

FEBRUARY

**HIT
OF THE
MONTH**



Annie's Mac & Cheese
Selected varieties, 170 g
20316187001_EA / 20811201_EA



Cavendish Fries, frozen
Selected varieties, 800 g
21559837_EA / 21602936_EA



**Vachon Jos Louis, Ah Caramel,
Vanilla Half Moon, Apple
Raspberry Flakies or Swiss Rolls**
282 g - 336 g
20963606_EA / 21027889_EA



Royale Tiger Towels
3=6 rolls
21484702_EA

See in-store for retails

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid February 1st - 28th, 2025. We reserve the right to limit quantities to reasonable family requirements.

Get down with lowered prices.

PRICE CUT
EVENT

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 6 TO WEDNESDAY, FEBRUARY 12, 2025.



WOW!
2.99
LB

PORK BACK RIBS
Frozen
6.59/kg
21103294 EA

WHILE QUANTITIES LAST



SAVE UP TO 25%
\$6

SEAQUEST® RAW SHELL ON SHRIMP or COOKED PEELED SHRIMP 36-45 per lb., 300 g or **SMALL SCALLOPS** 400 g
Frozen
21043685 EA/211558227 EA

36-45/lb
SEAQUEST®
RESPONSIBLY FARMED
Pacific White Shrimp
Crevettes blanches du Pacifique
Produit de la zone de production
300 g (10.60 lb)
COOKED • CUT



SAVE 30%
3.49

PKG OF 5 OR 6

AVOCADOS
product of Mexico
2014222001 EA



ONLY
3.99

PKG OF 3

FARMER'S MARKET™ ENGLISH CUCUMBERS
product of Western Provinces, Canada no. 1 grade
20028481001 EA



SAVE 50%
.99

HEINZ BEANS or PASTA
selected varieties
375 mL
20040390003 EA/20177279001 EA



SAVE 20%
4.77

ARMSTRONG or PC® SHREDDED CHEESE 250-320 g or **ARMSTRONG CHEESE** 400 g
selected varieties
21786240 EA/213461749 EA



SAVE 22%
3.47

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
320-410 g
20294100001 EA/20294100001 EA



ONLY
4.99

KRAFT PEANUT BUTTER 750 g/1 kg or **HAZELNUT SPREAD** 725 g
selected varieties
20029581001 EA/21285418 EA



SAVE 36%
1.44

OASIS JUICE, DEL MONTE NECTAR or ARIZONA ICED TEA 960 mL or **FRUITE DRINKS** 2 L
selected varieties
202340722001 EA/20894117004 EA



SAVE UP TO 33%
2.50

LAY'S POTATO CHIPS 165-235 g or **POPPABLES** 130 g
selected varieties
21241032 EA



SAVE UP TO 38%
7.99

TIDE SIMPLY LIQUID LAUNDRY DETERGENT 3.1 L, **FLEECY FABRIC SOFTENER** 3.5 L or **DRYER SHEETS** 200's
selected varieties
21211729 EA/211579684 EA



APP EXCLUSIVE OFFER
2,000 = \$2 Value

\$10

BUTTERMILK CHICKEN TENDERS, CHICKEN STRIPS, MEATBALLS, LEAN GROUND BEEF, BREADED CHICKEN, HORS D'OEUVRES
900 g-1.81 kg, frozen, selected varieties
21272492 EA



APP EXCLUSIVE OFFER
5,000 = \$5 Value

\$15

PC® ROAST AND GROUND COFFEE 800-930 g, **WHOLE BEAN** 820/907 g or **PODS** 30's
selected varieties
2102041 EA/21393407 EA

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

nofrills.ca
01 NFW

DELI DEALS



SAVE UP TO 42%

\$4

MASTRO SALAMI 150 g or
SAN DANIELE PROSCIUTTO 100 g
selected varieties
20281840 EA/21081099 EA



SAVE UP TO 37%

\$5

PILLERS KOLBASSA 250/375 g or
SLICED PEPPERONI 250 g or
PC® GOAT CHEESE LOGS 140 g
DOUBLE CREAM BRIE 200 g or
CHEESE BLOCKS 250 g
selected varieties
20042332 EA/20308489 EA



SAVE UP TO 37%

2.50

ZIGGY'S® FRESH PASTA 350 g or
SALADS 454 g
selected varieties
20084305 EA/21302270 EA



SAVE UP TO 39%

\$3

SABRA HUMMUS 283 g
selected varieties or
PC® NAAN DIPPERS 200 g
20103342 EA/21042033 EA



**ONLY
.99**

BAGUETTE
white or whole wheat
255 g
21329211 EA/21532097 EA

**LOW PRICES
ARE IN
THE AIR**



9.99

**LINDT
CHOCOLATE HEARTS**

selected varieties
108 g
20315282001_EA

WHILE QUANTITIES LAST



11.99

FERRERO HEART

16's
20052252_EA

WHILE QUANTITIES LAST

Optimum[®]
EARN
3,000 pts
=\$3
Value
for every \$10*
spent on



**ALL HERSHEY'S or REESE'S
VALENTINE'S CHOCOLATE**

20078378_EA/21402985_EA

WHILE QUANTITIES LAST

FRESH AT LOW PRICES



4.99

600 G

BLUEBERRIES
product of Chile, Peru or Mexico,
no. 1 grade or
KIWI
product of Greece
20080137001 EA/21576167001 EA



3.99
LB

GREEN or RED SEEDLESS GRAPES
product of Peru, South Africa or Chile,
no. 1 grade
8.80/kg
20421773061 KG/20139199001 KG



2.99
LB

TOMATOES ON THE VINE
product of Canada or Mexico
6.59/kg
20036703001 KG



3.99

CANTALOUPE
product of Guatemala or Honduras,
no. 1 grade or
PINEAPPLE
product of Costa Rica
20167017001 EA/2016092001 EA



If your produce isn't fresh, we'll replace AND refund it.*



1.99
LB

NAVEL ORANGES
product of U.S.A.
4.39/kg
20426078001 KG



3.99

CAULIFLOWER
product of U.S.A. or Mexico,
no. 1 grade or
GREEN or RED PEPPERS
product of Mexico
20135377001 EA/20115233001 EA



5.99

1 LB CLAMSHELL
STRAWBERRIES
product of U.S.A. or Mexico,
no. 1 grade
20159690001 KG/21576167001 EA



\$3

FARMER'S MARKET™ GRAPE TOMATOES
product of Canada,
Mexico or U.S.A. or
MINI CUCUMBERS
product of Canada,
Canada no. 1 grade
2136788001 EA/20737370001 EA



3.99

GROWN IN CANADA
PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES
product of Canada,
Canada no. 1 grade
21367301001 EA/21367300001 EA



4.99
LB/EA

ASPARAGUS 11.00/kg
product of Mexico or U.S.A.,
no. 1 grade or
ROMAINE HEARTS each
product of U.S.A.
20174381001 KG/20067389001 EA



4.99

EAT SMART SWEET KALE or TAYLOR FARMS CHOP SALAD KITS
selected varieties,
product of U.S.A.
313-382 g
21367013001 EA/20139199001 EA



5.99

RENEE'S DRESSINGS or VINAIGRETTES
product of Canada
330-333 ml
20036703001 EA



7.99

PC® WONDERFUL NO SHELL PISTACHIOS
selected varieties,
product of U.S.A.
155/179 g
20036703001 EA



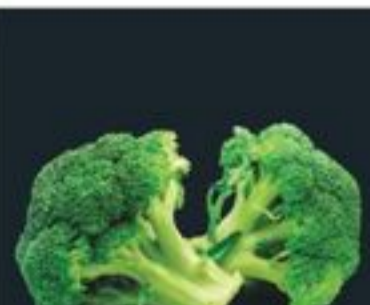
5.99

3 LB BAG
FARMER'S MARKET™ LEMONS
product of U.S.A.
20036703001 EA



2.99

FARMER'S MARKET™ CARROTS or YELLOW ONIONS
product of Canada,
Canada no. 1 grade
20036703001 EA/20139199001 EA



2.99
LB

BROCCOLI CROWNS
product of U.S.A. or Mexico
6.59/kg
20036703001 EA



6.99

3 LB BAG
PC® MANDARINS
product of Morocco or U.S.A.
20036703001 EA



6.99

5 LB BAG
FARMER'S MARKET™ AMBROSIA or SPARTAN APPLES
product of Western Provinces,
Canada fancy grade
20036703001 EA/20036703001 EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FLORAL DEALS



\$10

CUT TULIPS, 10"
assorted colours
21637907_EA



\$10

**SMALL FESTIVE
MIXED BOUQUET**
21593531_EA



\$20

**AVAILABLE
FEBRUARY 11-15TH**

DOZEN ROSES
assorted colours
21440087_EA/21663224_EA

FRESH AT LOW PRICES



CLUB SIZE

3.79
LB

CHICKEN THIGHS
family size
8.36/kg
20058143_KG



JOHNSONVILLE DINNER SAUSAGES, BREAKFAST SAUSAGES, or ROUNDS or ITALIAN GRINDS
selected varieties
250-500 g
20303844_LA

5.99



3.88
LB

MEDIUM GROUND PORK
fresh
8.55/kg
20639961_KG



9.99
LB

BONELESS BEEF STEW
22.02/kg
20704117_KG



8.99

SEAQUEST® WHOLE TILAPIA 1.36 kg or WHOLE POMPANO 800 g
frozen
21201947_LA/21201984_LA

SEAQUEST® WILD PINK SALMON FILLETS
frozen
700 g
21202044_LA

\$10



4.49

MAPLE LEAF TOP DOGS™ SCHNEIDERS WIENERS
selected varieties
275 g
20074977_LA



4.49

PILLER'S SLICED DELI MEAT
selected varieties
150/200 g
21200109_LA/21200123_LA



1,000 = \$1 Value

\$5

AGROPUR BRIE or CAMEMBERT CHEESE or MONSIEUR GUSTAV CHEESE
selected varieties
170 g
20717792_LA/20718740_LA



2.99

D'ITALIANO BREAD 400/475 g or BUNS 4/9"
selected varieties
20026143_LA/20026149_LA



\$4

KING'S HAWAIIAN BUNS
selected varieties
12's
21203970_LA



\$6

FARMER'S MARKET® MUFFINS
selected varieties
4's
21203034_LA/21203037_LA



5.49

RESER'S MAIN ST BISTRO MAC AND CHEESE or MASHED POTATOES
selected varieties
567-680 g
20027947_LA/20028008_LA



\$8

RANA PASTA KITS
selected varieties
454 g
21240028_LA/21240043_LA



\$12

HYGAARD MINI SUBS
handy packs, selected varieties
770/830 g
20703014_LA

BIG GAME BIG DEALS!



Optimum
Members-Only Price**
349
Non-members
399

CHAPMAN'S COLLECTION 8's,
LOLLY NOVELTIES 28's or
MARKDALE CREAMERY
ICE CREAM 2 L
selected varieties, frozen
20115234601 EA/20322757001 EA



SAVE UP TO 35%
579

**CRACKER
BARREL CHEESE
SHREDS** 370 g or
**BLACK DIAMOND
CHEESTRINGS** or
SNACKS 252/336 g
selected varieties
20763841 EA/21290618 EA

SAVE 52%
\$2

**HELUYA GOOD!
DIPS**
selected varieties
250 g
2017997902 EA

ONLY
499
LB

**SPLIT
CHICKEN
WINGS**
fresh
11.00/kg
20761918 EA



399

**NO NAME®
PEANUTS**
selected varieties
500 g
2017602061 EA



549

**JACK LINK'S
JERKY**
selected varieties
65-81 g
200916202 EA



1099

**PC® SPLENDIDO®
ANTIPASTO** or
PROSCIUTTO 300 g
**ZIGGY'S® CHICKEN
STRIPS** 500 g or **ROMA
PEPPERONI** 900 g
selected varieties
21049119 EA/21299922 EA



\$2

DARE COOKIES
148-340 g **DARE
CRACKERS,**
DRY BREADS or
VEGGIE CRISPS
100-222 g
selected varieties
2077348 EA/21040791 EA



\$3

**PRINGLES
POTATO CHIPS**
selected varieties
148/156 g
21002623 EA/21002623 EA



250

**PC® KETTLE,
LOADS OF
WORLD OF
CHIPS**
selected varieties
200 g
2064011062 EA
21422921 EA



429

**TROPICANA
JUICE or
BEVERAGES**
selected varieties
1.36/1.75 L
2021562062 EA
21022130 EA



399

**QUE PASA
TORTILLA
CHIPS** 156-330 g or
SALSA 420 mL
selected varieties
21023218 EA/21239944 EA



699

TASTIEZ® 400 g or
**MCCAIN PIZZA
POCKETS** 600 g
selected varieties, frozen
21047823 EA



149

**COCA-COLA -
PEPSI SOFT
DRINKS**
2 L
202140202 EA
202140202 EA



349

**LA COSTEÑA
SALSA**
selected varieties
475 mL
202160202 EA



399

**FRANK'S
RED HOT, THICK -
SQUEEZE SAUCE**
selected varieties
334 mL
2021620201 EA/21230821 EA



1799

**PC® SPLENDIDO®
OLIVE OIL**
selected varieties
1 L
20216202 EA

APP EXCLUSIVE OFFER*

Optimum
EARN
10,000 pts
=\$10
Value
when you spend
\$25* or more on

**PEPSICO SOFT DRINKS,
FRITO LAY SNACKS,
RUFFLES, BUBLY, TOSTITOS or
QUAKER CRISPY MINIS**
all sizes and varieties
21241022 EA/20222261002 CT



**NO
GST***

For a complete list
of eligible items,
scan here



*GST Relief on eligible items effective December 14, 2024 to February 15, 2025. For details, scan QR code or visit <https://www.canada.ca/en/services/taxes/child-and-family-benefits/gst-hst-holiday-tax-break.html>. Shelf labels for GST Relief eligible items may indicate that GST applies; however, no GST will be applied at point of sale during the relief period.

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.



1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP



PRICE DROP

\$7

HIGH LINER FAMILY SIZE FISH FILLETS
selected varieties, frozen
330-700 g
2017239901 EA



PRICE DROP

6⁹⁹

BECHEL MARGARINE
selected varieties
637/850 g
20297818002 EA



PRICE DROP

\$2

UNICO SOLID LIGHT TUNA IN OIL
198 g
20112743 EA



PRICE DROP

1⁹⁷

BARILLA PASTA 410 g or CATELLI GARDEN SELECT SAUCE 400 mL
selected varieties
21515800 EA/21418287 EA



PRICE DROP

4⁴⁹

SNACK FACTORY PRETZEL CRISPS
selected varieties
300 g
20464945 EA



PRICE DROP

5⁹⁹

NUTELLA HAZELNUT SPREAD
725 g
20428103 EA



PRICE DROP

\$6

ZIGGY'S CHICKEN or TURKEY STRIPS
150/200 g or **KOLBASSA SAUSAGE** 375 g
selected varieties
21480178 EA



PRICE DROP

4⁴⁹

HELLMANN'S REAL MAYONNAISE
selected varieties
340/443 mL
20066232807 EA



PRICE DROP

4⁹⁹

HEINZ KETCHUP
selected varieties
750 mL/1 L
20047080 EA



PRICE DROP

6⁹⁹

STARBUCKS COFFEE ENHANCER
selected varieties
828 mL
21424990 EA

1,000 Value



PRICE DROP

3⁹⁹

CHRISTIE PREMIUM PLUS CRACKERS
selected varieties
430-500 g
21199924 EA



PRICE DROP

3⁹⁹

UNICO PEPPER RINGS or PEPPERONCINI
750 mL
ARTICHOKE HEARTS 200 mL or **KALAMATA OLIVES** 375 mL
2023490707 EA
21199924 EA



PRICE DROP

3⁵⁰

PC ORGANICS SQUEEZABLE FRUIT SNACKS
340 g **JUMBO RAISIN SNACK PACK** 190 g or **CHOCOLATE BAR** 100 g
selected varieties
21199924 EA/21199924 EA



PRICE DROP

4⁹⁹

HÄAGEN-DAZS ICE CREAM
400-430 mL or **NOVELTIES** 3.1 L
selected varieties
2032296901 EA
21199924 EA



PRICE DROP

3⁹⁹

ZIPLOC STORAGE BAGS
selected varieties
10-90's
20071473 EA/20071442 EA



PRICE DROP

\$7

NO NAME FACIAL TISSUE
6x170 sheets
20171007 EA



PRICE DROP

\$8

NO NAME LAUNDRY DETERGENT FABRIC SOFTENER 3.5 L or **DRYER SHEETS** 200's
21440023 EA



PRICE DROP

8⁹⁹

FRITO-LAY VARIETY PACK CHIPS
selected varieties
423/448 g
21199924 EA



194

YOPLAIT SOURCE 630 g,
PROTEIN 4's, MINIGO 6's or
TUBES 8's YOGURT
selected varieties
31291318001 SA/21547595 SA



GENERAL MILLS CEREAL
selected varieties
297-430 g
31104047 SA/21104055 SA

349



\$1

YOPLAIT YOP DRINKABLE YOGURT
selected varieties
200 mL
21479178 SA/21479300 SA

\$3

DUNKAROOS 168 g,
FIBRE 1 BARS 125 g or
NATURE VALLEY MUFFIN, GRANOLA
or **WAFFER BARS**
122-210 g
selected varieties
20587504001 SA/21449986 SA

OLD EL PASO DINNER KITS
250-510 g or
SALSA 650 mL
selected varieties
3030182004 SA/20795334 SA

399

333



333

DANONE ACTIVIA 650 g or
TWO GOOD 4's YOGURT
selected varieties
3032512003 SA

DANONE OIKOS GREEK YOGURT
selected varieties
4's
20419713001 SA



599

DANONE OIKOS TUBS 650/750 g or
ACTIVIA DRINKS 8's YOGURT
selected varieties
21006634 SA/21108439 SA

DANONE ACTIVIA 8's or
TWO GOOD 625 g YOGURT TUBS
selected varieties
30325384002 SA/21477312 SA

399



299

TWIZZLERS CANDY
selected varieties
311-454 g
30022328004 SA

249

HERSHEY'S SNACK SIZE CHOCOLATE 8's or
FAMILY BAR 90-120 g
JOLLY RANCHER CANDY 182/198 g
selected varieties
20079129 SA/21232648 SA

HERSHEY'S CHOCOLATE BAR MULTIPACK 4's or
POUCHES 160-290 g
selected varieties
30303970004 SA/20573406 SA

449



699

PEPSI SOFT DRINKS
12x355 mL
30322361004 C12/30322361002 C12

249

QUAKER RICE CAKES 127-186 g or
CRISPY MINIS 90-196 g
selected varieties
20163798002 SA/20850834 SA

BUBLY or MONTELLIER SPARKLING WATER
selected varieties
10/12x355 mL
21096722 C10/21097177 C12

599



399

DORITOS TORTILLA CHIPS 210-280 g or
CHEETOS SNACKS 170-285 g
selected varieties
21349118 SA/21370199 SA

399

TOSTITOS TORTILLA CHIPS
selected varieties
205-295 g
21005571 SA

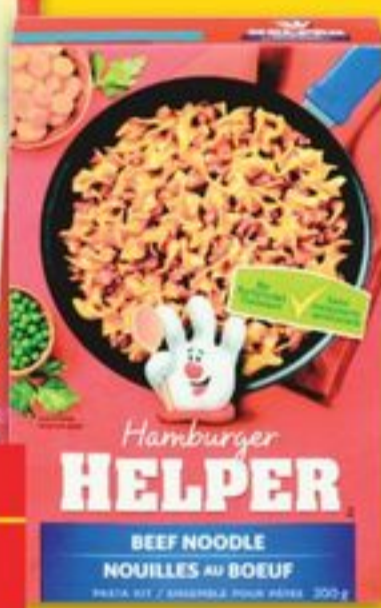
MISS VICKIE'S KETTLE COOKED POTATO CHIPS 190/200 g or
SMARTFOOD POPCORN 150-200 g
selected varieties
20972839 SA/21340703 SA

399

MULTI BUY? TRY SINGLE BUY.



ONE FOR
249



HAMBURGER HELPER 158-220 g or
BETTY CROCKER POTATOES 141-215 g
selected varieties
21574295 EA/21319104 EA



ONE FOR
279

BEN'S ORIGINAL BISTRO RICE
selected varieties
240/250 g
21404900 EA



ONE FOR
297



CLASSICO PASTA SAUCE
selected varieties
410/600 mL
2022949001 EA/21618217 EA



GENERAL MILLS CHEERIOS VEGGIE BLENDS, CHEX, LOADED BITES, OATMEAL CRISP AND NATURE VALLEY GRANOLA CEREAL
selected varieties, 300-437 g
21232448 EA/21399148 EA



ONE FOR
449



ONE FOR
179

KNORR SIDEKICKS
selected varieties
121-162 g
2022142001 EA



PC SALAD DRESSINGS
selected varieties
475 mL
2042848001 EA/2042848006 EA

ONE FOR
275

KD MAC AND CHEESE
selected varieties
175 g
21545990 EA



ONE FOR
179



DIANA 500 mL or
BULL'S-EYE 425 mL **SAUCE**
selected varieties
20547934005 EA/21184617 EA

ONE FOR
\$3

PET CARE AT LOW PRICES



829

PURINA CAT CHOW or KITTEN CHOW
selected varieties
1.42-2 kg
20219354001 EA



\$18

CESAR WET DOG FOOD
selected varieties
12x100 g
20028583002 EA



3199

ALPO COOKOUT CLASSICS DRY DOG FOOD
16 kg
20112174 EA

APP EXCLUSIVE OFFER*

Optimum
EARN 5,000 pts = **\$5 Value**
for every \$25* spent on



PET FOOD or SUPPLIES
all varieties and sizes
20039297002_EA/21206496_EA

BIG GAME BIG DEALS!



2.50

**PC® PLANET FIRST™ BIRCH
CUTLERY 24's OR WHEAT
STRAWS 50's**
selected varieties
21390379 SA



\$4

**NO NAME® PLASTIC
PARTY CUPS**
selected varieties
50's
21394361 SA/21394257 SA



\$5

**NO NAME® PAPER
LUNCHEON PLATES**
40's
21384145 SA

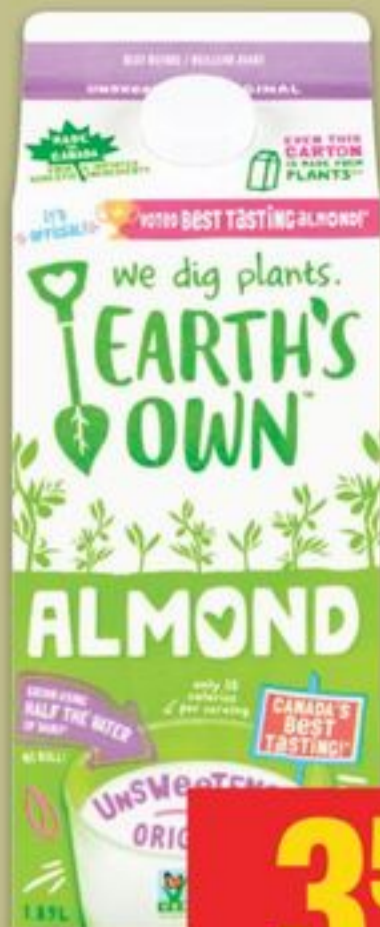
NATURAL FOODS AT LOW PRICES



5⁹⁹

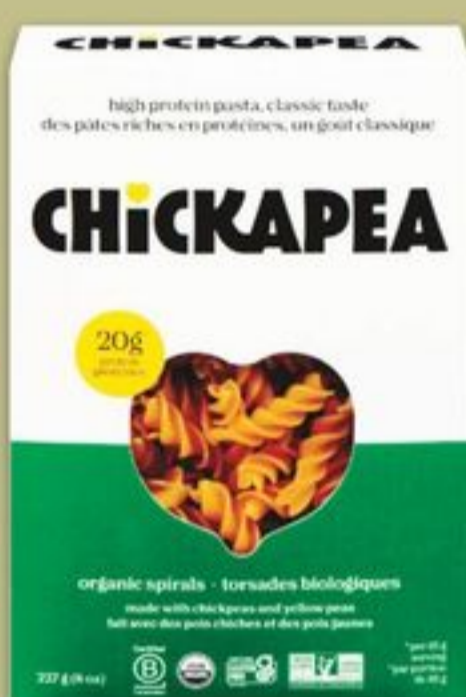
312 G

PC[®] ORGANICS BABY SPINACH or FIELD GREENS
product of U.S.A.
3012207 EA/30223751 EA



3⁵⁰

EARTH'S OWN BEVERAGE
selected varieties
1.89 L
3022647 EA



5⁴⁹

CHICKAPEA HIGH PROTEIN GLUTEN FREE PASTA
selected varieties
227 g
2137621 EA



\$5

TRADITIONAL MEDICINALS ORGANIC HERBAL TEA
selected varieties
16x24-32 g
2137740 EA



5²⁹

SILK NON-DAIRY YOGURT
selected varieties
640 g
2124514 EA



6⁴⁹

MIDEL GLUTEN FREE COOKIES
selected varieties
227 g
2109031 EA/2106942 EA



\$4

PC[®] ORGANICS PASTA
selected varieties
454 g
2046903003 EA



8⁹⁹

KIND BAR MINIS, THINS
10's or FUEL 4's
selected varieties
200/210 g
21294840 EA/21354188 EA



8⁹⁹

DAIYA GLUTEN FREE PIZZA
selected varieties, Frozen
354-550 g
2092827 EA



3⁹⁹

POPCORNERS CHIPS
selected varieties
142 g
21370205 EA



3⁹⁹

SKINNY POP POPCORN
selected varieties
125/150 g
20785418001 EA



\$3

KETTLE CHIPS
selected varieties
198 g
21320652 EA/21320692 EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE NV NFW

BUDGETS LOVE YELLOW. YELLOW. (So switch)

GET EVERYTHING FOR LESS

Toast up a symphony of flavours for breakfast for less, with no name® Everything Bagels (6 pk).



2⁴⁹

NO NAME® BAGELS
selected varieties
6's
21217967 EA



\$5

NO NAME® BACON
REGULAR or SALT REDUCED
500 g
20156771 EA



2⁹⁹

NO NAME® ENGLISH MUFFINS
selected varieties
6's
21213119 EA



4²⁹

NO NAME® PEANUT BUTTER
selected varieties
1 kg
20294983001 EA/21430545 EA



\$7

6 LB BAG

NO NAME® NATURALLY IMPERFECT APPLES
product of Western Provinces
2064993001 EA



\$3

NO NAME® FRUIT
selected varieties, frozen
300/400 g
21543106 EA



\$5

NO NAME® INSTANT COFFEE
selected varieties
150 g
21180125 EA

no name®



Express™

Get up to 100,000 ^{pts}

Try PC Express and get 20,000 points on each of your first 5 online grocery orders of \$100+* – that's like \$100 in points, plus free pickup!

Shop now

Use code PLUS100

*Promo code must be applied on each of your first 5 orders. Place your first order by February 12, 2025. Conditions apply.

More Points
More Points
More Points
More Points
More Points



Express™

Online grocery pickup & delivery

Earn 5,000 ^{pts}

When you spend \$12+ on select snack products*. Online only.

Use code

YUM5K

*Offer valid until February 12, 2025. Conditions apply. See site for details.



THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh,
we'll replace AND refund it.



We'll honour a current flyer deal
if we're sold out, plus give you 10%
back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

NEW MKT