3.5 oz.  
Cesar  
Perfect Portions

**3 \$4**  
for

save at least 26¢ on 3 with your VIC card



2.64 oz.  
IAMS  
Perfect Portions

**1.39**

save at least 30¢ each with your VIC card



2.1 oz.  
Feline Greenies

**3.29**

save at least 70¢ each with your VIC card



7 lb.  
IAMS  
Dry Dog Food

**17.99**

save at least \$4.00 each with your VIC card



5.8 oz.  
Pedigree  
Dentastix

**3.99**

save at least \$1.50 each with your VIC card

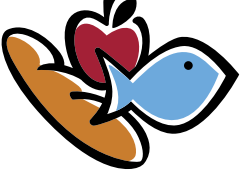


7.9 oz.  
Greenies  
Pill Pockets

**9.99**

save at least \$3.00 each with your VIC card





# Harris Teeter health and wellness



Select Varieties  
**Nature's Truth  
Vitamins & Supplements**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



30 - 100 ct.  
**Simple Truth  
Vitamins**

**25% off**

save big with your VIC card



Select 2.12 oz.  
**NO COW  
Protein Bars**

**2 for \$4**

save at least \$1.38 on 2 with your VIC card



2.3 oz.  
**gomacro  
Organic Bars**

**2 for \$5**

save at least \$1.98 on 2 with your VIC card



12 oz.  
**FitAid  
Energy &  
Focus Drinks**

**2 for \$5**

save at least \$1.38 on 2 with your VIC card



12 ct.  
**Pure Protein Bars**

**16.99**

save at least \$2.00 each with your VIC card



4 pk.  
**Atkins Advance  
Ready to Drink Shakes**

**6.99**

save at least \$2.00 each with your VIC card



8 ct.  
**DripDrop  
Hydration Powders**

**7.99**

save at least \$2.00 each with your VIC card



5 ct. or 8 ct. Minis  
**RXBAR**

**8.99**

save at least \$2.00 each with your VIC card



Select 30 - 45 ct.  
**Emergen-C  
Immunity Supplements**

**11.99**

save at least \$3.00 each with your VIC card



Select 50 - 60 ct.  
**GOLI Gummies  
Vitamins and Supplements**

**13.99**

save at least \$2.00 each with your VIC card



10 ct.  
**Liquid I.V.  
Hydration Powders**

**14.99**

save at least \$4.00 each with your VIC card



90 ct.  
**Bragg Apple Cider  
Vinegar Supplements**

**16.99**

save at least \$2.00 each with your VIC card



13.75 oz.  
**KOS Organic  
Protein Powders**

**19.99**

save at least \$5.00 each with your VIC card



Select 14.6 - 15.3 oz.  
**CHIKE Iced Coffee  
Protein Powders**

**22.99**

save at least \$3.00 each with your VIC card



21.60 oz.  
**Simple Truth Plant  
Based Protein Powder**

**22.99**

save big with your VIC card



Select 30 ct.  
**Prevagen  
Supplements**

**\$5 OFF**

save big with your VIC card

