

# DEALS DEALS DEALS FOR DAYS EVENT



SAVE 52%

1<sup>88</sup>

PKG OF 5 OR 6

**AVOCADOS**  
product of Mexico  
avocats  
20142222001 EA



SAVE 22%

3<sup>88</sup>

4 LB BAG

**FARMER'S MARKET™  
ROYAL GALA or  
AMBROSIA APPLES**  
product of Ontario, Canada fancy grade  
pommes  
2076998001 EA/21307212001 EA



SAVE 33%

1<sup>33</sup>

**BROCCOLI CROWNS**  
product of U.S.A. or Mexico  
each  
couronnes de brocoli  
21121360001 EA



SAVE 42%

1<sup>44</sup>

**ICEBERG LETTUCE**  
product of U.S.A. or Mexico, no. 1 grade  
each  
lathus iceberg  
201353360001 EA

# DEALS DEALS DEALS FOR DAYS EVENT

**NOFRILLS**

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 2 TO WEDNESDAY, JANUARY 8, 2025.



**ONLY  
2<sup>87</sup>  
LB**

**PORK TENDERLOIN**  
fresh, cryovac package  
filet de porc  
6.33/kg  
20230970\_KG



**SAVE 50%**  
**5<sup>99</sup>**

**JANES PUB STYLE BREADED CHICKEN**  
selected varieties, frozen  
700 g  
poulet pané  
21711828\_EA



**SAVE 26%**  
**8<sup>88</sup>**

**LEAN GROUND BEEF**  
brisk  
2's  
boeuf haché maigre  
21618300\_EA

**8 KG**

**ROOSTER® SCENTED JASMINE RICE**  
ris  
20121871\_EA

**SAVE 32%**  
**12<sup>88</sup>**



**I CAN'T BELIEVE IT'S NOT BUTTER MARGARINE 427 g or BECEL GARLIC PLANT BUTTER 227 g**  
margarine ou beurre à l'ail à base de plantes  
20061949001\_EA/215393892\_EA



**SAVE UP TO 52%**  
**1<sup>88</sup>**

**SCHNEIDERS LUNCHMATE LUNCH KITS, STACKERS or SNACK KITS 75-120 g, or THE LAUGHING COW CHEESE 120-140 g**  
selected varieties  
trousses-repas ou fromage  
21210000\_EA/20219107\_EA



**SAVE UP TO 55%**  
**1<sup>99</sup>**



**SAVE UP TO 40%**  
**2<sup>49</sup>**

**BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT**  
selected varieties  
410 g  
produit de fromage fondu  
21222564\_EA

**HIGH LINER PAN-SEAR or SIGNATURE FILLETS**  
selected varieties, frozen  
425-600 g  
Filets de poisson  
21184214\_EA/2029494002\_EA



**SAVE UP TO 48%**  
**7<sup>99</sup>**



**SAVE 41%**  
**3<sup>50</sup>**

**ROYALE FACIAL TISSUE**  
6x72/100 sheets  
mouchoirs  
20703419\_EA



**ONLY  
4<sup>99</sup>**

**ALLEN'S DRINK BOXES 24x200 mL or GATORADE SPORT DRINKS**  
6x591/8x355 mL  
selected varieties  
jus ou boissons désodorisées  
2020213003\_C06/20340520\_EA



**SAVE UP TO 38%**  
**7<sup>99</sup>**

**TIDE SIMPLY LIQUID LAUNDRY DETERGENT 3.1 L or FLEECE FABRIC SOFTENER 3.5 L or DRYER SHEETS**  
200's  
selected varieties  
détergent ou assouplissant  
21211729\_EA/21217964\_EA

**APP EXCLUSIVE OFFER\***

**Optimum™  
2,000 pts**

**\$2 Value**

**3<sup>88</sup>**

**NO NAME® PEANUT BUTTER**  
selected varieties  
1 kg  
beurre d'arachide  
20294945001\_EA/21450545\_EA



**FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.**

(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

Not applicable at 1022 King St. W., Toronto, 42 Hanna Ave., Toronto, 261 Richmond St. W., Toronto, 3091 Appleby Line, Burlington, 332 Wellington Rd., London, 755 Mount Pleasant Rd., Toronto, 75 The Esplanade St., Toronto; please see nofrills.ca for flyers for these stores.

**nofrills.ca**

01 NFO

# BUDGETS LOVE YELLOW. (So switch)



**.19**

**NO NAME® INSTANT NOODLE SOUP**  
selected varieties  
85 g  
soupe aux nouilles instantanée  
30301274001 EA



**550**

**NO NAME® CHEESE**  
selected varieties  
400 g  
fromage  
21289743 EA



**\$2**

**NO NAME® EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé  
21040510 EA



**139**

**NO HST/GST\***

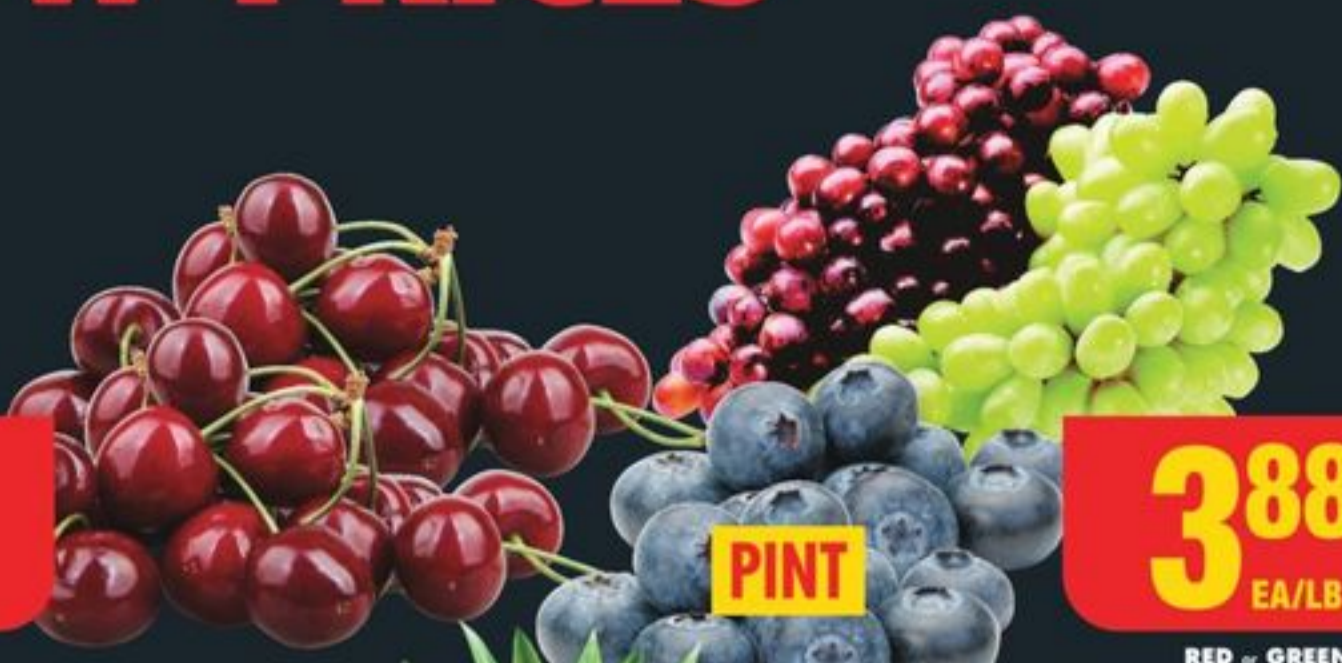
**NO NAME® CHIPS**  
selected varieties  
200 g  
croustilles  
21302821 EA

**no name®**

# FRESH AT LOW PRICES

**CHERRIES**  
product of Chile, no. 1 grade  
certified  
10.03/kg  
2015949001\_KG

**4.55**  
LB



**PINT**

**3.88**  
EA/LB

**RED or GREEN SEEDLESS GRAPES** 8.55/kg  
product of Peru or Chile, no. 1 grade or  
**BLUEBERRIES** each  
product of Mexico or Chile, no. 1 grade  
raisins rouges ou verts sans pépins ou bleus  
20080137001\_EA/20159199001\_KG

**6 OZ CLAMSHELL**

**BLACKBERRIES**  
product of U.S.A. or Mexico  
midsize  
20031015001\_EA

**2.88**



**CANTALOUPE**  
product of Guatemala, no. 1 grade or  
**PINEAPPLE**  
product of Costa Rica  
each  
cantaloup ou ananas  
20167017001\_EA/2016092001\_EA

**2.99**



If your produce isn't fresh, we'll replace AND refund it.\*



**1.77**

**ENGLISH CUCUMBERS**  
product of Ontario,  
Canada no. 1 grade  
cucumbers anglais  
20070132001\_EA



**1.77**

**POMEGRANATES**  
product of Egypt  
grenade  
20134767001\_EA



**GROWN IN CANADA**

**3.88**

**680 G**

**PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES**  
product of Canada,  
Canada no. 1 grade  
mini-pommes de terre assorties  
20134767001\_EA



**.77**

**KIWI**  
product of Greece  
kiwi  
20120342001\_EA



**4.22**

**RED or GREEN PEPPERS**  
product of Mexico  
poivrons rouges ou verts  
20115232001\_EA/20013308001\_EA



**GROWN IN CANADA**

**4.88**

**10 LB BAG**

**RED, YELLOW or RUSSET POTATOES**  
product of Canada,  
Canada no. 1 grade  
pommes de terre  
20601017001\_EA/20601020001\_EA



**1.11**

**GREEN ONIONS**  
product of Mexico  
bunch  
oignons verts  
2010700001\_EA



**1.22**

**RED MANGO**  
product of Peru  
each  
mandarin rouge  
2005000001\_EA



**2.88**

**BROCCOLINI or RAPINI**  
product of U.S.A.  
broccolini ou rapini  
20150007\_EA/2006070001\_EA



**8.88**

**CASE**

**SHARONJI PERSIMMONS or PC® KAKI PERSIMMONS**  
product of Spain  
kaki  
2011000001\_EA/2010470001\_CK



**2.88**

**FARMERS MARKET® CARROTS or YELLOW ONIONS**  
product of Ontario,  
Canada no. 1 grade  
carottes ou oignons jaunes  
20000001\_EA/201040001\_EA



**2.22**

**PC® WHOLE or SLICED, WHITE or CREMINI MUSHROOMS**  
product of Ontario  
champignons entiers ou  
tranchés ou blancs ou créminis  
2104700001\_EA



**4.88**

**FARMER'S MARKET® MANDARINS or NAVAL ORANGES**  
product of Spain or Morocco or  
product of Spain, Morocco or Egypt  
mandarines ou oranges  
2009000001\_EA/2010400001\_EA



**5.99**

**PC® AXIANH TOMATOES or VARIETY TOMATOES**  
product of Canada or Mexico  
tomates  
2104700001\_EA/2009000001\_EA

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES



**5<sup>88</sup>**

**ULTIMATE MILD CHICKEN SAUSAGE or PC<sup>®</sup> SAUSAGES**  
selected varieties  
375/500 g  
saucisses de poulet ou saucisses  
21379310 EA/21584342 EA



**3<sup>88</sup>**  
LB

**LEAN GROUND PORK**  
fresh  
porc haché maigre  
8.55/kg  
30332651 KG



**9<sup>88</sup>**  
LB

**BONELESS TOP BLADE ROAST or STEAK**  
rôti ou bifteck  
21.78/kg  
30337969 KG



**10<sup>44</sup>**

**LOU'S PORK BACK RIBS**  
selected varieties, frozen  
680 g  
côtes de dos de porc  
21530031 EA

**SMOKED STEELHEAD SALMON GO SHRIMP RAW**  
31/70 per lb, 140 g  
**SEAQUEST<sup>®</sup> FLAVOURED ALASKA POLLOCK STEAKS** ready to eat, 227 g or **YELLOWFIN TUNA STEAKS** 92 g  
selected varieties, frozen  
saumon ou crevettes ou goberge ou dorades de thon  
2072840 EA

**WHILE QUANTITIES LAST**

**2<sup>88</sup>**



**SEAQUEST<sup>®</sup> COLOSSAL RAW WHITE SHRIMP**  
16-20 per lb, 300 g or **BAY SCALLOPS**  
400 g  
frozen  
crevettes ou pétoncles  
21043887 EA

**6<sup>88</sup>**



**3<sup>49</sup>**

**SCHNEIDERS REDHOTS or MAPLE LEAF TOP DOGS**  
selected varieties, 375 g  
saucisses  
30602429 EA

**\$20**



**MAPLE LEAF PRIME BONELESS SKINLESS CHICKEN BREASTS**  
5<sup>1</sup>  
poitrines de poulet  
21183111 EA



**3<sup>44</sup>**

**MASTRO PROSCIUTTO COTTO or CAPOCOLLO MILD** 125 g or **SAN DANIELE MORTADELLA** 175 g  
selected varieties  
prosciutto cotto ou capocollo ou mortadelle  
20576743 EA/20577341 EA

**6<sup>77</sup>**



**BARI RICOTTA CHEESE**  
selected varieties  
500 g  
ricotta  
30579051 EA



**2<sup>22</sup>**

**WONDER BREAD** 675 g or **BUNS** 8<sup>1</sup>  
selected varieties  
pain ou petits pains  
20276296 EA/20297455 EA



**2<sup>88</sup>**

**D'ITALIANO BREAD** 600/675 g or **BUNS** 6/8<sup>1</sup>  
selected varieties  
pain ou petits pains  
20038335 EA/20636949 EA



**5<sup>44</sup>**

**TWO-BITE MINI CROISSANTS**  
423 g  
mini croissants au chocolat  
21416726 EA

# DEALS DEALS DEALS FOR DAYS EVENT

SAVE UP TO 42%

**2<sup>88</sup>**

**MCCAIN SUPERFRIES** or **SPECIALTY FRIES**  
selected varieties, frozen  
454-800 g  
frites  
30224238002\_EA



**ONLY  
3<sup>44</sup>**

**GREEN GIANT VEGETABLES**  
selected varieties, frozen  
400-750 g  
légumes  
210222377\_EA



**ONLY  
3<sup>77</sup>**

**DANONE ACTIVIA** 8's or **TWO GOOD TUBS** 625 g **YOGURT**  
selected varieties  
yaourt  
302255384002\_EA/21477312\_EA



**SAVE 29%  
5<sup>88</sup>**

**LACTANTIA BUTTER**  
selected varieties  
454 g  
beurre  
20439926\_EA



**4<sup>44</sup>**

**INTERNATIONAL DELIGHT COFFEE CREAMER** 140 mL or **COLD FOAM** 390 g  
selected varieties  
mousse à café ou mousse froide  
3021448802\_EA  
2021448804\_EA



**\$1**

**CAMPBELL'S CREAM OF MUSHROOM, TOMATO, VEGETABLE or CHICKEN NOODLE SOUP**  
284 mL  
soupe  
20121214008\_EA



**2<sup>22</sup>**

**DARE CRACKERS**  
selected varieties  
100-225 g  
craquelins  
21229900\_EA/21229901\_EA



**\$2**

**DARE COOKIES**  
selected varieties  
168-300 g  
biscuits  
21280771\_EA/20214043\_EA



**4<sup>22</sup>**

**TROPICANA BEVERAGES** or **PURE LEAF TEA**  
selected varieties  
refrigerated  
boissons ou thé  
1.54/2.63 L  
21421700\_EA



**1<sup>55</sup>**

**OASIS JUICE, DEL MONTE NECTAR or ARIZONA ICED TEA** 140 mL or **PC 100% JUICE** 1 L  
selected varieties  
nectar ou thé glacé ou jus à 100 %  
3021217008\_EA  
2021217009\_EA



**6<sup>44</sup>**

**NATURE VALLEY SWEET & SALTY GRAMOLA BARS or REESE'S PUFFS CEREAL BARS**  
family size  
selected varieties  
240-690 g  
barres  
21279900\_EA/21279901\_EA



**7<sup>88</sup>**

**MAZOLA CORN OIL**  
2.84 L  
huile de maïs  
20212286\_EA



**1<sup>66</sup>**

**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties  
boissons gazeux  
2021448802\_EA  
2021448804\_EA



**NO HST/GST**

**2<sup>77</sup>**

**SUNNYD 1.89 L or KOOL-AID JAMMERS**  
10x180 mL  
selected varieties  
boissons  
2021979008\_EA  
21222900\_EA



**.99**

**GLAD CLING WRAP** 30 mL or **TITAN ALUMINUM FOIL or WAX PAPER** 25 ft  
polyester polyester ou papier aluminium ou papier cire  
30228212\_EA  
21428432\_EA



**NO HST/GST**

**\$4**

**DORITOS TORTILLA CHIPS** 210-240 g or **SMARTFOOD POPCORN**  
150-200 g  
selected varieties  
craquelins de tortilla ou maïs soufflé  
20219284\_EA  
21287118\_EA

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\* **4,000 pts**

**\$4** value

for every \$10\* spent on **Kellogg's family size cereal**  
selected varieties  
480-650 g  
céréales  
21430748\_EA/21430755\_EA



**\$3** value

Earn\* **3,000 pts**

for every \$10\* spent on **Simply juice or beverages**  
selected varieties, refrigerated  
1.54/2.63 L  
jus ou boissons  
21170784\_EA/21592119\_EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.



CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



100% recycled paper



**JANUARY**

**HIT  
OF THE  
MONTH**



**\$2<sup>25</sup>**

**GoGo SqueeZ Fruit Sauce**  
Selected varieties, 360 g  
Limit: 4, over limit retail \$3.00



**\$1<sup>50</sup>**

**Catelli Smart or  
Healthy Harvest Pasta**  
Selected varieties, 340 g/375 g  
Limit: 6, over limit retail \$2.00



**\$4**

**Bolthouse Farms Smoothies or Juice**  
Selected varieties, 946 mL, Product of U.S.A.  
Limit: 6, over limit retail \$6.00



**Optimum**  
Members-Only Price  
**\$3**  
Non-Members  
**\$4**

**Q-tips Cotton Swabs**  
400's

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid January 1st - 31st, 2025. \*Member price only applicable to valid PC Optimum™ program members. To register as a member visit [pc optimum.ca](http://pc optimum.ca).

**MULTI  
BUY?  
TRY  
SINGLE  
BUY.**



**ONE FOR**

**\$3**

**KRAFT  
SALAD DRESSING**  
selected varieties  
475 ml  
vinodigrafi  
21364749 EA/21364850 EA



**ONE FOR**

**333**

**DANONE OIKOS  
GREEK YOGURT**  
selected varieties  
4 x  
yogourt grec  
20419713001 EA/20419713004 EA



**ONE FOR**

**175**

**KNORR  
SIDEKICKS**  
selected varieties  
120-162 g  
plats d'accompagnement  
20221430011 EA



# BRANDS YOU LOVE AT LOW PRICES

**NEILSON TRUTASTE,  
LACTOSE FREE 2 L or  
PROTEIN 1.89 L MILK**  
selected varieties  
lait sans lactose ou avec protéines  
2018033001 EA

**ONLY  
5<sup>44</sup>**



**YOPLAIT SOURCE 630 g,  
PROTEIN 4%, MINIGO 6% or  
TUBES 8% YOGURT**  
selected varieties  
yogourt  
21391318001 EA/21367395 EA

**SAVE 24%  
2<sup>55</sup>**



**ONLY  
3<sup>22</sup>**

**EGGO WAFFLES**  
selected varieties, frozen  
8%  
gâufres  
2002779 EA



**CHAPMAN'S COLLECTIONS 8%  
LOLLY NOVELTIES or  
MARKDALE CREAMERY ICE CREAM 2 L**  
selected varieties, frozen  
friandises glacées ou crème glacée  
20223737001 EA

**SAVE 20%  
3<sup>99</sup>**



**2<sup>22</sup>**  
**QUAKER DIPS or CHEWY  
GRANOLA BARS**  
selected varieties  
120-154 g  
barres granola  
2048762 EA/2123396 EA



**5<sup>22</sup>**  
**SMUCKER'S UNCRUSTABLES**  
selected varieties, frozen  
4x32/38 g  
sandwiches surgelés  
2154037 034



**5<sup>22</sup>**  
**GIUSEPPE THIN or RISING  
CRUST PIZZA**  
selected varieties, frozen  
429-783 g  
pizza  
2110067 EA



**SAPUTO MOZZARELLISSIMA**  
selected varieties  
500 g  
pizza  
207934100 EA

**6<sup>44</sup>**



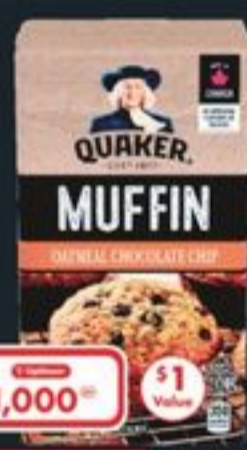
**\$1**  
**UNICO PASTE**  
selected varieties  
154 mL  
pâte de tomate  
2048327 EA



**1<sup>44</sup>**  
**UNICO BEANS, CHICK PEAS,  
OR LENTILS 342 mL or  
TOMATOES 776 mL**  
selected varieties  
Legumineuses ou légumes  
202347801 EA/202347801 EA



**2<sup>22</sup>**  
**CAMPBELL'S CHUNKY SOUP**  
selected varieties  
515 mL  
soupe  
2148067 EA



**5<sup>99</sup>**  
**QUAKER BAKING  
MIXES 100 g or  
OAT FLOUR 700 g**  
selected varieties  
mélanges à pâtisserie  
ou farine d'avoine  
202348801 EA



**2<sup>22</sup>**  
**NO NAME®  
WHITE VINEGAR**  
Club Size  
4 L  
 vinaigre blanc  
2048774 EA



**2<sup>99</sup>**  
**KIJU ORGANIC JUICE**  
selected varieties  
6x200 mL/71 L  
jus biologique  
202374901 EA/202374901 EA



**5<sup>33</sup>**  
**JORDANS MORNING  
CRISP GRANOLA**  
selected varieties  
375/400 g  
granola  
2122067 EA



**5<sup>55</sup>**  
**ROBIN HOOD or FIVE ROSES  
FLOUR**  
selected varieties  
2/2.5 kg  
farine  
202347801 EA/202347801 EA



**2<sup>88</sup>**  
**PC HERBAL TEA**  
selected varieties  
300 g  
thé  
202373301 EA/202373301 EA



**6<sup>88</sup>**  
**TETLEY TEA**  
selected varieties  
80/144 g  
thé  
202373301 EA/2142384 EA



**7<sup>88</sup>**  
**LIPTON TEA  
or TAZO TEA CONCENTRATE**  
selected varieties  
300 g  
thé  
2122067 EA/2122067 EA



**8<sup>88</sup>**  
**TWINNINGS TEA**  
selected varieties  
200 g  
thé  
202347801 EA/202347801 EA

# BRANDS YOU LOVE AT LOW PRICES

**ONLY**  
**2<sup>88</sup>**



**NO NAME® CHEESE BARS**  
selected varieties  
200 g  
barres de fromage  
2020564 EA/20211973 EA

**ONLY**  
**4<sup>88</sup>**



**CHAPMAN'S FROZEN YOGURT or SORBET**  
selected varieties, frozen  
2 L  
yogourt surgelé ou sorbet  
ou bonbonnes glacées  
2014434021 EA

**ONLY**  
**\$4**



**PC® SINGLE SERVE ENTREES**  
selected varieties  
frozen  
212-265 g  
plats cuisinés  
20204192001 EA

**SAVE 38%**  
**3<sup>88</sup>**



**MILK2GO MULTIPACK**  
selected varieties  
6x200 mL  
lait  
21045263 EA

**NO HST/GST**

**2<sup>88</sup>**

**KELLOGG'S SPECIAL K or KASHI BARS**  
selected varieties  
163-200 g  
barres granolés  
20049423001 EA/210110791 EA

**3<sup>29</sup>**

**SPAM LUNCHEON MEAT**  
selected varieties  
340 g  
pâté de viande  
20046122 EA

**3<sup>33</sup>**

**PEARL MILLING COMPANY PANCAKE MIX or SYRUP**  
selected varieties  
mixage à crêpes ou sirop  
21046407 EA/21010417 EA

**3<sup>44</sup>**

**GENERAL MILLS CEREAL**  
selected varieties  
297-430 g  
céréales ou céréales de grande  
21046407 EA/21010417 EA

**2<sup>55</sup>**

**MOTT'S FRUITSACTIONS or PRINGLES POTATO CHIPS**  
634-678 g or  
148/150 g  
selected varieties  
purée de pomme ou croustilles  
20204192001 EA/21010417 EA

**3<sup>33</sup>**

**HEINZ KETCHUP**  
selected varieties  
271 mL  
ketchup  
20128861 EA

**NO HST/GST**

**\$7**

**CORONA SUNBREW NON-ALCOHOLIC BEER**  
selected varieties  
6x330 mL  
bière sans alcool  
21046407 EA

**16<sup>99</sup>**

**BERTOLLI OLIVE OIL**  
selected varieties  
750 mL/1 L  
huile d'olive  
20128861 EA

**3<sup>33</sup>**

**FEBREZE AIR or MR. CLEAN ALL PURPOSE CLEANER MAGIC ERASER**  
330 g or  
1.21 L or  
7" selected varieties  
désodorisant  
21046407 EA

**3<sup>88</sup>**

**PINE-SOL CLEANER**  
selected varieties  
1.41 L  
nettoyant domestique  
20046122 EA/20046122 EA

**4<sup>77</sup>**

**SENSODYNE or PROMAREL TOOTHPASTE or POLIGRIP**  
75/100 mL or  
40 g  
selected varieties  
dentifrice ou dentifrice pour  
prothèse dentaire  
20204192001 EA/20204192001 EA

**11<sup>55</sup>**

**GLAD GARBAGE BAGS**  
selected varieties  
30-40"  
sacs à ordures  
21140477 EA

**NO HST/GST**

**4<sup>77</sup>**

**PC® SPARKLING WATER or SOFT DRINKS**  
selected varieties  
12x355 mL  
eau pétillante ou boissons  
sucrées  
20128861 EA/21010417 EA

**NO HST/GST**

**8<sup>77</sup>**

**RED BULL or MONSTER ENERGY DRINKS**  
4x473 mL or  
4x250 mL  
selected varieties  
boissons énergisantes  
21046407 EA/21010417 EA

**6<sup>88</sup>**

**ROYALE TIGER TOWELS**  
selected varieties  
3/3x4 mètre  
serviette  
21046407 EA

**1,000<sup>00</sup>** **\$1 Value**

**13<sup>88</sup>**

**FINISH AUTO DISH TABS or JET-DRY**  
30-55" or  
945 mL  
selected varieties  
produit de nettoyage pour  
lave-vaisselle au regard  
de rinçage  
21046407 EA/21010417 EA

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\*  
**3,000<sup>00</sup> pts**

for every \$10\* spent on Lysol cleaning products

all sizes or varieties  
produits nettoyants  
20310677001\_EA/21238361\_EA

**\$3**  
value



# DELI DEALS



**\$5**

**FARMER'S MARKET™ COOKIES**  
selected varieties  
12's  
biscuits  
30562795 EA



**PC® FREE FROM® SLICED DELI MEAT** 175 g or  
**ZIGGY'S® KOLBASSA** 375 g  
selected varieties  
viandes de charcuterie tranchées ou kolbassa  
2062855 EA/2179684 EA

**5.99**



**APP EXCLUSIVE OFFER**  
Optimum  
**1,000**

**\$1**  
Value

**3.50**

**ZIGGY'S® SLICED DELI MEAT**  
selected varieties  
175/300 g  
charcuterie tranchées  
21589522 EA/21392461 EA



**PILLERS PEPPERETTES or TURKEY BITES**  
selected varieties  
300-500 g  
bâtonnets ou bouchées de saucisson  
21092384 EA/2109291 EA

**8.49**



**4.99**

**SAN DANIELE PROSCIUTTO** 100 g or  
**MASTRO SALAMI**  
125-150 g  
selected varieties  
prosciutto ou salami  
20581660 EA/21061099 EA



**\$5**

**ZIGGY'S® CHEESE SLICES**  
selected varieties, 160/180 g  
tranches de fromage  
21410836 EA



**\$5**

**SAPUTO CHEESE**  
selected varieties  
125-200 g  
fromage  
20572975 EA/21051214 EA



**\$4**

**YVES VEGGIE SLICES**  
selected varieties, 120-155 g  
tranches véggie  
20294882 EA



**\$5**

**AGROPUR BRIE or CAMEMBERT CHEESE**  
selected varieties, 170 g  
brie ou camembert  
20177193 EA



**\$5**

**HENRI WILLIG GOUDA**  
selected varieties  
200 g  
gouda  
21343050 EA



**2.50**

**SUNRISE EXTRA FIRM TOFU**  
350 g  
tofu extra ferme  
20295027 EA



**\$4**

**PC® TOPPED HUMMUS** 280 g or  
**TOUM** 200 g  
selected varieties  
hummus garni ou trempette  
20811328 EA/21588774 EA



**5.99**

**BIG MOUNTAIN VEGAN PATTIES or FOODS**  
selected varieties, 240-400 g  
galettes de burger végété ou aliments  
21310525 EA/21464991 EA



**2.99**

**ZIGGY'S® FRESH PASTA**  
selected varieties, 350/360 g  
pâtes fraîches  
21521148 EA



**3.49**

**ZIGGY'S® SALADS**  
selected varieties, 454 g  
salades  
20309160 EA



**5.49**

**MAIN ST. BISTRO MAC AND CHEESE or MASHED POTATOES**  
selected varieties, 567-680 g  
macaroni au fromage ou purée de pommes de terre  
20027947 EA/20238009 EA

# PET DEALS



**.90**

**FANCY FEAST WET CAT FOOD 85 g or FRISKIES WET CAT FOOD 156 g**  
selected varieties  
nourriture humide pour chats  
20311239 EA/20311657001 EA



**279**

**TEMPTATIONS CAT TREATS**  
selected varieties  
180 g  
gâteries pour chats  
21105375 EA

**FRISKIES DRY CAT FOOD**  
selected varieties  
1.4-1.5 kg  
nourriture sèche pour chats  
20912515 EA



**\$6**

**1.42 kg**



**12<sup>50</sup>**

**TIDY CATS CAT LITTER**  
selected varieties  
2.72 kg  
litière pour chats  
21206302 EA

# BUDGETS LOVE YELLOW. YELLOW. (So switch)

## GET RIPPLE CHIPS FOR LESS

Dip 'em or enjoy them on their own, no name® Ripple Cut Potato Chips (200g) bring the crunch for less.



**139**

**NO NAME® POTATO CHIPS**  
selected varieties  
200 g  
croustilles  
21302821 EA

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 2 TO WEDNESDAY, FEBRUARY 12, 2025.



**349**

**NO NAME® COOKIES**  
selected varieties  
907 g  
biscuits  
30018678001 EA



**179**

**NO NAME® GRANOLA BARS**  
selected varieties  
120-175 g  
barres granola  
30913334 EA



**\$2**

**NO NAME® APPLESAUCE**  
selected varieties  
620 mL  
purée de pommes  
21374982 EA



**550**

**NO NAME® CHEESE**  
selected varieties  
400 g  
fromage  
21289743 EA



**\$3**

**NO NAME® DRINKS**  
selected varieties 10x200 mL  
boissons  
30038043 EA



**\$2**

**NO NAME® EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé  
21040510 EA

**no name®**



**Express™**

Online grocery  
pickup

## Get up to \$75 in PC Optimum™ points

Try *PC Express* and get \$15 in points on  
your first 5 online orders of \$75 or more\*.

Use code **TRYNF**



**Shop now**

# GET FLYER TO YOUR EMAIL.

### STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

### STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.

## PC Optimum™ members can save up to 35% on home and auto insurance\*



[GET A QUOTE](#)

\*Conditions apply. Subject to change. For full details see [www.pcinsurance.ca](http://www.pcinsurance.ca).

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## THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

## The thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

ONLINE INFO MKT