



# FALL SAVINGS

Prices in effect: Nov 26<sup>th</sup> - Dec 2<sup>nd</sup>, 2025

## Island Farms Classic Ice Cream

1.65L

**\$5<sup>49</sup>** Ea

Assorted Varieties



## Island Farmhouse Whole Frying Chicken

\$8.80/kg

**\$3<sup>99</sup>** Lb



## Grimm's Montreal Smoked Meat

**\$2<sup>99</sup>** /100g



## Little Potato Company Potatoes

1.5lb

**\$3<sup>99</sup>** Ea

Grown in Canada



## Gala Apples

\$3.29/kg

Grown in BC

**\$1<sup>49</sup>** Lb



## AAA Black Angus Stewing Beef

\$22.02/kg

**\$9<sup>99</sup>** Lb



## Laughing Cow Cheese

133g

**\$4<sup>99</sup>** Ea



Assorted Varieties

## Baby Peeled Carrots

1Lb bag

**\$1<sup>99</sup>** Ea



## Green Kiwi's

Grown in New Zealand

**3/\$4**



## Harvest Sausage

Garlic Coil, Summer or Salami

375-500g

**\$8<sup>99</sup>** Ea



## Woolwich Fresh Goat Cheese Logs

113g

**\$4<sup>99</sup>** Ea



Assorted Varieties

## Top Deals of the Week

### Unico Pasta

900g

Assorted Varieties

**2/\$5**



### Pepsi, Schwepps and Flavours

12x355ml

**2/\$15** + Deposit

Assorted Varieties



### Friskies Canned Cat Food

156g

**4/\$6**

Assorted Varieties



### Bassili's Best Lasagna or Shepards Pie

907g

**\$8<sup>99</sup>** Ea



Assorted Varieties

## Rogers Flour

10KG

Assorted Varieties

**\$13<sup>99</sup>** Ea



## Heinz Beans

398ml

**2/\$5**

Assorted Varieties



## Ocean Spray Cranberry Cocktail

1.89L

**\$4<sup>99</sup>** + Deposit

Assorted Varieties



## Paradise Island Cheese

400g

**\$8<sup>99</sup>** Ea



Assorted Varieties

## Old Dutch Arriba or Restaurante Chips

245-295g

**2/\$8**

Assorted Varieties



## Barbara's Cheese Puffs

155-198g

**\$2<sup>99</sup>** Ea

Assorted Varieties



## Kind Fruit & Nut Bars

40g

**2/\$4**



Assorted Varieties

Hundreds of Manager's Specials featured in every location!

Mayne Island - Village Bay  
472 Village Bay Road  
Phone 250-539-2548

Pender Island - Driftwood Centre  
4605 Bedwell Harbour Road  
Phone 250-629-8322

Quadra Island - Heriot Bay  
1536 Heriot Bay Road  
Phone 250-285-2436

Quadra Island - Quathiaski Cove  
658 Harper Road  
Phone 250-285-3391

We reserve the right to limit quantities. Not all items available at all stores.

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