



WILD
CAUGHT

Sale



Limited Thyme Sale

Starts 12/4 at 10am through Sunday

Wild Caught

Snow Crab Clusters

\$10⁹⁹
LB

SHOP ALL DEALS

while supplies last



Limited Thyme Sale
Starts 12/4 at 10am through Sunday

All Natural
Baby Back Pork Ribs

\$2⁹⁹
LB

SHOP ALL DEALS

while supplies last

Sale



 Fresh Thyme Ice Cream or Gelato 350 - 400 ml 4.49	 Spinifirst Sparkling Water 8 pk, 16 oz 5.99	 Carbone Pasta Sauce 150 - 254 ml 5.99	 All Bulk Nuts almonds, cashews, walnuts, pecans, peanuts and more 25% OFF
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3.99

In-shell Walnuts or Almonds
16 oz packs



BUY ONE GET ONE 50% OFF

Miss Jones
Cake Mixes & Frosting
10.57-19oz



BUY ONE GET ONE 50% OFF

Bob's Red Mill
Baking Flour
16oz-5lbs



3.49

Fresh Thyme
Butter
salted or unsalted, 16 oz



2.99

Fresh Thyme
Cage-Free Large White Eggs
1 dozen



BUY ONE GET ONE FREE

BelGioioso
Mascarpone
Cheese
8 oz



3.99

Pioneer
Fine Granulated
Sugar
4 lb



5.99

In Shell Pecans
16 oz pack



1.99

Ocean Spray
Cranberries
12 oz



5.69

Fresh Thyme
Heavy Whipping
Cream
32 oz



5.99

Enjoy Life
Baking Chips
9 oz



2/\$5

Fresh Thyme
Light Brown, Dark Brown, or Powdered Sugar
32 oz



1.99

Fresh Thyme
All-Purpose Flour
5 lb

SWEET SAVINGS

Holiday Baking Essentials



Organic Carrots
5 lb bag

3.99



Organic Romaine Hearts 3 Pack
or Medley Tomatoes 10 oz

2.99



Organic Hot House Seedless
Cucumbers
large

1.99

Let us do the cooking

Reserve your fully cooked
Holiday Meal today!

Kentucky Legend Sliced Ham, Boar's Head Ham
Gloze, Gravye, Garlic Mashed Potatoes, Rainbow
Carrots with Lemon Herb Butter, Green Bean
Amandine, Creamed Corn, Hooples Cranberry Relish
reserve in store or call today!

Holiday Meal

\$79.99

Serves 6-8
people





Force of Nature
Boneless Grass Fed Ribeye Steak
Force of Nature Boneless New York Strip
Steak

19.99 LB



Certified Angus Beef®
Boneless Chuck Roast

6.99 LB



Jennie O
93% Lean Ground Turkey
16 oz

2/12



Boar's Head

No fillers, artificial colors,
flavors, or trans fats.
Always gluten free



Boar's Head
Smokemaster Beechwood
Smoked Black Forest Ham

8.99 LB



Boar's Head
Golden Classic Chicken Breast
Boar's Head Picante Provolone
Cheese

10.99 LB



Boar's Head
Hard Salami

8.99 LB



10
A DECADE OF BUILDING
HEALTHIER LIVES

FRESH THIMA
vitamin angels



NORDIC
ULTIMATE
omega

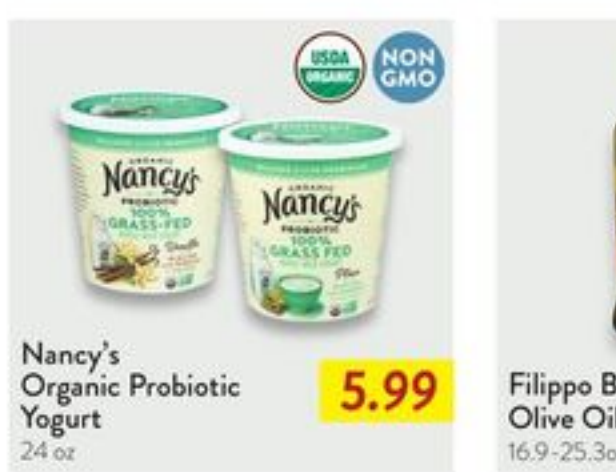
GO GREEN
POINTS

Magnesium

just thrive
probiotic

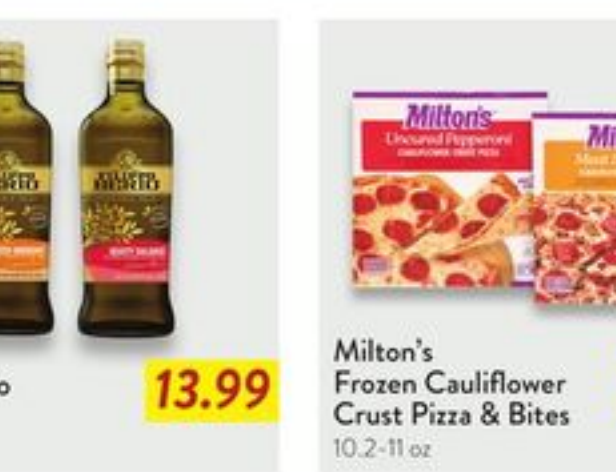
25%
OFF

Vitamin Angels
Sale
select brands



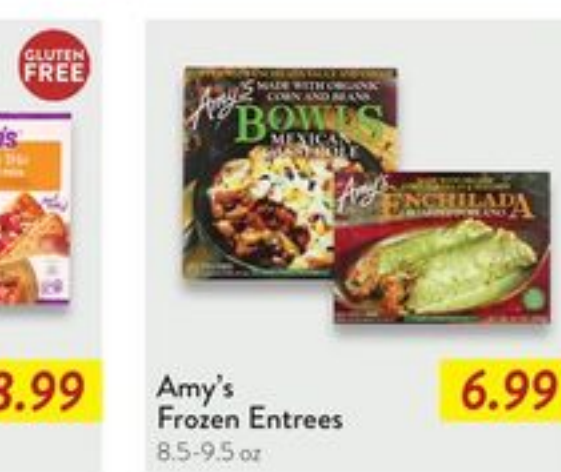
Nancy's
Organic Probiotic
Yogurt

5.99



Filippo Berio
Olive Oils

13.99



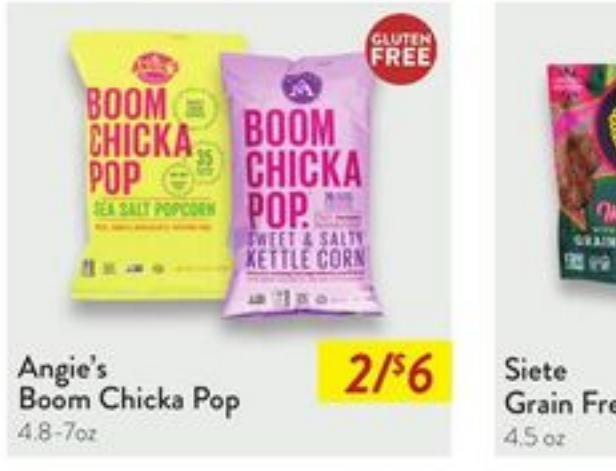
Milton's
Frozen Cauliflower
Crust Pizza & Bites

8.99



Amy's
Frozen Entrees

6.99



Angel's
Boom Chicka Pop

2/6



Siete
Grain Free Cookies

2/8



San Pellegrino
Sparkling Mineral
Water

2/5



Bigelow
Tea

2/6



Donkey
Tortilla Chips

2/6



De Cecco
Organic Rice

2/4



4 Sisters
Organic Pasta

BUY ONE
GET ONE
50% OFF



Groundwork
Organic Coffee

12.99



MY
FAVORITE



Batesian



Uber Eats

Prices valid 12/3/25-12/9/25 at our Minnesota locations

We reserve the right to correct pricing errors. Not all items available at all stores. We reserve the right to limit quantities. Some items may be additional to the price shown, where applicable. Beer and wine purchases are subject to state laws. MW and KY is available in Hugs and Grapes liquor store locations only. RM max of 192 fl. oz. of beer and 3,000 mL. of wine can be purchased at any one time.



FRESHLY
LOCKED
DEALS

Spent this item to discover natural and
organic items priced to feel good all
season long

Your Shortcut to Fresh

Delicious veggies that steam in minutes—perfect for effortless holiday sides or everyday dinners.

DISCOVER MORE VARIETIES!

- Garlic Parm Broccoli 10.5 oz bag.....5.99
- Garlic Herb Brussels Medley 15 oz bag.....6.99
- Glazed Baby Carrots 18 oz bag.....5.99
- Squash Saute Bag 15 oz bag.....5.99
- Sweet Cinnamon Potatoes 18 oz bag.....5.99
- Zesty Asparagus Blend 15 oz bag.....6.99
- Garlic Parm Baby Potatoes 20 oz bag.....5.99

SHOP NOW

READY IN MINUTES!

Place bag upright in microwave with bottom resting flat and handle at top

6.99
15oz bag

LEMON HERB GREEN BEANS



RECYCLED
PAPER
TOWELS



ALEIA'S
Love of Artisan Food

stuffed full of flavor
SAVORY STUFFING

SAVORY



ALL
NATURAL



FRESH THYME
MARKET

Double Crème
BRIE

SOFT-RIPENED CHEESE

CREAMY & SMOOTH WITH
A SUBTLE MUSHROOM FLAVOR

GLUTEN FREE

NET WT. 8 OZ (227g)



truwhip

ORIGINAL

WHIPPED TOPPING



FARMER'S
MARKET

ORGANIC
Pumpkin

NET WT. 15 OZ (425g)



VITAL PROTEINS

COLLAGEN
PEPTIDES

26g Collagen per Serving

Supports Skin, Hair, Nails, Joint Support

50g Collagen Peptides - Powder Based

Unflavored

Dietary Supplement

NET WT. 20 OZ (1.25lb) 567g



USDA
ORGANIC



USDA
ORGANIC

SERVINGS

Fresh
EXPRESS

-Garden-

ICEBERG GARDEN

JARDIN DE ICEBERG

Iceberg Lettuce • Red Cabbage • Carrots



Simply
Organic

turkey
FLAVORED
gravy mix

USDA
ORGANIC



FRESH THYME
FARMER'S MARKET

ORGANIC
CREAM OF
MUSHROOM

Condensed Soup

USDA
ORGANIC



FRESH THYME
FARMER'S MARKET

ORGANIC
CHICKEN

USDA
ORGANIC



DR. BRONNER'S

18-IN-1 HEMP LAVENDER
PURE-CASTILE SOAP

MADE WITH ORGANIC OILS



USDA
ORGANIC

Solaray

MAGNESIUM
GLYCINATE

350 mg

• Better Sleep
• Muscle Relaxation
• Stress Relief



TÖST

ROSÉ

SPARKLING WHITE TEA,
GINGER & ELDERBERRY

CONTAINS NO ALCOHOL

25.4 FL. OZ. / 750 ML



Whole

CALIFORNIA CARROTS

NET WT. 16oz (1 lb) 454g

USDA
ORGANIC

**FRESHLY
LOCKED
DEALS**

Spot this icon to discover
natural and organic items
priced to feel good all
season long.

Stocking Stuffer Must Haves

Make the holidays even more
magical and stuff those stockings
with a little extra joy!



Burt's Bees Holiday Lip Balms

select varieties and sizes

*FESTIVE-FLAVORED
HOLIDAY MUST HAVE*

ESW Face Masks

.85 oz

*REFRESHING,
REJUVENATING,
NOURISHING*



Calyan Holiday Candles

select varieties and sizes

*CLEAN, NON-TOXIC
CANDLES*



Pacha Holiday Soap

4 ct

*HANDCRAFTED,
ARTISANAL
PRODUCTS*



A DECADE OF BUILDING HEALTHIER LIVES.



Over 7 million lives changed and counting

We're proud to have impacted so many lives together! Help us continue building healthier communities and **round-up your purchase** to give the gift of life-changing nutrition to families.



did you know?

Fresh Thyme donates 25¢ to
Vitamin Angels for every bottle of
our supplements or vitamins sold-
all year long!

[LEARN MORE](#)



HOLIDAY GATHERING

Try this essential oil recipe today!

ADD THE DIRECTED AMOUNT
OF DROPS TO YOUR DIFFUSER
FOR A SCENTSPLOSION!



wine & cheese

Malbec & Point Reyes Blue Cheese

Soft in texture with a concentrated flavor, the Malbec finishes off a strong and salty blue cheese with a well-balanced bite.



HEALTH-ADE  KOMBUCHA®

**Cheers to
Your Gut Health**

Shop Now!

