

Shop our *best deals*
this week!



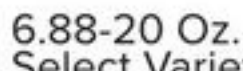

HOTSALE!
MVP

BOGO FREE

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans
Select Varieties

PEPSI PRODUCTS
LIMIT 4 FREE

W/O MVP Card Regular Retail Single Item Mail Price



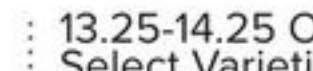

6.88-20 Oz. Select Varieties

HOMIES BAGELS & ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Mail Price

13.25-14.25 Oz. Select Varieties

BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!
MVP

\$ EA

W/O MVP Card \$1.99 EA




12 Pack 12 Oz. Bottles or Cans
Select Varieties

SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM

HOTSALE!
MVP

\$15.99 EA

W/O MVP Card \$19.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOT SALE!
MVP
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOT SALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOT SALE!
MVP
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOT SALE!
MVP
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

\$3.49
EA

MVP Coupon **-\$1.00** OFF

2.49
EA

MVP: 10% OFF DISCOUNT SAVINGS

8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

HOT SALE!

2.50
EA

MVP: MVP Card \$2.69 EA

4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

HOT SALE!

\$1.49
EA

MVP: MVP Card \$2.09 EA

75-110 Oz. Liquid or 32.47 Oz. Paks Select Varieties
ARM & HAMMER

HOT SALE!

6.99
EA

MVP: MVP Card Regular Bottle

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

Hot Sale!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

Oscar Mayer Deli Fresh
7-9 Oz. Pkg.
Select Varieties

OSCAR MAYER
DELI FRESH
LUNCH MEAT

9 oz

10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

A box of Post Fruity Pebbles cereal, featuring the cartoon characters Pebbles and Bubbles, and the text 'Fruity Pebbles CEREAL' and 'Post'.

7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
MVP

2/\$5

W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP



8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
MVP
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA



MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSale!
MVP
~~9.99~~
5.99
EA

W/O MVP Card Regular Retail.

REST OF WEEK \$7.99 EA MVP

PRICED LOW ✓ EVERY DAY **&** **HOTSALE!**
ON ITEMS YOU BUY MOST OFTEN OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail

A white bowl filled with ground beef and beans, topped with shredded cheddar cheese and sliced jalapeños. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. In the background, a whole pie is visible. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail

A white bowl filled with ground beef, beans, shredded cheese, and jalapeños sits on a wooden cutting board. Next to it is a slice of cornbread and a piece of pie crust. A silver spoon lies on the board in front of the bowl.

A white plate featuring a large, seared Beef T-Bone Steak and a baked potato topped with shredded cheese and fresh chives. A small garnish of chives is also placed next to the potato.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**



HOTSALE!
BOGO
FREE

W/O MVP Card Regular Retail
Single Item Half Price



HOT SALE!
 WYO
79¢^{LB}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**



HOTSALE!
 (MVP)
3.49
 LB
 W/O MVP Card Regular Retail

Assorted, Bone-In
PORK CHOPS

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
WV

10⁹⁹
EA

W/O MVP Card Regular Retail

A box of Schweid & Sons 'The Chuck Brisket' gourmet burgers is shown in the background. The box is brown with a clear window showing the burger patties. In the foreground, three assembled burgers are displayed on a white plate. Each burger consists of a round beef patty, a slice of Swiss cheese, a slice of tomato, and lettuce on a kaiser roll.

Small Pack
FOOD LION
Chicken Thighs

HOTSALE!
MVP
1.69
LB

W/O MVP Card Regular Retail



Smithfield
BACON
12-16 Oz. Pkg.
Homemade Uncured

12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOT SALE!
MVP
4.99
EA
W/O MVP Card Regular Retail



5-6 Oz. Pkg. - Select Varieties

HORMEL PEPPERONI

MVP **PRICED LOW EVERY DAY** ✓

3.99
EA

W/O MVP Card Regular Retail



Smithfield
Anytime
SLICED
HONEY CURED
BONELESS HAM
8 OZ. PKG.

8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOTSALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

[illegible]

www.foodlion.com

FOOD LION
MVP Card
Regular Retail
Only at Food Lion
New Brand

HOTSALE!
MVP
10⁹⁹
EA

40 Oz. Pkg.
Frozen
FOOD LION
SWAI

W/O MVP Card Regular Retail

HOTSale!
W/O MVP Card Regular Retail

5.99
EA

8 Oz. - Frozen
SHRIMP RING

Chick'n Sea
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 Oz. Bag
26-30 Ct.

HOTSALE!
MYP
5.99
EA

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN OF THE SEA
RAW SHRIMP**

W/O MYP Card Regular Retail

Responsibly Raised

Chick'n-Sea

RESPONSIBLY RAISED
SHRIMP

COOKED

16g

26-30 CT.

12 OZ. BAG - FROZEN

HOTSALE!

MVP

7.99

EA

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN
OF THE SEA
COOKED
SHRIMP**

W/O MVP Card Regular Retail

*Save on
holiday bites
everyone loves!*

The image shows a product shot for Food Lion Cocktail Smokies. On the left is a vacuum-sealed bag of the sausages. The label on the bag includes the Food Lion logo, the product name "Cocktail Smokies", a picture of the sausages in a skillet, and a detailed description: "Hickory-Pecked Sausage with a tangy cocktail sauce flavor. Perfect for parties and gatherings. Cook in skillet or broil. Serve with cocktail sauce." Below the description is a small circular seal that says "NO MSG ADDED". At the bottom of the bag, it says "NET WT. 12-14 OZ.". To the right of the bag is a red ribbon graphic. In the foreground is a white plate filled with the cooked cocktail smokies, each skewered with a wooden toothpick. A small white bowl of thick red cocktail sauce sits in the center of the plate, garnished with a sprig of green herbs.

HOT SALE!
MVP

3⁴⁸
EA

12-14 Oz. Pkg.
Select Varieties

FOOD LION
COCKTAIL SMOKIES

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS

— ITALIAN STYLE —

DIRETTAMENTE DALLA ROSINA

MEATBALLS

— ITALIAN STYLE —

\$2.12

HOT SALE! **6⁴⁹**
EA
W/O MVP Card Regular Retail

MVP
Coupon **-1⁰⁰**
OFF

5⁴⁹
EA

MVP W/ MFR. DISCOUNT SAVINGS

DELicious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays *easy*

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN TENDER TRAY



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



Bring joy
to a family's table when you
buy a holiday box



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in *fresh* **flavor!**
Find our recipe on foodie.com

ZNRH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKVN ZMBA ZMBL ZMBM ZMBT ZMSA ZMIWA ZMWK ZMWS ZNPL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNPA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 12/03/25

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

HOTSALE!

15.49 EA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNNB 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
Select Varieties
LAND O LAKES
BUTTER OR
MARGARINE



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.69 EA

14-16.5 Oz.
Select Varieties
NESTLE
TOLL HOUSE
COOKIES



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM AIDES
OR PUNCHES



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES



HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail



FROZEN



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



PRICED LOW EVERY DAY

2.99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOT SALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

15-17.7-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOT SALE!
MVP

7.99
EA

W/O MVP Card \$10.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk



HOT SALE!
MVP

3.99
EA

W/O MVP Card \$4.69 EA

48-64 Oz.
Select Varieties
SILK
PROTEIN
OR SOY MILK



HOT SALE!
MVP

4.49
EA

W/O MVP Card \$6.19 EA

15-17.7-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

15-17.7-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOT SALE!
MVP

7.99
EA

W/O MVP Card \$10.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

BREAKFAST



HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4.29
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

16 Shades to Match Your Skin

Prevents Chapping, Dry Lips

Blistex

Blistex

60-70 Ct. Select Varieties

NATROL
MELATONIN

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



60-70 Ct. Select Varieties

NATROL
Fast Dissolve Melatonin 10mg

- Quickly dissolves
- No drowsiness
- No irritations, no side effects
- No sugar

10 TABLETS • DIETETIC SUGAR FREE

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA

6-8 Oz. Select Varieties

NOT YOUR MOTHER'S CURL TALK OR DRY SHAMPOO



6-8 Oz. Select Varieties

CeraVe
CURL TALK
DRY SHAMPOO

With 3% Salicylic Acid
To Exfoliate Scalp

With 3% Salicylic Acid
To Exfoliate Scalp

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA

12 Oz. Select Varieties

CeraVe
FACE AVE
CLEANSER OR LOTION



12 Oz. Select Varieties

CeraVe
Daily Moisturizing Lotion
or
Facial Cleanser

With 3% Salicylic Acid
To Exfoliate Scalp

With 3% Salicylic Acid
To Exfoliate Scalp

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

- BABY

- PET

NEW ITEM CENTER

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA

VALUE PACK

Blistex
A Professional Brand

**MEDICATED
LIP BALM**

3 balm
**VALUE
PACK**

Smooth, Easy-Gliding
Protection

Seals in Moisture
to Soothe & Prevent Dry Lips

1.5 oz. (42.5 g) ea
3 Blistex Lip Balms



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



While Supplies Last

9.99

EA

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

Fresh ways
to sweeten your
meal!



In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3.99

LB

W/O MVP Card Regular Retail



Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:
Atlantic Beach, Beaufort, Belhaven, Chocowinity, Emerald Isle, Grantsboro,
Havelock, Jacksonville, Morehead City, New Bern, Newport, Richlands, Sneads
Ferry, Swansboro, Vanceboro, Washington

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:

8 ZNNB 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



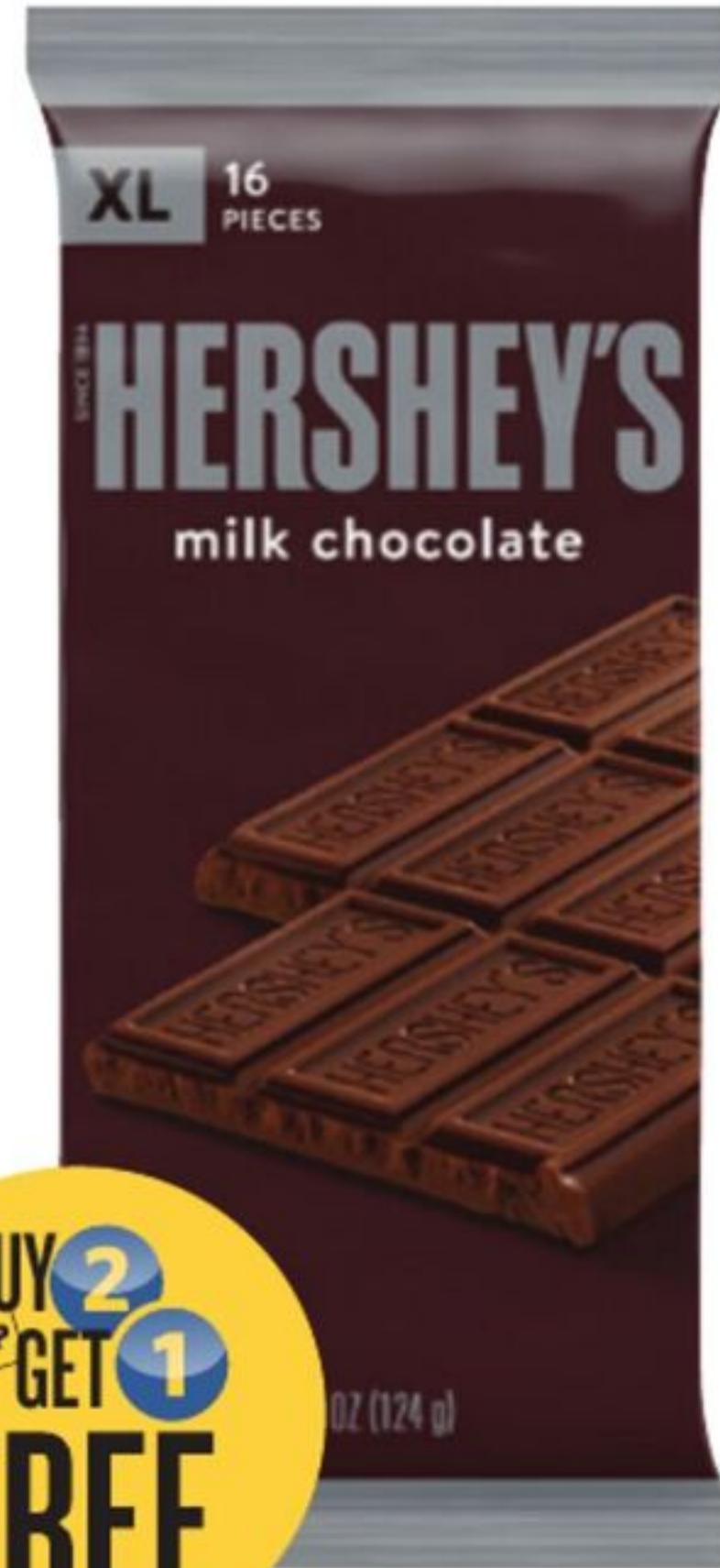
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!