

living fresh market

7520 W. ROOSEVELT ROAD
FOREST PARK, IL 60130
708-689-0452

OPEN MONDAY-SUNDAY FROM
7 AM TO 9 PM
or until the last customer is served!
OPEN ON MONDAYS

SCAN HERE
TO SIGN UP FOR

Fresh

REWARDS LOYALTY PROGRAM



HOT BUYS

THREE DAYS ONLY
DEC. 5, 6, 7



2 for \$7

Doritos
6-10.75 oz.



\$9.99

Bob Evans
Sausage
30 ct.



\$2.49

Minute Maid
Fruit Drink
59 oz.



\$7.99

Home Run Inn
Classic Pizza
27-33 oz.



\$10.99

IQF
Wings
5 lb. bag

Fresh Meat



Pot Roast

\$5.49 lb.



Chuck Steaks

\$6.49 lb.



Boneless Skinless
Chicken Breast

\$3.49 lb.



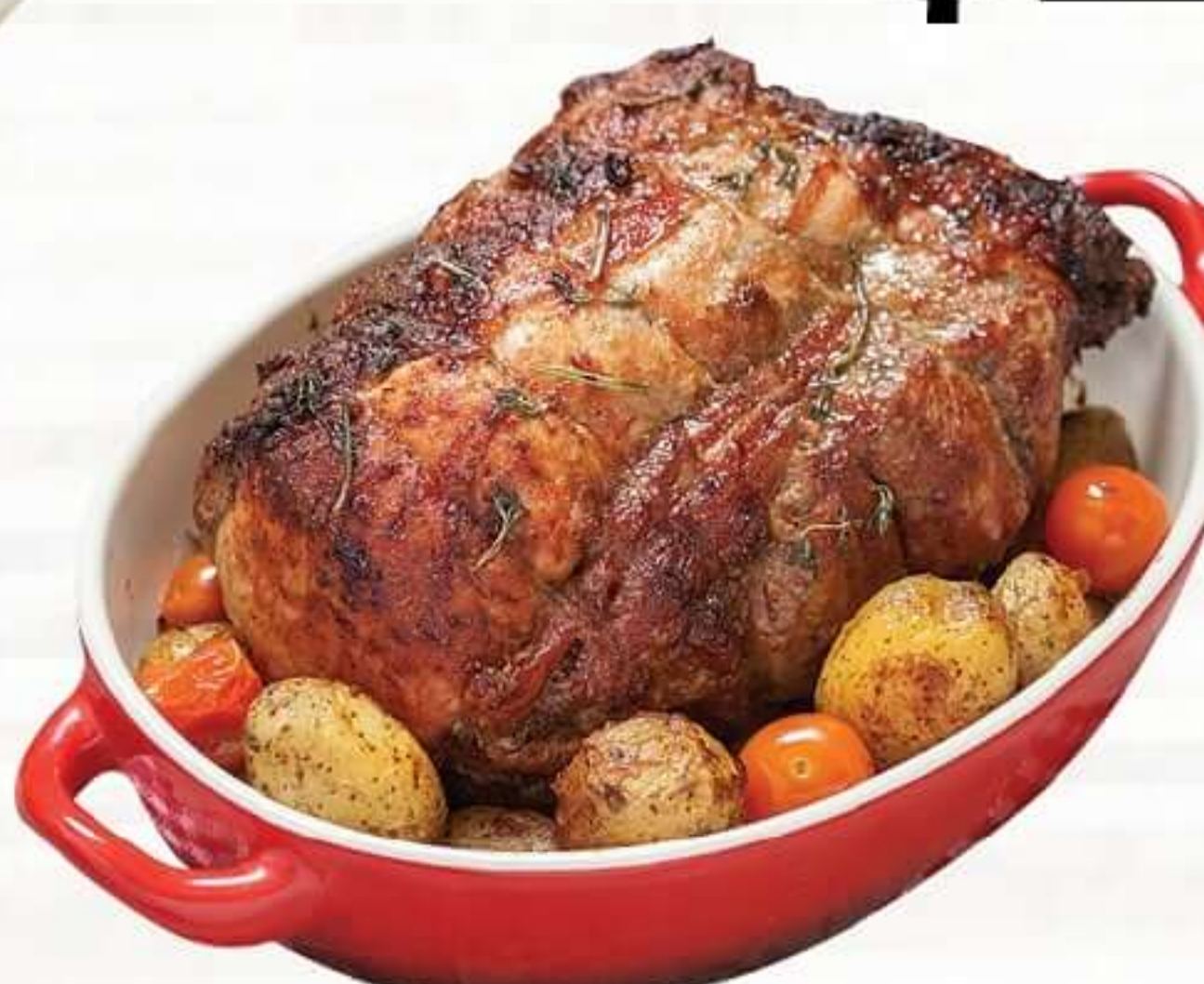
Pork Steaks

\$2.49 lb.



Chicken Wings
Small Whole

\$3.49 lb.



Pork Butts

\$2.49 lb.



Tilapia Fillets

\$5.99 lb.



Smoked
Ham Hocks

\$3.59 lb.



Smoked
Turkey Tails

\$3.99 lb.



Catfish Steaks

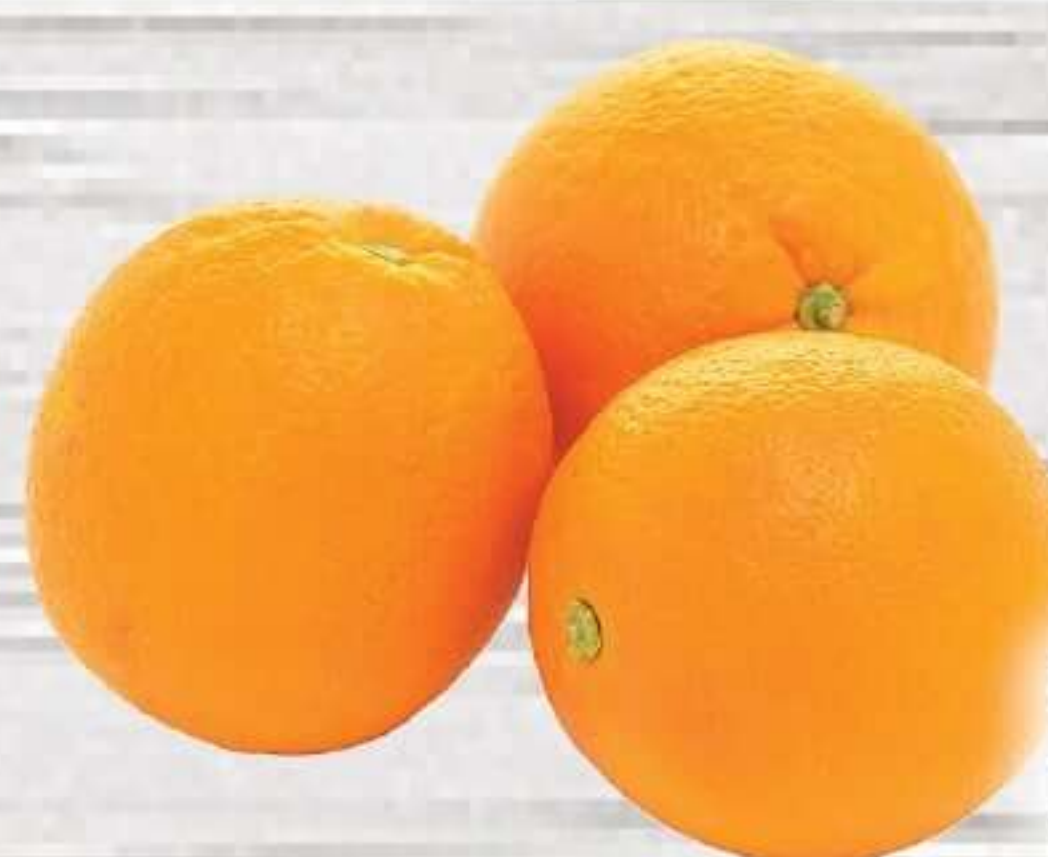
\$5.49 lb.

Produce



Fresh Green
Cabbage

59¢ lb.



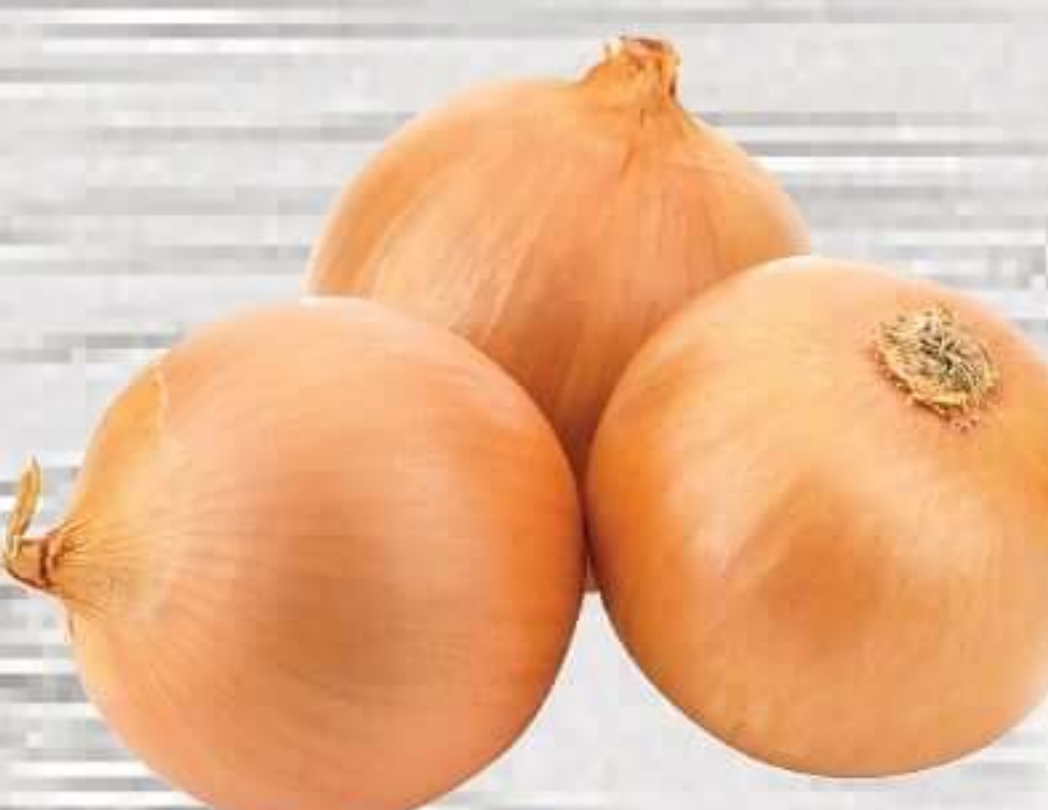
WIC
Navel
Oranges

89¢ ea.



Whole
White
Mushrooms
8 oz.

2 for \$4



WIC
Fresh
Sweet
Onions

99¢ lb.



WIC
Yellow,
Orange
or Red
Bell
Peppers

\$1.25 ea.



Idaho
Russet
Potatoes
10 lb. bag

\$2.99



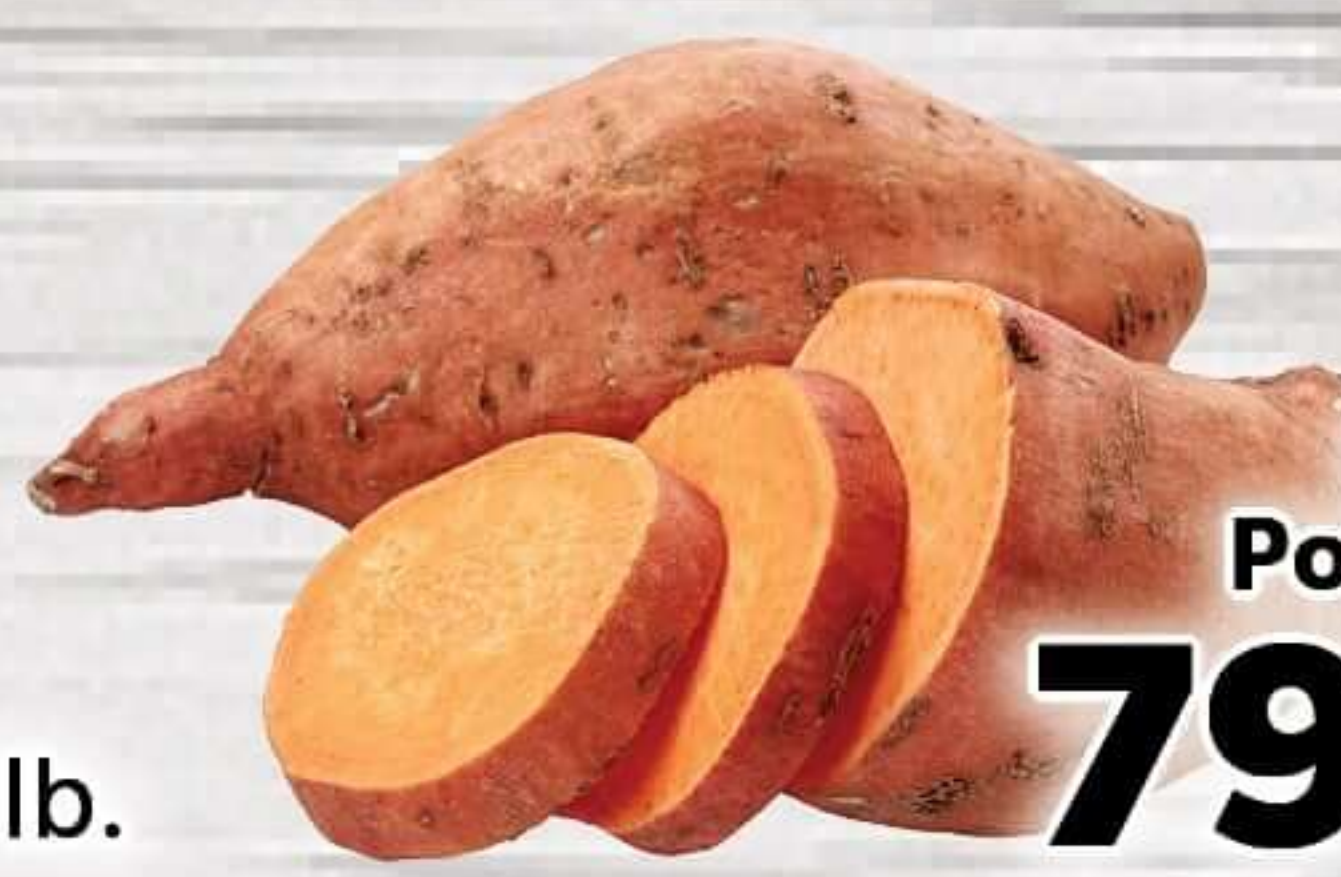
WIC
Celery
Stalk

\$1.99 ea.



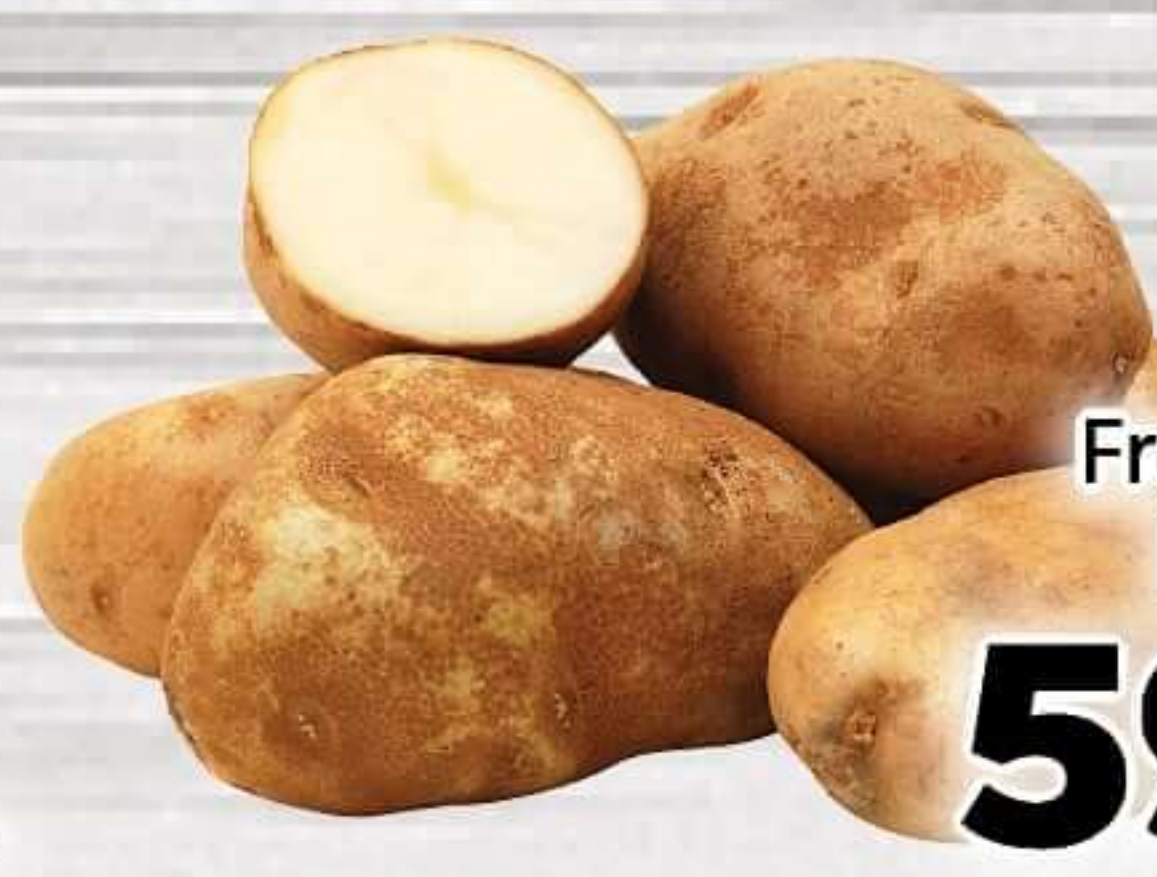
Loose
Shallots

\$2.39 lb.



WIC
Fresh
Sweet
Potatoes

79¢ lb.



WIC
Fresh Baking
Potatoes

59¢ lb.



Fresh
Zucchini
or Yellow Squash

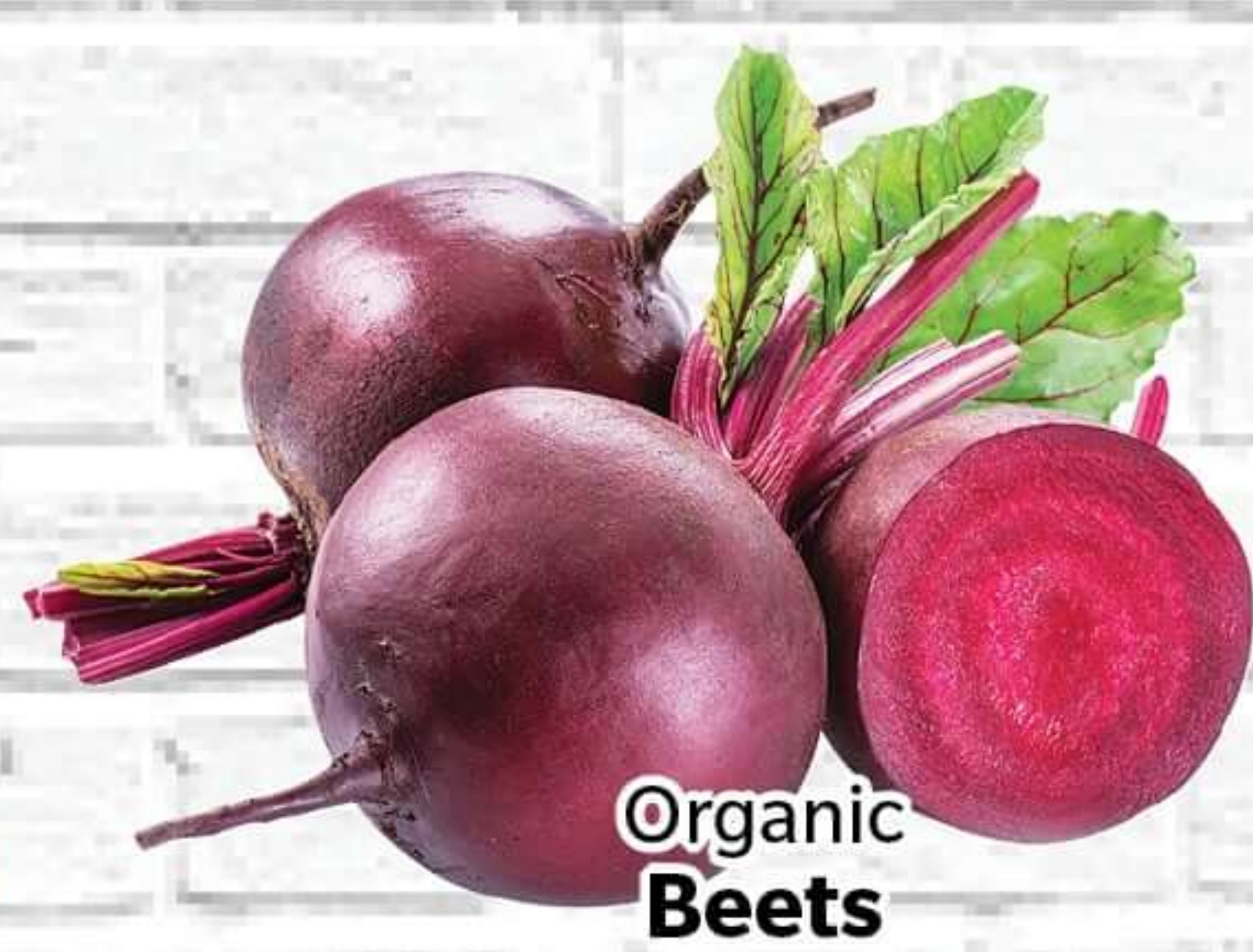
\$1.39 lb.

Organic Produce



Organic
Red Cabbage

\$2.39 lb.



Organic
Beets
Bunch

\$2.69



USDA
ORGANIC
Organic
Gala, Honeycrisp,
Pink Lady or Fuji
Apples
2 lb.

\$3.79



USDA
ORGANIC
Organic
Cranberries
8 oz.

\$3.69



Organic
Celery Hearts

\$4.69



Organic
Bunny Luv
Carrots
16 oz.

2 for \$4

New Store
Hours

NOW
OPEN DAILY

MONDAY – SUNDAY
7:00 AM TO 9:00 PM

living fresh
market

PRICES EFFECTIVE: DEC. 3 - DEC. 9, 2025

WE ACCEPT:



Grocery



Argires
Popcorn
9 oz.
\$5.49



7-Up
Products
Excluding
RC & Crush
2 ltr.
3 for \$5



All Pepsi
Products
6 pk., .5 ltr.
\$5.49



Gatorade
8 pk. 12 oz.
\$7.99



Pure Life
Water
24 pk.
\$3.99



Frito-Lay
Cheetos or Fritos
6.5-9.25 oz.
\$3.99



Old Orchard
Juice
64 oz.
2 for \$4



Kraft
Mayonnaise
12-15 oz.
\$2.99



Ragu or Kettle
Pasta Sauce
16-24 oz.
\$1.88



Mueller's,
San Giorgio
or Prince
Pasta
12-16 oz.
4 for \$5



Hormel
Compleats
7.5-10 oz.
2 for \$4

BUY 5 SAVE \$5



Red Gold
Tomatoes or Salsa
15.5-28 oz.
\$2.19-\$1.00 = \$1.19



Spam
Luncheon
Meat
12 oz.
\$3.79-\$1.00 = \$2.79



Daisy
Dip
16 oz.
\$2.99-\$1.00 = \$1.99



Kraft
Natural
Shreds or
Chunks
24 oz.
\$6.99-\$1.00 = \$5.99



DeVour
Frozen
Entrees
9-12 oz.
\$3.49-\$1.00 = \$2.49



Jell-O
Gelatin or
Pudding Cups
4 ct.
\$2.99-\$1.00 = \$1.99



Philadelphia
Cheesecake
Crumbles
2 ct.
\$4.49-\$1.00 = \$3.49



HomeBake
Mains
19.8-22.2 oz.
\$9.99-\$1.00 = \$8.99



HomeBake
Sides
15-22.2 oz.
\$5.99-\$1.00 = \$4.99



Palmolive
Dish Soap
32.5-52 oz.
\$3.99-\$1.00 = \$2.99



Kraft Deluxe
Macaroni &
Cheese or
Velveeta Shells
& Cheese
3 pk.
\$8.49-\$1.00 = \$7.49



Progresso
or El Paso
Soup
18-19 oz.
\$2.49-\$1.00 = \$1.49



Pillsbury
Cookies,
Grands! Crescents,
Pull Apart Bread or
Pizza Crust
8-16.8 oz.
\$3.49-\$1.00 = \$2.49



Quaker Instant
Oats, Cap'n Crunch,
Life Cereal, Oat
Squares
or Chewy Granola
Bars
10.3-14.5 oz. or
5-10 ct.
\$2.99-\$1.00 = \$1.99



Velveeta
Shreds
8 oz.
\$2.89-\$1.00 = \$1.89

Dairy & Frozen



Tropicana
Juice
46 oz.
\$3.99



Sara Lee
Pound
Cake
10.75 oz.
\$3.99



Best Choice
Butter
16 oz.
\$2.99



Silk
Almond Milk
64 oz.
2 for \$7



International
Delight
Creamer
64 oz.
\$6.49



Eggo
Waffles
24 ct.
\$5.99



Michelina's
Entrees
4.5-8.5 oz.
4 for \$5



New York
Garlic
Breadsticks
or Texas Toast
6-8 ct.
2 for \$5



Philadelphia
Frosting, Soft
or Whipped
Cream Cheese
7.5-16 oz.
\$3.99



Best Choice
Sour Cream
16 oz.
2 for \$8



Best Choice
Cheese
Shreds or
Chunks
6-8 oz.
2 for \$4



Sunny D
Delight
Punch
128 oz. or 6 pk.
\$3.29



Starbucks
Iced Coffee
or Cold
Brew
40-48 oz.
\$5.79



Banquet or
Swanson
Fruit or Pot
Pies
7 oz.
5 for \$5



Banquet
Basics
Dinners
4.85-8 oz.
\$1.29



Best Choice
Pie Shells
2 ct.
\$2.49



Pictsweet
Grilling,
Roasting,
Skillet
or Air Fryer
Vegetables
11-18 oz.
2 for \$6



Stouffer's
Entrees
8.37-12.75 oz.
3 for \$10

Service Deli



Dietz & Watson
Cheese
• Roasted Garlic • Bacon Ranch
• Jalapeño Cayenne
• Steakhouse Onion
• Smoked Gouda
• Stella Mozzarella
• Buffalo Wing or Hatch Chili
\$6.99 lb.



Greenridge Farm
Black Forest
Ham
\$7.99 lb.



Greenridge Farm
Honey Turkey
\$8.99 lb.



Mrs. Gerny's
Steakhouse
Style Coleslaw
• Cucumber & Onion
• Beet & Onion
\$4.99 lb.



Vienna
Corn Beef
\$10.99 lb.

Bakery



Bill Knapp's
Chocolate
Covered
Dunker
Donuts
9.3 oz.
\$4.99



Brother's
Donuts
10 oz.
\$2.99



Brown Sugar
Bakery
Cake Slices
\$4.69 ea.



French
Baguette
\$3.39

Sour Dough
Bread
\$3.99

Organic



Organic Traditional
Medicinals
Tea
All Flavors
16 ct.
\$4.99



Clearly by Best
Choice Organic
Jasmine Rice
32 oz.
\$5.99



Clearly by Best
Choice Organic
Basmati
White or
Brown Rice
32 oz.
\$6.99



Clearly by Best
Choice Organic
Chicken or
Vegetable
Broth
32 oz.
\$2.49



Smuckers
Organic
Peanut Butter
16 oz.
\$5.59

Vegan



Vegan
Field Roast
Sausage
• Italian Garlic & Fennel
• Apple & Smoke
• Mexican Chipotle
12.95 oz.
\$6.99



Vegan
Oatly!
Oat-Milk
64 oz.
\$6.49



Vegan
Tofutti
Sour Cream
12 oz.
\$4.79



Vegan
Tofutti
Cream Cheese
8 oz.
\$4.79



Vegan
Violife
Cheddar or
Mozzarella
Shreds
8 oz.
\$5.99

Home & Health



XTRA
Laundry
Detergent
136.4-139.2 oz.
\$5.99

Gain
Laundry
Detergent
or Fabric
Softener
44-46 or 16-60 ct.
\$5.99



Reynolds
Heavy Duty
Aluminum
Foil
37.5 ft.
\$4.99



Vanity Fair
Napkins
80-100 ct.
\$3.59



Fiora
Mega Bath
Tissue
12 roll.
\$6.99