

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless
BEEF CHUCK
ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties
NATURE'S
PROMISE
MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

W/O MVP Card \$2.29 LB

Pork
WHOLE
BOSTON
BUTT

HOTSALE!

MVP

7.99

EA

W/O MVP Card \$10.99 EA

31-40 Ct.
16 Oz. Bag - Frozen
FOOD LION
RAW SHRIMP
PEELED AND
DEVEINED TAIL-OFF

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint
BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties
NATURE'S
PROMISE
GREENHOUSE
GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8 Pack
12 Oz. Bottles
or 12 Pack
12 Oz. Cans
Select Varieties
PEPSI
PRODUCTS
LIMIT 4 FREE

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz.
FOOD LION
MINI CUCUMBERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card 79¢ EA

Large
GREEN PEPPERS

6.88-20 Oz.
Select Varieties
THOMAS BAGELS
OR ENTENMANN'S
LITTLE BITES
MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

13.25-14.25 Oz.
Select Varieties
BETTY
CROCKER
SUPER MOIST
CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.89 EA

28 Oz.
Made Hot In-Store
TRADITIONAL
ROTISSERIE
CHICKEN
IN THE DELI

HOTSALE!

MVP

4.99

EA

W/O MVP Card \$6.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR CHEEZ-IT
SNAP'D
LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

15 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR DANISH
CREAMERY
BUTTER
QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE!

3.49

EA

W/O MVP Card \$5.19 EA

MVP Coupon

-1.00

OFF!

48 Oz.
Select Varieties
BREYERS
ICE CREAM

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$3.69 EA

8.4-12.1 Oz.
Select Varieties
QUAKER
INSTANT
OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.69 EA

4.7-8.7 Oz.
Select Varieties
HAMBURGER
HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid
or 32-42 Ct. Paks
Select Varieties
ARM &
HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY
HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

REST OF WEEK

\$3.49 EA

MVP

10-11 Oz. - Select Varieties
POST PEBBLES
CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

REST OF WEEK

\$2.99 EA

MVP

7-8 Oz. - Select Varieties
TILLAMOOK
SLICED OR
SHREDDED
CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

REST OF WEEK

2/\$7

MVP

8.25-18 Oz. - Select Varieties
FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK

\$5.99 EA

MVP

20 Oz.
WONDER CLASSIC
WHITE ROUND
TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.99 EA
Single Item Half Price
OFF Regular Retail

REST OF WEEK

\$2.99 EA

MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK

\$7.99 EA

MVP

PRICED LOW

EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZMBL ZMBM ZMWS ZPHI 12/03/25

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, green onions, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible on the left. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, green onions, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible on the left. A silver spoon rests on the cutting board in front of the bowl.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
bogo
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

The image shows a package of Smithfield Marinated Pork Loin Filet at the top. Below it, a cooked pork loin is served on a white platter with green beans and sliced pork chops. A yellow promotional sign is overlaid on the bottom left of the image.

HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!
MVP
7.99
EA

W/O MVP Card Regular Retail

6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN

[illegible]

SUSTAINABLY SOURCED SEAFOOD

Product	Weight	Price	Label
Salmon Fillet	16 Oz. - Fresh	\$9.99 EA	HOTSALE! MVP
Food Lion Seafood Medley	40 Oz. Pkg. Frozen	\$10.99 EA	HOTSALE! MVP
Shrimp Ring	8 Oz. - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Raw Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Cooked Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$7.99 EA	HOTSALE! MVP

W/O MVP Card Regular Retail

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



Chickpea Sea
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 Oz. Bag

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
RAW SHRIMP**

Chickpea & Sea
RESPONSIBLY BASED
SHRIMP
COOKED
26-30 Ct.
(12 Oz. Bag - Froze)
14g Protein

HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

Save on
holiday bites
everyone loves!

FOOD LION
Cylindrical Smokies
smoked sausage
NET WT. 12.5 OZ (354g)

Maple Mustard Sauce - a delicious new twist on a classic smoky flavor. This sauce is made with real maple syrup and mustard. Perfect for dipping or drizzling over your favorite meats. **NEW!**

**12-14 Oz. Pkg.,
Select Varieties**

FOOD LION
CYLINDRICAL SMOKIES

HOTSALE!
MVP
3.48
EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS

MADE WITH BEEF, PORK AND CHICKEN

— ITALIAN STYLE —

OVEN BAKED

NET WT. 24 OZ (1.5 LB) 680 G

Rosina

MEATBALLS

— ITALIAN STYLE —

52 1/2

HOT SALE! **6⁴⁹_{EA}**
W/O MVP Card Regular Retail
MVP Coupon **-1⁰⁰_{OFF}**
5⁴⁹_{EA}
W/ MFR. DISCOUNT SAVINGS

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSION
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!
Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy
to a family's table when you
buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

Baked in —————
fresh **flavor!**
Find our recipe on foodli

PRICED LOW ✓ EVERY DAY

MVP PRICED LOW EVERY DAY ✓
289 EA

HOT SALE!
MVP
2/\$5

HOTSALE!
MVP
2/\$4

HOT SALE!
MVP
2/\$5

HOT SALE!
MVP
399
EA

HOT SALE! **3⁹⁹**
EA
W/O MVP Card \$4.49 EA
MVP
Coupon **-1⁰⁰**
OF

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

PRICED LOW EVERY DAY

379

EA

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379

EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

EA

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169

EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379

EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119

EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Mushrooms

HOTSALE!

189

EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

2 Liter Select Varieties CELSIUS

HOTSALE!

2/\$4

EA

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479

EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

EA

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

EA

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

EA

W/O MVP Card \$3.99 EA

12 Pack - 12 Oz. Cans Select Varieties FOOD LION SODA

PRICED LOW EVERY DAY

449

EA

W/O MVP Card \$2.39 EA

1 Liter Bottle S.PELLEGRINO SPARKLING WATER

HOTSALE!

2/\$4

EA

W/O MVP Card \$2.39 EA

12 Oz. Select Varieties POPPI PREBIOTIC SODA

HOTSALE!

2/\$4

EA

W/O MVP Card \$2.29 EA

6 Pack - 12 Oz. Cans Select Varieties ZEVIA

HOTSALE!

499

EA

W/O MVP Card \$6.49 EA

CAREone®

A FOOD LION private brand

Get relief for less with our brand of affordable healthcare products.

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

HOTSALE!

299

EA

W/O MVP Card \$3.49 EA

4 Oz. Select Varieties CAREONE TUSSIN DM

HOTSALE!

299

EA

W/O MVP Card \$3.49 EA

12 Oz. Select Varieties CAREONE NIGHTTIME COLD & FLU

HOTSALE!

599

EA

W/O MVP Card \$6.99 EA

4 Oz. Select Varieties CAREONE CHILDREN'S COLD & COUGH

HOTSALE!

499

EA

W/O MVP Card \$5.99 EA

24 Ct. Select Varieties CAREONE COLD & FLU SEVERE CAPLETS

HOTSALE!

349

EA

W/O MVP Card \$3.99 EA

3.53 Oz. Select Varieties CAREONE MEDICATED CHEST RUB

HOTSALE!

449

EA

W/O MVP Card \$5.49 EA

1 Ct. Select Varieties CAREONE 8-SECOND DIGITAL THERMOMETER

HOTSALE!

999

EA

W/O MVP Card \$10.99 EA

5 ZDPH ZDSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWS ZPHI 12/03/25

DAIRY

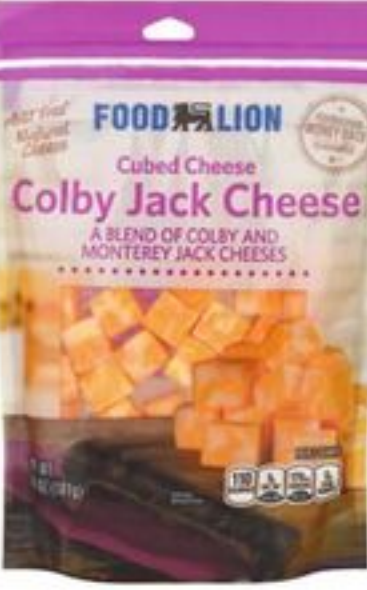


HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
Select Varieties
LAND O LAKES
BUTTER OR
MARGARINE



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

2/99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT



HOTSALE!
MVP

3/99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES



HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4/49
EA

W/O MVP Card Regular Retail



FROZEN



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



PRICED LOW EVERY DAY

2/99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
MVP

3/49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

6/99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOT SALE!
MVP

5/99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

4/99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOT SALE!
MVP

7/99
EA

W/O MVP Card \$12.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk



HOT SALE!
MVP

3/99
EA

W/O MVP Card \$4.69 EA

MVP Coupon -50¢ OFF!

3/49
EA

W/O MVP DISCOUNT SAVINGS LIMIT 1



HOT SALE!
MVP

4/49
EA

W/O MVP Card \$6.19 EA

MVP Coupon -1.00 OFF!

3/49
EA

W/O MVP DISCOUNT SAVINGS LIMIT 1



HOT SALE!
MVP

5/99
EA

W/O MVP Card \$6.99 EA

MVP Coupon -1.00 OFF!

4/99
EA

W/O MVP DISCOUNT SAVINGS LIMIT 1



HOT SALE!
MVP

7/99
EA

W/O MVP Card \$12.99 EA

MVP Coupon -1.00 OFF!

6/99
EA

W/O MVP DISCOUNT SAVINGS LIMIT 1

BREAKFAST



HOTSALE!
MVP

1/99
EA

W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4/99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS



HOTSALE!
MVP

5/99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4/28
EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11/99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HOTSALE!
MVP

12/79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

MVP

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$3.79 EA

60-70 Ct. Select Varieties

NATROL
MELATONIN

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no hangover
• No tolerance

30 TABLETS • DIETARY SUPPLEMENT

6-8 Oz. Select Varieties

**NOT YOUR MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



CURL TALK
CLEAN FREAK
the shampoo

NOT YOUR MOTHER'S
CURL TALK

DRY SHAMPOO

12 Oz. Select Varieties

**CERA VE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



Cera Ve
Daily Hydrating
Cleanser

Cera Ve
Daily Moisturizer
lotion

Non-comedogenic
fragrance-free
hypoallergenic
dermatologist recommended
for dry, itchy skin

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PISHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

45 Oz. Select Varieties
BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

24 Oz. Select Varieties
DAWN UNSTOPPABLES

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

2/2 \$14
 W/ MVP Card \$7.99 EA
MVP Coupon -500 OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

15.99 EA
MVP Coupon -400 OFF 1

11.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY -19.99 EA
 W/ MVP Card \$4.99 EA
MVP Coupon -500 OFF 1

14.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:

Bel Air, Edgewood

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZMBM 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties

**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.89 EA

Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties

**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA
W/O MVP Card \$6.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$7.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties

**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$4.09 EA

Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.29 EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



4.49
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

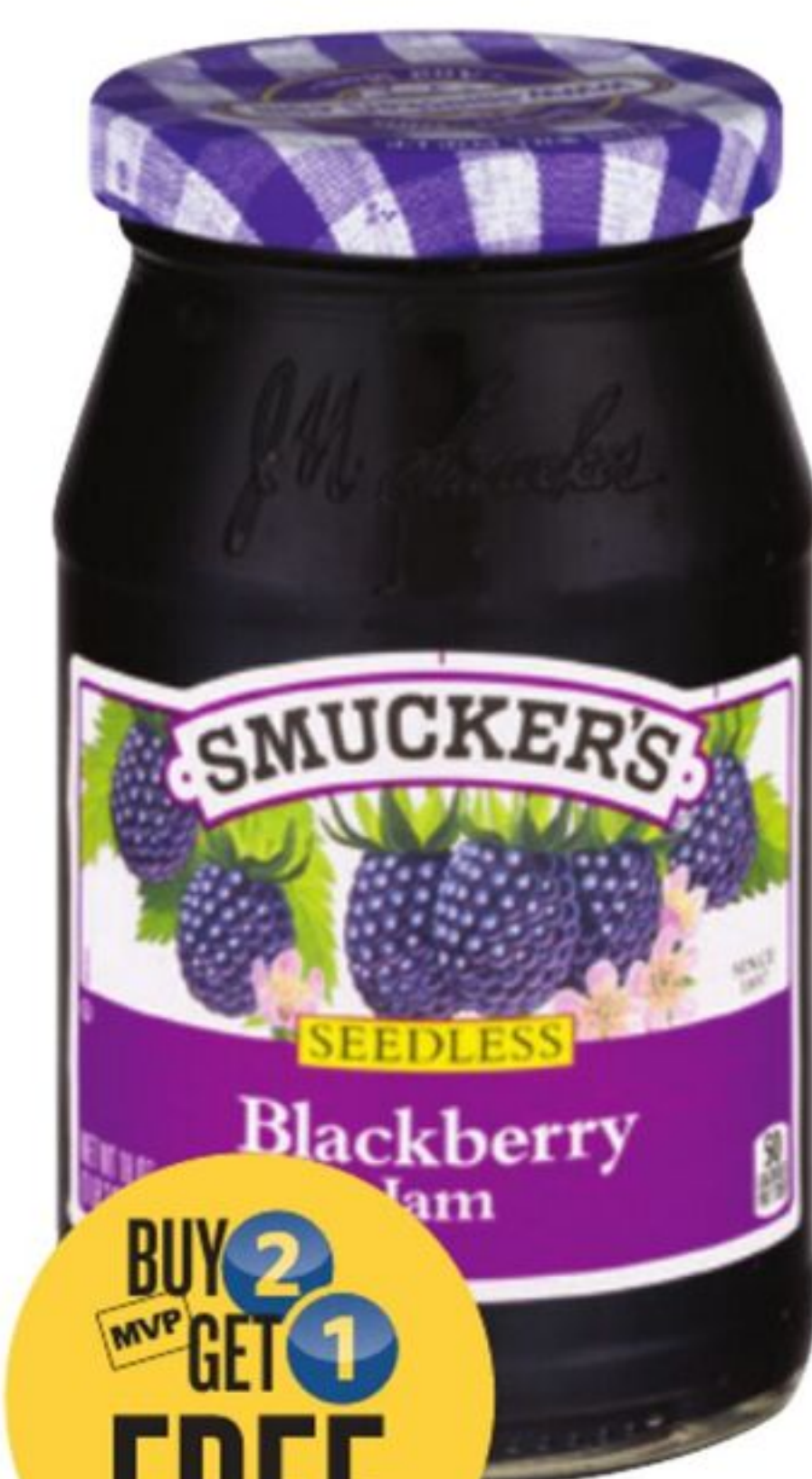
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!