

**WARM UP TO  
HOT  
DEALS**

**compliments**  
FULLY COOKED  
BREADED CHICKEN NUGGETS  
POMMES DE POULET PANÉES  
ENTIÈREMENT CUITES

**MEMBERS \$1  
SAVE**  
**4.99**

without Scene+ Card  
**5.99**

**Compliments  
Breaded Chicken Strips,  
Nuggets or Burgers**  
Frozen 700 g  
reg 6.99



**Ambrosia Apples**  
Product of BC, Canada Extra Fancy  
**Navel Oranges**  
Product of USA 2.18/kg

**99¢** /lb

**Roma Tomatoes**  
Product of Mexico  
No. 1 Grade 2.84/kg

**1.29** /lb

**Deep Tandoori or  
Garlic Naan**  
898 g 1.179 kg  
reg 8.97

**SAVE \$1**  
**7.97**

**Dairyland Butter**  
Salted or Unsalted  
454 g  
Save \$2 reg 6.99  
Limit of 4

**MEMBERS \$1  
SAVE**  
**4.99**

without Scene+ Card  
**5.99**

**Oasis Juices, Arizona  
Iced Tea or Del Monte  
Nectars 960 mL,  
SunType Juice 900 mL**  
reg 2.49-2.69

**SAVE \$1.25**  
**1.44**

**Dan-D Pak Cashews**  
Salted or Unsalted 454 g  
reg 8.97

**SAVE \$2.09**  
**6.88**

**Mazola  
Canola or  
Corn Oil 2.84 L**  
reg 14.79

**SAVE \$5.91**  
**8.88**

**compliments  
Cooked or Raw  
Pacific White Shrimp**  
Frozen 340 g  
reg 8.99-10.99

**MEMBERS \$1  
SAVE**  
**5.99**

without Scene+ Card  
**6.99**

**Brar's  
Desi Ghee**  
800 g  
reg 17.97

**MEMBERS \$2  
SAVE**  
**14.97**

without Scene+ Card  
**16.97**

**Purex 4.43 L  
Sunlight 4 L**

**MEMBERS \$2  
SAVE**  
**8.97**

without Scene+ Card  
**10.97**

PRODUCT SELECTION MAY VARY BY LOCATION

**VARIETY. VALUE. VAH!**



Avocados 5 pk  
Product of Mexico

50 PTS when you buy 1

**4.99**



100 PTS when you buy 2  
That's \$1 toward your groceries

**3.49**

Mini Seedless Cucumbers 6 pk  
Product of Canada  
Canada No. 1  
Grape Tomatoes 283 g  
Product of Canada, USA or Mexico



Raspberries or Blackberries 170 g  
Product of USA or Mexico

100 PTS when you buy 2  
That's \$1 toward your groceries

**3.99**



Green Seedless Grapes  
Product of Peru  
No. 1 Grade  
11.00/kg

**4.99**



Green or Grey Zucchini or Eggplant  
Product of Mexico or USA 4.39/kg

**1.99**



Compliments Carrots or Yellow Onions 3 lb  
Product of Canada  
Canada No. 1, 1.36 kg

**2.99**



Compliments Lemons 2 lb  
Product of USA  
907 g

50 PTS when you buy 1

**4.99**



Jumbo Golden Pineapples  
Product of Costa Rica

50 PTS when you buy 1

**4.99**



Iceberg Lettuce  
Product of USA or Mexico, No. 1 Grade

50 PTS when you buy 1

**2.99**



Compliments Baby Spinach, Spring Mix or Arugula 142 g  
Product of USA

100 PTS when you buy 2  
That's \$1 toward your groceries

**3.99**



MEMBERS \$1 SAVE  
**\$5**

Compliments Grilled Beef, Chicken or Turkey Strips  
150-200 g



Value Pack

MEMBERS \$1 SAVE  
**\$11**

Compliments Dinner Sausages 1.4 kg



1.99

Compliments Crab or Lobster Flavoured Alaskan Pollock 227 g reg 2.99



Janes Breaded or Battered Fish Fillets  
Selected Varieties  
Frozen 450-510 g  
reg 9.99

SAVE \$2  
**7.99**



Grimm's Bavarian Smokies 450 g  
reg 9.99

75 PTS when you buy 1  
SAVE \$2  
**7.99**



Best Buy Ribettes in BBQ Sauce, Lemon Herb Chicken Breast or Boneless Pork Chops  
Frozen 684-912 g

**\$10**



Lean Ground Beef  
1.36 kg

3 lb  
**\$17**



Compliments Deli Meat  
175 g  
Selected Varieties  
reg \$4

MEMBERS \$3  
**\$3**



Dempster's Whole Grain Bread 600 g  
Tortillas 272-340 g or English Muffins 6 pk  
reg 3.59-3.99

SAVE \$1.02  
**2.97**



Stuyver's Buns  
340-400 g  
Sara Lee Little Bites  
194-234 g  
reg 3.99-4.59

SAVE \$1.12  
**3.47**



Castello Sliced Cheese  
125-165 g  
reg 6.99-7.19

SAVE \$2.22  
**4.97**



Scene GET 1000 PTS FOR EVERY \$100 SPENT ON ONE4ALL ULTIMATE GIFT CARDS!

Offer valid during January 9 - 15, 2025. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.



<p>McCain Medleys Mélange 16 pk reg 4.99-5.29</p>	<p>McCain Superfries 5 pk reg 4.99-5.29</p>	<p><b>SAVE UP TO \$1.52</b></p> <p><b>3.97</b></p> <p>Christie Family Size Cookies or Crackers 345-520 g reg 4.79-5.49</p>	<p>Ritz Family Size Cookies 350 g reg 4.79-5.49</p>
<p><b>SAVE UP TO \$1.32</b></p> <p><b>3.97</b></p> <p>McCain Premium Breakfast Potatoes 600-650 g, Premium Superfries 454-650 g or Frozen Potato Medleys 400 g reg 4.99-5.29</p>	<p>Liberté Greek Yogourt 650-750 g Yoplait Source Yogourt 16 pk reg 7.27-7.77</p>	<p>Natrel Lactose Free Milk 2 L Selected Varieties reg 6.47</p>	<p>Khaas Halal or Dahi Yogourt 750 g reg 3.27</p>
<p>Kellogg's Core Bars 125-384 g reg 4.49</p>	<p>Cheetos 170-285 g</p>	<p>Miss Vickie's 180-200 g reg 4.79</p>	<p>Tim Hortons Single Serve K-Cups 30 pk Tim Hortons Ground Coffee 875-930 g reg 23.99</p>
<p>General Mills Cereal Selected Varieties 297-430 g reg 5.49</p>	<p>Quaker Standard Oats 709 g-1 kg, Quaker Instant Oatmeal 232-344 g or Quaker Instant Oatmeal Protein 232-344 g reg 3.99-4.99</p>	<p>AHA Sparkling Water 12x355 mL Coca-Cola Mini Bottles 8x300 mL reg 5.99-6.99</p>	<p>Timothy's Coffee K-Cups 30 pk reg 19.99</p>
<p>Allen's Apple Juice 1.89 L SunRype Juice 1.36 L reg 3.99</p>	<p>Campbell's Ready-to-Eat Soup 515 mL reg 3.29</p>	<p>Kicking Horse Whole Bean Coffee 454 g reg 18.99</p>	<p>Timothy's Coffee K-Cups 30 pk reg 19.99</p>
<p>Nutella Hazelnut Spread 1 kg reg 10.99</p>	<p>Old El Paso Dinner Kit 250-510 g reg 4.99</p>	<p>Brunswick Sardine Fillets 92-100 g reg 2.27</p>	<p>Sensible Portions Veggie Snacks 120-142 g reg 3.49</p>
<p>Clorox Cleaner 887-946 mL reg 4.99</p>	<p>Fleecy Fabric Softener 3.5 L Fleecy Dryer Sheets 200 pk reg 11.99-12.49</p>	<p>Softsoap or Irish Spring Body Wash 591 mL or Soap Bars 6 pk reg 6.47-7.99</p>	<p>Colgate Toothpaste 73-75 mL, Total Advanced Toothpaste 120 mL or Bamboo Charcoal Toothbrush 1 pk reg 5.69-7.69</p>

**DOUBLE FRESH GUARANTEED** WE'LL REPLACE YOUR ITEM + REFUND YOUR MONEY\*  
 \*See online and in-store for more details.









**MEMBERS SAVE \$2**  
**14.97**  
16.97  
Brar's Desi Ghee  
800 g reg 17.97



**SAVE \$1**  
**7.97**  
Deep Tandoori or Garlic Naan 898 g-1.179 kg reg 8.97

**SAVE \$1**  
**6.97**  
Horlicks Original or Chocolate Mix 400 g reg 7.97



**SAVE \$2**  
**12.97**  
Chalo! Signature Basmati Rice  
4.54 kg reg 14.97



**SAVE \$3**  
**8.99**  
Zabiha Halal Breads Chicken 800-908 g reg 10.99-11.99



**SAVE \$3**  
**14.99**  
Al Safa Halal Chicken Tenderz Frozen 1 kg reg 17.99



**1.47**  
Verka Vermicelli Nest 300 g reg 1.77



**SAVE 50¢**  
**2.27**  
Handi Shredded Coconut 312 g reg 2.77



**97¢**  
Grace Mackerel or Sardines 155 g reg 1.27



**SAVE \$1**  
**7.97**  
Mother's Magic Himalayan Pink Salt 2 kg reg 8.97



**50 PPS when you buy 1**  
**SAVE \$1.98**  
**7.47**  
Brar's Gulab Jamun 850 g reg 8.97



**SAVE \$2**  
**7.97**  
Tata Tea Orange Pekoe Tea Bags 220 pk 636 g reg 9.97



**SAVE 70¢**  
**2.77**  
Bhikharam Chandmal Salty Snacks 320 g Selected Varieties reg 3.47



**SAVE 50¢**  
**97¢**  
EBM Biscuits 105-178 g Selected Varieties reg 1.47



**SAVE 50¢**  
**4.97**  
Britannia Milk Rusk Biscuits 560 g reg 5.47



**SAVE \$1**  
**8.97**  
Ahmad Tea 454 g reg 9.97



**1.25**  
Grace Plantain Chips 85 g reg 1.47



**SAVE 50¢**  
**1.97**  
Grace Tropical Rhythms 473 mL reg 2.47



**SAVE 50¢**  
**3.47**  
Indomie Instant Noodles 5 pk reg 3.97



**75 PPS when you buy 1**  
**SAVE \$50¢**  
**97¢**  
Sunshine Snacks 32-42 g reg 1.27-1.47



# NATURAL SAVINGS



**SAVE 52¢**  
**377**

Christie Good Thins Crackers  
100 g  
reg 4.29

**SAVE \$1**  
**497**

Violife Shreds or Slices 200 g  
reg 5.97

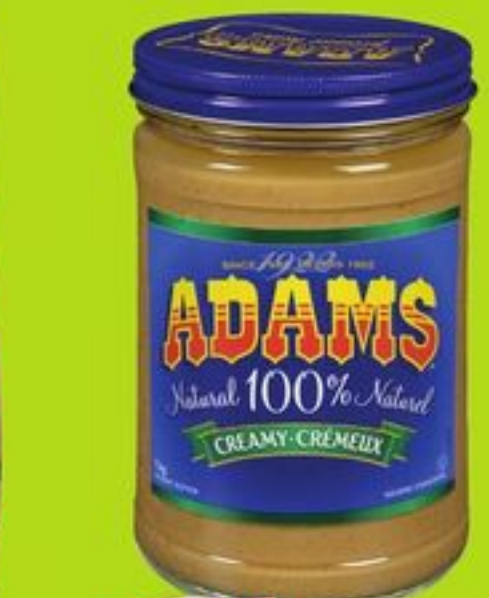


Silk Plant-Based Beverage 946 mL  
Selected Varieties  
reg 2.99

**SAVE 52¢**  
**247**



**SAVE \$1.02**  
**397**



**SAVE 82¢**  
**847**



**SAVE \$1.02**  
**547**



**SAVE 82¢**  
**597**



**SAVE \$1.02**  
**597**



**SAVE 62¢**  
**267**



**SAVE \$1.02**  
**397**



**SAVE 70¢**  
**127**

## FUEL YOUR MORNINGS



**SAVE \$1.02**  
**577**



**SAVE \$1.02**  
**547**



**SAVE \$3.02**  
**1297**



**497**

Smucker's Uncrustables 4x52-58 g  
Find it in the FREEZER AISLE!

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.





Find more value every day

SAVE \$2.02  
**797**

Compliments Dish Soap 5 L  
reg 9.99



SAVE UP TO \$1.02  
**297**

Compliments Bleach 2.4 L or Multi-Surface Cleaner 1.41 L  
reg 3.49-3.99



SAVE \$1.02  
**397**

Compliments Dryer Sheets 120 pk  
reg 4.99



SAVE \$1.02  
**647**

Compliments Fabric Softener 4.4 L  
reg 7.49

SAVE \$1.02  
**377**

Compliments Disinfecting Wipes 75 pk  
reg 4.99



SAVE \$1.02  
**247**

Compliments All-Purpose Reusable Cloths 15 pk  
reg 3.77



SAVE \$1.02  
**597**

Compliments Garbage Bags 20-40 pk  
reg 6.99-7.99



SAVE \$1.02  
**197**

Compliments Parchment Paper 35 ft  
reg 3.29

SAVE \$1.02  
**397**

Compliments Foil Wrap 100 ft  
reg 4.99

SAVE \$1.02  
**397**

Compliments Freezer Bags 30 pk  
reg 5.99

100 PTS when you buy 1  
That's like \$1 toward your groceries

**BEST BUY EVERYDAY**



**\$5**

Best Buy Bathroom Tissue 12-24 rolls

12=24

100 PTS when you buy 1  
That's like \$1 toward your groceries

SAVE \$1  
**\$5**



Best Buy Paper Towels 6 pk  
reg 6.00

MAKE YOUR DOLLAR GO FURTHER WITH THESE GREAT ITEMS





Find more value every day



SAVE UP TO 50¢  
**547**

Compliments  
Cheese Bars 400 g  
Compliments  
Shredded Cheese  
226-320 g  
reg 5.67-5.97



SAVE 50¢  
**247**

Compliments  
Watermelon  
Beverage or  
Lemonade 1.75 L  
reg 2.97



SAVE \$1.02  
**1097**

Compliments  
Hot Chocolate Mix  
1.8 kg  
reg 11.99



**499**

Compliments  
Sparkling Water 12x355 mL  
Compliments  
Soft Drinks 12x355 mL



**147**

Compliments Pudding 4 pk



SAVE \$1.99  
**897**

Compliments  
Avocado Oil  
500 mL  
reg 10.77



**197**

Compliments  
Pasta Sauce 680 mL  
reg 2.19



SAVE 72¢  
**227**

Compliments  
Snack Crackers  
200-225 g reg 2.99



SAVE 82¢  
**497**

Compliments  
Grape Jelly or  
Pure Jam  
500 mL  
reg 5.49



SAVE \$1.02  
**447**

Compliments  
Ice Cream 1.5 L  
reg 5.79



SAVE 82¢  
**347**

Compliments  
Frozen Entrées 300 g  
reg 3.99



# FLAVOURS OF LOHRI

**3<sup>99</sup>**  
 Red Onions 3 lb  
 Product of Canada  
 Canada No. 1  
 1.36 kg

**1<sup>99</sup>**  
 Bunch Spinach  
 Product of USA or Mexico

**99¢**  
 Cilantro Bunch  
 Product of Mexico or USA

**SAVE \$4**  
**12<sup>97</sup>**  
 India Gate Basmati Rice  
 4.54 kg reg. 16.97

**SAVE 50¢**  
**2<sup>47</sup>**  
 Surati Salty Snacks 250-341 g  
 Selected Varieties  
 reg. 2.97

**SAVE 50¢**  
**3<sup>97</sup>**  
 Deep Mango Pulp 850 g  
 reg. 4.47

**SAVE \$2**  
**12<sup>97</sup>**  
 Qilla Premium Basmati Rice 4.54 kg  
 reg. 14.97

**SAVE \$1**  
**8<sup>97</sup>**  
 Hunter Bee Natural Honey 1 kg  
 reg. 9.97

**SAVE 50¢**  
**2<sup>47</sup>**  
 Rubicon Classic Juice 1 L  
 Selected Varieties  
 reg. 2.97

**SAVE \$1**  
**4<sup>27</sup>**  
 Teja Gachak 400 g  
 reg. 5.27

**SAVE \$1**  
**4<sup>97</sup>**  
 Teja Roasted Peanuts with skin 800 g  
 reg. 5.97

**SAVE 50¢**  
**1<sup>47</sup>**  
 Parle-G Biscuits 300 g  
 reg. 1.97

**SAVE 50¢**  
**2<sup>77</sup>**  
 Swad Saag 800 g  
 reg. 3.27

**SAVE \$1**  
**8<sup>97</sup>**  
 Nanak Milk Cake 400 g  
 reg. 9.97

**SAVE \$1**  
**9<sup>97</sup>**  
 Nanak Rasmalai 850 g  
 Selected Varieties  
 reg. 11.47

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



# LUNAR NEW YEAR DEALS



Honey Pomelo  
4 pk Case  
Product of China

**13<sup>99</sup>**



Yellow Asian Pears Case  
Product of China  
Fancy Grade

**10<sup>99</sup>**



Orchids  
5" Deco Pot

**19<sup>97</sup>**



Money Trees  
5" Deco Pot

**12<sup>97</sup>**



Angus Beef Inside  
Round Stir Fry  
Cut from Canada AAA or  
Higher \$1.94/kg

**14<sup>49</sup>**



Sliced Pork Belly  
15.41/kg

**6<sup>99</sup>**

 <p>SAVE \$1<sup>99</sup></p> <p><b>4<sup>88</sup></b></p> <p>Asian Choice Buns 510 g Selected Varieties reg. 5.97</p>	 <p>SAVE \$1<sup>99</sup></p> <p><b>4<sup>98</sup></b></p> <p>Siwin Taiwanese Style Pork Sausage 375 g reg. 6.97</p>	 <p>SAVE \$2<sup>99</sup></p> <p><b>3<sup>88</sup></b></p> <p>Siwin Dumplings or Potstickers 454-500 g Selected Varieties reg. 5.97</p>	 <p>SAVE \$2<sup>99</sup></p> <p><b>18<sup>88</sup></b></p> <p>Kokuho Rice 5 kg reg. 20.97</p>
 <p>SAVE \$1<sup>99</sup></p> <p><b>8<sup>98</sup></b></p> <p>Maggi Liquid Seasoning 800 mL reg. 10.97</p>	 <p>SAVE 99¢</p> <p><b>2<sup>98</sup></b></p> <p>Lee Kum Kee Hoisin Sauce 443 mL reg. 3.97</p>	 <p>SAVE \$1<sup>99</sup></p> <p><b>3<sup>48</sup></b></p> <p>Kikkoman Marinade Teriyaki Sauce 296 mL reg. 4.97</p>	 <p>SAVE 99¢</p> <p><b>5<sup>98</sup></b></p> <p>Ilkim Mat Cabbage Kimchi 500 g reg. 6.97</p>
 <p>SAVE 99¢</p> <p><b>4<sup>98</sup></b></p> <p>Aroy-D Coconut Milk 100% 1 L reg. 5.97</p>	 <p>SAVE 79¢</p> <p><b>3<sup>48</sup></b></p> <p>Kikkoman Panko Bread Crumbs 227 g reg. 4.27</p>	 <p>SAVE \$1<sup>99</sup></p> <p><b>6<sup>98</sup></b></p> <p>A-Sha Noodle 475 g Selected Varieties reg. 8.97</p>	 <p>SAVE 99¢</p> <p><b>2<sup>98</sup></b></p> <p>Chen Ke Ming Udon or Ramen Noodles 800 g reg. 3.47</p>
 <p>SAVE 99¢</p> <p><b>5<sup>48</sup></b></p> <p>ETE Frozen Dessert Bar 4x65-75 g Selected Varieties reg. 6.47</p>	 <p>SAVE 99¢</p> <p><b>3<sup>48</sup></b></p> <p>Bourbon Soy Bean Wafer 122 g reg. 4.47</p>	 <p>SAVE 99¢</p> <p><b>2<sup>98</sup></b></p> <p>Sinbao Star Crispy Rolls 600 g Selected Varieties reg. 3.97</p>	 <p>SAVE \$1<sup>99</sup></p> <p><b>3<sup>48</sup></b></p> <p>Aroi Coconut Crispy Rolls 60 g Selected Varieties reg. 4.47-4.97</p>
 <p>SAVE 99¢</p> <p><b>1<sup>88</sup></b></p> <p>Suntory Oolong Tea Sugar Free 500 mL reg. 2.47</p>	 <p>SAVE 99¢</p> <p><b>3<sup>98</sup></b></p> <p>Coco Buri Coconut Water 1 L reg. 4.97</p>	 <p>SAVE 99¢</p> <p><b>5<sup>48</sup></b></p> <p>Kirin Milk Tea 1.5 L reg. 6.47</p>	 <p><b>1<sup>98</sup></b></p> <p>Wahaha Yogurt Flavoured Drink 400 mL reg. 2.47</p>

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY STORE.



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# TAX BREAK

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**On select items in store\***

- ✓ **Snacks and beverages**, including chips and carbonated water
- ✓ **Baked goods**, including cakes, muffins and pies
- ✓ **Prepared foods**, including sandwiches and ready to eat options

**LEARN MORE**

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\*Restrictions apply. Selection varies by store. Not all department items are included in tax break. Federal and provincial tax break may vary by province. Valid on qualifying goods from December 14, 2024 - February 15, 2025.



# GET TO **FREE** GROCERIES FASTER

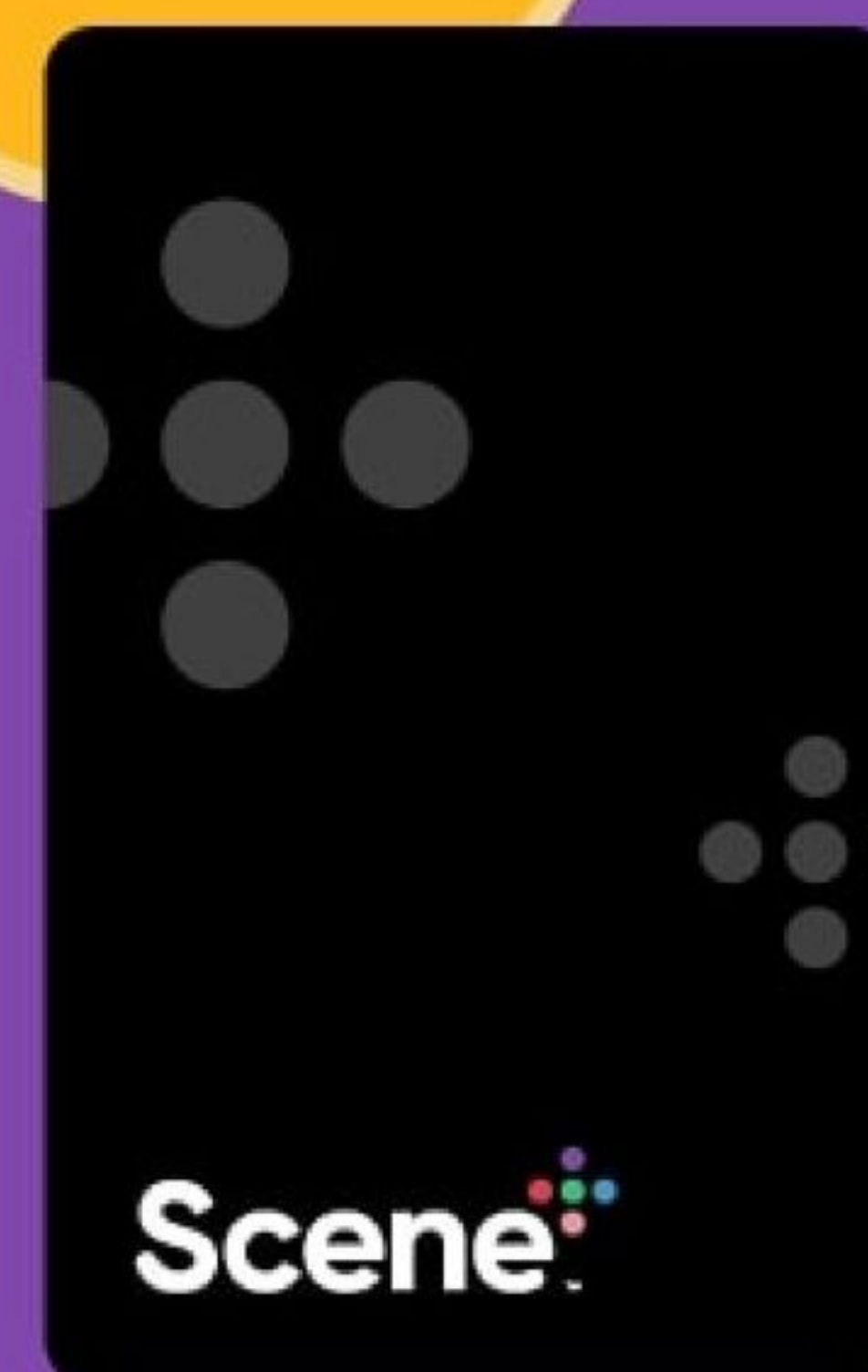
when you scan your **Scene+ membership card** and  
pay with your **Scotiabank® Scene+™ Visa\* Card**.

**APPLY NOW**

**GET 2  
SCENE+ PTS  
ON EVERY  
\$1 SPENT<sup>2</sup>**



**1000 pts  
= \$10 in  
groceries<sup>^</sup>**



<sup>^</sup>1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.  
<sup>2</sup>Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.  
See full list of participating merchants across Canada at [scotiabank.com/participatingstores](https://scotiabank.com/participatingstores).  
\*Visa Int. / Licensed user.



# Enjoy SWEET POTATO-CREAM CHEESE TRISCUIT TOPPERS with Wholesome and Whole Grain Crackers



**\$3.69**  
TRISCUIT 180-200g  
**200 PTS**  
when you buy any 2



**GET RECIPE**





**More fruit  
More fun**



**14<sup>97</sup>**

FRUIT CUPS  
20 x 107 mL/112 mL  
Selected Varieties

**2<sup>97</sup>**

FRUIT CUPS  
4 x 107 mL/112 mL/125 g  
Selected Varieties

↪ **Try a snack filled with goodness**