## Harvest



## Market



Locally & Family Owned



### TONNINO SALMON Selected Varieties.

6.3 oz. Jar



Ocean's Halo Ramen Broth Selected Varieties. 32 oz. Carton \$4.79



Ocean's Halo Ramen Selected Varieties. 8.4 oz. Package \$3.49



## SMOKY SALMON RAMEN BOWL



#### INGREDIENTS

- 1/4 cup olive oil
- 1 tablespoon smoked paprika
- 1 teaspoon chili flakes
- · 8 ounces ramen noodles
- 4 cups low-sodium vegetable broth
- · 4 cloves garlic, minced

2 tablespoons soy sauce

- 1 tablespoon rice vinegar
- 1 teaspoon sesame oil
- 1 (6.7 oz.) jar Silver Salmon Fillets with Rosemary in Smoked Olive Oil, drained
- · 2 large soft boiled eggs, halved
- · 2 baby bok choy, halved and steamed
- · Chopped fresh green onions, optional, for garnish

### **DIRECTIONS**

- 1. Heat olive oil in saucepan over low heat. Add paprika and chili flakes and cook, stirring constantly, until fragrant, about 1-2 minutes. Remove from heat and let cool completely.
- 2. Meanwhile, bring large pot of salted water to a boil. Add ramen noodles and cook according to package directions, until al dente. Drain noodles and rinse under cold water to stop cooking. Set aside.

4. Divide noodles and broth among serving bowls. Top each bowl with salmon fillets, eggs and bok choy. Drizzle bowls with smoked chili oil. Garnish with green onions and serve.

3. Heat broth in large pot over medium heat. Add garlic, soy sauce, vinegar and sesame oil and bring mixture to a gentle boil. Simmer 5-7 minutes to let flavors meld.

# Savings on ramen ingredients, sea inspired appetizers and more!



**Ube Mochi** 6 Count Package

\$4.49



Sardines, Kippers or Herring Selected Varieties. 6.7 oz. Tin \$3.99



**Bar Harbor Soup** 

Selected Varieties.

15 oz. Can

\$4.29



**Bela Sardines** In Olive Oil Selected Varieties. 4.25 oz. Tin

\$2.79



**Orca Bay Alaskan Cod Fillets** 10 oz. Package

\$4.99



BOULART DEMI BAGUETTES \$2.19-\$2.29 6.2-7.1 oz. Loaf. Original or Olive. Great with soup or for sandwiches!



**ALL SEAFOOD** From oysters to crab legs, these sturdy seafood tools help you

Lean, mild, and beautifully flaky, mahi mahi fillets are perfect for grilling, sautéing, or baking for a fresh, flavorful meal.





Selected Varieties. 1 oz. Jar. In our Specialty Cheese Department!

Assorted





DECEMBER 2025 + AD STARTS TUESDAY TUES WED THU FRI SAT SUN MON TUES

Eight Days of Savings at Harvest Market Every Week! \*Not All items available at Harvest at Mendosa's

HARVEST AT MENDOSA'S

10501 Lansing Street, Mendocino • (707) 937-5879

### HARVEST MARKET

171 Boatyard Drive, Fort Bragg • (707) 964-7000

## Mew in our bakery! MCTAVISH

## SHORTBREAD COOKIES

Selected Varieties. 7 oz. Package. "Based in Portland, Oregon for more than 30 years, McTavish Shortbread is an independent craft bakery that prides itself on creating Portland's very own spin on shortbread. We use hand-selected, all-natural ingredients, which are locally sourced when possible, including fresh local creamery butter, pure cane sugar, Madagascar vanilla, and an array of premium ingredients."







\$14.99 ць.

JUICY, RICH & TENDER

Tri Typ

Found in our Best of Harvest Case.

alternative to traditional roasts.

Make holiday meals memorable with

a perfectly roasted Tri Tip. Juicy, full of

flavor, and easy to carve, it's a delicious



\$8.99 Lb.

**Gold Rush** 

Mild Cheddar Add it to your charcuterie boards as an appetizer! \$4.99 ць.

FULL SERVICE

-Deli-



Sandwich of the Week! Peppered Salame & Jack Cheese Sandwich

\$8.99 Ea.

Spinach Salad Found in our Grab & Go. Vibrant, leafy goodness! \$7.99 Ea.







### OATMEAL SHORTBREAD

Scratch baked in-house! Great with tea or coffee. 6 oz. Package.



La Brea Rosemary Olive Oil Loaf Sliced by request! 14.5 oz. Loaf. \$5.99 Ea.

Classic **Lemon Bars** A customer favorite! \$2.99 Ea.



Panaji Mini Naan Perfect for snacking! Selected Varieties, 17.6 oz.

\$5.49 Ea.





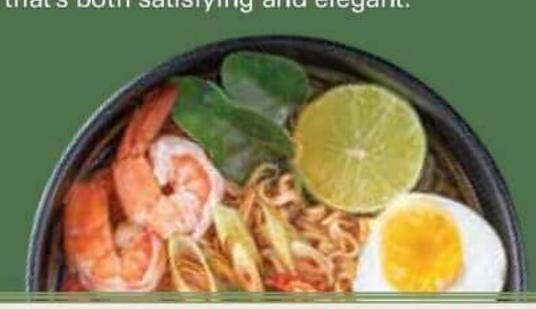
Market



### Kitchen Notes from Will White

Crafting the perfect bowl of ramen starts with a rich, aromatic broth-slow-simmered to develop layers of savory depth-paired with springy noodles that hold just the right amount of bite. Once the base is ready, seafood adds a luxurious touch: tender shrimp, sweet scallops, or a fresh fillet bring brightness and complexity to

every slurp. A drizzle of soy or sesame, a handful of fresh greens, and a soft-boiled egg tie everything together, creating a warm, comforting bowl that's both satisfying and elegant.



OUR GROCERY
-Specials-



Clover Sonoma Eggnog Half Gallon Carton



Assorted. 6 oz....... 4.29 **Chex Mix Snacks** 

Selected Varieties. 7.5-8.6 oz. Package

**7**99



Pillsbury Pie Crusts 2 Count ...... 3.29

Pillsbury **Cookie Dough** Selected Varieties. 16-16.5 oz. Package

**3**69



**General Mills** Cereal

Selected Varieties. 8.9-14 oz. Package



**Coffee Mate Natural Bliss or** Starbucks Creamer

Selected Varieties. 28-32 oz. Bottle

**5**<sup>39</sup>



Totino's Pizza Rolls Assorted. 50 Count... 4.99

Totino's Pizza Rolls Selected Varieties.

15 Count Package



Kellogg's **Eggo Waffles** Selected Varieties. 10-40 Count Package

#### Market Find out more & shop online at www.harvestmarket.com Harvest



**Hot Pockets** Sandwiches Selected Varieties. 4 Count Package

**4**99



Nalley Chili with Beans Selected Varieties. 14-15 oz. Can



**V8 Fusion** Juice Blend Selected Varieties. 46 oz. Bottle

399 +crv



Assorted. 28-45 Ct ... 10.29

Hefty Storage Bags Selected Varieties. 10-40 Count Package



Dawn Dish Soap Selected Varieties. 18 oz. Bottle

**3**79



**Tidy Cats Cat Litter** Selected Varieties. 20 Lb. Package

 $6^{69}$ 



**Best Yet** White Vinegar 128 oz. Jug **3**99



**Best Yet** Beans Selected Varieties. 15.5 oz. Can 99¢



Selected Varieties. 24-48 Count Package



**Banquet Meal** Selected Varieties. 7.4-11.88 oz. Package



Yoghurt Selected Varieties. 32 oz. Tub



**Against The Grain** Pizza Bites Selected Varieties.



**Barney Butter Peanut Butter** Selected Varieties. 16 oz. Jar

**Bigelow Tea** Selected Varieties.

18-20 Count Package 279 7/19

6 oz. Package **3**69 **7**39 **112**9 229

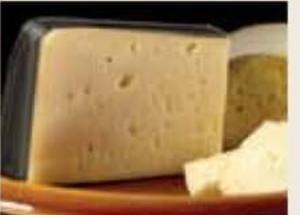
BEVERAGE

-Specials-





Greek Taramosalata 8 oz. Package \$8.39 Ea.



**Black Knight** Tilsit Sold by the pound. \$11.29 ць.



**Point Reyes** TomaRashi 6 oz. Package \$7.99 Ea.



Laura Chenel Fresh Goat Log 8 oz. Package \$9.69 Ea.



**Rustic Bakery Black & White** Sesame Flatbread 4 oz. Package

\$4.49 Ea.

### **KALPELA** MERLOT

750 ml. Bottle. "Aromas and flavors of cherries, candied berries, chocolate, and baking spices grace this Merlot. This wine has rich but soft tannins and is balanced by supple acidity. This classic Merlot comes from one of the oldest vineyards in Mendocino County."







Blanc \$7.49+crv

750 ml. Bottle.

Lalo Blanco Tequila \$40.99+00 750 ml. Bottle .....

Tullamore D.E.W. Whiskey 750 ml. Bottle..... \$24.99+crv

IIN SOAVE

APKARE.

**OVO Vodka** \$21.99+crv

750 ml. Bottle..... **Pendleton Whisky** \$23.99+07 750 ml. Bottle .....



**North Coast Acme Beer** \$10.99+crv 6/12 oz. Cans



Shock Top Beer \$9.29+crv 6/12 oz. Cans or Bottles



6/12 oz. Cans

Pickle Beer \$11.99+crv



Pilsner Urquell Lager \$9.49+crv 6/12 oz. Bottles



**Earth Harbor** Skincare Selected Varieties. **20%** 



Humble Deodorant Selected Varieties. 20%



Snuggs Dog + Cat Cozy **Hooded Wrap** With Pockets! 2499



HEALTH AND.



**Bob's Red Mill** Pancake & Waffle Mix Selected Varieties.

24 oz. Package

**2**<sup>99</sup>-**4**<sup>29</sup>



Dressing Selected Varieties.

10-12 oz. Bottle **2**<sup>79</sup>-**3**<sup>49</sup>



**Bubbies** Mochi Selected Varieties.

6 Count Package **4**49



Cappello's Ravioli

Selected Varieties. 9.9 oz. Package



Assorted. 14 oz...... 4.49 Carbone **Pasta Sauce** 

Selected Varieties.

24 oz. Jar **6**<sup>79</sup>



Chocxo **Chocolate Cups** 

Selected Varieties. 3.45 oz. Package

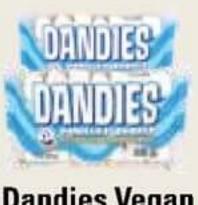


Olive Oil 375 ml. Bottle 999



Cocojune Yogurt Selected Varieties.

4 oz. Cup **2** \$4



**Dandies Vegan** Marshmallows Selected Varieties.

10 oz. Package **3**49



**EPIC Cooking Fats** Selected Varieties. 11 oz. Jar

**7**99



**Foodies Pumfu** Selected Varieties. 8 oz. Package



Gardein **Meatless Entree** Selected Varieties.

8-15 oz. Package



The Ginger People **Peanut or Sweet** Chili Sauce

12.7 oz. Bottle



**Hummus** Selected Varieties. 10 oz. Tub

Market At Harvest Market, the difference is our selection.



**Kettle Brand Potato Chips** Selected Varieties. 13 oz. Package

429



Selected Varieties. 4-4.25 oz. Package

**2**99**-3**79



**Everyday Dal** or Chana Selected Varieties. 10 oz. Pouch

329



Milton's Pizza Selected Varieties. 10-11 oz. Package



**Barista Oat Milk** Selected Varieties. 32 oz. Carton

**3**29



**Sour Cream** Selected Varieties. 8-16 oz. Tub

Nancy's

**2**<sup>29</sup>-3<sup>99</sup>



0.14 oz. Package

Selected Varieties.



**Melts or Puffs** Selected Varieties. 1-1.5 oz. Package 299 279 Z33-3/3



**Cold Brew Coffee** Selected Varieties. 7 oz. Can 729



8-16.9 oz. Bottle 799 1799 /<sup>33</sup>-13<sup>33</sup>



Selected Varieties. 5 Count Package ¢7



Strong Roots **Hash Browns** Selected Varieties. 13.22-13.3 oz. Package

**4**79



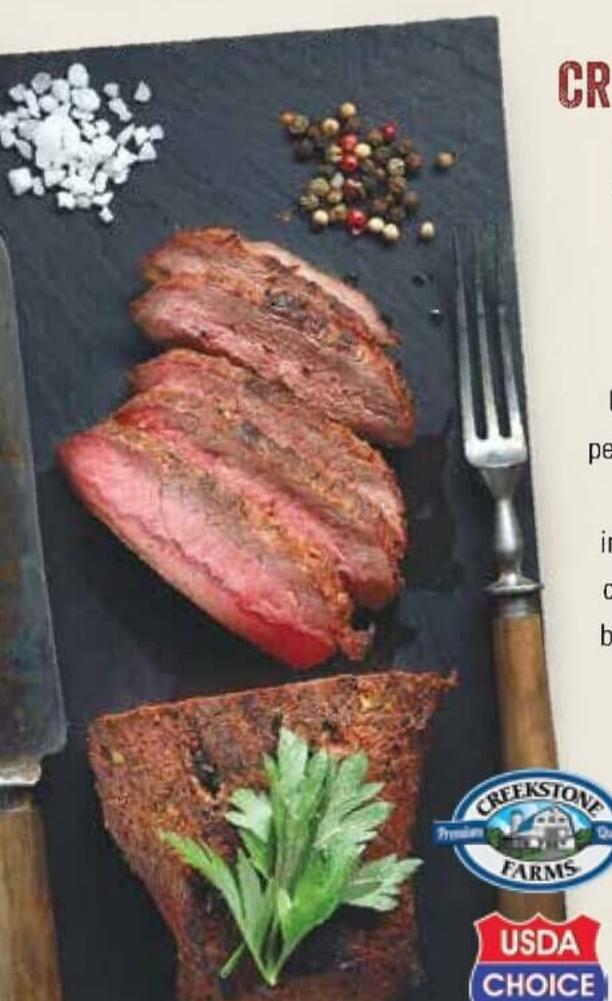
caboo

caboo

**Caboo Tree Free Bath Tissue** 9 Count Package







## **CREEKSTONE FARMS** LONDON BROIL

USDA Choice. Lean, flavorful, and perfect for marinating, London Broil is a classic cut that transforms into a tender, delicious meal when cooked hot and sliced thin. Grill it, broil it, or sear it in a cast iron pan to bring out its bold beef flavor.

LB.



### Classic Meatloaf

Hearty, tender, and packed with homestyle flavor, our meatloaf is a comforting classic perfect for an easy, satisfying meal.



Chopped Clams Perfect for clam chowder!



Mussels Serve in a butter lemon sauce!



**Medium Prawns** Spruce up your seafood dishes!

**799** 











**Boneless Country** Style Pork Ribs Enjoy with roasted veggies!



Sausage

Full of savory flavor. Great for pasta dinners!

Creekstone Farms **Stew Meat** USDA Choice. Tender & juicy!



**Creekstone Farms Cross Rib Roast** USDA Choice. Perfect for dinner!



Stella Grated or **Shaved Parmesan Cheese \$4.29** 5 oz. Tub



Hempler's Uncured Applewood Bacon \$7.49 10 oz. Package

**Ground Beef** 

Great for meatballs or bolognese!



FRESH PRODUCE
-Specials-

Galbani Mozzarella Loaf \$11.99 32 oz. Package



**Naturally Good Kosher Sliced Cheese \$6.99** Assorted. 8 oz. Package



**Plumrose** Sliced Lunch Meat \$4.89 Assorted. 8 oz. Package

The best...naturally! Experience the difference.



Halo **Tangerines** 



Broccoli Crowns Great steamed or sautéed!

**2**29



Cara Cara Oranges Bursting with sweet citrus flavor!

119 Lb.

**FRESH CREAMY** AVOCADOS

Naturally creamy and full of fresh, buttery flavor, our avocados are perfect for slicing, mashing, or blending!





Fresh **Mini Carrots** Sold in a 1 Lb. Bag.



Slicer **Tomatoes** Juicy and full of garden fresh flavor!



Organic **Navel Oranges** Sold in a 4 Lb. Bag.



Organic Grapefruit Naturally bright and refreshing!



Organic Lemons Add a tart zing to your dishes!

2 \$1



Organic **Asparagus** Sautée with butter and herbs.





Organic Bunched Nantes Carrots Delight in the earthy sweet flavor!



Organic Japanese Sweet Potatoes A tasty holiday classic!

HARVEST MARKET

171 Boatyard Drive, Fort Bragg • (707) 964-7000 Open 7 Days a Week: 6 a.m. to 10 p.m.





10501 Lansing Street, Mendocino • (707) 937-5879 Open 7 Days a Week: 7:00 a.m. to 10 p.m.

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