

**FRESH CO**

Flyer in effect March 6-12, 2025  
Prices in effect in Ontario, Excludes Thunder Bay

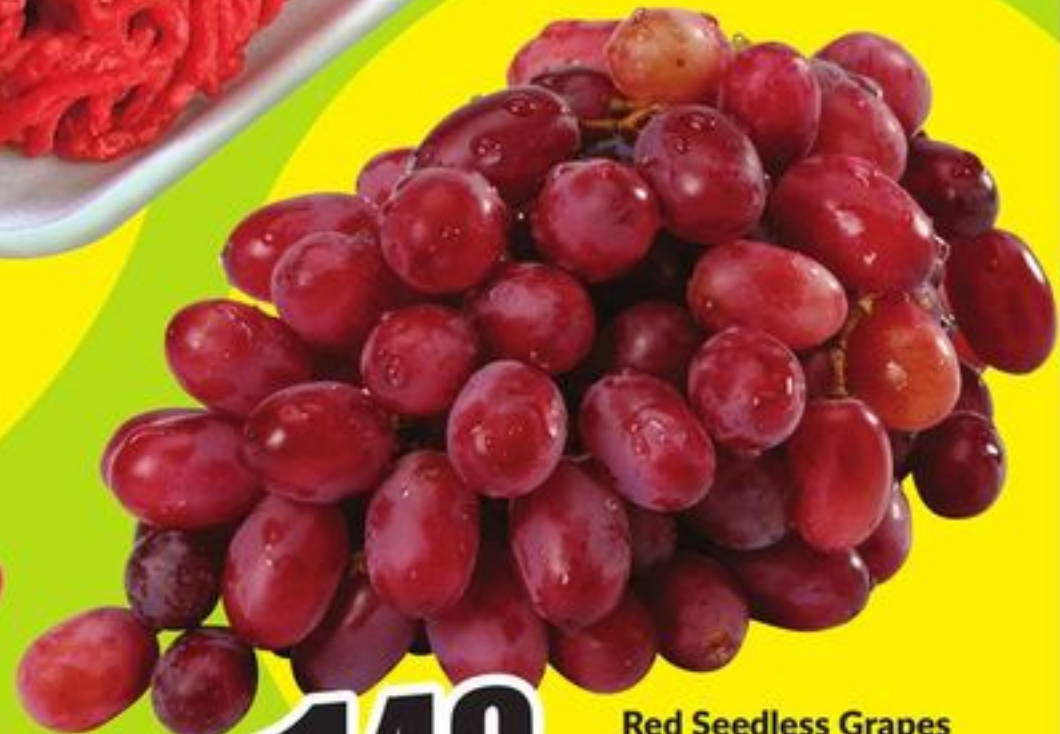
ZONE 1

**HOT PRICE DEALS**



**SAVE \$5**  
**\$10**

Value Pack Lean Ground Beef 1 kg  
reg 15.00  
Limit of 2  
After Limit \$15  
Boeuf haché



**149**  
/lb

Red Seedless Grapes  
Product of South Africa or Chile  
No. 1 Grade  
3.28/kg  
Raisins



**149**  
/lb OF 8oz

Field Red Peppers Product of Mexico  
3.28/kg  
Compliments Whole White Mushrooms 227 g  
Product of Ontario  
Polvrons, champignons



Becel Bricks 454 g  
reg 5.99  
Limit of 4  
After Limit \$2.99  
Margarine

**199**



High Liner Family Favourites  
Frozen 350-700 g  
reg 9.99  
Poisson surgelé

**599**



Lay's Potato Chips  
177-235 g  
Smartfood  
150-220 g  
Tostitos  
205-300 g  
reg 3.69-4.79  
Croustilles, maïs soufflé

**299**  
SAVE UP TO \$1.80



Dr. Oetker Ristorante or Casa di Mama Pizza  
320-410 g reg 6.49  
Pizzas

**347**



Aashirvaad Flour 9.07 kg  
reg 24.99  
Farine

**1299**



MEMBERS SAVE \$2  
**799**  
MEMBER PRICE  
Marcellino Souvlaki  
Chicken Breast or Pork  
Kabobs 480-640 g  
reg 13.00  
Brochettes



MEMBERS SAVE \$2.11  
**1088**  
MEMBER PRICE  
Cashmere Bathroom Tissue  
30=50 Rolls  
Sponge Towels 6 pk  
Papier hygiénique, essuie-tout

GET UP TO  
**2500 PTS**

That's like \$25 toward your groceries

WHEN YOU LOAD THIS OFFER  
FEB 20 - MAR 19, 2025

SPEND \$50+

- 1<sup>st</sup> Shop GET 250 PTS
- 2<sup>nd</sup> Shop GET 250 PTS
- 3<sup>rd</sup> Shop GET 250 PTS
- 4<sup>th</sup> Shop GET 1750 PTS



DOWNLOAD THE FRESHCO APP

LOAD THIS OFFER AND GET 250 PTS ON 4 TRANSACTIONS OF \$50+ AND GET UP TO 1500 PTS BONUS FOR USING THESE OFFERS.

See back page for full terms & conditions. Card must be registered and offer must be loaded, eligible \$50+ transactions must occur on 4 separate days.

PRODUCT SELECTION MAY VARY BY LOCATION

**Shopping Canadian**

That's Fresh

Look for this symbol



\*For details on claim requirements, visit the Canadian Food Inspection Agency (CFIA) website for food, and the Competition Bureau website for non-food.

FC\_WW43\_Ont\_FOL21



# Shopping Canadian



**That's Fresh**

**1.49**

**SAVE \$5**  
**\$10**

**Value Pack Lean Ground Beef**  
1 kg reg 15.00  
Limit of 2  
After Limit \$15  
Boeuf haché



**Compliments Whole White Mushrooms 227 g**  
Product of Ontario  
Champignons



**Lay's Potato Chips**  
177-235 g  
Smartfood 150-220 g  
Tostitos 205-300 g  
reg 3.69-4.79  
Croustilles, maïs soufflé

**SAVE UP TO \$1.00**  
**2.99**



**SAVE \$3.02**  
**3.47**

**Dr. Oetker Ristorante or Casa di Mama Pizza**  
320-410 g reg 6.49  
Pizzas

**100 PTS**  
when you buy 1  
That's \$1 toward your groceries



**SAVE \$4**  
**5.99**

**High Liner Family Favourites**  
Frozen 350-700 g  
reg 9.99  
Poisson surgelé



**MEMBERS SAVE \$2**  
**7.99**

**Marcangelo Souvlaki Chicken Breast or Pork Kabobs 480-640 g**  
reg 13.00  
Brochettes

**Allen's Apple Juice 1.89 L**  
Oasis or AriZona Iced Tea  
Drink 8x200 mL  
reg 4.29-4.69  
Jus ou thé glacé



**SAVE UP TO \$1.00**  
**2.99**

**Tim Hortons Single Serve K-Cups 30 pk or Ground Coffee**  
875-930 g  
reg 25.99  
Capsules de café ou café moulu



**SAVE \$6**  
**19.99**



**SAVE UP TO \$1**  
**2.49**

**Dempster's White or Whole Wheat Bread 675 g,**  
**Hamburger or Hot Dog Buns 8 pk**  
**Hostess Snack Cakes 202-231 g**  
Pain, petits pains, gâteaux-collation



**SAVE \$1**  
**3.99**

**Compliments Cheese Bars 270 g reg 4.99**  
Barres de fromage



**SAVE \$4**  
**1.99**

**Becel Bricks 454 g reg 5.99**  
Limit of 4  
After Limit \$2.99  
Margarine



**MEMBERS SAVE \$2.11**  
**10.88**

**Cashmere Bathroom Tissue 30=50 Rolls**  
**Sponge Towels 6 pk**  
Papier hygiénique, essuie-tout

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

**Proudly supporting Canada!**  
**Look for this symbol.**





 <p><b>Compliments Cheese Bars</b> 270 g reg 4.99 Barres de fromage</p> <p><b>SAVE \$1</b> <b>3.99</b></p>	 <p><b>Allen's Apple Juice 1.89 L</b> Oasis or Arizona Iced Tea Drink 8x200 mL reg 4.29-4.69 Jus ou thé glacé</p> <p><b>SAVE \$0.70</b> <b>2.99</b></p>	 <p><b>Clover Leaf Solid White Albacore Tuna</b> 170 g Thon</p> <p><b>SAVE \$0.11</b> <b>2.88</b></p>
 <p><b>Nescafé Gold Instant Coffee</b> 90-100 g Sweet &amp; Creamy 18 pk or Taster's Choice 100 g reg 7.99-8.99 Café instantané</p> <p><b>SAVE \$0.20</b> <b>6.94</b></p>	 <p><b>Oasis Health Break or Smoothie Beverage 1.6 L</b> Boisson</p> <p><b>SAVE \$0.06</b> <b>3.99</b></p>	 <p><b>Tim Hortons Single Serve K-Cups 30 pk or Ground Coffee 875-930 g</b> reg 25.99 Capsules de café ou café moulu</p> <p><b>SAVE \$6</b> <b>19.99</b></p>
 <p><b>Grace Patties</b> 600 g Pâtes</p> <p><b>SAVE \$2.20</b> <b>5.79</b></p>	 <p><b>Dare Breaktime Cookies 250 g</b> Biscuits</p> <p><b>1.29</b></p>	 <p><b>Nestlé Real Dairy or Confectionery Frozen Dessert 1.5 L</b> Drumstick or Novelties 4-10 pk Dessert glacé, cornets ou nouveautés</p> <p><b>5.44</b></p>
		 <p><b>Fleecy Fabric Softener 1.36 L or Dryer Sheets 80 pk</b> reg 5.79-6.29 Assouplissante textile ou feuilles assouplissantes</p> <p><b>SAVE \$0.30</b> <b>4.99</b></p>

**Scene 1000 PTS = \$10 OF FREE GROCERIES**

 <p><b>Alfa Phyllo Twists, Rollinis or Rollitos</b> 750 g-1 kg Selected reg 8.99 Hors-d'œuvre</p> <p><b>SAVE \$1</b> <b>7.99</b></p>	 <p><b>Pearl Milling Company Pancake Mix</b> 905 g or Pancake Syrup 710 mL reg 4.29 Mélange à crêpes ou sirop</p> <p><b>100 PTS</b> when you buy 2 that's \$1 toward your groceries</p> <p><b>3.99</b></p>	 <p><b>Cheetos Mac 'N Cheese</b> 165-170 g Rice-A-Roni 136-227 g Macaroni au fromage, riz</p> <p><b>100 PTS</b> when you buy 4 that's \$1 toward your groceries</p> <p><b>1.50</b></p>	 <p><b>Cheemo Perogies</b> 815-907 g reg 3.99 Perogies</p> <p><b>100 PTS</b> when you buy 2 that's \$1 toward your groceries</p> <p><b>SAVE \$0.04</b> <b>2.49</b></p>
 <p><b>Nelson Milkshakes</b> 310 mL reg 1.99 Laits frappés</p> <p><b>100 PTS</b> when you buy 4 that's \$1 toward your groceries</p> <p><b>SAVE 74¢</b> <b>1.25</b></p>	 <p><b>Kraft Cheez Whiz 450 g or Peanut Butter 500 g</b> reg 5.49-5.79 Tartinade de fromage ou beurre d'arachide</p> <p><b>100 PTS</b> when you buy 2 that's \$1 toward your groceries</p> <p><b>SAVE \$0.10</b> <b>3.99</b></p>	 <p><b>Kellogg's Cereal Selected</b> 450-650 g reg 6.99-7.49 Céréales</p> <p><b>50 PTS</b> when you buy 2 that's \$0.50 toward your groceries</p> <p><b>SAVE \$2.02</b> <b>5.47</b></p>	 <p><b>Contour Next Test Strips 100 pk</b> Free Meter with Purchase of Test Strips 100 pk. Limit 1 Meter Per Customer. Pharmacy Locations Only.* reg 79.99</p> <p><b>1000 PTS</b> with test that's \$10 toward your groceries</p> <p><b>SAVE \$10</b> <b>69.99</b></p>

<p><b>Scene Digital Exclusive</b> MARCH 6-12, 2025 *terms and conditions apply</p> <p>DOWNLOAD THE FRESHCO APP</p>	<p><b>20% OFF</b></p> <p>Load this offer and get 20% off on Compliments Breaded Chicken Strips, Nuggets or Burgers 700 g Laniers, pépites ou burgers de poulet</p>	<p><b>20% OFF</b></p> <p>Load this offer and get 20% off on Compliments Value Size Potato Chips 750 g Croustilles</p>
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Offer valid February 20-March 19, 2025. Offer must be loaded to registered Scene+ Card prior to transaction. Minimum \$50 spend must be made in a single transaction. Limit 1000 Points allotment per transaction, and four (4) total allotments in four (4) separate transactions. 1000 points bonus to be awarded within 4 weeks of the end of the offer period and qualifying purchases must be made on different days. Offer excludes taxes, rental fees, event tickets, third party sales, pre-paid cards, postal products and services, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco, lottery, photo finishing and other products that are excluded by law. Offer valid at all FreshCo and FreshCo Express in Canada.

The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, food/dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, MasterCard, Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be void where prohibited. Trademarks of Scene Plus IP Corporation used under license by Subway Capital Incorporated. Offer valid Thursday, March 6, 2025 to Wednesday, March 12, 2025. Prices in effect while supplies last. We reserve the right to limit quantities. All price savings shown on this flyer are measured against our lowest regular retail price offered at our stores in the applicable trade area. Savings does not apply to banners, limited time offers, or products excluded by law. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See [www.freshco.com](https://www.freshco.com) for details. Our reference to "lowest price", "low price" and other similar statements in our ads is as compared to the full-service banners operated by Subway Capital Incorporated. See on [www.freshco.com](https://www.freshco.com) for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers subject to change without notice. Guarantees do not apply to third party vendor products, prescription drugs, liquor, tobacco, clearance & limited time products, loyalty and marketing initiatives and any products which may not be discounted by law (i.e. "Liquor's Lowest Price Guarantee"). Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario: No Frills, Food Basics, Real Canadian Supermarkets, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba. No Frills, Real Canadian Supermarkets, Wal-Mart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are not at our current flyer price, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICE IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY.**



Strawberries 454 g  
Product of USA  
or Mexico  
No. 1 Grade  
Fraises

**3.99** ↓



**1.99** /lb ↓



Roma Tomatoes  
Product of Mexico  
No. 1 Grade  
4.39/kg  
Tomates



Yellow or White  
Flesh Nectarines  
Product of Chile  
No. 1 Grade  
4.39/kg  
Nectarines

**1.99** /lb ↓



Seedless Navel  
Oranges  
Product of Morocco or Spain  
Bartlett Pears  
Product of  
South Africa  
Extra Fancy Grade  
3.95/kg  
Oranges, poires

**1.79** /lb ↓



Asparagus  
Product of Mexico  
No. 1 Grade  
8.80/kg  
Asperges

**3.99** /lb ↓



Compliments  
Carrots or Yellow  
Onions 3 lb Bag  
Product of Ontario  
Canada No. 1  
1.36 kg  
Yellow Potatoes 5 lb  
Product of Canada  
Canada No. 1  
Carottes ou oignons,  
pommes de terre

**2.99** /lb ↓



Clementines 3 lb  
Product of Morocco  
1.36 kg  
Clémentines

**5.99** ↓



The Little Potato  
Company  
Mini Potatoes 3 lb  
Product of Canada  
Canada No. 1  
1.36 kg  
Pommes de terre

**5.99** ↓



Good Leaf Mixed  
Salads 113 g or  
Microgreens 50 g  
Product of Ontario  
Salades ou micropousses

**2.99** ↓



Iceberg Lettuce  
or Celery  
Product of USA or  
Mexico No. 1 Grade  
Laitue ou céleri

**2.49** ↓



Lou's Kitchen Double Smoked Back Bacon  
375-454 g  
Bacon de dos

**100 PTS**  
when you buy 1  
That's \$1 toward your  
groceries

**SAVE \$1**  
**5.99** ↓



Maple Leaf Prime Raised Without Antibiotics  
or Mapa Halal Extra Lean Ground Chicken  
454 g  
Poulet haché

**SAVE \$1**  
**\$6** ↓



**\$4** ↓

Legacy Boneless  
Pork Chops 375 g  
WHILE SUPPLIES LAST  
Côtelettes de porc



Green Ocean  
Basa Fillets  
Frozen 907 g  
Filets de pangasius

**SAVE \$1**  
**7.99** ↓



Marcangelo Pork Sausages  
or Meatballs  
Frozen 1.2-1.4 kg  
Saucisses ou boulettes de viande

**SAVE \$2**  
**\$10** ↓



Janes Pub Style  
Chicken Wings  
Frozen 660 g  
Ailes de poulet

**SAVE \$3**  
**8.99** ↓



Dempster's White or  
Whole Wheat Bread  
675 g  
Hamburger or Hot  
Dog Buns 8 pk  
Hostess Snack Cakes  
202-231 g  
Pain, petits pains,  
gâteaux-collation

**SAVE \$1**  
**2.49** ↓



Dempster's Tortillas  
426-640 g  
Thomas' English  
Muffins 6 pk  
Tortillas, muffins

**SAVE \$1**  
**2.99** ↓



Maple Leaf  
Natural Selections  
Sliced Meat 175 g  
Viandes tranchées

**SAVE \$2**  
**5.99** ↓



Tre Stelle  
Mozzarella Ball  
340 g or  
Crumbled Feta  
150 g  
Castello Cheddar  
200 g  
Variété de fromages

**50 PTS**  
when you buy 1  
**SAVE \$2**  
**5.99** ↓

Scene GET 1000 PTS FOR EVERY \$100 SPENT ON ONE4ALL ULTIMATE GIFT CARDS!

Offer valid during March 6 - 12, 2025. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability. Cards issued by Peoples Trust Company.



**SAVE \$3**

**4.99**

General Mills Cereal  
Selected Varieties  
475-778 g  
reg. 7.99  
Céréales

**SAVE \$1**

**4.49**

Christie  
Family Size Cookies  
Selected Varieties  
374-500 g  
Biscuits

International  
Delight Coffee  
Whitener 946 mL  
reg. 6.49  
Colorant à café

**SAVE \$1.90**

**4.99**

Astro Original Yogourt  
12 pk  
reg. 5.99  
Yogourt

**SAVE \$1**

**4.99**

Crave Frozen Meals  
200-340 g  
Kraft Dinner Frozen Meals  
340 g reg. 4.69-4.79  
Repas surgelés

**SAVE \$1.00**

**3.99**

150 PTS when you buy 3  
That's \$1.50 toward your groceries

Dare Premium Cookies 170-300 g,  
Viva Puffs 300 g or  
Wagon Wheels 315 g  
Biscuits

**SAVE \$1.10**

**2.79**

Nature Valley or Fibre 1  
Granola Bars or Fruit Snacks  
Selected Varieties 637 g-1.28 kg  
Barres granola ou collations aux fruits

**11.99**

Made Good Organic  
Granola Bars, Minis or  
Crispy Squares 120-132 g  
Collations

**SAVE \$1.94**

**2.99**

50 PTS when you buy 2

**SAVE \$1**

**2.49**

150 PTS when you buy 3  
That's \$1.50 toward your groceries

Quaker Crispy Minis  
100 g or Rice Cakes  
127-199 g  
Croustilles ou galettes de riz

Orville Redenbacher Microwave  
Popcorn  
6-8 pk  
340-492 g or  
Gourmet Popping Corn  
850 g  
Maïs à éclater

**SAVE UP TO \$1.80**

**4.49**

Folgers  
K-Cups 30 pk  
Capsules de café

**SAVE \$4**

**15.99**

Kicking Horse  
Ground Coffee  
284 g  
Café moulu

**SAVE \$4**

**8.99**

Clover Leaf Pink Salmon or  
Yellowfin Tuna 142 g Selected  
Saumon ou thon

**SAVE \$1**

**2.49**

Twinings Tea Bags 20 pk  
Tetley Orange Pekoe Tea Bags  
72 pk  
Sachets de thé

**SAVE \$2**

**3.99**

Divella Pasta 500 g  
Catelli Garden Select Pasta Sauce  
600-640 mL  
Pâtes, sauce pour pâtes

**SAVE \$1.70**

**1.99**

Ben's Original  
Bistro Express  
Basmati Rice 250 g  
Riz

**150 PTS**  
when you buy 3  
That's \$1.50 toward your groceries

**2.75**

Vim Cleaner 500 mL  
Nettoyant

**100 PTS**  
when you buy 2  
That's \$1 toward your groceries

**SAVE \$1**

**2.99**

Tide Liquid Detergent  
2.48 L or  
Tide Pods 25-42 pk  
Gain Flings! 42 pk  
reg. 14.99-18.99  
Détergent à lessive ou  
capsules de détergent

**SAVE \$4.00**

**14.49**

Dawn Dish Soap  
2.21-2.64 L  
reg. 11.99  
Savon à vaisselle

**300 PTS**  
when you buy 2  
That's \$3 toward your groceries

**SAVE \$1**

**10.99**

**MORE WAYS TO SAVE**

**HOT PRICE**

**Scene**

**Locked & Low**

Look for these specially-marked items throughout our stores



# HAPPY HOLI



**1<sup>29</sup>**

Red or Ataulfo  
Mangoes  
Product of Mexico  
or Peru  
Mangues



**4<sup>99</sup>**  
/lb

Red Carrots  
Product of India  
11.00/kg  
Carottes



**1<sup>49</sup>**  
/lb

Papaya  
Product of  
Mexico or  
Guatemala  
3.28/kg  
Papaye



**2<sup>99</sup>**

Rapini  
Product of USA  
Rapini



**2<sup>49</sup>**  
Aman's Holi Colour Powder  
200 g  
Poudre colorée



**12<sup>99</sup>**  
Chaloh Signature  
Basmati Rice 4.54 kg  
reg 14.99  
Riz



**12<sup>99</sup>**  
India Gate  
Pure Basmati Rice 4.54 kg  
Riz 16.99



**8<sup>99</sup>**  
Aman's Raw Coarse  
Brown Sugar  
4.53 kg  
reg 10.99  
Cassonade



**3<sup>29</sup>**  
Deep Kesar  
Mango Pulp  
850 g reg 4.29  
Pulpe



**6<sup>49</sup>**  
Aman's Super Fine  
Besan 1.81 kg  
reg 6.99  
Farine



**4<sup>99</sup>**  
Brar's Malai  
Paneer 375 g  
reg 6.49  
Fromage



**4<sup>99</sup>**  
Mother's Magic  
Burger Patties  
400 g  
Selected Varieties  
reg 5.99  
Gallettes



**1<sup>49</sup>**  
Ashoka Bhindi  
Cut or Whole  
Okra 310 g  
reg 1.79  
Variété de gombo



**2<sup>29</sup>**  
Surati Salted  
Snacks 250-341 g  
Selected Varieties  
reg 2.99  
Grignotines



**5<sup>99</sup>**  
Brar's Samosas  
624 g  
Selected Varieties  
reg 6.99  
Samosa



**4<sup>49</sup>**  
Verka Roasted  
Peanut in Shell  
908 g reg 4.99  
Arachides



**3<sup>29</sup>**  
Alphonso Juice  
1.75 L  
Selected Varieties  
reg 3.99  
Jus



**3<sup>49</sup>**  
Crispy Pound Cake  
368-420 g  
Gâteau



**2<sup>49</sup>**  
Chaloh Naan 500 g  
Surati Cookies  
300-340 g  
Biscuits



**4<sup>99</sup>**  
50 cm Multi Colour  
Long Stem Roses  
Roses



**5<sup>99</sup>**  
Rainbow Tinted Fuji  
Mum Bouquets  
Bouquets multi couleurs



**8<sup>99</sup>**  
Tinted Crazy Daisy  
Large Bouquets  
Grands bouquets

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



# FLORAL DEALS



**\$14**

Orchids  
5" Deco Plastic Pot  
Orchidée



**\$8.49**

10-Stem Tulip  
Bouquets  
Bouquet de tulipe

**\$10**

40 cm Dozen Roses  
Bouquet  
Bouquet de roses



**\$8**

Mixed  
Bouquets  
Bouquet mixte



**\$12**

Large Mixed  
Bouquets  
Bouquet mixte



**\$3**

Violets  
4" Pot  
Violettes



**\$6**

Mini Roses  
Upgrade in Metal Pail  
Mini roses





# DATES & BULK DEALS

Parnoosh  
Pitted Dates  
907 g  
Product of Iran  
Dattes dénoyautées

**5<sup>99</sup>**



**6<sup>99</sup>**

Mabroom, Sugai  
or Safawi Dates  
500 g  
Product of  
Saudi Arabia  
Variété de dattes



**11<sup>99</sup>**

Ajwa Dates 500 g  
Product of Saudi Arabia  
Dattes



**5<sup>99</sup>**

Sukri or Rabia Dates 500 g  
Product of Saudi Arabia  
Variété de dattes



**9<sup>99</sup>**

Jumbo Medjool Dates 1 kg  
Product of Jordan  
Dattes



**6<sup>99</sup>**

Khudri Dates 1 kg  
Product of Saudi Arabia  
Dattes



**6<sup>49</sup>**

Rotobeen Deglet  
Pitted Dates 1 kg  
Product of Algeria or Tunisia  
Dattes dénoyautées



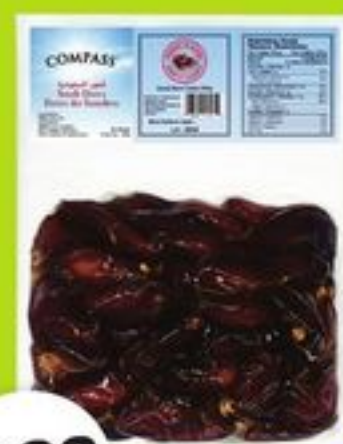
**3<sup>99</sup>**

Compass Deglet Pitted Dates  
500 g  
Product of Algeria  
Dattes dénoyautées



**1<sup>49</sup>**

Compass Algerian  
Pitted Dates  
200 g  
Dattes dénoyautées



**2<sup>99</sup>**

Compass Vacuum Packed Dates  
500 g  
Product of Saudi Arabia  
Dattes



**1<sup>99</sup>**

Dried Figs or Apricots 200 g  
Product of Turkey  
Figs ou abricots secs



**12<sup>99</sup>**

Bard Valley Medjool Dates 2 lb  
Product of USA  
907 g  
Dattes

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



# RAMADAN MUBARAK

Ginger Root  
Product of China  
4.39/kg  
Racine de gingembre

**1.99**  
/lb



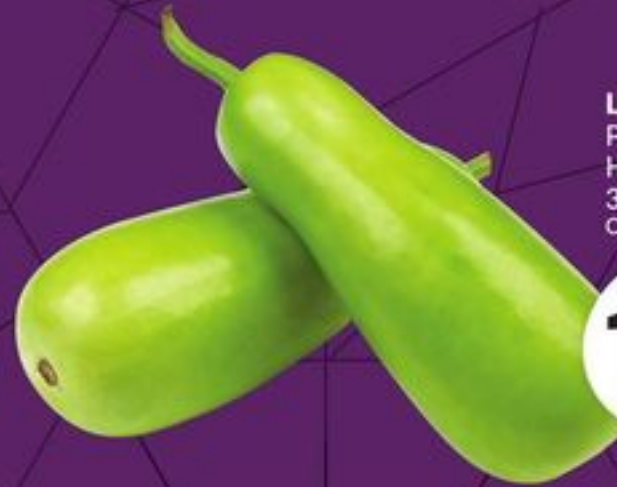
**1.99**  
↓

Bunch Spinach or Methi  
Product of Mexico or USA  
Epinards ou feuilles de fenugrec



**3.99**  
/lb

White Guava  
Product of Egypt  
8.80/kg  
Goyave



**1.69**  
/lb

Long Squash  
Product of Honduras  
3.73/kg  
Courge



**99¢**  
↓

Bunch Cilantro or Mint  
Product of Mexico or USA or Morocco  
Coriandre ou menthe



**25 PTS**  
when you buy 1

**SAVE \$1**

**6.49**  
↓

Brar's Dairy Makhani 250 g  
reg 7.49  
Beurre fouetté



**SAVE \$7**

**14.99**  
↓

Swarna Chakki  
Fresh Atta 9.07 kg  
reg 21.99  
Farine



**SAVE \$2**

**9.99**  
↓

Tea India  
Orange Pekoe Tea Bags  
216 pk  
reg 11.99  
Sachets de thé



**SAVE \$1**

**8.99**  
↓

Nanak Aloo Tikki 720 g  
reg 9.99  
Gallettes de pommes de terre



**SAVE \$9.20**

**2.79**  
↓

Ashoka Shredded Coconut  
310 g reg 3.99  
Noix de coco râpée



**100 PTS**  
when you buy 1  
that's \$1 toward your groceries

**SAVE \$2**

**7.99**  
↓

Brar's Milk Cake 400 g  
reg 9.99  
Gâteau au lait



**100 PTS**  
when you buy 1  
that's \$1 toward your groceries

**SAVE \$1.90**

**5.49**  
↓

Brar's Red Carrot Halwa  
454 g reg 6.79  
Dessert indien



**50 PTS**  
when you buy 1

**SAVE \$1.90**

**3.99**  
↓

Aman's Milk or Suji  
Rusk 600 g  
reg 5.29  
Biscotte



**SAVE \$1.90**

**4.79**  
↓

National Mango or  
Mixed Pickle 1 kg  
reg 6.29  
Mangue ou comichon  
mêlé



**SAVE \$1.90**

**3.99**  
↓

KFI Cooking  
Sauces 375 mL  
Selected  
Varieties  
reg 5.49  
Sauces de cuisson



**SAVE \$1**

**8.99**  
↓

Ashoka  
Parathas or  
Naans  
1.02-1.275 kg  
Selected  
Varieties  
reg 9.99  
Pain



**SAVE 70¢**

**2.29**  
↓

Rubicon Juice 1 L  
Selected Varieties  
reg 2.99  
Jus



**SAVE \$1**

**5.49**  
↓

Khaas Labneh  
Yogourt 450 g  
Yogourt

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



# RAMADAN MUBARAK

Kebab Factory  
Tandoori Chicken  
Quarter Leg Pieces  
Frozen 1.2 kg  
Quarts de cuisse de poulet

**10<sup>99</sup>**



**SAVE \$2**  
**14<sup>99</sup>**

Sunwhite  
Calrose Rice  
4.5 kg  
reg 16.99  
Riz



**SAVE \$1<sup>99</sup>**  
**7<sup>99</sup>**

Vimto Syrup  
710 mL  
reg 9.49  
Siroop



Salem Foods Bulgur  
908 g or  
Semolina 907 g  
reg 2.69-2.79  
Ble concassé ou semoule

**2<sup>49</sup>**



**SAVE \$1**  
**6<sup>99</sup>**

Alameed  
Cardamom  
Coffee 250 g  
reg 7.99  
Café



Durra Apricot Paste  
400 g reg 4.29  
Pâte d'abricot

**3<sup>99</sup>**



Marmarabirlik  
Black Olives 2XS 800 g  
reg 9.99  
Olives

**SAVE \$1<sup>99</sup>**  
**8<sup>79</sup>**



ETI Wafe'up Wafers 142 g  
reg 1.99  
Gaufrettes

**1<sup>79</sup>**



Salem Foods  
Pickled Turnips 1000 g  
reg 3.69  
Navets marinés

**SAVE 70¢**  
**2<sup>99</sup>**



Sunquick Juice 700 mL  
reg 8.99  
Boisson fruitée

**SAVE \$2**  
**6<sup>99</sup>**



Salem Foods Classic  
Mixed Nuts 200 g  
reg 3.99  
Noix mélangées

**SAVE 70¢**  
**3<sup>29</sup>**



Salem Foods  
Whole Milk Powder  
400 g  
reg 14.99  
Lait entier en poudre

**SAVE \$2**  
**12<sup>99</sup>**



Yamama Grenadine  
Molasses 750 mL  
reg 8.49  
Mélasse à la grenadine

**SAVE 60¢**  
**5<sup>99</sup>**



ETI Wanted Caramel  
or Coconut Chocolate  
Mini Bars 126 g  
reg 2.69  
Mini barres de chocolat

**2<sup>29</sup>**



Aseel Vegetable Ghee  
2 L  
reg 18.99  
Beurre clarifié végétal

**SAVE \$5**  
**13<sup>99</sup>**



Salem Foods  
Tomato Paste  
700 g reg 4.79  
Pâte de tomates

**SAVE 60¢**  
**3<sup>99</sup>**

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



# NATURAL SAVINGS



SAVE 50¢  
**4.49**

Compliments  
Natural Cheddar  
Cheese Slices 210-230 g  
Tranches de fromage



SAVE \$2  
**8.99**

Nature's Path Eco Pac  
Cereal 650-907 g  
reg 10.99  
Céréales

50 PTS  
when you buy 2  
SAVE 80¢  
**2.99**

Barilla  
Gluten Free  
Pasta 340 g  
Pâtes sans gluten



SAVE \$1  
**3.99**

Popcorners  
142 g  
Croustilles de maïs soufflé



SAVE \$1  
**4.99**

Silk Yogurt 500-640 g  
Yogourt



SAVE 60¢  
**5.49**

Kind Granola 312 g  
reg 6.29  
Granola



200 PTS  
when you buy 4  
that's \$2  
more you  
save  
SAVE \$1  
**2.99**

Kettle Brand Potato Chips  
156-198 g  
Croustilles



SAVE 50¢  
**8.49**

Adams Peanut Butter  
1 kg reg 8.99  
Beurre d'arachide



SAVE 50¢  
**2.99**

Dare Breton Gluten Free  
Crackers 135 g  
Craquelins sans gluten



SAVE \$1  
**6.99**

Christie  
Gluten Free Oreo Cookies  
342-353 g  
Biscuits sans gluten

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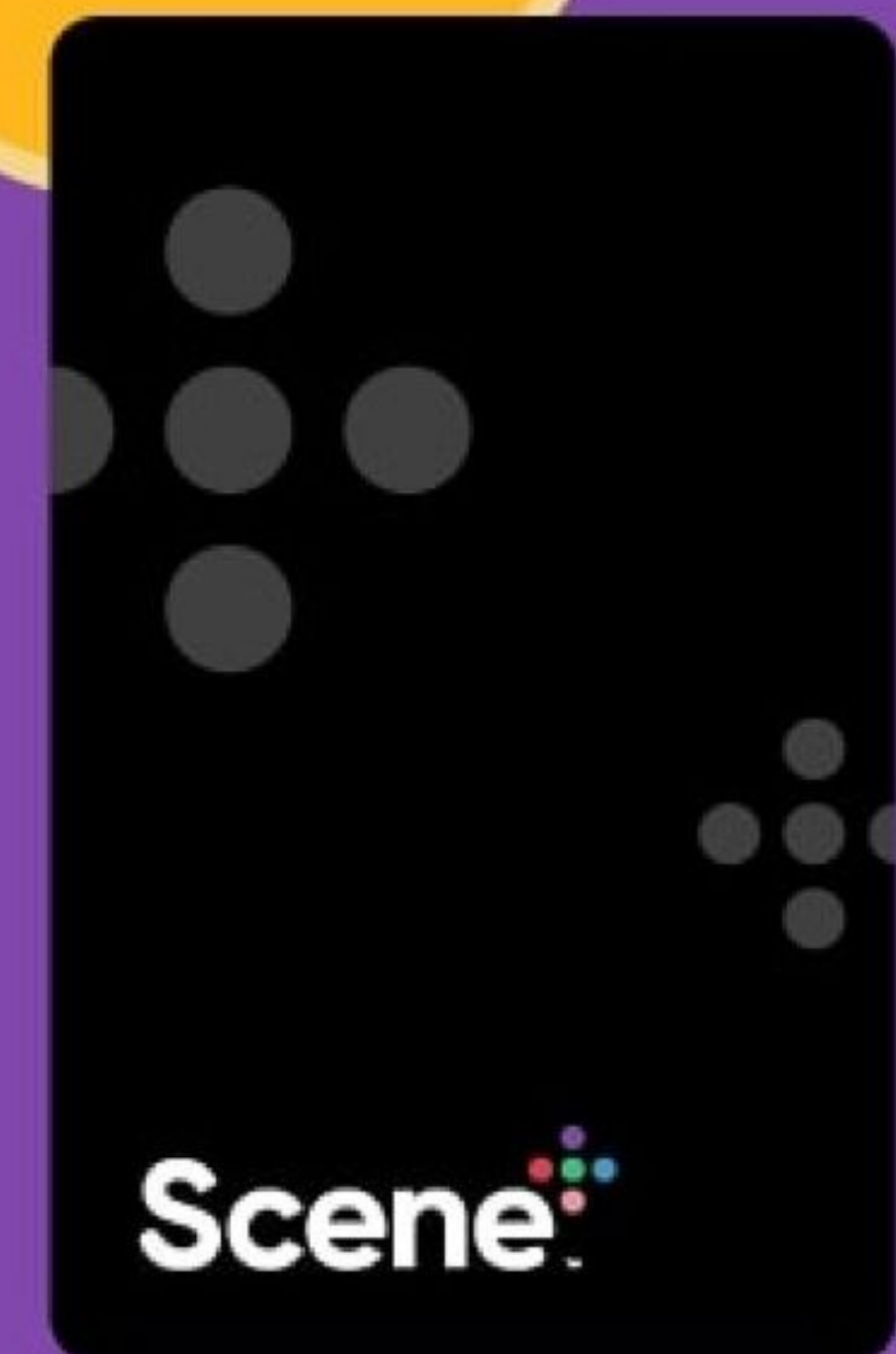
# GET TO **FREE** GROCERIES FASTER

when you scan your **Scene+ membership card** and pay with your **Scotiabank® Scene+™ Visa\* Card**.

**APPLY NOW**

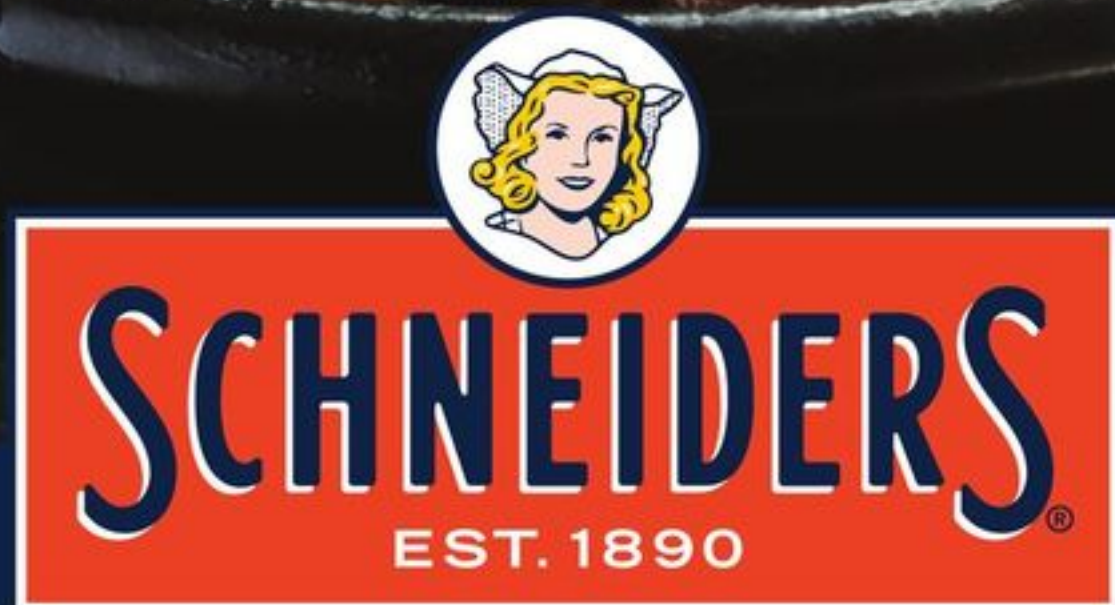
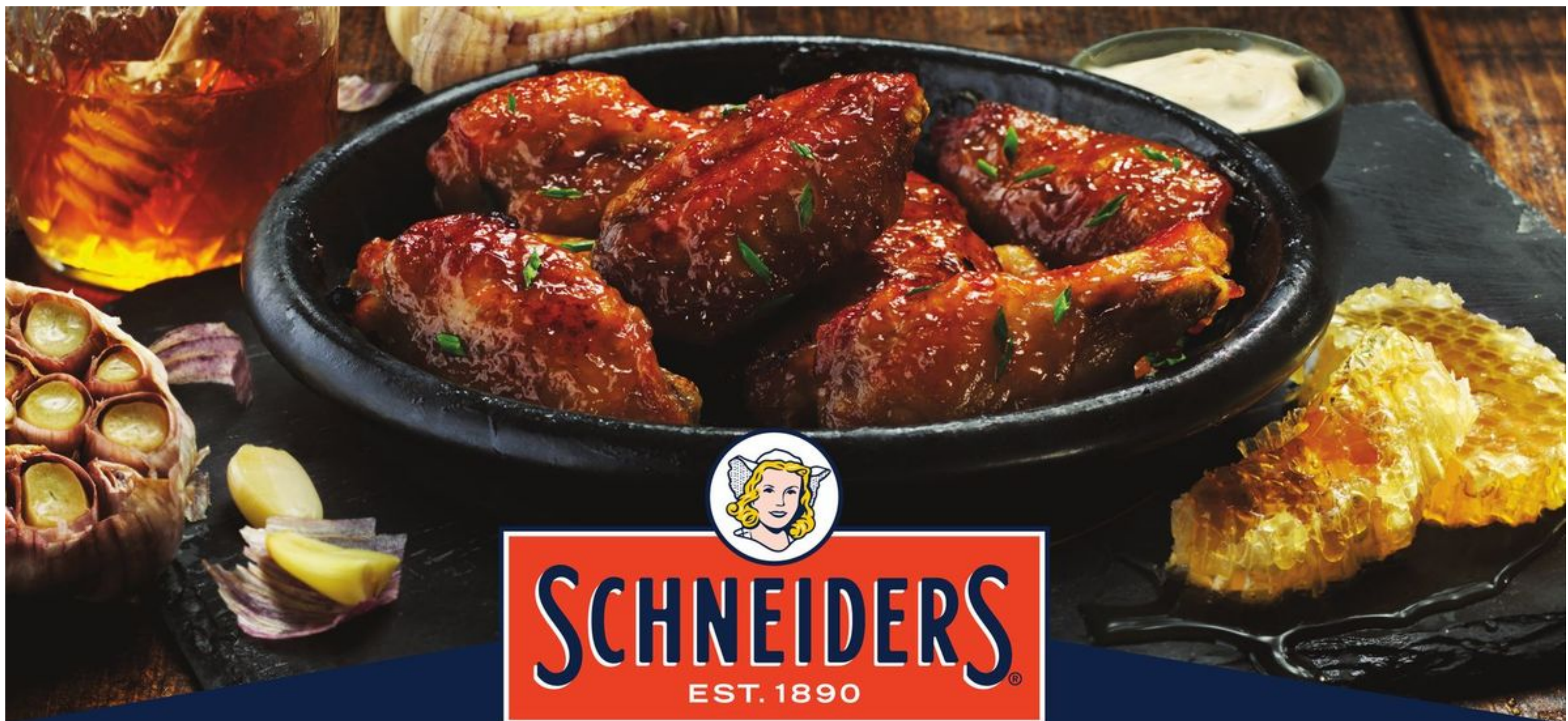
**GET 2  
SCENE+ PTS  
ON EVERY  
\$1 SPENT<sup>2</sup>**

**1000 pts  
= \$10 in  
groceries<sup>1</sup>**



<sup>1</sup>1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.  
<sup>2</sup>Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.  
See full list of participating merchants across Canada at [scotiabank.com/participatingstores](https://scotiabank.com/participatingstores).  
\*Visa Int. / licensed user.





**PROUDLY MADE IN CANADA  
FOR CANADIAN FAMILIES**



**MEMBERS SAVE \$1**  
**7.99**  
NON-MEMBER \$8.99  
Schneiders® Pepperettes®  
sausages snacks 250g - 375g  
Select Varieties

**MEMBERS SAVE \$2**  
**7.99**  
NON-MEMBER \$9.99  
Schneiders®  
Chicken Wings 615g  
Select Varieties

**249**

Schneiders® Lunch Mate™ lunch kits,  
Schneiders® Snack Kits, Greenfield  
Natural Meat Co.™ Kits or Grab'N  
Snack™ Kits 45-120g Select Varieties

