

FOODLAND

Fresh food. Friendly neighbours.
Aliments frais. Des gens de chez nous.

ZONE 2



4.77
/lb

Regular Ground Beef
Family Size 10.52/kg
Bœuf haché ordinaire
format familial



5.99

WATSON RIDGE
Boxed & Breaded
Poultry 800 g
selected varieties
Poulet pané
et en boîte
WATSON RIDGE
certaines variétés

6.99

COMPLIMENTS Shrimp
71-80 ct raw or cooked 340 g
Crevettes COMPLIMENTS
cruées ou cuites



2.99
ea

White or 100%
Whole Wheat
Bread 450 g
Pain blanc ou
à 100% de
blé entier

2.49

Cauliflower
product of USA or
Mexico no 1
Chou-fleur
produit des É.-U. ou
du Mexique n° 1

2.99

Raspberries
product of Mexico 170 g
Framboises
produit du Mexique

2.49



2.88

DANONE Oikos Greek Yogurt 4 pk
Yogourt grec Oikos DANONE



3.47

DR. OETKER
Ristorante or Casa di Mama Pizza 320-410 g
Pizza Ristorante or Casa di Mama DR. OETKER



5.99

CASHMERE Bathroom Tissue 12=24 or 8=24 rolls,
SPONGE TOWELS 3-6 pk or SCOTTIES Facial Tissue 6 pk
Papier hygiénique CASHMERE 12=24 or 8=24 rouleaux,
SPONGE TOWELS ou mouchoirs SCOTTIES



1.97

COMPLIMENTS White or 100% Whole Wheat
Bread 675 g or English Muffins 6 pk
Pain blanc ou à 100% de blé entier
COMPLIMENTS ou muffins anglais

Scene+ MEMBER PRICING

Swipe your Scene+
Card and Save



4.77
SAVE \$1.22



3.99
SAVE \$1

4.99

PRODUCT OF ONTARIO
COMPLIMENTS Apples Ambrosia,
Cortland, Empire, Gala, Golden
Delicious, McIntosh, Red Delicious or
Spartan Canada fancy grade 1.36 kg
PRODUIT DE L'ONTARIO Pommes
Ambrosia, Cortland, Empire, Gala,
Délicieuse jaune, McIntosh, Délicieuse
rouge ou Spartan COMPLIMENTS
catégorie Canada de fantaisie



3.33
SAVE 66¢

3.99

GENERAL MILLS Cereal
317-430 g or QUAKER Cereal
selected varieties 350-500 g
Céréales GENERAL MILLS
ou céréales QUAKER
certaines variétés

Get 500 PTS

WHEN YOU SPEND \$25+ ON COMPLIMENTS PRODUCTS IN A SINGLE TRANSACTION*

See back page for more Compliments offers
*Offer valid only from January 2-8, 2025. See page 3 for terms and conditions

SCAN HERE FOR OUR DIGITAL FLYER

Product may not be available at all locations

Foodland.ca

JAN 2025
PRICES EFFECTIVE FROM
POUR EN VOUS ENRICHIR DU
JAN 2-8

2 3 4 5 6 7 8

FOL_WK36_P01_ONT_BK_Z2

Halos Clementines or Mandarins
product of USA 507 g
Clémentines ou mandarins Halos
produit des É.-U.

21lb

5⁹⁹

Romaine Hearts
product of USA or
Mexico 3 pk
Cœurs de romaine
produit des É.-U. ou du
Mexique

4⁹⁹

ANDY BOY

3 Romaine Hearts / 3 cœurs de romaine
Produit of U.S.A. + produit des É.-U.

We all deserve compliments

compliments
ITALIAN-STYLE
VIANDE À
L'ITALIENNE

9⁹⁹

compliments
BEEF LASAGNA
ou LASAGNE AU BOEUF

compliments
NATURAL INGREDIENTS
TOMATO BASIL CHICKEN BREAKFAST
POURRIÈRE DE POULET
AVEC TOMATES ET AU BASILIC

5⁹⁹

compliments
NATURAL INGREDIENTS
HONEY BEEF
JAMBON AU MIEL

5⁹⁹

100 PTS
when you buy 2

compliments
Lasagna, Mac'N Cheese, Meatballs or Chicken or Beef Meat Pies 500 g-1 kg selected varieties
Lasagne, macaroni au fromage, boulettes de viande ou pâtés au poulet ou au bœuf
COMPLIMENTS certaines variétés

2/\$5
each

compliments
Wieners 450 g
Saucisses fumées
COMPLIMENTS

2/\$5

compliments
Natural Ingredients Sliced Meats 175 g selected
Viandes tranchées Ingrédients naturels
COMPLIMENTS certaines variétés

5⁹⁹

100 PTS
when you buy 1

compliments
Fresh Pasta 350-380 g or Sauce 170-300 mL
Pâtes fraîches COMPLIMENTS ou sauce

5⁴⁹

compliments
Mini Powdered Donuts 155 g
Mini beignes saupoudrés
COMPLIMENTS

2⁹⁹

compliments
Canned Legumes 540 mL
Légumes en conserve
COMPLIMENTS

4/\$5

compliments
Fizzy or Sparkling Flavoured or Unflavoured Water 503 mL-1 L
Eau Fizzy COMPLIMENTS ou pétillante aromatisée ou non aromatisée

\$1

compliments
Cheese 400 g or Shredded Cheese 228-320 g selected varieties
Fromage COMPLIMENTS ou fromage râpé certaines variétés

4⁹⁹

compliments
Pure Orange Juice 2.5 L
Jus d'orange pur COMPLIMENTS

6⁹⁹

compliments
Frozen Fruit 300-600 g
Fruits surgelés COMPLIMENTS

3⁹⁹

150 PTS
when you buy 2

compliments
Pasta Sauce 850 mL or Pasta 900 g
Sauce pour pâtes COMPLIMENTS ou pâtes

2/\$4

100 PTS
when you buy 2

compliments
Potato Chips or Extraa! Flavour Chips 200 g
Croustilles COMPLIMENTS ou croustilles Saveur Extraa!

\$2

compliments
Jam 375-500 mL
Peanut Butter 1 kg or Honey 375 g
Confiture COMPLIMENTS, beurre d'arachide ou miel

4⁹⁹

300 PTS
when you buy 2

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions>. All weekly Scene+ offers include taxes, delivery charges, full payments services fees, rental fees, event tickets, gift cards. Full dairy products in Atlantic region, pre-paid cards, postal products and services, Western Union, MasterCard®/Visa®/Discover® products and services in select regions, prescription drugs, non-prescription pharmacy services, beer and alcoholic beverages, tobacco products, lottery, photo finishing, repairs, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500) per day. For full Scene+ terms & conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Scene Capital Inc.

Partners in Growth

For every ton of paper used in the printing of this flyer, SUC's Partners in Growth program will contribute to the planting of a tree through Trees for Life Canada.

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. Savings based on our regular retail. We reserve the right to limit quantities to reasonable family requirements. Text prints when a photo does not correspond to the description. Dealer may sell for less. *Base off this price* refers to the regular competitive shelf price at most locations. In stores open 24 hours, offer prices are effective from 4 am Thursday until midnight Wednesday.

100% FRESH *guarantee*

Storewide satisfaction or your money back.



4.99 ea
Cantaloupe product of Guatemala or Honduras no 1 grade



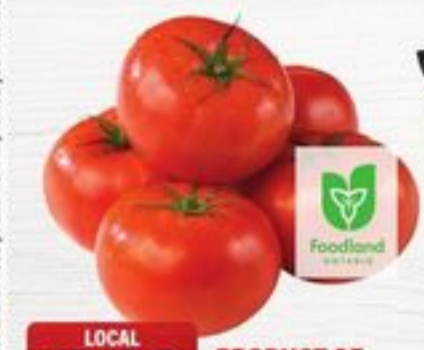
2.99 /lb
LOCAL
PRODUCT OF ONTARIO
Honeycrisp Apples
Canada extra fancy grade 6.59/kg



2/\$5
LARGE
Large Red Mangoes
product of Peru or Brazil



We offer whole and cored pineapples for the same price
4.99 ea
Prepared FRESH
+100 PTS when you buy 2
Large Pineapples or Fresh Cored Pineapples product of Costa Rica



2.99 /lb
LOCAL
PRODUCT OF ONTARIO
Hot House Tomatoes
Canada no 1, 6.59/kg



4.49
HARVEST FRESH
Chopped Kale 284 g or QUEEN VICTORIA Spinach 454 g product of USA



2.49
COMPLIMENTS
Baby-Cut Carrots
product of USA 340 g



4.99
LOCAL
PRODUCT OF ONTARIO
COMPLIMENTS Potatoes 2.27 kg

MEAT



5.99
+100 PTS when you buy 2
MAPLE LODGE FARMS Chicken Bacon, Ultimate Franks or Meat Sticks 300-900 g



7.99
+100 PTS when you buy 2
SCHNEIDERS Bologna 375-500 g



4.99 /lb
Jamaican Jerk Sausage 11.00/kg
SAUSAGE OF THE MONTH
JAMAICAN JERK
MADE IN-STORE BY YOUR LOCAL MEAT EXPERT



14.99
MONTANA'S, ST. LOUIS or LEADBETTERS Angus Beef Burgers 852 g-1.36 kg
SAVE \$1



11.99
+50 PTS when you buy 1
COMPLIMENTS Cabbage Rolls 907 g



8.99 /lb
+100 PTS when you buy 1
Boneless Cross Rib Roasts cut by your meat expert from Canada AAA grade beef 19.82/kg



6.99 /lb
LOCAL
ONTARIO RAISED AIR-CHILLED Split Chicken Breasts 15.41/kg



12.99
+50 PTS when you buy 1
COMPLIMENTS Boxed & Breaded Seafood selected varieties 500-580 g



7.99
COMPLIMENTS IQF Cod, Haddock or Sole Fillets 400 g



3.99 /lb
Boneless Pork Sirloin Chops Family Size cut by your meat expert 8.80/kg



6.99 /lb
Pork Tenderloin Family Size 15.41/kg

DELI



10.99
PANACHE Cheddar 225-250 g
Scene MEMBER PRICING
Extra 10% off



6.99
CASTELLO Havarti Blocks 170-200 g or Slices 145-165 g



4.99
STUYVER'S Ciabatta or Portuguese Buns 4 pk 340-400 g



3.79 /100 g
+300 PTS when you buy 300 g or more
PANACHE Beef, Ham, Chicken or Turkey Selection varies by store



3.99
BRANDT Sliced Meats 125-150 g selected



17.99
Cheesecakes 6" 735-955 g



3.99
Greek Yogurt Cheesecake Lemon or Strawberry 125 g

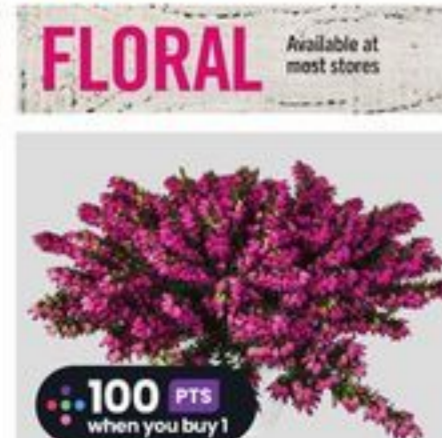
KITCHEN



6.79
+125 PTS when you buy 2
Wrap Sandwiches 219-300 g



4.99
+100 PTS when you buy 1
STARTING AT
RESER'S Main Street Bistro Sides Dishes 340-680 g



7.99
LOCAL
GROWN IN ONTARIO Winter Erica Heather 4"



10.99
+200 PTS when you buy 1
H&M Dry Fruit Family Pack or SUNRYPE Fruit Source Bars Variety Pack 12 pk

BAKERY



5.99
without Scene card
Cookies assorted 10 pk 310 g



5.49
Baked IN-STORE
SAVE 50¢
Scene MEMBER PRICING

2 | Scene 1000 PTS = \$10 OF FREE GROCERIES

*If you buy a locally produced item from our store, we will provide you with the appropriate reimbursement. Restrictions apply. See foodservice department.

FROZEN & DAIRY

<p>749 LIBERTÉ Greek Yogurt 800 g-1 kg or YOPLAIT Source Yogurt 16 pk</p>	<p>499 NATREL Lactose Free Cream 10-35% 473 mL-1 L</p>	<p>499 COMPLIMENTS 68% Vegetable Oil Margarine 850 g or BECEL Plant-Based Bricks 454 g, Soft Tub 427 g or Sticks 454 g</p>	<p>499 COMPLIMENTS Cheese Slices 210-230 g</p>
<p>449 COMPLIMENTS Sweet Potato Fries 454 g</p>	<p>379 COMPLIMENTS Frozen Vegetables 500 g</p>	<p>499 HEALTHY CHOICE Simply Steamers 255-283 g or MARIE CALLENDER'S Bowls 312-349 g</p>	<p>349 COMPLIMENTS Perogies 807 g</p>

DRINKS, SNACKS & PANTRY

<p>200 PTS when you buy 2 PEPSI Soft Drinks 6x222 mL</p>	<p>2/\$6 GLACEAU Vitaminwater 591 mL</p>	<p>2/\$9 RUFFLES Potato Chips 180-200 g</p>	<p>399 SAVE \$1.50 549 without Scene[®] SMARTFOOD Popcorn 150-220 g</p>
<p>2/\$7 COMPLIMENTS Juice or Punch 8-10x200 mL tetra</p>	<p>1999 FOLGERS Coffee K-Cup® Pods 30 pk</p>	<p>329 DARE Breton, Vinta or Veggie Crisps 100-225 g</p>	<p>399 LECLERC Celebration Cookies 240-350 g</p>
<p>449 HERSHEY'S Bagged Chocolate 160-290 g</p>	<p>299 KELLOGG'S Nutri-Grain Bars, Rice Krispies Squares, Pop-Tarts or Special K Pastry Crisps selected varieties 125-384 g</p>	<p>1288 EIGHT TREASURES Jasmine Rice 3 kg or SHIRAKIKU Japanese Sekka Rice 6.8 kg Available in select stores while quantities last</p>	<p>449 SAVE 50¢ 499 without Scene[®] STONEMILL Bread 454 g or SUN-MAID Cinnamon Raisin Bread 450 g</p>
<p>249 FRENCH'S Mustard 400 mL</p>	<p>200 PTS when you buy 1 COMPLIMENTS Canola or Vegetable Oil 3 L</p>	<p>199 GREEN GIANT Canned Vegetables 341-398 mL</p>	<p>100 PTS when you buy 3 199 COMPLIMENTS Canned Tomatoes 540-796 mL</p>
<p>2/\$5 SNACK PACK Puddings or Gels 4 pk</p>	<p>15% off COMPLIMENTS Raisins, Prunes, Currants or Dates selected 375 g-1 kg</p>	<p>100 PTS when you buy 2 349 COMPLIMENTS Syrup 750 mL or Pancake Mix 905 g</p>	<p>249 BETTY CROCKER Super Moist Cake Mix selected 375-404 g</p>

HOUSEHOLD

<p>1149 GLAD Waste Bags 20-40 pk selected varieties</p>	<p>200 PTS when you buy 2 1299 SWIFFER Duster Refills 6-10 pk, Wet or Dry Cloths 20 pk or Disinfectant 32 pk selected</p>	<p>2999 CHARMIN Bathroom Tissue 24-96 rolls or BOUNTY Paper Towel 8 pk</p>	<p>300 PTS when you spend \$15 549 MILK-BONE Large Dog Biscuits 900 g</p>
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TAX BREAK

On select items in store*

- Snacks and beverages**, including chips and carbonated water
- Baked goods**, including cakes, muffins and pies
- Prepared foods**, including sandwiches and ready to eat options

[Learn more](#)

*Restrictions apply. Selection varies by store. Not all department items are included in tax break. Federal and provincial tax break may vary by province. Valid on qualifying goods from December 14, 2024 - February 15, 2025.













FROZEN & DAIRY

 <p>9⁹⁹ iÖGO Yogurt 2 kg</p>	 <p>4⁹⁹ SHEPHERD GOURMET Skyr Icelandic Yogurt 500 g</p>	 <p>4⁴⁹ GAY LEA Nordica Cottage Cheese 450-500 g</p>	 <p>3⁹⁹ COMPLIMENTS Stringable Cheese 8 pk 165 g</p>
 <p>6⁹⁹ PILLSBURY Pizza Pops 8 pk</p>	 <p>5⁴⁹ THAIZONE Frozen Entrées 260 g</p>	 <p>3⁹⁹ COMPLIMENTS Lemonade 1.54 L</p>	 <p>3⁹⁹ KOZY SHACK Pudding 624 g or 4 pk</p>
 <p>1⁹⁹ MITCHELL'S Pot Pies 128-284 g</p>	 <p>3⁹⁹ KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g</p>	 <p>1²⁹ COMPLIMENTS Frozen Juice 283 mL</p>	 <p>4⁴⁹ MCCAIN Breakfast Déjeuner Potato Pancakes 600-650 g</p>



DRINKS, SNACKS & PANTRY

 <p>5⁴⁹ CHRISTIE Honey Maid Wafers 480 g or Fig Newtons 283 g</p>	 <p>1⁹⁹ COMPLIMENTS Rice Crackers 100 g</p>	 <p>2⁷⁹ MAYNARDS Candy 150-154 g</p>	 <p>4⁹⁹ NUTELLA Hazelnut Spread 375 g or B-Ready Bars 6 pk</p>
 <p>2/\$8 SUNCHIPS 205 g or HOSTESS Hickory Sticks 275 g</p>	 <p>50 PTS when you buy 1</p>	 <p>100 PTS when you buy 2</p>	 <p>100 PTS when you buy 3</p> <p>3⁹⁹ TETLEY Specialty Tea Canisters 20-24 pk</p>
 <p>2/\$5 RED BULL Energy Drinks 250 mL</p>	 <p>1²⁵ MONTELLIER Sparkling Water 1 L</p>	 <p>100 PTS when you buy 2</p> <p>2/\$4 POWERADE 710 mL</p>	 <p>100 PTS when you buy 1</p> <p>COMPLIMENTS Roast & Ground Coffee 300 g</p>

DRINKS, SNACKS & PANTRY

 <p>300 PTS when you buy 2</p> <p>PANACHE Salad Dressing 350 mL</p>	 <p>349</p> <p>COMPLIMENTS Spirited Mickie BBQ Sauce 375 mL</p>	 <p>549</p> <p>OROWEAT Tortilla Keto 246 g or WEIGHT WATCHERS Bread 450 g, Tortillas 8 pk or Bagels 6 pk</p>	 <p>100 PTS when you buy 2</p> <p>449</p> <p>COMPLIMENTS 10 inch Tortillas 366-610 g</p>
 <p>100 PTS when you buy 5</p> <p>99¢</p> <p>COMPLIMENTS Taco, Fajita or Chili Seasonings 35-39 g</p>	 <p>150 PTS when you buy 3</p> <p>149</p> <p>COMPLIMENTS Tomato, Chicken Noodle, Cream of Mushroom or Vegetable Soup 284 mL</p>	 <p>899</p> <p>KELLOGG'S, POST or GENERAL MILLS Jumbo Cereal 700 g-1.3 kg</p>	 <p>299</p> <p>APPLESNAX Fruit Cups 6 pk</p>
 <p>100 PTS when you buy 2</p> <p>399</p> <p>KRAFT Jet-Puffed Marshmallows 400 g</p>	 <p>899</p> <p>YELLOWSTONE Seasoning Blends 155-160 g</p>	 <p>498</p> <p>MINUTE RICE 500-700 g</p>	 <p>598</p> <p>MINI CRUSH Fruit Jelly Jar 1.4 kg Available in selected stores</p>

NATURAL & HEALTH

 <p>499</p> <p>G.H. CRETORS Popcorn 213-227 g</p>	 <p>200 PTS when you buy 2</p> <p>799</p> <p>EARTH BALANCE Buttery Spread or Sticks 368-454 g</p>
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HOUSEHOLD

 <p>249</p> <p>GLAD Cling Wrap 30 m</p>

 <p>300 PTS when you buy 2</p> <p>2/2399</p> <p>NATIVE Body Wash 532 mL or Hair Care 487 mL selected</p>	 <p>399</p> <p>HERBAL ESSENCES Hair & Body Shampoo or Conditioner 346 mL selected</p>	 <p>100 PTS when you buy 2</p> <p>2/\$12</p> <p>LYSOL Disinfecting Wipes 75-84 pk, Toilet Bowl Cleaner 940 mL or Disinfecting Spray 350 g selected</p>	 <p>1599</p> <p>WHISKAS Perfect Portions 12 pk or IAMS Dry Cat Food 1.36-1.59 kg</p>
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 <p>50 PTS when you buy 1</p> <p>749</p> <p>SENSODYNE Repair & Protect or Rapid Relief 75 mL or Toothbrush 2 pk selected</p>	 <p>200 PTS when you buy 4</p> <p>199</p> <p>BUY 1 AT \$2.49 BUY 2 OR MORE</p> <p>BABY GOURMET Puree Pouches 113-128 mL selected</p>	 <p>2/\$4</p> <p>PEDIGREE Wet Dog Food 375 g</p>	 <p>3649</p> <p>COMPLIMENTS Dry Dog Food 14 kg</p>
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BACK TO ROUTINE



3/9⁹⁹

DEL MONTE
Fruit Bowls or Gels 4 pk



8⁹⁹

KELLOGG'S,
GENERAL MILLS or POST
Jumbo Cereal 700 g-1.3 kg



3⁴⁹

CATELLI
Healthy Harvest,
Smart or Bistro Pasta
340-375 g (excludes Lasagna)



10⁹⁹

STARBUCKS
Roast & Ground Coffee
340 g or K-Cup® Pods 10 pk



300 PTS
when you buy 1

4⁴⁹

COMPLIMENTS
Pickles 1 L



5⁹⁹

KRAFT Singles 410 g



150 PTS
when you buy 2

COMPLIMENTS
Spring Water 24x500 mL



4⁴⁹

50 PTS
when you buy 2

GREEN GIANT Riced Veggies or
Restaurant Sides 269-340 g



3⁹⁹

DEMPSTER'S
Whole Grain Bread 600 g



1⁹⁹



ROYALE Facial Tissue 82-126 pk

Scene+
**DIGITAL
EXCLUSIVE**

OFFER VALID JAN 2-8, 2025

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Get over **1000** PTS

Activate your offers in the **Foodland app** or at MyGroceryOffers.ca



Get **300** PTS
when you buy 2

COMPLIMENTS
Mini Cupcakes 12 pk 284 g



Get **300** PTS
when you buy 1

COMPLIMENTS Jam
assorted 1 L



Get **400** PTS
when you buy 1

COMPLIMENTS Honey
assorted 750 g-1 kg



Download on the
App Store

GET IT ON
Google Play

Card must be registered. Offer valid and available to be loaded January 2-8, 2025 at all participating Foodland and Co-Op locations in Ontario and Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



INTRODUCING BEYOND STEAK®



NEW!

NEW · NOUVEAU

BEYOND
STEAK™

PLANT-BASED
SEARED TIPS

POINTES DE STEAK

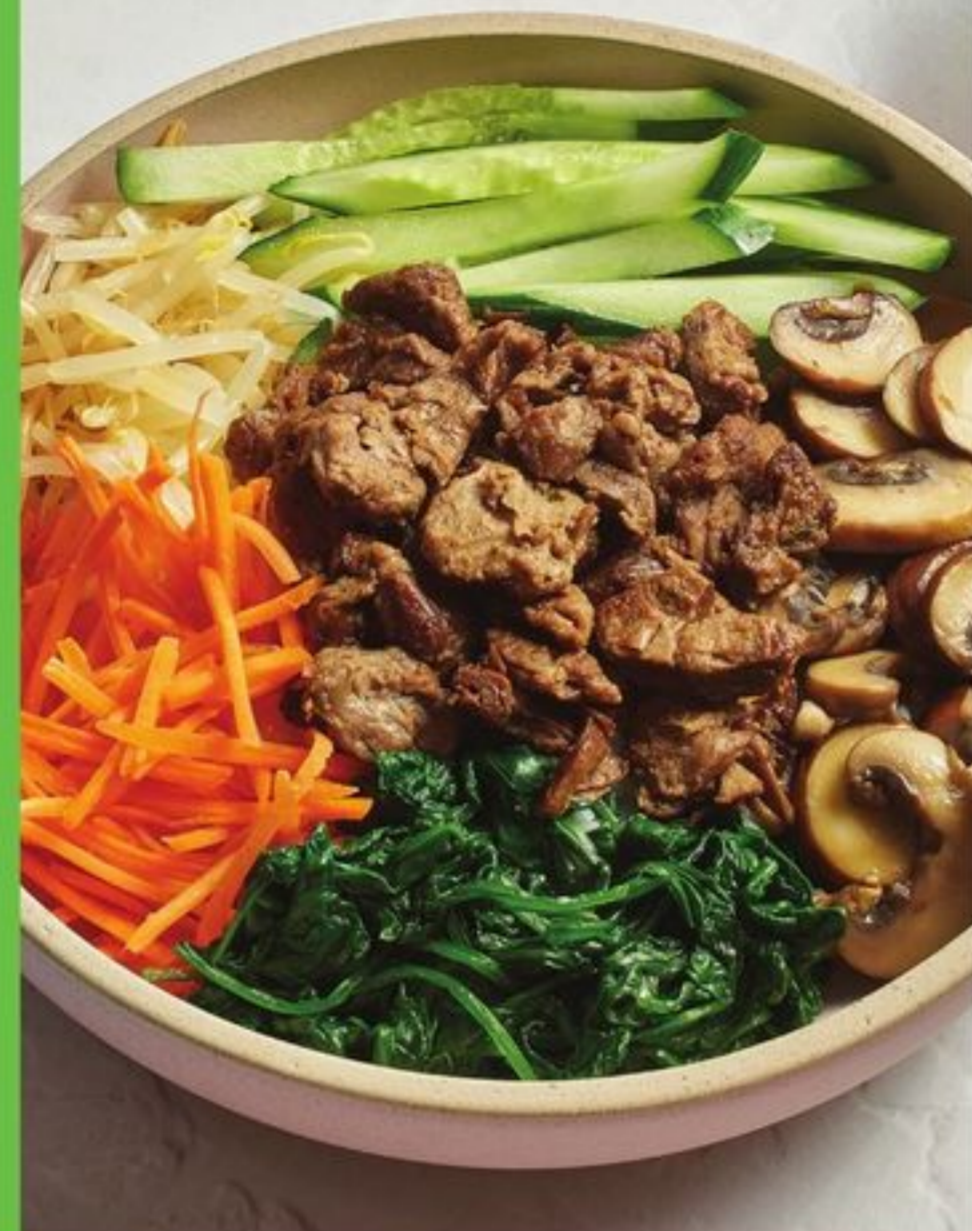
SAISIES À BASE DE PLANTES

ORIGINAL

NET 226 g

7⁹⁹

BEYOND
Steak®
24 g of Protein*



BEYOND STEAK® BOWL RECIPE

SERVES: 4 | PREP TIME: 30 MIN | COOK TIME: 10 MIN

[CLICK HERE ►](#)

for more delicious recipes

INGREDIENTS

- 1 package **Beyond Steak®**
- 1 medium carrot (juliened)
- 8 button mushrooms (sliced)
- 2 cups mung bean sprouts
- 3 cups spinach
- 1 cup cucumber (juliened)
- 4 cups of cooked rice (white or brown)
- 2 tbsp sesame oil
- 2 tbsp minced garlic
- 4 tbsp agave syrup
- 1/4 cup Sriracha or red chili paste (to taste)
- Water

PREPARATION

1. Cook the rice as directed.
2. Cook **Beyond Steak®** in a slightly oiled pan for 5 minutes; stir occasionally. Set aside.
3. Sauté carrots and mushrooms separately with a drizzle of sesame oil. Separately, blanch bean sprouts and spinach for 30 seconds each, and then dunk into a bowl of ice water and drain. For the spinach, squeeze out excess water and toss with a drizzle of sesame oil.
4. For the sauce: Mix Sriracha, agave syrup, sesame oil, garlic, and a pinch of water separately in a bowl.
5. Serve rice in bowls. Top with **Beyond Steak®**, veggies, and drizzle with sauce.
6. Enjoy!

PROTEIN PACKED MEALS WITH BEYOND.

Cooks and grills like meat.



5⁹⁹

BEYOND Chicken® Tenders or
Burger® 226 g or Breakfast Sausage® 235 g



7⁹⁹

BEYOND Beef® 340 g,
Mild or Hot Italian Sausage® 400 g



17⁹⁹

BEYOND
Burger® 678 g

*Per 100 g serving.

†Than the average leading brands of Hot/Mild Italian Sausage

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- Email exclusive offers
- Recipes plus tips & tricks from our experts
- Important updates about your store

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first email exclusive offer

SAVE \$5

on your next purchase of \$40*

SUBSCRIBE NOW

*New subscribers only. Terms and conditions apply.



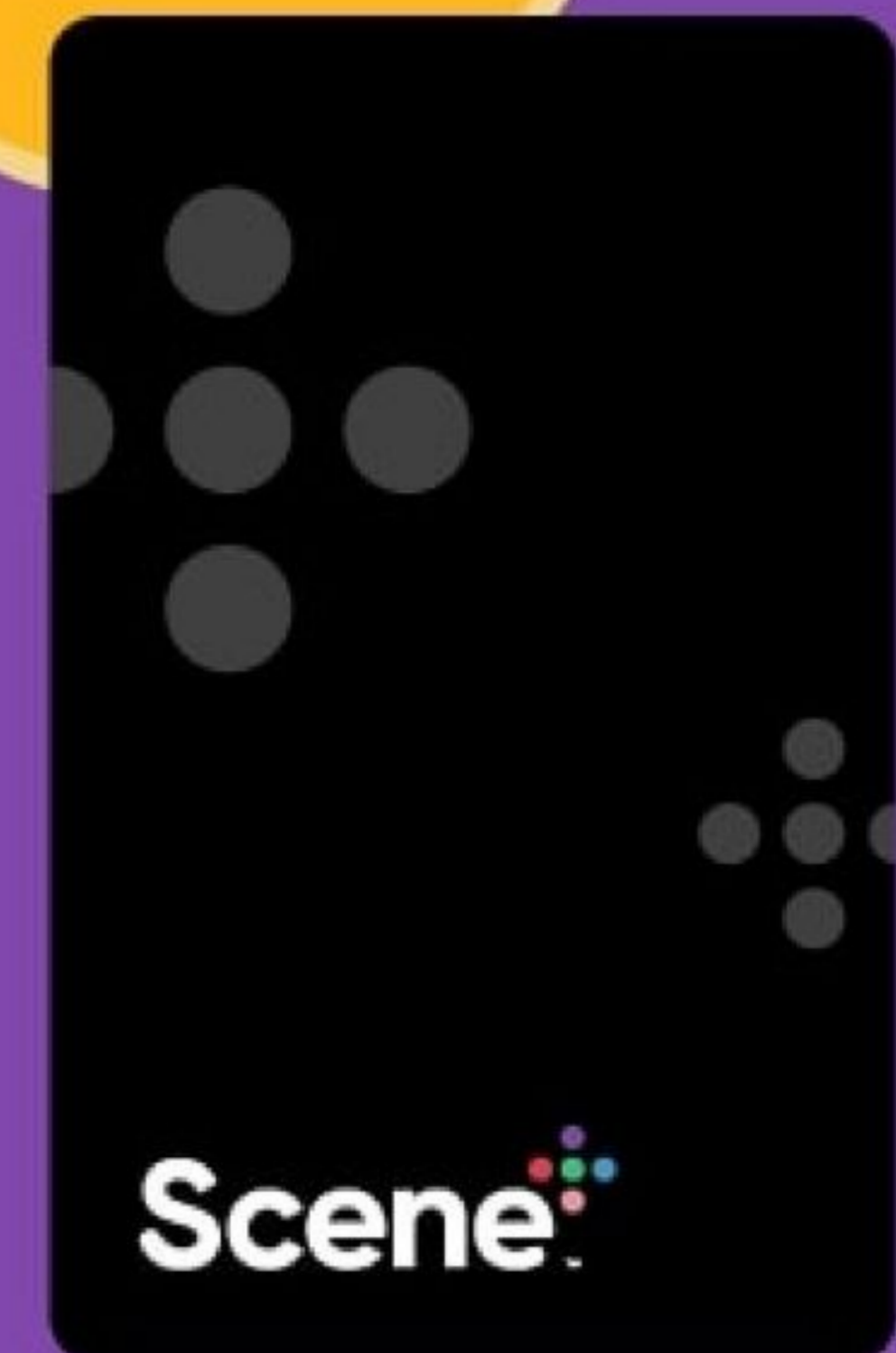
GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**

**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
*Visa Int. / licensed user.