FOOD LION

December 3 - December 9, 2025

Offers valid while supplies last.

Shop our *best deals* this week!

HOTSALE! MVP

5.99 LB USDA CHOICE

Boneless **BEEF CHUCK ROAST**

W/O MVP Card $9.49 LB

YOU SAVE $3.50 LB

HOTSALE! MVP **1.99 LB**

Family Pack **FOOD LION BONELESS CHICKEN BREAST**

W/O MVP Card $2.69 LB

HOTSALE! MVP **2.49 EA** Limit 2

W/O MVP Card $4.99 LB

PORK BABY BACK RIBS

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $10.99 EA

Single Item Half Price

31-40 Ct. 16 Oz. Bag - Frozen **FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF**

YOU SAVE $2.30 EA

HOTSALE! MVP **1.49 EA**

Pint **BLUEBERRIES**

W/O MVP Card $3.79 EA

4 Oz. - Select Varieties **NATURE'S PROMISE GREENHOUSE GROWN SALADS**

HOTSALE! MVP **2.49 EA**

W/O MVP Card $2.99 EA

HOTSALE! MVP **1.49 EA**

W/O MVP Card $2.99 EA

14 Oz. **FOOD LION MINI CUCUMBERS**

ASPARAGUS

HOTSALE! MVP **1.79 LB**

W/O MVP Card $3.59 LB

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail

Single Item Half Price

8 Pack 12 Oz. Bottles 12 Pack 12 Oz. Cans Select Varieties **PEPSI PRODUCTS**

LIMIT 4 FREE

6.88-20 Oz. Select Varieties **THOMAS BAGELS OR ENTENMANN'S LITTLE BITES MUFFINS**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail

Single Item Half Price

5.75-12.4 Oz. Select Varieties **CHEEZ-IT OR CHEEZ-IT SNAP'D**

LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $5.29 EA

Single Item Half Price

HOTSALE! MVP **14.99 EA**

12 Pack 12 Oz. Bottles or Cans Select Varieties **SAMUEL ADAMS**

13.25-14.25 Oz. Select Varieties **BETTY CROCKER SUPER MOIST CAKE MIX**

HOTSALE! MVP **$1 EA**

W/O MVP Card $1.99 EA

HOTSALE! MVP **8.99 EA**

W/O MVP Card $13.49 EA

18 Ct. Select Varieties **FRITO LAY VARIETY PACK**

52 Oz. Select Varieties **FLORIDA'S NATURAL ORANGE JUICE**

HOTSALE! MVP **2/$5**

W/O MVP Card $4.49 EA

HOTSALE! MVP **2/$7**

W/O MVP Card Regular Retail

16 Oz. Select Varieties Bakers or Cubes **CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS**

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

HOT SALE! $3.49 EA

W/ MVP Card $5.49 EA

MVP Coupon −1.00 OFF 1

2.49 EA

WOW! 10 WEEK DISCOUNT SUMMER!

48 Oz. Select Varieties **BREYERS ICE CREAM**

HOT SALE! 2/$5 EA

W/ MVP Card $3.49 EA

MVP Coupon −1.00 OFF 2

2/$4

WOW! 10 WEEK DISCOUNT SUMMER!

8.4-12 Oz. Select Varieties **QUAKER INSTANT OATMEAL**

4.7-8.7 Oz. Select Varieties **HAMBURGER HELPER**

HOTSALE! MVP **$1 EA**

W/O MVP Card $5.99 EA

HOTSALE! MVP **6.99 EA**

W/O MVP Card Regular Retail

75-150 Oz. Liquid or 32-42 Ct. Paks Select Varieties **ARM & HAMMER**

18 Oz. Select Varieties **DUKE'S SQUEEZE MAYONNAISE**

HOTSALE! MVP **4.49 EA**

W/O MVP Card $6.49 EA

MVP 3 DAY HOTSALE! FRIDAY - SUNDAY

HOTSALE! MVP **2.99 EA**

W/O MVP Card Regular Retail

7-9 Oz. Pkg. Select Varieties **OSCAR MAYER DELI FRESH LUNCH MEAT**

REST OF WEEK $3.49 EA MVP

10-11 Oz. - Select Varieties **POST PEBBLES CEREAL**

HOTSALE! MVP **1.79 EA**

W/O MVP Card $4.69 EA

REST OF WEEK $2.99 EA MVP

7-8 Oz. - Select Varieties **TILLAMOOK SLICED OR SHREDDED CHEESE**

HOTSALE! MVP **2/$5**

W/ MVP Card WEEK 1

REST OF WEEK 2/$7 MVP

8.25-18 Oz. - Select Varieties **FRITO LAY PARTY SIZE CHIPS OR SNACKS**

HOTSALE! MVP **2.99 EA** Limit 4

W/O MVP Card $5.99 EA

REST OF WEEK $5.99 EA

20 Oz. **WONDER CLASSIC WHITE ROUND TOP BREAD**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA

Single Item Half Price

Off Regular Retail

REST OF WEEK $2.99 EA MVP

6 Mega Rolls **CHARMIN** 4 Double Rolls **BOUNTY** Select Varieties

HOTSALE! MVP **5.99 EA**

W/O MVP Card Regular Retail

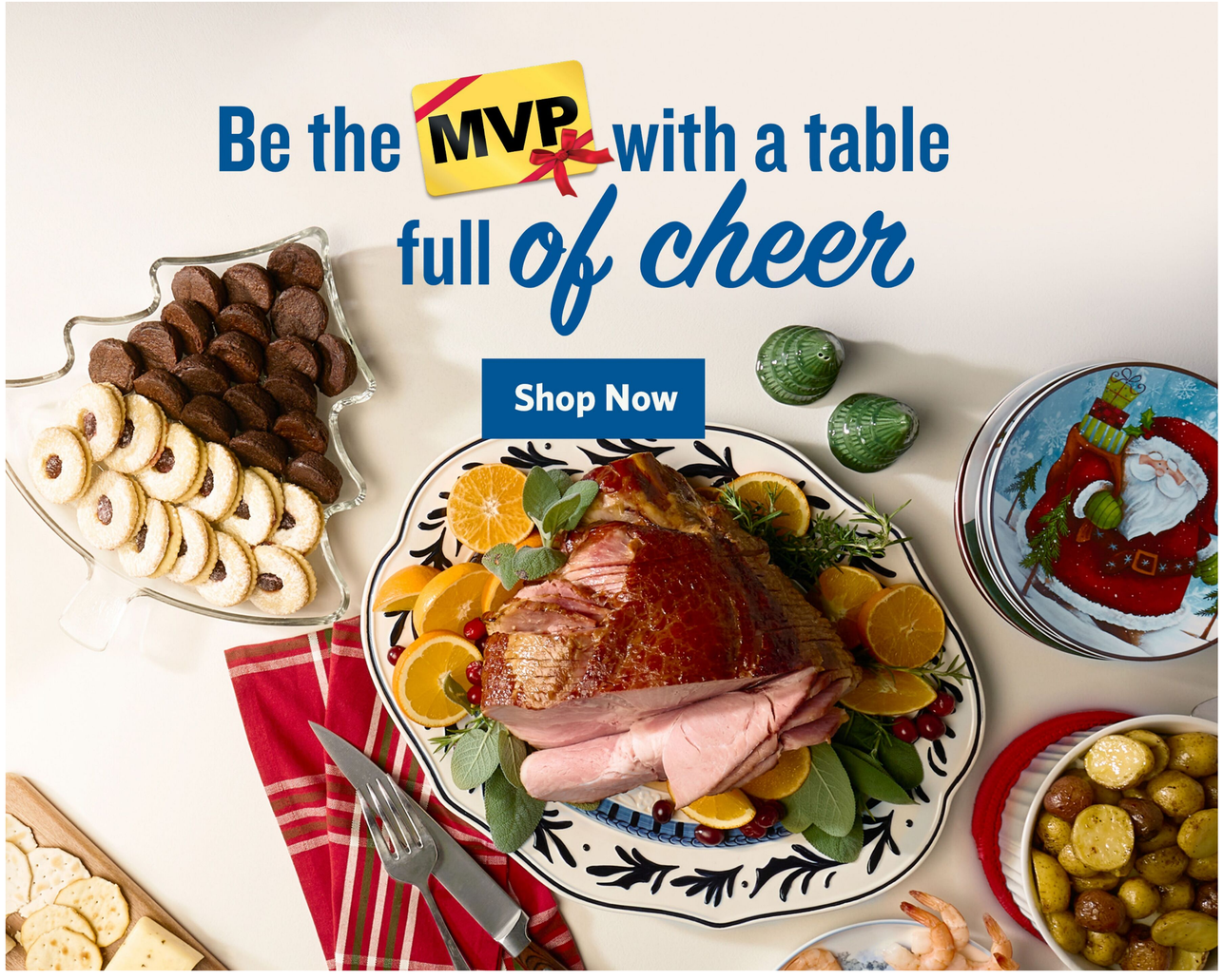
REST OF WEEK $7.99 EA MVP

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT 12/03/25


Be the MVP with a table
full of cheer
Shop Now

Helping you fill the dinner table *for less!*

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! WAS/NOW 5.99 LB
Ground Fresh Daily 80% LEAN FRESH GROUND CHUCK
W/O MVP Card Regular Retail

NORTH CAROLINA LOCAL GOODNESS

Gather, scoop, smile.

Ruth's brings family together with crowd-pleasing flavor that works great for last-minute get-togethers.

Take home a southern classic today!

HOTSALE! WAS/NOW 2.99 EA
W/O MVP Card Regular Retail
12 Oz. Pkg., Select Varieties
RUTH'S PIMENTO SPREAD

HOTSALE! WAS/NOW 10.99 LB
W/O MVP Card Regular Retail
BEEF T-BONE STEAK
CHOICE

23 Oz. Pkg., 42 Ounces
SMITHFIELD MARINATED PORK LOIN FILET

HOTSALE! WAS/NOW BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

HOTSALE! WAS/NOW 79¢ LB+
W/O MVP Card Regular Retail
Sold in 10 Lb. Bag
FRESH CHICKEN LEG QUARTERS

HOTSALE! WAS/NOW 3.49 LB+
W/O MVP Card Regular Retail
Assorted, Bone-In
PORK CHOPS

HOTSALE! WAS/NOW 3.49 EA
W/O MVP Card Regular Retail
CHICKEN WINGETTES

Fresh - Select Varieties
SCHWEID & SONS GOURMET BURGERS

HOTSALE! WAS/NOW 10.99 EA
W/O MVP Card Regular Retail

Small Pack
FOOD LION CHICKEN THIGHS

HOTSALE! WAS/NOW 1.69 LB
W/O MVP Card Regular Retail

12-14 Oz. Pkg., Select Varieties
FOOD LION COCKTAIL SMOKIES

HOTSALE! WAS/NOW 3.48 EA
W/O MVP Card Regular Retail

12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOTSALE! WAS/NOW 4.99 EA
W/O MVP Card Regular Retail

5-6 Oz. Pkg. - Select Varieties
HORMEL PEPPERONI

WAS/NOW PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card Regular Retail

8 Oz. Pkg. - Select Varieties
SMITHFIELD BONELESS SLICED QUARTER HAM

HOTSALE! WAS/NOW 7.99 LB
W/O MVP Card Regular Retail

6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN

HOTSALE! WAS/NOW BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

16 Oz. Pkg.
CURLY'S PULLED PORK

HOTSALE! WAS/NOW 4.99 EA
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! WAS/NOW 9.99 LB+
W/O MVP Card Regular Retail
16 Oz. - Fresh
SALMON FILLET

HOTSALE! WAS/NOW 10.99 EA
W/O MVP Card Regular Retail
40 Oz. Pkg., Frozen
FOOD LION SWAI

HOTSALE! WAS/NOW 5.99 EA
W/O MVP Card Regular Retail
8 Oz. - Frozen
SHRIMP RING

HOTSALE! WAS/NOW 5.99 EA
W/O MVP Card Regular Retail
26-30 Ct., 12 Oz. Bag - Frozen
CHICKEN OF THE SEA RAW SHRIMP

HOTSALE! WAS/NOW 7.99 EA
W/O MVP Card Regular Retail
26-30 Ct., 12 Oz. Bag - Frozen
CHICKEN OF THE SEA COOKED SHRIMP

SHOP&EARN
MONTHLY REWARDS

Earn extra rewards while you shop

Activate Your Offers

DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $7.99 EA
Single Item Half Price
7 Oz., Select Varieties
TILLAMOOK CHEDDARS

HOTSALE! BOGO FREE
W/O MVP Card $3.49 EA
Single Item Half Price
5 Ct.
TEXAS TOAST

HOTSALE! BOGO FREE
W/O MVP Card $4.49 EA
Single Item Half Price
12 Ct.
FRUIT BITES

HOTSALE! BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price
12 Oz.
MEURER BROTHERS MINI DANISH

Save on easy meal solutions!

Available in our Deli & Bakery

HOTSALE! SAVE $5.99 LB
W/O MVP Card $6.99 LB
Freshly Sliced Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST

HOTSALE! SAVE $6.99 LB
W/O MVP Card $7.99 LB
Freshly Sliced
COOPER AMERICAN CHEESE

HOTSALE! SAVE $8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced
DIETZ & WATSON HAM

HOTSALE! SAVE $8.99 EA
W/O MVP Card $9.99 EA
14 Oz.
ROBERT'S FAMOUS CHICKEN SALAD

HOTSALE! SAVE $3.99 EA
W/O MVP Card $5.79 EA
5.2-5.3 Oz. Pkg.
BOURSIN CHEESE

HOTSALE! SAVE $4.99 EA
W/O MVP Card $5.49 EA
18 Oz.
FOOD LION CORNBREAD TRAY

HOTSALE! SAVE $4.99 EA
W/O MVP Card $5.49 EA
14-16 Oz., Select Varieties
FOOD LION SLICED LOAF CAKES

Quick eats $5 each!

Each item sold separately.

HOTSALE! SAVE $5 EA
W/O MVP Card $5.49 EA
Drums & Thighs Made Hot In-Store
4 PIECE FRESH BUTTERMILK HAND BATTERED FRIED CHICKEN

HOTSALE! SAVE $5 EA
W/O MVP Card $6.99 EA
4 Ct.
Made Hot In-Store
CHICKEN LEG QUARTERS

HOTSALE! SAVE $5 EA
W/O MVP Card $6.99 EA
13.9-15.3 Oz.
Select Varieties
FRESH & SIMPLE PIZZA
15.16-15.87 Oz.
LA MEGIC PIZZA

HOTSALE! SAVE $5 EA
W/O MVP Card $6.99 EA.
18 Oz.
FOOD LION TORTELLINI PASTA

HOTSALE! SAVE $5 EA
W/O MVP Card $6.99 EA.
12 Oz.
TASTE OF INSPIRATIONS PROTEIN SALADS

FOOD LION CATERING

Make the holidays *easy*

Let us do the work!

HOTSALE! SAVE $5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER

CHICKEN TENDER TRAY

Place your order at the deli counter or scan the QR code to order online.

SIGNATURE SANDWICH PLATTER

LARGE MINI SANDWICH PLATTER

CHICKEN WING TRAY

Bring joy to a family's table when you *buy a holiday box*

November 5 - December 9, 2025

Your purchase will be donated to your local food bank.

FOOD LION FEEDS | FEEDING AMERICA

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. $1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each donation will benefit the local food bank in the donor's Food Lion 50-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. **feedlion.com/feeds**.

3 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT ZSCT 12/03/25

Be a coupon MVP with
new offers
every week
Clip Coupons

MVP BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14.5-15.25 Oz.
Select Varieties
DEL MONTE CANNED VEGETABLES
HOTSALE!
2/$3
W/O MVP Card $1.99 EA.
Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS
HOTSALE!
2/$6
W/O MVP Card $3.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
BLUE RIBBON NOVELTIES
HOTSALE!
5.99 EA
W/O MVP Card $6.99 EA.
Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
TOTINO'S PIZZA ROLLS
HOTSALE!
4.99 EA
W/O MVP Card $7.99 EA.
Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
HERSHEY'S XL BAR
HOTSALE!
2.99 EA
W/O MVP Card $3.79 EA.
Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
SMUCKER'S UNCRUSTABLES
HOTSALE!
3.99 EA
W/O MVP Card $4.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
DEVOUR FROZEN DINNERS
HOTSALE!
2.99 EA
W/O MVP Card $3.79 EA.
Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
LITTLE DEBBIE BAGGED MINI DONUTS
2.79 EA
Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or 12 Oz. Bags
Select Varieties
LAVAZZA COFFEE
HOTSALE!
8.49 EA
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
SILK CREAMER
HOTSALE!
4.99 EA
W/O MVP Card $5.29 EA.
Purchase of 2 Required to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL
HOTSALE!
2/$7
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
PROGRESSO SOUP
HOTSALE!
2/$5
W/O MVP Card $3.79 EA.
Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
DEL MONTE CANNED FRUIT
HOTSALE!
2/$4
W/O MVP Card $2.69 EA.
Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
ROCKIN' PROTEIN BUILDER
3.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
GLACÉAU VITAMIN WATER
HOTSALE!
1.50 EA
W/O MVP Card $2.19 EA.
Purchase of 2 Required to Get 3rd Item FREE!

15-12 Oz. Pkg.
Select Varieties
NATHAN'S FAMOUS FRANKS
HOTSALE!
5.99 EA
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
RED BULL ENERGY DRINK
11.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
ORE-IDA BAGEL BITES
HOTSALE!
2.49 EA
W/O MVP Card $2.99 EA.
Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 16.3 Oz. Squeeze
Select Varieties
COUNTRY CROCK SPREAD OR SQUEEZE BUTTER
HOTSALE!
2.99 EA
W/O MVP Card $5.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
OIKOS OR LIGHT & FIT REMIX YOGURT
1.69 EA
Purchase of 2 Required to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
KELLOGG'S RICE KRISPIES CEREAL
HOTSALE!
2/$7
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
PEPPERIDGE FARM GARLIC BREAD
HOTSALE!
2/$5
W/O MVP Card $3.28 EA.
Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
BIRDS EYE ULTIMATE VEGETABLES
HOTSALE!
2/$6
W/O MVP Card $3.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
DUNKIN' DONUTS ICED COFFEE
2.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
MOTHER'S CIRCUS ANIMAL COOKIES
3.89 EA
Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
GENERAL MILLS FLAVORED CHEERIOS CEREAL
HOTSALE!
2/$5
W/O MVP Card $4.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz.
Select Varieties
DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS
6.19 EA
Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
MISSION FLOUR TORTILLAS
HOTSALE!
2/$5
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
CHOLULA HOT SAUCE
HOTSALE!
3.49 EA
W/O MVP Card $4.29 EA.
Purchase of 2 Required to Get 3rd Item FREE!

5.35-6.5 Oz.
Select Varieties
BOULDER CANYON KETTLE CHIPS
4.29 EA
Purchase of 2 Required to Get 3rd Item FREE!

18 Oz.
Select Varieties
SMUCKER'S PRESERVES OR JAMS
HOTSALE!
3.99 EA
W/O MVP Card $4.98 EA.
Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
TASTEE CHOICE SHRIMP
HOTSALE!
4.99 EA
W/O MVP Card $5.99 EA.
Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
PERFECT BAR
HOTSALE!
2/$5
W/O MVP Card $2.79 EA.
Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
JUS-ROL PUFF PASTRY DOUGH OR PIZZA CRUST
HOTSALE!
3.99 EA
W/O MVP Card $4.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
REED'S REAL GINGER ALE
4.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
VICTOR ALLEN'S ICED COFFEE
HOTSALE!
2/$5
W/O MVP Card $3.19 EA.
Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
KELLOGG'S NUTRI GRAIN BARS
HOTSALE!
2/$10
W/O MVP Card $6.49 EA.
Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz.
Select Varieties
KELLOGG'S RICE KRISPIES TREATS OR MINI SQUARES
HOTSALE!
2/$10
W/O MVP Card $3.59 EA.
Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
SMARTFOOD POPCORN
4.29 EA
Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
WOW BAO TERIYAKI CHICKEN BAO
HOTSALE!
6.99 EA
W/O MVP Card $7.79 EA.
Purchase of 2 Required to Get 3rd Item FREE!

You bring the cheer,
we'll bring the
quality & value
Shop Our Brands
FOOD LION
Unsweetened
Baking Coco
100% Cocoa

Fast, tasty & affordable!

Switch to our brand and save more.

FOOD LION

Serving Suggestion: Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

HOTSALE! MVP 3.79 EA W/O MVP Card Regular Retail
13 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

HOTSALE! MVP 2/$4 W/O MVP Card $2.89 EA
16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

HOTSALE! MVP 1.69 EA W/O MVP Card $1.89 EA
5 Oz.
FOOD LION DICED YELLOW ONIONS

PRICED LOW EVERY DAY 3.79 EA
16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

14 Oz.
FOOD LION PIZZA SAUCE
HOTSALE! MVP 1.19 EA W/O MVP Card $1.39 EA

HOTSALE! MVP 1.89 EA W/O MVP Card $1.99 EA
8 Oz. Pkg.
FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter
Select Varieties
ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE W/O MVP Card $3.49 EA Single Item Half Price

HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price
6 Pack 16-16.9 Oz. Bottles Select Varieties
7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

12 Oz.
Select Varieties
CELSIUS
HOTSALE! MVP 2/$4 W/O MVP Card $2.99 EA

MVP PRICED LOW EVERY DAY 4.79 EA W/O MVP Card $6.49 EA
24 Pack 16.9 Oz. Bottles
DASANI WATER

1.62 Oz.
Select Varieties
STUR LIQUID WATER ENHANCER
HOTSALE! MVP 2/$6 W/O MVP Card $3.99 EA

11 Oz.
Select Varieties
CLEARLY CANADIAN SPARKLING WATER
HOTSALE! MVP 2/$4 W/O MVP Card $2.49 EA

25.4 Oz.
Select Varieties
WELCH'S SPARKLING JUICE
HOTSALE! MVP 2/$7 W/O MVP Card $3.99 EA

750 ml
Select Varieties
BAREFOOT OR YELLOW TAIL WINE
HOTSALE! 5.99 EA

750 ml
Select Varieties
CLEARWATER COVE OR MARK WEST WINE
HOTSALE! 10.99 EA

750 ml
Select Varieties
JOSH CELLARS WINE
PRICED LOW EVERY DAY 12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 15.49 EA
12 Pack
12 Oz. Bottles or Cans
Select Varieties
MICHELOB ULTRA OR KONA

HOTSALE! 17.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE! 21.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
BUD, MILLER, COORS OR YUENGLING

HOTSALE! 17.49 EA
12 Pack - 12 Oz. Cans
Select Varieties
WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Cans
WICKED WEED
12 Pack - 12 Oz. Bottles or Cans
RED OAK OR BOLD ROCK
Select Varieties
LOCAL BRAGGER

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

Celebrate with savings

Shop Now

DAIRY

HOT SALE! MVP 3.99 EA
14-16.5 Oz. Select Varieties
NESTLÉ TOLL HOUSE COOKIES
W/O MVP Card $4.69 EA

28-32 Oz. - Select Varieties
STARBUCKS OR NESTLÉ COFFEE MATE NATURAL BLISS CREAMER
HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

HOT SALE! MVP 2/$5
6.4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
4-6 Pack Select Varieties
OIKOS TRIPLE ZERO OR LIGHT & FIT GREEK YOGURT
W/O MVP Card Regular Retail

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES
HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA

HOT SALE! MVP 4/$5
5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT
W/O MVP Card $1.69 EA

HOT SALE! MVP 2.99 EA
4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT
W/O MVP Card $3.99 EA

52 Oz. Select Varieties
FOOD LION TEA
PRICED LOW EVERY DAY 1.99 EA

HOT SALE! MVP 2/$3
8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE
W/O MVP Card $3.69 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 3.99 EA
W/O MVP Card $4.69 EA
MVP Coupon -.50¢ OFF
3.49 EA
MVP 10 TAPS DISCOUNT SAVINGS CIRCLE
48-64 Oz. Select Varieties
SILK PROTEIN OR SOY MILK

HOT SALE! 4.49 EA
W/O MVP Card $6.69 EA
MVP Coupon -1.00 OFF
3.49 EA
MVP 10 TAPS DISCOUNT SAVINGS CIRCLE
15.77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

HOT SALE! 5.99 EA
W/O MVP Card $8.69 EA
MVP Coupon -1.00 OFF
4.99 EA
MVP 10 TAPS DISCOUNT SAVINGS CIRCLE
17.65-27.51 Oz. Select Varieties Excludes Gluten Free
FRESCHETTA PIZZA

HOT SALE! 7.99 EA
W/O MVP Card $12.29 EA
MVP Coupon -1.00 OFF
6.99 EA
MVP 10 TAPS DISCOUNT SAVINGS CIRCLE
28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

FROZEN

HOT SALE! MVP 2/$5
10.7-12.3 Oz. Select Varieties
EGGO FROZEN WAFFLES
W/O MVP Card $3.68 EA

4.5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS
HOT SALE! MVP 99¢ EA
W/O MVP Card $1.58 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

10 Oz. Select Varieties
MARIE CALLENDER'S POT PIE
MVP PRICED LOW EVERY DAY 2.99 EA
W/O MVP Card $3.68 EA

7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES
HOT SALE! MVP $1 EA
W/O MVP Card $1.88 EA

35-42 Oz. - Select Varieties
BIRDS EYE VOILAI OR CHEF BOYARDEE FAMILY DINNERS
HOT SALE! MVP 6.99 EA
W/O MVP Card $8.99 EA

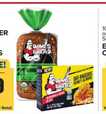
HOT SALE! MVP BOGO FREE
16.35-22.3 Oz. Select Varieties
SCREAMIN' SICILIAN PIZZA
W/O MVP Card $15.99 EA
Single Item Half Price

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS
HOT SALE! MVP 1.99 EA
W/O MVP Card $2.29 EA

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL
HOT SALE! MVP 2/$6
W/O MVP Card $4.99 EA

7.27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail



10-12 Ct. K-Cups or 11-12 Oz. Bags Select Varieties
EIGHT O'CLOCK COFFEE
HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail

42 Oz. Old Fashioned or Quick
FOOD LION OATS
PRICED LOW EVERY DAY 4.28 EA

24-32 Oz. Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP
HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail

22.6-25.9 Oz. Can Select Varieties
FOLGERS COFFEE
HOT SALE! MVP 11.99 EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups Select Varieties
FOOD LION COFFEE
HOT SALE! MVP 12.79 EA
W/O MVP Card Regular Retail

Dial

Keeps You Feeling Fresh All Day

SHOP NOW

HEALTH & BEAUTY

HOTSALE! MVP SAVE 2/$10
5.1-33.8 Oz. Select Varieties
COLGATE TOOTHPASTE OR MOUTHWASH
W/O MVP Card Regular Retail

.45 Oz. Select Varieties
BLISTEX MEDICATED LIP BALM
HOTSALE! MVP SAVE 2.99 EA
W/O MVP Card $3.79 EA

60-70 Ct. Select Varieties
NATROL MELATONIN
HOTSALE! MVP SAVE 7.99 EA
W/O MVP Card $8.99 EA

6-8 Oz. Select Varieties
NOT YOUR MOTHER'S CURL TALK OR DRY SHAMPOO
HOTSALE! MVP SAVE 8.99 EA
W/O MVP Card $9.99 EA

12 Oz. Select Varieties
CERAVE CLEANSER OR LOTION
HOTSALE! MVP SAVE 13.69 EA
W/O MVP Card $15.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/$14
W/ MVP Card Get FREE
MVP Coupon -5.00 OFF 2
2/$9
MVP 74.10% DISCOUNT SAVINGS LIMIT 1
22 Oz. Body Wash Select Varieties
OLAY

15.99 EA
MVP Coupon -4.00 OFF 1
11.99 EA
MVP 74.10% DISCOUNT SAVINGS LIMIT 1
24 Oz. Select Varieties
DOWNY UNSTOPABLES

PRICED LOW EVERY DAY 19.99 EA
W/ MVP Card 21.79 EA
MVP Coupon -5.00 OFF 1
14.99 EA
MVP 74.10% DISCOUNT SAVINGS LIMIT 1
76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

HOUSE & HOME

HOTSALE! MVP SAVE 1.49 EA
35 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
W/O MVP Card $1.99 EA

HOTSALE! MVP SAVE 6.99 EA
W/O MVP Card $8.99 EA
43 Ct. Select Varieties
FOOD LION DISH PODS

16 Oz. Select Varieties
DAWN POWERWASH
HOTSALE! MVP SAVE 4.99 EA
W/O MVP Card $5.99 EA

80-100 Ct. Sheets or 18 Oz. Booster Select Varieties
ARM & HAMMER
HOTSALE! MVP SAVE 2/$6
W/O MVP Card Regular Retail

10 Oz. Air or 41 Oz. Laundry Sanitizer Select Varieties
LYSOL
HOTSALE! MVP SAVE 6.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP SAVE 6.99 EA
W/O MVP Card Regular Retail
48 Oz. Select Varieties
OXICLEAN

HOTSALE! MVP SAVE 7.49 EA
W/O MVP Card $8.99 EA
12 Rolls Select Varieties
FOOD LION BATH TISSUE

60-70 Ct. Select Varieties
FOOD LION TISSUE CUBE
HOTSALE! MVP SAVE $1 EA
W/O MVP Card $1.79 EA

BABY

4 Oz. . Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES
HOTSALE! MVP SAVE 2/$3
W/O MVP Card $1.79 EA

1.85 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS
HOTSALE! MVP SAVE 3.29 EA
W/O MVP Card $3.69 EA

156-216 Ct. Select Varieties
PAMPERS BABY WIPES
HOTSALE! MVP SAVE 6.99 EA
W/O MVP Card $7.99 EA

PRICED LOW EVERY DAY 2.59 EA
84 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

PET

HOTSALE! MVP SAVE 1.99 EA
W/O MVP Card $3.29 EA
4 Oz. Select Varieties
FANCY FEAST GEMS CAT FOOD

6.3 Lb. Bag Select Varieties
PURINA CAT CHOW NATURALS DRY CAT FOOD
HOTSALE! MVP SAVE 11.99 EA
W/O MVP Card $13.99 EA

5.6-24 Oz. Select Varieties
PUP-PERONI OR MILK-BONE DOG TREATS
HOTSALE! MVP SAVE 2/$6
W/O MVP Card Regular Retail

16 Lb. **KIBBLES 'N BITS MINI BITS DOG FOOD**
MVP SAVE PRICED LOW EVERY DAY 14.99 EA
W/O MVP Card $16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CIRIO PASSATA
HOTSALE! MVP SAVE 1.99 EA
W/O MVP Card $2.49 EA

3.7 Oz.
FERRERO ROCHER CHOCOLATE SQUARES ASSORTED
HOTSALE! MVP SAVE 4.49 EA
W/O MVP Card $5.79 EA

4 Pack - 12 Oz. Cans Select Varieties
OLIPOP PREBIOTIC SODA
HOTSALE! MVP SAVE 6.99 EA
W/O MVP Card $8.99 EA

HOTSALE! MVP SAVE BOGO FREE
W/O MVP Card $13.98 EA
Single Item Half Price
2-3 Ct. - Medium
RUBBERMAID EASY STORE ROUND OR RECTANGLE CONTAINERS

HOTSALE! MVP SAVE 9.99 EA
W/O MVP Card $10.99 EA
60 Ct. Select Varieties
BOUNCE DRYER SHEETS

7 2DPH 2DSA 2DAH 2DAL 2DAT 2DAU 2DCH 2DCR 2DCT 2DHH 2DPP 2DSA 2DBG 2NNA 2NNV 2MBA 2MBL 2MBM 2MBT 2MEA 2MNA 2MNH 2MNS 2NCA 2NCD 2NCE 2NCH 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NNB 2NNF 2NNL 2NNO 2NTT 2NWA 2NWI 2NWL 2NWM 2NWN 2NWT 2PNL 2PNM 2PNN 2SAG 2SAU 2SCH 2SCL 2SCO 2SFR 2SPL 2SPR 2SSL 2SSV 2SSA 2SSN 2TCA 2TCH 2TNN 2TNA 2TNO 2TTR 2VBL 2VCH 2VDC 2VHA 2VNK 2VNG 2VNB 2VNC 2VNO 2VNN 2VPN 2VRG 2VTI 2VTR 2VWN 2VWN 2VWB 2VWF 2VWL 2VWO 2VWT 2VWW 2WBL 2WCA 2WCL 2WNA 2WNB 1305B

NEW ITEMS

available now

See Details

FOOD LION

Nature's Promise Organic

Quality goodness you can feel good about serving!

2 Lb. Pkg.
FOOD LION BABY CUT CARROTS

HOT SALE! MVP
1.99 LB
W/O MVP Card Regular Retail

10 Oz. Pkg.
FOOD LION GRAPE TOMATOES

HOT SALE! MVP
2.19 LB
W/O MVP Card Regular Retail

HOT SALE! MVP
3.49 LB
W/O MVP Card Regular Retail

3 Lb. Bag
NATURE'S PROMISE ORGANIC RUSSET POTATOES

USDA ORGANIC

HOT SALE! MVP
2.69 LB
W/O MVP Card Regular Retail

1 Lb. Bag
NATURE'S PROMISE ORGANIC LEMONS

USDA ORGANIC

HOT SALE! MVP
1.79 LB
W/O MVP Card Regular Retail

Bulk
HONEYCRISP APPLES

HOT SALE! MVP
79¢ EA
W/O MVP Card Regular Retail

HASS AVOCADOS OR MANGOS

HOT SALE! MVP
1.79 LB
W/O MVP Card Regular Retail

BARTLETT, BOSC OR RED PEARS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

HONEYDEW MELONS

HOT SALE! MVP
59¢ LB
W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI SIMPLY DRESSING

HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail

While Supplies Last
9.99 EA

SUGAR PLUM BOUQUET

Fresh ways to sweeten your meal!

In-Store Cut Fruit
FOOD LION TROPICAL FRUIT BOWL

HOT SALE! MVP
3.99 LB
W/O MVP Card Regular Retail

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: American Express, VISA, MasterCard, ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Banner Elk, Blowing Rock, Boone, Jefferson

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Check out all the BOGOs at your Refreshed FOOD LION

December 3 - December 9, 2025

Offers valid while supplies last.

BOGO FREE MVP On Participating Items

HOT SALE! MVP BOGO FREE
W/O MVP Card $5.69 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS OR FRITOS
LIMIT 4 FREE

14.3-22 Oz.
Select Varieties
FARM RICH SNACKS

HOT SALE! MVP BOGO FREE
W/O MVP Card $6.99 EA
Single Item Half Price

12-16 Oz.
Select Varieties
GRAIN BERRY CEREAL

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.49 EA
Single Item Half Price

HOT SALE! MVP BOGO FREE
W/O MVP Card $3.68 EA
Single Item Half Price

16.3 Oz.
Select Varieties
PILLSBURY GRANDS! BISCUITS
LIMIT 2 FREE

12 Oz.
Select Varieties
GUAYAKI YERBA MATE

HOT SALE! MVP BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

10-12 Oz.
Select Varieties
POST OREO PUFFS OR HONEY BUNCHES OF OATS CEREAL

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

48 Oz.
Select Varieties
STOK COLD BREW ICED COFFEE
LIMIT 2 FREE

HOT SALE! MVP BOGO FREE
W/O MVP Card $7.39 EA
Single Item Half Price

1.5 Liter
ETERNAL NATURALLY ALKALINE SPRING WATER

HOT SALE! MVP BOGO FREE
W/O MVP Card $2.29 EA
Single Item Half Price

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

16 Oz.
Select Varieties
KRAFT SINGLES
LIMIT 2 FREE

64 Oz.
Select Varieties
V8 SPLASH

HOT SALE! MVP BOGO FREE
W/O MVP Card $3.18 EA
Single Item Half Price

W-1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT ZSCT 12/03/25

Hot SALE! MVP BOGO FREE

16.2-22.5 Oz.
Select Varieties
JOSÉ OLÉ SHREDDED TAQUITOS

HOTSALE! MVP
BOGO FREE
W/O MVP Card $6.99 EA
Single Item Half Price

HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

10.3-16 Oz.
Select Varieties
TALENTI GELATO OR LAYERS

11-12 Oz.
Select Varieties
KETO ICE CREAM BARS

HOTSALE! MVP
BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

HOTSALE! MVP
BOGO FREE
W/O MVP Card $4.49 EA
Single Item Half Price

13.3-16 Oz.
Select Varieties
FOSTER FARMS CORN DOGS

8-10 Oz.
Select Varieties
FARM RICH APPETIZERS

HOTSALE! MVP
BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

24-36 Oz.
Select Varieties
LINDY'S ITALIAN OR SWIRLED ITALIAN ICE

10.5 Oz.
Select Varieties
ZATARAIN'S FROZEN DINNERS

HOTSALE! MVP
BOGO FREE
W/O MVP Card $4.29 EA
Single Item Half Price

8.4 Oz.
Select Varieties
ATHENS PHYLLO BITES

HOTSALE! MVP
BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

HOTSALE! MVP
BOGO FREE
W/O MVP Card $6.79 EA
Single Item Half Price

22.5-24.5 Oz.
Select Varieties
TAI PEI CHICKEN EGGROLLS

21 Oz.
Select Varieties
ELECTROLIT

HOTSALE! MVP
BOGO FREE
W/O MVP Card $2.50 EA
Single Item Half Price

Hot SALE! MVP BOGO FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card $3.79 EA
Single Item Half Price

8-11 Oz.
Select Varieties
TAI PEI FROZEN MEALS

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOTSALE! MVP BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.49 EA
Single Item Half Price

16.5-18 Oz.
Select Varieties
GOOD HUMOR BARS

HOTSALE! MVP BOGO FREE
W/O MVP Card $3.49 EA
Single Item Half Price

14-14.8 Oz.
Select Varieties
HUNGRY JACK PANCAKES

10.8-14 Oz.
Select Varieties
FARM RICH FROZEN BREAKFAST

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

14.1 Oz.
Select Varieties
SHARWOOD'S SAUCE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

6-8 Oz.
Select Varieties
WELCH'S FRUIT SNACKS

HOTSALE! MVP BOGO FREE
W/O MVP Card $3.19 EA
Single Item Half Price

3 Oz.
Select Varieties
MAC'S PORK SKINS

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

16 Oz.
Select Varieties
GOLDEN BLOSSOM PURE & UNFILTERED U.S. HONEY

HOTSALE! MVP BOGO FREE
W/O MVP Card $8.99 EA
Single Item Half Price

9 Oz.
Select Varieties
HERDEZ SAUCE

HOTSALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

Hot SALE! MVP BOGO FREE

10.35-12.65 Oz.
Select Varieties
PUFF COOKIES
LIMIT 2 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

6.5-8 Oz. Tub
or 16 Oz. Quarters
Select Varieties
LAND O LAKES BUTTER OR MARGARINE
LIMIT 2 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

HOTSALE! MVP BOGO FREE
W/O MVP Card $7.99 EA
Single Item Half Price

21.2 Oz.
OLD EL PASO HARD & SOFT TACO DINNER KIT TWIN PACK

HOTSALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

11.2-17.6 Oz.
Select Varieties
WILD MIKE'S PIZZA

HOTSALE! MVP BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

14 Oz.
Select Varieties
DOGSTERS FROZEN TREATS

22.40 Oz.
Select Varieties
CAMPBELL'S SPAGHETTIOS ORIGINAL

HOTSALE! MVP BOGO FREE
W/O MVP Card $2.29 EA
Single Item Half Price

2 Lb.
SOUTHERN BISCUIT FLOUR

HOTSALE! MVP BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

9-10 Oz.
Select Varieties
LOUISIANA FISH FRY

HOTSALE! MVP BOGO FREE
W/O MVP Card $1.99 EA
Single Item Half Price

12 Oz.
Select Varieties
TEXAS PETE WING SAUCE

HOTSALE! MVP BOGO FREE
W/O MVP Card $3.69 EA
Single Item Half Price

10 Oz.
FOOD LION SOY SAUCE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price