

## Shop our *best deals* of the week



**HOTSALE!**  
MVP  
**99¢** LB  
Pork  
**WHOLE BOSTON BUTT**  
LIMIT 2  
W/O MVP Card \$2.29 LB

**YOU SAVE \$1.30 LB**



**HOTSALE!**  
MVP  
**4.99** LB  
W/O MVP Card \$6.99 LB

Beef  
**TOP ROUND LONDON BROIL**



**HOTSALE!**  
MVP  
**99¢** LB  
W/O MVP Card Regular Retail

Family Pack  
**FOOD LION CHICKEN DRUMSTICKS OR THIGHS**



**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card Regular Retail

12-16 Oz. Pkg. Select Varieties Excludes Fully Cooked  
**JIMMY DEAN BREAKFAST SAUSAGE OR BACON**



**SATURDAY ONLY**  
**1 DAY HOT SALE!**  
MVP



**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.99 EA

11.75-13 Oz. Select Varieties  
**FOOD LION CHIPS DELIGHT COOKIES**

REST OF WEEK 2/\$5 MVP

4.75-8 Oz. Select Varieties  
**LAY'S POTATO OR KETTLE CHIPS**  
LIMIT 4 FREE



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card Regular Retail Single Item Half Price Off Regular Retail

REST OF WEEK 2/\$7 MVP



**HOTSALE!**  
MVP  
**2/\$5**

5 Lb. Bag  
**FOOD LION RED POTATOES**  
3 Lb. Bag  
**FOOD LION YELLOW ONIONS**  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**1.19** EA  
W/O MVP Card \$1.89 EA

Red, Green or Romaine  
**LEAF LETTUCE**



**HOTSALE!**  
MVP  
**2.99** EA  
W/O MVP Card \$4.49 EA

3 Lb. Bag  
**MANDARINS**



**HOTSALE!**  
MVP  
**3.99** LB  
W/O MVP Card \$5.99 LB

Freshly Sliced  
**FOOD LION COOKED HAM IN THE DELI**



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$11.99 EA Single Item Half Price Off Regular Retail

20 Oz. Select Varieties  
**SMUCKER'S UNCRUSTABLES SANDWICHES**

REST OF WEEK \$8.99 EA MVP



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card Regular Retail Single Item Half Price

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties  
**PEPSI PRODUCTS**  
LIMIT 4 FREE



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$5.99 EA Single Item Half Price

5.75-12.4 Oz. Select Varieties  
**CHEEZ-IT CRACKERS OR SNAP'D**  
LIMIT 4 FREE



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$6.49 EA Single Item Half Price

48 Oz. Select Varieties  
**BREYERS ICE CREAM**



**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card \$7.99 EA Single Item Half Price

7 Oz. Select Varieties  
**TILLAMOOK CHEDDARS IN THE DELI**



**HOTSALE!**  
MVP  
**1.79** EA  
W/O MVP Card \$4.39 EA

6.2-8.94 Oz. Select Varieties  
**NATURE VALLEY GRANOLA BARS**

REST OF WEEK 2/\$5 MVP



**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card Regular Retail

10-12 Oz. Select Varieties  
**POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL**



**HOTSALE!**  
MVP  
**2.99** EA  
W/O MVP Card \$4.29 EA

20 Oz.  
**NATURE'S OWN BUTTERBREAD**



**HOTSALE!**  
MVP  
**5/\$5**  
W/O MVP Card 2/\$3

4.5-5.3 Oz. Select Varieties  
**CHOBANI GREEK OR ZERO SUGAR YOGURT**



**HOTSALE!**  
MVP  
**3.49** EA  
W/O MVP Card \$5.49 EA

30 Oz. Select Varieties  
**DUKE'S MAYONNAISE**

7.8-12.2 Oz. Select Varieties  
**KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL**

**HOTSALE!**  
MVP  
**1.79** EA  
W/O MVP Card Regular Retail



REST OF WEEK 2/\$6 MVP

**MVP DIGITAL COUPON**  
load on app • web • in-store kiosk

**HOT SALE!** **4.99** EA  
W/O MVP Card \$6.99 EA

MVP Coupon **-1.00** OFF!

**3.99** EA  
W/O MVP Card Regular Retail  
17.65-27.51 Oz. Select Varieties Excludes Gluten Free  
**FRESCHETTA PIZZA**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card \$3.68 EA

16.3 Oz. Select Varieties  
**PILLSBURY GRANDS! BISCUITS**

**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card \$5.99 EA

15.5 Oz. Select Varieties  
**TOSTITOS TORTILLA CHIPS OR SALSA**

**HOTSALE!**  
MVP  
**BOGO FREE**  
W/O MVP Card Regular Retail Single Item Half Price

42 Ct. Pak or 100.5-105 Oz. Liquid Select Varieties  
**ARM & HAMMER**

**HOTSALE!**  
MVP  
**6.99** EA  
W/O MVP Card Regular Retail

6 Mega Rolls  
**CHARMIN**  
4 Double Rolls  
**BOUNTY**  
Select Varieties

REST OF WEEK \$7.99 EA MVP

**PRICED LOW EVERY DAY** ON ITEMS YOU BUY MOST OFTEN & **HOTSALE!** OUR BEST WEEKLY MVP DEALS



# Fresh savings for your family

Fill the dinner table with the quality meat and seafood everyone loves.

**100% FRESH**  
OR DOUBLE YOUR MONEY BACK

*Priced low for cooking slow*

**HOTSALE!**  
MVP  
**6.99** LB  
W/O MVP Card Regular Retail

**BONELESS STEW BEEF**

**HOTSALE!**  
MVP  
**6.49** LB  
W/O MVP Card Regular Retail

Ground Fresh Daily  
**93% LEAN FRESH GROUND BEEF**

**U.S.D.A. CHOICE**

**HOTSALE!**  
MVP  
**10.99** LB  
W/O MVP Card Regular Retail

**BEEF T-BONE STEAK**

**U.S.D.A. CHOICE**



**HOTSALE!**  
MVP  
**8.49** LB  
W/O MVP Card Regular Retail

**BONE-IN BEEF FLANKEN STYLE OR SHORT RIBS**

**U.S.D.A. CHOICE**



**HOTSALE!**  
MVP  
**4.29** LB  
W/O MVP Card Regular Retail

**NATURE'S PROMISE CHICKEN TENDERLOINS**



**HOTSALE!**  
MVP  
**3.49** LB  
W/O MVP Card Regular Retail

**Center Cut, Bone-In PORK CHOPS**



**HOTSALE!**  
MVP  
**4.99** EA  
W/O MVP Card Regular Retail

**19 Oz. Pkg. Select Varieties CARANDO PREMIUM SAUSAGE**



**HOTSALE!**  
MVP  
**5.99** EA  
W/O MVP Card Regular Retail

**19.2 Oz. Select Varieties SMITHFIELD MARINATED PORK TENDERLOIN**



**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card Regular Retail

**8 Oz. Pkg. All Varieties HATFIELD BONELESS HAM STEAK**



**HOTSALE!**  
MVP  
**79¢** LB  
W/O MVP Card Regular Retail

**10 Lbs. or Larger - Grade A Select Varieties FROZEN TURKEY WHILE SUPPLIES LAST!**



**MVP DIGITAL COUPON**  
load on app • web • in-store kiosk

**LUNCHABLES**  
PIZZA WITH PEPPERONI

**HOT SALE! 2/\$4**  
W/O MVP Card Regular Retail

**MVP Coupon -2.00 OFF 2**

**2/\$2**  
W/O MVP Card Regular Retail

**2.25-4.5 Oz. Pkg. Select Varieties OSCAR MAYER BASIC LUNCHABLES**

**MVP W/ MFR. DISCOUNT SAVINGS LIMIT!**

**Smithfield**  
HOMESLASHED BACON

**16 Oz. Pkg. - Select Varieties SMITHFIELD BACON**

**HOTSALE!**  
MVP  
**4.99** EA  
W/O MVP Card Regular Retail



**BUTTERBALL**  
TURKEY SAUSAGE

**13 Oz. Pkg. - Select Varieties BUTTERBALL TURKEY SMOKED SAUSAGE**

**HOTSALE!**  
MVP  
**2.99** EA  
W/O MVP Card Regular Retail



**DeliFresh**  
OVEN ROASTED

**7-9 Oz. Pkg. - Select Varieties OSCAR MAYER DELI FRESH LUNCH MEAT**

**HOTSALE!**  
MVP  
**3.99** EA  
W/O MVP Card Regular Retail



**John Soules Foods**  
Chicken Fajitas

**6 Oz. Pkg. - Select Varieties JOHN SOULES CHICKEN**

**HOTSALE!**  
MVP  
**2.99** EA  
W/O MVP Card Regular Retail



## SUSTAINABLE SEAFOOD

**HOTSALE!**  
MVP  
**7.99** EA  
W/O MVP Card Regular Retail

**10 Oz. SALMON FILLETS OR WILD CAUGHT TUNA STEAKS**



**Nature's Promise**  
Atlantic Salmon

**3 Oz. Pkg. NATURE'S PROMISE ORGANIC COLD SMOKED ATLANTIC SALMON**

**HOTSALE!**  
MVP  
**6.49** EA  
W/O MVP Card Regular Retail



**FOOD LION**  
Flounder

**12 Oz. Bag - Frozen Select Varieties FOOD LION FLOUNDER FILLETS**

**HOTSALE!**  
MVP  
**4.49** EA  
W/O MVP Card Regular Retail



**FOOD LION**  
RAW SHRIMP

**31-40 Ct. 16 Oz. Bag - Frozen FOOD LION RAW SHRIMP PEELLED AND DEVEINED TAIL-OFF**

**HOTSALE!**  
MVP  
**7.99** EA  
W/O MVP Card Regular Retail





# DELICIOUS BOGOs of the week!

 <p><b>HOTSALE!</b> MVP <b>BOGO FREE</b> W/O MVP Card Regular Retail Single Item Half Price</p> <p>12 Oz. - 3 Pk. Snack Packs or 16 Oz. - Select Varieties <b>JACK'S SPECIAL GARDEN GOURMET FRESH SALSA</b></p>	 <p><b>HOTSALE!</b> MVP <b>BOGO FREE</b> W/O MVP Card \$3.99 EA Single Item Half Price</p> <p>10 Ct. <b>MINI BAGELS</b></p>	 <p><b>HOTSALE!</b> MVP <b>BOGO FREE</b> W/O MVP Card Regular Retail Single Item Half Price</p> <p>8 Ct. <b>MINI CROISSANTS</b></p>
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 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.99 EA</p> <p>4 Ct. Made Hot In-Store <b>ROTISSERIE STYLE CHICKEN LEG QUARTERS</b></p>	 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.99 EA</p> <p>12 Oz. Select Varieties <b>EVERYDAY GOURMET QUICHE</b></p>	 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.99 EA</p> <p>12 Oz. <b>BLOUNT'S FAMILY KITCHEN CHICKEN POT PIE</b></p>	 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.99 EA</p> <p>4 Oz. <b>NEGRONI UNCURED PRE-SLICED SALAMI</b></p>
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 <p><b>HOTSALE!</b> MVP <b>6.99</b> LB W/O MVP Card \$7.99 LB</p> <p>Freshly Sliced <b>FOOD LION AMERICAN OR PEPPER JACK CHEESE</b></p>	 <p><b>HOTSALE!</b> MVP <b>9.99</b> EA W/O MVP Card \$11.99 EA</p> <p>18 Ct. <b>BABYBEL MINI CHEESE</b></p>	 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.49 EA</p> <p>14-16 Oz. Select Varieties <b>FOOD LION SLICED LOAF CAKES</b></p>	 <p><b>HOTSALE!</b> MVP <b>4.99</b> EA W/O MVP Card \$5.49 EA</p> <p>14.4-15 Oz. Select Varieties <b>LOFTHOUSE COOKIES</b></p>
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## Our BRANDS

## DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

Save on an easy meal with our budget-friendly private brand ingredients



**FOOD LION**  
**COMPANION**

Nature's Promise  
**taste of Inspirations**

Always My Baby

CHIA-CHING

**CAREone**



**HOTSALE!**  
MVP  
**5.99**  
EA  
W/O MVP Card \$6.99 EA

28 Oz. Made Hot In-Store  
**TRADITIONAL ROTISSERIE CHICKEN IN THE DELI**



**HOTSALE!**  
MVP  
**1.99**  
EA

8 Oz. Bar Select Varieties  
**FOOD LION CREAM CHEESE**



**HOTSALE!**  
MVP  
**86¢**  
EA

15-15.5 Oz. Select Varieties  
**FOOD LION BEANS**



**HOTSALE!**  
MVP  
**59¢**  
EA  
W/O MVP Card 75¢ EA

Bulk  
**FRESH CORN ON THE COB**



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$4.29 EA

16 Oz. Select Varieties  
**FOOD LION SHREDDED CHEESE**



**HOTSALE!**  
MVP  
**2/\$3**  
W/O MVP Card \$1.69 EA

4 Oz.  
**FOOD LION DICED GREEN CHILES**



Here with a new week of digital coupon savings

Sign in at foodlion.com, our app or the in-store kiosk



3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRI ZGSA ZKGB ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGS ZNGV ZNHP ZNNL ZNTT ZNTU ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/19/25



# DEALS FOR DOLLARS

MVP



**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card 2/\$3

4.7 Oz. Select Varieties  
**BREAKSTONE'S COTTAGE DOUBLES**

5.7-6.9 Oz. Select Varieties  
**ZATARAIN'S RICE**

**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card \$1.79 EA



1.5-2 Oz. Select Varieties  
**CRACKER BARREL CHEESE CUBES OR BITES**

**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card \$1.69 EA

4.8 Oz. Select Varieties  
**MT. OLIVE PICKLE POUCH**

**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card \$1.99 EA

16 Oz. Bottle Select Varieties  
**HINT WATER**

**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card \$1.38 EA

12.5 Oz. Select Varieties  
**JARRITOS SODA**

**HOTSALE!**  
MVP  
**\$1** EA  
W/O MVP Card Regular Retail



12 Oz. Select Varieties  
**COCA-COLA DE MEXICO**

**HOTSALE!**  
MVP  
**\$2** EA  
W/O MVP Card Regular Retail



4 Oz. Select Varieties  
**HI-CHEW ORIGINAL MIX FRUIT CANDY**

**HOTSALE!**  
MVP  
**\$2** EA  
W/O MVP Card \$2.49 EA

12 Oz. Select Varieties  
**FRENCH'S MUSTARD**

**HOTSALE!**  
MVP  
**\$2** EA  
W/O MVP Card \$3.19 EA

3.5-7.4 Oz. - Select Varieties  
**BIBIGO ORGANIC SEAWEED SNACK OR STICKY WHITE RICE**

**HOTSALE!**  
MVP  
**\$2** EA  
W/O MVP Card Regular Retail

20 Oz. Select Varieties  
**BODYARMOR FLASH I.V.**

**HOTSALE!**  
MVP  
**\$2** EA  
W/O MVP Card \$2.79 EA



6 Oz. Select Varieties  
**MARIE CALLENDER'S MINI PIES**

**HOTSALE!**  
MVP  
**\$3** EA  
W/O MVP Card \$3.49 EA

**HOTSALE!**  
MVP  
**\$3** EA  
W/O MVP Card \$3.99 EA

9.5-11.75 Oz. Select Varieties  
**PEPPERIDGE FARM CHEESE TOAST**

12 Oz. Select Varieties  
**BRIANNAS DRESSING**

**HOTSALE!**  
MVP  
**\$3** EA  
W/O MVP Card \$4.58 EA



15.4-16.8 Oz. - Select Varieties  
**GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS**

**HOTSALE!**  
MVP  
**\$3** EA  
W/O MVP Card Regular Retail



64 Oz. Select Varieties  
**MAOLA WHOLE OR CHOCOLATE MILK**

**HOTSALE!**  
MVP  
**\$3** EA  
W/O MVP Card Regular Retail

**HOTSALE!**  
MVP  
**\$4** EA  
W/O MVP Card Regular Retail

7.4-13.7 Oz. Select Varieties  
**GARDEIN MEATLESS MEATS**

52 Oz. Select Varieties  
**SIMPLY ORANGE JUICE**

**HOTSALE!**  
MVP  
**\$4** EA  
W/O MVP Card \$4.79 EA



**HOTSALE!**  
MVP  
**\$4** EA  
W/O MVP Card Regular Retail

10-13 Oz. - Select Varieties  
**BERTOLLI PASTA SIDES OR P.F. CHANG'S SIDES**



16 Ct. or 32 Oz. Select Varieties  
**YOGI TEA**

**HOTSALE!**  
MVP  
**\$4** EA  
W/O MVP Card Regular Retail

**PRICED LOW EVERY DAY**

16 Oz. Select Varieties  
**PACE SALSA OR PICANTE SAUCE**

**2.89** EA MVP  
W/O MVP Card \$3.58 EA

12 Oz. Select Varieties  
**CARNATION EVAPORATED MILK**

**1.88** EA MVP  
W/O MVP Card \$2.29 EA

**FOOD LION MVP HOTSALE!**

14 Oz. Select Varieties  
**FOOD LION ASIAN SAUCES**

**2/\$5** MVP  
W/O MVP Card Regular Retail

10-12 Oz. Select Varieties  
**MODERN MILL SALAD TOPPER**

**4.99** EA MVP  
W/O MVP Card \$5.99 EA

**PRICED LOW EVERY DAY**

8-10.7 Oz. Select Varieties  
**M&M'S SHARING SIZE**

**4.99** EA MVP  
W/O MVP Card \$5.69 EA

4.6 Oz. Select Varieties  
**ARMOUR VIENNA SAUSAGE**

**PRICED LOW EVERY DAY**  
**90¢** EA MVP  
W/O MVP Card \$1.18 EA

5 Lb. Select Varieties  
**HOUSE OF AUTRY HOUSE BUTRY BREADER**

**HOTSALE!**  
MVP  
**5.99** EA  
W/O MVP Card \$9.49 EA

**HOTSALE!**  
MVP  
**5/\$5**  
W/O MVP Card \$1.59 EA

3.75 Oz. Select Varieties  
**BEACH CLIFF SARDINES**

18-20 Oz. Select Varieties  
**MARTIN'S BIG MARTY'S OR HOAGIE ROLLS**

**HOTSALE!**  
MVP  
**3.59** EA  
W/O MVP Card \$4.79 EA

0.4-1.1 Oz. Select Varieties  
**HIDDEN VALLEY SALAD DRESSING MIX**

**HOTSALE!**  
MVP  
**2/\$3**  
W/O MVP Card \$2.48 EA

25 Oz. Select Varieties  
**BLUE DIAMOND ALMONDS**

**HOTSALE!**  
MVP  
**9.99** EA  
W/O MVP Card \$12.49 EA

2 Ct. Select Varieties  
**HANDI-FOIL COOK AND CARRY UTILITY PANS WITH LIDS**

**HOTSALE!**  
MVP  
**4.99** EA  
W/O MVP Card \$5.99 EA



## Easy meal and snacking solutions

Available in our Deli & Bakery

12 Oz. Select Varieties  
**RANA LASAGNA OR PASTA MEALS**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$6.99 EA

11.8-12.7 Oz.  
**UNO FLATBREAD PIZZA**

**HOTSALE!**  
MVP  
**5.99**  
EA  
W/O MVP Card \$6.99 EA

16 Oz. Select Varieties  
**PANERA SOUPS**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$5.99 EA

**NATURE'S PROMISE FRENCH BAGUETTE**

**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.49 EA

8 Oz.  
**TASTE OF INSPIRATIONS GUACAMOLE**

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$3.99 EA

In-Store Made  
**TORTILLA CHIPS**

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$3.99 EA

## BEVERAGE CENTER

6 Pack  
16-16.9 Oz. Bottles  
Select Varieties  
**COKE PRODUCTS**

**HOTSALE!**  
MVP  
**3/\$12**  
W/O MVP Card Regular Retail

**OCEAN SPRAY**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$5.89 EA

6 Pack Select Varieties

2 Liter  
Select Varieties  
**7-UP OR CANADA DRY PRODUCTS**

**HOTSALE!**  
MVP  
**3/\$5**  
W/O MVP Card Regular Retail

8 Pack  
12 Oz. Cans  
Select Varieties  
**POLAR SELTZER'ADE**

**HOTSALE!**  
MVP  
**3.69**  
EA  
W/O MVP Card Regular Retail

11 Oz. Can  
Ready To Drink  
Select Varieties  
**BLACK RIFLE COFFEE**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.99 EA

12 Pack  
8 Oz. Bottles  
**DEER PARK SPRING WATER**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card \$2.99 EA

12 Pack  
12 Oz. Cans  
Select Varieties  
**CELSIUS**

**HOTSALE!**  
MVP  
**19.99**  
EA  
W/O MVP Card \$23.99 EA

2 Liter  
Select Varieties  
**FOOD LION SODA**

**PRICED LOW EVERY DAY**  
**1.19**  
EA

24 Pack  
16.9 Oz. Bottles  
**DASANI WATER**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$7.99 EA

1.5 Liter  
**ETERNAL NATURALLY ALKALINE SPRING WATER**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.28 EA

64 Oz.  
Select Varieties  
**FOOD LION GRAPE JUICE**

**PRICED LOW EVERY DAY**  
**3.29**  
EA

**DOUBLE MONEY BACK GUARANTEE** See foodlion.com for details

# FOOD LION

Wipe away the winter blues for less  
with our line of quality cleaning products.

1 Double Roll  
Select Varieties  
**FOOD LION PAPER TOWELS**

**HOTSALE!**  
MVP  
**4/\$5**  
W/O MVP Card \$1.59 EA

4 Ct.  
**FOOD LION EXTRA STRENGTH ERASERS**

75 Ct.  
**FOOD LION DISINFECTING WIPES**  
Select Varieties

**HOTSALE!**  
MVP  
**2/\$6**  
W/O MVP Card \$3.99 EA

32 Oz. Select Varieties  
**FOOD LION GLASS CLEANER**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.98 EA

32 Oz. Select Varieties  
**FOOD LION CLEANER WITH BLEACH**

**HOTSALE!**  
MVP  
**2/\$4**  
W/O MVP Card \$2.88 EA

43 Ct. Select Varieties  
**FOOD LION DISHWASHER DETERGENT**

**HOTSALE!**  
MVP  
**6.99**  
EA  
W/O MVP Card \$8.99 EA

12 Ct. Wet or 16 Ct. Dry  
Select Varieties  
**FOOD LION FLOOR REFILLS**

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$5.29 EA



taste of **Inspirations**<sup>®</sup>

A **FOOD LION** private brand

Grab a snack crafted with quality to make every day more delicious

8.5-9 Oz. Select Varieties  
**TASTE OF INSPIRATIONS DREAM MIX**

**HOTSALE!**  
MVP  
**6.29**  
EA  
W/O MVP Card \$7.19 EA



3.5 Oz. Select Varieties  
**TASTE OF INSPIRATIONS SWISS CHOCOLATE BAR**

**HOTSALE!**  
MVP  
**2.49**  
EA  
W/O MVP Card \$2.99 EA



3 Oz.  
**TASTE OF INSPIRATIONS HUMMUS SNACK PACKS IN THE DELI**

**HOTSALE!**  
MVP  
**2/\$3**  
W/O MVP Card \$1.99 EA



10 Oz.  
**TASTE OF INSPIRATIONS HUMMUS IN THE DELI**

**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.49 EA



8 Oz.  
**TASTE OF INSPIRATIONS CHEESE CUBES IN THE DELI**

**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card \$3.99 EA



**DAIRY**



**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.99 EA

4 Pack Select Varieties  
**JELL-O GELATIN OR PUDDING**

16 Oz. Select Varieties  
**DAISY SOUR CREAM**

**PRICED LOW EVERY DAY**  
MVP  
**2.69**  
EA  
W/O MVP Card \$3.29 EA



**HOTSALE!**  
MVP  
**2.00**  
EA  
W/O MVP Card \$2.99 EA



16 Oz. Select Varieties  
**BREAKSTONE'S COTTAGE CHEESE**

59 Oz. Select Varieties  
**MINUTE MAID PUNCHES OR ADES**

**PRICED LOW EVERY DAY**  
MVP  
**2/\$4**  
W/O MVP Card \$2.48 EA



32 Oz. Select Varieties  
**DANNON TRADITIONAL YOGURT**

**HOTSALE!**  
MVP  
**2.99**  
EA  
W/O MVP Card \$3.79 EA



14-32 Oz. Select Varieties  
**NESTLÉ COFFEE MATE CREAMER OR COLD FOAM**

**HOTSALE!**  
MVP  
**2/\$7**  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**4/\$5**  
W/O MVP Card \$1.99 EA



5.3 Oz. Select Varieties  
**OIKOS PRO YOGURT CUPS**

**FROZEN**



**HOTSALE!**  
MVP  
**3.49**  
EA  
W/O MVP Card Regular Retail

9-14 Oz. Select Varieties  
**HEALTHY CHOICE SIMPLY STEAMERS OR MARIE CALLENDER'S DINNERS**



**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card Regular Retail

18.4-20 Oz. Select Varieties  
**TOMBSTONE ORIGINAL OR TAVERN STYLE PIZZA**



**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$5.99 EA

37.4-41.6 Oz. Select Varieties  
**PILLSBURY GRANDS! BISCUITS**

7-10 Oz. Select Varieties  
**GREEN GIANT BOXED VEGETABLES**

**HOTSALE!**  
MVP  
**5/\$5**  
W/O MVP Card \$1.99 EA



18.2-24.5 Oz. Select Varieties  
**GORTON'S FROZEN SEAFOOD**

**HOTSALE!**  
MVP  
**4.99**  
EA  
W/O MVP Card \$8.59 EA



**MVP DIGITAL COUPONS**  
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**HOTSALE! 2/\$8**  
W/O MVP Card \$4.99 EA  
MVP Coupon -1.00 OFF 2

15.2-16 Oz. Select Varieties  
**BEN & JERRY'S ICE CREAM**

**2/\$7**  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1



10.5-16 Oz. Select Varieties  
**BOSTON MARKET FROZEN DINNERS**

**HOTSALE! 2/\$6**  
W/O MVP Card \$3.79 EA  
MVP Coupon -1.00 OFF 2

**2/\$5**  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

**BREAKFAST**

12-14 Oz. Select Varieties  
**GENERAL MILLS CHEX CEREAL**

**HOTSALE!**  
MVP  
**3.99**  
EA  
W/O MVP Card \$4.99 EA



52 Oz. Select Varieties  
**FAIRLIFE MILK**

**PRICED LOW EVERY DAY**  
MVP  
**4.99**  
EA  
W/O MVP Card \$6.19 EA



**PRICED LOW EVERY DAY**  
MVP  
**2/\$6**  
W/O MVP Card \$3.69 EA



10.7-12.3 Oz. Select Varieties  
**EGGO FROZEN WAFFLES**

10 Ct. K-Cups or 12 Oz. Bag Select Varieties  
**SEATTLE'S BEST COFFEE**

**HOTSALE!**  
MVP  
**5.49**  
EA  
W/O MVP Card Regular Retail



1.25-2.8 Oz. Select Varieties  
**KELLOGG'S CEREAL IN A CUP**

**HOTSALE!**  
MVP  
**4/\$5**  
W/O MVP Card \$1.39 EA



4.5-8 Oz. Select Varieties  
**BETTY CROCKER OR MOTT'S FRUIT SNACKS**

**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card Regular Retail



**HOTSALE!**  
MVP  
**2/\$5**  
W/O MVP Card \$2.79 EA



9-16.2 Oz. Select Varieties  
**LITTLE DEBBIE HONEY BUNS OR OATMEAL PIES**

10 Ct. K-Cups or 10-12 Oz. Bag Select Varieties  
**DUNKIN' COFFEE**

**HOTSALE!**  
MVP  
**7.99**  
EA  
W/O MVP Card Regular Retail





# HEALTH & BEAUTY

28-42 Ct. Select Varieties  
**ALWAYS PADS OR TAMPAX TAMPONS**

**8.49** EA  
W/O MVP Card \$10.49 EA

100 Ct. Select Varieties  
**CAREONE POTASSIUM**

**3.99** EA  
W/O MVP Card \$4.99 EA

100 Ct. Select Varieties  
**CAREONE FISH OIL OR MELATONIN**

**7.49** EA  
W/O MVP Card Regular Retail

14-18 Oz. - Select Varieties  
**ARM & HAMMER KIDS 3-IN-1 BODY WASH OR LIQUID HAND SOAP**

**2/\$3**  
W/O MVP Card \$1.99 EA

33 Oz. Select Varieties  
**AVEENO DAILY MOISTURIZING BODY WASH**

**12.99** EA  
W/O MVP Card \$13.99 EA

60-90 Ct. Select Varieties  
**NATURE'S PROMISE VITAMIN AND SUPPLEMENT GUMMIES**

**8.49** EA  
W/O MVP Card \$9.99 EA

100 Ct. Select Varieties  
**CAREONE VITAMIN B-12 OR VITAMIN C**

**7.99** EA  
W/O MVP Card Regular Retail

**6.99** EA  
W/O MVP Card \$8.99 EA

12 Oz. Select Varieties  
**NYQUIL OR DAYQUIL LIQUID**

**9.99** EA  
W/O MVP Card \$12.99 EA

**MVP DIGITAL COUPONS**  
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18-20 Oz. Select Varieties  
**IRISH SPRING OR SOFTSOAP BODY WASH**

**2/\$5**  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

**HOTSALE! 2/\$10**  
W/O MVP Card Regular Retail  
MVP Coupon -500 OFF 2

112-216 Ct. Select Varieties  
**PAMPERS BABY WIPES**

**6.99** EA  
W/O MVP Card \$7.89 EA

15-22 Ct. Select Sizes  
**PAMPERS EASY UPS TRAINING PANTS**

**9.99** EA  
W/O MVP Card \$11.99 EA

3.5-4 Oz. Select Varieties  
**PLUM ORGANICS BABY FOOD**

**2/\$3**  
W/O MVP Card \$1.79 EA

88-144 Ct. Select Varieties  
**LUVS DIAPERS**

**28.99** EA  
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

## BABY

# HOUSE & HOME

80-100 Ct. Dryer Sheets or 18 Oz. Scent Booster  
Select Varieties  
**ARM & HAMMER**

**2/\$6**  
W/O MVP Card Regular Retail

10-20 Ct. Slider or 30-50 Ct. Reclosable - Select Varieties  
**FOOD LION STORAGE OR FREEZER BAGS**

**2/\$4**  
W/O MVP Card Regular Retail

136.4-139.2 Oz. Select Varieties  
**XTRA**

**6.49** EA  
W/O MVP Card \$7.59 EA

32.5 Oz. Select Varieties  
**PALMOLIVE DISH SOAP**

**3.99** EA  
W/O MVP Card \$4.49 EA

12 Rolls Select Varieties  
**FOOD LION 1-PLY BATH TISSUE**

**7.69** EA  
W/O MVP Card \$8.69 EA

20-40 Ct. Select Varieties  
**FOOD LION PLATES OR BOWLS**

**2/\$5**  
W/O MVP Card \$2.99 EA

8 Oz. Select Varieties  
**GLADE**

**2/\$4**  
W/O MVP Card \$2.79 EA

32-48 Oz. Select Varieties  
**LYSOL ALL-PURPOSE CLEANER**

**3.99** EA  
W/O MVP Card Regular Retail

40-48 Oz. Select Varieties  
**OXICLEAN**

**7.99** EA  
W/O MVP Card \$8.99 EA

8 Super Mega or 12 Mega Rolls  
**QUILTED NORTHERN 8 ROLLS BRAUNNY**  
Select Varieties

**12.99** EA  
W/O MVP Card Regular Retail

## PET

3-3.47 Lb. Select Varieties  
**MEOW MIX DRY CAT FOOD**

**5.19** EA  
W/O MVP Card \$5.99 EA

33 Oz. Select Varieties  
**MEOW MIX TENDER FAVORITES VARIETY PACK**

**7.99** EA  
W/O MVP Card \$9.19 EA

12.5 Oz. Select Varieties  
**BLUE BUFFALO HOMESTYLE RECIPE DINNER**

**2.99** EA  
W/O MVP Card \$3.79 EA

6 Ct. Select Varieties  
**RACHAEL RAY SOUP BONES**

**3.39** EA  
W/O MVP Card \$3.79 EA



# ORGANIC

## NUTRITIOUS & AFFORDABLE

In our produce department you'll find organics, what's best in season, and your everyday favorites at the best prices possible.

*100% fresh or double your money back*

See foodlion.com for details




**HOTSALE!**  
MVP

**1.99**  
EA

W/O MVP Card Regular Retail

16 Oz. NATURE'S PROMISE ORGANIC TOMATOES ON THE VINE




**HOTSALE!**  
MVP

**1.99**  
EA

W/O MVP Card Regular Retail

ORGANIC SEEDLESS CUCUMBERS




**HOTSALE!**  
MVP

**4.99**  
EA

W/O MVP Card Regular Retail

3 Ct. Pkg. SUNSET ORGANIC SWEET BELL PEPPERS




**HOTSALE!**  
MVP

**3.49**  
EA

W/O MVP Card Regular Retail

1 Lb. Container ORGANIC STRAWBERRIES




**HOTSALE!**  
MVP

**3.49**  
EA

W/O MVP Card Regular Retail

1 lb Bags. NATURE'S PROMISE ORGANIC LIMES




**HOTSALE!**  
MVP

**2.99**  
EA

W/O MVP Card Regular Retail

5 Oz. - Select Varieties NATURE'S PROMISE ORGANIC SALAD MIX




**HOTSALE!**  
MVP

**2/\$5**

W/O MVP Card Regular Retail

Pint BLUEBERRIES  
1 Lb. Container STRAWBERRIES



**HOTSALE!**  
MVP

**79¢**  
EA

W/O MVP Card Regular Retail

NAVEL ORANGES



**HOTSALE!**  
MVP

**99¢**  
EA

W/O MVP Card Regular Retail

HASS AVOCADOS



**HOTSALE!**  
MVP

**1.89**  
EA

W/O MVP Card Regular Retail

2 Lb. FOOD LION WHOLE CARROTS



**HOTSALE!**  
MVP

**1.49**  
EA

W/O MVP Card Regular Retail

Bunch CELERY



**4 INCH ASSORTED BULBS**

While Supplies Last!

**4.99**  
EA

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We accept competitor's coupons, exceptions may apply, see store associate for details. Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores. Sale Begins Wednesday at 8 am in 24 Hour Stores.