

VERSION 1

Your

GO-TO

for holiday essentials.

JUMBO ROMAINE HEART

3 PACK

ANDY BOY

ROMAINE HEARTS 1/2c

PRODUCT OF U.S.A. (IMPORTED)

399

ea.

BLACKBERRIES 1/2c

PRODUCT OF U.S.A. (IMPORTED)

STEM & LEAF CLEMENTINES

PRODUCT OF U.S.A. (IMPORTED)

199

ea. or /lb

WILD WONDERS

PRODUCT OF U.S.A. (IMPORTED)

199

ea.

ANGEL SWEET

PRODUCT OF U.S.A. (IMPORTED)

199

ea.

SPANISH ONIONS

PRODUCT OF U.S.A. (IMPORTED)

99¢

/lb

SWEET POTATOES

PRODUCT OF U.S.A. (IMPORTED)

99¢

/lb

moi rewards member price

400 g

Irresistible

700 g

Irresistible

save \$2.00

699

ea.

SPECIAL PRICE 899 for non-members

Effective December

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HOLIDAY
BAKING
FAVOURITES

BETTY CROCKER
CAKE MIX OR FROSTING
400 g (14 oz) tubs

\$1
back in
points

125
points

199
ea.



REDPATH BROWN OR
ICING SUGAR
1 kg (2 lb 4 oz) bags

249
ea.



349
ea.



ROBIN HOOD,
FIVE ROSES OR
MANARCA FLOUR
5 kg (11 lb) bags

399
ea.



SELECTION
CHOCOLATE CHIPS OR
BAKES' CHOCOLATE
200 g (7 oz) bags

399
ea.



IRRESISTIBLE WALNUT
HALVES & PIECES
1 kg

14⁹⁹
ea.



metro.ca

\$ New Lower Prices

 2 700 ea. WONDER BREADS OR WONDERBREADS RAISIN SWIRLS	 1199 ea. HUSKO FLOUR HIGH LINE SOUTHERN PAN FLAR ON CATCH OF THE DAY FILLETS 100% WHEAT FLOUR ENRICHED WITH VITAMINS AND MINERALS	 599 65 lb ea. ARISTON IRRESISTIBLE ARTISAN SMOKED BONELESS SMOKED HAM OR PASTA BONELESS HAM 13.75 lb	 1999 ea. OCEAN PRIME COOKED SHRIMP 100% COOKED SHRIMP JUMBO SHRIMP SHRIMP 100% COOKED
 399 65 ea. Crave PROTEIN MEALS 100% COOKED SHRIMP 100% COOKED	 699 ea. LIBERTE GREASE 100% COOKED SHRIMP 100% COOKED	 649 ea. Natrel ORGANIC BUTTER 100% COOKED SHRIMP 100% COOKED	 999 ea. VECTOR PEANUT BUTTER 100% COOKED SHRIMP 100% COOKED
 399 65 ea. mini POPS 100% COOKED SHRIMP 100% COOKED	 699 ea. LIBERTE GREASE 100% COOKED SHRIMP 100% COOKED	 649 ea. Natrel ORGANIC BUTTER 100% COOKED SHRIMP 100% COOKED	 999 ea. VECTOR PEANUT BUTTER 100% COOKED SHRIMP 100% COOKED
 349 ea. CHEEZ-IT 100% COOKED SHRIMP 100% COOKED	 349 ea. GOLDFISH CRACKERS 100% COOKED SHRIMP 100% COOKED	 399 ea. Hardbite CRACKERS 100% COOKED SHRIMP 100% COOKED	 199 ea. SKINNY POP CRACKERS 100% COOKED SHRIMP 100% COOKED
 599 ea. ACTIVIA YOGURT 100% COOKED SHRIMP 100% COOKED	 349 ea. Campbell's SOUP 100% COOKED SHRIMP 100% COOKED	 399 ea. Hardbite CRACKERS 100% COOKED SHRIMP 100% COOKED	 199 ea. SKINNY POP CRACKERS 100% COOKED SHRIMP 100% COOKED
 699 ea. Bellman's MACARONI 100% COOKED SHRIMP 100% COOKED	 249 ea. Bush's BEANS 100% COOKED SHRIMP 100% COOKED	 349 ea. Ben's Original RICE 100% COOKED SHRIMP 100% COOKED	 499 ea. Ketchup 100% COOKED SHRIMP 100% COOKED
 599 ea. Scope DISHWASHER TABLETS 100% COOKED SHRIMP 100% COOKED	 299 ea. Alcan DISHWASHER TABLETS 100% COOKED SHRIMP 100% COOKED	 899 ea. Royale PAPER TOWELS 100% COOKED SHRIMP 100% COOKED	 899 ea. Bounce FABRIC SOFTENER 100% COOKED SHRIMP 100% COOKED

Learn with moi rewards

35 LAY'S HONEY MUSTARD CHIPS \$3.99 ea.

40 LAY'S CLASSIC CHEDDAR \$5.49 ea.

40 LAY'S ON THE BORDER \$5.49 ea.

40 OREO CHEESECAKE CRISPS \$5.49 ea.

40 RITZ HONEY MUSTARD CHEDDAR CRACKERS \$4.99 ea.

4-DAY MEAL DEAL

DECEMBER 14th - DECEMBER 17th, 2025

YOUR CHOICE \$119⁹⁹ ea.

STORM MARY CARROLS
 (FROM NOV 17-23)

16" KALAMATH PUPPY BROS. CHEESE PIZZA
 (WITH PEPPERONI)
 (NO TOPPING LIMITS)

HAT WHOLE BRO. MARLBOROUGH CHICKEN

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

FREE 2.0 OZ. 20 CHICKEN BITES

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**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:

Only until December 10, 2025, in-store or online



NOW
12⁰⁰
ea.
SAVE UP TO
\$3.99

~~15⁹⁹*~~
ea.
SELECTION
WASHER FLUID
4 x 3.78 L
SELECTED VARIETIES



NOW
5⁹⁹
ea.
SAVE UP TO
\$1

~~6⁹⁹*~~
ea.
OCEAN SPRAY
SPARKLING DRINKS
6 x 340 ml
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$2

~~5⁹⁹*~~
ea.
TWININGS
TEA
20 tea bags
SELECTED VARIETIES



NOW
2⁹⁹
ea.
SAVE UP TO
\$2

~~4⁹⁹*~~
ea.
LPC CREAMER
POTATO KITS
PRODUCT OF CANADA,
CANADA NO.1 GRADE, 454 g
SELECTED VARIETIES



NOW
1⁹⁹
ea.
SAVE UP TO
\$1

~~2⁹⁹*~~
ea.
FRENCH'S
DIJON MUSTARD
325 ml
SELECTED VARIETIES



NOW
14⁹⁹
ea.
SAVE UP TO
\$5

~~19⁹⁹*~~
ea.
ORCHIDS
3.5" POT
ASSORTED COLOURS



NOW
1⁹⁹
ea.
SAVE UP TO
\$1

~~2⁹⁹*~~
ea.
PALMOLIVE
DISH DETERGENT
591 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

*Minimum purchase of \$150 (before taxes) required.
Certain conditions apply. Details on metro.ca

FREE

**BELGIAN
COOKIES
650 g**



\$15⁹⁹
VALUE

**PROMO CODE
COOKIE**

Farm Fresh Produce

2⁹⁹
ea.

4⁹⁹
ea.

1⁹⁹
lb

2⁹⁹
ea.

4⁹⁹
ea.

3⁹⁹
ea.

4⁹⁹
ea.

1⁹⁹
ea.

4⁹⁹
ea.

4⁹⁹
ea.

3⁴⁹
/lb

5⁹⁹
ea.

9⁹⁹
ea.

2⁹⁹
ea.

4⁴⁹
ea.

4⁹⁹
ea.

20
points

4⁹⁹
ea.

19⁹⁹
ea.

5⁹⁹
/lb

35
points

7⁹⁹
ea.

1⁶⁹
/lb

25
points

5⁹⁹
ea.

15
points

3⁴⁹
ea.

12⁹⁹
ea.

4⁹⁹
ea.

50
points

13⁹⁹
ea.

40⁰⁰
ea.

38⁹⁹
ea.

19⁹⁹
ea.

5⁹⁹
ea.

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

Holiday Roasts

PLATINUM GRILL ANGUS
TOP SIRLOIN ROAST
100% CANADIAN ANGUS
26.43kg

11⁹⁹
/lb

PLATINUM GRILL ANGUS
BLADE ROAST
100% CANADIAN ANGUS
26.43kg

11⁹⁹
/lb

**CUT FROM
100%
CANADIAN
AAA ANGUS BEEF**

PLATINUM GRILL ANGUS
PORK LOIN ROAST
100% CANADIAN PORK
13.21kg

7⁹⁹
/lb

LIFE SMART NATURALIA PORK SHOULDER PICNIC ROAST OR
PORK SHOULDER BLADE ROAST
5.0kg

3⁹⁹
/lb

FRESH WHOLE
CHICKEN
8.50kg

3⁹⁹
/lb

FRESH ROSEMARY & GARLIC BONELESS LAMB LEG
26.43kg

11⁹⁹
/lb

50
points

5⁹⁹
/lb

BREADED CHICKEN BREAST CUTLETS VALUE PACK
13.21kg

50
points

3⁹⁹
/lb

BREADED PORK LOIN CUTLETS VALUE PACK
8.50kg

125
points

4⁹⁹
/lb

BUTTERBALL FRESH TURKEY
DRESSING/STICKS OR THIGHS
11.20kg

8⁹⁹
/lb

MAPLE LEAF PRIME RAISED WITHOUT ANTIBIOTICS
FRESH SPLIT CHICKEN WINGS
11.20kg

3⁹⁹
ea.

SELECTION
BOLDONIA
SELECTED HAM

4⁹⁹
ea.

MAPLE LEAF
TOP DOGS OF
CHAMPION
RED WINGS
11.20kg

5⁹⁹
ea.

BUTTERBALL
TURKEY
SELECTED HAM

7⁹⁹
ea.

MACLEAN ORGANIC
BREAKFAST SAUSAGES
11.20kg

4⁹⁹
lb

FLETCHER'S PORK
COTTAGE CHEESE
11.20kg

7⁹⁹
ea.

SELECTION
SMOKED HAM
11.20kg

11⁰⁰
ea.

LEGACY BONELESS
PORK LOIN ROAST
11.20kg

12⁹⁹
ea.

MACLEAN ANGEL KARDOS
PORK LOIN ROAST
11.20kg

4⁹⁹
ea.

MAPLE LODGE
ULTIMATE CHICKEN
DINNER SAUSAGES
11.20kg

6⁹⁹
ea.

JOHN KNOXVILLE
BAGGERS
11.20kg

7⁹⁹
ea.

SCHNEIDER'S
MEAT PIES
11.20kg

22⁹⁹
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
11.20kg

Bakery Favorites



FRONT STREET BAKERY
CHEESTICKS OR CHEESE BUNS
100-125g

5.99 ea. **75** points



FRONT STREET BAKERY
ITALIAN BREAD
450-475g

3.49 ea. **50** points



FRONT STREET BAKERY
PECAN STREET BUNS
100-125g

22.99 ea. **125** points



FRONT STREET BAKERY
PECAN STREET BUNS
100-125g

22.99 ea. **125** points



LITTLE NORTHERN BAKERS
WIDE SLICED BAGELS OR EVERYTHING BAGELS
250g

4.99 ea. **250** points



WHITE SLICE SLIDE
250g

8.49 ea. **125** points



MINT'S SUMMER ROLLS
250g

4.49 ea. **250** points



FURLANI TEXAS TOAST
250g

5.49 ea. **250** points



JAMON ALMOND CRUNCH CAKE
250g

31.99 ea. **250** points



JAMON ALMOND CRUNCH CAKE
250g

31.99 ea. **250** points



SELECTION SUPER MOIST CAKES
250g

7.49 ea. **250** points



IRRESISTIBLE BUTTER TARTS
100g

6.99 ea. **250** points

Deli Favourites



MAPLE LOAF
100g

2.99 ea. **100** points



MASTRO ROSEMARY OR TUSCANY HAM
100g

2.99 ea. **100** points



PRESIDENT BEEF OR OLD COUNTRY EXTRA MATURE WHITE CHEDDAR
100g

3.99 ea. **100** points



LE GRUYERE SWISS CHEESE
100g

5.99 ea. **100** points



IRRESISTIBLE ENTMAN DRY SAUSAGE
100g

2.99 ea. **100** points



BELLA CASARA BURRATA CHEESE
100g

3.49 ea. **100** points



SHORSKI SAUSAGES
100g

2.99 ea. **100** points



PARMIGIANO REGGIANO AGED 24 MONTHS
100g

3.49 ea. **100** points



MAPLE LEAF NATURAL SELECTIONS OR SCHMEERS SLICED DELI
100g

8.49 ea. **125** points



BRESTREILLE ANTAGON GOAT CHEESE
100g

9.49 ea. **125** points



MACGARGLE ITALIAN SLICED DELI OR PILLER'S PEPPERONI
100g

6.99 ea. **125** points



IRRESISTIBLE DOUBLE CHEDDAR
100g

7.49 ea. **125** points



BELL'ITALIA SALAMI OR GOLD LABEL PEPPERONI
100g

8.79 ea. **125** points



PILLER'S PEPPERONI OR SALAMI STICKS
100g

10.99 ea. **125** points



SWISS CHALET POT PIE
100g

4.99 ea. **125** points



RANA BAITALI
100g

7.49 ea. **125** points



LA BELLE BRETAGNE PATE
100g

4.99 ea. **125** points



SUMMER FRESH HUMMUS OR DIPS
100g

8.00 ea. **125** points

setting your
**HOLIDAY
TABLE**

Get ready to host your festive
feast with all the essentials.

FRESH 2 GO
PORK AND FABULOUS
SAUCE
READY TO EAT OR USE AS
INGREDIENTS IN YOUR RECIPES

29⁹⁹
each

SPRING ROLLS
CHICKEN
10 ea.

\$10⁰⁰

EMPIRADOS,
PIROGUES OR
SAMOSAS
1 ea.

\$8⁰⁰

FRESH 2 GO
KEBAB AND CHEESE
1 ea.

29⁹⁹
each

THE STELLE
CREAM CHEESE
SELECTED VARIETIES

4⁹⁹
each

Selection
Sour Cream
Crème sure
14%
NOW 2⁹⁹
each

Selection
Sour Cream
Crème sure
5%
each

Gay Lea
Real
WHIPPED
CREAM
1 ea.

Gay Lea
Real
WHIPPED
CREAM
with PUMPKIN
SPICE
1 ea.

BIG
TEXAN
BBQ PIT BOYS
RUB
1 ea.

BIG
TEXAN
BBQ PIT BOYS
POULTRY
POWDER
1 ea.

PILLSBURY
CRESCENT
ROLLS
10 ea.

PILLSBURY
CRESCENT
ROLLS
2⁴⁹
each

GAY LEA
WHIPPED TOPPING
1 ea.

4⁴⁹
each

TWIGZ
CRAFT PRETZELS
1 ea.

TWIGZ
CRAFT PRETZELS
1 ea.

DAINTY
JASMINE RICE
1 ea.

9⁹⁹
each

BUY MORE!
SAVE MORE!

COCA-COLA OR
CANADA DRY
SOFT DRINKS
SELECTED VARIETIES

25
each
2 ea. \$10
each
2 ea. \$10

SELECTION
SPARKLING WATER
1 ea.

SELECTION
SPARKLING WATER
1 ea.

MUSKOKA BREWERY
NON-ALCOHOLIC BEER
SELECTED VARIETIES

8⁹⁹
each

MOTT'S
CHUTNEY
1 ea.

MOTT'S
CHUTNEY
1 ea.

IRRESISTIBLES
CRANBERRY
COCKTAIL
1 ea.

3⁹⁹
each

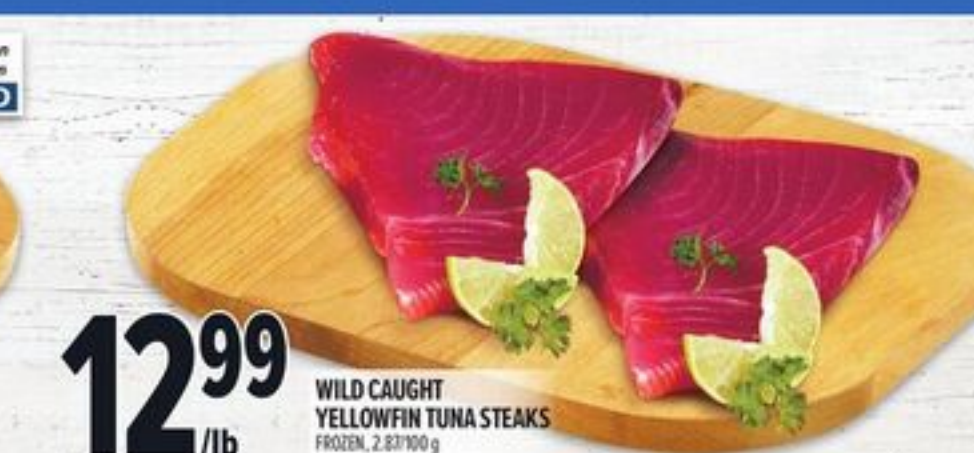
Seafood



12⁹⁹
/lb

**FRESH ICELANDIC
WILDCOD FILLETS
VALUE PACK**
100% WILD, 2.5 LB/BOX

 Fresh Nordic Imports
from **ICELAND**



12⁹⁹
/lb

**WILD CAUGHT
YELLOWFIN TUNA STEAKS**
FRESH, 2.5 LB/BOX



12⁹⁹
ea.

CHOICE

**CHOICE OYSTERS
SELECTION MIXED**



**LA ROCHERIE
SMOKED STEAMED
SALMON**



9⁹⁹
/lb

BAY SCALLOPS
FRESH, 2.00 LB/BOX



12⁰⁰
ea.

**CALIFORNIA
MINCE CRAB 2.5 LB/BOX**

**CALIFORNIA
WHEAT PASTE 2.5 LB/BOX**

SELECTED APPLES



3⁹⁹
ea.

**OCEAN JEWEL
WHOLE
MINCE CRAB**

**LA ROCHERIE
SEA BASS**

**\$1
DOCKIN'
DOCKIN'**

**125
points**

**MINCED CONCHED
LOBSTER MEAT**
FRESH, 2.5 LB

11⁹⁹
ea.



**125
points**

**ADMIRAL
SNOW CRAB
CLOVERS**
FRESH, 2.5 LB

**\$1
DOCKIN'
DOCKIN'**

**125
points**

**ROCK HARBOR
CALIFORNIA COASTED
CLAMS & APPLES**

18⁹⁹
ea.

30 pounds 2⁹⁹ e.s. WETTED MEAT COOKED BEEF PASTA SAUCE PASTA, 100%	40 pounds 8⁹⁹ e.s. WIREMESH BREADED SCALLOP SPECIALLY PREPARED PASTA, 100%	50 pounds 9⁹⁹ e.s. WIREMESH MARINATED MUSSELS SPECIALLY PREPARED PASTA, 100%	50 pounds 12⁹⁹ e.s. WIREMESH BREADED POPCORN SHIMP SPECIALLY PREPARED PASTA, 100%
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Kellogg's Cereal
Festive
MORNINGS





KELLOGG'S CEREAL
 200g, 5.07oz (141g) (141g)
 100% WHOLE GRAIN CORN
 100% WHOLE GRAIN RICE

6.99
ea.



Natrel
 NATREL COFFEE CREAM
 12oz (340g)
 100% NATURAL ORGANIC COFFEE CREAM
 100% NATURAL ORGANIC COFFEE CREAM

6.99
ea.



Natrel
 NATREL ORGANIC COFFEE FREE MILK
 2L (6.76L)
 100% NATURAL ORGANIC COFFEE FREE MILK
 100% NATURAL ORGANIC COFFEE FREE MILK

6.49
ea.




*See back for details
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[illegible]

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

More Great Savings

[illegible]

↓ Low Price Every Day

 NOW  \$1.49 SELECTION CANNED VEGETABLES 100% SELECTED VEGETABLES	 NOW  \$1.25 SELECTION CANNED VEGETABLES 100% SELECTED VEGETABLES	 NOW  \$2.99 SELECTION CANNED VEGETABLES 100% SELECTED VEGETABLES	 NOW  \$2.99 SELECTION WATER ENHANCER 100% SELECTED VEGETABLES	 NOW  \$4.99 SELECTION PEANUTS 100% 70% 100% SELECTED VEGETABLES
 SELECTION PEANUT BUTTER 100% SELECTED VEGETABLES NOW  \$4.99	 IMMORTAL DRESSING 100% 100% SELECTED VEGETABLES NOW  \$3.99	 SELECTION ICE CREAM 100% SELECTED VEGETABLES NOW  \$3.99	 SELECTION COFFEE CREAMER 10% 100% SELECTED VEGETABLES NOW  \$2.99	 SELECTION SOUR CREAM 100% SELECTED VEGETABLES NOW  \$2.99
 SELECTION WILD ON APPLES 100% SELECTED VEGETABLES NOW  \$4.49	 SELECTION LENTILS 100% SELECTED VEGETABLES NOW  \$3.49	 SELECTION CHEDDAR CHEESE 100% SELECTED VEGETABLES NOW  \$4.99	 SELECTION LENTILS 100% SELECTED VEGETABLES NOW  \$2.99	 SELECTION LENTILS 100% SELECTED VEGETABLES NOW  \$2.99

***metro.ca* LIMITED-TIME OFFER**

Your
GO-TO for
unlimited deliveries.

Subscribe Now



COMES OUT TO

\$125

PER WEEK*

6 OR 12 MONTH PLAN

**SAME PRICES
& FLYER DEALS
AS IN-STORE**

*Certain conditions apply. Details on metro.ca

Non-GMO

NATURE'S BUTTS
ALMOND BUTTER
100% SELECTED NUTS

14⁹⁹
ea.

ORGANIC MEADOW
CREAM CHEESE 100%
SELECTED NUTS

6⁹⁹
ea.

CELESTIAL
TEA 100% SELECTED NUTS

5⁴⁹
ea.

LIFE SMART
LEGGINGS
SELECTED NUTS

1⁹⁹
ea.

IMAGINE
DRINKY
SELECTED NUTS

6⁴⁹
ea.

LIFE SMART
MAPLE SYRUP
SELECTED NUTS

5⁴⁹
ea.

Plant-Based

ZAZIBEAN
CHOCOLATE
100% SELECTED NUTS

4⁹⁹
ea.

EARTH BALANCE
SPREAD 100%
SELECTED NUTS

7⁴⁹
ea.

GREENHOUSE
CREAMER
100% SELECTED NUTS

6⁴⁹
ea.

MADE GOOD
GRANOLA BARS
100% SELECTED NUTS

4⁴⁹
ea.

CROFTER'S
BERRY BLEND
100% SELECTED NUTS

5⁹⁹
ea.

CROFTER'S
SWEETENED
100% SELECTED NUTS

5⁹⁹
ea.

CROFTER'S
SWEETENED
100% SELECTED NUTS

5⁹⁹
ea.

BOB'S RED MILL
BROWNIE MIX
100% SELECTED NUTS

35⁹⁹
ea.

CRUNCHMASTER
CRACKERS 100%
SELECTED NUTS

6⁴⁹
ea.

Baby & Beauty

BUY MORE!
SAVE MORE!
2 for
6⁰⁰
ea.

Pampers
BABY OR TODDLER
WIPES 100% SELECTED NUTS

10⁴⁹
ea.

AXE DEODORANT
100% SELECTED NUTS

6⁹⁹
ea.

LIVE CLEAN
BODY WASH 100%
SELECTED NUTS

8⁹⁹
ea.

RESURGE
HAIR CARE
100% SELECTED NUTS

6⁹⁹
ea.

U
BABY KOTEX
SANITARY PAPERS
100% SELECTED NUTS

5⁹⁹
ea.

method
heavenly-scented hand wash

METHOD
HAND WASH
100% SELECTED NUTS

5⁴⁹
ea.

Household Helpers

Gain
FLUORIDE
DETERGENT 100%
SELECTED NUTS

4⁹⁹
ea.

LYSOL
DUAL ACTION
WIPES OR
CLOROX BLEACH
100% SELECTED NUTS

7⁹⁹
ea.

Finish
POWER
DISHWASHER
DETERGENT 100%
SELECTED NUTS

17⁹⁹
ea.

LYSOL
TOILET BOWL OR
BATHROOM
CLEANERS
100% SELECTED NUTS

8⁹⁹
ea.

BUY MORE!
SAVE MORE!
2 for
8⁵⁰
ea.

LYSOL
TOILET BOWL OR
BATHROOM
CLEANERS
100% SELECTED NUTS

8⁵⁰
ea.

BUY MORE!
SAVE MORE!
2 for
8⁵⁰
ea.

LYSOL
TOILET BOWL OR
BATHROOM
CLEANERS
100% SELECTED NUTS

8⁵⁰
ea.

method
heavenly-scented hand wash

METHOD
HAND WASH
100% SELECTED NUTS

5⁴⁹
ea.

method
heavenly-scented hand wash

METHOD
HAND WASH
100% SELECTED NUTS

5⁴⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](#)

25 pieces
4.99 ea.

MILK-BONE
DOG TREATS
2.5 LBS. (1.13 kg)

15 pieces
2.49 ea.

MILK-BONE
SOFT & CHEWY
2.5 LBS. (1.13 kg)

6.99 ea.

COOKIE PAL®
DOG TREATS
2.5 LBS. (1.13 kg)

8.49 ea.

CAFEON FARMS
DOG TREATS
2.5 LBS. (1.13 kg)

Top picks from SANTA CLAWS

Stuff the stockings of your furry besties with their fave tasty treats.

4/5 stars
5 per 5.49 ea.

PURINA BENEFUL
DOGS FOOD
5 LBS. (2.27 kg)

7.99 ea.

DOE DOG TREATS
2.5 LBS. (1.13 kg)

45 pieces
8.99 ea.

MILK-BONE
COMFORT CHEWS
2.5 LBS. (1.13 kg)

2/5 stars
48 per 10.99 ea.

DENTALIFE
CHEWIES
2.5 LBS. (1.13 kg)

2/5 stars
48 per 10.99 ea.

DENTALIFE
CHEWIES
2.5 LBS. (1.13 kg)

4/5 stars
5 per 5.49 ea.

PURINA BENEFUL
DOGS FOOD
5 LBS. (2.27 kg)

6.99 ea.

BLUE BUFFALO
BITS
2.5 LBS. (1.13 kg)

11.49 ea.

PERKINATE DENTALIFE
DOG TREATS
2.5 LBS. (1.13 kg)

13.49 ea.

GOLDIE FUN
DOG TREATS
2.5 LBS. (1.13 kg)

15 pieces
2.99 ea.

TEMPTATIONS
CAT TREATS
2.5 LBS. (1.13 kg)

14.49 ea.

VITALITE
DOG TREATS
2.5 LBS. (1.13 kg)

50 pieces
10.99 ea.

NATURE'S RECIPE
MIXED DOG TREATS
2.5 LBS. (1.13 kg)

WRAP UP BRAND NAME PET FOOD

13.99 ea.

IAMS
CAT FOOD
5 LBS. (2.27 kg)

5 pieces
1.99 ea.

NATURE'S RECIPE
WET DOG FOOD
2.5 LBS. (1.13 kg)

65 pieces
20.49 ea.

CEsar
WET DOG FOOD
2.5 LBS. (1.13 kg)

5/5 stars
5 per 5.49 ea.

MISTIES
WET DOG FOOD
2.5 LBS. (1.13 kg)

18.99 ea.

IAMS
DRY DOG FOOD
5 LBS. (2.27 kg)



We take pride in sourcing locally from the
Southwestern Ontario Region.

BEAU'S
ABBÉY STYLE CHEESE
27.17/lb

5⁹⁹
/100g



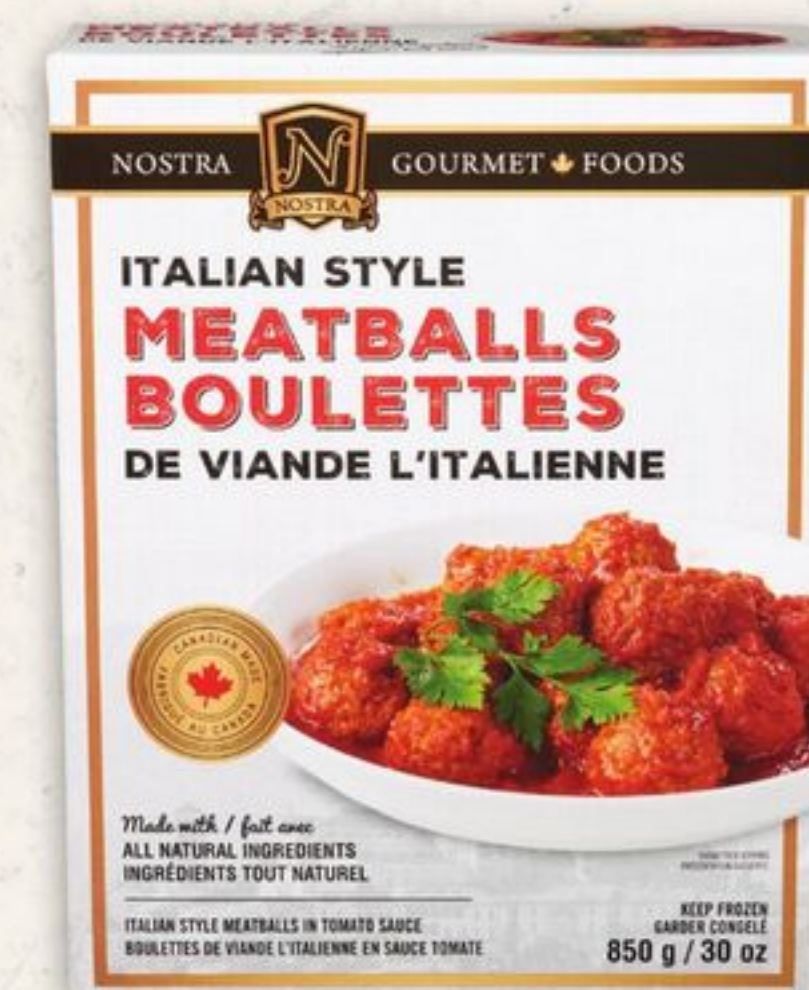
GRAND TRUNK
FIRM CHEESE
27.17/lb

5⁹⁹
/100g



NOSTRA GOURMET
FOODS PASTA
ENTREES
FROZEN, 850 g
SELECTED VARIETIES

10⁹⁹
ea.



THE KETONUT
CHOCOLATES
180 - 240 g
SELECTED VARIETIES

9⁹⁹
ea.



SHAW'S ICE CREAM
1.5 L
SELECTED VARIETIES

6⁹⁹
ea.



GOLDEN ACRES
SLICED PEACHES OR
PEARS
452 g
SELECTED VARIETIES

6⁹⁹
ea.



Effective December 4, 2025 - January 7, 2026

metro IS PROUD TO SUPPORT ONTARIO [LEARN MORE](#)



SNOWDONIA
CHEESE CO.
PURE CHEESE
INDULGENCE



6⁹⁹
ea.
SNOWDONIA
CHUTNEY
100-125g
SELECTED VARIETIES



11⁹⁹
ea.
SNOWDONIA
CHEDDAR CHEESE
150-200g
SELECTED VARIETIES



SCHNEIDER'S
PEPPERETTES
150-175g
SELECTED VARIETIES

ELEVATED ENTERTAINING



9⁹⁹
ea.



TRUSTED BY
CANADIANS
SINCE 1981



BUTTERFLY'S GOLD
HONEY
500g
SELECTED VARIETIES

8⁹⁹
ea.
100% pure and
unpasteurized



MAPLE LEAF
MAIGHTY PROTEIN
CHICKEN STRIPS
12g
SELECTED VARIETIES

2⁴⁹
ea.



Pure
PURE
DRESSING
255 ml
SELECTED VARIETIES

3⁹⁹
ea.



PILLSBURY
COOKIE DOUGH
150-175g
SELECTED VARIETIES

4⁹⁹
ea.



BETTY CROCKER
SUPER MOIST
CAKE MIX
250-300g
SELECTED VARIETIES

1⁹⁹
ea.



Chex
CEREAL
240-300g
SELECTED VARIETIES

4⁹⁹
ea.



SUGAR COOKIE
TOAST CRUNCH
CEREAL
240-300g
SELECTED VARIETIES

3⁴⁹
ea.



NESTLE
REAL DAIRY ICE CREAM
FROZEN DESSERTS
OR NOVELTIES
SELECTED VARIETIES

6⁴⁹
ea.



NESTLE
PARLOUR FROZEN
DESSERT TUBS OR NOVELTIES
SELECTED VARIETIES

4⁹⁹
ea.



J&PB
TRY IT FOR
THE FIRST
TIME.
ONLY WITH



SMUCKER'S
JAM
250-500 ml
SELECTED VARIETIES

6⁴⁹
ea.



JIF
PEANUT BUTTER
250g
SELECTED VARIETIES

6⁴⁹
ea.