

We Proudly Serve



ingles

LOW PRICES...

LOVE THE SAVINGS!

FUEL FRIDAY!
EARN 4X
INGLES FUEL POINTS
JAN 31ST 2025

Use this coupon **FRIDAY for 4X** Ingles Fuel Points

LOAD THE COUPON DIRECTLY to your AdvantageCard via the AdvantagEmail weekly email

EXCLUSIONS & RESTRICTIONS APPLY
 SELECT STORES ONLY • SEE STORE FOR DETAILS



BEEF LONDON BROIL OR TOP ROUND ROAST
 Ingles Premium Certified **USDA Choice** Beef
 SAVE UP TO 3.00 Lb.

\$4.98
 Lb.



Select Locations!



BONELESS NEW YORK STRIP STEAK
 Ingles Premium Certified **USDA Choice** Beef
 Regular Or Family Pack
 SAVE 6.00 Lb.

\$10.98
 Lb.

Item Of The Week!



SWEET TANGO APPLES
 SAVE 1.70 Lb.

\$1.28
 Lb.



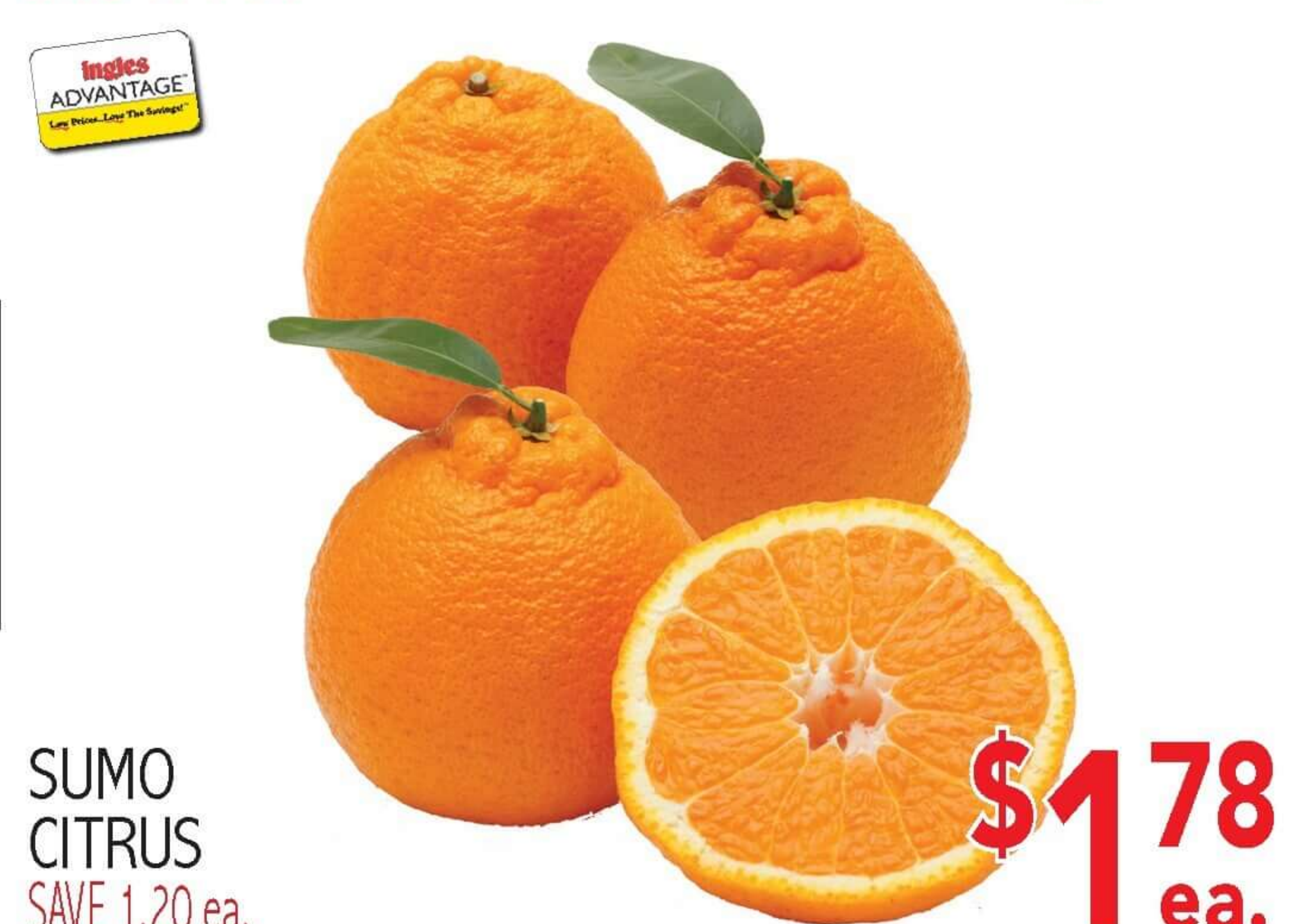
TYSON BONELESS SKINLESS CHICKEN BREAST
 Small Pack
 SAVE 1.70 Lb.

\$2.98
 Lb.



KRAFT OR VELVEETA MACARONI & CHEESE DINNER
 9.4-14 Oz. - Selected Varieties
 SAVE 2.60 ea.

\$1.98
 ea.



SUMO CITRUS
 SAVE 1.20 ea.

\$1.78
 ea.



HARVEST FARMS BONELESS PORK CHOPS
 SAVE 1.00 Lb.

\$4.98
 Lb.



RAGÚ PASTA SAUCE
 16-24 Oz. - Selected Varieties
 SAVE 2.00 ea.

\$1.68
 ea.



BOAR'S HEAD BLAZING BUFFALO CHICKEN BREAST
 SAVE 2.00 Lb.

\$11.49
 Lb.



LAURA LYNN™ ICE CREAM
 56 Oz. - Selected Varieties
 SAVE 1.76 ON 2

2/\$8
 for



BARILLA PASTA
 8.5-16 Oz. - Selected Varieties
 SAVE 1.20 ea.

98¢
 ea.



NATURE'S OWN BUTTERBREAD
 20 Oz.
 SAVE 3.56 ON 2

2/\$4.98
 for

Sip, Snack And Save!

COKE GROUP OF PRODUCTS
 6 Pack - 500 mL
 Limit 4
 SAVE UP TO 16.92 ON 4

4/\$15
 for

When You BUY 4 FINAL COST
 Quantities Less Than 4 will be 7.98 ea.

DORITOS TORTILLA CHIPS
 6-10.75 Oz. - Selected Varieties
 SAVE 6.29 ON 2

Tostitos Salsa Con Queso
 2/\$7.98

Buy One Get One FREE!

COKE GROUP OF PRODUCTS
 12 Pack Cans
 Limit 1 transaction
 SAVE UP TO 10.48 ON 3

BUY 2, GET 1 FREE

Quantities Less Than 3 will be 10.48

Love The Savings!

YOU SPEND	YOU EARN	YOU SAVE PER GAL
\$100	100pts	5¢
\$200	200pts	10¢
\$300	300pts	15¢

EARN UNLIMITED GAS SAVINGS!

TRIPLE TUESDAY!
3X FUEL POINTS
 100 Bonus Points for every \$50 spent*

\$1 in Groceries = 1 Fuel Point*
 (NORMAL EXCLUSIONS APPLY)

This week's REWARD!
\$3.33
 AdvantagEmail™

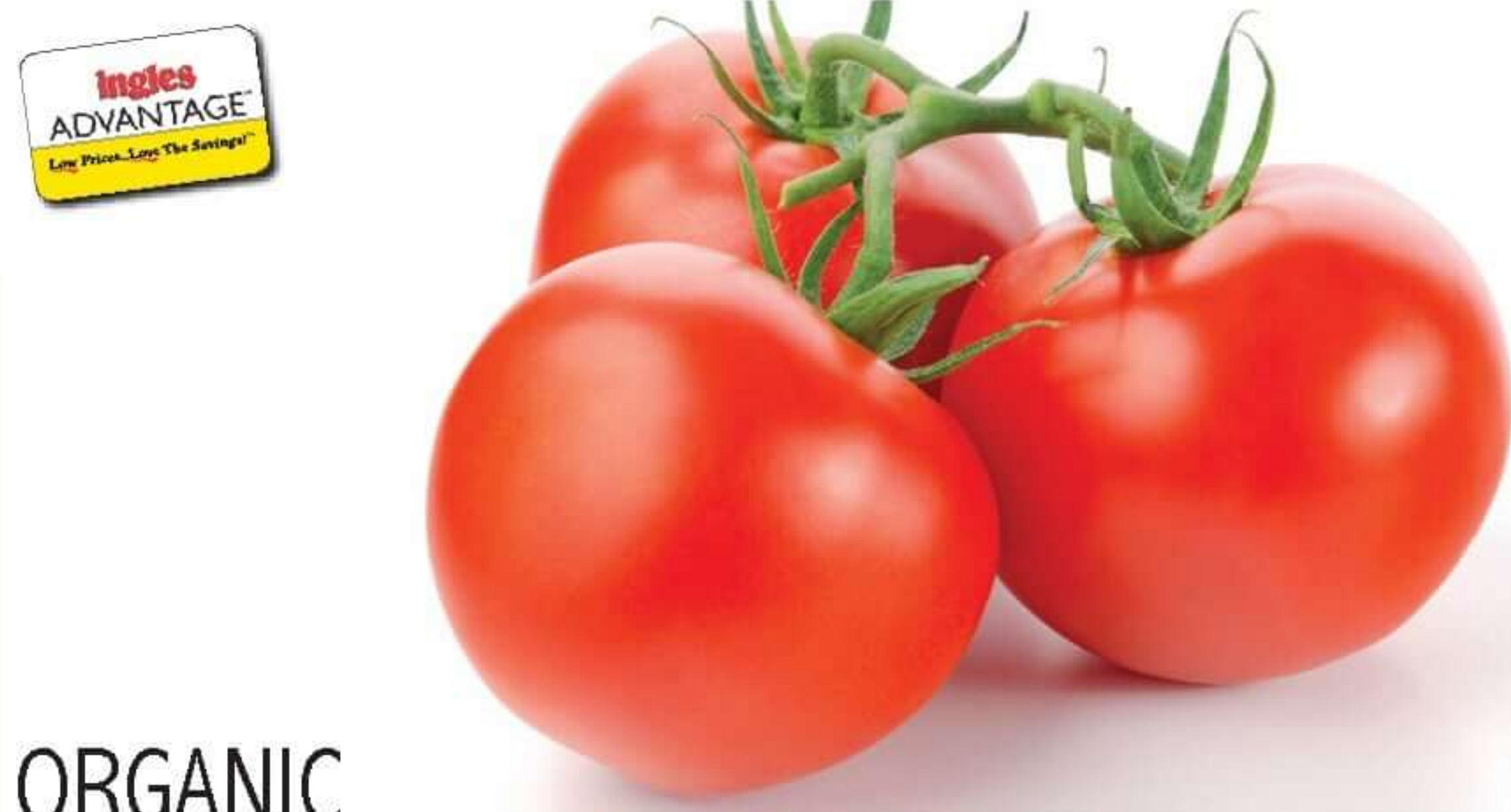
Oreo Family Size Cookies
 10.68 - 20 oz

Sign up for weekly emails at www.ingles-markets.com/amaill

Produce



INGLES ADVANTAGE
STRAWBERRIES
 1 Lb.
 SAVE 2.00 ea.
\$3.98 ea.



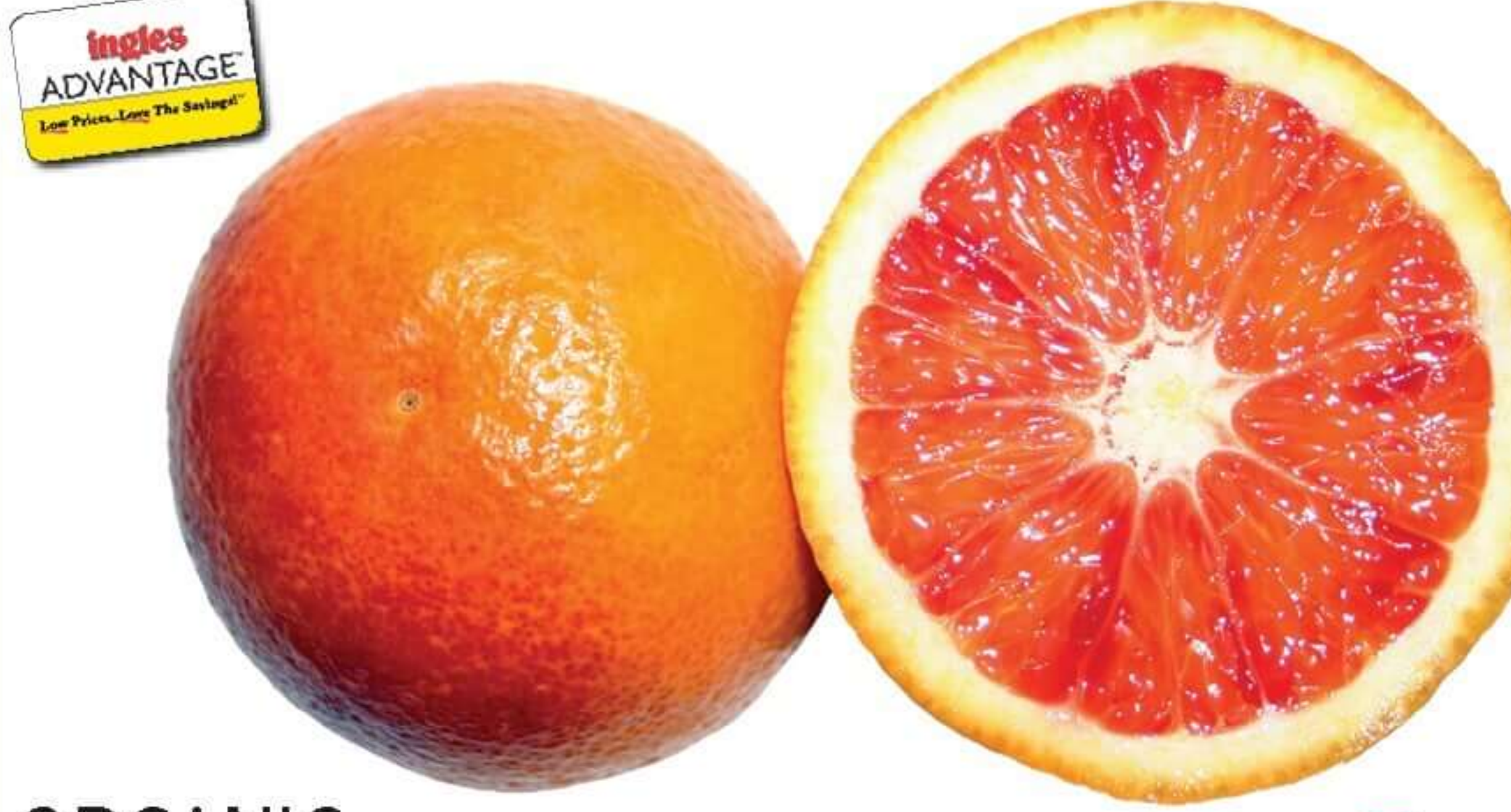
INGLES ADVANTAGE
ORGANIC TOMATOES ON THE VINE
 SAVE 1.50 Lb.
\$2.48 Lb.



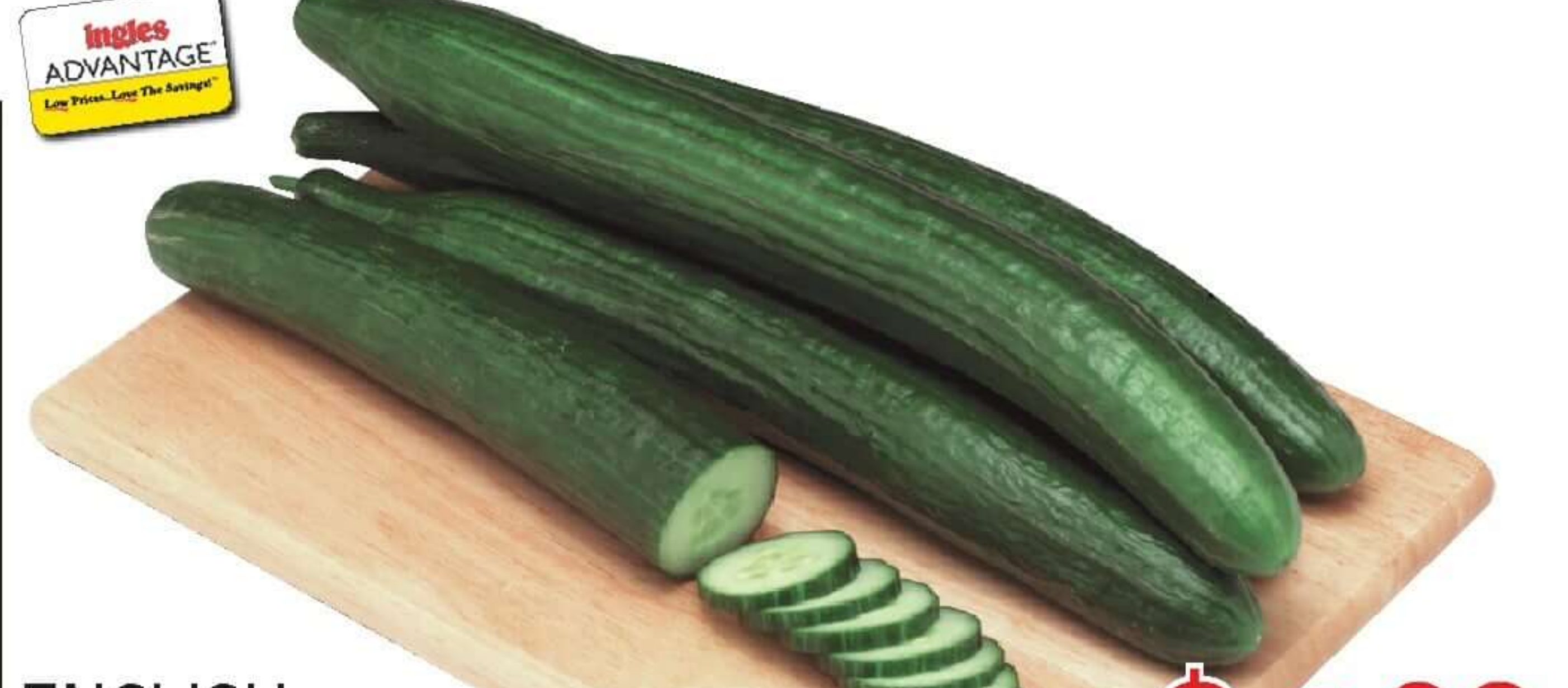
INGLES ADVANTAGE
ORGANIC GIRL SALAD MIX
 All Varieties
 SAVE UP TO 1.48 ON 2
2/\$7 for 7



INGLES ADVANTAGE
GREEN BELL PEPPERS
 SAVE 1.22 ea.
78¢ ea.



INGLES ADVANTAGE
ORGANIC BLOOD ORANGES
 SAVE .80 ea.
98¢ ea.



INGLES ADVANTAGE
ENGLISH CUCUMBERS
 SAVE .70 ea.
\$1.28 ea.



INGLES ADVANTAGE
ORGANIC PEARS
 2 Lb. Bag
 SAVE 2.00 ea.
\$3.98 ea.



INGLES ADVANTAGE
PICKLEADE SHOT
 3 Oz.
 SAVE .50 ea.
\$1.00 ea.



INGLES ADVANTAGE
MARKET FRESH BOUQUET
 SAVE 2.00 ea.
\$10.98 ea.

INGLES IS NOT RESPONSIBLE FOR SUPPLIER SHORTAGES

Bakery



INGLES ADVANTAGE
LA BREA FRENCH BAGUETTE
 SAVE .50 ea.
\$3.48 ea.



INGLES ADVANTAGE
INGLES SELECT ITALIAN BREAD
 SAVE .60 ea.
\$5.38 ea.



INGLES ADVANTAGE
KAISER ROLLS
 4 Count
 SAVE .50 ea.
\$2.48 ea.



INGLES ADVANTAGE
SLICED CRÈME CAKE
 Selected Varieties
 SAVE .50 ea.
\$5.48 ea.



INGLES ADVANTAGE
DUO HALF CAKE TUXEDO/CHOCOLATE OVERLOAD
 SAVE .50 ea.
\$11.48 ea.



INGLES ADVANTAGE
VARIETY FILLED DONUTS
 6 Count
 SAVE .50 ea.
\$5.48 ea.

Turnovers
 2 Count -
 Cherry Or
 Apple
\$2.78 ea.
 Save .50 ea.

Deli



INGLES ADVANTAGE
INGLES PREMIUM SELECT HONEY, OVEN ROASTED OR SMOKED TURKEY BREAD
 SAVE 1.00 Lb.
\$10.49 Lb.



INGLES ADVANTAGE
GOURMET GRAPE CHICKEN SALAD
 SAVE .50 Lb.
\$7.49 Lb.



INGLES ADVANTAGE
BELGIOIOSO MOZZARELLA
 8 Oz. -
 Selected Varieties
 SAVE .70 ea.
\$5.69 ea.

Laughing Cow
 Cheese Wedges
 6 Oz. -
 Selected Varieties
\$4.79 ea.
 Save .70 ea.



INGLES ADVANTAGE
STACY'S PITA CHIPS, THINS, OR BAGEL CHIPS
 6.75-8 Oz. -
 Selected Varieties
 SAVE .70 ea.
\$4.99 ea.



INGLES ADVANTAGE
IVY'S VINTAGE RESERVE CHEDDAR
 SAVE .50 Lb.
\$18.49 Lb.



INGLES ADVANTAGE
PRÉSIDENT FETA CRUMBLES
 6 Oz. -
 Selected Varieties
 SAVE 2.80 ea.
\$3.19 ea.

Président
 Plain Fat Free
 Feta Cheese
 Crumbles
 6 Oz.
\$5.19 ea.
 Save 1.90 ea.



INGLES ADVANTAGE
BEEMSTER DUTCH MILD GOUDA
 SAVE 1.00 Lb.
\$14.99 Lb.



INGLES ADVANTAGE
ANTIBIOTIC FREE ROTISSERIE CHICKEN
 EVERYDAY LOW PRICE!
\$8.99 ea.



INGLES ADVANTAGE
CHICKEN TENDERS
 Pre-Packaged -
 Selected Varieties
 SAVE 1.00 Lb.
\$7.99 Lb.

Croissant
 Sandwiches
 3 Count
\$4.49 ea.
 Save .50 ea.

ingles **LOW PRICES... LOVE THE SAVINGS!™**

Meat & Seafood



**PLAINVILLE FARMS
ABF GROUND TURKEY**
16 Oz. - 94% Lean
SAVE 6.28 ON 2

plainville
FARMS



**HARVEST FARMS
BONELESS
CHICKEN BREAST**
24 Oz. Bag
SAVE 2.20 ea.

HARVEST
FARMS



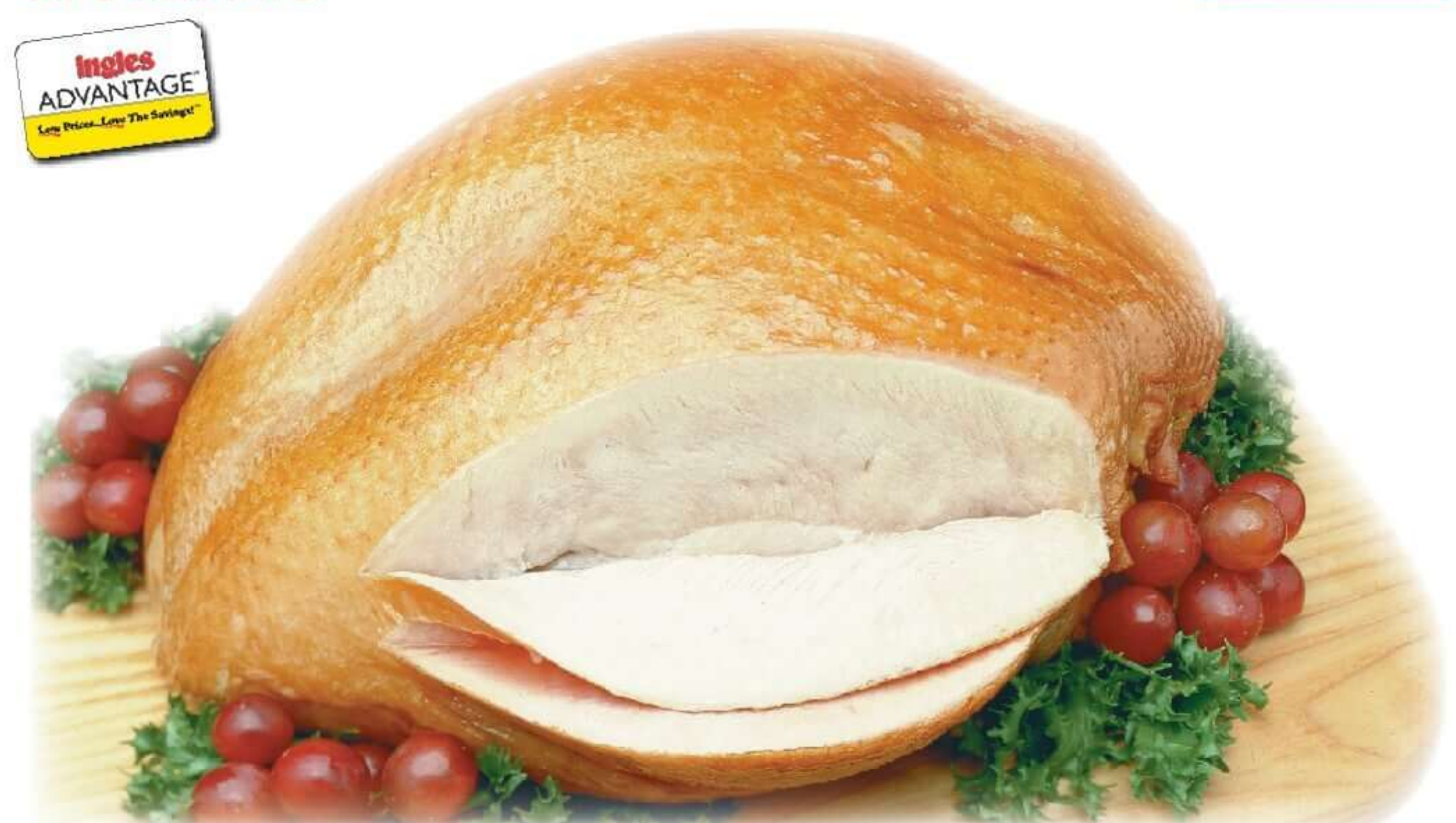
ingles
ADVANTAGE



**BEEF
CUBE STEAK
Family Pack**
SAVE 2.00 Lb.

ingles
ADVANTAGE

**\$5.18
Lb.**



**HONEYSUCKLE WHITE
GRADE A
FROZEN TURKEY BREAST**
SAVE .50 Lb.

ingles
ADVANTAGE

**\$1.78
Lb.**



**SMITHFIELD
ANYTIME
SLICED HAM**
24 Oz.
SAVE 7.88 ON 2

Smithfield

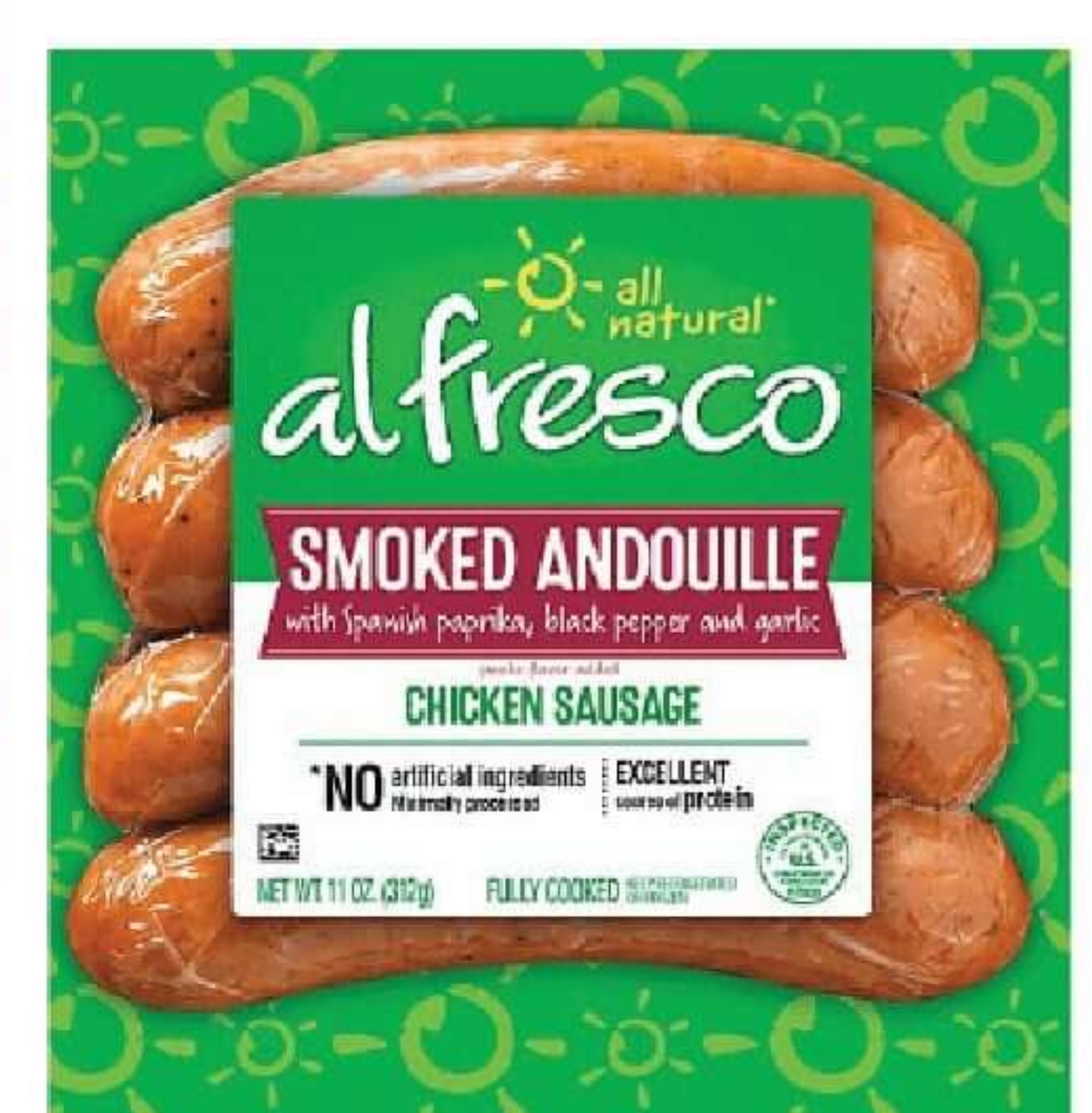


**Buy One
Get One
FREE!**



**AL FRESCO
CHICKEN SAUSAGE**
11 Oz. -
Selected Varieties
SAVE 5.88 ON 2

ingles
ADVANTAGE



**Buy One
Get One
FREE!**



**OSCAR MAYER
FULLY COOKED BACON**
2.52 Oz. -
Original Or Thick Cut
SAVE 3.96 ON 2

Oscar Mayer



**2/\$9
for**

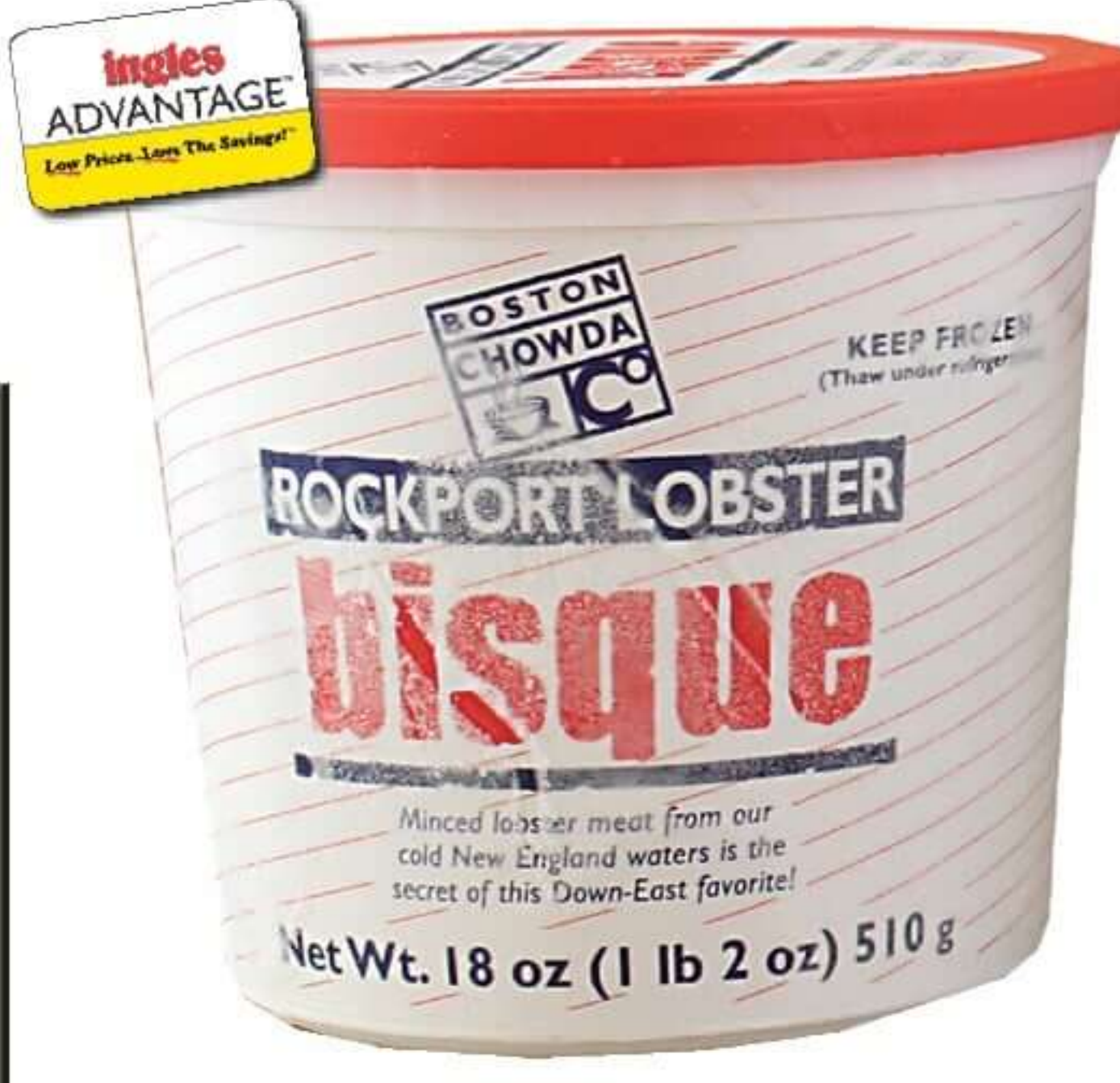


**JOHNSONVILLE
SMOKED SAUSAGE**
14 Oz. -
Selected Varieties
SAVE UP TO 1.50

Johnsonville



**\$3.98
ea.**



**BOSTON CHOWDA
SOUP**
18 Oz. -
All Varieties
SAVE 1.70 ea.

ingles
ADVANTAGE



**\$4.98
ea.**



**MAHI MAHI
FILLETS OR SIDES**
SAVE 1.50 Lb.

ingles
ADVANTAGE

**\$6.48
Lb.**



**ALMOND CRUSTED
FLOUNDER**
SAVE 1.00 Lb.



**SEA BEST
RAW, PEELED
& DEVEINED SHRIMP**
16 Oz. - 41/50 Count
SAVE .90 ea.

ingles
ADVANTAGE



**\$6.78
ea.**

Grocery



**BORDEN
SHREDDED OR
SLICED CHEESE**
8-12 Oz. -
Selected Varieties
SAVE 1.60 ea.

ingles
ADVANTAGE



**\$1.98
ea.**

ingles
ADVANTAGE

**SARGENTO
SLICED CHEESE**
7-8 Oz. -
Selected Varieties
SAVE 3.00 ea.



**\$2.38
ea.**



**COUNTRY CROCK
ORIGINAL SPREAD**
45 Oz.
SAVE 4.00 ea.

ingles
ADVANTAGE



**\$4.98
ea.**



**YOPLAIT
YOGURT OR GO-GURT**
8-16 Count -
Selected Varieties
SAVE UP TO 4.40

ingles
ADVANTAGE



**\$2.98
ea.**



**CHOBANI CORE
OR LESS SUGAR
YOGURT**
5.3 Oz. -
Selected Varieties
SAVE 1.10 ea.

ingles
ADVANTAGE



**88¢
ea.**

ingles
ADVANTAGE

**CHOBANI FLIP,
ZERO SUGAR,
CREATIONS OR
PROTEIN YOGURT**
4.5-6.7 Oz. -
Selected Varieties
SAVE UP TO 5.72 ON 4



**4/\$5
for**



**MARGARET HOLMES
CANNED VEGETABLES**
14-15 Oz. -
Selected Varieties
SAVE .90 ea.

ingles
ADVANTAGE



**98¢
ea.**



**HELLMANN'S
MAYONNAISE**
30 Oz. -
Selected Varieties
SAVE 6.00 ea.

ingles
ADVANTAGE



**\$4.98
ea.**



**DUKE'S
BBQ SAUCE**
14-17.5 Oz. -
Selected Varieties
SAVE 2.00 ea.

ingles
ADVANTAGE



**\$2.68
ea.**

ingles
ADVANTAGE

**A.1.
STEAK SAUCE**
10 Oz. -
Selected Varieties
SAVE 2.60 ea.



**\$3.98
ea.**



**KRAFT
SALAD
DRESSING**
14-16 Oz. -
Selected Varieties
SAVE 2.50 ea.

ingles
ADVANTAGE



**\$2.48
ea.**



**TACO BELL
DINNER KIT**
10-12 Count -
Selected Varieties
SAVE 1.50 ea.

ingles
ADVANTAGE



**\$2.98
ea.**

ingles

LOW PRICES... LOVE THE SAVINGS!™

Health & Wellness

INGLES ADVANTAGE
Let Prices Keep You Healthy!

OLLY VITAMINS
30-90 Count - Selected Varieties
SAVE 2.50 ea.

OLLY SLEEP
OLLY THE PERFECT WOMEN'S MULTI

QC DAYTIME OR NIGHTTIME LIQUID COLD MEDICINE
8 Oz. - Selected Varieties
SAVE UP TO 6.98 ON 2

\$11.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

QC VITAMINS
Selected Varieties
SAVE UP TO 24.98 ON 2

Buy One Get One FREE!

Buy One Get One FREE!

Savings On Every Aisle!

INGLES ADVANTAGE
Let Prices Keep You Healthy!

GREEN MOUNTAIN, DONUT SHOP, MCCAFÉ, LAVAZZA OR NEWMAN'S OWN GROUND OR K-CUP COFFEE
10 Count Or 10 Oz. - Selected Varieties
SAVE UP TO 6.80

\$5.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

MOTT'S SOFT BAKED BARS, NATURE VALLEY GRANOLA BARS OR FIBER ONE BROWNIES
6 Count Or 4.59-8.9 Oz. - Selected Varieties
SAVE UP TO 3.60

\$1.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

KELLOGG'S FAMILY SIZE CEREAL
16.9-24 Oz. - Selected Varieties
SAVE 3.00 ea.

\$3.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

SPLENDA PACKETS
100 Count
SAVE 3.00 ea.

\$2.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

DIAL BODY WASH
16 Oz. - Selected Varieties
SAVE 3.80 ea.

\$2.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

QUILTED NORTHERN ULTRA SOFT & STRONG BATH TISSUE
6 Count - Mega Roll
SAVE 4.00 ea.

\$6.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

COKE GROUP OF PRODUCTS
2 Liter Limit 2
SAVE UP TO 2.16 ON 2

2/\$5 When You BUY 2
FINAL COST
Quantities Less Than 2 will be 3.58 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

NABISCO SNACK CRACKERS
3.5-9.1 Oz. - All Varieties
SAVE 5.28 ON 2

Buy One Get One FREE!

INGLES ADVANTAGE
Let Prices Keep You Healthy!

VITAMIN WATER, SMART WATER OR GOLD PEAK TEA
6 Pack 500 mL Where Available
SAVE UP TO 3.00

\$5.98 ea.

Beer & Wine

INGLES ADVANTAGE
Let Prices Keep You Healthy!

APOTHIC FAMILY
750 mL
SAVE BIG!

\$9.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

DUPLIN FAMILY
750 mL
Selected Varieties
SAVE BIG!

\$7.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

WOODBRIDGE FAMILY
1.5 Liter
SAVE BIG!

\$13.48 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

PRATI BY LOUIS M. MARTINI SONOMA COUNTY CABERNET SAUVIGNON
750 mL
Where Available
SAVE BIG!

\$14.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

WHITE CLAW FAMILY
12 Pack Cans
Selected Varieties
Where Available
SAVE BIG!

\$14.44 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

NEW BELGIUM VOODOO RANGER HARD TEA OR TWISTED TEA FAMILY
12 Pack Cans
Where Available
SAVE BIG!

\$14.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

SIERRA NEVADA OR LAGUNITAS FAMILY
12 Pack
Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

MONDAY NIGHT BREWING OR WICKED WEED FAMILY
12 Pack Cans
Where Available
Selected Varieties
SAVE BIG!

\$17.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

CORONA FAMILY
12 Pack Bottles
Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

MICHELOB ULTRA OR ULTRA ZERO, BUD LIGHT NEXT, LIME OR PLATINUM
12 Pack
SAVE BIG!

\$14.44 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

BUDWEISER FAMILY
15 Pack 16 Oz. Aluminum Bottles
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Let Prices Keep You Healthy!

MILLER OR COORS FAMILY
15 Pack Aluminum Pints
SAVE BIG!

\$14.98 ea.



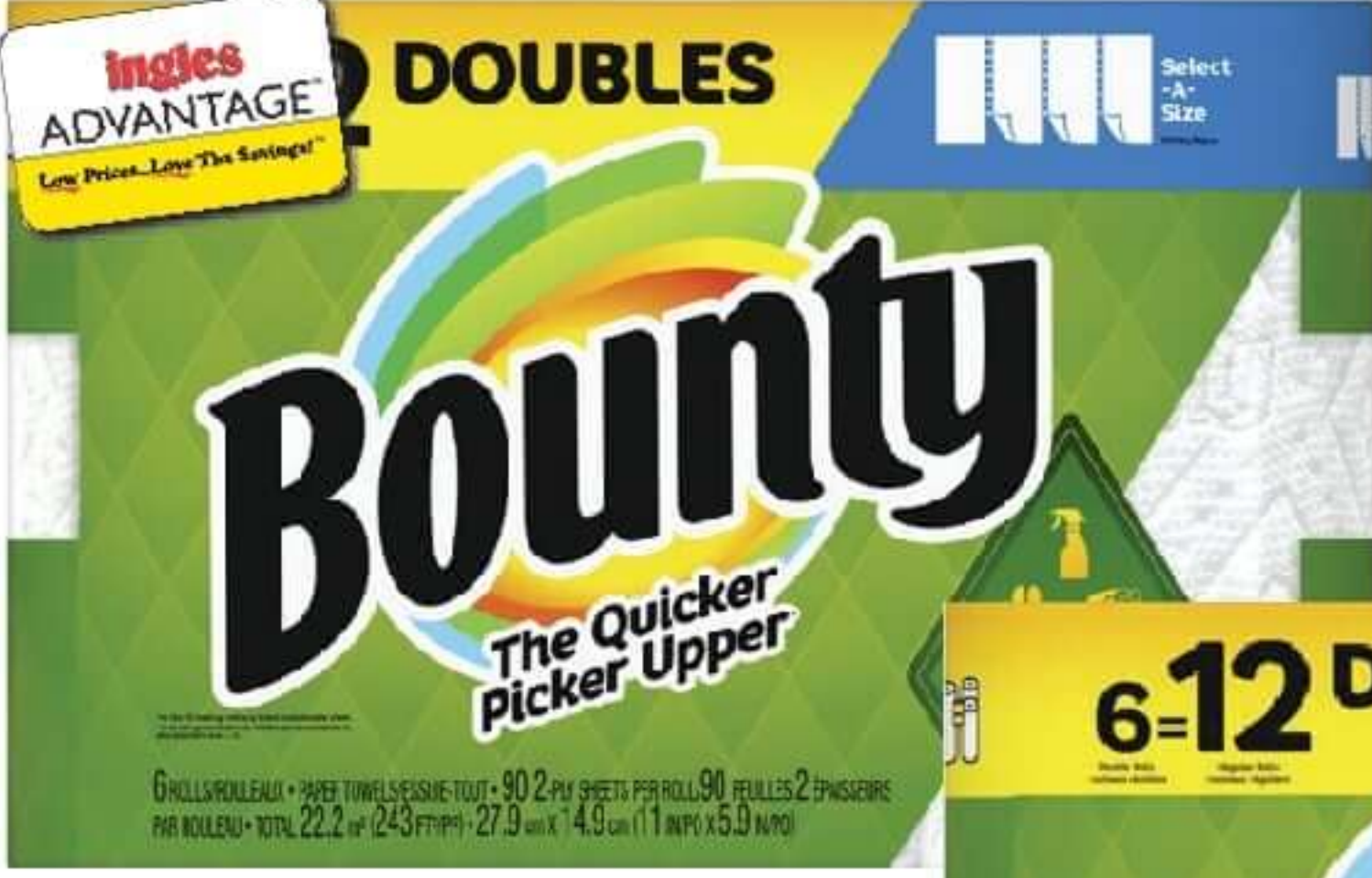
Monthly Savings!

Ingles ADVANTAGE
Less Prices. Less The Same!

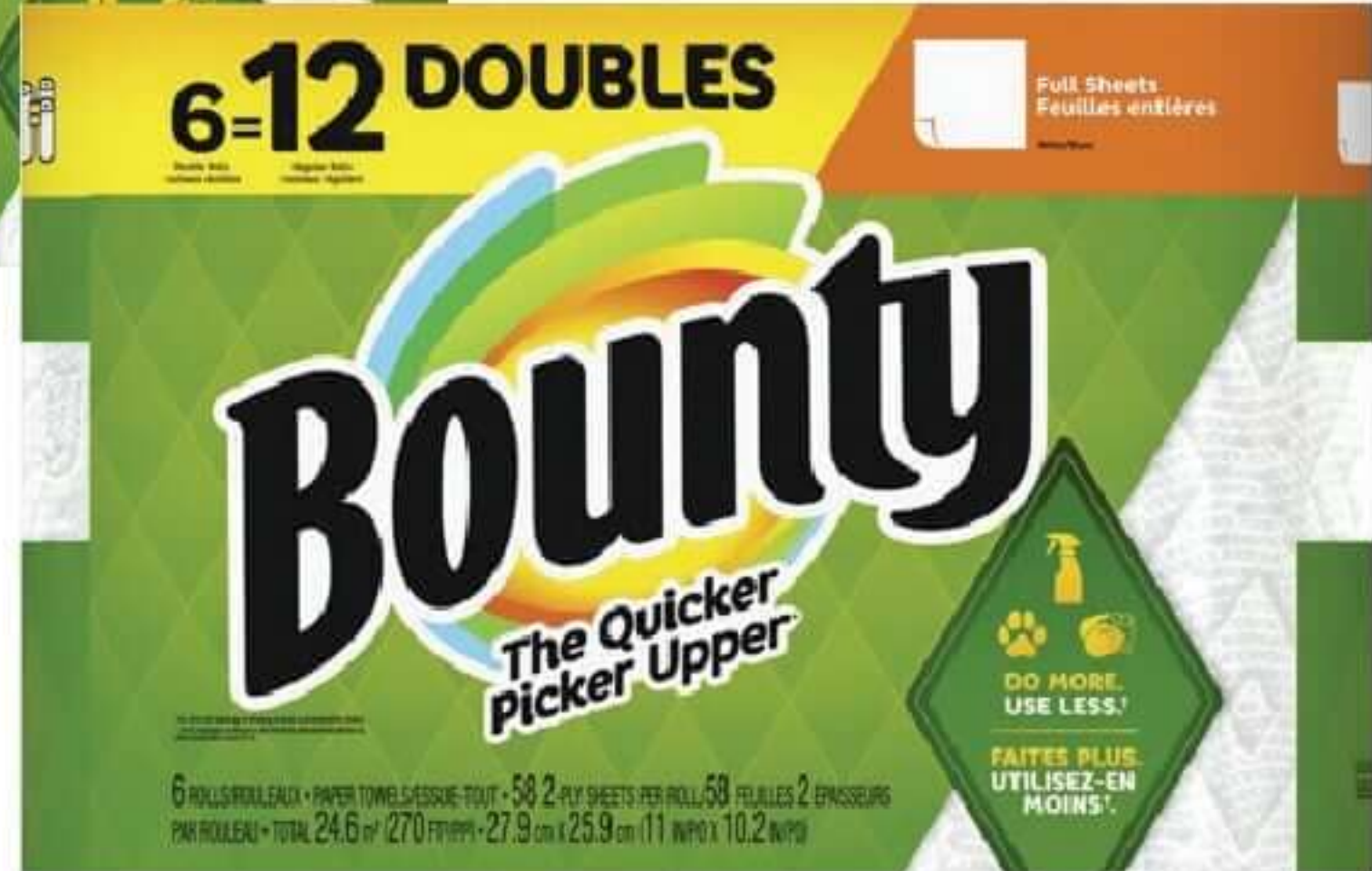
TIDE LAUNDRY DETERGENT,
GAIN OR DOWNY BEADS,
TIDE OR DOWNY RINSE
25-42 Count Or
18.2-84 Oz. -
Selected Varieties
SAVE UP TO 3.40



\$12.98
ea.



BOUNTY DOUBLE
PAPER TOWELS
6 Count -
Selected Varieties
SAVE 4.50 ea.



\$12.48
ea.

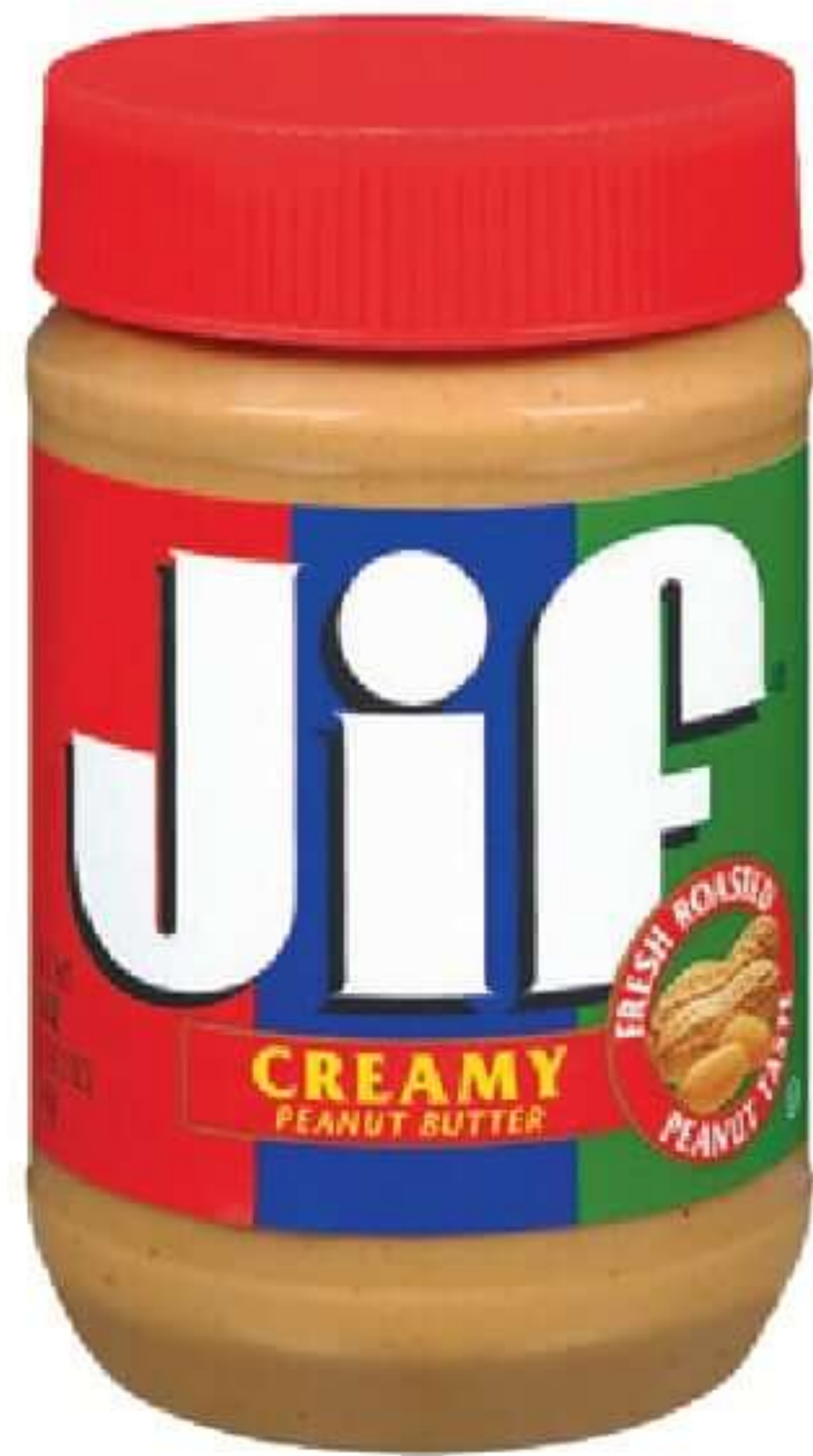


CHARMIN
MEGA ROLL
BATH TISSUE
12 Count -
Selected Varieties
SAVE 6.00 ea.



\$13.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



JIF
PEANUT BUTTER
15.5-16 Oz. -
Selected Varieties
SAVE 1.30 ea.



\$1.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



SMUCKER'S
GRAPE JAM OR JELLY
17.25-32 Oz. -
Selected Varieties
SAVE 1.00 ea.



\$1.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



CRACKER BARREL
BITES OR CUBES
1.59-2 Oz. -
Selected Varieties
SAVE UP TO 1.10



88¢
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



BREAKSTONE'S
COTTAGE DOUBLES
4.7 Oz. -
Selected Varieties
SAVE .72 ea.



78¢
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



GENERAL MILLS
CEREAL
9.9-13 Oz. -
Selected Varieties
SAVE UP TO 3.90



\$2.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



MALT-O-MEAL
FAMILY SIZE
BAG CEREAL
22-30 Oz. -
Selected Varieties
SAVE 3.00 ea.



\$2.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



CHEEZ-IT
CRACKERS,
SNAP'D OR PUFF'D
5.75-12.4 Oz. -
Selected Varieties
SAVE 2.30 ea.



\$2.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



PREGO
SAUCE
14.5-24 Oz. -
Selected Varieties
SAVE 3.68 ON 2



**Buy One
Get One
FREE!**

Ingles ADVANTAGE
Less Prices. Less The Same!



NESTLÉ
PURE LIFE WATER
24 Count -
Selected Varieties
SAVE UP TO 2.40



\$3.98
ea.

Ingles ADVANTAGE
Less Prices. Less The Same!



CAMPBELL'S
TOMATO OR
CHICKEN NOODLE
SOUP
10.75 Oz.
SAVE .80 ea.



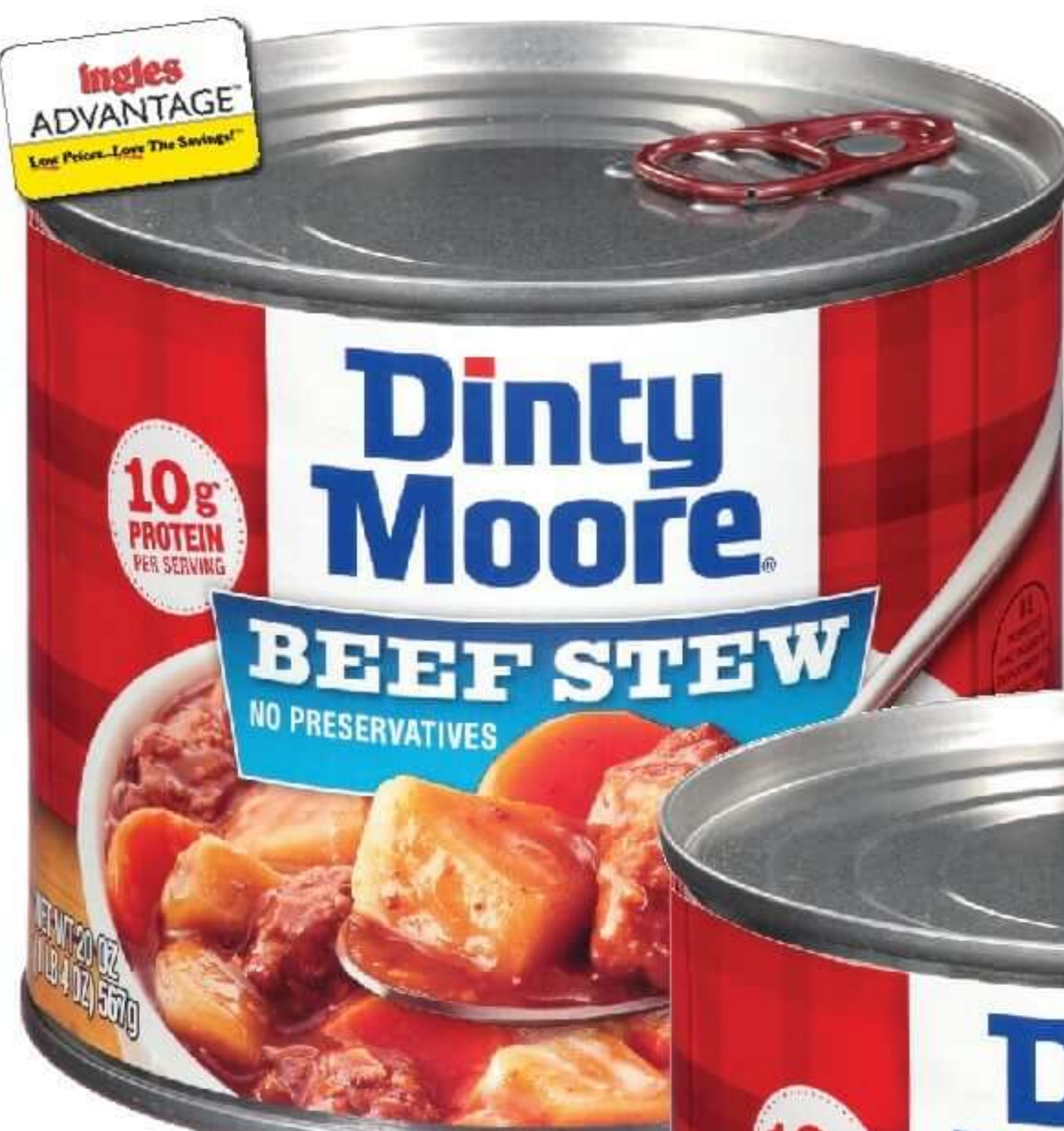
88¢
ea.

...Game Day Favorites!...



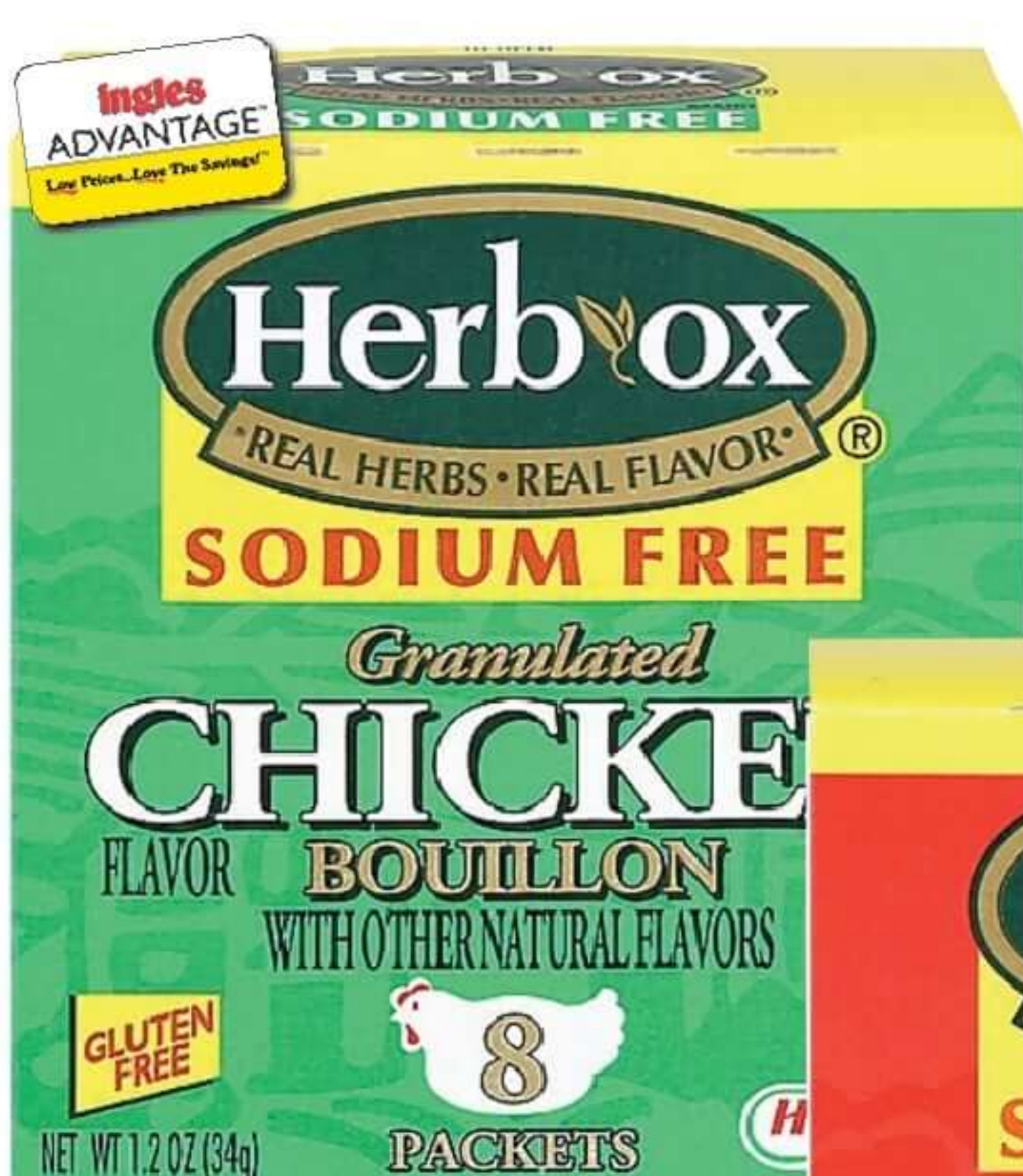
SPAM
12 Oz. -
Selected Varieties
SAVE 1.40 ea.

\$2.98
ea.



DINTY MOORE
BEEF STEW
20 Oz.
SAVE 1.50 ea.

\$2.48
ea.



HERB OX
SEASONINGS
8 Count -
Selected Varieties
SAVE .80 ea.

\$1.48
ea.



PLANTERS
CORN NUTS
7 Oz. -
Selected Varieties
SAVE 1.00 ea.

\$1.48
ea.



HERDEZ
SALSA
15.7-16 Oz. -
Selected Varieties
SAVE UP TO 2.30

\$1.98
ea.



HORMEL
REAL CRUMBLLED
BACON POUCH
4.3 Oz.
SAVE 1.50 ea.

\$3.98
ea.



SKIPPY
PEANUT BUTTER
15-16.3 Oz. -
Selected Varieties
SAVE 1.30 ea.

\$1.98
ea.



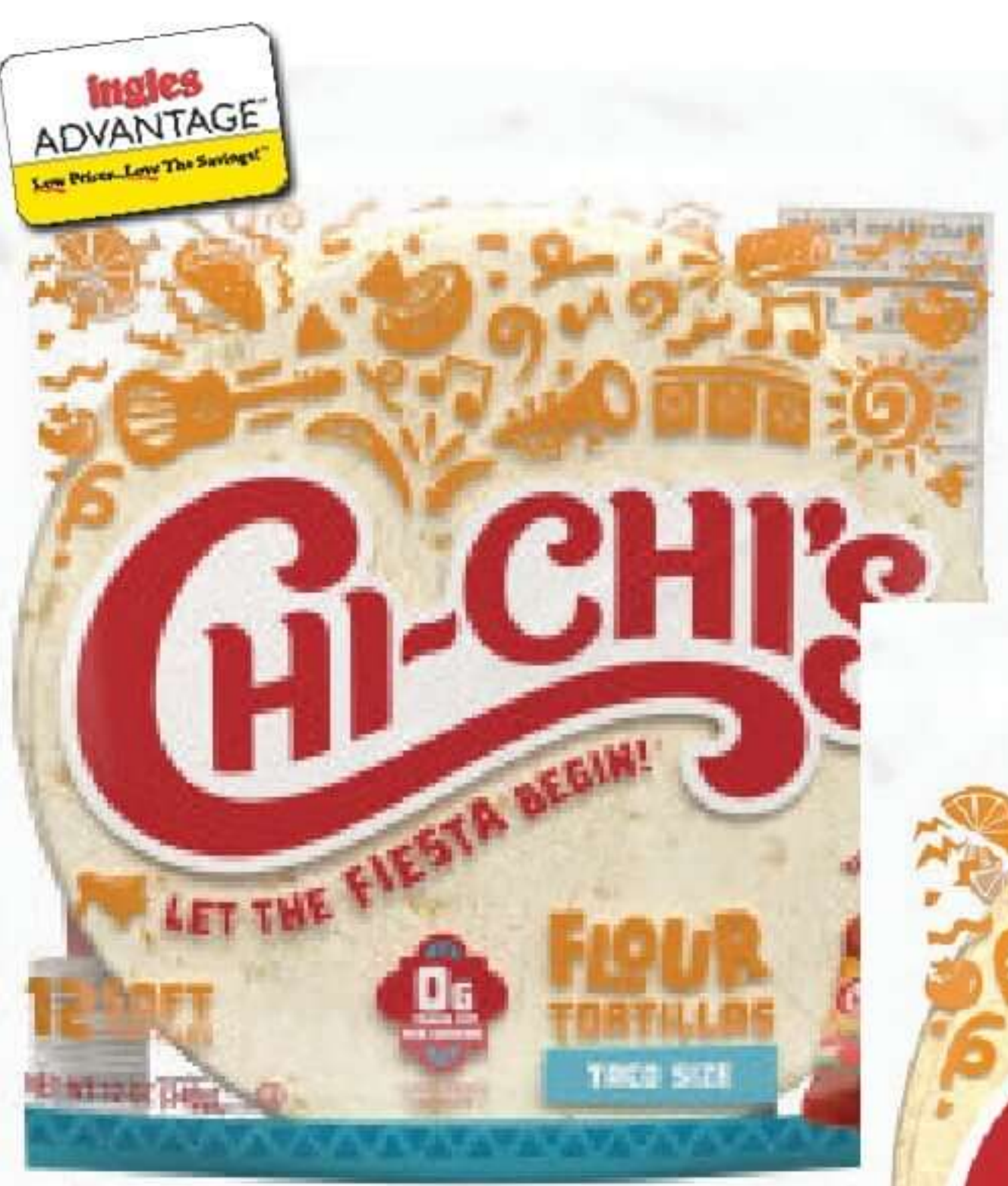
HORMEL
CHILI
15 Oz. -
Selected Varieties
SAVE UP TO 1.30

\$1.88
ea.



PLANTERS
PEANUTS
16 Oz. -
Selected Varieties
SAVE 1.50 ea.

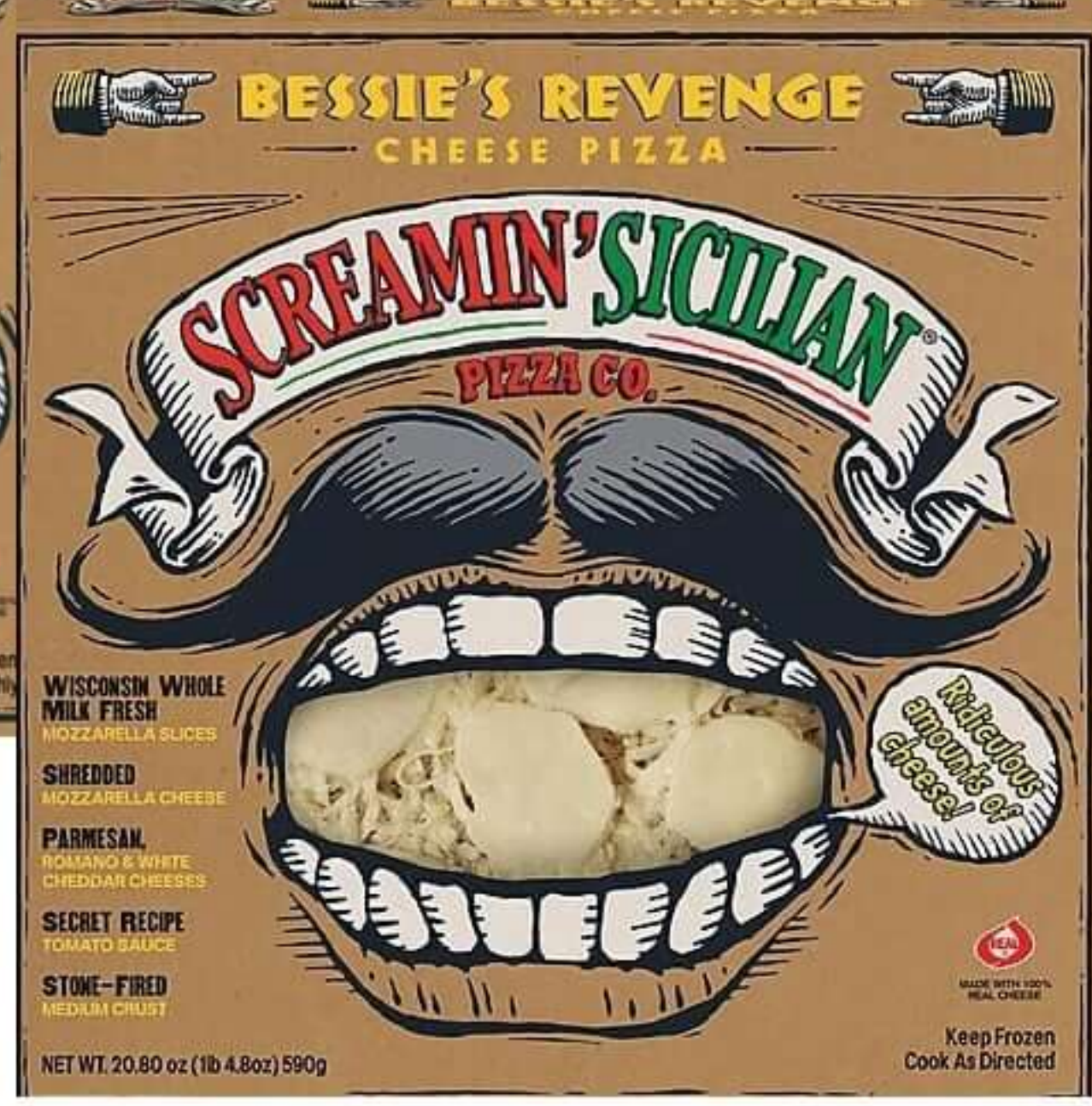
\$2.98
ea.



CHI-CHI'S
SOFT FLOUR OR
CORN TORTILLAS
12-16 Oz.
SAVE 1.00 ea.

\$1.58
ea.

Frozen Favorites!



SCREAMIN' SICILIAN PIZZA
18.4-23.4 Oz. -
Selected Varieties
SAVE 3.40 ea.

\$7.48
ea.



TGI FRIDAYS SNACKS
13.5-17.4 Oz. -
Selected Varieties
SAVE 1.90 ea.

\$6.48
ea.



EGGO WAFFLES
24 Count - Family Pack -
Selected Varieties
SAVE 1.60 ea.

\$5.98
ea.



FARM RICH SNACKS
14.3-22 Oz. -
Selected Varieties
SAVE 7.96 ON 2

2/\$10
for



STOUFFER'S SATISFYING SERVINGS
10-20 Oz. -
Selected Varieties
SAVE 5.36 ON 2

2/\$7
for



PERDUE NATURAL CHICKEN
22-26 Oz. -
Selected Varieties
SAVE UP TO 1.30

\$8.98
ea.



FOSTER FARMS CORN DOGS
29.3-42.72 Oz. -
Selected Varieties
SAVE 3.00 ea.

\$6.98
ea.



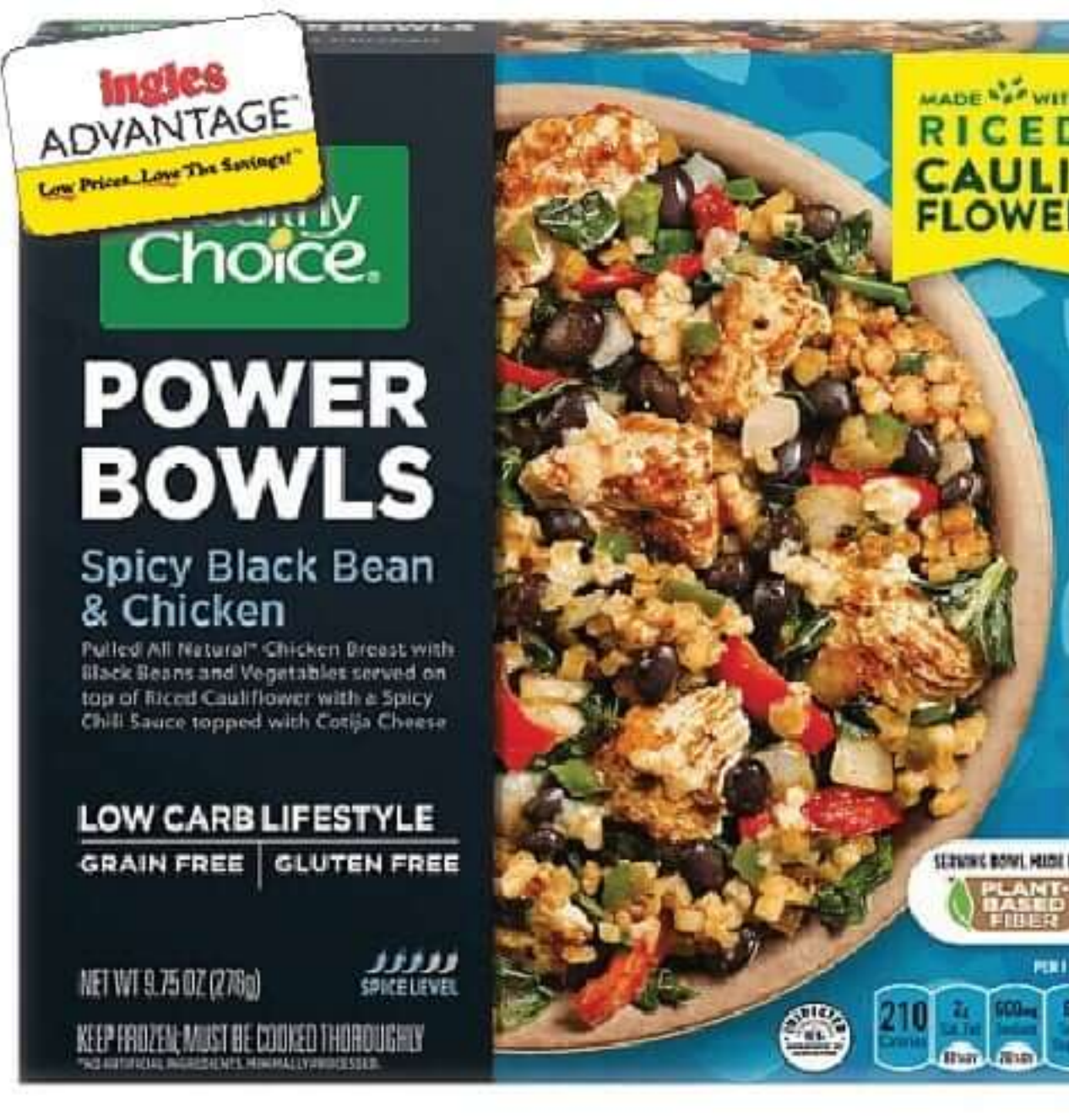
BANQUET MEGA BOWLS OR MEGA POT PIE
13-14 Oz. -
Selected Varieties
SAVE 1.96 ON 2

2/\$6
for



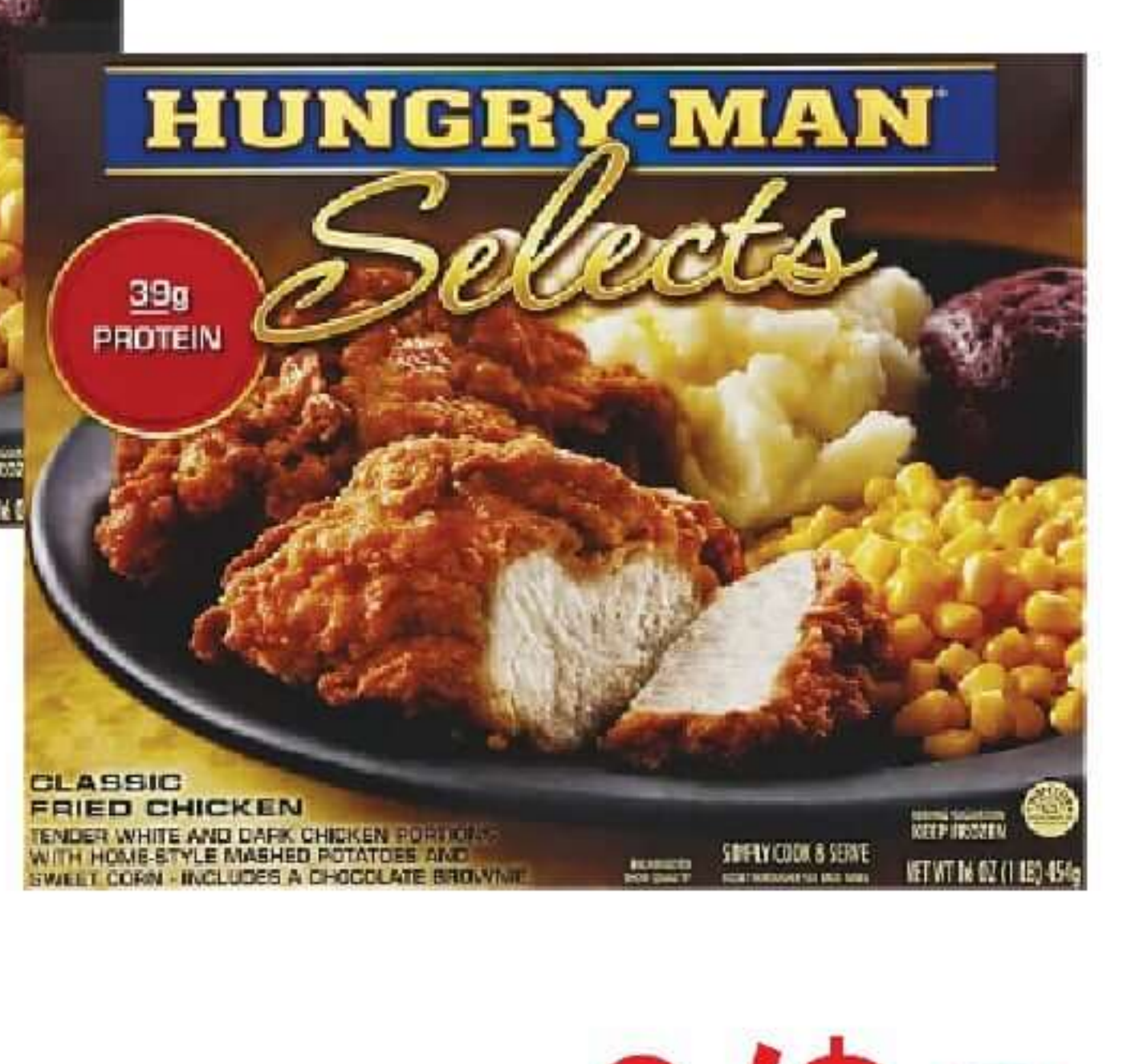
BANQUET POT PIE
7 Oz. -
Selected Varieties
SAVE .50 ea.

\$1.28
ea.



HEALTHY CHOICE POWER BOWLS
9.25-9.9 Oz. -
Selected Varieties
SAVE 4.36 ON 2

2/\$7
for



HUNGRY-MAN SELECTS DINNER
16 Oz. -
Selected Varieties
SAVE 3.76 ON 2

2/\$8
for



PICTSWEET FARMS SWEET POTATO FRIES
20 Oz. -
Selected Varieties
SAVE 5.56 ON 2

2/\$6
for



LAURA LYNN™ FAJITA BLEND
14 Oz.
SAVE .22 ea.

\$2.78
ea.

Flavorful Savings!

Ingles ADVANTAGE
Low Prices. Less Than You Think!



BLUE DRAGON
SPICY TERIYAKI SAUCE
10.5 Oz.
SAVE 1.20 ea.

\$2.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



DYNASTY
JASMINE RICE
2 Lb. -
Brown Or White
SAVE 3.40 ea.

\$2.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



THE GINGER PEOPLE
GINGER
6.7 Oz. -
Selected Varieties
SAVE 1.60 ea.



\$3.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



KA-ME
SAUCE
7-8.5 Oz. -
Selected Varieties
SAVE 1.30 ea.



\$2.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



KIKKOMAN
SAUCE
20.5 Oz. -
Selected Varieties
SAVE 2.00 ea.



\$3.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



KIMURA
RAMUNE
SOFT DRINK
6.76 Oz. -
Original Or Strawberry
SAVE 1.00 ea.



\$2.28
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



KOYO
NOODLES
8 Oz. -
Selected Varieties
SAVE 1.00 ea.



\$2.28
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!

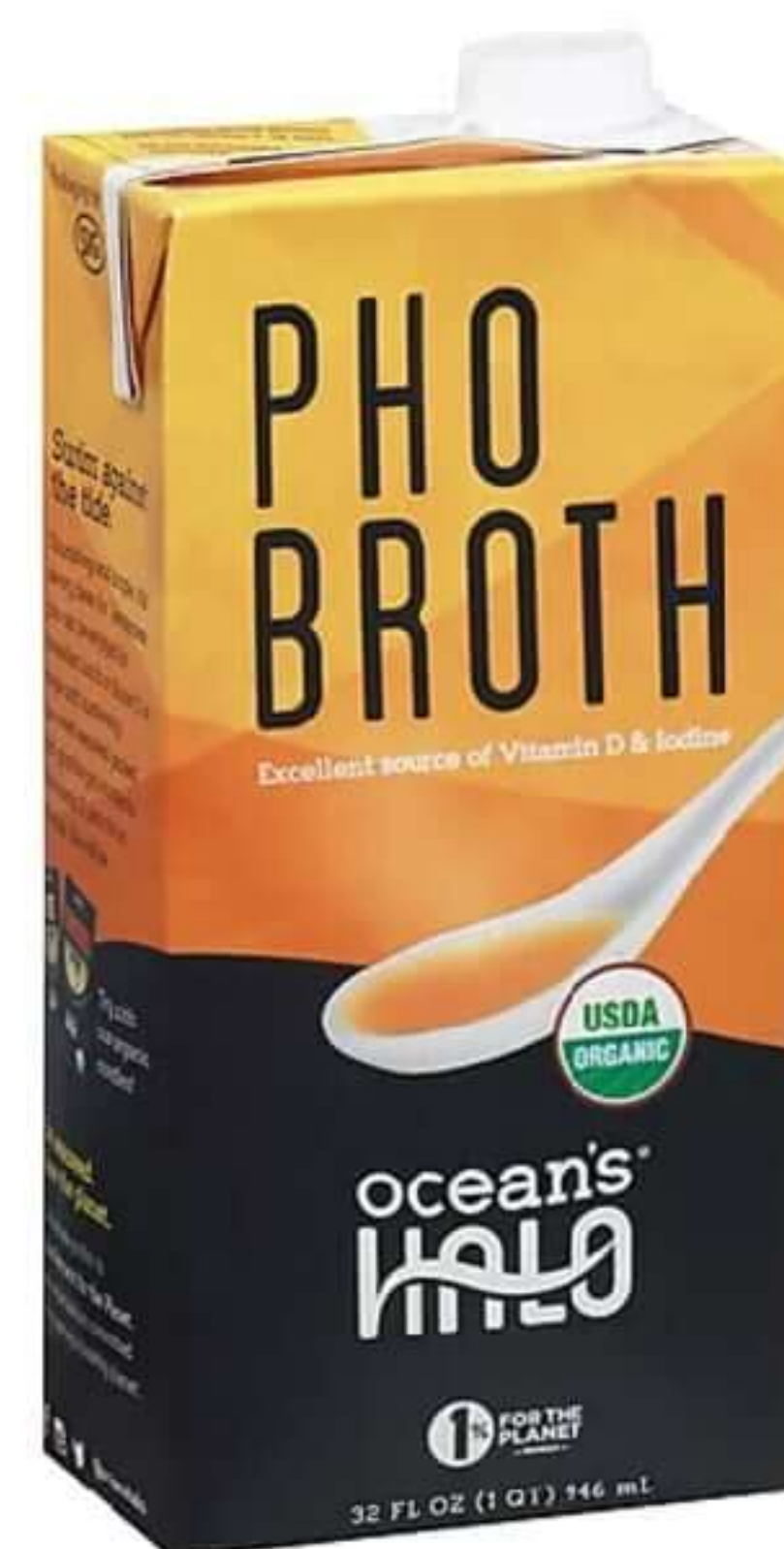


LEE KUM KEE
SAUCE
8 Oz. -
Selected Varieties
SAVE 1.40 ea.

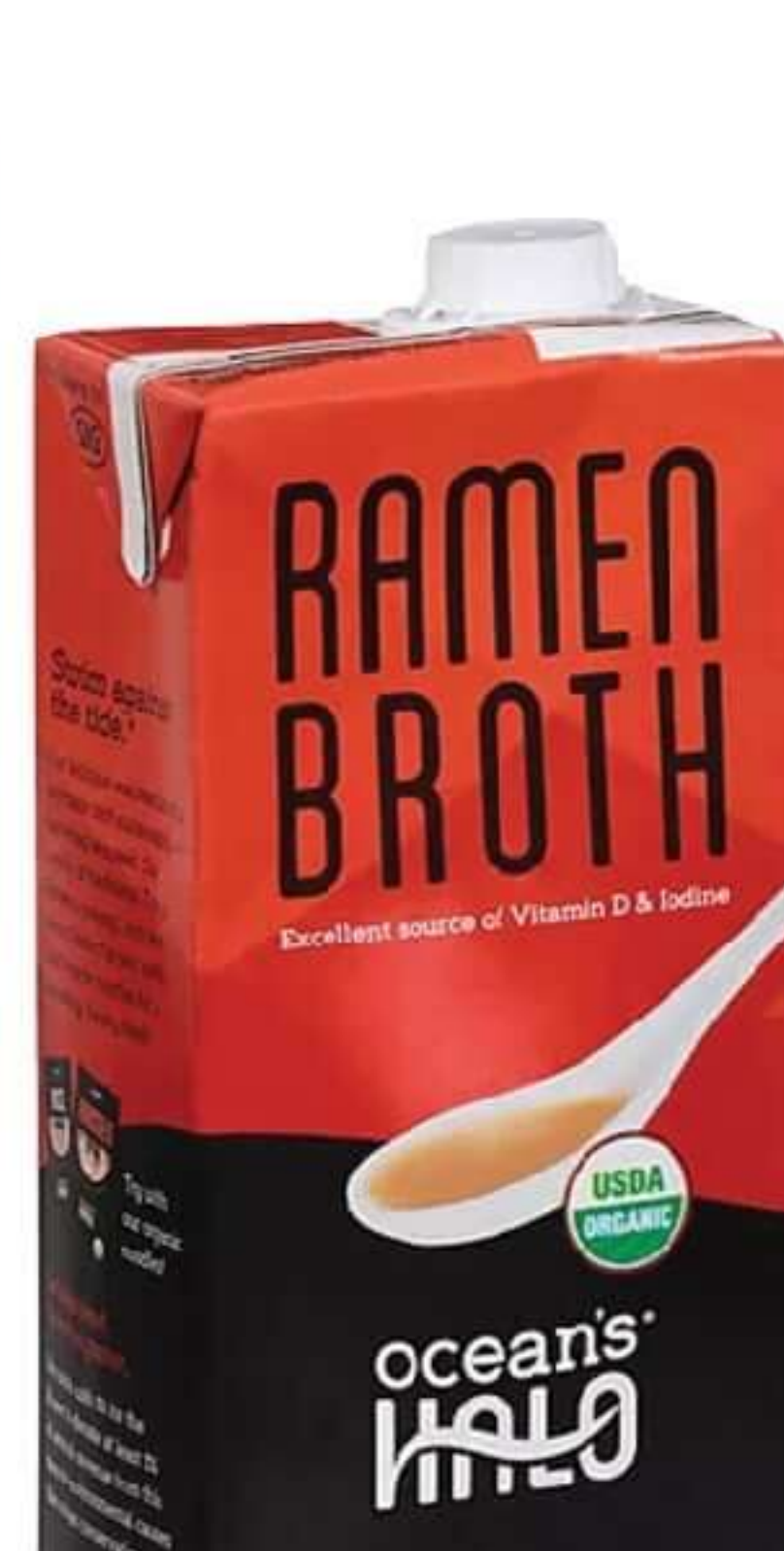


\$2.98
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



OCEAN'S HALO
BROTH
32 Oz. -
Selected Varieties
SAVE 1.00 ea.



\$5.58
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



SUN TROPICS
MOCHI SNACK BITES
3.5 Oz. -
Selected Varieties
SAVE 1.50 ea.



\$2.48
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



SUN LUCK
OIL
5 Oz. -
Selected Varieties
SAVE 2.00 ea.



\$3.28
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



THAI KITCHEN
COCONUT MILK
13.66 Oz.
SAVE 2.36 ON 2



2/\$5
for

Ingles ADVANTAGE
Low Prices. Less Than You Think!



TY LING
FRIED RICE
9.9 Oz. -
Selected Varieties
SAVE 1.40 ea.



\$3.28
ea.

Ingles ADVANTAGE
Low Prices. Less Than You Think!



TASTE OF THAI
NOODLES
16 Oz. -
Selected Varieties
SAVE 2.20 ea.



\$2.98
ea.

Buy One Get One FREE!



LOUIS KEMP
IMITATION CRABMEAT
8 Oz. -
Chunk Or Flake
SAVE 2.98 ON 2

Buy One
Get One
FREE!

Buy One Get One FREE!



SMITHFIELD
MARINATED
PORK LOIN FILLETS
23-27.2 Oz. -
Selected Varieties
SAVE 8.48 ON 2

Buy One
Get One
FREE!



TRINITY
100% JUICE
11 Oz. - Pomegranate
Or Mandarin
SAVE 3.98 ON 2

Buy One
Get One
FREE!



GRAPE
TOMATOES
Pint
SAVE 3.98 ON 2

Buy One
Get One
FREE!



PALERMO'S
PRIMO THIN PIZZA
14.2-16.55 Oz. -
Selected Varieties
SAVE 8.28 ON 2

Buy One
Get One
FREE!



TOTINO'S
PIZZA ROLLS
50 Count -
Selected Varieties
SAVE 7.98 ON 2

Buy One
Get One
FREE!



KRAFT
SINGLES
12 Oz.
SAVE 4.38 ON 2

Buy One
Get One
FREE!



RESER'S
SALSA
16 Oz. -
Selected Varieties
SAVE 5.69 ON 2

Buy One
Get One
FREE!



CAMPBELL'S
HOMESTYLE SOUP
16.1-16.3 Oz. -
Selected Varieties
SAVE 2.98 ON 2

Buy One
Get One
FREE!



ST. PIERRE
BRIOCHE WAFFLES
WITH BUTTER
6 Count
SAVE 7.98 ON 2

Buy One
Get One
FREE!

Buy One Get One FREE!



PANERA BREAD
COFFEE
12 Oz. Bag Or
10 Count Cups -
Selected Varieties
SAVE 8.98 ON 2

Buy One
Get One
FREE!

Buy One Get One FREE!



PLUGRÁ
BUTTER
8 Oz. -
Selected Varieties
SAVE 3.98 ON 2

Buy One
Get One
FREE!



SWEET BABY RAY'S
BARBECUE SAUCE
OR KEN'S HOT SAUCE
5-18 Oz. -
Selected Varieties
SAVE UP TO 2.48 ON 2

Buy One
Get One
FREE!



SUCCESS
BOIL-IN-BAG
RICE
32 Oz. -
White Or Brown
SAVE 5.38 ON 2

Buy One
Get One
FREE!



HANOVER
BEANS
15.5 Oz. -
Selected Varieties
SAVE 1.58 ON 2

Buy One
Get One
FREE!



FILIPPO BERIO
OLIVE OIL
16.9 Oz. -
Selected Varieties
SAVE UP TO 8.98 ON 2

Buy One
Get One
FREE!



FRUIT2O
FLAVORED WATER
BEVERAGE
6 Count -
Selected Varieties
SAVE 4.98 ON 2

Buy One
Get One
FREE!



HEINZ
KETCHUP
32 Oz.
SAVE 5.98 ON 2

Buy One
Get One
FREE!



JUICY
JUICE
64 Oz. -
Selected Varieties
SAVE 4.78 ON 2

Buy One
Get One
FREE!



TACO BELL
SAUCES
7.5 Oz. -
Selected Varieties
SAVE 2.38 ON 2

Buy One
Get One
FREE!