# FOOD LION

January 8 - January 14, 2025

Offers valid while supplies last.

## Shop our *best deals* of the week

YOU SAVE $2.50 LB

HOT SALE! MVP

**4.49 LB**

USDA CHOICE

Beef
**TOP ROUND LONDON BROIL**

W/O MVP Card $6.99 LB

HOT SALE! MVP

**2.99 LB**

Sold In 3 Lb. Pkg. - Fresh
**FOOD LION GROUND TURKEY**

W/O MVP Card Regular Retail

HOT SALE! MVP

**2.99 LB** Limit 2

Pork
**BABY BACK RIBS**

W/O MVP Card $4.99 LB

HOT SALE! MVP

**7.99 LB**

Freshly Sliced
**TASTE OF INSPIRATIONS TURKEY BREAST**
IN THE DELI

W/O MVP Card $9.99 LB

YOU SAVE $1.98 ON 2

HOT SALE! MVP

**2/$4**

6 Oz. Pkg.
**BLACKBERRIES**

W/O MVP Card $2.99 EA

HOT SALE! MVP

**69¢ EA**

W/O MVP Card 99¢ EA

**HASS AVOCADOS OR MANGOS**

HOT SALE! MVP

**2.99 EA**

5 Lb. Bag
**FOOD LION GOLD POTATOES**

W/O MVP Card $5.99 EA

HOT SALE! MVP

**99¢ EA**

W/O MVP Card $1.99 EA

**ICEBERG LETTUCE**

HOT SALE! MVP

**BOGO FREE**

W/O MVP Card Regular Retail
Single Item Half Price

12 Pack
12 Oz. Cans
Select Varieties
**7-UP OR CANADA DRY PRODUCTS**
LIMIT 4 FREE

6-10.75 Oz.
Select Varieties
**DORITOS TORTILLA CHIPS**
LIMIT 4 FREE

HOT SALE! MVP

**BOGO FREE**

W/O MVP Card Regular Retail
Single Item Half Price





HOT SALE! MVP

**BOGO FREE**

W/O MVP Card Regular Retail
Single Item Half Price

9.20 Oz.
Select Varieties
**TASTYKAKE BAGGED DONUTS OR SNACKS**

HOT SALE! MVP

**BOGO FREE**

W/O MVP Card Regular Retail
Single Item Half Price

6 Pack
16 Oz. Bottles
Select Varieties
**COKE PRODUCTS**
LIMIT 4 FREE

24 Pack
12 Oz. Bottles or Cans
Select Varieties
**MICHELOB ULTRA**

HOT SALE!

**21.99 EA**

18 Oz.
Select Varieties
**DUKE'S SQUEEZE MAYONNAISE**

HOT SALE! MVP

**3.99 EA**

W/O MVP Card $4.99 EA

6-8 Oz. - Select Varieties
**KRAFT CHUNK OR SHREDDED CHEESE**

HOT SALE!

**2/$5**

W/O MVP Card $3.88 EA

9.25-13 Oz. - Select Varieties
**MARIE CALLENDER'S BOWLS OR HEALTHY CHOICE DINNERS**

HOT SALE! MVP

**2/$5**

W/O MVP Card Regular Retail

HOT SALE! MVP

**8.99 EA**

W/O MVP Card $9.99 EA

16-28 Oz.
Select Varieties
**SEAPAK FROZEN SEAFOOD**

14.5-15 Oz.
Select Varieties
**CHEF BOYARDEE CANNED PASTA**

HOT SALE! MVP

**1.00 EA**

W/O MVP Card $1.58 EA

4-6 Oz.
Select Varieties
**YOPLAIT YOGURT**

MVP PRICED LOW EVERY DAY

**10/$7**

W/O MVP Card $9F EA

HOT SALE! MVP

**4/$12**

W/O MVP Card Regular Retail

8 Pack
16-16.9 Oz. Bottles
Select Varieties
**PEPSI PRODUCTS**

## MVP DIGITAL COUPON

load on app • web • in-store kiosk



HOT SALE! MVP

**14.99 EA**

W/ MVP Card Regular Retail

MVP Coupon **-3.00** EXP 1

6 Double Plus Rolls
Select Varieties
**BOUNTY PAPER TOWELS**

**11.99 EA**

W/ MVP Card EXTRA DISCOUNT EARNED

## MVP DIGITAL COUPONS

load on app • web • in-store kiosk



HOT SALE! MVP

**2/$6**

W/ MVP Card Regular Retail

MVP Coupon **-2.00** EXP 1

8.6-13.1 Oz.
Select Varieties
**KELLOGG'S SPECIAL K CEREAL**

**2/$4**

W/ MVP Card EXTRA DISCOUNT EARNED



HOT SALE! MVP

**9.99 EA**

W/ MVP Card Regular Retail

MVP Coupon **-2.00** EXP 1

18-31 Ct. Pods
or 83 Oz. Liquid
**TIDE**

31 Ct. Filings
or 88 Oz. Liquid
**GAIN**
Select Varieties

**7.99 EA**

W/ MVP Card EXTRA DISCOUNT EARNED

MVP PRICED LOW EVERY DAY & MVP HOT SALE!

ON ITEMS YOU BUY MOST OFTEN

OUR BEST WEEKLY MVP DEALS

1 ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVWH ZVWN ZVWR ZVWT 01/08/25

January

# earn rewards

## when you buy any of your favorites from

## Soda, Water, & Non-Refrigerated Juice and Condiments

SHOP&EARN MONTHLY REWARDS

Check Your Progress

# Always guaranteed *100% fresh* or *double* your money back

See foodlion.com for details

HOTSALE! MVP 5.49 LB
Ground Fresh Daily
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail



HOTSALE! MVP 4.99 EA
12-16 Oz. Pkg. Select Varieties
HORMEL BACON
W/O MVP Card Regular Retail

HOTSALE! MVP 8.99 LB
W/O MVP Card Regular Retail
BONELESS BEEF SIRLOIN OR SIRLOIN STRIP STEAK
CHOICE

HOTSALE! MVP 9.99 EA
W/O MVP Card Regular Retail
Fresh - Select Varieties
SCHWEID & SONS GOURMET BURGERS

HOTSALE! MVP 6.99 LB
W/O MVP Card Regular Retail
Beef
CUBED STEAK
CHOICE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
22 Oz. Pkg. All Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! MVP 2.99 LB
W/O MVP Card Regular Retail
Assorted, Bone-In
PORK CHOPS

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
20-24 Oz. Pkg. Select Varieties
PERDUE FRESH CUTS CHICKEN BREAST CUTLETS OR DICED

HOTSALE! MVP 79¢ LB
W/O MVP Card Regular Retail
Sold in 10 Lb. Bag
FRESH CHICKEN LEG QUARTERS

# Holiday break is over, back to school they go!

HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail
2.25-4.5 Oz. Pkg. Select Varieties
OSCAR MAYER BASIC LUNCHABLES

## MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 4.49 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 MFI
3.49 EA
7.9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
MVP TOTAL DISCOUNT SAVINGS MFI

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
14-15 Oz. Pkg. - Select Varieties
BALL PARK BEEF FRANKS

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
12 Oz. Pkg. - Select Varieties
HOLMES SMOKEHOUSE SAUSAGE

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
19 Oz. Pkg. - Select Varieties
CARANDO FRESH SAUSAGE

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
20-24 Oz. Pkg. - Select Varieties
RESER'S MAIN STREET BISTRO SIGNATURE SIDES

HOTSALE! MVP 9.79 EA
W/O MVP Card Regular Retail
24 Oz. - Fully Cooked and Sauced
TGI FRIDAYS BBQ BABY BACK RIBS

## SUSTAINABLE SEAFOOD

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
12 Oz.
DOCKSIDE CLASSICS

HOTSALE! MVP 10.99 EA
W/O MVP Card Regular Retail
40 Oz. Pkg. - Frozen
FOOD LION SWAI

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail
10 Oz. Pkg. - Frozen
INLAND MARKET SEA SALT AND ROAST GARLIC MAHI

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
26-30 Ct., 16 Oz. Bag - Frozen
FOOD LION RAW OR COOKED SHRIMP

2 ZNCO ZDPH ZGAA ZGAA ZGAC ZGAF ZGAJ ZGCH ZGCR ZGCT ZGHW ZGIV ZGSA ZNSG ZNXA ZNXV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWA ZMWS ZNCA ZNCD ZNCE ZNCN ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNNX ZNNY ZNNQ ZNNN ZNNN ZNNR ZNNS ZNNT ZNNW ZNNW ZNNW ZNNW ZNNW ZNNW ZNNY ZPNL ZPNN ZPNN ZQAG ZQAJ ZQCH ZQCL ZQCQ ZQCT ZDFE ZDFL ZDFR ZGGL ZGGN ZGGA ZGGH ZGGV ZTCA ZTCH ZTNN ZTNA ZTNV ZTTR ZVBL ZVCH ZVGC ZVHA ZVHK ZVNQ ZVNR ZVNA ZVNC ZVNG ZVNN ZVNS ZVNT ZVNV ZVNX ZVNY ZVNZ ZVNT ZVNX ZVNB ZVNL ZNCA ZNCL ZNWA ZNWB (x3&6)

# Holiday break is over, back to school they go!



HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail
2.25-4.5 Oz. Pkg. Select Varieties
OSCAR MAYER BASIC LUNCHABLES

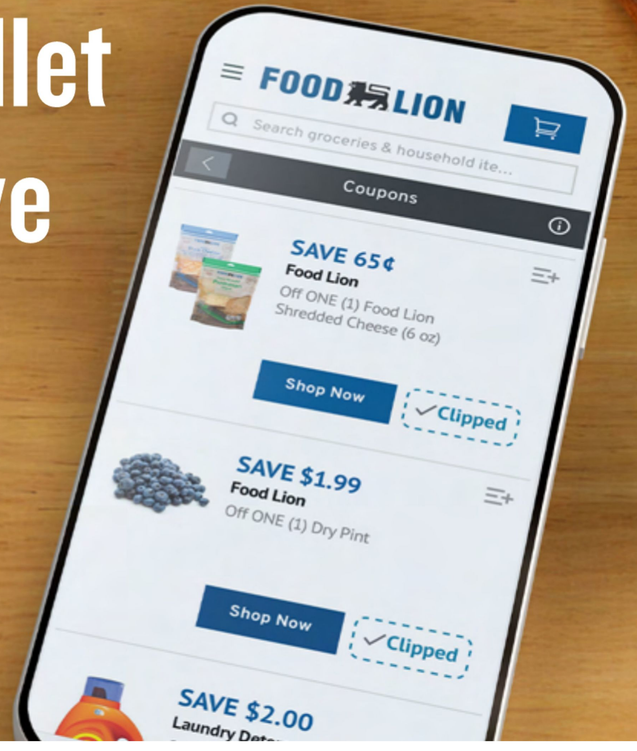
## MVP DIGITAL COUPON
load on app • web • in-store kiosk



HOT SALE! 4.49 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 MFI
3.49 EA
7.9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
MVP TOTAL DISCOUNT SAVINGS MFI

# Coupon savings your wallet will love

*New offers added weekly!*



**VIEW COUPONS**

# DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $8.99 EA
Single Item Half Price
6 Oz. - Fortina or Mozzarella
**BELGIOIOSO SNACKING CHEESE**

HOTSALE! BOGO FREE
W/O MVP Card $2.49 EA
Single Item Half Price
4 Ct.
**KING'S HAWAIIAN ORIGINAL SWEET ROLLS**

HOTSALE! BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price
4 Ct.
**CINNAMON ROLL DONUTS**

## Save on easy meal and snacking solutions!

Available in our Deli & Bakery

HOTSALE! 4.99 LB
W/O MVP Card $5.99 EA.
6 Oz.
Select Varieties
**NEGRONI ITALIAN CHUBS**

HOTSALE! 2.99 EA
W/O MVP Card $3.99 EA.
7 Oz.
**SABRA CLASSIC GUACAMOLE**

HOTSALE! 5.99 LB
W/O MVP Card $6.99 EA.
11.8-12.7 Oz.
**UNO FLATBREAD PIZZA**

HOTSALE! 2.99 EA
W/O MVP Card $3.99 EA.
8 Oz.
**TASTE OF INSPIRATIONS CHEESE CUBES**

HOTSALE! 3.99 LB
W/O MVP Card $4.49 EA.
6 Ct.
**BOLILLO ROLLS**

HOTSALE! 3.99 LB
W/O MVP Card $4.99 EA.
4 Ct.
**MUFFINS**

HOTSALE! $5 LB
W/O MVP Card $6.99 EA.
20 Ct.
Made Hot In-Store
**CHICKEN NUGGETS**

HOTSALE! $5 EA
W/O MVP Card $6.99 EA.
12 Oz.
**PANERA MAC & CHEESE**

# OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

**Switch to Our Brands and save.** FOOD LION · Nature's Promise · taste of Inspirations

### BUY ONE OF THESE

HOTSALE! 7.99 LB
W/O MVP Card Regular Retail
10 Oz. Pkg.
**NATURE'S PROMISE ATLANTIC SALMON PORTIONS**

& GET THIS FREE

12 Oz.
**FOOD LION ASPARAGUS**

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

### BUY ONE OF THESE

10 Oz.
**TASTE OF INSPIRATIONS HUMMUS** IN THE DELI

HOTSALE! 2.99 EA
W/O MVP Card $3.49 EA.

& GET THIS FREE

12 Oz.
**FOOD LION SUPREME BABY CUT CARROTS**

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

### BUY ONE OF THESE

24 Oz.
Select Varieties
**FOOD LION DRESSING**



3.39 LB

& GET THIS FREE

5 Oz.
Select Varieties
**FOOD LION CROUTONS**

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

### BUY ONE OF THESE

12 Oz.
**NATURE'S PROMISE ORGANIC GRANOLA**



HOTSALE! 3.99 LB
W/O MVP Card $4.49 EA.

& GET THIS FREE

32 Oz.
Select Varieties
**FOOD LION YOGURT**

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

### BUY ONE OF THESE

8.3 Oz.
**TASTE OF INSPIRATIONS MAPLE SYRUP**



HOTSALE! 6.99 EA
W/O MVP Card $7.49 EA

& GET THIS FREE

32 Oz.
**NATURE'S PROMISE ORGANIC PANCAKE MIX**

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

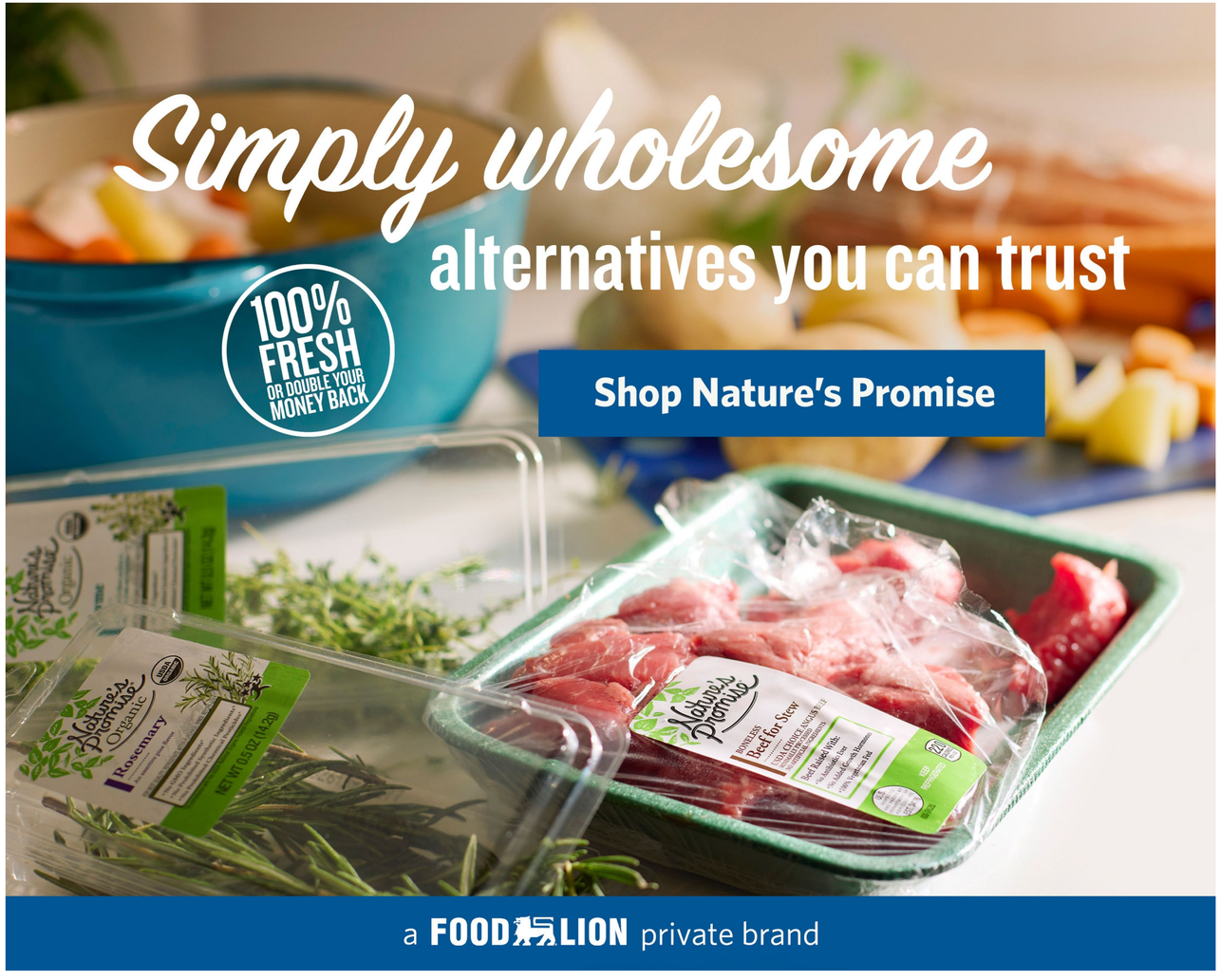

Here with a new month of personalized *rewards*

MVP SHOP&EARN MONTHLY REWARDS

**Activate your January offers** on foodlion.com or the Food Lion app to earn digital rewards and save even more!



3 ZNCO ZOPH ZOSA ZOAH ZOAL ZOAT ZOAG ZOCH ZOCR ZOCT ZGHW ZGRY ZOSA ZNBG ZNHA ZNXV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGG ZNGV ZNHP ZNHF ZNNL ZNNO ZNTT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSPL ZSPY ZSSL ZSSV ZSSA ZSSY ZTCA ZTCH ZTKN ZTNA ZTNU ZTTR ZVBL ZVCA ZVDC ZVHA ZVNK ZVNG ZVNN ZVNU ZVPG ZVPL ZVPN ZVRG ZVTI ZVTR ZVWA ZVWK ZVWR ZVWS ZVWT ZVWA ZWBL ZWCA ZWCL ZWWA ZWWS 0108DS


Simply wholesome
alternatives you can trust
100% FRESH OR DOUBLE YOUR MONEY BACK
Shop Nature's Promise
Nature's Promise Organic
Rosemary
Nature's Promise
Beef for Stew
a FOOD LION private brand

# Sensible options
for you and your wallet

12 Oz. Pkg.
Select Varieties
**GOODSHALL'S TURKEY BACON**
NEW ITEM
HOTSALE!
MVP 3.99 EA
W/O MVP Card Regular Retail

14 Oz. Pkg.
Frozen
**IMPOSSIBLE MEATBALLS**
HOTSALE!
MVP 5.99 EA
W/O MVP Card Regular Retail

5 Oz.
Select Varieties
**SENSIBLE PORTIONS VEGGIE CHIPS**
HOTSALE!
MVP 2/$5
W/O MVP Card $3.69 EA

32 Oz.
Select Varieties
**DANNON TRADITIONAL OR ACTIVIA YOGURT**
HOTSALE!
MVP 2/$6
W/O MVP Card Regular Retail

6 Ct.
32 Oz. Pkg.
Frozen
**BUTTERBALL TURKEY BURGERS**
HOTSALE!
MVP 9.99 EA
W/O MVP Card Regular Retail

12 Oz.
Select Varieties
**POPPI PREBIOTIC SODA**
HOTSALE!
MVP 2/$4
W/O MVP Card $2.29 EA

## PRICED LOW EVERY DAY

16 Oz.
Select Varieties
**PACE SALSA OR PICANTE SAUCE**
2.89 EA MVP
W/O MVP Card $3.18 EA

12-14 Oz.
Select Varieties
**FRENCH'S MUSTARD**
MVP 2/$4
W/O MVP Card $2.48 EA

## MVP HOTSALE!

18 Ct.
Select Varieties
**FRITO LAY VARIETY PACK**
8.99 EA MVP
W/O MVP Card $13.69 EA

MVP 2/$5
6 Pack
Select Varieties
**MOTT'S APPLESAUCE CUPS**
W/O MVP Card $2.99 EA

16 Oz.
Select Varieties
**POMPEIAN EXTRA VIRGIN OLIVE OIL**
MVP PRICED LOW EVERY DAY
8.19 EA
W/O MVP Card $9.99 EA

10 Pack
Select Varieties
**LANCE CRACKERS**
MVP PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.89 EA

1.99 EA
16 Oz.
Select Varieties
**FOOD LION SALTINE CRACKERS**

24 Oz.
Select Varieties
**MAJESTIC PICKLERY**
HOTSALE!
MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

4.4-1 Oz.
Select Varieties
**IDAHOAN INSTANT POTATOES**
MVP PRICED LOW EVERY DAY
2/$3
W/O MVP Card $1.88 EA

20 Oz.
**NATURE'S OWN BUTTERBREAD**
MVP PRICED LOW EVERY DAY
3.69 EA
W/O MVP Card $4.29 EA

15.25 Oz.
Select Varieties
**DUNCAN HINES CAKE MIX**
HOTSALE!
MVP 2/$3
W/O MVP Card $1.79 EA

100 Ct.
**SPLENDA STEVIA SWEETENER PACKETS**
HOTSALE!
MVP 4.59 EA
W/O MVP Card $5.99 EA

8 Pack
Select Varieties
**WONDER CLASSIC HOT DOG OR HAMBURGER BUNS**
MVP PRICED LOW EVERY DAY
3.29 EA
W/O MVP Card $3.59 EA

4.6 Oz.
Select Varieties
**ARMOUR VIENNA SAUSAGE**
MVP PRICED LOW EVERY DAY
90¢ EA
W/O MVP Card $1.18 EA

6 Oz.
Select Varieties
**TEXAS PETE HOT SAUCE**
HOTSALE!
MVP 2/$3
W/O MVP Card $1.99 EA

17.5-18 Oz.
Select Varieties
**KRAFT BARBECUE SAUCE**
HOTSALE!
MVP 1.79 EA
W/O MVP Card $2.48 EA

MVP PRICED LOW EVERY DAY
4.49 EA
W/O MVP Card $5.49 EA

17.98-19.74 Oz.
Select Varieties
**ORVILLE REDENBACHER'S GOURMET POPCORN**

15 Oz.
Select Varieties
**KIKKOMAN SOY SAUCE**
HOTSALE!
MVP 3.39 EA
W/O MVP Card Regular Retail

20.8 Oz.
Select Varieties
**PANDA EXPRESS SAUCE**
HOTSALE!
MVP 3.99 EA
W/O MVP Card Regular Retail

9.9 Oz.
Select Varieties
**TAKIS**
HOTSALE!
MVP 2/$7
W/O MVP Card $4.89 EA

HOTSALE!
MVP 4.99 EA
W/O MVP Card $5.69 EA

12.1-12.4 Oz.
Select Varieties
**KELLOGG'S RICE KRISPIES TREATS**

4.5 Oz.
Select Varieties
**SIETE COOKIES**
HOTSALE!
MVP 3.49 EA
W/O MVP Card $4.49 EA

HOTSALE!
MVP 2/$3
W/O MVP Card $2.48 EA

5 Oz
Select Varieties
**BUMBLE BEE SOLID WHITE TUNA**

14-16 Oz.
Select Varieties
**BLUE DIAMOND ALMONDS**
HOTSALE!
MVP 6.99 EA
W/O MVP Card $9.99 EA

4 DNCO ZDPH ZDSA ZGAI ZGJF ZGKJ ZGCH ZGCR ZGCT ZGHK ZGRY ZGSA ZKBQ ZKKA ZKNV ZMBA ZMBL ZMBN ZMBT ZMSA ZMWA ZMWK ZMXG ZNCA ZNCD ZNCE ZNCN ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNMB ZNNF ZNNL ZNNO ZNNW ZNRG ZNRN ZNRK ZNRL ZNRR ZNRT ZNRX ZNSN ZNSL ZNWB ZNWK ZNWT ZPNL ZPNA ZPNK ZSAG ZSAI ZSAN ZSCL ZSCG ZSCT ZSFR ZSFL ZSFY ZSGB ZSGL ZSGX ZSGA ZSGN ZSGY ZTCA ZTCH ZTNN ZTNK ZTNT ZTTB ZVBL ZVCH ZVDC ZVNA ZVNK ZVNQ ZVNR ZVNA ZVNL ZVNS ZVNT ZVTG ZVTL ZVTN ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWHN ZWNB (continued)

# Simply wholesome alternatives you can trust

Nature's Promise
A FOOD LION private brand

DOUBLE YOUR MONEY BACK GUARANTEE

12 Oz.
Select Varieties
**NATURE'S PROMISE ORGANIC DRESSING**
HOTSALE! 2.99 EA
W/O MVP Card $3.29 EA

4.5 Oz.
Select Varieties
**NATURE'S PROMISE ORGANIC CROUTONS**
HOTSALE! 2/$5
W/O MVP Card $2.79 EA

16 Oz.
Select Varieties
**NATURE'S PROMISE ORGANIC HONEY**
PRICED LOW EVERY DAY 6.29 EA

18 Oz.
**NATURE'S PROMISE ORGANIC OLD-FASHIONED OATMEAL**
HOTSALE! 3.29 EA
W/O MVP Card $3.69 EA

10 Ct. Single Serve Cups or 12 Ct. Bag
Select Varieties
**NATURE'S PROMISE COFFEE**
HOTSALE! 5.99 EA
W/O MVP Card Regular Retail

12 Oz.
Select Varieties
**NATURE'S PROMISE ORGANIC MUSTARD**
PRICED LOW EVERY DAY 2.38 EA

# BEVERAGE CENTER

64 Oz.
Select Varieties
**MOTT'S JUICE**
HOTSALE! 2/$5
W/O MVP Card $6.78 EA

28 Oz.
Select Varieties
**POWERADE**
HOTSALE! 5/$5
W/O MVP Card $1.39 EA

HOTSALE! BOGO FREE
W/O MVP Card $3.29 EA
Single Item Half Price
8 Pack - 4.23 Oz.
Select Varieties
**JUICY JUICE**

16 Oz. Bottle
Select Varieties
**SNAPPLE**
HOTSALE! 5/$5
W/O MVP Card $1.48 EA

2.5 Liter
**ETERNAL ALKALINE WATER**
HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA

15 Oz. Can
Ready To Drink
Select Varieties
**BLACK RIFLE COFFEE**
HOTSALE! 2/$6
W/O MVP Card $3.49 EA

HOTSALE! 6.99 EA
W/O MVP Card Regular Retail
12 Pack - 12 Oz. Cans
Select Varieties
**PEPSI PRODUCTS**

1.5 Liter
Select Varieties
**RIUNITE OR LIBERTY CREEK WINE**
HOTSALE! 8.99 EA

750 mL
Select Varieties
**TRIVENTO OR BAREFOOT BUBBLY WINE**
HOTSALE! 9.99 EA

750 mL
Select Varieties
**YES WAY ROSÉ WINE**
1.5 Liter
Select Varieties
**CAVIT WINE**
HOTSALE! 13.99 EA

## SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 9.99 EA
6 Pack - 10-11.2 Oz. Bottles
Select Varieties
**SMIRNOFF, MIKE'S HARD LEMONADE, CAYMAN JACK OR JACK DANIEL'S**

HOTSALE! 19.99 EA
30 Pack - 12 Oz. Cans
**BUSCH LIGHT OR KEYSTONE LIGHT**
24 Pack - 12 Oz. Cans
**NATURAL LIGHT**
Select Varieties

HOTSALE! 16.99 EA
12 Pack - 11.2-12 Oz. Bottles or Cans
Select Varieties
**MODELO, PACIFICO OR STELLA ARTOIS**

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Cans
Select Varieties
**WHITE CLAW HARD SELTZER, VIZZY OR TOPO CHICO HARD SELTZER**

HOTSALE! 10.99 EA
4 Pack - 12 Oz. Cans
Select Varieties
**DEVILS BACKBONE, BOLD ROCK OR COASTAL COCKTAILS**
LOCAL PRODUCE

Beer and Wine may not be available in all locations. Check your store for availability.

HYDRATE
RECOVER
NEW FLAVOR!
NEW FLAVOR!
GATORADE THIRST QUENCHER
LIGHTNING BLAST
ORANGE
MIDNIGHT ICE
SHOP COLLECTION
IS IT IN YOU?

Feed your
game day
SHOP NOW
Honey Nut Cheerios
REAL HONEY
LOWER CHOLESTEROL
LARGE SIZE
Cinnamon Cheerios Protein
Gluten Free
OLD EL PASO
TACO SHELLS
STAND 'n STUFF
TRADITIONAL
Chex Mix
Cookie Dough
Chocolate Chip
24 COOKIES
Go-Gurt
STRAWBERRY
Crescents
Totino's
PIZZA ROLLS
TRIPLE PEPPERONI
KIT
HARD & SOFT

# DAIRY

GET YOUR DAILY DOSE FOR LESS

HOTSALE! MVP 2.99 EA
32-52 Oz. - Select Varieties
PLANET OAT OATMILK OR CREAMER
W/O MVP Card Regular Retail

52 Oz.
Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

59 Oz.
Select Varieties
MINUTE MAID PUNCHES OR ADES
MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.48 EA

4 Pack
Select Varieties
JELL-O GELATIN OR PUDDING
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA
8-13.9 Oz.
Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS

14-16.5 Oz.
Select Varieties
NESTLE TOLL HOUSE COOKIES
HOTSALE! MVP 3.49 EA
W/O MVP Card $4.89 EA

12 Oz.
Select Varieties
FOOD LION SINGLES
HOTSALE! MVP 1.99 EA
W/O MVP Card $2.49 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA
14-16 Oz.
Select Varieties
Sticks or Tubs
COUNTRY CROCK PLANT BUTTER

24 Oz.
Select Varieties
DAISY COTTAGE CHEESE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.69 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $4.29 EA
8 Oz. Brick
Select Varieties
PHILADELPHIA CREAM CHEESE

# FROZEN

FILL YOUR FREEZER WHILE THE SALE IS HOT

HOTSALE! MVP 5/$5
7-10 Oz.
Select Varieties
GREEN GIANT BOXED VEGETABLES
W/O MVP Card $1.99 EA

HOTSALE! MVP 2/$6
W/O MVP Card $3.39 EA
5.25-10.5 Oz.
Select Varieties
LEAN CUISINE ENTREES

MVP PRICED LOW EVERY DAY 4/$5
W/O MVP Card $1.58 EA
4.5-8.5 Oz.
Select Varieties
MICHELINA'S FROZEN DINNERS

15 Oz.
Select Varieties
MARIE CALLENDER'S POT PIE
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

20.8-24 Oz.
Select Varieties
TYSON CHICKEN SANDWICHES
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S FAMILY SIZE DINNERS
HOTSALE! MVP 7.99 EA
W/O MVP Card $12.19 EA

19-32 Oz.
Select Varieties
ORE-IDA FROZEN POTATOES
MVP PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $4.99 EA

12.8-21.7 Oz.
Select Varieties
BELLATORIA PIZZA
HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA

5.34-11.6 Oz.
Select Varieties
RED BARON DEEP DISH SINGLES
HOTSALE! MVP 2/$7
W/O MVP Card $4.79 EA

5.25-12 Oz.
Select Varieties
MORNING STAR FARMS FROZEN FOODS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

# BREAKFAST

8 Ct.
Select Varieties
KELLOGG'S POP-TARTS
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.99 EA

13.3-12.6 Oz.
Select Varieties
QUAKER CAP'N CRUNCH CEREAL
HOTSALE! MVP 2/$6
W/O MVP Card $4.89 EA

9.5-16.07 Oz.
Select Varieties
HOSTESS DONETTES
HOTSALE! MVP 2/$5
W/O MVP Card $3.09 EA

## MVP DIGITAL COUPON

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PRICED LOW EVERY DAY 5.99 EA
W/ MVP Card $6.99 EA
MVP Coupon -1.00 (OFF)
4.99 EA
MVP TO APPLY DISCOUNT SAVINGS ADDED
27 Oz.
Select Varieties
DAVE'S KILLER ORGANIC BREAD

32 Ct. K-Cups
EIGHT O'CLOCK COFFEE
HOTSALE! MVP 15.99 EA
W/O MVP Card $23.99 EA

9 Oz.
Select Varieties
POST PREMIER PROTEIN CEREAL
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

24 Ct.
Select Varieties
INTERNATIONAL DELIGHT CREAMER
HOTSALE! MVP 2/$6
W/O MVP Card $3.89 EA

10 Ct. K-Cups or 12 Oz. Bag
Select Varieties
STARBUCKS COFFEE
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

6 ZGAH ZGAL ZGAT ZGAU ZGRY ZMWA ZMWK ZNFL ZNGB ZNGL ZNGS ZNGV ZNHP ZNKF ZNNL ZNNO ZPAL ZPHA ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVCH ZVOC ZVHA ZVNK ZVNO ZVNR ZVWH ZVWN ZVWS ZVWT ZWCA ZWCL ZWWA ZWWS 01/08/25

Healthy
begins here
SHOP NOW
IMPOSSIBLE
HOMESTYLE
MEATBALLS
MEAT FROM PLANTS
12G
0MG
25%
Sensible Portions
garden Veggie Chips
Sea Salt
Godshall's
Peppered TURKEY BACON
BUTTERBALL
TURKEY BURGERS
WITH NATURAL FLAVORINGS
ORIGINAL SEASONED
60% LESS FAT*
WHOLE MILK
DANNON
PLAIN
32 OZ

PROUD SPONSORS OF
ZERO COMPROMISE
THE Coca-Cola COMPANY
SHOP COLLECTION
BODYARMOR
ZERO SUGAR
ZERO ARTIFICIAL FLAVORS OR SWEETENERS
Coca-Cola
ZERO SUGAR
Sprite
ZERO SUGAR
LEMON-LIME

# HEALTH & BABY
SAVINGS TO FEEL GOOD ABOUT

12 Oz.
Select Varieties
**DOVE SHAMPOO OR CONDITIONER**
HOT SALE! MVP 3.99 EA
W/O MVP Card $5.19 EA

4 Pack
Select Varieties
**QUEST PROTEIN SHAKES**
HOT SALE! MVP 8.89 EA
W/O MVP Card $10.99 EA

9-11 Oz.
Select Varieties
**J.R. WATKINS LIQUID HAND SOAP**
HOT SALE! MVP 2/$6
W/O MVP Card $4.39 EA

3 Pack
Select Varieties
**CHAPSTICK**
HOT SALE! MVP 3.89 EA
W/O MVP Card $5.29 EA

19-24 Ct.
Select Varieties
**RICOLA COUGH DROPS**
HOT SALE! MVP 2/$5
W/O MVP Card $2.89 EA

3.5 Oz.
Select Varieties
**GERBER GRADUATES GRABBER**
HOT SALE! MVP 4/$5
W/O MVP Card $1.49 EA

19-38 Ct.
Select Sizes
**HUGGIES SNUG & DRY DIAPERS**
HOT SALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

112-216 Ct.
Select Varieties
**PAMPERS BABY WIPES**
HOT SALE! MVP 6.99 EA
W/O MVP Card $7.89 EA

84-136 Ct.
Select Sizes
**HUGGIES DIAPERS**
HOT SALE! MVP 39.29 EA
W/O MVP Card $47.99 EA

# HOUSE & HOME
CLEAN UP ON LOW PRICES

14-18 Ct.
Select Varieties
**FOOD LION TRIPLE ACTION DISHWASHER DETERGENT**
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

9 Mega Rolls
**FOOD LION BATH TISSUE**
8 Double Rolls
**FOOD LION PAPER TOWELS**
Select Varieties
HOT SALE! MVP 8.99 EA
W/O MVP Card Regular Retail

3 Pack Flats
Select Varieties
**KLEENEX FACIAL TISSUES**
HOT SALE! MVP 4.99 EA
W/O MVP Card $6.49 EA

30 Ct. XL or 64-100 Ct. Sandwich
Select Varieties
**FOOD LION RECLOSABLE BAGS**
HOT SALE! MVP 2/$4
W/O MVP Card Regular Retail

19 Oz.
Select Varieties
**LYSOL DISINFECTANT SPRAY**
HOT SALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

50 Ct.
Select Varieties
**FOOD LION PARTY CUPS**
HOT SALE! MVP 3.89 EA
W/O MVP Card $4.79 EA

24 Ct.
Select Varieties
**FOOD LION PREMIUM DINNERWARE**
HOT SALE! MVP 2/$3
W/O MVP Card $1.99 EA

20-40 Ct.
Select Varieties
**FOOD LION PLATES OR BOWLS**
HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA

# PET

3 Oz.
Select Varieties
**BLUE BUFFALO TASTEFULS PUREES**
HOT SALE! MVP 1.89 EA
W/O MVP Card $2.19 EA

3.15 Lb. Bag
Select Varieties
**PURINA KITTEN CHOW**
HOT SALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

6 Oz.
Select Varieties
**PURINA BEGGIN' STRIPS DOG SNACKS**
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.89 EA

## MVP DIGITAL COUPONS
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**CREST TOOTHPASTE**
HOT SALE! 2/$8
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
2/$6 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**GILLETTE DISPOSABLE RAZORS**
HOT SALE! 6.99 EA
W/O MVP Card $7.99 EA
MVP Coupon -2.00 OFF 1
4.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**ZZZQUIL LIQUID OR ULTRA TABLETS**
HOT SALE! 8.99 EA
W/O MVP Card $9.99 EA
MVP Coupon -2.00 OFF 1
12 Oz. or 24 Ct.
Select Varieties
6.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**DOVE BODYWASH OR ADVANCED CARE DEODORANT**
HOT SALE! 6.99 EA
W/O MVP Card $8.99 EA
MVP Coupon -3.00 OFF 1
2.6-20 Oz.
Select Varieties
3.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**DOVE MEN'S 2N1 SHAMPOO AND CONDITIONER**
HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -3.00 OFF 1
12 Oz.
Select Varieties
1.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**DAWN POWERWASH**
HOT SALE! 4.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
16 Oz.
Select Varieties
2.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**GAIN FABRIC SOFTENER OR DOWNY SCENT BOOSTER**
HOT SALE! 9.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
100 Oz.
Select Varieties
7.99 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

**PURINA ONE SMARTBLEND DRY DOG FOOD**
HOT SALE! 9.99 EA
W/O MVP Card $11.99 EA
MVP Coupon -40¢ OFF 1
3.8-4 Lb.
Select Varieties
9.59 EA
MVP 10 100% DISCOUNT SAVINGS (MBT)

# GOOD FOOD, GOOD LIFE

SAVE $10 WHEN YOU BUY $30 OFF Nestlé

SHOP NOW

# Here to make *nourishing* easier

Choose from what's best in season and the everyday produce at low prices.

HOTSALE! MVP 4.99 LB
W/O MVP Card Regular Retail
FRESH BAG CHERRIES

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
Pint
BLUEBERRIES

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
Whole
GOLDEN PINEAPPLE

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION RED ONIONS

HOTSALE! MVP 1.79 LB
W/O MVP Card Regular Retail
Bulk
HONEYCRISP APPLES

2 Lb.
FOOD LION WHOLE CARROTS

HOTSALE! MVP 1.89 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2.49 EA
W/O MVP Card Regular Retail
16 Oz.
FOOD LION BRUSSELS SPROUTS

5 Oz.
Select Varieties
NATURE'S PROMISE SALAD MIX

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

BRIGHTER DAYS BOUQUET
White Supplies Last!
8.99 EA

## Citrus season is officially here!

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
3 Lb. Bag
CARA CARA NAVEL ORANGES

## ORGANIC

3 Lb. Bag
NATURE'S PROMISE ORGANIC RED OR YELLOW POTATOES

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

6 Oz. Pkg.
ORGANIC BLUEBERRIES

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
USDA ORGANIC

*100% fresh* or *double* your money back

See foodlion.com for details

Text CountOnUs to MVPMVP (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)
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Rain checks unavailable on alcohol and tobacco products.

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Prices in this ad good at stores conveniently located in these cities:
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We accept competitor's coupons, exceptions may apply, see store associate for details.
Colonial, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

January 8 - January 14, 2025

Offers valid while supplies last.

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

9.8-10.9 Oz.
Select Varieties
**TOTINO'S PIZZA**

MVP PRICED LOW EVERY DAY
2/$4
W/O MVP Card $2.48 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.4-12.5 Oz.
Select Varieties
**OLD EL PASO TACO OR FAJITA DINNER KIT**

HOT SALE! MVP
2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.44-9.75 Oz.
Select Varieties
**LITTLE DEBBIE MINI MUFFINS**

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

22-24 Oz.
Select Varieties
**PICTSWEET FROZEN VEGETABLES**

HOT SALE! MVP
2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.9-12 Oz.
Select Varieties
**CAULIPOWER PIZZA**

HOT SALE! MVP
6.99 EA
W/O MVP Card $7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
**QUILTED NORTHERN**
4 Double Rolls
**BRAWNY**
Select Varieties

HOT SALE! MVP
7.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
**SUCCESS OR MINUTE RICE**

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
**RAO'S ITALIAN STYLE SOUP**

HOT SALE! MVP
3.99 EA
W/O MVP Card $4.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.5-8.6 Oz.
Select Varieties
**CHEX MIX OR BUGLES**

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
**POPCORNERS**

HOT SALE! MVP
2/$7
W/O MVP Card $4.59 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/08/25

# BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

13.5-18.2 Oz.
Select Varieties
**GENERAL MILLS FLAVORED OR OAT CRUNCH CHEERIOS CEREAL**

HOT SALE! MVP
**2/$7**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

3.63-4 Oz.
Select Varieties
**SOUTHERN RECIPE SMALL BATCH PORK RINDS**

**3.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

3.27-3.42 Oz.
Select Varieties
**NISSIN NOODLE BOWLS**

HOT SALE! MVP
**2/$3**
W/O MVP Card $1.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13-16.75 Oz. - Select Varieties
**DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS**

HOT SALE! MVP
**4.99 EA**
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

15-24 Oz.
Select Varieties
**CLASSICO PASTA SAUCE**

**3.59 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

11 Oz.
Select Varieties
**TROPICANA PURE PREMIUM JUICES**

**2/$4**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.9-11.5 Oz.
Select Varieties
**MAXWELL HOUSE COFFEE**

HOT SALE! MVP
**5.49 EA**
W/O MVP Card $6.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5.4-8 Oz.
Select Varieties
**ANNIE CHUN'S SOUP BOWL**

HOT SALE! MVP
**3.49 EA**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
**SWEET BABY RAY'S BARBECUE SAUCE**

**3.58 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

24 Oz.
Select Varieties
**CHOBANI COFFEE CREAMER**

**4.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/08/25

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

6 Pack - 8 Oz. Cans
Select Varieties
**V8 V-FUSION +ENERGY OR 100% JUICE**

**5.99 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
**ORE-IDA BAGEL BITES**

HOT SALE! MVP

**2/$5**

W/O MVP Card $2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.6 Oz.
Select Varieties
**BIBIGO DUMPLINGS**

HOT SALE! MVP

**2/$6**

W/O MVP Card $3.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

24 Oz.
Select Varieties
**STOUFFER'S SIGNATURE SIDES**

HOT SALE! MVP

**4.99 EA**

W/O MVP Card $5.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT BAR**

HOT SALE! MVP

**2/$5**

W/O MVP Card $2.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16-24 Oz.
Select Varieties
**CELENTANO FROZEN PASTA**

HOT SALE! MVP

**3.99 EA**

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.49-9 Oz.
Select Varieties
**SMART ONES FROZEN DINNERS**

HOT SALE! MVP

**2.29 EA**

W/O MVP Card $2.98 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
Select Varieties
**COCA-COLA CLASSIC**

**2.29 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
**CELSIUS**

**2.39 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
**BASKIN ROBBINS ICE CREAM**

HOT SALE! MVP

**2/$7**

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGSA ZKBG ZKNA ZKNV ZMWA ZMWK ZNCA ZNCD ZNCE ZNCR ZNCT ZNNF ZNNO ZNTT ZPAL ZPHA ZSAG ZSAU ZSCO ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVDC ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZWBL ZWCA ZWCL ZWWA ZWWS 01/08/25

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

15 Oz.
Select Varieties
**WISH-BONE DRESSING**

**2.98 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

.75-1.37 Oz.
Select Varieties
**MCCORMICK GRAVY MIX**

HOTSALE! MVP

**2/$3**

W/O MVP Card $1.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
**CHOLULA HOT SAUCE**

HOTSALE! MVP

**3.49 EA**

W/O MVP Card $4.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1.62 Oz.
Select Varieties
**STUR OR CRUSH LIQUID WATER ENHANCER**

HOTSALE! MVP

**2/$6**

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1.5 Liter
**LE BLEU CLEAR WATER**

**1.29 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

21 Oz.
Select Varieties
**ELECTROLIT**

HOTSALE! MVP

**1.99 EA**

W/O MVP Card 2/$5

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12-16 Oz.
Select Varieties
**RONZONI PASTA**

**1.89 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
**RAO'S HOMEMADE SPAGHETTI**

**2.99 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz. Bottle
Select Varieties
**HINT WATER**

HOTSALE! MVP

**1.13 EA**

W/O MVP Card $1.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

19.2 Oz.
Select Varieties
**LIQUID DEATH WATER**

**1.99 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!