

SPROUTS[®]
FARMERS MARKET



DEALS

OF THE MONTH

JANUARY 2025



Offers valid January 1-28, 2025 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.

NEW FOR YOU
EXCLUSIVELY
AT SPROUTS

Sprouts Organic Pasture Raised Eggs
 Large, brown, grade A, 24 ct.



\$11.99 /EA.

Everyday low price

Applegate Chicken or Turkey Breakfast Sausage Links
 No steroids or antibiotics, ever! 16 oz.



\$13.99 /EA.

Snack N Waffles Frozen Stuffed Waffles
 Select varieties, 4 ct.



\$6.99 /EA.

Slate High Protein Iced Coffee
 Select varieties, 11 fl. oz.



2 for \$6
 +CRV in CA

Ina by Ayéya Bar Soap, Bath Bomb or Salts
 Select varieties, 4.5-24 oz.



\$5.99-\$9.99 /EA.

Sprouts Organic Sliced Sourdough Bread
 Select varieties, 24 oz.



\$6.99 /EA.

Everyday low price

Sprouts Brownies or Brookies
 Select varieties, 7.5-10.5 oz.



\$6.99 /EA.

Everyday low price

FUELING WOMEN'S HEALTH



Discover delicious, nourishing brands powering women's wellness at every stage of the game.

POWHERed
by SPROUTS

CREAMY,
DREAMY & VEGAN

POWERED BY BIOTIN,
COLLAGEN AND
ANTIOXIDANTS



ZERO SUGAR
FORMULA AVAILABLE!



HEART LOVE,
BOTTLED FRESH

ENDORPHIN ELEVATION,
UNLOCKED!



BEST OF THE
ZING & ZEST



SUPPORTS HORMONAL
BALANCE DURING
MENOPAUSE



YOUR FIBER-PACKED
SMARTY-PANTS
SNACK



PROMOTES
WELLNESS DURING
YOUR MONTHLY CYCLE



LEARN MORE

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
*Contains a small amount of naturally-occurring sugar expressed as 0 g of total sugar per 2-gummy serving per U.S. Food Labeling Regulation.

FUEL YOUR FITNESS GOALS & DAILY WELLNESS

LEARN MORE



KACHAVA®

The all-in-one shake to nourish your body & mind

SIMPLIFY YOUR NUTRITION

poppi

Pop the top on bubbles with benefits

PREBIOTICS



LOW SUGAR



MUSH

Clean ingredients. Great energy.

NO ADDED SUGAR

GLUTEN-FREE

HERO™ BREAD

Seed-sational flavor in
each low-carb slice

HEALTHY
STARCH



HIGH FIBER



GREAT SNACK
FOR KIDS

ORGANIC

Stonyfield ORGANIC

Shake, open, and sip.
No spoon needed.

siggi's®

Thick, protein-rich yogurt,
true to Icelandic tradition

NOTHING
ARTIFICIAL



SIMPLE
INGREDIENTS



NON-GMO

AUTHENTIC
HERBS & SPICES

SPICE7 HUNTER

Add a dash of
flavor to every dish

LAIRD SUPERFOOD.

Elevate your morning routine

SIMPLE
INGREDIENTS



NON-GMO

egglife

Wrap up meals with egg whites, not flour



PROTEIN-RICH



Bear hug the day with ongoing energy



WHOLE GRAINS



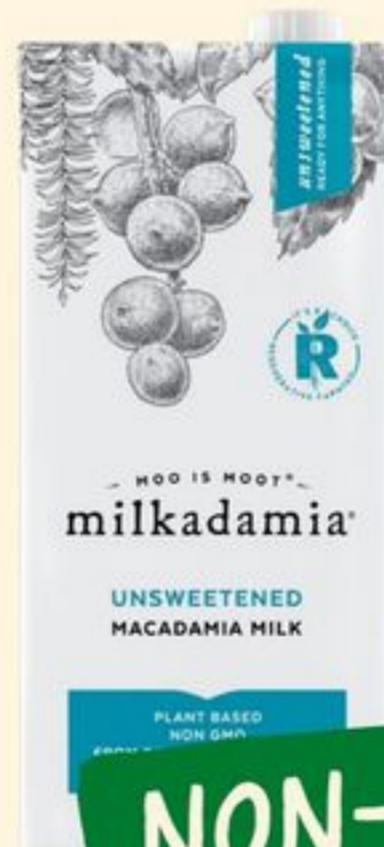
Instant ramen, made good for you



HIGH PROTEIN

MOO IS MOOT® milkadamia®

Taste the macadamia difference



NON-GMO

suja ORGANIC

Cold-pressed juices, from fresh fruits & veggies



PLANT-BASED

EXPLORE WHOLESOME STAPLES

Bring delicious & nutritious options to your breakfast bowl or snack pack.



SPROUTS[®] FARMERS MARKET

Grab these little omega-3 heroes and get all the benefits without the shells!

[SHOP NOW](#)



The O you know is nutritious & delicious with 19 g. of whole grains!

[SHOP NOW](#)



Naturally as sweet as can be, pitted for easy popping and packing a prebiotic punch!

[SHOP NOW](#)

BULK PRO TIP:

Bring your own containers for your bulk buys! We'll weigh them before you fill them & you can go from shop to shelf without the packaging.

ONE CONTAINER, FROM SHOP TO SHELF!

A reusable jar for your bulk buys is a win for you & a win for Mother Nature.

STORAGE JARS

Pint, quart, half-gallon or gallon

15% OFF
regular retail



NATURAL DELIGHTS DATES

Select varieties, 24-32 oz.



Superfood in a sweet disguise
Picked at the peak of ripeness
Grown along the Colorado River

\$11.99 /EA.

SPROUTS CORNBREAD & MUFFIN MIX

36 oz.



Made with real ingredients
Lightly sweetened with sugar cane
Non-GMO verified

\$7.99 /EA.
Everyday low price



LAIRD SUPERFOOD INSTANT LATTE

0.9 oz.



Sweet & creamy with an adaptogen lift
4 revered functional mushrooms inside
Just add hot water!



BUY ONE, GET ONE
FREE
of equal or lesser value

GET THE PROTEIN YOU NEED IN A FLAVOR YOU'LL LOVE

Slate's Lactose-Free High Protein Milk Shakes
fit deliciously into your daily routine!



Slate's Classic Chocolate Shake is
smooth, creamy and delicious.

20 g. of protein,
1 g. sugar and
only 100 calories



Essential vitamins
and electrolytes
inside



Made with real
ultra-filtered
milk

Get the creamy goodness of
vanilla ice cream with a powerful
serving of protein in Slate's
French Vanilla Shake.



All natural
ingredients

LEARN MORE

Make meeting your protein needs a treat!
Find the Slate High Protein Shake for you.

TAKE A CULINARY JOURNEY TO INDIA

Taste the Bold Flavors of Indian Cuisine – Ready in Minutes!



Authentic Indian flavors are at your fingertips with ready-to-eat dishes that bring the tastes of India to your table, fast and easy.

LEARN MORE



Taste the culinary magic of Punjab! This sauce is rich, velvety and filled with the flavors of Northern India.

Chickpea slow simmered in creamy tomato sauce with corn & carrots makes a hearty meal in minutes.



India's most quintessential dish! Made with Basmati rice, vegetables & traditional Indian spices.



The fluffiest foundation for your Indian meal! Aromatic organic Basmati rice with turmeric, ghee & spices.

Slate
High Protein Iced Coffee
 Select varieties, 11 fl. oz.



2 FOR \$6
 +CRV in CA

Orgain
Nutritional Shakes
 Select varieties, 11 fl. oz. or 4 pk.



BUY ONE. GET ONE 50% OFF
 regular retail of equal or lesser value

Zum
Laundry Soap or Dryer Balls
 Select varieties and sizes



20% OFF
 regular retail

No Cow
Protein Bars
 Select varieties, 2.12 oz.



2 FOR \$5

The Honest Kitchen
 All Items



BUY ONE. GET ONE 50% OFF
 regular retail of equal or lesser value

La Croix
Sparkling Water
 Select varieties, 8 pk., 12 fl. oz.



2 FOR \$9
 +CRV in CA

Halfday Iced Tea
 Select varieties, 12 fl. oz.



2 FOR \$4
 +CRV in CA

Smart Sweets
Caramels or Candy Chews
 Select varieties, 1.6 or 1.8 oz.



2 FOR \$6

Fond
Bone Broth
 Select varieties, 14 fl. oz.



\$9.99/EA.

BARNEY Butter
All Items



10% OFF
regular retail

NuTrail Granola
Select varieties, 8 oz.



BUY ONE. GET ONE FREE
of equal or lesser value

Edward & Sons Bouillon
Select varieties, 2.2-3.1 oz.



2 FOR \$5

Dr. Kellyann Soup or Bone Broth
Select varieties, 14.5 oz. or 16.9 fl. oz.



20% OFF
regular retail

Alter Eco Organic Chocolate Bars
Select varieties, 2.65-2.96 oz.



2 FOR \$7

Hippeas Chickpea Puffs
Select varieties, 3.75-4 oz.



2 FOR \$7

Banza
All Items



10% OFF
regular retail

Second Nature Trail Mix
Select varieties, 10-14 oz.



15% OFF
regular retail

Magic Spoon Breakfast Bars or Cereal
Select varieties, 5.6 or 7 oz.



15% OFF
regular retail

Pukka Organic Boxed Tea
Select varieties, 20 ct.



\$5.99 /EA.

Honey Stinger
All Items



20% OFF
regular retail

Fresh Press Farms
All Items



20% OFF
regular retail

Once Again
All Items



15% OFF
regular retail

Barbara's Cereal
Select varieties, 10-14 oz.



2 FOR \$9

Waiakea Alkaline Water 1Ltr.



2 FOR \$4
+CRV in CA

Cheddies Cheesy Crackers
Select varieties, 4.2 oz.



\$3.99 /EA.

Nixie Organic Sugar Free Soda
Select varieties, 12 fl. oz.



3 FOR \$5
+CRV in CA

Sun Tropics Mochi Snack Bites or Tapioca Pudding
Select varieties, 3.5 or 8 oz.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

California Olive Ranch Olive Oil, Marinades or Dressings
Select varieties and sizes



10% OFF
regular retail

Real Mini Cookie Poppers
Select varieties, 4.5 oz.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Naked & Saucy
All Items



\$6.99 /EA.

Mr. Bing Chili Crisp
Select varieties, 7 oz.



\$8.99 /EA.

**Bear Snacks
Fruit Rolls**

Select varieties,
5 pk., 0.7 oz.



\$3.99 /EA.

**Pirate's Booty
or Skinny Pop Popcorn**

Select varieties, 3.9-16.8 oz.



20% OFF
regular retail

**Lemon Perfect
Organic Hydrating
Lemon Water**

Select varieties,
15.2 fl. oz.



2 FOR \$3
+CRV in CA

**Fair & Square
Organic Crackers**

Select varieties, 4 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

**Ancient Harvest
Pasta or Polenta**

Select varieties,
8 or 18 oz.



20% OFF
regular retail

**NuttZo
Nut Butter**

Select varieties, 12 oz.



25% OFF
regular retail

**Three Wishes
Granola or Cereal**

Select varieties, 8 or 8.6 oz.



15% OFF
regular retail

**Clipper
Organic Tea**

Select varieties, 20 ct.



2 FOR \$8

**Hint
Infused Water**

Select varieties, 16 fl. oz.



4 FOR \$5
+CRV in CA

**Arrowhead Mills
Puffed Cereal**

Select varieties, 6 oz.



2 FOR \$7

**Mineragua
Sparkling Water**

9 pk., 12.5 fl. oz.



\$7.99 /EA.
+CRV in CA

**Bigelow
Boxed Tea**

Select varieties, 18-20 ct.



2 FOR \$7

**Gorgie
Sparkling Energy Drink**

Select varieties, 12 fl. oz.



2 FOR \$4
+CRV in CA

**Undercover
Quinoa Crisps**

Select varieties, 3 oz.



\$3.99 /EA.

Chomps

All Items



15% Off
regular retail

**Solely
Organic Fruit Gummies**

Select varieties, 5 pk., 0.7 oz.



2 FOR \$9

**Tessemae's Pantry
Organic Salad Dressing & Dip**

Select varieties, 10 fl. oz.



\$6.99 /EA.

**Highkey
Mini Cookies**

2 oz.



2 FOR \$7

**Izze
Sparkling Juice**

Select varieties, 6 pk., 8.4 fl. oz.



\$5.99 /EA.
+CRV in CA

Cerebelly Organic Baby Puree Pouches or Smart Bars



Select varieties, 4 or 4.2 oz.



2 FOR \$6

The Ryl Co. Tea



Select varieties, 16 fl. oz.



2 FOR \$4
+CRV in CA

Country Archer Bagged Jerky



Select varieties, 5-8 oz.



\$13.99 /EA.

Cobram Estate Extra Virgin Olive Oil



Select varieties, 12.7-33.8 fl. oz.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Bundle x Joy Superfood Stew for Dogs

Select varieties, 11 oz.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Veggiecraft Farms Alternative Pasta



Select varieties, 8 oz.



2 FOR \$6

Maya Kaimal

All Items



25% Off
regular retail

Seventh Generation Cleaning Essentials

Select varieties and sizes



10% OFF
regular retail

Honest Kids Organic Juice

Select varieties, 48-59 fl. oz.



2 FOR \$8
+CRV in CA

Flock Chicken Skin Crisps

Select varieties, 2.5 oz.



\$5.99 /EA.

**Justin's
Almond, Hazelnut or
Peanut Butter**

Select varieties, 1.15-28 oz.



**Mooala
All Items**



**EPIC
Pork Rinds,
Meat Bites or Strips**

Select varieties, 0.8-2.5 oz.



**Aura Bora
Sparkling Water**

Select varieties, 12 fl. oz.



**Nature Nate's
Honey**

Select varieties, 12-32 oz.



**Go Raw
All Items**



**Tazo
Organic Boxed Tea**

Select varieties, 16 ct.



**Kettle Brand Potato Chips
or Late July Tortilla Chips**

Select varieties, 13 or 14.75 oz.



**Kate's Real Food
Organic Nutrition Bars**

Select varieties, 2.2 oz.



2 FOR \$4

**Culture Pop
Probiotic Soda**

Select varieties, 12 fl. oz.



2 FOR \$4
+CRV in CA

**Yo Mama's Foods
Pasta Sauce**

Select varieties, 25 oz.



\$4.99 /EA.

Near East

All Items



2 FOR \$6

Carapelli

All Items



\$15.99 /EA.

**Allergy Smart
Cookies**

Select varieties, 5 pk.



2 FOR \$7

**Spudsy
Sweet Potato Poppers**

Select varieties, 4 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

**Kodiak Cakes
Flapjack & Waffle Mix**

Select varieties, 16-20 oz.



\$6.49 /EA.

**Wasa
Swedish Style
Crispbread**

Select varieties, 9.5-9.7 oz.



\$3.99 /EA.

**Body Armor
Sports Drink**

Select varieties, 16 fl. oz.



4 FOR \$5
+CRV in CA

One Degree
All Items



20% OFF
regular retail

Munk Pack
Keto Nut & Seed Bars
Select varieties, 1.23 oz.

KETO



3 FOR \$5

SunButter
Sunflower Butter
or On the Go Cups



Select varieties, 16 oz.
or 6 pk., 1.5 oz.



25% OFF
regular retail

Lakanto
All Items



25% Off
regular retail

Rishi Tea
Everyday Matcha Powder
1.05 oz.



\$8.99 /EA.

Blume
SuperBelly
Hydration Powder
Select varieties, 7 pk.



\$12.99 /EA.

4505 Meats
Chicharrones
Fried Pork Rinds
Select varieties, 3 oz.

GF



2 FOR \$7

From the Ground Up
Cauliflower Crackers
or Pretzels
Select varieties,
4 or 4.5 oz.

GF



2 FOR \$6

4th & Heart
Ghee Butter
Select varieties, 9 oz.

GF



\$10.99 /EA.

SPROUTS FROZEN FRUIT



Captured peak flavor
Non-GMO & ready to go
For oatmeals, pies or smoothies!



Select varieties, 32 oz.
\$8.99/EA.

**Sweet Nothings
Frozen Açai Bowls**
Select varieties, 6 fl. oz.



2 FOR \$6

**Evive
Frozen Smoothie Cubes**
Select varieties, 9.52-10.58 oz.



\$4.99/EA.

**Pitaya Foods
Frozen Passion Fruit
Pieces or Ginger+Lime
Turmeric Cubes**
12 oz.



\$4.99/EA.

**Stahlbush Island Farms
Frozen Fruit**
Select varieties, 10 oz.



\$4.99/EA.

**Stahlbush Island Farms
Frozen Raspberries**
10 oz.



\$5.99/EA.

**Live Pure
Organic Frozen
Smoothie Cubes**
Select varieties, 10 oz.



\$6.99/EA.

**Wyman's
Frozen Mango Chunks
or Strawberries**
3 lbs.



\$10.99/EA.

Wyman's Frozen Fruit or Fruit Blends

Select varieties, 3 lbs.



\$13.99 /EA.

Wyman's Frozen Triple Berry Fruit Blend

3 lbs.



\$14.99 /EA.

Jack & Annie's Frozen Breakfast Sandwiches

Select varieties, 3.7-3.85 oz.



2 for \$6

Mason Dixie Frozen Breakfast Sandwiches

Select varieties, 2 ct.



\$4.99 /EA.

Just Egg Frozen Eggs From Plants

4 pk., 2 oz.



\$5.99 /EA.

Brazi Bites Gluten-Free Frozen Waffles

Select varieties, 6 ct.



\$4.99 /EA.

Deep Indian Kitchen Frozen Street Wraps

Select varieties, 5 oz.



2 for \$7

Fueled By Choice Frozen Stuffed Sandwiches

Select varieties, 2 pk.



\$4.99 /EA.

Urban Pie Pizza Co. Frozen Mini Calzones

Select varieties, 8 oz.



\$5.99 /EA.

SunButter Frozen Sunflower Butter & Jelly Sandwiches

Select varieties, 4 pk., 2 oz.



\$6.99 /EA.

**Actual Veggies
Frozen Super Fries**

Select varieties, 14 oz.



\$5.99 /EA.

**Atlantic
Sea Farms Frozen
Ready-to-Eat Kelp**

2 ct., 6 oz.



\$5.99 /EA.

**Stahlbush
Island Farms
Frozen Vegetables**

Select varieties, 10 oz.



2 FOR \$7

**Laoban
Frozen Bao Buns**

Select varieties, 10 oz.



\$6.99 /EA.

**Siete
Grain Free
Frozen Tortillas**

Select varieties, 8 ct.



\$8.99 /EA.
Everyday low price

**Truly Simple
Grass-Fed Frozen Beef**

Select varieties, 10 oz.



\$9.99 /EA.

**Manini's
Delicious & Fresh
Frozen Mini Pizza
Crusts or Dough**

4 ct. or 16 oz.



2 FOR \$10

**Carbonaut
Frozen Not So Thin
Pizza Crust**

7.6 oz.



\$6.99 /EA.

**Blackbird
Frozen Pizza**

Select varieties, 14 oz.



\$7.99 /EA.

Porta Frozen Pizza

Select varieties, 14.3-17.6 oz.



\$9.99 /EA.

**Clo-Clo Delectably
Vegan Frozen Pizza or Crust**

Select varieties, 10.3-11.2 oz.



\$9.99 /EA.

**Urban Pie Pizza Co.
Frozen Pizza**

Select varieties, 16.7-22.05 oz.



\$9.99 /EA.

**Urban Pie Pizza Co.
Frozen Roman Style Pinzza**

Select varieties, 13-15.75 oz.



\$10.99 /EA.

**Omni Plant-Based
Frozen Meat-Style
Luncheon**

5 ct.



\$4.99 /EA.

**Dr. Praeger's
Frozen Veggie Burgers**

Select varieties, 4 pk.



\$4.99 /EA.

**Actual Veggies Frozen
Veggie Burgers**

Select varieties, 4 pk., 3 oz.



\$5.99 /EA.

**Jack & Annie's
Frozen Meat
Alternatives**

Select varieties, 7.8-10.1 oz.



2 FOR \$9

**Daring Frozen
Plant Chicken Pieces**

Select varieties, 8 oz.



\$5.99 /EA.

**PAOW! Plant-Based
Frozen Korean BBQ or
Not Just Philly Pieces**

8 oz.



\$5.99 /EA.

**Omni
Frozen Lion's Mane
Mushroom Steak**

7.05 oz.



\$6.99 /EA.

**NotCo Frozen
NotChicken Patties or
Tenders**

12 oz.



\$6.99 /EA.

Rao's Made For Home Frozen Entrées

Select varieties, 8.4-9.5 oz.



\$4.49 /EA.

Konscious Frozen Kimbap Korean Veggie Rice Roll

8 pieces



\$4.99 /EA.

Purple Carrot Frozen Bowls

Select varieties, 10.75 oz.



\$4.99 /EA.

Scott & Jon's Frozen Rice or Pasta Bowls

Select varieties, 8 or 9.6 oz.



\$4.99 /EA.

CedarLane Frozen Protein Bowls

Select varieties, 10 oz.



\$5.99 /EA.

Konscious Frozen Alternative Onigiri

Select varieties, 2 ct.



\$5.99 /EA.

CedarLane Frozen Simply Plant Powered Entrées

Select varieties, 10 oz.



\$6.49 /EA.

Konscious Frozen Alternative Sushi or Poke Bowl

Select varieties, 8 ct. or 10.3 oz.



\$6.99 /EA.

Garcia Foods Frozen Al Pastor or Cilantro Lime Chicken

14 oz.



\$7.99 /EA.

Garcia Foods Frozen Pork Carnitas

14 oz.



\$8.99 /EA.

PuraVida Frozen Skillet Meals

Select varieties, 20 oz.



\$10.99 /EA.

**Once Upon A Farm Baby
Organic Frozen
Plant-Rich Meals**

Select varieties, 3.5 oz.



**Sprouts Organic
Frozen Lasagna**

Select varieties, 9 oz.



**Path of Life Frozen
Quinoa or Rice Blend**

Select varieties, 10 oz.



**Deep Indian Kitchen
Frozen Entrées**

Select varieties, 9-10 oz.



**Van Leeuwen
Ice Cream or Non-Dairy
Frozen Dessert**

Select varieties, 14 fl. oz.



**GoodPop
Frozen Bars or Sandwiches**

Select varieties, 4 pk., 2.25 fl. oz.



**Van Leeuwen
Frozen Novelties**

Select varieties, 3-4 ct.



**Van Leeuwen
French Ice Cream**

Select varieties, 32 fl. oz.



MEET SYNERGY'S CRISP & FLORAL 30TH—ANNIVERSARY KOMBUCHA

Wildflower is SYNERGY's special way of giving fans their flowers

Celebrate 30 years of kombucha magic with Wildflower!

SYNERGY
THE REAL KOMBUCHA

Infused with soul-soothing and body-calming ingredients like ashwagandha, lion's mane and elderflower, Wildflower is a limited-edition sip of gratitude to all who've joined SYNERGY's journey.

LEARN MORE

Lightly
floral and
deliciously
crisp



Real
fermentation for
weeks, not days

Billions of living
probiotics for
holistic healing

DESI NATURAL DAHI

ORGANIC WHOLE MILK YOGURT

That homestyle Dahi flavor!
Created in India, loved everywhere
Certified organic & non-GMO



32 oz.

\$6.99/EA.



LIVE

ORGANIC LIVING SODA

Rich, nostalgic flavors
No fake stuff!
9 strains of pre, pro and post-biotics



Select varieties, 12 fl. oz.

3 for \$5
+CRV in CA



JUNE SHINE

NON-ALCOHOLIC CLASSIC KOMBUCHA

Made with organic black tea & real fruit juice
Brewed in small batches
Prebiotics, probiotics and polyphenols, oh my!



Select varieties, 16 fl. oz.

2 for \$6
+CRV in CA



SUJA ORGANIC

PROTEIN DRINK

All organic with all day get up and go
Packing 16g of plant-based protein
23 nutrients & prebiotics in the mix



Select varieties, 12 fl. oz.

2 for \$8
+CRV in CA



REBBL

ORGANIC PLANT-POWERED PROTEIN DRINK

Plant-based protein at its most sustainable
Delicious & nutritious
Upcycled & non-GMO certified



Select varieties, 12 fl. oz.

2 FOR \$8
+CRV in CA

Remedy Organics Plant-Based Wellness Drinks

Select varieties, 12 fl. oz.



2 for \$7
+CRV in CA

Lifeway Grassfed Organic Kefir

Select varieties, 32 fl. oz.



\$5.99 /EA.

Stonyfield Organic Yogurt

Select varieties, 4 pk., 3.5 oz.



\$5.99 /EA.

Suja Organic Fruit Juice Drink

Select varieties, 32 fl. oz.



\$8.99 /EA.
+CRV in CA

Kevita Probiotic Refresher Sparkling Drink

Select varieties, 12 fl. oz.



2 FOR \$5
+CRV in CA

Rebbl Organic Elixir or Protein Drinks

Select varieties, 12 fl. oz.



2 FOR \$8
+CRV in CA

Chameleon Organic Cold-Brew Coffee Concentrate

Select varieties, 32 fl. oz.



\$8.99 /EA.

Malk Organic Almond or Oat Creamer or Malk

Select varieties, 16 or 28 fl. oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value
+CRV in CA

Bizzy Organic Cold Brew Coffee

Select varieties, 48 fl. oz.



\$6.29 /EA.
+CRV in CA

**Once Upon A Farm
Organic Oat Bars or Pouches**

Select varieties, 1.6-4 oz.



2 FOR \$5

**Alexandre Family Farm
A2/A2 100% Grass-Fed
Probiotic Kefir**

28 fl. oz.



\$6.49 /EA.

**Siggi's
Icelandic-Style
Skyr Yogurt**

Select varieties, 4.4-5.3 oz.



3 FOR \$4

**Siggi's
Protein Pack
Yogurt Pouch**

Select varieties, 4.5 oz.



2 FOR \$3

**Health-Ade
Kombucha**

Select varieties, 4 pk., 11.5 fl. oz.



\$9.99 /EA.
+CRV in CA

**Humm Probiotic
Kombucha**

Select varieties, 12 fl. oz.



2 FOR \$5
+CRV in CA

**Health-Ade
SunSip Soda With Benefits**

Select varieties, 11.5 fl. oz.



2 FOR \$4
+CRV in CA

Lightlife
Original Tempeh
8 oz.



\$3.79 /EA.

Big Mountain Foods
Lion's Mane
Mushroom Burgers
2 ct.



\$6.99 /EA.

Upton's Naturals
Bacon or
Traditional Seitan
5 or 8 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Miyoko's
Alternative Cream
Cheese or Butter
Select varieties, 8 oz.



\$4.79 /EA.

Super Coffee
Vanilla or
Sweet Cream Creamer
32 fl. oz.



\$4.99 /EA.

Elmhurst
Plant-Based
Oat Creamer
Select varieties, 16 fl. oz.



2 FOR \$8

Laird Superfood
Creamer
Select varieties, 25.4 fl. oz.



\$4.99 /EA.

Califia Farms
Alternative Creamer or Milk
Select varieties, 25.4 or 48 fl. oz.



\$4.99 /EA.
+CRV in CA

SPROUTS™

Cellar Picks

Selected by our in-house sommelier

APRÈS WINE

Light, Bubbly, Refreshing & Organic...
All in One Easy-to-Recycle Can!

ORGANICALLY DELISH

Après
ROSÉ

ROSÉ BUBBLES
LIGHT + BRIGHT



SPROUTS ORGANIC 85% LEAN GROUND TURKEY

Fresh, free-range, 32 oz.



Always fresh, never frozen
No added hormones or steroids
No antibiotics, ever!
Raised in the USA

10% Off
regular retail

Value pack

Godshall's Organic Uncured Turkey Bacon

No steroids or hormones added,
no added nitrates or nitrites, 8 oz.



\$7.49 /EA.

Impossible Made from Plants Burger Patties, Chicken Nuggets or Patties, Dinner Sausage or Meatballs

Select varieties, frozen, 8-14 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Teton Waters Ranch

All Items



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

WILD ALASKA SOCKEYE SALMON FILLETS

Responsibly sourced and high in omega-3 fatty acids, previously frozen



Wild, Natural & Sustainable

Responsibly sourced, of course
Omega-3 mega star!
Caught fresh—immediately frozen



\$13.99 /LB.

C.Wirthy & Co. Atlantic Salmon Fillets

Pre-seasoned, frozen,
select varieties, 10 oz.



\$9.99 /EA.

Next Wave Seafood

All Items



10% Off
regular retail

Fresh Black Garlic Marinated Barramundi Portions

Chef created recipe,
farm-raised, 6 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Available in the
service case

PRESSED

SIMPLE CLEANSE JUICE

12 fl. oz.

A daily dose of detox
Zesty blend of lemon, ginger, cayenne & more!
Natural way to kickstart your day



MAPLE WALNUT CRUNCH SALAD

Made with no antibiotics, ever turkey



Made with fresh, organic greens, delicata squash & no antibiotics ever turkey

GRILLO'S PICKLE DE GALLO, PICKLE CHIPS OR SPEARS

Select varieties, 14-32 fl. oz.

Sandwich Makers...fresh & flat for perfect sammie stacking
Hot Spears are all fired up with habanero and jalapeno
Hot Pickle de Gallo for some pucker with your pepper & onions

GF

20% Off

regular retail



SPROUTS TAMALES



Made from scratch and hand rolled
New recipe packs a flavorful punch!
Protein powerhouse with no gluten or MSGs

Sprouts
Cali Carver Turkey Sandwich
Made to Order only, 13 oz.



LIMITED TIME ONLY!

\$7.99 /EA.
Everyday low price

Plant Provisions
Veggie Slices
Select varieties, 5 oz.



\$6.99 /EA.

Nuts 4 Cheese
Creamy Cashew Dips
Select varieties, 7.4 oz.

GF



\$5.99 /EA.

SET YOUR BREAD CRAVINGS FREE

Get the Artisan Flavor without the Grain, Gluten & Guilt



THE GRAIN ESCAPE
GRAIN FREE GLUTEN FREE

Enjoy straight-from-the-bakery flavor of bread crafted with sensitive stomachs in mind.

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Easy on sensitive stomachs, made with non-GMO ingredients, and unapologetically fluffy!



Perfect for brunch, bagelwiches, and beyond, this plain bagel is the new foundation for your favorite toppings.



Seed studded with tons of hearty texture for a gloriously grain and gluten-free sandwich!



CARBONAUT TORTILLAS, BUNS OR BREAD

Select varieties, 7.4-19 oz.

Made with heart-healthy olive oil
Your keto amigo!
Low carb or no carb, always big bread flavor!



\$7.99/EA.

The Grain Escape Gluten Free Bagels or Bread

Select varieties,
11.6 or 18.6 oz.



BUY ONE. GET ONE FREE
of equal or lesser value

Hero Flour Tortillas

6 ct.



\$6.99/EA.

egglife Egg White Wraps

Select varieties, 6 ct.



\$6.99/EA.
Everyday low price

KETO
GF

Little Northern Bakehouse Gluten Free Buns or Bread

Select varieties, 11.3-17 oz.



\$6.49/EA.

**Bragg
Apple Cider Vinegar
Supplements**

Select varieties, 90 caps



20% OFF
regular retail

**Youtheory
GLP-1 Support or
Protein Powder**

Select varieties and sizes



15% OFF
regular retail

**Enzymedica
Fasting Today Drink Mix**

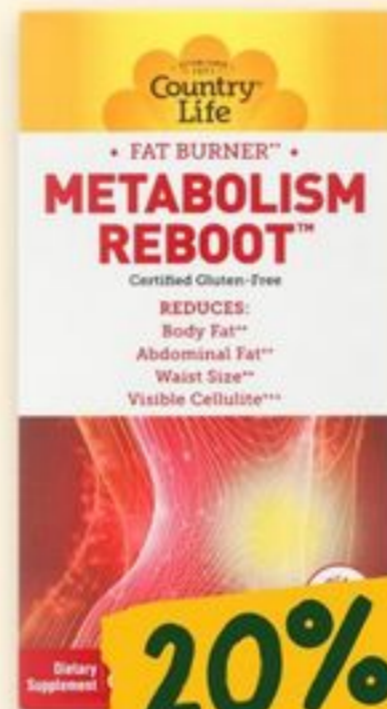
Pineapple, 9.31 oz.



20% OFF
regular retail

**Country Life
Metabolism Reboot**

60v-caps



20% OFF
regular retail

**Plant People
WonderBurn
Zero Sugar Gummies**

Ripe Mango, 60 count



25% OFF
regular retail

**Ayéya
African Black Soap Bar**

Select varieties, 4 oz.



20% OFF
regular retail

**Pacha Soap Co.
Bar Soap, Shower
Steamer or Salt Soak**

Select varieties, 4-32 oz.



20% OFF
regular retail

**Every Man Jack
Cold Plunge Bar Soap or
3in1 Body Wash**

Select varieties, 5 oz. or
28.8 fl. oz.



15% OFF
regular retail

**The Unscented Company
Body Wash**

16.9 fl. oz.



\$9.99 /EA.

PURE & HONEST

From cruelty-free and vegan to paraben-free and transparency in labeling, we offer a clean selection of body care for goodness you can feel!

WE STAND FOR:



Cruelty-free



Vegan



Sustainability



Transparency



WE SAY NO TO:



Parabens



Phthalates



Artificial colors



Synthetic fragrance

BURT'S BEES FACIAL CARE OR COSMETICS



Select varieties and sizes

Recyclable packaging
Naturally & responsibly sourced
40+ years of protecting the skin's moisture barrier

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Crafted from nourishing, plant-based ingredients
Cruelty-free, with no artificial colors
Made with recyclable packing

alba BOTANICA

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PACIFICA



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Formulas backed by science
100% vegan and cruelty-free
Made with nourishing, intentional ingredients

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Andalou Naturals Facial Care

Select varieties and sizes



15% OFF
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Dr. Bronner's Liquid Castile Soap

Select varieties, 16-32 fl. oz.



\$9.99-\$14.99 /EA.

Herbatint Touch Up or Hair Color

Select varieties, 0.33 oz. or 4.56 fl. oz.



\$15.99 /EA.

ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

MULTI-VITAMINS

Vital for growth, repair and optimal health.*

**MegaFood
Multivitamins**

Select varieties, 30-120 count

MegaFood
SINCE 1973



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regular retail

OMEGA-RICH OILS

Promotes healthy joint,
brain and heart function.*

**Nordic Naturals
Omega Rich
Supplements**

Select varieties and sizes

NORDIC NATURALS®



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regular retail

PROBIOTICS

Supports a healthy digestion and
immune system.*

**Ancient Nutrition
Probiotics**

Select varieties, 30-60 count

**ANCIENT
NUTRITION**



20% OFF
regular retail

SUPERFOODS

Helps to support overall health and
vitality, while balancing alkalinity.*

**Sunfood
Superfoods**

Select varieties, 4-8 oz.

Sunfood
SUPERFOODS



20% OFF
regular retail

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

BARLEAN'S



All Items

Emulsified for better bioavailability
30+ years of quality & innovation
Cold-pressed flax, sustainably sourced fish



20% OFF
regular retail

YOUTHEORY



All Items

Made with integrity, authenticity and quality

Committed to purity, potency and traceability

Support for every stage of life



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Eboost
All Items



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SmartyPants
All Items



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All Items



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Superior Source
All Items



Save up to
15% OFF
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Herbal ingredients to support your health from the ground up

Expertly formulated with clinically studied ingredients

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All Items

Made with high-quality ingredients

Blend of superfoods to support your best health

Your antioxidant defender!

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Organic India Supplements

Select varieties and sizes



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Liquid I.V.

All Items



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Sovereign Silver

All Items



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15% OFF
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MARY RUTH'S MULTIVITAMINS



Select varieties and sizes

Gentle on the stomach
Formulated for optimal absorption
Vegan



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regular retail

KOS ORGANIC SUPERFOOD PLANT PROTEIN POWDER

Select varieties, 34-38.5 oz.



20 grams of protein per serving
No soy, dairy or gluten here!



20% OFF
regular retail

Everydaze Essential Collagen Solution Jelly Sticks

Select varieties, 10 pk., 0.7 oz.



25% OFF
regular retail

Primal Kitchen Keto Collagen Latte or Fuel

Select varieties, 8.55-13.89 oz.



20% OFF
regular retail

HumanN Soft Chews Superbeets

60 chews



20% OFF
regular retail

Ka'Chava Nutrition Shake

Select varieties, 15.31 oz.



20% OFF
regular retail

Amazing Grass Greens Blend

Select varieties, 7.4-8.5 oz.



\$29.99 /EA.

SPROUTS FIZZY VITAMIN C DRINK MIX

Select varieties, 15 count



Great for on-the-go mixing
A tasty boost of vitamin C,
antioxidants & electrolytes
Vitamin rich & dissolves fast!

\$7.99/EA.

**Sprouts
Collagen Peptides
Powder Stick Pack**
0.35 oz.



4 FOR \$6

**Sprouts
Collagen Peptides Powder**
10 oz.



\$19.99/EA.

**Sprouts
Marine Collagen Powder**
7.8 oz.



\$29.99/EA.

**Sprouts
Whey Protein Powder
Single Pack**
Select varieties, 0.9 oz.



2 FOR \$5

**Sprouts
Whey Protein Powder**
Select varieties, 16 oz.



\$27.99/EA.

**Sprouts
Whey Protein Powder**
Select varieties, 32 oz.



\$42.99/EA.

**Sprouts
Vegan Protein Powder
Single Pack**
Select varieties, 1.09-1.13 oz.



2 FOR \$5

**Sprouts
Vegan Protein Powder**
Select varieties, 16-17.7 oz.



\$24.99/EA.

**Sprouts
Vegan Protein Powder**
Select varieties, 32-35.5 oz.



\$36.99/EA.