

food Basics

FLURRY



THIS WEEK ONLY 
88¢ /LB

AMBROSIA OR FUJI APPLES
 PRODUCT OF U.S.A.
 1.94/KG



THIS WEEK ONLY 
1.68 EACH

BLUEBERRIES
 PRODUCT OF PERU OR CHILE
 170 G



THIS WEEK ONLY 
2.98 EACH

SWEET ONIONS
 PRODUCT OF PERU, NO. 1 GRADE 3 LB BAG
 FRESH ATTITUDE SALADS OR KITS
 1.42 G

moi rewards

i redeem and save on what i buy most often

redeem **500** points = **\$4** in rewards



join today and save

Limit of one Moi Rewards Bonus offer per account per day. Certain conditions apply, see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.

i earn, redeem and save
GET READY TO SAVE! GREAT PRICES START ON THURSDAY

PRICES IN THIS FLYER AVAILABLE AT ALL BOLTON, WOODBRIDGE, SAULT STE. MARIE, 853 JANE ST., TORONTO, 900
 To view local store flyer, visit foodbasics.ca, where you can create a list of items to buy.

ALWAYS MORE FOR LESS

MEANS MORE WAYS TO SAVE



SELECTION ENGLISH MUFFINS 12'S
3.79 EACH



ALWAYS GREAT PRICE 
5.77 EACH

IRRESISTIBLES YOGURT
 12 - 16'S
 SELECTED VARIETIES



ALWAYS GREAT PRICE 
4.44 EACH

IRRESISTIBLES ICE CREAM
 1.5 L
 NOVELTIES
 4 - 5'S
 SELECTED VARIETIES



ALWAYS GREAT PRICE 
6.99 EACH

SELECTION FULLY COOKED BREADED CHICKEN
 800 G FROZEN SELECTED VARIETIES

food \$ ALWAYS MORE FOR LESS

FLURRY OF SAVINGS



THIS WEEK ONLY 

5.98 EACH

HIGH LINER BREADED & BATTERED FISH FILLETS FAMILY PACK OR MARKET CUTS FISH FILLETS
227 - 700 G FROZEN SELECTED VARIETIES



EXTRA LEAN

THIS WEEK ONLY 

4.88 /LB

FRESH EXTRA LEAN GROUND BEEF FAMILY PACK
10.76/KG



THIS WEEK ONLY 

2.22 EACH

DEMPSTER'S BREAD
875 G SELECTED VARIETIES



THIS WEEK ONLY 

1.98 EACH

NEVER EVER ANTIBIOTICS HUMANELY RAISED CRATE FREE
TOUJOURS SANS ANTIBIOTIQUES HUMAINEMENT ELEVES SANS CAGES

GREENFIELD NATURAL HAM & CHEESE TROUSSE JAMBON NATUREL

SCHNEIDERS LUNCHMATE OR ADULT KITS OR GREENFIELD KITS
74 - 120 G SELECTED VARIETIES



THIS WEEK ONLY 

4.44 EACH

IRRESISTIBLE MUFFINS
600 G SELECTED VARIETIES



THIS WEEK ONLY 

1.98 EACH

CHEEZ-IT CRACKERS 191 - 200 G

DARE COOKIES 168 - 315 G SELECTED VARIETIES



THIS WEEK ONLY 

5.48 EACH

ACTIVIA YOGURT 12 X 100 G
OIKOS GREEK YOGURT 650 - 750 G
SELECTED VARIETIES



THIS WEEK ONLY 

1.68 EACH

PRIMO PASTA 500 - 900 G
SAUCE 480 ML
TOMATOES 796 ML
BEANS 540 ML
SELECTED VARIETIES

20 points

THIS WEEK ONLY 

4.98 EACH

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
100 - 170 G SELECTED VARIETIES



1 L

THIS WEEK ONLY 

13.98 EACH

BERTOLLI OLIVE OIL
750 ML - 1 L
SELECTED VARIETIES

i earn, redeem and save with moi rewards
GET READY TO SAVE! GREAT PRICES START ON THURSDAY, JANUARY 2ND TO WEDNESDAY, JANUARY 8TH, 2025
PRICES IN THIS FLYER AVAILABLE AT ALL BOLTON, WOODBRIDGE, SAULT STE. MARIE, 853 JANE ST., TORONTO, 900 ALBION RD., ETOBICOKE, & 2200 JANE ST., NORTH YORK, ANCASTER, GRIMSBY, HAMILTON & NIAGARA FALLS LOCATIONS ONLY.
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

FLURRY OF SAVINGS

Black Diamond Old + Fort Cheddar Cheese 400 G

Black Diamond MARBLE-MARBRE Cheese 400 G

Galbani MOZZARELLA SHREDS 320 G

Galbani MOZZARELLA 500 G SELECTED VARIETIES

LOCKED DOWN

4.88 EACH

\$

THIS WEEK ONLY

2.88 /LB

GRADE A DUCKS FROZEN SELECTED VARIETIES WHILE QUANTITIES LAST 6.35/KG

Tropicana JUICE 1.36 L

Pure Leaf ICED TEA 1.75 L SELECTED VARIETIES

LOCKED DOWN

3.99 EACH

SMART ONES OR **IRRESISTIBLES MEALS** 230 - 320 G FROZEN SELECTED VARIETIES

CHEEMO PEROGIES 815 - 907 G

THIS WEEK ONLY

2.99 EACH

Enjoy! 8 PROTEIN ALMOND BEVERAGE 1.75 L SELECTED VARIETIES

ASTRO ORIGINAL YOGURT 12 X 100 G

THIS WEEK ONLY

3.99 EACH

Post SHREDDIES CEREAL 440 G

CAP'N CRUNCH 350 G SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH

Lactantia LACTOSE FREE MILK 2 L SELECTED VARIETIES

PHILADELPHIA CREAM CHEESE PRODUCT OR DIPS 340 G

20 points

THIS WEEK ONLY

4.99 EACH

Black Diamond CHEESTRINGS OR CHEESE STICKS 252 - 336 G SELECTED VARIETIES

25 points

THIS WEEK ONLY

5.99 EACH

COCA-COLA OR **PEPSI** SOFT DRINKS 6 X 710 ML SELECTED VARIETIES

15 points

LOCKED DOWN

3.99 EACH

Tostitos CHIPS 150 - 295 G SELECTED VARIETIES

Lay's POTATO CHIPS 150 - 295 G SELECTED VARIETIES

Smartfood POPCORN 150 - 295 G SELECTED VARIETIES

LOCKED DOWN

2.99 EACH

Charmin ULTRASOFT BATHROOM TISSUE 8 x 24.5

Bounty PAPER TOWEL 4 x 5.5 SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH

Tide LAUNDRY DETERGENT 94 - 100 LOADS, 3.9 L

CASCADE DISHWASHER TABS 110 G SELECTED VARIETIES

THIS WEEK ONLY

21.99 EACH

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

**We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt. available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

UNAUTHORIZED COPYING OF THIS FLYER IN ANY MEDIUM (INCLUDING POSTING ONLINE) WITHOUT THE PRIOR WRITTEN CONSENT OF METRO ONTARIO INC. IS NOT PERMITTED. CUSTOMER CARE: 1-866-595-5554

the
app-solute
best way
to save

only with
moi
rewards

DIGITAL DEAL

9.99
EACH

WITH COUPON

OCEAN
PRIME RAW
ARGENTINIAN
SHRIMP
11-15 CT*
454 G FROZEN
SELECTED VARIETIES



save
\$4

Download on the
App Store

CLICK TO DOWNLOAD

GET IT ON
Google Play

While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

SHOP ONLINE FOR LESS

- ✔ SAME FLYER SAVINGS
- ✔ SAME FRESHNESS
- ✔ SAME-DAY PICKUP OR DELIVERY

Check offered service
in your area

[SHOP FOODBASICS.CA](https://shop.foodbasics.ca)

NEW!

**PICKUP
OR
DELIVERY
NOW
AVAILABLE**



*Conditions apply. Details at foodbasics.ca.



ALWAYS FRESH



ALWAYS GREAT PRICES



ALWAYS IN STOCK

ALWAYS Save Every Day



ALWAYS GREAT PRICE ✓

99¢
EACH

SELECTION SPARKLING WATER
1 L
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

2.99
EACH



LIFE SMART
TORTILLA CHIPS
350 G
SELECTION
SALSA
430 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

9.99
EACH

IRRÉSISTIBLES SHEPHERD'S PIE
800 G FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓

3.27
EACH

SELECTION KETCHUP
750 ML - 1 L
SELECTED VARIETIES

PRODUCE



BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY

1.98
EACH



Fresh Florida

RASPBERRIES OR BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE 150 - 170 G

STRAWBERRIES
PRODUCT OF U.S.A., NO. 1 GRADE 454 G

THIS WEEK ONLY

3.98
EACH



ROMA TOMATOES
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE
4.37/KG

THIS WEEK ONLY

1.98
/LB



Clementines
PRODUCT OF MOROCCO
2 LB BAG

LEMONS
PRODUCT OF U.S.A. OR SOUTH AFRICA
2 LB BAG

THIS WEEK ONLY

3.98
EACH



WE LOVE LOCAL
Canada

WHITE, RUSSET, RED OR YELLOW POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
5 LB BAG

THIS WEEK ONLY

3.98
EACH



WE LOVE LOCAL
Ontario

GREEN CABBAGE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
1.94/KG

THIS WEEK ONLY

88¢
/LB



JUMBO ROMAINE HEARTS
3 PK

ANDY BOY

ROMAINE HEARTS
PRODUCT OF U.S.A.; PKG OF 3

SWEET ASSORTED PEPPERS
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE

THIS WEEK ONLY

4.88
EACH



WE LOVE LOCAL
Canada

NANTEGO

NANTES CARROTS
PRODUCT OF CANADA
454 G

RADISHES
PRODUCT OF CANADA
454 G

THIS WEEK ONLY

2/\$5



CANARY OR SANTA CLAUS MELONS
PRODUCT OF BRAZIL
2.82/KG

THIS WEEK ONLY

1.28
/LB



AVOCADOS
PRODUCT OF MEXICO

KIWIS
PRODUCT OF GREECE
600 G

THIS WEEK ONLY

3.98
EACH



GOLDEN RIPE PINEAPPLES
PRODUCT OF COSTA RICA

LIMES
PRODUCT OF MEXICO
1 LB BAG

THIS WEEK ONLY

2.98
EACH



EXTRA LARGE

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY

3.98
/LB



RED MANGOS
PRODUCT OF BRAZIL,
PERU, OR ECUADOR

THIS WEEK ONLY

1.25
EACH



Fresh Florida

GRAPEFRUITS
PRODUCT OF U.S.A.
3 LB BAG

THIS WEEK ONLY

4.88
EACH



Yves
VEGGIE CUISINE

VEGGIE BOLOGNA
vegan - vegetarian
BOLOGNE VEGGIE

YVES-VEGGIE CUISINE SLICES OR ROUNDS
155 - 200 G

THIS WEEK ONLY

3.99
EACH



Bolthouse Farms

BOLTHOUSE JUICES
PULP & PRESS ORGANIC JUICES

THIS WEEK ONLY

4.98
EACH

FLORAL



5" MONEY TREE OR 6" SIGNATURE FOLIAGE
ASSORTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9.98
EACH



MIXED LARGE BOUQUET
ASSORTED MIXES
WHILE QUANTITIES LAST

THIS WEEK ONLY

\$12
EACH



DOZEN ROSES
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY

12.88
EACH



5" PREMIUM ORCHIDS
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY

14.98
EACH

MEAT



THIS WEEK ONLY **4.49** EACH



THIS WEEK ONLY **4.49** /LB



LOCKED DOWN **3.79** /LB



THIS WEEK ONLY **3.49** /LB



THIS WEEK ONLY **10.99** /LB



THIS WEEK ONLY **5.99** /LB



THIS WEEK ONLY **2/\$5**



25 points
THIS WEEK ONLY **5.99** EACH



THIS WEEK ONLY **8.99** EACH



THIS WEEK ONLY **9.99** EACH



THIS WEEK ONLY **7.99** EACH



THIS WEEK ONLY **8.99** EACH



THIS WEEK ONLY **6.99** EACH



THIS WEEK ONLY **10.99** EACH



THIS WEEK ONLY **5.99** EACH



THIS WEEK ONLY **7.99** EACH



LOCKED DOWN **8.99** EACH



THIS WEEK ONLY **15.99** EACH



THIS WEEK ONLY **5.99** EACH



THIS WEEK ONLY **5.99** EACH



THIS WEEK ONLY **7.99** EACH



THIS WEEK ONLY **14.99** EACH

MORE GREAT SAVINGS FOR LESS



GAY LEA NORDICA COTTAGE CHEESE 750 G SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



DOLE FRUIT CUPS 4'S SELECTED VARIETIES

LOCKED DOWN **2.99** EACH



BECEL MARGARINE 427 G SELECTED VARIETIES

LOCKED DOWN **4.49** EACH



MONSTER ENERGY DRINKS 488 - 473 ML SELECTED VARIETIES

LOCKED DOWN **2.49** EACH



JORDANS MUESLI OR MORNING CRISP CEREAL 400 G SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



TIM HORTONS COFFEE CAPSULES 48 SELECTED VARIETIES

LOCKED DOWN **30.99** EACH



CAMPBELL'S CONDENSED SOUP 284 ML SELECTED VARIETIES

LOCKED DOWN **2/\$4**



HERSHEY CHOCOLATE BARS 43 - 58 G SELECTED VARIETIES

LOCKED DOWN **99¢** EACH



PRINGLES POTATO CHIPS 48 - 56 G SELECTED VARIETIES

LOCKED DOWN **2.49** EACH



TIDE PODS 42'S DOWNY UNSTOPPABLES 515 G SELECTED VARIETIES

LOCKED DOWN **12.99** EACH

BAKERY



THIS WEEK ONLY **2.49** EACH



THIS WEEK ONLY **2.99** EACH



STONEMILL BREAD 454 - 600 G SELECTED VARIETIES

20 points

THIS WEEK ONLY **4.49** EACH



CARBONAUT BREAD 544 - 550 G SELECTED VARIETIES

THIS WEEK ONLY **7.99** EACH

LOCKED DOWN



LACTANTIA
LACTOSE FREE
MILK
4 L
SELECTED VARIETIES

LOCKED DOWN

9.99
EACH



MAXWELL
HOUSE
GROUND
COFFEE
864 - 900 G
SELECTED VARIETIES

LOCKED DOWN

9.99
EACH



PILLSBURY
PREPARED
DOUGH
340 - 468 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



TAKIS
TORTILLA CHIPS
280 G
SELECTED VARIETIES

LOCKED DOWN

2/6.50



JELL-O
JELLY POWDER
85 G
SELECTED VARIETIES

LOCKED DOWN

99¢
EACH



MAISON
PERRIER
SPARKLING
WATER
BEVERAGE
8 X 330 ML
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



MARS
CELLO
CANDY
165 - 193 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



CLOVER LEAF
ALBACORE
TUNA
170 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



NUTELLA
B-READY BARS
132 G
SELECTED VARIETIES

LOCKED DOWN

4.49



MICHELINA'S ENTRÉES
227 - 255 G FROZEN SELECTED VARIETIES

LOCKED DOWN

2/4.50



VOORTMAN
WAFER
COOKIES
300 G
SELECTED VARIETIES

LOCKED DOWN

2/\$5



HELLMANN'S
MAYONNAISE
445 ML

15
points

LOCKED DOWN

3.99
EACH



OCEAN SPRAY
SPARKLING
BEVERAGE
6 X 340 ML
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



MAZOLA
VEGETABLE,
CANOLA OR
CORN OIL
1.8 L
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



MILK-BONE
FLAVOUR
DOG SNACKS
800 - 900 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



PURINA
CAT
CHOW
2 KG
SELECTED
VARIETIES

LOCKED DOWN

8.99
EACH



PURINA
ONE
DOG
FOOD
1.81 KG
SELECTED
VARIETIES

LOCKED DOWN

11.49
EACH

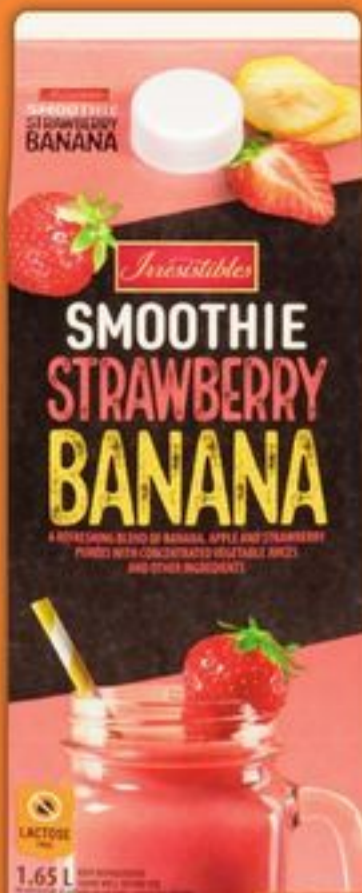


PURINA
ONE
CAT
FOOD
1.45 - 1.81 KG
SELECTED
VARIETIES

LOCKED DOWN

12.49
EACH

ALWAYS GREAT PRICE



ALWAYS GREAT PRICE 
3.97
EACH



ALWAYS GREAT PRICE 
3.97
EACH



SELECTION
SOFT
DRINKS OR
FLAVOURED
SPARKLING
WATER
12 X 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.97
EACH



SELECTION
WHITE VINEGAR
4 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.27
EACH



SELECTION
PEANUTS
700 - 800 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.99
EACH



SELECTION OR
LIFE SMART
NATURALIA
PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



SELECTION OR
LIFE SMART
APPLE SNACKS
4 x 6.5
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.49
EACH



SELECTION
CHOCOLATE CHIPS
835 - 925 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH



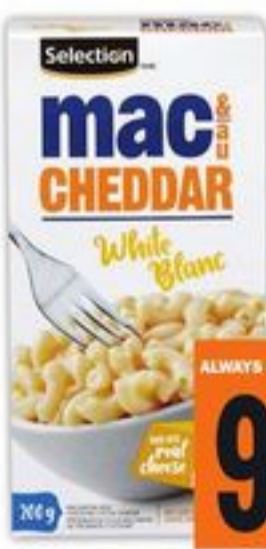
SELECTION
SOUP
284 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
LONG GRAIN
RICE OR
DRY BEANS
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.99
EACH



SELECTION
MAC &
CHEDDAR
266 - 225 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
PICKLES
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.29
EACH



SELECTION
EVAPORATED
MILK
354 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.77
EACH



IRRESISTIBLES
CARBONATED
SPRING WATER
6 x 1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



ALWAYS GREAT PRICE 
1.97
EACH



SELECTION
LAUNDRY
DETERGENT
1.62 - 1.8 L 36 - 48 LOADS
FABRIC
SOFTENER
1.8 L 48 LOADS
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.49
EACH



SELECTION
FACIAL
TISSUE
12 x 200
SELECTED VARIETIES

ALWAYS GREAT PRICE 
12.99
EACH



SELECTION
BATHROOM
TISSUE
30 x 100
SELECTED VARIETIES

ALWAYS GREAT PRICE 
19.99
EACH

EAT WELL FOR LESS



LIFE SMART
NATURALIA OMEGA-3
FREE RUN EGGS
12'S
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
5.99
EACH



SELECTION DELUXE
MIXED NUTS OR CASHEWS
1.13 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
19.99
EACH



SENSIBLE
PORTIONS
VEGGIE
SNACKS
142 G
SELECTED VARIETIES

LOCKED DOWN 📌
2.99
EACH



G.H. CRETORS
POPCORN
213 G
SELECTED VARIETIES

LOCKED DOWN 📌
4.29
EACH



HARVEST
SNAPS
CRISP PEAS
94 G
SELECTED VARIETIES

LOCKED DOWN 📌
2.99
EACH



SPLENDA
SWEETENER
200 : 275 G
SELECTED VARIETIES

LOCKED DOWN 📌
10.99
EACH



RYVITA
CRACKERS
SELECTED VARIETIES

LOCKED DOWN 📌
3.99
EACH



PAM
COOKING
SPRAY
141 : 170 G
SELECTED VARIETIES

LOCKED DOWN 📌
4.99
EACH



CATELLI
GLUTEN FREE
PASTA
345 G
SELECTED VARIETIES

LOCKED DOWN 📌
2.99
EACH



LIFE SMART
ORGANIC
BEANS
398 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.99
EACH



BEN'S ORIGINAL
WHOLE GRAIN
BROWN RICE
2.2 KG
SELECTED VARIETIES

LOCKED DOWN 📌
7.99
EACH



SELECTION
APPLE CIDER
VINEGAR
1 L

ALWAYS GREAT PRICE ✓
1.79
EACH



DAIYA
GLUTEN FREE
CHEESES
170 : 227 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇️
4.98
EACH



Greenhouse
ORGANIC
Ginger+
Defence
WELLNESS SHOTS
FOR IMMUNITY
4 x 60 mL
Wellness Shots

LOCKED DOWN 📌
8.99
EACH



Greenhouse
ORGANIC
Smart+
Energy
WELLNESS SHOTS
100 mg of Natural Caffeine
4 x 60 mL
Wellness Shots

THIS WEEK ONLY ⬇️
8.99
EACH



LIFE SMART
NATURALIA
FISH FILLETS
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY ⬇️
8.99
EACH



BFREE TORTILLAS
168 : 252 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇️
6.99
EACH



MAPLE LEAF
NATURAL
SELECTIONS
SLICED
DELI MEAT
125 : 175 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇️
5.99
EACH



LITTLE NORTHERN
BAKEHOUSE
GLUTEN FREE
BREAD
320 : 567 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇️
7.99
EACH

ALL AISLES LEAD HOME

KITCHENS OF THE WORLD



ARTICHOKEs
PRODUCT OF U.S.A.

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3/\$5



ROCHA PEARS
PRODUCT OF PORTUGAL
EXTRA FANCY GRADE
2.5 LB BAG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



OCEAN PRIME
WHOLE MACKEREL
1.81 KG
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
18.99
EACH



GALBANI MOZZARELLA BALL
227 G SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



MARC ANGELO
JUMBO PORK SAUSAGES
375 - 675 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



REKO PIZZELLE
200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.49
EACH



LE VENEZIANE
GLUTEN FREE PASTA
250 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.29
EACH



AURORA BOUILLON CUBES OR SEA SALT
66 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



PONTI BALSAMIC VINEGAR OR GLAZE
200 - 500 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



AURORA TARALLI
300 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH

HAPPY LOHRI

HAPPY MAKAR SANKRANTI

HAPPY PONGAL



RED ONIONS
PRODUCT OF CANADA
CANADA NO. 1 GRADE
388
EACH



KHAAS DAHI OR PHOENICIA YOGURT
650 / 750 G
SELECTED VARIETIES
249
EACH



NOOR, PARLIAMENT OR ARJUN BASMATI RICE
3.63 - 4.54 KG SELECTED VARIETIES

799
EACH



PARLE-G, LU OR EBM COOKIES
84 / 300 G
SELECTED VARIETIES



99¢
EACH



CEDAR CANNED BEANS
540 ML
SELECTED VARIETIES
149
EACH



BRAR'S DESI GHEE
800 G
1499
EACH



149
EACH



NOOR SUPREME SELLA, GOLD OR BROWN BASMATI RICE
1.54 KG
SELECTED VARIETIES
1099
EACH



CRISPY PARA SNACK
300 / 360 G
SELECTED VARIETIES
299
EACH



PATAK'S OR KFI COOKING SAUCES
375 / 400 ML
SELECTED VARIETIES
399
EACH



199
EACH



ROYAL DELIGHT SAMOSAS OR MAGGI SAUCE
400 / 500 G / 375 ML
SELECTED VARIETIES
349
EACH



NOOR DATES OR DIVYA TEA
800 G / 216'S
SELECTED VARIETIES

499
EACH



DIVYA SPICES OR PICKLE CONDIMENTS
400 / 500 G
SELECTED VARIETIES
299
EACH



DIVYA COOKING SAUCE, TAMARIND OR GINGER/GARLIC PASTE
400 / 500 G / 375 ML
SELECTED VARIETIES
249
EACH



599
EACH



899
EACH



DIVYA KESAR MANGO PULP OR BEST NECTARS
400 / 500 G
SELECTED VARIETIES
299
EACH

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



LOBOK (DAIKON)
PRODUCT OF U.S.A.
FLAT CABBAGE
PRODUCT OF CANADA
2.82/KG

128
/LB



**NORTHERN KING WHOLE TILAPIA OR
THAI GOLD WHOLE RAW SHRIMP**
380 G - 1 KG FROZEN SELECTED VARIETIES

749
EACH



**Y&Y THAI HOM
MALI,
MILI OR
MEKONG
JASMINE RICE**
8 KG
SELECTED VARIETIES

15⁸⁸
EACH



**Y&Y OR
LUCKY KOI
CHOW MEIN
NOODLES,
NONGSHIM
BOWLS**
75 - 454 G
SELECTED VARIETIES

169
EACH



2⁹⁹
EACH



**SAPORITO
VEGETABLE,
CANOLA,
SUNFLOWER OR
CORN OIL**
2.84 - 3 L
SELECTED VARIETIES

9⁹⁹
EACH



3⁹⁹
EACH



88¢
EACH



2⁹⁹
EACH



4⁹⁹
EACH



3⁴⁹
EACH



1⁹⁹
EACH



**KIKKOMAN
TERIYAKI OR
SOY SAUCE,
HUY FONG
SRIRACHA**
591 - 714 ML
SELECTED VARIETIES

5⁸⁸
EACH



2⁹⁹
EACH



6⁹⁹
EACH



**RUBICON
DRINKS OR
LUCKY KOI
LYCHEES**
567 ML, 1 L
SELECTED VARIETIES

2⁴⁹
EACH



1²⁹
EACH



7⁹⁹
EACH

HAPPY LUNAR NEW YEAR 2025 农历新年快樂



VH SAUCE
341 - 380 ML
SELECTED VARIETIES

2.88
EACH



BILLY BEE HONEY
1 KG
SELECTED VARIETIES

9.99
EACH



BRUNSWICK,
GOLD SEAL OR
ADRIATIC QUEEN
SARDINES
92 - 125 G
SELECTED VARIETIES

1.49
EACH



MAPLE LEAF FLAKED MEAT OR
HOLIDAY LUNCHEON MEAT
156 - 340 G SELECTED VARIETIES

1.99
EACH



GRACE, CHAOKOH OR
CASABLANCA COCONUT
WATER, GRACE, MILI OR
CASABLANCA COCONUT
MILK
330 - 520 ML
SELECTED VARIETIES

1.49
EACH



LUCKY KOI OR
Y&Y CHESTNUTS OR
BAMBOO
SHOOTS, GRACE
MACKEREL OR
SARDINES
155 G, 227 ML
SELECTED VARIETIES

99¢
EACH



Y&Y RICE STICKS OR EDAMAME,
MAE PLOY CHILI SAUCE
454 G, 280 ML SELECTED VARIETIES

2.29
EACH



MAPLE
LEAF OR
GRACE
VIENNA
SAUSAGES
113 - 135 G
SELECTED VARIETIES



1.49
EACH



GRACE
PLANTAIN
CHIPS OR
PEANUT
PUNCH,
POCKY
BISCUIT
STICKS
32 - 100 G
240 ML
SELECTED VARIETIES

1.29
EACH



Y&Y SEA
GREENS,
NONGSHIM
SNACKS OR
MUNCHEE
COOKIES
3 X 5 G, 45 - 200 G
SELECTED VARIETIES

1.68
EACH



GRACE OR
MEKONG
COFFEE
WHITENER,
Y&Y
COCONUT
MILK
257 - 400 ML
SELECTED VARIETIES



1.99
EACH



SAPPORO
ICHBAN OR
LUCKY ME
NOODLES
75 - 100 G
SELECTED VARIETIES

1.29
EACH



CASABLANCA
BUTTER COOKIES OR
OKF ALOE DRINKS
454 G, 1.5 L
SELECTED VARIETIES

3.99
EACH



INDOMIE
NOODLES
5 X 80 - 5 X 95 G
MARUKAN
RICE
VINEGAR
125 ML
SELECTED VARIETIES

3.49
EACH



ANN OR
HAO TEA
25 - 100 G
SELECTED VARIETIES

4.99
EACH



AUTHENTIC ASIA MEALS,
SOYBEAN PASTE OR KIKKOMAN
LOW SODIUM SOYA SAUCE
258 - 500 G, 148 ML SELECTED VARIETIES

4.99
EACH



BLUE DRAGON
SAUCE OR
GLICO
CURRY SAUCE
229 - 271 G, 270 - 310 ML
SELECTED VARIETIES

3.99
EACH



RIBENA
BLACKCURRANT
BEVERAGE
850 ML

8.99
EACH

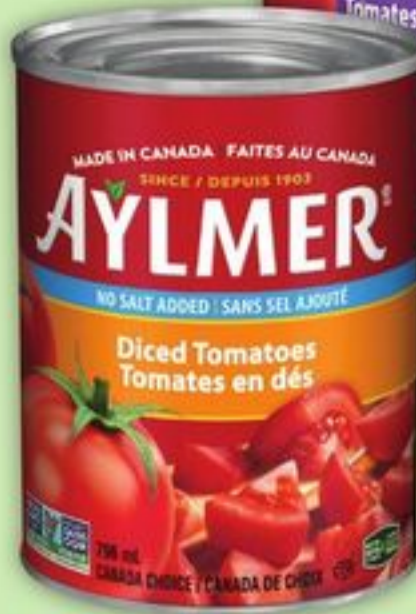


CONAGRA
• BRANDS •



CHEF BOYARDEE
CANNED MEAL
418 - 425 G
SELECTED VARIETIES

LOCKED DOWN
179
EACH



AYLMER CANNED TOMATOES
540 - 796 ML SELECTED VARIETIES

LOCKED DOWN
229
EACH



PAM
COOKING
SPRAY
141 - 179 G
SELECTED VARIETIES

LOCKED DOWN
499
EACH



ORVILLE
REDBENBACHER POPCORN
340 - 850 G SELECTED VARIETIES

LOCKED DOWN
499
EACH



HUNT'S
PASTA
SAUCE
680 ML
SELECTED VARIETIES

THIS WEEK ONLY
199
EACH



MARIE CALLENDER'S MEAL
680 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
849
EACH



BERTOLLI
FROZEN MEAL
524 G
SELECTED VARIETIES

LOCKED DOWN
1099
EACH



P.F. CHANG'S
MEALS
624 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
1099
EACH