

Shop our *best deals*
this week!

HOTSALE!

MVP

5⁹⁹ LB



Boneless
BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB



YOU SAVE

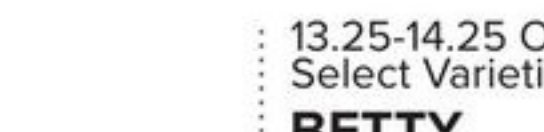
\$3⁵⁰ LB



HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Mail Price



6.88-20 Oz. Select Varieties
HOMER'S BAGELS or ENTENMANN'S LITTLE BITES MUFFINS
HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Mail Price



13.25-14.25 Oz. Select Varieties
BETTY CROCKER SUPER MOIST CAKE MIX
HOTSALE!
MVP
\$ EA
W/O MVP Card \$1.99 EA



12 Pack 12 Oz. Bottles or Cans Select Varieties
SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM
HOTSALE!
MVP
\$15.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOTSALE!
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOTSALE!
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

W/M MVP Card \$1.99 EA.

NVP Coupon **-\$1.00 OFF!**

249^{EA}

W/MVP: 10% DISCOUNT SAVINGS

8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

HOT SALE!

2^{EA} \$5^{EA}

W/M MVP Card \$3.69 EA.

4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

HOT SALE!

\$1^{EA}

W/M MVP Card \$2.09 EA.

75-110 Oz. Liquid or 32.47 Oz. Paks Select Varieties
ARM & HAMMER

HOT SALE!

6^{EA} \$9^{EA}

W/M MVP Card Regular Rate

K!

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

Hot Sale!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

Oscar Mayer Deli Fresh
7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

9 oz

10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP



7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
WVP

2/\$5

W/O MVP Card \$3.79 EA



REST OF WEEK \$2/57 MVP

8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
(MVP)

2.99
EA

Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA



MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSale!
MVP
~~9.99~~
5.99
EA

W/O MVP Card Regular Retail.

REST OF WEEK \$7.99 EA MVP

PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

HOTSALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail



HOT SALE!
MVP

0.99
LB

MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**USDA
CHOICE**

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
Only
**BOGO
FREE**

WFO MVP Card Regular Retail
Single Item Half Price

The image shows a package of Smithfield Marinated Pork Loin Filet at the top. Below it, a cooked pork loin is served on a white platter with green beans and sliced pork chops. A yellow promotional sign is overlaid on the bottom left of the image.

HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
Only
1.69
LB

W/O MVP Card Regular Retail

A white plastic package of Food Lion Chicken Thighs, showing four thighs inside. The label on the package reads "FOOD LION Chicken Thighs" and "Small Pack". Below the package is a white plate filled with several cooked, golden-brown chicken thighs.

Smithfield
BACON
Hickory Smoked
NET WT 12-16 OZ

12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail



Smithfield
Anytime
SELECTED
HONEY CURED
BONELESS HAM
8 OZ. PKG.

8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!
MVP
7.99
EA

W/O MVP Card Regular Retail



6 Oz. Pkg. - Select Varieties

JOHN SOULES CHICKEN



Curly's Pulled Pork packaging. The package is blue and white with a large image of the pulled pork. Text on the package includes "Curly's", "PULLED PORK", "PORK CHINESE", "16 OZ. (454g)", and "NET WT. 16 OZ. (454g)".

SEAFOOD



HOT SALE!
MVP
9.99
EA

16 Oz. - Fresh
**SALMON
FILLET**

W/O MVP Card Regular Retail

HOTSALE!
 MVP
10.99
 EA
 W/O MVP Card Regular Retail

40 Oz. Pkg.
 Frozen
FOOD LION
SWAI

HOTSale!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



Chick'n & Sea
RESPONSIBLY RAISED SHRIMP
UNCOOKED
1lb
No Antibiotics Ever

HOT SALE!
MVP
5.99
EA

W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
CHICKEN OF THE SEA
RAW SHRIMP



Responsibly Raised
Chicken of the Sea
RESPONSIBLY RAISED
SHRIMP
COOKED

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN
OF THE SEA
COOKED
SHRIMP**

HOTSALE!
MVP
7.99
EA

W/O MVP Card Regular Retail

Save on
holiday bites
everyone loves!

FOOD LION
Cylion Smokies
smoked sausage
12-14 oz. pkg.

Maple Glaze • **100% Pork**
Cylion Smokies are made with 100% pork and are fully cooked. They are a delicious and convenient way to enjoy smokies. They are perfect for parties, picnics, and family gatherings. They are also a great addition to your holiday menu. They are easy to cook and serve, and they are sure to be a hit with everyone. They are a delicious and convenient way to enjoy smokies. They are perfect for parties, picnics, and family gatherings. They are also a great addition to your holiday menu. They are easy to cook and serve, and they are sure to be a hit with everyone.

NET WT. 12.5 OZ.

HOTSALE!
MVP
3.48
EA

12-14 Oz. Pkg.,
Select Varieties

FOOD LION
CYLION SMOKIES

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS
Made with beef, pork and chicken
ITALIAN STYLE

NEW! HOT

NEW! OVEN-BAKED

ROSINARECIPES.COM

NET WT. 24.5 OZ (1 LB 8.5 OZ) 707g

Rosina

MEATBALLS
ITALIAN STYLE

52 1/2

HOT SALE! **6⁴⁹**
EA
W/O MVP Card Regular Retail
MVP **-1⁰⁰**
Coupon OFF
5⁴⁹
EA
MVP W/ MFR. DISCOUNT SAVINGS

DELlclious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays easy

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



**LARGE GARDEN
VEGETABLE
PLATTER**



**SIGNATURE
SANDWICH PLATTER**



**LARGE MINI
SANDWICH PLATTER**



CHICKEN TENDER TRAY



CHICKEN WING TRAY



Place your order at the deli counter or scan the QR code to order online.



Bring joy to a family's table when you buy a holiday box



FOOD LION FEEDS

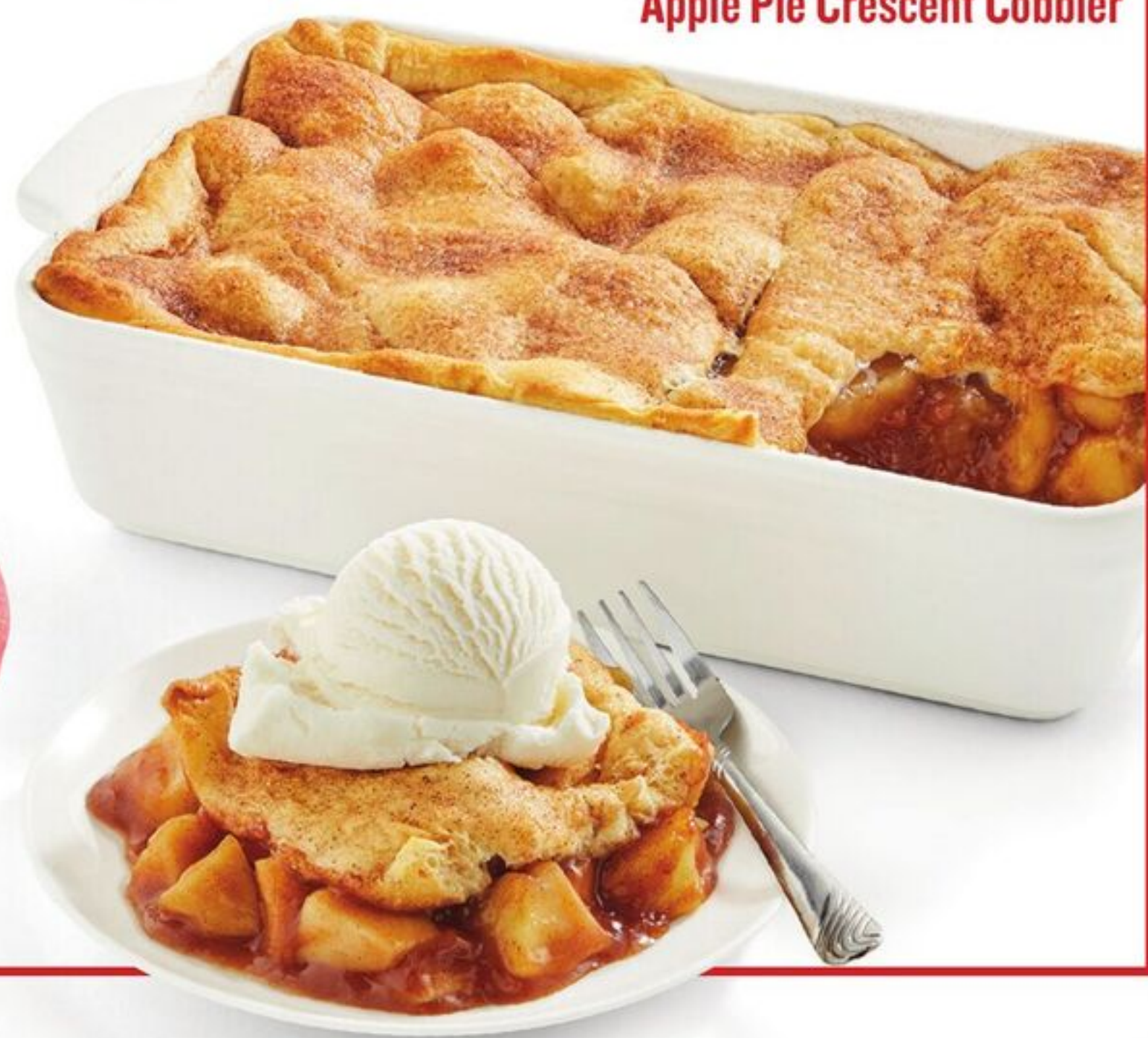
November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW ✓ EVERY DAY



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack - 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.



Sharp Cheddar
Cheese Snack Bars



FOOD MILLION
Colby Jack Cheese



Land O'Lakes
MARGARINE



Land O'Lakes
BUTTER

46 Oz. Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES





100 GOOD!
YOGURT



OUI
YOGURT

HOTSALE!
MVP

2/\$5

W/O MVP Card Regular Retail

6.4-7.5 Oz. Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP

2/\$5

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
Select Varieties
LAND O LAKES
BUTTER OR
MARGARINE

HOTSALE!
MVP

2/\$5

W/O MVP Card \$2.99 EA

4-5.3 Oz. Select Varieties
YOPLAIT OUI
OR **100 GOOD**
YOGURT

HOTSALE!
MVP

4/\$5

W/O MVP Card \$1.69 EA



YocRUN!
SMOOTHIES



Danimals
SMOOTHIES

16 Oz. Select Varieties
KRAFT
SINGLES





FOOD MILLION
Cream Cheese Bar

HOTSALE!
MVP

2/\$3

W/O MVP Card \$1.69 EA

8 Oz. Bar Select Varieties
FOOD LION
CREAM CHEESE



HOTSALE!
MVP

2/\$3

W/O MVP Card \$1.69 EA

4-6 Pack Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUN
YOGURT

HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

24 Count Select Varieties
Singles
AMERICAN



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

8 Oz. Bar Select Varieties
FOOD LION
CREAM CHEESE



HOTSALE!
MVP

2/\$3

W/O MVP Card \$1.69 EA

48-64 Oz. Select Varieties
Silk
PLANT MILK



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$4.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

MVP
Coupon **-50¢ OFF!**

3.49
EA



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10-7.12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA



9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA



17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCETTA
PIZZA

HOT SALE! **5.99**
EA

W/O MVP Card \$8.99 EA

MVP **Coupon** **-1.00** OFF!

4.99
EA

MVP **W/ MVP DISCOUNT SAVINGS**
LIMIT 1



10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE

MVP **PRICED LOW**
EVERY DAY ✓

2.99
EA

W/O MVP Card \$3.68 EA



7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA



35-42 Oz. - Select Varieties
BIRDS EYE
VOILA OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA



28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOT SALE! **7.99**
EA

W/O MVP Card \$12.99 EA

MVP **Coupon** **-1.00** OFF!

6.99
EA

MVP **W/ MVP DISCOUNT SAVINGS**
LIMIT 1

BREAKFAST

32 Oz. JIM DANDY QUICK GRITS HOTSALE! MVP 1⁹⁹ EA W/O MVP Card \$2.29 EA 	12-14 Oz. Select Varieties GENERAL MILLS CHEX CEREAL HOTSALE! MVP 2/\$6 W/O MVP Card \$4.99 EA 	7-27 Oz. Select Varieties DAVE'S KILLER ORGANIC BREAD OR SNACK BARS HOTSALE! MVP 4⁹⁹ EA W/O MVP Card Regular Retail 	10-12 Ct. K-Ups or 11-12 Oz. Bags Select Varieties EIGHT O'CLOCK COFFEE HOTSALE! MVP 5⁹⁹ EA W/O MVP Card Regular Retail 
42 Oz. Old Fashioned or Quick FOOD LION OATS PRICED LOW EVERY DAY 4²⁹ EA 	24-32 Oz. Select Varieties PEARL MILLING COMPANY PANCAKE MIX OR SYRUP HOTSALE! MVP 2/\$6 W/O MVP Card Regular Retail 	22.6-59.9 Oz. Can Select Varieties FOLGERS COFFEE HOTSALE! MVP 11⁹⁹ EA W/O MVP Card Regular Retail 	36 Ct. Single Serve Cups Select Varieties FOOD LION COFFEE HOTSALE! MVP 12⁷⁹ EA W/O MVP Card Regular Retail 

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct. Select Varieties

NATROL
MELATONIN

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

- Quickly dissolves
- No drowsiness
- No blood pressure, heart rate, or breathing changes

30 TABLETS • 100% NATURAL SLEEP AID

6-8 Oz. Select Varieties

NOT YOUR MOTHER'S CURL TALK OR DRY SHAMPOO

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR MOTHER'S
CLEAN FREAK
DRY SHAMPOO
with essential oils

NOT YOUR MOTHER'S
CURL TALK
CREAM

12 Oz. Select Varieties

CERA
FACE
CLEANSER
OR LOTION

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



Cera
Daily Moisturizing
lotion

Cera
Facial
cleanser

For dry to normal skin

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

- BABY

4 Oz. Select Varieties
PLUM ORGANICS MIGHTY & BLEND POUCHES

HOTSALE!
\$2.19 EA
2/\$3
W/O MVP Card \$1.79 EA



1.85 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS

HOTSALE!
\$3.29 EA
W/O MVP Card \$3.69 EA



156-216 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE!
\$6.99 EA
W/O MVP Card \$7.89 EA



64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

PRICED LOW EVERY DAY!
\$2.59 EA



- PET

HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**

HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**

HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**

**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA

VALUE PACK

Blistex
A Professional Brand

**MEDICATED
LIP BALM**

3 balm
**VALUE
PACK**

Smooth, Easy-Gliding
Protection

Seals in Moisture
to Soothe & Treat Dry Lips

1.5 oz. (42.5 g)
Net Wt. 4.5 oz. (127 g)

Blistex
Blistex
Blistex

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA

MVP Coupon -500 OFF 2

2/\$9
W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN
UNSTOPPABLES

15.99 EA

MVP Coupon -400 OFF 1

11.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
TIDE

PRICED LOW EVERY DAY! 19.99 EA
W/ MVP Card \$24.99 EA

MVP Coupon -500 OFF 1

14.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9⁹⁹_{EA}

SUGAR PLUM
BOUQUET



HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:

Tabor City

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNWN 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



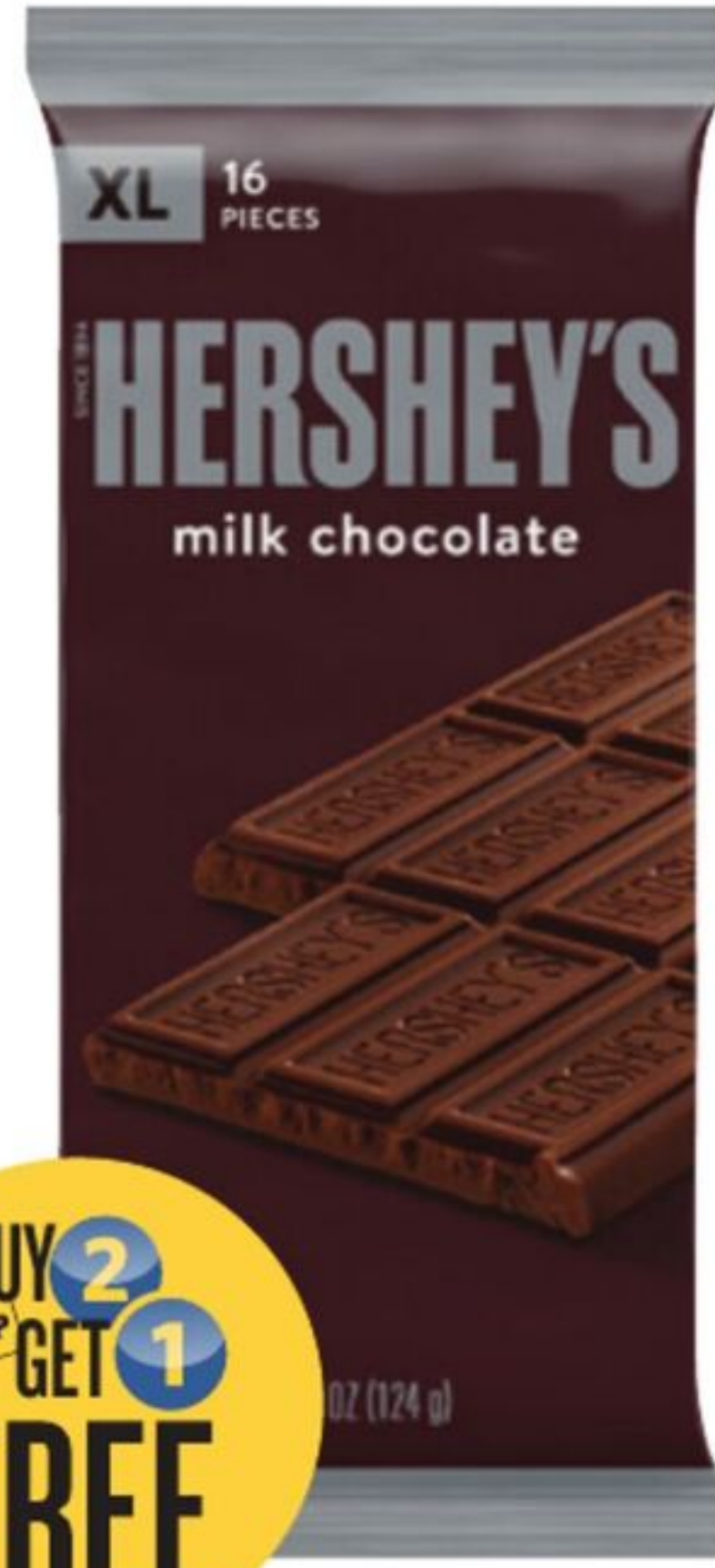
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

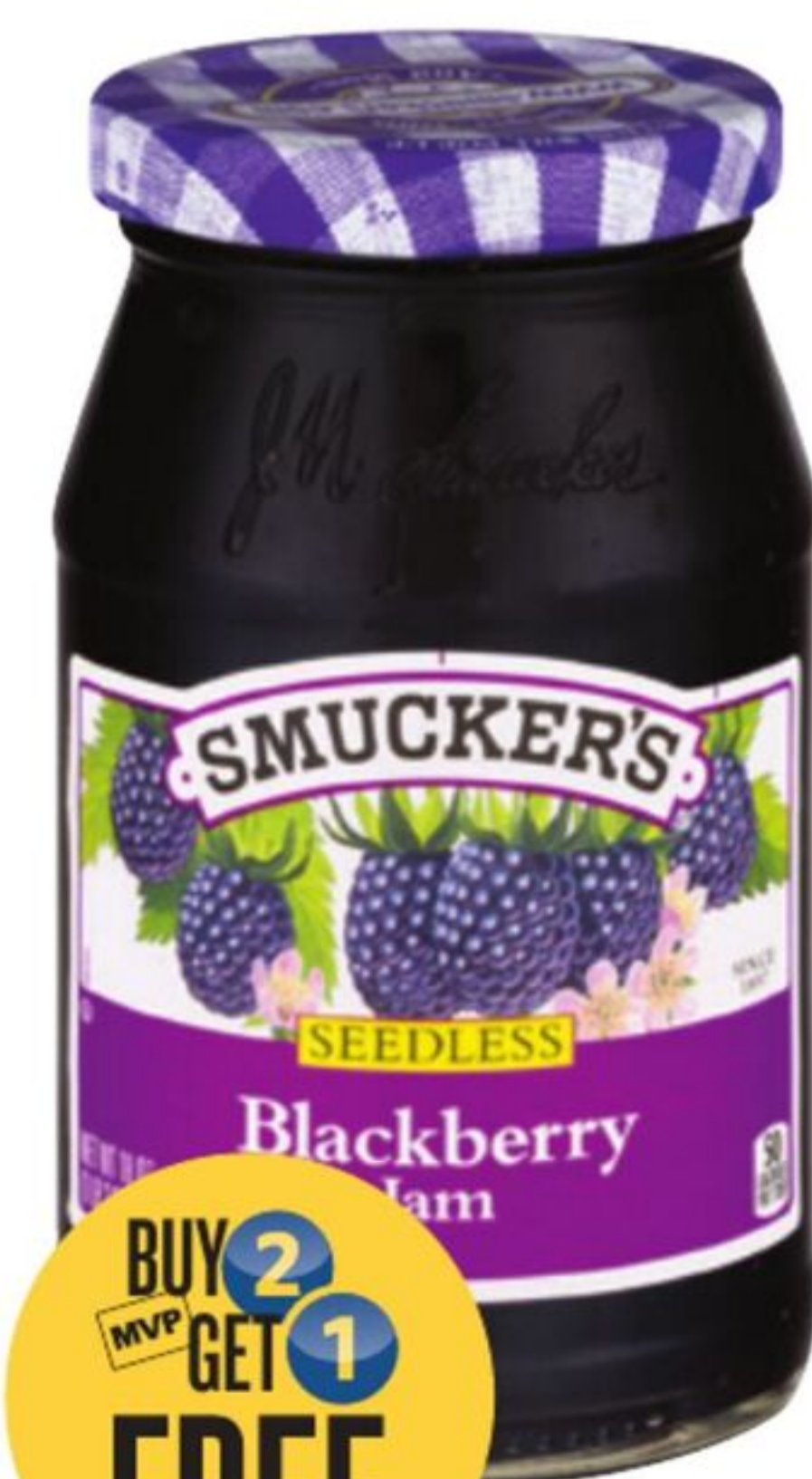
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!