

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless
BEEF CHUCK
ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

1.99

LB

Family Pack
FOOD LION
BONELESS
CHICKEN BREAST

W/O MVP Card \$2.69 LB

HOTSALE!

MVP

2.99

LB

Limit 2
PORK
BABY BACK
RIBS

W/O MVP Card \$4.99 LB

HOTSALE!

MVP

7.99

EA

31-40 Ct.
16 Oz. Bag - Frozen
FOOD LION
RAW SHRIMP
PEELED AND
DEVEINED TAIL-OFF

W/O MVP Card \$10.99 EA

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint
BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties
NATURE'S
PROMISE
GREENHOUSE
GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

14 Oz.
FOOD LION
MINI CUCUMBERS

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

Large
GREEN PEPPERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card 79¢ EA

6.88-20 Oz.
Select Varieties
THOMAS BAGELS
OR ENTEENMANN'S
LITTLE BITES
MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

8 Pack
12 Oz. Bottles
or 12 Pack
12 Oz. Cans
Select Varieties
PEPSI
PRODUCTS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

13.25-14.25 Oz.
Select Varieties
BETTY
CROCKER
SUPER MOIST
CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
SAMUEL ADAMS
SIERRA NEVADA
OR NEW BELGIUM

HOTSALE!

MVP

15.99

EA

W/O MVP Card Regular Retail

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR CHEEZ-IT
SNAP'D
LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR DANISH
CREAMERY
BUTTER
QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE!

3.49

EA

W/O MVP Card \$5.19 EA

MVP Coupon -1.00 OFF1

48 Oz.
Select Varieties
BREYERS
ICE CREAM

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$3.49 EA

8.4-12.1 Oz.
Select Varieties
QUAKER
INSTANT
OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.69 EA

4.7-8.7 Oz.
Select Varieties
HAMBURGER
HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid
or 32-42 Ct. Paks
Select Varieties
ARM &
HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

18 Oz.
Select Varieties
DUKE'S
SQUEEZE
MAYONNAISE

HOTSALE!

MVP

4.49

EA

W/O MVP Card \$5.49 EA

MVP

3 DAY
HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA

MVP

10-11 Oz. - Select Varieties
POST PEBBLES
CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

7-8 Oz. - Select Varieties
TILLAMOOK
SLICED OR
SHREDDED
CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

REST OF WEEK 2/\$7

MVP

8.25-18 Oz. - Select Varieties
FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA

20 Oz.
WONDER CLASSIC
WHITE ROUND
TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.69 EA
Single Item Half Price
OFF Regular Retail

REST OF WEEK \$2.99 EA

MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA

MVP

1 ZNGB ZNHHP 12/03/25

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail



A white plate featuring a large, cooked Beef T-Bone Steak and a baked potato topped with sour cream and chives. A sprig of dill is placed next to the potato.

All Varieties
SMITHFIELD
 MARINATED
 PORK LOIN
 FILET

HOTSALE!
 (per lb)
BOGO
FREE
 W/O MVP Card Regular Retail
 Single Item Half Price

The image shows a Smithfield Marinated Pork Loin Filet. On the left, the product is in its original vacuum-sealed packaging, which is dark brown with the Smithfield logo and a picture of the meat. On the right, the pork loin is cooked and sliced into thick medallions, arranged on a white rectangular platter. Several green beans are also on the platter. The background is a solid black.



HOTSALE!
New
79¢^{lb}
W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
LEG QUARTERS**



HOTSALE!
 (MVP)
3.49
 LB
 W/O MVP Card Regular Retail

Assorted, Bone-In
PORK CHOPS

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail

An advertisement for Schweid & Sons Gourmet Burgers. The top half features a box of 'Smoked Texas The Chuck Brisket' burgers, which are described as 'Smoked for 12 hours'. The box is brown with a clear window showing the burgers inside. Below the box, three gourmet burgers are displayed on a white plate. Each burger consists of a round beef patty, a slice of Swiss cheese, a slice of tomato, and a slice of onion on a kaiser roll. The bottom half of the ad has a yellow background with the text 'Fresh - Select Varieties' and 'SCHWEID & SONS GOURMET BURGERS'. A large yellow banner with a black border contains the text 'HOTSALE!' and 'MVP' above a large '10⁹⁹ EA' price tag. At the bottom, it says 'W/O MVP Card Regular Retail'.

Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
MVP
1.69
LB

W/O MVP Card Regular Retail



8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!

7⁹⁹
EA

W/O MVP Card Regular Retail



6 Oz. Pkg. • Select Varieties

JOHN SOULES KITCHEN



Curly's Pulled Pork packaging. The package is round and features a large image of a pulled pork sandwich on a bun. Text on the package includes "Curly's", "PULLED PORK", "SAUSAGE RECIPE", "NET WT. 16 OZ (454g)", and "NO MSG, NO MSG FLAVORS".

SUSTAINABLY SOURCED SEAFOOD



HOTSALE!

9⁹⁹

EA

16 Oz. - Fresh **SALMON FILLET**

W/O MVP Card Regular Retail




HOTSALE!

10⁹⁹

EA

40 Oz. Pkg. Frozen **FOOD LION SALMON**

W/O MVP Card Regular Retail




HOTSALE!

5⁹⁹

EA

8 Oz. - Frozen **SHRIMP RING**

W/O MVP Card Regular Retail




HOTSALE!

5⁹⁹

EA

26-30 Ct. 12 Oz. Bag - Frozen **CHICKEN OF THE SEA RAW SHRIMP**

W/O MVP Card Regular Retail




HOTSALE!

7⁹⁹

EA

26-30 Ct. 12 Oz. Bag - Frozen **CHICKEN OF THE SEA COOKED SHRIMP**

W/O MVP Card Regular Retail

www.foodlion.com

FOOD LION

40 Oz. Pkg.
Frozen
Swai

WIC MVP Card Regular Retail

HOTSale!

10⁹⁹
EA

WIC MVP Card Regular Retail

40 Oz. Pkg.
Frozen
FOOD LION
SWAI



CHICK-FIL-A SEA
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 Oz. Bag

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froz
CHICKEN OF THE SEA
RAW SHRIMP



CHICK-FIL-A
Responsibly Raised
SHRIMP
Cooked
12 Oz. Bag

26-30 Ct.
12 Oz. Bag - Froz

CHICKEN OF THE SEA
COOKED SHRIMP

**Save on
holiday bites
everyone loves!**

FOOD LION
Cocktail Smokies
smoked sausage

Nutrition Facts Per 1/2 Cup (12 Smokies)
 Total Fat 15g 30%
 Sodium 100mg 20%
 Total Crap 10g 20%
 *Percent Daily Values are based on a 

12-14 Oz. Pkg.
Select Varieties

FOOD LION
COCKTAIL SMOKIES

HOT SALE!
WVP
3.48
EA

W/O MVP Card Regular Retail

Food Lion
Cocktail Smokies
12-14 Oz. Pkg.
Select Varieties

Nutrition Facts
Per 10 Smokies (100g)
Calories 150
Total Fat 10g
Sodium 100mg
Total Sugar 10g
Protein 10g

12-14 Oz. Pkg.

12-14 Oz. Pkg.
Select Varieties

FOOD LION
COCKTAIL SMOKIES

HOT SALE!
MVP
3.48
EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS

MADE WITH BEEF, PORK AND CHICKEN

— ITALIAN STYLE —

OVEN BAKED

NET WT. 24 OZ (1.5 LBS) 680g

Rosina

MEATBALLS

— ITALIAN STYLE —

52 1/2

HOT SALE! **6⁴⁹**
EA
W/O MVP Card Regular Retail
MVP Coupon **-1⁰⁰**
OFF
5⁴⁹
EA
W/ MFR. DISCOUNT SAVING

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**



**Quick eats
\$5 each!**
Each item sold
separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy
to a family's table when you
buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW EVERY DAY
3.49
EA
16 Oz. Select Varieties
FOOD LION BUTTER
QUARTERS



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.29 EA
8-12.4 Oz. Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS



HOTSALE!
MVP
2.49
EA
2.37 Oz. FOOD LION CINNAMON



PRICED LOW EVERY DAY
2.99
EA
48 Oz. Select Varieties
FOOD LION ICE CREAM



HOTSALE!
MVP
1.79
EA
W/O MVP Card \$1.99 EA
16 Oz. Select Varieties
FOOD LION BAKING SUGARS



HOTSALE!
MVP
1.29
LB
W/O MVP Card \$1.49 LB
Tote Bag
GALA APPLES

PRICED LOW EVERY DAY

8 Oz. Select Varieties
FOOD LION MUSHROOMS
2.69 EA

4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES
4/\$5
MVP
W/O MVP Card \$1.58 EA

HOTSALE!
MVP

15-16 Oz. Select Varieties
HUNT'S MANWICH
1.19 EA
MVP
W/O MVP Card \$1.88 EA

12 Oz. FOOD LION VANILLA WAFERS
2/\$4
MVP
W/O MVP Card \$2.79 EA

24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
2.89 EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$3.58 EA

2.12-3.5 Oz. Select Varieties
MCCORMICK GRILL MATES SEASONING
2.19 EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$2.69 EA

16 Oz. Select Varieties
TEDDIE NATURAL PEANUT BUTTER
2.99 EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$3.99 EA

8-16 Oz. Select Varieties
UTZ PRETZELS
2/\$6
MVP
W/O MVP Card \$3.99 EA

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.48 EA
6 Pack Select Varieties
WHITE HOUSE APPLE SAUCE

14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
4/\$5
MVP
W/O MVP Card \$1.58 EA

11-20 Oz. Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS
3.99 EA
MVP
W/O MVP Card \$4.49 EA

HOTSALE!
MVP
3.99 EA
W/O MVP Card Regular Retail
9.31-19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES

HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.99 EA
16 Oz. Select Varieties
AL BRONZO PASTA

0.4-1.1 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX
2/\$3
MVP
W/O MVP Card \$2.48 EA

14 Oz. LA BANDERITA TOTOPOS TORTILLA CHIPS
2/\$6
MVP
W/O MVP Card Regular Retail

3.5-13.7 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS
3.99 EA
MVP
W/O MVP Card \$5.49 EA

23.9-24 Oz. Select Varieties
RAGU PASTA SAUCE
2/\$5
MVP
W/O MVP Card Regular Retail

6.5-8 Oz. Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE
BOGO FREE
W/O MVP Card \$5.29 EA
Single Item Half Price

6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER
2/\$6
MVP
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

16 Oz. Select Varieties
RAO'S SOUP
2.99 EA
MVP
W/O MVP Card \$4.48 EA
HOT SALE! **3.99** EA
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF!

30 Oz. Select Varieties
KRAFT MAYONNAISE
3.99 EA
MVP
W/O MVP Card \$6.19 EA

4 Pack Select Varieties
GOGO SQUEEZ ACTIVE
3.49 EA
MVP
W/O MVP Card \$4.59 EA

HOTSALE!
MVP
5.49 EA
W/O MVP Card \$6.99 EA
4.6 Oz. Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!

14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE
6.99 EA
MVP
W/O MVP Card \$11.48 EA
HOT SALE! **8.99** EA
W/O MVP Card \$11.48 EA
MVP Coupon -2.00 OFF!

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper VARIETY PACK

12 Pack - 12 Oz. Cans Select Varieties MICHELOB ULTRA OR KONA

HOTSALE!

15.49 EA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

FOOD LION
Colby Jack Cheese Casserole

NESTLE TOLL HOUSE
Chocolate Chip Cookies

HOTSALE!
14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
W/O MVP Card \$4.69 EA

6-4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS

2/\$5
W/O MVP Card Regular Retail

16 Oz. Select Varieties
KRAFT SINGLES

2/\$5
W/O MVP Card \$2.99 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

2/\$5
W/O MVP Card \$2.99 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT

4/\$5
W/O MVP Card \$1.69 EA

4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

2/99
EA
W/O MVP Card \$3.99 EA

16 Oz. Select Varieties
KRAFT SINGLES

3/99
EA
W/O MVP Card \$4.99 EA

8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE

2/\$3
W/O MVP Card \$1.69 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

Silk
48-64 Oz. Select Varieties
SILK PROTEIN OR SOY MILK

HOT SALE!
3/99
EA
W/O MVP Card \$4.69 EA
MVP Coupon -50¢ OFF

FROZEN



10-7-12.3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA



10 Oz. Select Varieties
MARIE CALLENDER'S POT PIE

2/99
EA
W/O MVP Card \$3.68 EA



4-5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

99¢
EA
W/O MVP Card \$1.58 EA



7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

\$1
EA
W/O MVP Card \$1.88 EA



9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

3/49
EA
W/O MVP Card \$3.99 EA



35-42 Oz. - Select Varieties
BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY DINNERS

6/99
EA
W/O MVP Card \$8.99 EA



28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

6/99
EA
W/O MVP Card \$12.99 EA



15-77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

3/49
EA
W/O MVP Card \$8.10 EA
MVP Coupon -100¢ OFF



17-65-27.51 Oz. Select Varieties
FRESCHETTA PIZZA

4/99
EA
W/O MVP Card \$6.90 EA
MVP Coupon -100¢ OFF

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS

1/99
EA
W/O MVP Card \$2.29 EA

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL

2/\$6
W/O MVP Card \$4.99 EA

7-27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS

4/99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK COFFEE

5/99
EA
W/O MVP Card Regular Retail

42 Oz. Old Fashioned or Quick
FOOD LION OATS

4/29
EA
W/O MVP Card Regular Retail

24-32 Oz. Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP

2/\$6
W/O MVP Card Regular Retail

22-6-25.9 Oz. Can Select Varieties
FOLGERS COFFEE

11/99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION COFFEE

12/79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Prevents Chapping

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
[MVP]

7⁹⁹
EA

W/O MVP CARD \$9.99 EA



6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
[MVP]

8⁹⁹
EA

W/O MVP CARD \$9.99 EA



12 Oz.
Select Varieties

**CERA-VI
CLEANSER OR
LOTION**

HOTSALE!
[MVP]

13⁶⁹
EA

W/O MVP CARD \$15.99 EA

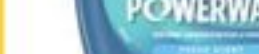
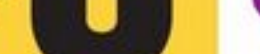
HOUSE & HOME



FOOD LION
Disinfecting Wipes
Kills 99.9% of germs
35 Count

HOT SALE!
MVP
1.49
EA

35 Ct.
Select Varieties
**FOOD LION
DISINFECTING
WIPES**
W/O MVP Card \$1.99 EA

HOTSALE! MVP 6⁹⁹ EA W/O MYP Card \$8.99 EA  43 Ct. Select Varieties FOOD LION PUSH POPS	16 Oz. Select Varieties DAWN POWERWASH HOTSALE! MVP 4⁹⁹ EA W/O MYP Card \$5.59 EA 	80-100 Ct. Sheets or 18 Oz. Booster Select Varieties ARM & HAMMER HOTSALE! MVP 2/\$6 W/O MYP Card Regular Retail 	
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BABY

- PET

NEW ITEM CENTER

17.60 Oz. Select Varieties
CIRO'S
PASSATA
HOTSALE!
199^{EA}
WIO MVP Card \$2.49 EA

37 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
449^{EA}
WIO MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans Select Varieties
OLIPO
DIABETIC
SODA
HOTSALE!
699^{EA}
WIO MVP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
RECTANGLE
CONTAINERS
HOTSALE!
BOGO FREE
WIO MVP Card \$9.00 EA
Single Item Hold Price

60 Ct. Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
999^{EA}
WIO MVP Card \$1.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

OLAY
 22 Oz. Body Wash Select Varieties
OLAY

DOWNY
 24 Oz. Select Varieties
DOWNY UNSTOPABLES

TIDE
 76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

HOT SALE! 2/\$14
 W/ M MVP Card \$2.99 EA
MVP Coupon -50% OFF 2
2/\$9
 SAVE W/ M MVP DISCOUNT SAVINGS LIMIT 1

15⁹⁹ EA
MVP Coupon -40% OFF 1
11⁹⁹ EA
MVP SAVE W/ M MVP DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY 1⁹⁹ EA
 W/ M MVP Card \$2.99 EA
MVP Coupon -50% OFF 1
14⁹⁹ EA
MVP SAVE W/ M MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:

Prices in this ad good at stores conveniently located in these cities:
Advance, Archdale, Asheboro, Clemmons, Dobson, Eden, Elkin, Greensboro, High Point, Jamestown,
Jonesville, Kernersville, King, Lewisville, Lexington, Liberty, Madison, Millers Creek, Mocksville,
Mount Airy, Pfafftown, Pilot Mountain, Randleman, Reidsville, Rural Hall, Sparta, Stokesdale, Summerfield,
Thomasville, Troy, Walkertown, Walnut Cove, Welcome, Whitsett, Wilkesboro,
N. Wilkesboro, Winston Salem, Yadkinville, Yanceyville

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNGB 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



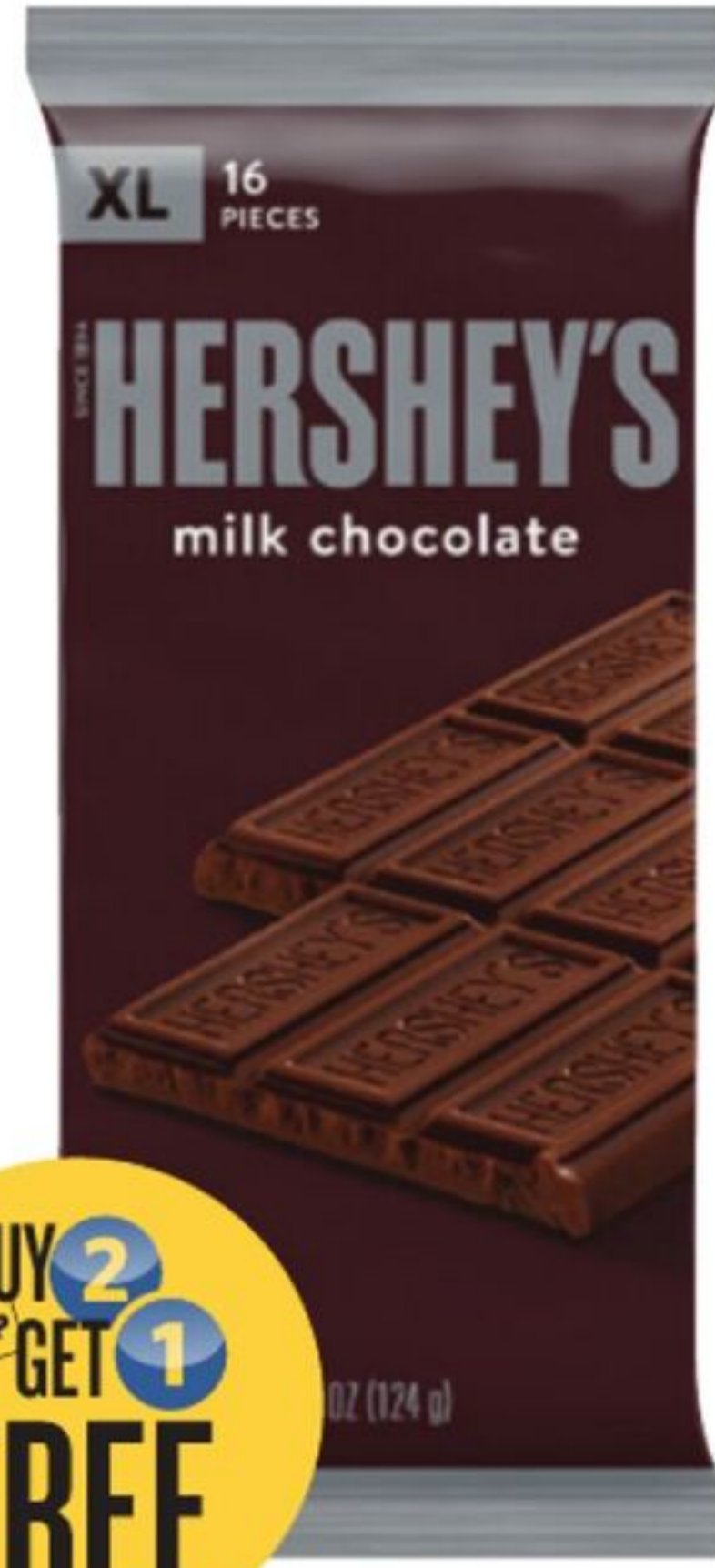
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.98
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

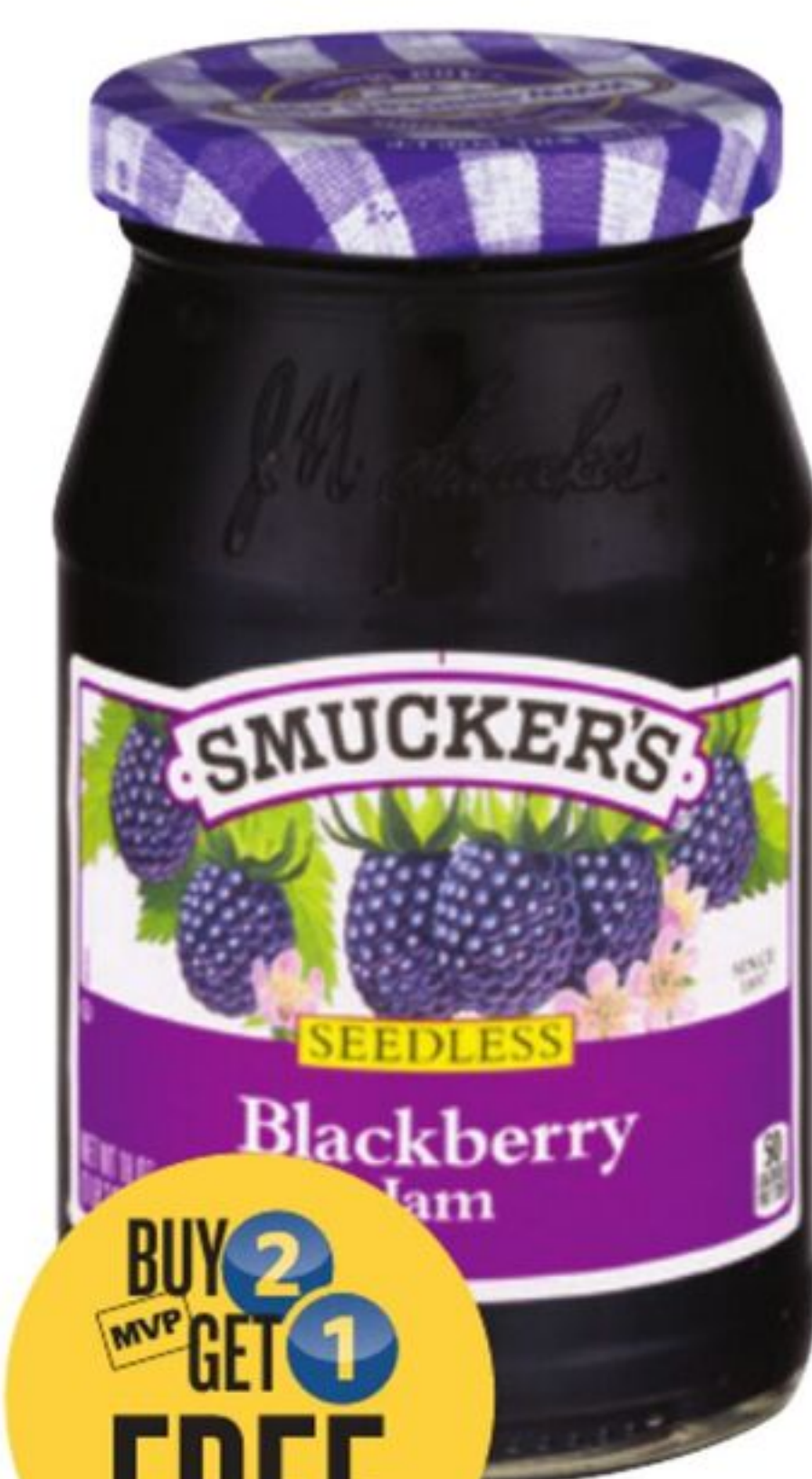
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!