



Dawson Creek Easy Carve Ham

11.00/kg

\$4⁹⁹/lb

O come, all ye hungry

Get ready for tender, juicy ham that's big on flavour and easy to serve. Our easy carve ham is fully cooked, perfectly seasoned and ready to shine at your Christmas table. It's a festive favourite that brings warmth and joy to every bite.



Strawberries

USA or Mexico, 16 oz

\$6⁹⁹/lb



Green Seedless Grapes

USA, 8.80/kg

\$3⁹⁹/lb



Blueberries

Peru, 1 Pint

\$5⁹⁹/lb



Bakery Platters



Marinated Chicken Breast

Fresh, Raised without Antibiotics,
Selected Varieties, 22.02/kg

\$9⁹⁹/lb



Pumpkin Pie Tartlet

4 Inch

\$4⁹⁹

Entertaining made easy. Celebrate with festive holiday favourites.

Prices effective Thursday to Wednesday, December 11 to 17, 2025. We reserve the right to limit quantities. Plus deposit, recycling fee where applicable. Subject to availability. Photos are for illustrative purposes only.

Wk50

PRODUCE

FRESH FRESH FRESH

Cauliflower
USA
\$4⁹⁹



\$3⁴⁹
Pomegranate
USA

Carrots
USA, 3 lbs **\$2⁹⁹**



Russet Potatoes
BC, 5 lbs
\$3⁹⁹



Earthbound Farm Organic Salad
USA, Selected Varieties,
284g
\$5⁹⁹



Fresh Herbs
Canada, 20g **2 for \$4**



FLORAL

Poinsettia Garden
Assorted Colours,
6 Inch
\$34⁹⁹



Oriental Lily Bouquet
with Ilex
\$24⁹⁹

Spruce in Ceramic Tree Box
4 Inch
\$14⁹⁹



BAKERY



Silver Hills Bread
Selected Varieties, 600g
\$5⁴⁹

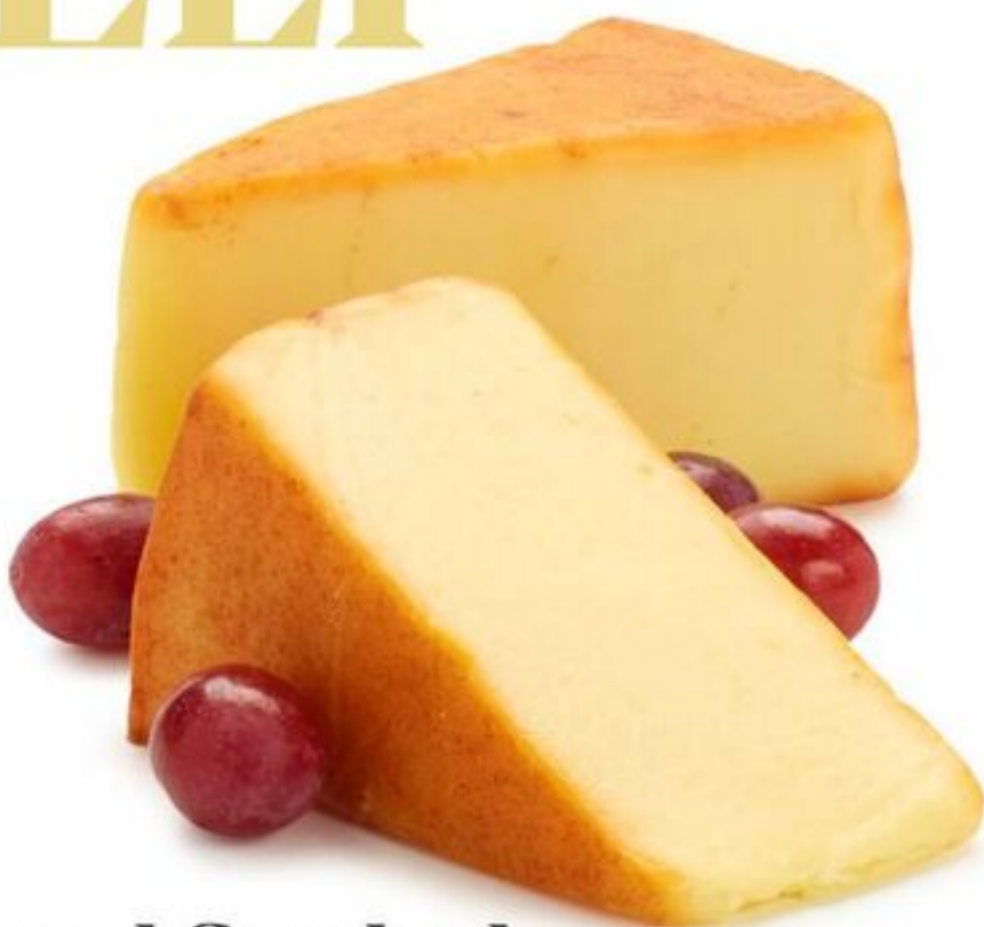


Croissants
Baked in Store,
Pack of 4
\$3⁹⁹



Dessert Bars
Selected Varieties, Pack of 8
\$8⁴⁹

DELI



Redwood Smoked Cheddar Cheese
Cut & Wrapped in Store,
England
\$4⁷⁹ /100g



Graze Box
Made in Store, 400g
\$16⁹⁹



San Daniele Prosciutto **\$3⁹⁹** /100g

MEATS



Chef's Reserve Rib Eye Steak
66.12/kg
\$29⁹⁹ /lb



Signature Pork Tenderloin
Fresh, Premium Natural,
15.41/kg
\$6⁹⁹ /lb



Western Family Raw White Prawns
31 to 40 Count, Peeled & Deveined, Frozen, 340g
\$11⁹⁹



A taste of Modena

Terra del Tuono's balsamic sphere
blends tradition and innovation.
Grated flavour crafted with patience,
heritage and sustainability offers a
refined culinary experience rooted
in Modena's timeless craftsmanship
and natural rhythm.



new
**Urban Fare Balsamic
Vinegar Sphere** \$19⁹⁹
75g



Siggi's Yogurt
Selected Varieties,
750g
\$6⁹⁹



**Starbucks Cold
Brew Coffee**
(1.18 Litres) or
Coffee Cream
Substitutes (828 mL),
Selected Varieties
\$7⁹⁹



**Urban Fare
by Nicli Pizza**
Selected Varieties,
10 Inch
\$11⁹⁹



**Only Goodness
Organic
Vegetables**
Also Western Family,
Selected Varieties,
Frozen, 500g
\$3⁴⁹



**Silk Dairy-Free
Beverage**
Selected Varieties,
1.75 Litres or 1.89 Litres
\$4⁹⁹



Armstrong Cheese
Block (600g) or Sliced
(500g), Selected Varieties
\$11⁹⁹

FROZEN



Western Family Appetizer \$9⁹⁹
Selected Varieties, 216g



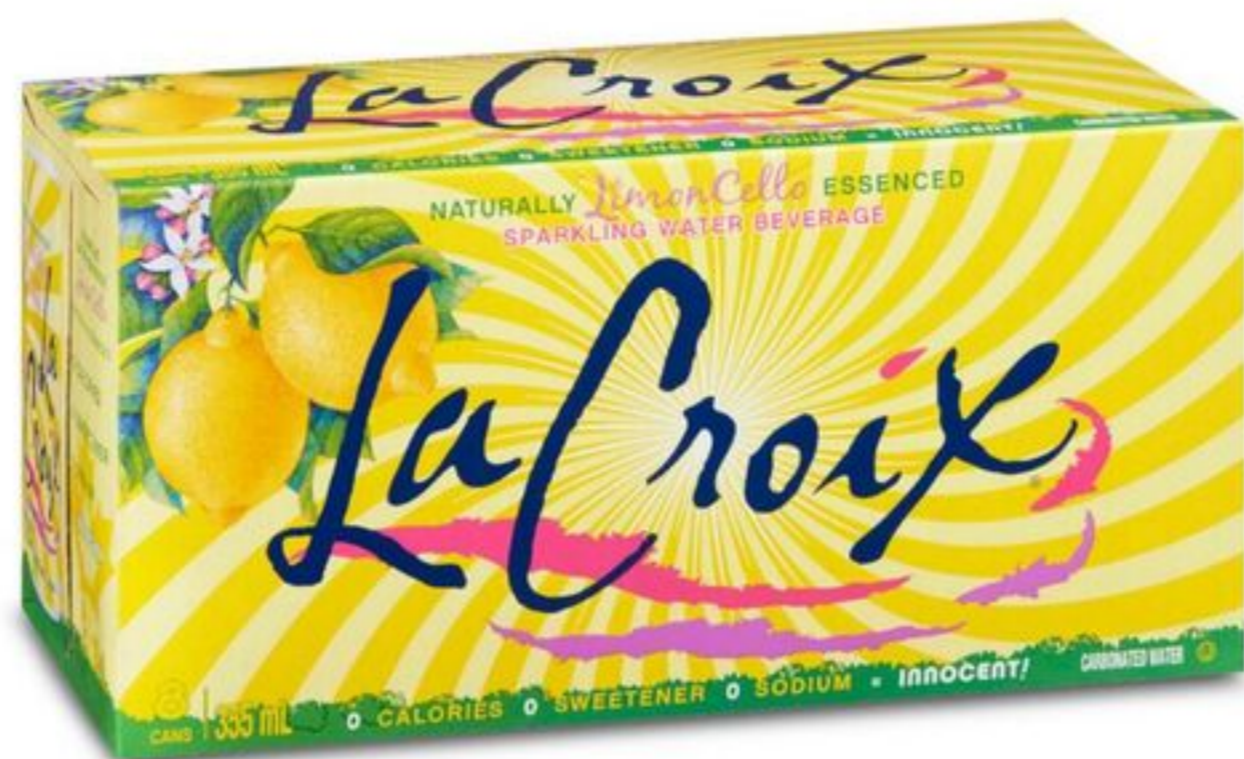
**Ben & Jerry's
Ice Cream**
(473 mL), Also
Magnum Bars
(3 x 90 mL),
Selected Varieties
\$6⁴⁹

URBAN MARKET



**Montellier
Sparkling
Water**
Selected Varieties,
1 Litre

2 for \$3



LaCroix Sparkling Water \$5⁹⁹
Selected Varieties, 8 x 355 mL



**Singers
Caesar Mix**
(1 Litre), Also Fever
Tree (750 mL),
Selected Varieties

\$8⁹⁹



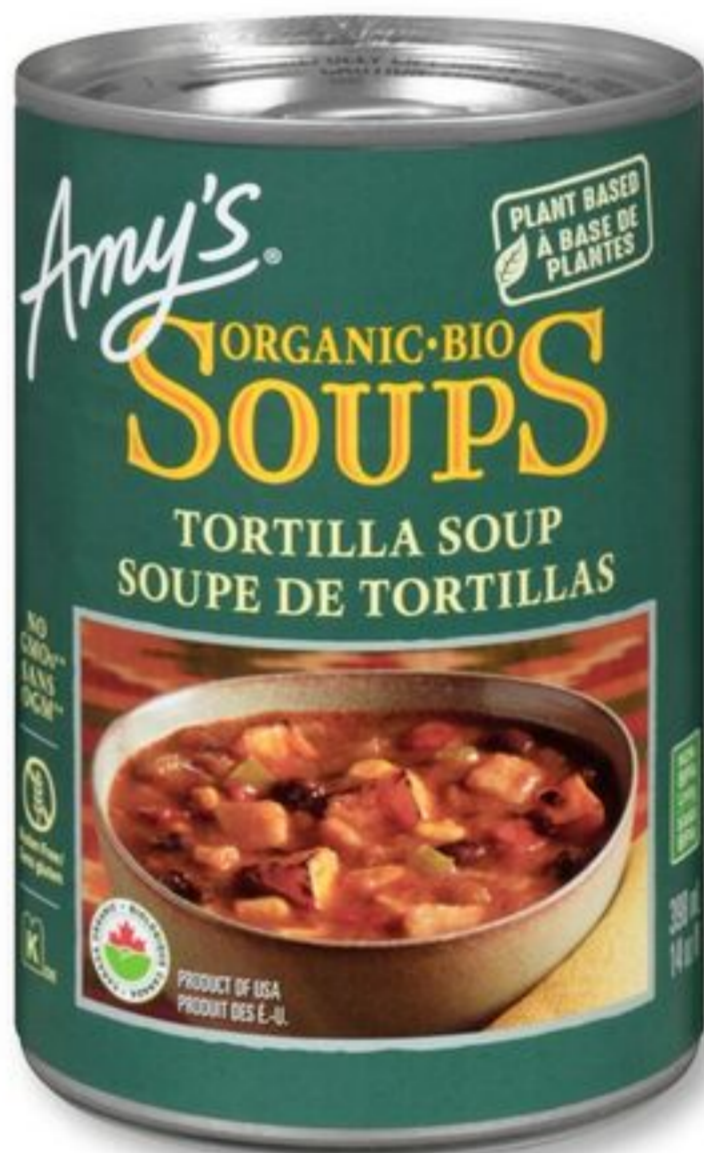
**Kettle &
Fire Broth**
Selected Varieties,
454 mL

\$7⁹⁹



**Simply
Organic
Spices**
Selected Varieties,
65g

25% off



**Amy's
Organic Soups**
or Chilli, Selected
Varieties, 398 mL

\$3⁹⁹



**Favuzzi
Focaccia Sticks**
Selected Varieties,
100g

\$6⁹⁹



**The Bog
Cranberry
Products**

\$7⁴⁹



**Favuzzi Bella
Di Olives**
Selected Varieties,
280g

\$9⁹⁹

URBAN MARKET



**Angie's
Boom Chicka
Pop Popcorn**
(128g) or Puffs (136g),
Selected Varieties

\$4⁹⁹



Coca-Cola Soft Drinks
Selected Varieties,
6 x 222 mL Mini Cans

\$4⁹⁹



**Hardbite
Potato Chips**
Selected Varieties,
128g

2 for \$7



**Starbucks
Premium
Coffee**
Selected Varieties,
283g or 8-Pack

\$10⁹⁹



**Earth's Own
Oat Barista**
946 mL

\$4⁹⁹



**Hippie
Snacks
Granola**
(227g) or
Crunchers (110g),
Selected Varieties

\$5⁹⁹



**Christie
Triscuit**
(200g) or Wheat
Thins (185g),
Selected Varieties

\$3⁹⁹



**Yes! Dressing
& Dip**
Selected Varieties,
350 mL

\$8⁴⁹



**Western
Family
Bathroom
Tissue**
12=24 Rolls

\$8⁴⁹



Gouda times!

Warm up your winter season with mac and cheese to the next level. The rich smoky flavour of Gouda. It is the perfect treat for yourself or a way to impress your friends with an indulgent quick meal. This is comfort food elevated with a gourmet twist.



Gouda Cheese
Medium or Mild

\$3⁶⁹ /100g



**Grana Padano
Parmesan Cheese** **\$5⁹⁹** /100g



Swiss Gruyère Cheese
Cut & Wrapped in Store,
Switzerland **\$7⁶⁹** /100g



Cambozola Cheese
Germany **\$5⁹⁹** /100g



**Double Crème
Brie Cheese**
Canada **\$3⁹⁹** /100g

Feature Fare

Bright, juicy and bursting with citrusy sweetness, these mandarin oranges bring a pop of sunshine to your Christmas kitchen. Toss them into festive salads, spoon them over creamy yogurt or serve them chilled with dessert for a fresh and flavourful finish that adds a little sparkle to the season.

Mandarin Oranges

China, 4 lbs

\$6⁹⁹



Mandarin Oranges
China, 5.49/kg

\$2⁴⁹/lb



Halos Mandarins
USA, 907g

\$5⁹⁹



Organic Mandarin Oranges
China, 3 lbs

\$7⁹⁹

Effortless elegance

Elevate your Christmas parties and winter feasts with our delectable party platters, tailored for your festive occasion this season. Let us handle the catering details and you can focus on making memories with one less thing to worry about. We have an amazing array of catering options to choose from. Visit our website or order* in store.



**Urban Fare
Fruit Platter**



**Urban Fare
Pacific Rim
Platter**



**Urban Fare Antipasto
Skewer Platter**



Urban Fare Vegetable Platter
Made in Store



**Urban Fare Greek Salad
Skewer Platter**



Urban Fare Sushi Platter
Made in Store

*Platters are not available for immediate in-store purchase. Orders require a minimum of 24 hours' notice

The spirit of giving

For the spice aficionado, the chocolate lover or even that office party, we've got you covered. Share happiness with our beautifully crafted gift baskets, perfect for hosts, hostesses or anyone who deserves a little seasonal cheer. Made to bring smiles and warmth, they're a thoughtful way to celebrate. And if that does not quite fit, a festive poinsettia plant makes a perfect alternative.

Urban Fare Christmas Gift Basket

Small

\$100



Urban Fare Chocolate Lovers Basket

\$125



Urban Fare Poinsettia Pan

Seasonal Mix of Flowering & Tropical Plants, 7 Inch

\$14⁹⁹



Urban Fare Christmas Gift Basket
Large

\$300



Urban Fare Poinsettia
Selected Varieties, 6 Inch

\$11⁹⁹

Sleigh the holidays.

Create the perfect holiday dinner with a delicious, ready-prepped turkey meal, juicy roast beef or tender salmon. Urban Fare has everything you need to make a memorable meal.

Order at least 48 hrs. in advance to have your meal packed and ready to go—it's that easy!

Urban Fare Holiday Turkey Meal

\$24⁹

Serves
6 - 8

Chef's tip:

Don't forget to pick up a few sides so everyone can enjoy their faves without you having to do too much prep.