

HOLIDAY HOURS

OPEN CHRISTMAS EVE
7am–7pm

CLOSED CHRISTMAS DAY

SPROUTS®
FARMERS MARKET



THE **BEST**
HOSTING ESSENTIALS,
According to party pros.

SHOP NOW

THE **BEST**
HOLIDAY
MEATS & MEALS,

ACCORDING TO EVERY LAST BITE.

PRE ORDER



SPROUTS
FARMERS MARKET

THE **BEST** Holiday Mains

NO
ANTIBIOTICS.
EVER

\$4.49 /LB.

Limit 2 per customer
While supplies last

Sprouts Gourmet
Uncured Spiral Sliced Half Ham

ACCORDING TO YOUR
LACK OF LEFTOVERS!



Premium Angus
Presidential Cut Bone-In
Standing Beef Rib Roast

\$12.99 /LB.

Red Seedless Grapes
2lb. Clamshell or
POM Wonderful
Pomegranates

Add a
JUICY "POP"
of Festive
Flair!

BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Blackberries 5.6oz.,
Blueberries 11oz. or
Raspberries 6oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Sweet Potatoes 5lb. or
Russet or Gold Potatoes
8lb. Bag



\$7.99 /EA.
Everyday low price

Organic Halos
Seedless Mandarins or
Honeycrisp Apples
3lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Bob's Red Mill
Baking Essentials
Select varieties, 8-80 oz.



20% OFF
regular retail

Alden's
Organic Ice Cream
Select varieties,
48 fl. oz.



BUY ONE. GET ONE
FREE
of equal or lesser value

Vital Farms Organic
Pasture-Raised Eggs
Large, brown, grade A, doz.



\$8.99 /EA.

THE **BEST** Holiday Spread.

ACCORDING TO ALL THE TIME YOU SAVED!

NO
ANTIBIOTICS.
EVER



Sprouts
Uncured Spiral Sliced
Quarter Hams

No sugar added or with glaze

\$5.99 /LB.

Limit 2 per customer
While supplies last

NO
ANTIBIOTICS.
EVER



All-Natural
100% Grass-Fed
Rack of Lamb

No added hormones or steroids,
pasture-raised

\$18.99 /LB.

Sprouts All-Natural
Antibiotic Free
Whole Turkeys

No hormones
or steroids!



NO
ANTIBIOTICS.
EVER

\$2.49 /LB.

Limit 2 per customer
While supplies last

Aqua Star
Wild-Caught Southern King Crab Legs & Claws

Frozen, just heat and eat, 1 lb.



WILD CAUGHT
FAVORITE

\$34.99 /EA.

Sprouts
Sliced Bacon

Uncured hickory or
no sugar applewood,
prepackaged, 10 oz.



NO
ANTIBIOTICS.
EVER

BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Swaggerty's Farm
All Items



GF

2 FOR \$10

Sprouts Organic
Italian Sourdough
Boule

24 oz.



\$6.99 /EA.
Everyday low price

All Wrapped Up
Bouquet



\$15.99 /EA.
Everyday low price

Deluxe Holiday
Bouquet



\$24.99 /EA.
Everyday low price

Sprouts Organic Whole Turkeys
Free range, no hormones or antibiotics, 100% vegetarian-fed!



\$3.99 /LB.

Limit 2 per customer
While supplies last

All-Natural 100% Grass-Fed Boneless Lamb Leg
Fresh, pasture-raised, no added hormones or steroids!



NO ANTIBIOTICS, EVER

\$8.99 /LB.

All-Natural Angus Beef 100% Grass-Fed Steaks or Roast
No hormones added, ever!

NO ANTIBIOTICS, EVER



Price on package reflects discount

10% OFF
regular retail

All-Natural Pork Shoulder Roast or Boneless Half Loin
Shoulder roast is bone-in. No added hormones or steroids! Sold in the bag



NO ANTIBIOTICS, EVER

15% OFF
regular retail
Price on package reflects discount

Sprouts Boneless Skinless Chicken Breasts
Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS, EVER



\$4.99 /LB.
Value pack

Amylu
All Items



NO ANTIBIOTICS, EVER

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Wild North Atlantic Raw Lobster Tails
Previously frozen, 3.75 oz.

WILD CAUGHT FAVORITE



\$7.99 /EA.

Colossal Phosphate-Free Cooked Shrimp
16/20 ct. Farm-raised, previously frozen



\$10.99 /LB.
Also available in a 2 lb. bag

Sprouts Frozen Fish Fillets
Select varieties, 16-32 oz.



BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Wild Large Snow Crab Legs & Claws
Fully cooked, frozen

WILD CAUGHT FAVORITE



\$12.99 /LB.

Simply Organic Mixes, Spices or Extracts

Select varieties and sizes



35% OFF
regular retail

Fresh Baked Pies

Select varieties,
8 in.



\$6.99 /EA.
Everyday low price

Ciao Bella Prosecco or Prosecco Rosé

750 ml.



\$13.49 /EA.

Sprouts Organic Frozen Vegetables

Select varieties, 16 oz.



3 FOR \$10

Sprouts Organic Frozen Waffles

Select varieties, 6 ct.



2 FOR \$5

Sprouts Organic Nuts

Select varieties,
10-12 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Bulk Snack Mixes



15% OFF
regular retail

Sprouts Organic Packaged Coffee

Select varieties,
10 oz.



\$14.99 /EA.
Everyday low price

Société Roquefort Cheese Wedge

3.5 oz.



\$4.99 /EA.

Sprouts Holiday Sides

Select varieties, 14-32 oz.



\$1 OFF
regular retail

Ancient Nutrition Collagen Supplements

Select varieties and sizes



20% OFF
regular retail

Organic
Granny Smith
Apples Compostable
Packaging 4ct. or
Mighties Kiwi
1lb. Clamshell



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Comice
Pears



\$2.48 /LB.

Sumo Citrus®



\$3.98 /FOR

Organic
Large Hass Avocados



3 FOR \$8
Everyday low price

Blueberries 6oz.,
Raspberries 6oz.
or Blackberries 5.6oz.



2 FOR \$6

Organic
Cosmic Crisp 3lb.
or Sugarbee Apples
2lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Wholesum Organic
Poppies Cherry
Tomatoes 12oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Earthbound Farm
Organic Vegetable Tray
with Ranch Dip 16oz.



\$5.98 /EA.

Organic
Brussels Sprouts
1lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Celery or
Bell Peppers
2ct.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Red or Yellow
Onions 5lb. Bag



\$5.99 /EA.
Everyday low price

Organic
Asparagus



\$3.98 /LB.

Sprouts Gluten-Free Pies

Cherry or Dutch Apple,
11 oz.



Panaji Flame-Baked Naan Flatbread or Minis

Select varieties, 14.1 or 17.6 oz.



FRESH, FUN & HASSLE-FREE



Celebrate the easy way with
artfully arranged party trays

ORDER NOW

British Organic Dairy Co. Cheddar Cheese

Select varieties,
7 oz.



\$5.99/EA.

Lesley Stowe Raincoast Crisps

Select varieties,
5.3 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Bonafide Provisions Organic Frozen Bone Broth

Select varieties,
8-24 fl. oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Rumiano Organic Cheese Bars

Select varieties, 8 oz.



\$5.99/EA.

Ithaca Hummus

Select varieties,
10 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Red's Frozen Burritos

Select varieties, 4.5-5 oz.



2 FOR \$4

Pacific Foods Organic Soup or Broth

Select varieties,
32 fl. oz. or 32 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Sprouts Organic Sugar

Select varieties, 24-64 oz.



15% OFF
regular retail

Sprouts Organic Heat & Eat Rice

Select varieties, 8.8 oz.



2 FOR \$4

Amy's Organic Soup or Chili

Select varieties, 13.65-14.7 oz.



2 FOR \$7

Sprouts Croutons or Salad Dressing

Select varieties,
4.5 oz. or 12 fl. oz.



20% OFF
regular retail

Magic Chocolate Bars or Hu Chocolate Bars, Bites or Chips

Select varieties, 2.1-7 oz.



**BUY ONE. GET ONE
FREE**
of equal or lesser value

Mary's Gone Crackers

All Items



2 FOR \$6

Sprouts Olives, Peppers or Pickles

Select varieties and sizes



20% OFF
regular retail

Walnut
Halves & Pieces

SMART SNACKING,
**SERIOUS
BRAIN
FUEL**

\$8.99 /LB.

Everyday low price

SCOOP UP BULK

SKIP THE PACKAGING

Dried
Cranberries

Dark or Milk
Chocolate
Peanut Clusters

\$5.49 /LB.

Everyday low price

\$12.99 /LB.

Trace Minerals Magnesium

Select varieties and sizes



15% OFF
regular retail

Himalaya Party Smart

Select varieties,
1-10 count



15% OFF
regular retail

PURE & HONEST BODY CARE

Shop better-for-you
body care essentials

True Sea Moss Lemonade Drink

Select varieties, 12 fl. oz.



\$2 OFF
regular retail

Zand Immunity Lozenges

Select varieties, 18 count



2 FOR \$7

Dr. Bronner's Organic Bar Soap

Select varieties, 5 oz.



**BUY ONE. GET ONE
FREE**
of equal or lesser value

Ketone-IQ Performance or Energy Shot

Select varieties, 2 fl. oz.



2 FOR \$8

So Good So You Organic Probiotic Shot

Select varieties,
1.7 fl. oz.



3 FOR \$9

Real Root by Sprouts Organic Essential Oil

Select varieties, 1 fl. oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Prices valid December 17-25, 2025

AT ANY OF OUR MEMPHIS AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Top Selling Facial Toners, Mists or Eye Care

Select brands, varieties and sizes



25% OFF
regular retail

SLEIGH THE HOLIDAYS WITH SPROUTS BRAND

Celebrate the season with cozy comforts, better-for-you finds & flavors so festive, they deserve their own carol!

SHOP NOW

NEW!



MEALTIME MADE EASY



**ELEVATED
EVERYDAY ESSENTIALS**



**BETTER-FOR-YOU
SNACKS & SWEETS**

SEE YOU NEXT WEEK!