

# DEALS DEALS DEALS FOR DAYS EVENT



SAVE UP TO 51%

**3<sup>88</sup>**

**4 LB BAG**

**FARMER'S MARKET<sup>™</sup>  
CORTLAND, GOLDEN DELICIOUS  
or MCINTOSH APPLES**  
product of Atlantic Canada, Canada fancy grade  
pommes  
20630871001, EA/20713921001, EA/20713211001, EA



SAVE 20%

**3<sup>99</sup>**

**3 LB BAG**

**FARMER'S MARKET<sup>™</sup>  
NAVEL ORANGES**  
product of Spain or Morocco  
oranges navel  
20162943001, EA



SAVE 25%

**4<sup>44</sup>**

**15 LB BAG**

**NO NAME<sup>®</sup>  
NATURALLY IMPERFECT<sup>™</sup>  
POTATOES**  
product of Atlantic, Canada no. 2 grade  
pommes de terre  
2094463001, EA



SAVE 35%

**3<sup>88</sup>**

**EAT SMART SWEET KALE or  
TAYLOR FARMS CHOP  
SALAD KITS**  
selected varieties, product of U.S.A.  
315-383 g  
salades hachées  
20674118, EA/21222159, EA

# DEALS DEALS DEALS FOR DAYS EVENT

**NOFRILLS**

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 2 TO WEDNESDAY, JANUARY 8, 2025.



**SAVE 50%**  
**5.99**

**JANES PUB STYLE BREADED CHICKEN**  
selected varieties, frozen  
700 g  
poulet pané  
21191828 EA



**CLUB SIZE**

**WOW!**  
**4.49**  
LB

**LEAN GROUND BEEF**  
fresh  
boeuf haché maigre  
9.90/kg  
20327332 EA



**SAVE UP TO 53%**  
**1.99**

**SCHNEIDERS LUNCHMATE LUNCH KITS, STACKERS or SNACK KITS** 90/120 g or **THE LAUGHING COW CHEESE** 133-140 g, selected varieties  
trousers-repas ou fromage  
21319034 EA/20319107 EA



**500 G**

**SAVE 33%**  
**3.99**

**NO NAME® BACON**  
regular or salt reduced  
bacon  
20154771 EA



**SAVE UP TO 52%**  
**1.88**

**I CAN'T BELIEVE IT'S NOT BUTTER MARGARINE** 427 g or **BECEL GARLIC PLANT BUTTER** 227 g  
margarine ou beurre à l'ail à base de plantes  
2004194001 EA/21392892 EA

**ROOSTER® SCENTED JASMINE RICE**  
riz  
20321871 EA

**8 KG**

**SAVE 35%**  
**12.88**



**SAVE 37%**  
**2.49**

**BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT**  
selected varieties  
410 g  
produit de fromage fondu  
21232364 EA

**HIGH LINER PAN-SEAR or FISH FILLETS**  
selected varieties, frozen  
425-600 g  
20844670 EA/21186729 EA

**SAVE UP TO 50%**  
**7.99**



**SAVE 49%**  
**3.50**

**ROYALE FACIAL TISSUE**  
6x72/100 sheets  
mouchoirs  
20703419 EA



**ONLY**  
**4.99**

**ALLEN'S DRINK BOXES** 24x200 mL or **GATORADE SPORT DRINKS** 6x591/8x355 mL  
selected varieties  
jus ou boissons dissolvantes  
20303218003 C06/20340320 EA



**SAVE UP TO 38%**  
**7.99**

**TIDE SIMPLY LIQUID LAUNDRY DETERGENT** 3.1 L or **FLEECE FABRIC SOFTENER** 3.5 L or **DRYER SHEETS** 200's  
selected varieties  
détergent ou assouplissant  
21311739 EA/21579684 EA

**APP EXCLUSIVE OFFER\***

**Optimum**

**2,000 pts**

**\$2 Value**

**3.88**

**NO NAME® PEANUT BUTTER**  
selected varieties  
1 kg  
beurre d'arachide  
2029483001 EA/21490545 EA



# BUDGETS LOVE YELLOW. (So switch)



**.19**

**NO NAME® INSTANT NOODLE SOUP**  
selected varieties  
85 g  
soupe aux nouilles instantanée  
30301274001 SA



**5.99**

**NO NAME® CHEESE**  
selected varieties  
400 g  
fromage  
21289743 SA



**\$2**

**NO NAME® EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé  
21040310 SA



**1.39**

**NO HST/GST\***

**NO NAME® CHIPS**  
selected varieties  
200 g  
croustilles  
21302821 SA

**no name®**

# FRESH AT LOW PRICES

**BROCCOLI CROWNS**  
product of Mexico or U.S.A.  
each  
couronnes de brocoli  
21121540001 EA

**1.99**



**PKG OF 5**

**4.88**



**AVOCADOS**  
product of Mexico or  
**CAULIFLOWER**  
product of U.S.A. or Mexico, no. 1 grade  
avocats ou chou-fleur  
2094462001 EA/2013537001 EA

**PINEAPPLE**  
product of Costa Rica or  
**BLACKBERRIES**  
product of U.S.A. or Mexico  
ananas ou miris  
20140992001 EA/20051015001 EA

**3.88**



**6 OZ CLAMSHELL**



**ACORN, BUTTERNUT, SPAGHETTI SQUASH**  
product of Mexico or  
**SWEET POTATOES**  
product of Canada  
courge ou patates douces  
3.42/kg  
20071263001\_KG/20127708001\_KG

**1.55**  
LB



**If your produce isn't fresh, we'll replace AND refund it.\***



**2.77**  
LB

**BARTLETT PEARS**  
product of U.S.A., extra fancy grade  
poires  
4.11/kg  
2017234001\_KG



**1.33**

**RED MANGO**  
product of Peru  
each  
mangues rouges  
2005432001 EA



**2.88**

**FARMER'S MARKET CARROTS or YELLOW ONIONS**  
product of Atlantic Provinces, Canada no. 1 grade  
carottes ou oignons jaunes  
200037001 EA/201119401 EA



**4.88**  
EA/LB

**BLUEBERRIES** each  
product of Mexico or Chile, no. 1 grade or  
**CHERRIES** 10.78/kg  
product of Chile, no. 1 grade or  
**FARMER'S MARKET MANDARINS**  
each  
product of Spain or Morocco  
mandarins ou cerises ou mandarines  
2004012001 EA/2009911001 EA  
2011940001\_KG



**4.88**

**FARMER'S MARKET ENGLISH CUCUMBERS**  
product of Canada, Canada no. 1 grade or  
**SWEET PEPPERS**  
product of U.S.A.  
concombres anglais ou poivrons  
2012841001 EA/2011724001 EA



**5.88**

**PC AXIANI MIXIANY TOMATOES**  
product of Canada, Mexico or U.S.A.  
tomates  
214374001 EA/214374001 EA



**3.44**

**LARSEN WIENSERS**  
375 g  
saucisses fumées  
2109244 EA



**ALWAYS \$10**

**BUTCHER'S CHOICE SAUSAGE**  
selected varieties  
1.2 kg  
saucisses  
21363790 EA



**11.44**  
LB

**BEEF STIR FRY STRIPS**  
fresh  
25.22/kg  
tranches de bœuf à sauter  
20328001\_KG



**2.88**

**WONDER BREAD WHITE BUNS**  
300-475 g  
8 1/2  
selected varieties  
pain ou petits pains  
200922 EA/200922 EA



**3.22**

**FARMER'S MARKET GLAZED DOUGHNUTS**  
352 g  
beignets  
2132726 EA



**3.50**

**ZIGGY'S SLICED DELI MEAT**  
selected varieties  
175/300 g  
charcuterie tranchées  
2129402 EA/2129402 EA



**6.88**

**SEAQUEST COLOSSAL RAW WHITE SHRIMP**  
16-30 per lb., 300 g or  
**BAY SCALLOPS** 400 g  
littins  
coquilles blanches crues  
calappaies ou pataches  
de baie congelées  
2142287 EA/2142287 EA

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# BRANDS YOU LOVE AT LOW PRICES

**SAVE 42%**  
**2<sup>88</sup>**



**MCCAIN SUPERFRIES or SPECIALTY FRIES**  
selected varieties, frozen  
454-800 g  
frites  
20234328002, EA



**ONLY**  
**4<sup>22</sup>**

**PHILADELPHIA CREAM CHEESE PRODUCT**  
selected varieties, 227/250 g  
fromage  
20641267, EA/20641267010, EA



**ONLY**  
**3<sup>22</sup>**

**EGGO WAFFLES**  
selected varieties, frozen  
280 g  
gaufres  
30232779, EA



**ONLY**  
**2<sup>99</sup>**

**YOPLAIT SOURCE 630 g, PROTEIN 4%, MINIGO 4% or TUBES 8% YOGURT**  
selected varieties  
yogourt  
21391318001, EA/21547371, EA



**6<sup>44</sup>**

**SAPUTO MOZZARELLISSIMA**  
selected varieties  
300 g  
fromage  
20791241803, EA



**6<sup>88</sup>**

**TETLEY TEA**  
selected varieties  
80/144 s  
the  
20711184, EA/21612864, EA

**CAMPBELL'S TOMATO, CREAM OF MUSHROOM, CHICKEN NOODLE or VEGETABLE SOUP**  
284 mL  
soupe  
20118114001, EA



**\$1**

**STARBUCKS COFFEE ENHANCER**  
selected varieties  
828 mL  
rehausseur pour café  
21238473, EA

**6<sup>66</sup>**



**STARBUCKS ICED COFFEE**  
selected varieties,  
refrigerated  
1.18/1.42 L  
café glacé  
21213530, EA

**7<sup>33</sup>**



**2<sup>22</sup>**

**DARE CRACKERS**  
selected varieties  
100-225 g  
croûtes  
21320466, EA/21520791, EA



**\$4**

**DORITOS TORTILLA CHIPS**  
210/235 g or  
**SMARTFOOD POPCORN** 150-200 g  
selected varieties  
croustilles de tortilla ou  
maïs soufflé  
20472839, EA/213649118, EA



**4<sup>44</sup>**

**MINUTE RICE**  
selected varieties  
600/700 g  
riz  
20210858, EA

**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties  
2 L  
boissons gazeuses  
20296926002, EA  
20214026002, EA



**1<sup>66</sup>**



**6<sup>88</sup>**

**ROYALE TIGER TOWELS**  
selected varieties  
2/3rd rolls  
essuie-tout  
21484702, EA



**2<sup>22</sup>**

**NO NAME® WHITE VINEGAR**  
Club Size  
4 L  
 vinaigre blanc  
20102756, EA

# DEALS DEALS DEALS FOR DAYS EVENT



**NO NAME® SPINACH**  
selected varieties, frozen  
300 g  
épinards  
20411796 EA

**SAVE 31%**  
**1<sup>22</sup>**



**LACTANTIA BUTTER**  
454 g  
beurre  
20427926 EA

**SAVE 30%**  
**5<sup>88</sup>**



**ONLY**  
**3<sup>44</sup>**

**GREEN GIANT VEGETABLES**  
selected varieties, frozen  
400-750 g  
légumes  
21022270 EA



**CHAPMAN'S FROZEN YOGURT or SORBET**  
selected varieties, frozen, 2 L  
yogourt surgelé ou sorbet ou fraidises glacées  
20314434001 EA

**ONLY**  
**4<sup>88</sup>**



**2<sup>22</sup>**

**QUAKER DIPPS or CHEWY GRANOLA BARS**  
selected varieties  
120-156 g  
barres granola  
20467382 EA/21339364 EA



**2<sup>88</sup>**

**PC® HERBAL TEA**  
selected varieties  
20's  
boisson  
20427612001 EA/20427614003 EA



**\$4**

**PC® SINGLE SERVE ENTRÉES**  
selected varieties, frozen  
212-365 g  
plats cuisinés  
20309193001 EA



**1<sup>44</sup>**

**UNICO BEANS, CHICKPEAS or LENTILS** 540 mL or TOMATOES  
796 mL  
selected varieties  
tomates ou légumineuses  
20313447002 EA  
20314429001 EA



**1<sup>44</sup>**

**RAVINE MUSHROOMS**  
284 mL  
champignons  
21292348 EA



**1<sup>88</sup>**

**PRIMO SAUCE**  
selected varieties  
680 mL  
sauce  
20165260 EA



**\$2**

**DARE COOKIES**  
selected varieties  
148-209 g  
biscuits  
2097426 EA/21080991 EA



**NO HST/GST**  
**\$7**

**CORONA SUNBREW NON-ALCOHOLIC BEER**  
4x200 mL  
boisson sans alcool  
21426311 024



**NO HST/GST**  
**8<sup>77</sup>**

**MONSTER** 4x473 mL or **RED BULL** 4x250 mL **ENERGY DRINKS**  
selected varieties  
boissons énergisantes  
204407960 EA/204407960 EA  
20927621 024



**6<sup>11</sup>**

**FRISKIES DRY CAT FOOD**  
selected varieties  
1.41-1.81 kg  
nourriture sèche pour chats  
21498847 EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

**JANUARY**

**HIT  
OF THE  
MONTH**



**\$2<sup>25</sup>**

**GoGo SqueeZ Fruit Sauce**  
Selected varieties, 360 g  
Limit: 4, over limit retail \$3.00



**\$1<sup>50</sup>**

**Catelli Smart or  
Healthy Harvest Pasta**  
Selected varieties, 340 g/375 g  
Limit: 6, over limit retail \$2.00



**\$4**

**Bolthouse Farms Smoothies or Juice**  
Selected varieties, 946 mL, Product of U.S.A.  
Limit: 6, over limit retail \$6.00



**Optimum**  
Members-Only Price\*  
**\$3**  
Non-Members  
**\$4**

**Q-tips Cotton Swabs**  
400's

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid January 1st - 31st, 2025. \*Member price only applicable to valid PC Optimum™ program members. To register as a member visit [pc optimum.ca](http://pc optimum.ca).

# BUDGETS LOVE YELLOW. YELLOW. (So switch)

## GET RIPPLE CHIPS FOR LESS

Dip 'em or enjoy them on their own, no name® Ripple Cut Potato Chips (200g) bring the crunch for less.



**139**

**NO NAME® POTATO CHIPS**  
selected varieties  
200 g  
croustilles  
21302821 EA

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 2 TO WEDNESDAY, FEBRUARY 12, 2025.



**349**

**NO NAME® COOKIES**  
907 g  
biscuits  
20018678001 EA



**179**

**NO NAME® GRANOLA BARS**  
selected varieties  
120-175 g  
barres granola  
20913334 EA



**\$2**

**NO NAME® APPLESAUCE**  
selected varieties  
620 mL  
purée de pommes  
21174982 EA



**5.99**

**NO NAME® CHEESE**  
selected varieties  
400 g  
fromage  
21289743 EA



**\$3**

**NO NAME® DRINKS**  
selected varieties 10x200 mL  
boissons  
20038043 EA



**\$2**

**NO NAME® EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé  
21040510 EA

**no name®**



no name™ mobile

introducing  
no name® mobile

great quality plans  
with loads of data.

starting at only  
\$19 per month

no contracts, just value.

exclusively at



Subject to change. Conditions apply. Visit nonamemobile.ca for full details.

## THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh,  
we'll replace AND refund it.



We'll honour a current flyer deal  
if we're sold out, plus give you 10%  
back in PC Optimum™ points.



Deals from the past  
on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

NFA MKT

