

EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

Longos®

LOCAL



Fresh Ontario
Pork Tenderloin
17.61kg

**BUY ONE GET ONE
FREE**
SAVE \$7.99/LB

Free package must be of
equal or lesser value.



Fresh Royal Gala, Pink Lady or
Granny Smith Lil Snappers Apples
Product of U.S.A. • 3lb bag

**BUY ONE GET ONE
FREE**
SAVE \$6.99

SAVE OVER
\$150

BOGO

**BUY ONE GET ONE
FREE
EVENT!**

SEE BACK PAGE FOR
MORE BOGO DEALS!



Janes Frozen
Breaded
or Battered Fish
450-510g pkg
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$10.99



Monsieur Gustav
Canadian Havarti Cheese
Creamy or Jalapeno

**BUY ONE GET ONE
FREE**
SAVE \$3.99/100G

Free package
must be of
equal or lesser
value.

Yorkshire Valley Farms Frozen
Organic Chicken Drumsticks
1kg pkg

**BUY ONE GET ONE
FREE**
SAVE \$15.99



LOCAL



Dempster's
7" Tortillas or
Tia Rosa
Corn Tortilla's
275-320g pkg

**BUY ONE GET ONE
FREE**
SAVE \$4.29



Oasis
Health
Break or
Smoothie
1.6L carton
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$5.99



Bounty
Paper Towels
6-12 rolls

**BUY ONE GET ONE
FREE**
SAVE \$21.99

Fresh Arte Salad Kit
315-359g pkg
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$5.99



TAX BREAK SAVE THE TAX ON **1000s OF ITEMS**

The Government of Canada has announced temporary tax relief of GST/HST on holiday essentials like groceries, drinks, snacks and gifts from December 14, 2024, to February 15, 2025.

SCAN TO
LEARN MORE



Beatrice Chocolate Milk
750mL carton

**BUY ONE GET ONE
FREE**
SAVE \$1.99



Clover Leaf
Albacore Solid Tuna
170g can
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$3.99

Longo's

BOGO

**BUY ONE GET ONE
FREE
EVENT!**

Reser's
Mashed
Potatoes
567-680g pkg
selected varieties



**BUY ONE GET ONE
FREE
SAVE \$5.99**



ORGANIC
Fresh
Organic Kiwi
Product of Greece
1lb clamshell

**BUY ONE GET ONE
FREE
SAVE \$5.99**



Fresh Broccoli
Product of U.S.A.

**BUY ONE GET ONE
FREE
SAVE \$3.99**



Marina Del Rey
Frozen Raw
Argentinian
Shrimp
300g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$12.99**



Amino Balls
40g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$3.99**



Mid-Day
Squares
4 pack
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$9.99**



Campbell's Chicken Noodle,
Cream of Mushroom, Tomato or
Vegetable Soup
284mL can

**BUY ONE GET ONE
FREE
SAVE \$1.99**

LOCAL



Longo's
Loaf Cake
325-450g
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$6.99**



Chapman's Canadian
Collection Novelties
8x55mL pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$6.99**



Christie Fudgee-O 303g pkg,
Chips Ahoy! 251-271g pkg or
Oreo Cookies 261-290g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$4.49**



Nature Valley Granola Bars
130-230g pkg, Betty Crocker Fruit
by the Foot, Fruit Rollups or Fruit
Gushers 128-141g pkg or Cereal Treat
Bars 120-150g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE UP TO \$4.99**

Longo's

For online flyer, store hours and store locations,
visit us at Longos.com or call 1-800-9-Longos

@LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

CORP



WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

WHY NOT TRY

SAMPLE IN-STORE
JANUARY 11-12
AND
JANUARY 18-19



Fresh Cosmic Crisp Apples
Product of U.S.A.
4.39/kg

1.99
/LB

COSMIC CRISP

LOCAL



Yorkshire Valley Farms
Fresh Organic Chicken
Breast Fillet or Scallopini
37.46/kg

16.99
/LB
SAVE \$2/LB

IZUMI AQUA CULTURE

Upper Canada
Steelhead



11.99
/LB
SAVE \$1/LB
Upper Canada Fresh
Boned Steelhead Salmon
Fillet
26.43/kg



3.99
/LB
Fresh Sumo Mandarins
Product of U.S.A.
8.80/kg



Fresh Pomegranates
Product of U.S.A.

3.99
10.99
POM Wonderful
Club Pack Arils
Product of U.S.A.
2x227g pkg

LOCAL



7.99
/LB
SAVE \$1/LB
Maple Leaf Prime Raised
Without Antibiotics Split
Chicken Wings
17.61/kg
VALUE PACK



5.99
SAVE \$1
Fresh Atlantic
Salmon Portions
113g
SKINLESS



3.99
/LB
Fresh Apricots
Product of Chile
8.80/kg



Fresh Celery
Product of U.S.A.

2.99

LOCAL



7.49
SAVE \$1
Maple Leaf Prime Ground
Turkey or Raised Without
Antibiotics Ground
Chicken
454g pkg

Longo's Frozen Raw
Peeled And Deveined
Black Tiger Shrimp
31-40ct, 454g pkg

12.99
SAVE \$6



2 FOR \$5
Fresh Living Lettuce
Product of Canada
selected varieties



Fresh White,
Yellow or
Red Potatoes
Product of Canada
5lb bag

3.99

LOCAL



Yorkshire Valley Farms
Fresh Organic Whole
Chicken
13.21/kg
5.99
/LB
SAVE \$1/LB

Dom Specialty
Frozen Smoked Salmon
300g pkg

15.99
SAVE \$2



Fresh fish is subject to availability.

WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

FRESHLY MADE SANDWICHES

Ready to go or heated to order!

Buy any Sandwich and Hot Soup and **SAVE \$1**

FROM **6⁹⁹**

Choose from any of our freshly made sandwiches such as Sweet Black Forest & Brie, Italian Classic, Egg Salad Croissant, Veal Cutlet and many more!

FROM **4⁴⁹**

Choose from a select variety of hot soup, including our **NEW** Lobster Tomato Bisque, **NEW** Butternut Squash, **NEW** Tuscan Sausage & Kale and more!



Buy MORE SAVE MORE

Regularly priced selected products 350g pkg or larger size **20% OFF**

Maple Leaf Natural Selections Deli Meat 125-250g pkg Individual \$6.99 selected varieties

2 FOR \$12
SAVE \$4.98 ON 2

Longo's Oven Roasted or Smoked Turkey Breast

3⁹⁹/100G
SAVE 20¢/100G

FRESH DELI SERVED

2⁴⁹/100G
SAVE 50¢/100G

Chicago Roast Beef, Pastrami or All Beef Salami

San Danielle Mortadella, Mastro Salami and Mastro Soppressata selected varieties

FROM **2⁴⁹/100G**

4⁴⁹
SAVE \$1

The Laughing Cow 8 pack or Cheese Dippers 120-140g pkg selected varieties

LOCAL NUT FREE AND VEGAN

Sweets from the Earth Tea Inspired Collection Matcha, Chai or Earl Grey

6⁹⁹
SAVE \$1

LOCAL BAKED IN-STORE!

4⁹⁹
SAVE \$1

Longo's Large Strudels 454g pkg selected varieties

Originated in the Basque region of Spain, this cheesecake is baked at high temp to create a burnt caramelization on top while leaving the inside soft and creamy.

Burnt Basque Cheesecake 640g pkg

19⁹⁹
SAVE \$2

Grab and Go 110g pkg **3⁹⁹**
SAVE 50¢

NEW

LOCAL

LOCAL BAKED IN-STORE!

Longo's Italian or French bread 640g pkg

2⁹⁹
SAVE \$1

LOCAL BREAD

3⁹⁹
EARN 50 POINTS

Longo's Garlic Bread 325g pkg

LOCAL

3⁹⁹
SAVE \$1

School Safe Nut Free Muffin Bars or Buddy Bites 280-324g pkg selected varieties

LOCAL BAKED IN-STORE!

4⁹⁹
SAVE \$1

Longo's Scones 6 pack, 450g pkg selected varieties

WEEKLY DEALS. FRESH SAVINGS. EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

GROCERY



Dempster's White or Whole Wheat Sandwich Bread 675g pkg, Hot Dog or Hamburger Buns 8 pack, Thomas' English Muffins 6 pack or Hostess Snack Cakes or Mini Donuts 202-269g pkg selected varieties

3.49

SAVE UP TO \$1.50



Finn Crisp Sourdough Rye Thins 200g pkg

2.99

SAVE \$1

- 100% WHOLE GRAIN
- HIGH FIBRE
- PLANT BASED



Kellogg's Family Size Cereal 515-650g pkg

5.99

SAVE AT LEAST \$2



Rio Mare Tuna 3x80g pkg or 3x65g pkg

6.99

SAVE UP TO \$2



Manitoba Harvest Hemp Yeah! Granola 283g pkg

5.99

SAVE \$2



Old El Paso Dinner Kit 250-400g pkg or Salsa 650mL jar selected varieties

3.99

SAVE AT LEAST \$1.80



Barilla Pasta 410g pkg selected varieties

1.99

SAVE 70¢



Lundberg Organic Rice Basmati White or Brown or Jasmine White 907g bag

12.99

SAVE \$2



Stacy's Pita Chips 208-227g pkg, SunChips 205g pkg or Popcorners 142g pkg Individual \$4.99 selected varieties

2 FOR \$9

SAVE UP TO \$2.98 ON 2



Haribo Gummies 175g pkg Individual \$3.49 selected varieties

2 FOR \$5

SAVE UP TO \$2.98 ON 2



Made Good Granola Bars 5 pack pkg

2.99

SAVE \$2.50



Teecino Roasted Herbal or Mushroom Adaptogen Herbal Tea Lion's Mane Rhodiola, Chaga Ashwagandha or Dandelion 10ct

7.99

SAVE \$2



Frankie's Organic Puffs 113-120g pkg selected varieties

2.99

SAVE \$1



Longo's Croutons 145g pkg selected varieties

2.29

SAVE 70¢



Tidy Cats Litter 2.72kg bag selected varieties

12.99

SAVE AT LEAST \$1

DAIRY AND FROZEN



3⁹⁹ Black Diamond Processed Cheese Slices
410g pkg
selected varieties
SAVE \$3



4⁴⁹ Oasis Orange Juice
1.5L bottle
selected varieties
SAVE \$1.50



Maple Leaf Prime Raised Without Antibiotics Frozen Breaded Chicken or Wings
568-700g pkg
selected varieties
11⁹⁹
SAVE UP TO \$5



4⁹⁹ La Presserie Cold Pressed Soup
300g pkg
selected varieties
SAVE \$2



Natural bacon.
Naturally delicious.

Maple Leaf Bacon, Ready Crisp Bacon, Fully Cooked Sausage Rounds or Links
65-375g pkg
Individual \$6.49
selected varieties

2 FOR \$12
SAVE UP TO \$4.98 ON 2



McCain Premium Fries
567-650g pkg
selected varieties
4⁴⁹
SAVE UP TO \$1.50



4⁹⁹ Longo's Ice Cream
1L tub or Novelties 4 pack
selected varieties
SAVE \$1

Lactantia PürFiltre Milk
2L carton
selected varieties

5⁴⁹
SAVE 50¢



Health-Ade Kombucha
473mL bottle
selected varieties

3⁴⁹
SAVE \$1



8⁹⁹ CauliPower Frozen Pizza or Crust
310g pkg
selected varieties
SAVE \$2



14⁹⁹ Yorkshire Valley Farm's Organic Chicken Breast Fillets or Bites
454-480g pkg
selected varieties
SAVE UP TO \$5



7⁴⁹ Longo's Enriched Coop White Eggs
18 pack
SAVE 50¢



7⁴⁹ Liberté Greek Yogourt 1kg tub or Yoplait Yogourt
16x100g pkg
selected varieties
SAVE UP TO \$1.50



9⁹⁹ Eville Smoothie Cubes
405-450g pkg
selected varieties
SAVE UP TO \$3



6⁴⁹ Dr. Oetker Giuseppe Pizzeria Thin or Rising Crust Pizza 494-785g pkg, Giuseppe Rip'n Share 510g pkg or Giuseppe Easy Pizzi 560-600g pkg
selected varieties
SAVE UP TO \$1.50



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



**NOT A MEMBER?
NOT A PROBLEM!**
Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

9⁹⁹ Yorkshire Valley Farms
Frozen Organic Chicken
Breakfast Sausage
Patties
630g pkg
SAVE \$5

NON-MEMBER 14⁹⁹



Greenhouse
Fiery Ginger Shot
1.26L box

24⁹⁹
SAVE \$5

NON-MEMBER 29⁹⁹



7⁹⁹ Tre Stelle Ricotta Cheese
475g tub
selected varieties

SAVE \$1.50

NON-MEMBER 9⁴⁹

Longo's Frozen
Fresh Water Shrimp
6-8ct, 454g pkg

15⁹⁹
SAVE \$2

NON-MEMBER 17⁹⁹



Schneiders Lunch Mate
or Greenfield Lunch Kit
74-120g pkg
Individual \$3.49
selected varieties

2 FOR \$6
SAVE UP TO \$3 ON 2

NON-MEMBER 4⁴⁹



Longo's
Cookie Thins
170g pkg
selected varieties

2⁹⁹
NON-MEMBER 3⁹⁹



Kouzini Extra
Virgin Olive Oil
500ml bottle
Organic or
Raw Unfiltered

14⁹⁹
SAVE \$4

NON-MEMBER 18⁹⁹



LONGO'S MUST-HAVES

BAKED IN-STORE!



11⁹⁹ Longo's Fruit Pie
900g-1kg pkg
selected varieties
SAVE \$1



FROM 14⁹⁹ Longo's Fully Cooked Beef Pot Roast 550g pkg or Fully Cooked Beef Barbacoa 500g pkg
SAVE \$1



Longo's Cacciatore
200g pkg
mild or hot
7⁹⁹
SAVE 50¢



Longo's Pasta Sauce
700mL jar
selected varieties
4⁹⁹
SAVE \$1.50



Longo's Pure Maple Syrup
500mL bottle
9⁹⁹
SAVE \$2



Longo's Organic Maple Syrup
250mL bottle
5⁹⁹
SAVE \$2



Longo's Mini Phyllo Rolls
450g pkg
selected varieties
5⁹⁹
SAVE \$1



Longo's Dips or Spreads
227g pkg
selected varieties
4²⁹
EARN 50 POINTS



2 FOR \$10 Longo's Snacking Nuts
200g pkg
Individual \$5.99
selected varieties
SAVE 98¢ ON 2



Longo's Granola
325g pkg
3⁹⁹
SAVE \$1



Longo's Fresh Apple, Honeycrisp or Spiced Cider
2L jug
4⁹⁹

PRICES ON THIS PAGE EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



FUEL YOUR MORNINGS

Jif Peanut Butter 1kg tub or Smucker's Jam 500mL jar **5⁹⁹** SAVE UP TO \$2

Folgers K-Cup Coffee Pods 12ct **7⁹⁹** SAVE UP TO \$2.50



Smucker's Uncrustables 4 pack selected varieties **4⁹⁹** SAVE \$1

THE BEST PART OF THE SANDWICH™

Find it in the FREEZER AISLE!

NATIONAL HOT SAUCE DAY

Jan 22nd



Tabasco Sauce 57mL bottle **2⁹⁹** SAVE UP TO \$1

Nando's Peri-Peri Sauce 250mL bottle **5⁴⁹** SAVE \$1.50

Return to School SAVINGS!

General Mills

Nature Valley Chewy Granola Bars 190-226g pkg, Fibre 1 Bars 125-175g pkg, Mott's Fruitsations or Betty Crocker Fruit Snacks 226g pkg or Pillsbury Pizza Pops 4 pack selected varieties **3⁴⁹** SAVE UP TO \$1.50

General Mills Family Size Cereal 516-725g pkg selected varieties **5⁹⁹** SVE \$2

Minigo 6x60g pkg, Yoplait Tubes 8x56g pkg or Yoplait Source Yogourt 630g pkg selected varieties **2⁹⁹** SAVE UP TO \$1.50

Liberté Greek Yogourt 650-750mL tub selected varieties **6⁴⁹** SAVE \$1

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QUENCH YOUR THIRST. OVERFLOW WITH SAVINGS!

Longo's Alkaline Water 1L bottle **2⁴⁹** EARN 50 POINTS

Longo's Sparkling Water 6x1L bottle **5⁹⁹** SAVE \$1

Longo's Sparkling Water 12x355mL cans Lemon Lime or Blackberry Individual \$5.99 **2 FOR \$10**

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

THE LOFT

GATHER • COOK • LEARN

IN-STORE COOKING CLASSES ARE BACK!



The Loft Cooking School and Community Room is now open. In addition to our virtual classes, we are now offering in-person classes and other Loft services at these select locations:

- Ajax • Ancaster • Applewood • Brooklin • Burloak • Guelph
- Green Lane • Leaside • Maple Leaf Square • Richmond Hill
- Southeast Oakville • Stouffville • Walkers Line • Weston

CHEERS TO DRY JANUARY

Olé Non-Alcoholic Mocktail
4x355mL cans
selected varieties

11⁹⁷
SAVE \$3



7⁹⁷ Sober Carpenter
4x355mL cans
selected varieties
SAVE \$2



10⁹⁹ Sleeman Zero+
Non-Alcoholic Beer
6x355mL cans
SAVE \$2



10⁹⁹ Athletic Brewing Co.
Non-Alcoholic Beer
6x355mL cans
selected varieties
SAVE \$2

Kellogg's Snacking Favourites



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3⁴⁹ Nutri-Grain Bars 225g pkg, Special K Bars 125g pkg, Rice Krispies Squares 8ct or Townhouse Original or Flipsides 260-391g pkg
selected varieties
SAVE UP TO \$1

Stonemill®
BAKEHOUSE • BOULANGERIE

NATURALLY FERMENTED

Stonemill Bread
454-550g pkg
Individual \$3.99
selected varieties

2 FOR \$7
SAVE \$4.98 ON 2

Valid on any Stonemill® Breads





YOUR COMMUNITY COULD
WIN AN NHL® GAME
AND \$250,000
 TO BUILD HOCKEY DREAMS

KRAFTHOCKEYVILLE.CA



Classico Pasta Sauce
 218-650mL jar
 selected varieties

4⁴⁹
 SAVE \$1



Maxwell House
 Original Roast
 Ground Coffee
 864g canister

11⁹⁹
 SAVE \$4



Kraft Peanut Butter
 750g-1kg jar or
 Hazelnut Spread
 with Cocoa 725g jar
 selected varieties

6⁹⁹
 SAVE AT
 LEAST \$1.50



Heinz Ketchup
 750mL-1L bottle
 selected varieties

5⁴⁹
 SAVE \$1



Kraft Jell-O
 Powder Mix
 10-85g pkg
 selected varieties

99¢
 SAVE AT
 LEAST 50¢



Kraft Dinner
 175-200g pkg
 selected varieties

1⁹⁹
 SAVE 50¢



Kraft Salad
 Dressings
 425mL bottle
 selected varieties

3⁴⁹
 SAVE \$1.50



Crave Frozen Entrees
 283-340g pkg
 selected varieties

4⁹⁹
 SAVE \$1.80



Kraft Philadelphia
 Cream Cheese
 227-250g pkg
 selected varieties

4⁴⁹
 SAVE \$1



Kraft Jell-O
 Pudding Mixes
 99-113g pkg
 selected varieties

1²⁹
 SAVE AT
 LEAST 70¢

NO PURCHASE NECESSARY. Legal residents of Canada 14 years of age or older. Entry between January 1 and March 2, 2025. One \$250,000 community prize in arena upgrades and an NHL® Pre-Season game. ARV \$650,000. Three \$25,000 community prizes in arena upgrades. ARV \$25,000 each. Odds depend on number of eligible entries, judging and voting. Official Rules: www.krafthockeyville.ca

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PRICES ON THIS PAGE EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.

SOUP'S ON!

LOBSTER TOMATO BISQUE

NEW

TUSCAN SAUSAGE KALE

LOCAL

Longo's Soup
700mL tub
selected varieties

849

SAVE 50¢

BUTTERNUT SQUASH

NEW

PLANT-BASED CHILI

TUSCAN TOMATO

Rich, satisfying, and ready in minutes; our locally made heat-and-serve soups and chili are the perfect mealtime solution. Enjoy on their own, as a starter, or poured over rice or pasta for a comforting twist.



Bone Brewhouse
Chicken Bone Broth
600mL pkg
selected varieties

799

SAVE \$1



Bone Brewhouse
Grass-Fed Beef Bone Broth
600mL pkg
selected varieties

1249

SAVE \$1.50



LIMITED TIME ONLY!

349

SAVE UP TO 50¢

Campbell's Chunky or Ready To Serve Soup
510-515mL can
selected varieties



Yorkshire Valley Farms
Organic Soup
398mL can
selected varieties

BUY ONE GET ONE
FREE
SAVE \$4.99

Mitchell's
Soup Mix
325-400g pkg
selected varieties

899

SAVE \$1



199

THANK YOU

Longo's
Essentials Broth
946mL tetra
selected varieties

EARN 25 POINTS

ADD LOCAL TO YOUR LIST.

Longo's



MEET THE FARMER
Mastronardi Produce

LOCATION
Kingsville, Ontario

**WHY THEY ARE
OUR PARTNER**

The pioneer and leader
in the gourmet greenhouse
industry, Mastronardi
Produce has been family-
owned for over 70 years



2⁹⁹
/LB

Fresh Hothouse
Beef Tomatoes
Product of Ontario
6.59/kg



Longo's Fresh Flavour Bomb
Cherry Tomatoes on a Vine
Product of Ontario
341g pkg

4⁹⁹



Fresh Seedless Cucumbers
Product of Ontario

2 FOR \$5



2⁹⁹
/LB

Fresh Cluster Tomatoes
Product of Ontario
6.59/kg

CATCH OF THE DAY.



14⁹⁹
SAVE \$1.50 Longo's Frozen Breaded or Beer-Battered 500-600g pkg selected varieties



Longo's Frozen Tempura Shrimp 400g pkg
COLOSSAL
14⁹⁹
SAVE \$1



Longo's Frozen Tempura Shrimp 500g pkg
11⁹⁹
SAVE \$1



Longo's Frozen Beer Battered Tempura Shrimp 454g pkg torpedo shape
11⁹⁹
SAVE \$1



TRY IT WITH

Longo's Seafood Sauce Original Mild 250mL jar
2⁴⁹
SAVE 30¢



9⁹⁹
SAVE \$3 Toppits Frozen Gluten-Free Breaded Fish 400g pkg selected varieties



8⁹⁹
SAVE \$2 Toppits Frozen Gluten-Free Battered Shrimp 340g pkg



Longo's Frozen Breaded Coconut Shrimp 500g pkg
11⁹⁹
SAVE \$1

EASY MEAL SOLUTIONS

Eggplant Parmigiana

Ricotta & Spinach Lasagna

Three Cheese Macaroni & Cheese

Spaghetti with Meatballs and Marinara Sauce



LOW PRICE LOCKDOWN

ONLY \$10 PER SERVING

Oven Ready Meals
700mL tubs

19⁹⁹

Delicious oven-ready meal options from Longo's makes getting home from work so much easier! Make dinnertime, fun-time and take the guesswork out of getting home.

CHOOSE FROM:

- Longo's Eggplant Parmigiana
- Longo's Traditional Beef Lasagna
- Longo's Mac and Cheese
- Longo's Spaghetti and Meatballs

PASS THE PASTA, PLEASE!

IMPORTED FROM ITALY

Trust us, you've never had store-bought pasta like this. Our stuffed pasta is imported straight from Italy and boasts premium fillings including fresh squash, porcini mushrooms, Grana Padano DOP, creamy buffalo mozzarella and more.

Longo's Fresh Curato Pasta
250g pkg
selected varieties

5⁴⁹
SAVE 50¢



OUT OF THIS WORLD!

A true testament to the dedication and horticultural passion that the Cosmic Crisp apple took more than 20 years to develop! The result is a firm, crisp and juicy apple, which is a cross between the Enterprise and Honeycrisp varieties. Balanced flavour and firm texture make this apple ideal for snacking, baking and entertaining alike.

Fresh Cosmic Crisp Apples
Product of U.S.A.
4.39/kg

1⁹⁹
/LB

3lb bag
\$5.99



COSMIC CRISP

WHY NOT TRY
SAMPLE IN-STORE
JANUARY 11-12
AND
JANUARY 18-19



3⁹⁹

Gray Ridge Large White Eggs
12 pack



1⁹⁹

Longo's Essentials Bread
675g pkg



5⁹⁹

Longo's Essentials Country Churned Butter
454g pkg

6⁰⁹

Beatrice Milk
2%, 1% or skim
4L bag



3²⁹

Redpath Sugar
2kg pkg



2 FOR \$10

Longo's Sparkling Water
12x355mL cans
Lemon Lime or Blackberry
Individual \$5.99



3⁹⁹

Oikos or Liberté Greek Yogurt
4x100g pkg



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29



6⁹⁹

Longo's Honeycrisp Apples
Product of Ontario
3lb bag



3⁹⁹

Longo's Russet Potatoes
10lb bag
Product of Canada



2⁹⁹
/100G

Longo's Curato Parmigiano Reggiano DOP Cheese
Average weight 1kg
Aged 24 months



12⁹⁹

Longo's Traditional Meat Lasagna or Vegetable Lasagna
2.27kg pkg



\$5.00/
serving

19⁹⁹

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up to 4



LOCAL

2⁴⁹
/LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 5.49/kg



9⁹⁹

Lactantia PürFiltre Organic Milk 2%, 1% or Organic Meadow Organic Milk
2%, 1% or skim, 4L bag



9⁹⁹

French Emmental Cheese
Average weight 400g



2 FOR \$8

Miss Vickie's Chips
200g pkg
Individual \$4.49
selected varieties



21⁹⁹

Tide Liquid Laundry Detergent
3.9L jug, 100 loads



19⁹⁹

Cashmere Bath Tissue
24=72 rolls



21⁹⁹

Bounty Select-A-Size Paper Towel
6=18 rolls

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

PRICES ON THIS PAGE EFFECTIVE FROM THURSDAY JANUARY 9TH TO WEDNESDAY JANUARY 15TH, 2025.