

/LB With Card

> SugarBee or Envy Apples

or Organic Honeycrisp Apples, \$2.49 lb







Scan here or visit FredMeyer.com/FuelEvent to download coupon.

*Exclusions apply. See coupon for details

MIX & MATCH

Fresh Tyson of Equal or Lesser Value **Full Line** With Card

or Foster Farms Simply Raised **Chicken Sale**

Select Varieties

Boneless Petite Sirloin Steaks

CHOICE

or Reef Flanken Style Ribs. Bone-In, \$6.99 lb; Value Pack

With Card

Simple Truth **Organic** Salad Blends Select Varieties,

When You Buy 4

With Card

Coca-Cola,

Pepsi or 7UP

16.9 fl oz Bottles

Select Varieties, 6-Pack,

than 4 are up to \$6.99 each.

When you buy 4 or more in the same

transaction with Card. Quantities less



Private Selection Angus 90% Lean **Ground Sirloin**

Use each coupon UP TO 5 TIMES

in one transaction'

With Digital Coupon Price without digital coupon is up to \$6.99 lb with Card.



Green Seedless Grapes

/LB

With Digital Coupon Price without digital coupon is up to \$2.79 lb with Card.

*While supplies last.

55+ SENIOR DISCOUNT

TAKE AN EXTRA 10% OFF

ON IN-STORE PURCHASES TUESDAY, JANUARY 7 For details & exclusions, visit FredMeyer.com/senior

BREAKFAST

Extra Large EZ Peel Shrimp 21-25 ct, Raw, Also Sold in a 2 lb Bag for \$11.98



Stouffer's or Lean Cuisine Entrée

Select Varieties, 5.25-12.88 oz

Cereal

8.9-12 oz

Select Varieties,

With Card

When you buy 5 or more in the same transaction with Card. Quantities less than 5 are up to \$3.99 each with Card



Vita Coco **Coconut Water** 169fl oz or

Annie's Macaroni & Cheese, 5,25-6 oz: Select Varieties

1.99 With Card

Chobani **Greek Yogurt** 4-Pack or

The Greek Gods Greek Yogurt, 24 oz Select Varieties



Starbucks Coffee

10-12 oz Bag or K-Cups, 10 ct: Select Varieties

7.99 With Card -1.00

SAVE \$1 **EACH** WHEN YOU BUY

5 OR MORE. MIX & MATCH 5 or more participating items with Card.

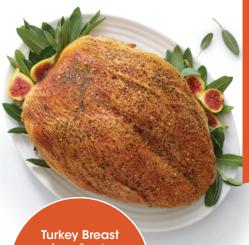
> Look for these tags.

With Card

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



-1.00



WEEKLY DIGITAL DEALS



Use each coupon UP TO 5 TIMES in one transaction

Scan me to download deals



Look for these tags.



Price without digital coupon is up to \$1.99 lb with Card.



Fresh Baked Chocolate Chip Cookies

or Other Varieties, 12 ct, In the Bakery

\$299 /EA

With Digital Coupon
Price without digital coupon

Price without digital coupon is up to \$3.99 each.



24-Pack, 12 fl oz Cans or Topo Chico, 12-Pack, 12 fl oz Bottles; Select Varieties

Price without digital coupon is up to \$15.99 each with Card.

Coca-Cola,
Pepsi or 7UP
\$ 99
/EA
With Digital Coupon





Kettle Brand Party Size Potato Chips

Select Varieties, 11.25-13 oz

\$299

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card.



Kroger Coffee

24-30.5 oz Can or Dunkin' Coffee, 10-12 oz Bag or K-Cups, 10 ct or Cold Brew Concentrate, 31 fl oz; Select Varieties

\$599

With Digital Coupon

Price without digital coupon is up to \$9.99 each with Card.



Liquid Death Water

Select Varieties, 8-Pack, 19.2 fl oz Cans

\$**999**

With Digital Coupon Price without digital coupon is up to \$11.99 each with Card.



Frito-Lay Multipack

18 ct or Popcorners Multipack, 15 ct; Select Varieties

\$**7**99

With Digital Coupon

Price without digital coupon is up to \$10.49 each with Card.



Jimmy Dean Breakfast Sandwiches

8 ct or Pancakes & Sausage on a Stick, 12 ct; Select Varieties

\$999 /EA With Digital Coupon

Price without digital coupon is up to \$10.99 each with Card.



Laundry Detergent

132 fl oz or Tide Pods, 45-76 ct or Gain Laundry Detergent, 184 fl oz or Gain Flings, 76 ct; Select Varieties

\$ 1599

With Digital Coupon

Price without digital coupon is up to \$19.99 each with Card.



Crest Toothpaste

4.2 oz or Soffsoap Liquid Hand Soap, 7.5 fl oz or Oral B Toothbrush, 1 ct; Select Varieties

99¢

With Digital Coupon Price without digital coupon is up to \$1.49 each with Card.

*While supplies last.

WEEKLY DIGITAL DEALS

Look for these tags.



Use each coupon **UP TO 5 TIMES** in one transaction*



Planters Peanuts Select Varieties, 16 oz

\$ 199 /EA With Digital Coupon

Price without digital coupon is up to \$3.49 each with Card.



Bounty
Paper Towels
4 Double Rolls

With Digital Coupon

wiiii bigilai coupi

Price without digital coupon is up to \$10.99 each with Card.



SAVE ON NATURAL & ORGANICS



Simple Truth Sparkling Water

Select Varieties, 8-Pack. 12 fl oz Cans

\$249

With Digital Coupon Price without digital coupon is up to \$3.49 each with Card.



Once Upon a Farm Soft-Baked Bars

5 ct or Coconut Melts, 1 oz: Select Varieties

\$399

With Digital Coupon
Price without digital coupon
is up to \$4.99 each with Card.



Late July Tortilla Chips

Select Varieties, 7.4-10.1 oz

\$299

With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



Nature's Path **Organic** Cereal or Granola

Select Varieties, 10-14 oz

\$249

With Digital Coupon Price without digital coupon is up to \$3.99 each with Card.



Pure Protein Shakes

4-Pack, 11 fl oz or Protein Bars, 4 ct; Select Varieties

\$499

With Digital Coupon Price without digital coupon is up to \$6.99 each with Card.



Simple Truth Freeze-Dried Fruit Select Varieties, 2 oz

\$599 /EA

With Digital Coupon Price without digital coupon is up to \$7.99 each with Card.

*While supplies last. Seasonal selection varies by store and is limited to stock on hand

NEW LOWER PRICES on 10,000+ Home and Electronics Items





Crock-Pot

Reg. 19.99

With Card Inst nt Instant Pot: 10:00 **Duo Multi-Cooker** or 7.5-Quart Superior Cooker



65" SAMSUNG

UHD HDR 4K Smart TV SAVE \$100

Reg. 499.99

2-Quart Manual Slow Cooker

4-Quart Manual Slow Cooker 29.99 7-Quart Manual Slow Cooker 39.99

WINTER BLOWOUT DEALS SAVE # 70%

From Original Prices with Card. Selection varies. Limited to stock on hand.







SAVE \$1 EACH

WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.



Find even more online!
Scan me to shop all participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.



3.49 With Card -1.00

\$249 /EA*

Nabisco Snack Crackers 3.5-8.5 oz or Ritz

Crackers, 8.8-13.7 oz or Yoplait Go-Gurt, 8 ct; Select Varieties



2.49 With Card -1.00

\$ 149

Prego Pasta Sauce

14.5-24 oz or Betty Crocker Cake or Brownie Mix, 13.25-16 oz; Select Varieties

2.99 With Card

-1.00



VATURE VALLEY
CRUNCHY
HONEY
1223
HONEY
1224
HONEY
1225
HONEY
1226

S 1 99
/EA*
Pepperidge Farm
Goldfish
Crackers

5.9-8 oz or Nature Valley Bars, 5-12 ct or Wonder Bread, 20 oz; Select Varieties



Pop-Tarts 8 ct or Jif Peanut

8 ct or Jif Peanut Butter, 15.5-16 oz or Betty Crocker Fruit Snacks, 6-10 ct; Select Varieties

4.49 With Card

/EA*

-1.00

Nabisco Oreo or Chips Ahoy Family Size

Cookies

2.99 With

-1.00

199/EA*

The Season White Rice White Rice White Rice Barberra Control of the Season Control of th

Sweet Baby Ray's BBQ Sauce

18 oz or Minute Rice, 12-14 oz; Select Varieties

bubly

2.49 With Card -1.00

\$**149**



5.99 With Card

\$499 /EA* Green Mountain,

McCafé or Donut Shop K-Cups 10 ct or Dannon Activia

10 ct or Dannon Activio Yogurt Drinks, 8 ct; Select Varieties

9.99 With Card

-1.00

Smucker's

Uncrustables

10 ct or Liquid I.V., 6 ct

or Purdue Simply Smart

Organic Frozen Chicken,

22-24 oz: Select Varieties



Ball Park Meat Franks Select Varieties, 15 oz \$249 /EA*

Totinos
PIZZA ROLLS

5.99 With Card

\$499 /EA*



Best Foods Mayonnaise 30 fl oz or Totino

30 fl oz or Totino's Pizza Rolls, 50 ct; Select Varieties



7.99 With Card

9.31-20 oz or Bubly Sparkling Water, 8-Pack, 12 fl oz Cans; Select Varieties

\$<mark>699</mark>

Dove Body Wash 18-20 fl oz or Bar Soap, 4 ct; Select Varieties



6.99 With Card

\$599
Quilted Northern
Bath Tissue

6 Mega Rolls or Angel Soft Bath Tissue, 8 Mega Rolls; Select Varieties



4.99 With -1.00

Dawn EZ-Squeeze Dishwashing Liquid Select Varieties, 24.3 fl oz



9.99 With Card -1.00

\$899 /EA* Swiffer Refills

Select Varieties,

6-32 ct

202

SAVE ON NATURAL & ORGANIC ITEMS



2.99 With Card -1.00

Silk Almondmilk Half Gallon or Amy's Organic Soup, 14-14.7 oz; Select Varieties



Select Varieties.

16 fl oz

3.29 With Card -1.00

GT's Kombucha



Select Varieties, 8.3-10 oz

organic



Amy's Entrée

4.99 With Card

-1.00

Natural Bliss

Select Varieties

32 fl oz or Simple Truth

Organic Juice, 32 fl oz;

Creamer



3.49 With Card -1.00

Skinnypop Popcorn

4.4-5.3 oz or Garden Veggie Snacks, 3.75-7 oz; Select Varieties

SAVE \$1 EACH

WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.



5.49 With Card -1.00

bliss

REAL 4

CREAM

Simple Truth **Organic Hummus** Select Varieties, 8 oz,

In the Deli

-1.00

3.49 With Card



Ranch Kraft Mexicansw

7-8 oz or Ken's Salad Dressing, 16 fl oz; Select Varieties



5.49 With Card -1.00

Simple Truth Bacon

Select Varieties,

12 oz

Kind **Breakfast Bars** 10-12 ct or Granola, 11 oz; Select Varieties



Chobani Creamer

24 fl oz or Chobani Oatmilk. 52 fl oz or Bear Naked Granola, 11-12 oz; Select Varieties

3.49 With Card -1.00

Kinder's BBQ Sauce 15.3-20.5 oz or Simple Truth Organic Juice, 64 fl oz; Select Varieties



8.99 With Card -1.00

Amy's Pizza

12-14 oz or Gardein Ultimate Plant-Based Entrée, 14-16.64 oz; Select Varieties

NATURAL & ORGANICS

Explore a great selection of natural choices.





Simple Truth Almondmilk

64 fl oz or Clearly Canadian Sparkling Water, 11 fl oz; Select Varieties







Hormel **Natural Choice Lunch Meat** Select Varieties,



Simple Truth Organic **Avocados** 4 ct Bag

With Card

Dave's Killer Bread **Organic Bagels** 5 ct or English Muffins, 6 ct: Select Varieties

With Card



Simple Truth Organic Frozen Vegetables

32-48 oz or Simple Truth Organic Granola, 16-22 oz; Select Varieties







Simple Truth Vapor Distilled Water 24-Pack, 16.9 fl oz Bottles or Nutpods Creamer, 25.4 fl oz; Select Varieties

With Card



Fage Total Greek Yogurt Select Varieties,

5.3 oz

\$600+ IN SAVINGS EVERY WEEK WITH DIGITAL COUPONS Visit FredMeyer.com/Coupons Visit FredMeyer.com/Coupons

Visit FredMeyer.com/Coupons



MIX & MATCH AN EXTRA

When you spend \$40 on participating Baby Items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



GROCERY ESSENTIALS



Lay's Potato Chips

4.75-8 oz or Cheetos, 6.5-8.5 oz or Fritos, 9.25-10 oz; Select Varieties

With Card

When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$5.89 each with Card.



Häagen-Dazs Ice Cream

14 fl oz or Drumstick Cones. 8-12 ct or Outshine Bars, 6 ct; Select Varieties

MIX & MATCH BUY 1, GET 1

of Equal or Lesser Value

With Card



Entenmann's Little Bites, **Donuts or Cakes**

Select Varieties, 6.88-21 oz

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value



With Card



Kroger Pasta

12-16 oz or Kroger Steamer Vegetables, 12 oz or Chef Boyardee Pasta, 14.5-15 oz: Select Varieties

With Card



Starkist Light Tuna or Tuna Creations

2.6-3 oz or Ro-Tel Diced Tomatoes, 10 oz or Snack Pack Pudding, 4 ct; Select Varieties

MAKEUP REMOVING

With Card



Sparkling Ice Sparkling Water

17 fl oz or Snapple, 16 fl oz or Pringles Grab N' Go, 2.36-2.5 oz: Select Varieties

With Card



Arm & Hammer **Laundry Detergent**

100.5-105 fl oz or Power Sheets, 35 ct or Odor Blasters, 45 oz; Select Varieties

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

Premier Protein Shakes Select Varieties, 4-Pack, 11 fl oz

Protein



With Card

Protein

Kroger **Makeup Removing** Wipes

Select Varieties, 25 ct



With Card

Sterilite Storage Tote 18 Gallon

With Card

With Card Seasonal selection varies by store and is limited to stock on hand.

TAILGATING



Find more game day deals & recipes at FredMeyer.com/Football

With Card **Pork Back Ribs** Bone-In





Decorated Cupcakes Select Varieties, 6 ct, In the Bakery



1 lb or Kroger Cut & Peeled Baby Carrots, 2 lb

8 ct



With Card



New Belgium or Simply Spiked 12-Pack, 12 fl oz or

Redhook, 18-Pack,

Select Varieties,

12 fl oz Bottles or Cans;

Smirnoff, New Amsterdam 5 or Svedka Select Varieties, 750 ml

SVEDK VODKA



Kroger Tortilla Chips 13 oz or Dean's French Onion Dip, 16 oz or Kroger Pretzels, 8-15 oz; Select Varieties

With Card



Private Selection Buns Select Varieties, With Card



16 lb or Match Light

Charcoal, 12 lb

Sargento **Cheese Slices** Select Varieties,





MIX & MATCH BUY 1, GET of Equal or Lesser Value With Card

Screamin' Sicilian Pizza 17.7-25.4 oz or Breadsticks, 15.65-16.55 oz; Select Varieties

A04

MIX & MATCH BUY 1, GET 1 Kroger VITAMIN of Equal or Lesser Value With Card NATURE'S BOUNTY **Nature Made** HARMACIST RECOMMENDED HIGH POTENCY Nature Made Magnesium **Supplements** 30-300 ct or Nature's Bounty 500 mg Iron Supplements, 25-350 ct Whole Body Support 65 ma or Kroger Supplements, 60-500 ct: Select Varieties



CLASSIC CLEAN CLASSIC CLEAN CLASSIC CLEAN

Head & Shoulders Shampoo or Conditioner

100 Crated Tablets MINERAL SUPPLEMENT

Select Varieties, 12.5 fl oz

\$**699**

SAVINGS ON HEALTH, BEAUTY & MORE



Core Power Protein Shake Select Varieties, 14 fl oz

349
With Card



Celsius Energy Drink Select Varieties, 12 fl oz Cans

3/\$6



Arm & Hammer Toothpaste Select Varieties,

6 oz

\$399 With Card



Degree Deodorant

2-Pack or Old Spice 2-in-1 Shampoo & Conditioner, 21.9 fl oz; Select Varieties

799
With Card





ATHLETIC BREWING CO

Athletic, Fremont NA or Blue Moon NA

Select Varieties, 6-Pack, 12 fl oz Bottles or Cans Plus Deposit Where Applicable



8.99 EA -10% With Card

/EA*

Fre, Stella Rosa NA or HIIT

Select Varieties, 750 ml



Black Box or Bota Box

3 Liters or Peter Vella. 5 Liters; Select Varieties



Jose Cuervo or Evan Williams

Select Varieties, 750 ml

*When You Buy Any 6 Participating Items with Card.



With Card

GUARANTEED FRESH



Previously Frozen or Colossal Patagonia Pink Shrimp, 13-15 ct, Raw, Also sold in a 2 lb Bag for \$17.98

With Card

©CAL

Fresh Columbia River Steelhead Fillets

Savings With Card

Boneless Chuck Roast or Steaks

Value Pack

Farm-Raised or Sea Scallops, 10-20 ct, Previously Frozen

/LB With Card

Armour Lunchmakers Select Varieties, 2.44-2.67 oz

or Hormel Pork Loin Filets

Select Varieties, 24 oz

or Jennie-O Turkey Tenderloin;

With Card

Kroger Dinner Sausage Links 18 oz or Nathan's Beef Franks,

PULLED PORK

11-12 oz or Curly's Barbecue Pulled Pork, 16 oz Tub: Select Varieties With Card

II ITALIAN

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Simple Truth Fresh Roasted Chicken Fully Cooked. 2 lb





Boar's Head Mesquite Smoked Turkey Breast

/LB With Card

or Mozzarella Cheese, \$8.99 lb with Card, Sliced to Order, Available In Select Stores



*When You Buy Any 6 Participating Items with Card

SAVE ANSIG

on Storage when you spend \$25 on storage

With Card and Digital Coupon. Exclusions apply. See Digital Coupon for details.



Holiday Home Wreath and Garland Bag



Holiday Home Ornament Storage Bag

With Card

With Card





Sterilite **Wrapping Paper** Storage Box

With Card



Holiday Home Tree Storage Bag

With Card



Sterilite **Latching Tote** Select Varieties, 64 qt

With Card

Sterilite Storage Tote Select Varieties, 16 qt

With Card

Sterilite **Storage Boxes** with Lids Select Varieties, 5-Pack, 6 at

With Card

Holiday Home Gift Bag Organizer



PICK UP EVERYTHING FOR GAME DAY!

