

MERRY CHRISTMAS & HAPPY HOLIDAYS!

Visit FredMeyer.com/HolidayHours for Holiday Store Hours.

EARN **4X** FUEL POINTS with digital coupon* On **FRIDAY** purchases

Scan here or visit FredMeyer.com/FuelEvent to download coupon.

*Exclusions apply. See coupon for details.

87¢ /LB
With Card

Sugardale Portion Hams
Shank or Butt, Bone-In; Limit 1 with Additional \$25 Purchase. While supplies last.

F.G. Meyer Flame Crafted Spiral Ham
Bone-In

\$4.99 /LB
With Card

9.77/LB With Card
-2.00/LB DIGITAL COUPON OFFER
\$7.77 /LB

Ribeye Roast
Bone-In, Limit 1 with Additional \$50 Purchase, While Supplies Last

Extra Large Cooked Shrimp
26-30 ct or 21-25 Raw, Sold in a 2 lb Bag for \$13.98

\$6.99 /LB
With Card

\$2.49 /LB
With Card

MIX & MATCH BUY 1, GET 1 FREE
With Card

\$3.99
With Card

BUY 1, GET 1 FREE
With Card

MIX & MATCH BUY 2, GET 3 of Equal or Lesser Value
FREE
With Card

MIX & MATCH BUY 2, GET 2 of Equal or Lesser Value
FREE
With Card

18 ct Simple Truth Cage Free Eggs
Large, Grade AA

\$3.99
With Card

Umpqua Ice Cream
Select Varieties, 48 fl oz

\$4.99
With Card

10.99 EA -10% With Card
\$9.89 /EA*

Josh Cellars or Kendall-Jackson
Select Varieties, 750 ml

*When You Buy Any 6 Participating Items with Card.

White Claw, Stella Artois or Truly
Select Varieties, 12-Pack, 11.2-12 fl oz Bottles or Cans, Plus Deposit Where Applicable

16.99 -5.00 Off 1 WITH CARD & CASH BACK REBATE**
\$11.99 /EA

*Cash Back rebate via PayPal. Visit our app/site to clip Cash Back offer & see offer details.

Coffee-Mate Creamer
32 fl oz or Cold Foam Creamer, 14 oz; Select Varieties

FINAL COST When You Buy 2
2/\$6
With Card

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$4.49 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIMES** in one transaction*

Find even more deals online!

Look for these tags.

Philadelphia Cream Cheese
8 oz or Reddi Wip, 6.5 oz; Select Varieties

\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.

Pillsbury Grands Biscuits, Crescents or Cinnamon Rolls
Select Varieties, 8 ct

\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$2.99 each with Card.

Club Crackers
11-13.7 oz or Town House Crackers, 9.2-13.8 oz; Select Varieties

\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.

Starbucks Coffee
10-12 oz Bag or Peet's Coffee, 10-10.5 oz Bag; Select Varieties

\$7.99 /EA
With Digital Coupon
Price without digital coupon is up to \$9.99 each with Card.

Large Pineapple

\$1.77 /EA
With Digital Coupon
Price without digital coupon is up to \$2.99 each with Card.

Oscar Mayer Bacon
Select Varieties, 12-16 oz

\$3.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.

Tillamook Cheese
Select Varieties, 32 oz

\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$9.99 each with Card.

Kroger Butter
Select Varieties, 16 oz

\$2.49 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.

*While supplies last.

SALE DATES: Wed. December 17 - Thur. December 25, 2025.

Prices and items are effective online and at your local Fred Meyer store.(holiday hours vary). Check our site for holiday store hours. Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act. SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.

FLASH SALE

December 11-19



Schweid and Sons Ground Beef

Select Varieties, 16 oz

\$5.99
/EA

With Card

While Supplies Last



Kroger Breaded Shrimp
Frozen, 2 lb

Price without digital coupon is up to \$10.99 each with Card.

\$8.99
/EA

With Digital Coupon



Private Selection Four Layer Red Velvet Cake
8" or Cheesecake, 40 oz; Select Varieties, In the Bakery

\$17.99
/EA

With Digital Coupon

Price without digital coupon is up to \$19.99 each with Card.



Birds Eye Vegetables
Frozen, Select Varieties, 9.5-14.4 oz

\$1.49
/EA

With Digital Coupon

Price without digital coupon is up to \$1.99 each with Card.



Ore-Ida Frozen Potatoes
Select Varieties, 22.5-32 oz

\$2.99
/EA

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



Nestlé Toll House Morsels
Select Varieties, 9-12 oz

\$3.49
/EA

With Digital Coupon

Price without digital coupon is up to \$4.49 each with Card.



Gold Medal Flour
Select Varieties, 5 lb

\$2.99
/EA

With Digital Coupon

Price without digital coupon is up to \$4.49 each with Card.



Folgers or Café Bustelo Coffee
Select Varieties, 22-25.9 oz Can

\$9.99
/EA

With Digital Coupon

Price without digital coupon is up to \$15.99 each with Card.



Red, Green or Black Seedless Grapes

Price without digital coupon is up to \$2.99 lb with Card.

\$1.99
/LB

With Digital Coupon



Lay's Potato Chips
5-8 oz or Rold Gold Pretzels, 10-16 oz; Select Varieties

\$1.99
/EA

With Digital Coupon

Price without digital coupon is up to \$3.49 each with Card.



Dreyer's
48 fl oz or LaCroix Sparkling Water, 8-Pack, 12 fl oz Cans; Select Varieties

\$2.99
/EA

With Digital Coupon

Price without digital coupon is up to \$4.49 each with Card.



Scott Comfort Plus Bath Tissue
12 Double Rolls

\$4.99
/EA

With Digital Coupon

Price without digital coupon is up to \$6.99 each with Card.

*While supplies last.

MIX & MATCH

SAVE \$10 AN EXTRA

When you spend \$40 or more on participating Baby, Pet or Personal Care items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5
TIMES
in one transaction*



Look for
these tags.



**Crest
Toothpaste**
Select Varieties, 3.3-7.2 oz
\$2.99 /EA
With Digital
Coupon

Price without digital coupon is up to \$4.99 each with Card.

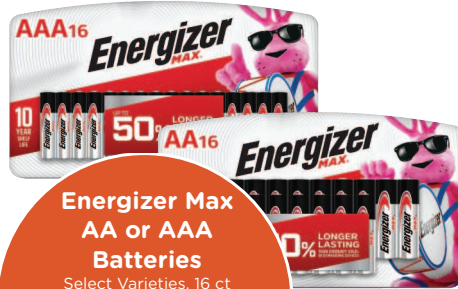
**Ghirardelli
Chocolate Squares**
\$5.49 /EA
With Digital
Coupon

Price without digital coupon is up to \$6.99 each with Card.



4.1-5.32 oz or Lindt Lindor
Truffles, 5.1 oz; Select Varieties

*While supplies last.



**Energizer Max
AA or AAA
Batteries**
Select Varieties, 16 ct
\$9.99 /EA
With Digital
Coupon

Price without digital coupon is up to \$12.99 each with Card.

**SHOP.
SAVE.
REPEAT.**



**SAVE
\$30**

When you
Spend \$150
or more

or **SAVE
\$20**

When you
Spend \$100
or more

or **SAVE
\$10**

on any mix
of Home,
Apparel &
Electronics*
with Digital Coupon



*Exclusions apply,
see Digital Coupon for details.

**SAVE
50%**

With Card

Holiday Home™

**Holiday Home®
Gift Wrap, Gift Bags,
Bows & Accessories**
Shown: Sale 74¢-3.49



**Holiday Home®
Rolled Throw**

SAVE \$5

\$4.99

With Card
Reg. 9.99



**SAVE
50%**

With Card

Slippers

Men's, Women's
and Kids' sizes.
Shown:
Sale \$17-25.50



Apple Authorized Reseller

Apple® AirPods Pro® 3rd Gen
249.99



**Fiesta
3-Piece
Dinnerware
Set**
Select Varieties
Sale 27.99

**SAVE
30%**
With Card



SAVE \$5

19.99

With Card

**Comfeez
Weighted
Plush**
Reg. 24.99

HOLIDAY MAGIC STARTS HERE

Discover seasonal deals at FredMeyer.com/Holiday



**Kroger
Hickory Smoked
Spiral Ham**

\$1.47
/LB
With Card

Honey Glazed, Bone-In



**Fresh
Jennie-O Turkey**
Grade A or Fresh
Jennie-O Turkey Breast
\$2.99 lb; Bone-In

\$1.69
/LB
With Card



**Honeycrisp
or Granny Smith
Apples**
or Bartlett Pears

\$1.99
/LB
With Card



**King's Hawaiian
Rolls**
Select Varieties,
24 ct, In the Bakery

\$6.99
With Card



Apple Pie
or Other Varieties,
8", In the Bakery

\$5.99
With Card

**Private Selection
Rolls**
Select Varieties,
16 oz

\$2.99
With Card



Cool Whip
8 oz or Stove Top
Stuffing, 6 oz;
Select Varieties

2/\$4
With Card



**Swanson Broth
or Kroger Stock**
Select Varieties,
32 oz

2/\$4
With Card



**Del Monte
Vegetables**
Select Varieties,
14.5-15.25 oz

10/\$10
With Card



**MIX & MATCH
BUY 2, GET 1**

FREE

of Equal or Lesser Value

With Card

**Handi-Foil Pans
or Pans with Lids**
Select Varieties, 1-7 ct



**Philadelphia
Frozen
Cheesecake**
Select Varieties,
24 oz



\$9.99
With Card



**Campbell's
Cream of Chicken
or Mushroom Soup**
Select Varieties,
10.5 oz



4/\$5
With Card



Josh Cellars
Select Varieties,
750 ml

\$10.99
With Card



**Holiday Home
Baking
Accessories
or Create-A-Treat
Cookie Kit,**
Select Varieties

**SAVE
50%**

Tag Reflects Savings
With Card

Seasonal selection varies by store and is limited to stock on hand.

GROCERY ESSENTIALS



Simply Organic Spices
0.75-4.7 oz
or Vanilla Extract,
4 fl oz; Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Jell-O Family Size Pudding Mix
2-5.9 oz or Duncan Hines
Family Size Brownie Mix,
18.2-18.3 oz; Select Varieties

3/\$5
With Card



Kroger Brown or Powdered Sugar
Select Varieties,
32 oz



\$179
With Card



Tillamook Cream Cheese
Select Varieties,
7-8 oz

2/\$5
With Card



Dole Pineapple
15.25-20 oz Can or
Kroger Graham Crackers,
14.4 oz; Select Varieties

2/\$5
With Card



Boulder Canyon Potato Chips
Select Varieties,
5.25-6.5 oz
Regular retail is up to
\$3.99 each with Card.

FREE
With Card

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value



LOCAL

Franz Bagels
Select Varieties,
6 ct

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE
With Card



Simply Orange Juice
Select Varieties,
46 fl oz

\$299
With Card



Kroger Peanut Butter
Select Varieties,
40 oz

\$399
With Card



Entenmann's Little Bites, Donuts or Cakes
Select Varieties,
6.88-21 oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Nestlé Drumstick Cones
Select Varieties,
8-20 ct

\$699
With Card



Oroweat Bread
Select Varieties,
24 oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

BOTTLES & BREWS



****Cash Back**
rebate via PayPal.
Visit our app/site
to clip Cash Back
offer & see offer
details.



26.99
-6.00** Off 1
WITH CARD &
CASH BACK REBATE

\$2099
/EA

Coors, Budweiser or Miller
Select Varieties,
30-Pack, 12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable



12.99 EA
-10%
With Card

\$1169
/EA*

Cupcake or Kim Crawford
Select Varieties,
750 ml



Black Box or Bota Box
Select Varieties,
3 Liters

\$1699



La Marca
Select Varieties,
750 ml

\$1399
With Card

SAVE MORE WITH DIGITAL COUPONS

Use each coupon **up to 5 times**
in one transaction with Card.

Find even more online!

Visit FredMeyer.com/5Xcoupons
to download digital coupons.

*When you buy participating items in the same
transaction with Digital Coupon. Participating
item varieties and sizes may vary by store.



Look for
these tags.



**Dave's Killer
Bread Organic
Bagels**

5 ct or Bisquick
Baking Mix, 40 oz;
Select Varieties

5.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$4.49
/EA*



**Martinelli's
Sparkling Cider**
25.4 fl oz or Pillsbury
Pie Crusts, 2 ct;
Select Varieties

3.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$2.99
/EA*



5.99 With Card
-3.00 Off 1
DIGITAL COUPON OFFER

\$2.99
/EA*
**Darigold
Butter**

Select Varieties, 16 oz



1.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER



99¢
/EA*

**Rice-A-Roni
or Pasta-Roni**
Select Varieties,
4.3-7.2 oz



4.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*

**Hormel
Pepperoni**
Select Varieties,
5-6 oz

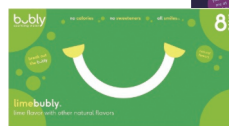


7.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

\$5.99
/EA*

**Seattle's Best
Coffee**

10-12 oz Bag or K-Cups,
10 ct; Select Varieties



**Bubly
Sparkling Water**
Select Varieties,
8-Pack, 12 fl oz Cans



3.99 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

\$3.49
/EA*



6.49 With Card
-2.50 Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*

**Best Foods
Mayonnaise**
or Miracle Whip,
Select Varieties,
30 fl oz



4.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*

**Pepperidge Farm
Cookies**
Select Varieties,
5-8.6 oz



4.69 With Card
-70¢ Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*

**Kroger
Egg Nog**
64 fl oz or Simple Truth
Organic Honey, 12 oz;
Select Varieties



6.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

\$4.99
/EA*

**Kroger
Soft and Strong
Bath Tissue**
12 Double Rolls



14.99 With Card
-5.00 Off 1
DIGITAL COUPON OFFER

\$9.99
/EA*

**Bounty
Paper Towels**
Select Varieties,
6 Double Rolls
or 4 Triple Rolls



Darigold
Heavy Whipping
Cream
16 fl oz

5.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$4.49
/EA*



Eagle Brand
Sweetened
Condensed Milk
14 oz or
Simple Truth
Organic
Fruit & Grain
Bars, 6 ct;
Select Varieties

2.99 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$2.49
/EA*



Tillamook
Extra Creamy
Butter
Select Varieties,
16 oz

4.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$3.99
/EA*



4.29 With Card
-2.30 Off 1
DIGITAL COUPON OFFER
\$1.99
/EA*
General Mills
Cereal

Select Varieties, 8.9-14 oz



Private Selection
Red Velvet
Cake Roll
18 oz or Vanilla
Pudding Cake, 30 oz;
Select Varieties,
In the Bakery

7.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$6.99
/EA*



3.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$2.49
/EA*
Voortman
Sugar Free Cookies
8-11.3 oz or
Welch's Sparkling
Juice, 25.4 fl oz;
Select Varieties

SAVE MORE WITH DIGITAL COUPONS

Use each coupon **up to 5 times**
in one transaction with Card.

*When you buy participating items in the
same transaction with Digital Coupon.
Participating item varieties and sizes
may vary by store.

Look for
these tags.



4.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*
Kroger
Sparkling
Water

12-Pack, 12 fl oz Cans or
Simple Mills Crackers,
4.25 oz; Select Varieties



Nabisco
Snack Crackers
Select Varieties,
3.5-8.5 oz



3.99 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$3.49
/EA*



Kroger
Entrées
Select Varieties,
16 oz



7.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$6.99
/EA*



7.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$6.99
/EA*

Chomps
Chomplings
Select Varieties,
6 ct



15.99 With Card
-3.00 Off 1
DIGITAL COUPON OFFER
\$12.99
/EA*

Tide
Laundry Detergent
Select Varieties,
92-105 fl oz



4.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$3.99
/EA*

Dawn
Dishwashing Soap
Select Varieties,
26.8-30.8 fl oz



GIVE THE GIFT OF GIFT CARDS

SEND CHEER ANYWHERE
WITH eGIFT CARDS



Visit giftcards.FredMeyer.com to shop online.



HOME CHEF

HEAT & SERVE HOLIDAY CLASSICS

These heat & serve meals and sides help your celebration come together with less prep. Availability may vary. See associate for details.

CHOOSE FROM:

**Boneless Turkey or Ham,
Serves 4-6**

Double L Ranch Boneless Turkey, **\$75**

Double L Ranch Boneless Ham, **\$80**

**Bone-In Turkey or Ham,
Serves 6-8**

Butterball Bone-In Turkey, **\$90**

Private Selection Bone-In Ham, **\$85**

All Holiday Meals Include Choice Of Protein And...

- 1 Home Chef Homestyle Stuffing, 28 oz.
- 1 Home Chef Green Bean Casserole, 30 oz.
- 1 Home Chef Maple Pecan Mashed Sweet Potatoes, 30 oz.
- 1 Home Chef Cranberry Sauce, 14 oz.
- 2 Home Chef Mashed Potatoes, 24 oz.
- 1 Home Chef Classic Gravy, 13 oz.

Products require heating



HOME CHEF

ALSO AVAILABLE

**À La Carte
Proteins & Sides**

3 WAYS TO ORDER

- ① YourOrderOnline.com
- ② 1-877-894-3707
- ③ See a Deli Associate

LAST DAY TO ORDER FOR CHRISTMAS 12/22!

CELEBRATE THE
SEASON WITH
FRESH CITRUS



Sumo Citrus
Mandarins

\$3.49
/LB
With Card



Private Selection
Cara Cara
Navel Oranges
3 lb or Kroger
Grapefruit, 5 lb

\$4.99
With Card



Wonderful
Seedless Lemons
3 lb

\$5
With Card



Red Garnet Yams
or White
Sweet Potatoes
\$1.79
/LB
With Card



Red Cherries
\$5.99
/LB
With Card



\$2.99
With Card
Raspberries or
Blackberries
6 oz

Bloom Haus
Festive Flurries
Bouquet

\$9.99



Large
Avocados
\$2.99
/EA
With Card



Kroger
Packaged
Vegetables
24-32 oz
\$6
With Card

GUARANTEED FRESH



30% OFF

Tag Reflects Savings With Card
**Private Selection
Ribeye Roast**
Bone-In or USDA Choice
Boneless New York Strip
Roast



**Private Selection
Angus 90% Lean
Ground Beef**
Sold in a 3 lb Roll
for \$17.97 or
Fresh Simple Truth
Natural Lamb Leg,
Bone-In,
No Antibiotics Ever
\$5.99
/LB
With Card



Shrimp Tray Sale
Select Varieties,
11-25.2 oz, Frozen or
Full Line Crab Sale, Whole
Cooked Dungeness Crab,
Snow Crab Clusters,
King Crab Legs, 9-12 ct;
Previously Frozen
25% OFF
Tag Reflects Savings
With Card



**Jimmy Dean
Breakfast Sausage**
16 oz or Hillshire Farm
Cocktail Smokies,
12-14 oz; Select Varieties
\$3.99
With Card



**Hill's
Bacon**
3 lb or Simply
Potatoes, 20 oz, 2/\$6;
Select Varieties
50% OFF
Tag Reflects Savings
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Fresh Baked
Soft Top Cookies
Select Varieties, 10 ct
\$5.99
With Card



**Jennie-O
Turkey Breast**
Bone-In, Fully Cooked,
20 oz
\$10.99
With Card



**Private Selection
Black Forest Ham**
Sliced to Order
or Grab & Go
\$11.99
/LB
With Card

BOTTLES & BREWS



\$16⁹⁹

**Heineken, Topo Chico
or Blue Moon**

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



**Chateau
Ste Michelle**
Select Varieties,
750 ml

\$8⁹⁹

With Card



**13.99^{EA}
-10%**
With Card

\$12⁵⁹ /EA*

**Chateau Ste Michelle
or Jam Cellars**
Select Varieties,
750 ml



Erath
Select Varieties, 750 ml

\$13⁹⁹

With Card



**Georgetown
or Payette**

\$9⁹⁹

Select Varieties, 6-Pack,
12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$21⁹⁹

**Keystone Light
or Busch Light**

Select Varieties, 30-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

FIND YOUR FAVORITE NATURAL ITEMS

Simple Truth
Organic Vegetables

2/\$3

With Card

Select Varieties,
14.5-15.25 oz Cans



Simple Truth
Organic Broth
Select Varieties,
32 oz

2/\$3
With Card



Simple Truth
Gluten Free
Waffles
Select Varieties,
8 ct

2/\$5
With Card



Lily's
Baking Chips
Select Varieties,
9 oz

\$6.49
With Card



Bob's Red Mill
Flour
Select Varieties,
5 lb

\$4.49
With Card



Hormel
Natural Choice
Lunch Meat
Select Varieties,
8 oz

\$4.59
With Card

HOME, HEALTH & MORE!



Revlon
Beauty Tools
Select Varieties,
1 ct

SAVE
25%
Tag Reflects Savings
With Card



Every Man Jack
Beard Oil
1 fl oz or Butter,
4 oz; Select Varieties

\$10.99
With Card



Eucerin
Body Lotion
\$12.99
With Card

16.9 fl oz or Cream,
8 oz; Select Varieties



Kroger
Makeup Removing
Wipes
Select Varieties,
25 ct

\$2.79
With Card



Olaplex
No. 3 Hair Perfector
3.3 fl oz or Aveda
Shampoo, 8.5 fl oz;
Select Varieties

SAVE
20%
Tag Reflects Savings
With Card



HD Designs
Holiday
Jar Candle
Select Varieties,
8 oz

\$3.99
With Card