

Serving you since
1929
The COUNTDOWN
TO **100** is on!

Celebrating

96

YEARS!

Join us at all 5
Askew's Locations for

**DAILY SPIN TO WIN
PRIZES!**

SUNDAY NOV. 2nd
to SATURDAY
NOV. 29th 2025!

Classico
PASTA SAUCE
Asst. Var.,
218 - 600 mL



2⁹⁸

Faith Farms
CHEESE
Cheddar, Marble,
Mozza, Monterey Jack,
Gouda, Havarti
320 - 340 g



5⁴⁸

Fresh
WHOLE PORK LOIN
Boneless
7.89/kg



3⁵⁸
/lb.

Hellmann's
MAYONNAISE
Asst. Var.,
750 - 890 mL



4⁹⁸

California Grown
NAVEL ORANGES
New Crop
10 lb Bag



13⁹⁸
ea.

GROCERY *Everything you need*

Campbell's
**CHUNKY
SOUP**
Asst. Var.,
515 mL



2/4⁹⁸

Western Family
TOMATOES
Asst. Var.,
796 mL



3/4⁹⁸

Classico
PASTA SAUCE
Asst. Var., 218 - 600 mL
2⁹⁸



Heinz
KETCHUP
Asst. Var.,
750 mL - 1 L



4⁹⁸

Campbell's
SOUP
Cream of Mushroom,
Tomato, Chicken Noodle,
Vegetable
284 mL



98¢

Hellmann's
MAYONNAISE
Asst. Var.,
750 - 890 mL



4⁹⁸



Primo
PASTA
Asst. Var., 900 g
2/4⁹⁸



Ocean's
**LIGHT TUNA
IN WATER**
Asst. Var.,
170 g



2/2⁹⁸

Primo
BEANS
Asst. Var.,
540 mL



3/4⁹⁸

Knorr
SIDEKICKS
Asst. Var.,
121 - 167 g



1⁷⁸

Only Goodness
MUSHROOMS
Pieces & Stems
284 mL



98¢

Western Family
SMOKED OYSTERS
Asst. Var.,
85 g



1⁴⁸

Crisco
**OIL VEGETABLE
OR CANOLA**
1.18 L



7⁹⁸

French's
**YELLOW
MUSTARD**
400 mL



2⁴⁸

Western Family
**SIGNATURE
FIRE ROASTED
SALSA**
398 mL



1⁹⁸



Roger's
GRANULATED SUGAR
10 kg
13⁹⁸



Everything you need **GROCERY**

Nature Valley
GRANOLA BARS
Sweet & Salty, Crunchy, Trail Mix, Lunch Box
Asst. Var.,
130 - 210 g
3⁷⁸



SunRype
FRUIT JUICE & JUICE BLENDS
Asst. Var.,
900 mL
3/4⁹⁸ + dep



Pacific
EVAPORATED MILK
Asst. Var.,
354 mL
1⁴⁸



Nabob
COFFEE
Tradition or Organic
915 - 930 g
20⁹⁸



Quaker
RICE CAKES or CRISPY MINIS
Asst. Var.,
90 - 199 g
2⁹⁸



SunRype
FRUIT JUICE & JUICE BLENDS
Asst. Var.,
5 x 200 mL
2⁶⁸ + dep



Kraft
PEANUT BUTTER
Asst. Var.,
750 g - 1 kg
5⁹⁸



Roger's
SUGAR
1 kg
2⁹⁸ Golden, Icing, Best Brown, Berry
3⁴⁸ Demerara




Jell-O
JELLY POWDER
Asst. Var.,
10 - 85 g
88¢



Jell-O
INSTANT PUDDING
Asst. Var.,
30 - 113 g
98¢



ED Smith
PURE PUMPKIN
796 mL
4⁴⁸



Hershey's
CHOCOLATE BARS
Asst. Var.,
39 - 52 g
4/4⁹⁸



Nanton
SPRING WATER
Asst. Var.,
24 x 500 mL
4⁹⁸ + dep



Molson
EXEL NON-ALCOHOLIC BEER
12 x 355 mL
9⁹⁸ + dep



GROCERY *Everything you need*

Milk-Bone
DOG BISCUITS
Asst. Var.,
340 - 900 g



4⁹⁸

Friskies or Fancy Feast
CAT FOOD
Asst. Var.,
85 - 156 g



5/4⁹⁸

Whiskas
DRY CAT FOOD
Asst. Var., 1.5 - 2 kg
9⁹⁸



Arm & Hammer
LAUNDRY DETERGENT
Asst. Var.,
1.42 - 1.63 L



6⁹⁸

Palmolive
DISHWASHING LIQUID
Asst. Var.,
591 - 828 mL



2⁹⁸

Sponge Towel
ULTRA PAPER TOWEL
Double Roll
Asst. Var.,
3 Roll



8⁹⁸



Purex
BATHROOM TISSUE
12 Double Rolls or 8 Triple Rolls
5⁹⁸

Aveeno
SHAMPOO OR CONDITIONER
Asst. Var.,
354 mL



8⁹⁸

Vaseline
INTENSIVE CARE LOTION
Asst. Var.,
600 mL



10⁹⁸

Askew's PHARMACY *at Uptown*



The staff at Askew's Uptown Pharmacy want to work with you to improve and maintain your good health.
Call us at 250-832-7655
Open 9 am - 6 pm Monday to Saturday.
Closed Sundays and Statutory Holidays.

Polysporin
ANTIBIOTIC OINTMENT OR CREAM
Asst. Var.,
15 - 30 g



9⁷⁹-13⁹⁹

Magic Bag
HOT OR COLD PADS



25⁴⁹

Betadine
COLD PRODUCTS
Asst. Var.,
20 - 240 mL

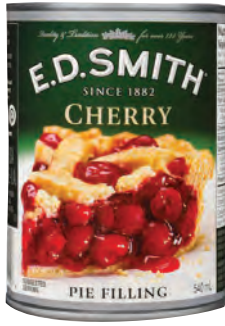


9⁷⁹-12³⁹

- + Prescription Services
- + Compliance Packaging
- + Private Medication Reviews
- + Injections
- + Free Prescription Delivery
- + Health and Medication information
- + Custom Orders welcome
- + A wide selection of front store OTC products

Everything you need **GROCERY**

ED Smith
PIE FILLING
Asst. Var.,
540 mL



5⁴⁸

Western Family
BAKING ALMONDS
Asst. Var.,
110 - 135 g



2/4⁹⁸



Western Family
COCONUT
Asst. Var.,
260 - 405 g



3⁴⁸

Baker's
BAKING CHOCOLATE
Asst. Var.,
170 - 225 g



4⁹⁸

Western Family
SULTANA RAISINS
Asst. Var.,
640 g



6⁴⁸

Dempster's
SIGNATURE SAUSAGE OR HAMBURGER BUNS
Asst. Var.,
6 - 8 pk



3⁹⁸

Villaggio
ITALIAN STYLE BREAD & BUNS
Asst. Var.,
510 - 540 g
6 - 8 pk



3⁴⁸



BAKERY *Prepared with love*

Fresh Baked In-Store
DATE SQUARES
6 pk

4⁴⁸
ea.



Fresh Baked In-Store
FRENCH BREAD

3⁴⁸



Fresh Baked In-Store
SCOTCH BAPS
12 pk

5⁴⁸



*The appearance of fresh baked product may vary between stores.

MEAT *Carefully sourced*

Fresh
BEEF BLADE SIMMERING STEAKS
Boneless, Value Pack
33.02/kg



14⁹⁸
/lb.

Fresh
LEAN GROUND CHUCK
Ground Fresh In-Store Daily
Value Pack
16.05/kg



7²⁸
/lb.

Fresh
BEEF CROSS RIB POT ROAST
Boneless, Value Pack, 22.00/kg
9⁹⁸
/lb.



Fresh
WHOLE PORK LOIN
Boneless
7.89/kg



3⁵⁸
/lb.

Fresh
PORK LOIN CHOPS
Boneless, Centre Cut
Value Pack
10.98/kg



4⁹⁸
/lb.

Fresh
WHOLE PORK TENDERLOIN
13.18/kg



5⁹⁸
/lb.

Fresh & Local
CHICKEN LEGS
Value Pack, 7.89/kg
3⁵⁸
/lb.

Fresh & Local
CHICKEN BREASTS
Back On, Value Pack
10.98/kg



4⁹⁸
/lb.

Askew's Own
BLUEBERRY SAUSAGES
22.00/kg



9⁹⁸
/lb.

Grimm's
TORTILLAS
Asst. Var., 600 g



3⁹⁸
ea.

Duso's
PASTA OR PASTA SAUCE
Asst. Var., 250 - 300 g, 300 mL



5⁹⁸
ea.

Harvest
BACON
Sel. Var., 500 g



11⁹⁸
ea.

Grimm's
PEPPERONI BITES
Asst. Var., 375 g



6⁹⁸
ea.

Lou's Kitchen
BBQ RIBS
Asst. Var., 610 g



12⁶⁸
ea.

Rocky Mountain
SWEET & SOUR PORK, GINGER BEEF OR DRY RIBS
Frozen, Asst. Var., 600 - 650 g



9⁹⁸
ea.

DELI

Prepared with love



Woolwich
**SOFT GOAT
CHEESE LOG**

Asst. Var., 113 g

5.87

Maretti Bruschette
**VEGETABLE
CRACKERS**
Garlic, Tomato or
Mediterranean
142 g



3.97
ea.

Saputo
BOCCONCINI
200 g



4.49
ea.

Saputo
**BELLA LODI
AGED RIPENED
CHEESE**
150 g



5.99
ea.



Freybe
**CERVELAT
SALAMI**

4.37
/ 100 g



Frozen
**COHO SALMON
FILLET**

**OCEAN
WISE**



3.58
/ 100 g

Fresh
**STEELHEAD
FILLET**



3.98
/ 100 g

**SMOKED
SALMON TIPS**
Original, Pepper

**OCEAN
WISE**



2.98
/ 100 g

SEAFOOD

Healthy & delicious

Frozen
AHI TUNA STEAK



2.38
/ 100 g

Blue Water
BREADED FISH
Frozen
450 - 516 g



8.98
ea.



fish FRIDAY
FRESH ROCKFISH FILLETS

DAIRY *From basics to deluxe*

Tropicana
**ORANGE
JUICE**
Asst. Var.,
1.36 L



4⁴⁸
+ dep

Becel
MARGARINE
Asst. Var.,
637 - 850 g



6⁴⁸



Dairyland
BUTTER
454 g



5⁹⁸

International Delight
**COFFEE
CREAMERS**
Asst. Var.,
400 - 473 mL



2⁹⁸

Sparks
LARGE WHITE EGGS
1 Dozen



3⁴⁸



Saputo
**CHEESE
SHREDS**
Asst. Var., 320 g

4⁹⁸

Dairyland
**AEROSOL
WHIPPING
CREAM**
225 g



3⁴⁸

Imperial
MARGARINE
1.28 - 1.36 kg



6⁹⁸

Kraft
**SINGLES
CHEESE SLICES**
Asst. Var.,
825 g



8⁹⁸

Kraft
**CHEEZ
WHIZ**
450 g



3⁹⁸

Heluva
**SOUR
CREAM DIP**
Asst. Var.,
250 g



2⁴⁸

Dairyland
**CHOCOLATE
MILK 3.25%**
946 mL



2⁴⁸
+ dep

Olympic
**ORGANIC SOUR
CREAM**
500 mL



4⁶⁸

Oikos
**GREEK STYLE
YOGURT**
Multipacks
Asst. Var.,
4 x 100 g



3²⁸

Most practical FROZEN

Western Family VEGETABLE BLENDS

Asst. Var.,
500 g



2/4⁹⁸

Cavendish Farms

FRIES

Straight Cut, Crinkle, Shoestring

Asst. Var.,
800 g



2⁹⁸

Snowcrest PERFECTLY IMPERFECT FRUIT

Asst. Var., 1.75 kg

8⁹⁸



Green Giant SIMPLY STEAM VEGETABLES

Asst. Var.,
250 g



1⁷⁸

Western Family DICED HASHBROWNS

Asst. Var.,
800 g - 1.3 kg



2⁹⁸

Western Family HOMESTYLE ENTRÉES

Asst. Var.,
850 - 907 g



4⁹⁸

Tenderflake PIE & TART SHELLS

Asst. Var.,
255 - 397 g



3⁴⁸

Hawkin's CHEEZIES

210 g

2/4⁹⁸



Bubly SPARKLING FLAVOURED WATER

Asst. Var.,
12 x 355 mL

6⁴⁸ + dep



Miss Vickie's POTATO CHIPS

Asst. Var.,
200 g

4²⁸



Everything you need GROCERY

Old Dutch RESTAURANTE TORILLA CHIPS

Asst. Var., 275 - 295 g

3⁹⁸



Smart Food POPCORN

Asst. Var.,
200 g



4²⁸

Doritos TORTILLA CHIPS

Asst. Var.,
235 g

2/8⁹⁸



Old Dutch ARRIBA TORTILLA CHIPS

Asst. Var.,
235 - 245 g

3⁹⁸



Old Dutch CORN CHIPS

Asst. Var.,
285 g

3⁹⁸



WELLNESS

Living life to the fullest

Naka
**MAGNESIUM
BISGYLCINATE**

20⁹⁸ 150 V Caps
33⁹⁸ 300 V Caps

Improves muscle relaxation & recovery.



Salus
FLORADIX
Double Pack

69⁹⁸
Helps prevent iron deficiency.



Prairie Naturals
VITAMIN D 2500

11⁹⁸ 180 Soft Gels
24⁹⁸ 550 Soft Gels

Great for maintaining healthy bones & teeth.



Good Protein
**ALL-IN-ONE
SHAKE**
Asst. Var.,

31⁹⁸ 440 g
49⁹⁸ 880 g



Smooth taste & texture.

Various flavours available.

** Not all products available at all locations.*

New Roots
SLEEP 8

26⁹⁸ 60 V Caps
50⁹⁸ 120 V Caps

Calms excessive brain activity & induces relaxation.



Flora
**WOVEN AFRICAN
BASKETS**
Asst. Var.
Each

67⁹⁸
Ideal for daily use at home or at the market.



Organic Formulations
CLEANSING OIL
125 mL

25⁹⁸
Effortlessly removes makeup, dirt & impurities.



Back to Earth
**ANGEL WINGS
CHILDREN'S
BODY LOTION**
240 mL

23⁹⁸
Protects baby's delicate skin.



Bach
RESCUE REMEDY

14⁹⁸ 10 mL
19⁹⁸ 20 mL
Helps to calm the nervous system.

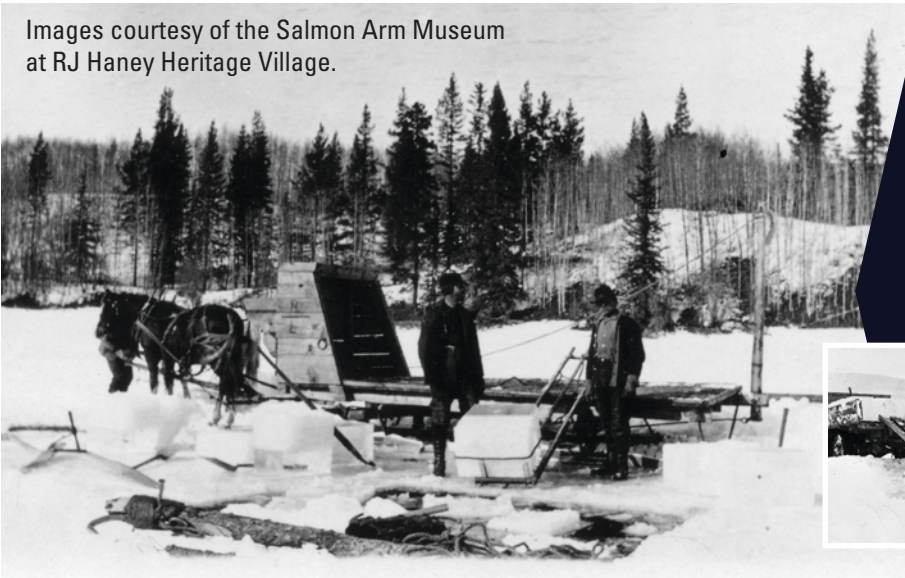


Nin Jiom
**HERBAL COUGH
SYRUP**

10⁹⁸ 150 mL
17⁹⁸ 300 mL
Provides relief from coughs & sore throats.



Images courtesy of the Salmon Arm Museum
at RJ Haney Heritage Village.



96
YEARS!



ASKEW'S LOOKS BACK

1. Workers, cutting blocks of ice at Canoe, BC with horse drawn sleigh.
2. More recent photo: Group with cross cut saws and and blocks of ice, truck and orchards in the background.

Photo dates unknown, negatives re-developped by Earl Tomplyn between 1969-1976.



Nature's Path
ORGANIC CEREAL ECO PACKS
Asst. Var., 675 - 907 g
848

Nature's Path
ORGANIC LOVE CRUNCH GRANOLA
Asst. Var., 325 g
548



Free Yumm
ALLERGY FRIENDLY CRACKERS
Asst. Var., 120 g
328



Blue Monkey
SPARKLING JUICE BEVERAGES
Asst. Var., 4 x 250 mL
298 + dep



Hardbite
HANDCRAFTED-STYLE POTATO CHIPS
Asst. Var., 150 g
2/498



Nuts to You
ORGANIC PEANUT BUTTER
750 g
798



Perfect Chef
ORGANIC PASTA SAUCE
Asst. Var., 740 mL
598



Only Goodness
ORGANIC BROTH
Asst. Var., 946 mL
2/498



Que Pasa
ORGANIC TORTILLA CHIPS
Asst. Var., 300 - 350 g
348



Perfect Chef
ORGANIC DRESSING
Asst. Var., 350 mL
448



Que Pasa
ORGANIC SALSA
Asst. Var., 420 mL
498



Healthy Hooch
ORGANIC KOMBUCHA
Asst. Var., 500 mL
298 + dep



Nature Clean
DISHWASHING LIQUID
Asst. Var., 740 mL
448



Caboo
TREE FREE PAPER TOWEL
2 Roll
448



Caboo
TREE FREE BATHROOM TISSUE
12 Roll
898



PRODUCE *Seasonal goodness & more*

California Grown
NAVEL ORANGES
New Crop
10 lb Bag



13⁹⁸
ea.

Costa Rica Grown
HONEYGLOW PINEAPPLE



5⁹⁸
ea.

BC Grown
RED ONIONS
2.82/kg
1²⁸
/lb.



Kids Club Item!



GALA APPLE

California/Mexico Grown
SYMPHONY TOMATOES
1 Pint



1⁹⁸
ea.

Mexico Grown
AVOCADOS
88¢
ea.



Canada Grown
LITTLE POTATOES
Red, Yellow, Trio, Fingerling
1.5 lb Bag



2⁹⁸
ea.

Mexico Grown
ORGANIC MINI WATERMELONS



3⁹⁸
ea.



Askew's

SA Downtown: 250-832-2064
SA Uptown: 250-832-7622
Armstrong: 250-546-3039
Enderby: 250-838-6064
Sicamous: 250-836-4899

To reduce our environmental impact our flyer is printed on unbleached recycled fibres using soy-based inks.



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We reserve the right to limit quantities.



Askew's

TURNS 96 THIS YEAR!
PROUDLY SERVING YOU SINCE 1929
The countdown to 100 begins!

ALL STORES OPEN DAILY - FOR HOURS VISIT **ASKEWSFOODS.COM**