

≡ OUR BIGGEST SALE OF THE YEAR! ≡

33% **Sale** **OFF** **All Vitamins**
and Body Care

get your greens



collagen boost




pure glow



33% OFF
All Vitamins
and Body Care
January 8-14

FRESH THYME
MARKET



JOIN US
SATURDAY
JAN 11TH
11AM-2PM
Toast to 2025 at our
**NEW YEAR
OPEN HOUSE**
samples • raffles • activities

and pick up this ONE DAY
MyThyme deal



**STRAWBERRIES
2LB 3⁹⁹
SATURDAY
ONLY
LIMIT 1**

Clip this digital coupon before checkout in the app
or at checkout to receive these savings.



2⁹⁹

Clementines 2lb Bag,
Cara Cara, Heirloom or
Raspberry Oranges 3lb Bags



5⁹⁹


Pier 33
Premium Select Coho
Salmon Fillets
while supplies last, no rainchecks



99¢
Mangos 10ct case
7.99



3.99
full dry pint



1.99LB
Michigan Grown
Honeycrisp or
Sweetango Apples
sold in tote bags



2.99
6 ct bag



3.49LB



2/⁵⁷
Fresh Express Chopped
Salad Kits 9.1-13 oz



2/⁵⁴
Organic Whole White or
Baby Bella Mushrooms
8 oz



2.99
Organic Bunch Broccoli
or Cauliflower



8.99LB



4.99LB
Deli Style
Thick Sliced Bulk Bacon
hardwood, applewood or peppered, sold in
3 lb or more packages



2/⁵¹⁰
Honest Turkey
93% Lean Ground
Turkey
16 oz



6.99LB
Icy Ocean
Jumbo 16/20 ct or
Large 21/25 ct Peeled and
Deveined Argentine Red Raw
Shrimp
sold in 2 lb bag for \$13.98



25% OFF
all nutritional bars



4.99
Milk
Organic Plant-Based
Almond or Oat Milk
28 oz



2/⁵³
Icelandic Provisions
Skyr Yogurt
4.4, 5.3 oz



2/⁵⁹
Simple Mills
Crackers
4-4.25 oz



6.99
Rao's
Homemade Pasta
Sauce
24 oz



2/⁵⁸
Waterloo
Sparkling Water
8 pk, 12 oz



4.99
Dr Praeger's
Frozen Burgers
8-10 oz

100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

Refresh. Reset. Reimagine.

Cooking Class with Dietitian Meghan

Meghan will show you how to prepare PB&J Overnight Oats!

Thursday, Jan 9th, 6-6:30pm CT

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Exclusive MyThyme Member Offer

\$2 off Fresh Thyme freshly
ground peanut butter



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Certified Angus Beef® Boneless Chuck Roast **6.99LB**



Hatfield Marinated Pork Loin Filets or Tenderloins **BOGO** 18.4-22 oz



Pardus Simply Smart Organic Breaded Crispy Strips, Nuggets or Tenders **8.99** 15-24 oz



Northern Chef Shrimp or Calamari Appetizers **2/\$10** 9-10 oz quantities less than 2 are \$5.99



Panera Soup **3.99** 16 oz



Fresh Thyme Shredded Cheese **2.99** 8 oz



Alyssa Oatmeal Bites **2/\$12** 5-6 oz



Hero Bread or Hawaiian Rolls **20% OFF** 13 - 19.5 oz



Boar's Head Tavern Ham **8.99LB**



Boar's Head Golden Classic Chicken Breast **9.99LB** Boar's Head Yellow Or White American Cheese.....6.99LB



Petal Talk Bouquet **9.99**



4.5" Blooming Plants in PC **4.99**



Brew Dr. Organic Kombucha **3/\$6** 14 oz quantities less than 3 are regular retail



Vollfe Plant-Based Cheese **4.99** 5.29-8 oz



Blue Zones Kitchen Frozen Meals **4.99** 8-9 oz



Just Egg Folded Plant-Based Eggs **4.99** 4 ct



Celsius Energy Drink **3/\$5** 12 oz quantities less than 3 are regular retail



Hippeas Puffs **2/\$6** 4 oz



Seven Sundays Protein Oats **6.99** 16 oz



Righteous Felon Jerky **2/\$9** 2 oz



Jovial Organic Pasta **2/\$8** 12 oz Jovial Mac & Cheese 6 oz.....2/\$8



Rao's Soup **2/\$8** 16 oz

Refresh. Reset. Reimagine.

Cooking Class with Dietitian Meghan

Meghan will show you how to prepare PBBJ Overnight Oats!

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We reserve the right to correct pricing errors. Not all items available in all stores. Bottle deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state laws. MN and KY: available in Hops and Grapes liquor store locations only. PA: max of 192 fl. oz. of beer and 3,000 mL of wine can be purchased at any one time.

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2 oz



2.99
12 oz



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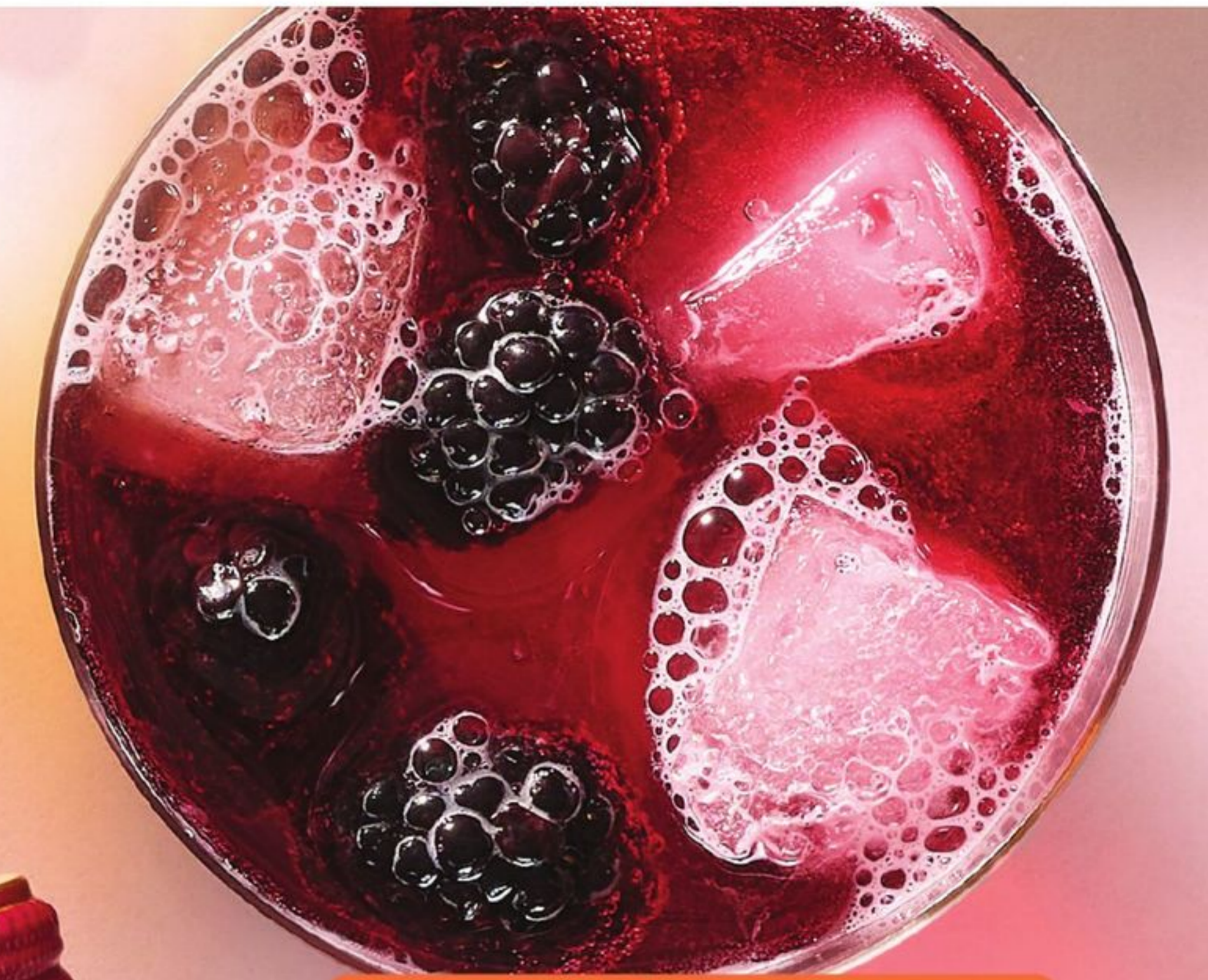
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Organic Superfood
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4 pk, 4.22 oz **6.99**



Field Roast Chao
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Plant-Based Sliced or
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Catalina Crunch
Snack Mix or Cookies
5.25-6 oz **5.99**



Crunchmaster
Crackers
3.54-4 oz **2/57**



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Plantain Chips **3/56**
5-6 oz
quantities less than 3 are regular retail



Siete
Grain Free Puffs **2/57**
4 oz



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Sparkling Energy Drinks
with Benefits **2/54**
12 oz



Roar
Organic Enhanced
Hydration Beverage **2/54**
18 oz



Vita Coco
Coconut Water **2/58**
33.8 oz



Eternal
Alkaline Spring Water **2/57**
2.5 L



Banza
Chickpea Pasta or
Mac & Cheese **2/56**
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Plant-Based
Superfood Pasta Sauce **9.99**
16 oz



It's Skinny
Pasta **2/56**
9.52 oz



Bonafide
Organic Broth **2/57**
32 oz



Impossible
Ground Burger **7.99**
12 oz



Beyond Meat
Breakfast Sausage **5.49**
6 pk



Omni
Plant Based Bao Buns **4.99**
7.05 oz



Sambazon
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Smoothie Bowl **3.99**
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Conquer Dry January!



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WINE



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visit your local store to check out what non-alcoholic options are available

Meet ^{***} *Meghan

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REGISTERED DIETITIAN**

Send your nutrition questions
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Glow from Within

Winter wreaks havoc on our skin and there are plenty of different products and tips to help aid dry skin from the inside out. As a dietitian, I'm a firm believer that glowing, healthy skin starts with a combination of a nourishing diet and a smart skincare routine.

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~~meat~~ more fish.

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**8X LESS
GREENHOUSE GASSES
THAN BEEF**

**SMALL
FARMS
THAT CARE**

