

CELEBRATE WITH WINE!

Stock up for the holidays with
20% off wines over \$19.99—
including local favorites.

Really BIG DEAL

20% off \$20+ WINES
(actually \$19.99+)

Limited to stock on hand. Items priced as marked. No additional discounts.
Selection varies by location.

MARY'S WHOLE FRYER CHICKEN

Certified Humane, vegetarian-fed, and always air-chilled for the best flavor.



\$1⁹⁹ lb
SAVE \$21b

HEIRLOOM NAVEL ORANGES

Extra sweet and juicy with classic orange flavor. From Rising C Ranch in Reedley, CA.



\$1⁹⁹ lb
SAVE 50¢lb

TILLAMOOK CHEESE BABY LOAF

Selected Varieties
21b



\$9⁹⁹ ea
SAVE \$6ea

Really BIG DEAL

20% off

NEW SEASONS
SOUPS
24oz

Available in the Prepared Foods Grab & Go.
While supplies last.

AURA CACIA AROMATHERAPY AND BODY CARE

Give the gift of aromatherapy this season. Save 25% on essential oils, bath soaks, body oils, and more!



25% off

Really BIG DEAL

50% off

COOKIES & CRACKERS

Excludes limited edition items. Exclusions apply.
Look for signs on specially marked items. Limited to stock on hand. No additional case discount.

Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

WHAT WE'RE loving

Stumptown Coffee Roasters

Since 1999, Stumptown has set the bar for exceptional coffee. They roast every batch locally using Direct Trade coffees sourced from around the world—from blends to single origins and seasonal releases.

Find them all at your neighborhood New Seasons, including whole bean coffee, cold brew, their festive Elf Parade blend, and New Seasons Blend, our partner exclusive.



RESERVE YOUR Holiday FEAST

Everything from high-quality prime rib to hams, sustainable seafood, and so much more!

Reserve now through 12/21 at 10pm at newseasonsmarket.com/reserve

NEW SEASONS Holiday MARKETPLACE

Saturday,
December 13
Noon – 3pm

'Tis the season to celebrate, sample, and shop! Join us for a festive in-store event featuring local makers, holiday treats, and unique gifts.



MEAT & SEAFOOD

BEELER'S PURE PORK BONELESS PORK SHOULDER ROAST

Vegetarian-fed pork with no antibiotics ever.

\$4⁹⁹_{lb}
SAVE \$11b



NEW SEASONS DUNGENESS CRAB AND SHRIMP CAKES

Made in-house and ready to cook for a decadent snack or meal.

\$5⁹⁹_{ea}
SAVE \$1ea



NEW SEASONS ALL BULK SAUSAGE

Gluten-free recipes with no added fillers or binders. A great addition to holiday stuffing.

\$5⁹⁹_{lb}
SAVE \$11b



PACIFIC COD FILLET

Sustainably harvested at the peak of season and flash-frozen for the best flavor. Mild, flaky, and perfect for fish & chips.

\$15⁹⁹_{lb}
SAVE \$11b



FLORAL

RED ILEX BERRY

Locally grown and perfect for adding a festive flair to holiday gatherings.

PNW LOCAL



\$9⁹⁹_{ea}
SAVE \$3ea

PRODUCE

JOSIE'S ORGANICS SALAD KITS

Great for a quick and easy meal. Save on select varieties. From Braga Fresh in Salinas, CA.

\$5⁹⁹_{ea}
SAVE \$1ea



ORGANIC POMEGRANATE

Deep red, super juicy, and perfect for the holidays. From Valliwide Organic Farms in Reedley, CA.

\$4⁹⁹_{ea}
SAVE \$1ea



ORGANIC ENVY APPLES

Firm, crisp, and super sweet. From Oppy Growers in Wenatchee, WA.

PNW LOCAL

\$3⁴⁹_{lb}
SAVE 50¢lb



BAKERY & CHEESE

FLAX4LIFE GLUTEN-FREE MUFFINS

Made with all-natural ingredients, free from nuts, dairy, and gluten. Assorted flavors.

4ct

PNW
LOCAL

\$7⁹⁹
ea
SAVE \$1ea



LACLARE FAMILY CREAMERY GOAT LOG

Fresh and creamy with a bright, tangy flavor. Delicious drizzled with olive oil and served alongside crostini.

8oz

20%
off



NEW SEASONS BANANA CAKE

A longtime customer favorite made with layers of moist banana cake, fresh banana slices, and mascarpone whipped cream.

\$16⁹⁹
ea
SAVE \$1ea



NEW SEASONS CHEESE BALLS

A seasonal favorite for holiday celebrations. Choose from Festive Cranberry or Smoked Gouda.

6.5oz

Starting
at:

\$10⁹⁹
ea
FEATURED



NEW SEASONS GRILLED SHAWARMA CHICKEN BREAST

Tender chicken breast seasoned with aromatic spices and lemon, then grilled to perfection.

\$15⁹⁹
lb
SAVE \$1lb



NEW SEASONS HOLIDAY KALE SALAD WITH POMEGRANATE

A delicious seasonal salad with kale, butternut squash, pomegranate seeds, and hazelnuts in an apple cider vinaigrette.

\$13⁹⁹
lb
FEATURED



ORIGAMI CATERING CUCUMBER AVOCADO ROLL

Featuring English cucumber, avocado, and toasted sesame seeds.

PNW
LOCAL

\$8⁹⁹
ea
SAVE \$1ea



20% OFF WINES \$20+ (actually, \$19.99+)

CATHEDRAL RIDGE WINERY BORDHEAUXD RED BLEND

A delicious red blend with flavors of blackberry, white pepper, spiced cherry, and dried herbs, ending with a dry finish. Pair with beef stew or other hearty dishes.

750ml

\$23⁹⁹
ea
AFTER 20% DISCOUNT



PNW
LOCAL

LANDMASS WINES PINOT NOIR

A delicate Pinot Noir with bright red fruits tempered by notes of cola and cocoa. Pair with roast chicken, salmon, or wild mushrooms.

750ml

\$23⁹⁹
ea
AFTER 20% DISCOUNT



PNW
LOCAL

BEER & WINE

HOFBURG GLÜHWEIN

A traditional German spiced wine scented with orange, anise, clove, blueberry, and cinnamon. Enjoy gently warmed.

1L

\$8⁹⁹
ea
SAVE \$3ea



SKIP THE HOLIDAY HUSTLE— SHOP ONLINE!

Get the same great deals you find in-store with easy pickup or delivery. Plus, take \$15 off your next online grocery order of \$75+ with code

CELEBRATE15

Powered by
Instacart

Terms apply.

STOLLER PINOT NOIR ROSÉ

A sophisticated yet approachable rosé with fresh, juicy, and vibrant aromas of strawberry, watermelon, orange peel, and white tea.

750ml

\$15⁹⁹
ea
AFTER 20% DISCOUNT



PNW
LOCAL

OVUM WINES BIG SALT WHITE BLEND

Bright and aromatic, Big Salt bursts with lemon, peach, ginger, and briny notes.

750ml

\$15⁹⁹
ea
AFTER 20% DISCOUNT



PNW
LOCAL

DOUBLE MOUNTAIN BREWERY FA LA LA LA LA WINTER ALE

A dark, wintery ale packed full of Centennial hops for a generous hit of citrus to balance a rich, malty backbone.

6pk/12oz

\$12⁹⁹
ea
SAVE \$1ea



PNW
LOCAL

DON'T MISS THIS OFFER!

Neighbor Rewards members who are opted in to email or text get 50% off wild-caught Chinook salmon fillets.*

Not getting our messages yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive member offer on Friday.

*Offer valid on previously frozen Chinook salmon fillets from the seafood case.



WELLNESS

NATURAL FACTORS TRANQUIL SLEEP CHEWABLES

Supports relaxation for a deep, restful sleep. Save on select sizes.
60tab



\$19⁹⁹
ea
SAVE \$14ea

WILEY'S FINEST EASY SWALLOW EPA + DHA

Sustainably sourced fish oil from Alaska. Save on select formulas this week.
60sg



\$14⁹⁹
ea

BOIRON OSCILLOCOCCINUM

Helps to reduce the duration and severity of flu-like symptoms.
6ct



\$13⁹⁹
ea
SAVE \$3ea

NOW FOODS ZINC

A highly absorbable form of zinc that supports a healthy immune response.
100tab



\$5⁹⁹
ea
SAVE \$2ea

MRM NUTRITION DIGEST-ALL

Full-spectrum enzymes to aid in digestion and nutrient absorption. Save on select formulas and sizes.
30vc



\$6⁴⁹
ea
SAVE \$4.50ea

HERITAGE STORE ROSEWATER ATOMIZER

A customer favorite formulated to refresh and hydrate skin.
4oz



\$7⁴⁹
ea
SAVE \$2.50ea

INESSENTS CBD INFUSED BATH SALTS

Relax and unwind with CBD-infused bath salts. Many scents to choose from.
3.5-4oz



\$8⁹⁹
ea

ACURE RADICALLY REJUVENATING UNDER EYE GEL

Soothing hydrogels formulated to rejuvenate and firm delicate eye areas.



\$4⁴⁹
ea
SAVE \$1.50ea

SHIKAI BORAGE HAND CREAM

Soothe and hydrate with the deep moisturizing of borage oil. Save on select sizes and varieties.
2.5oz



\$8⁹⁹
ea
SAVE \$3ea

GROCERY

MCCONNELL'S FINE ICE CREAMS ICE CREAM AND FROZEN DESSERTS

Selected Varieties
1pt



\$6⁹⁹
ea
SAVE \$2ea

WHOLLY WHOLESOME PIE CRUSTS AND SHELLS

Selected Varieties



20%
off

ESSENTIAL EVERYDAY HASH BROWN PATTIES

21.2oz



\$3⁹⁹
ea
SAVE \$2ea

JAJU PIEROGI FROZEN PIEROGI

Assorted Varieties
14oz



\$9⁹⁹
ea
SAVE \$2.30ea

BUBBIES MOCHI MOCHI ICE CREAM

Assorted Varieties
7.5oz



\$5⁹⁹
ea
SAVE \$2.80ea

MASIENDA QUESADILLAS

Assorted Varieties
8-9oz



\$7⁹⁹
ea
SAVE UP TO \$3ea

MASSA PIZZA COMPANY SICILIAN STYLE FROZEN PIZZA

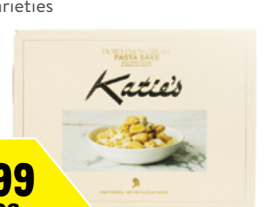
Assorted Varieties
21.5-24oz



\$12⁹⁹
ea
SAVE \$4ea

KATIE'S FROZEN PASTA BAKE

Assorted Varieties
21-22oz



\$14⁹⁹
ea
SAVE \$4ea

GROCERY

BOB'S RED MILL PANCAKE & WAFFLE MIX

Selected Varieties
20oz

PNW
LOCAL



\$4.99
ea
SAVE \$1.90ea

COOMBS FAMILY FARMS ORGANIC MAPLE SYRUP

Selected Varieties
12oz



\$15.99
ea
SAVE \$4ea

CROFTER'S ORGANIC PREMIUM FRUIT SPREAD

Assorted Varieties
16.5oz



\$4.99
ea
SAVE \$1.50ea

SEVEN SUNDAYS GRAIN-FREE CEREAL

Assorted Varieties
8oz



\$6.99
ea
SAVE \$2ea

BOB'S RED MILL BAKING MIXES

Selected
Varieties

PNW
LOCAL



25%
off

EARTH'S BEST ORGANIC KIDS' SNACKS

Selected Varieties
1.55-5.3oz



2 for \$7
SAVE UP TO \$1.49ea

SPICELY ORGANICS SPICES, HERBS AND SEASONINGS

Selected Varieties



50%
off

CHOICE ORGANICS TEA

Selected Varieties
16ct



\$4.99
ea
SAVE \$1.30ea

RAO'S HOMEMADE SLOW SIMMERED SOUP

Assorted Varieties
16oz



2 for \$9
SAVE \$1.19ea

CARBONE PASTA SAUCE

Assorted Varieties
24oz



\$8.99
ea
SAVE UP TO \$2ea

BRIANNAS AVOCADO OIL DRESSING

Assorted Varieties
10oz



\$4.99
ea
SAVE \$1ea

FISHWIFE TINNED SEAFOOD

Assorted Varieties



20%
off

BOB'S RED MILL FLOUR

Selected Varieties
5lb

PNW
LOCAL



\$2.99
ea
SAVE \$1.90ea

BELA SARDINES

Assorted Varieties
4.23-4.25oz



2 for \$7
SAVE \$1.19ea

NEW SEASONS TREE FREE TOILET PAPER

Made with renewable bamboo by Caboo.
9ct



\$8.99
ea
FEATURED

PACIFIC FOODS ORGANIC SOUP

Selected Varieties
32oz

PNW
LOCAL



2 for \$7
SAVE \$1.39ea

PNW LOCAL BULK

HUMMINGBIRD WHOLESALE ORGANIC COCONUT CHIPS

PNW
LOCAL



\$5.99
lb
SAVE \$2lb

EQUAL EXCHANGE PECAN HALVES

PNW
LOCAL



\$14.99
lb
SAVE \$1lb

STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties

PNW
LOCAL



\$17.99
lb
SAVE \$2lb

HUMMINGBIRD WHOLESALE ORGANIC MACADAMIA NUTS

PNW
LOCAL



\$23.99
lb
SAVE \$4lb

GROCERY

LATE JULY SNACKS
ORGANIC
TORTILLA
CHIPSSea Salt or
Sea Salt & Lime.
14.75oz**\$4⁹⁹**
ea
SAVE \$2.60eaGARDEN OF EATIN'
ORGANIC
TORTILLA
CHIPSAssorted Varieties
14oz**\$5⁹⁹**
ea
SAVE UP TO \$2eaG.H.CRETORS
POPCORNAssorted Varieties
6.5-8oz**\$3⁹⁹**
ea
SAVE \$1.70eaDOT'S SNACKS
PRETZELSSelected Varieties
16oz**\$6⁹⁹**
ea
SAVE \$2eaSEACHARRONES
SEA-
FARMED
KELP PUFFSAssorted Varieties
2oz**\$3⁹⁹**
ea
SAVE UP TO \$1.50eaUNIQUE SNACKS
PRETZELSSelected Varieties
11oz**\$3⁹⁹**
ea
SAVE \$1.70eaDANG FOODS
THAI RICE CHIPSAssorted Varieties
3.5oz**\$4⁹⁹**
ea
SAVE \$1.40eaSIMPLE MILLS
ALMOND FLOUR
SNACK BARSSelected Varieties
5ct**\$4⁹⁹**
ea
SAVE \$1eaTHE BETTER BAR
GOJI BERRY BARAssorted Varieties
1.5-1.8oz**2 for \$5**
SAVE 99¢eaENDANGERED SPECIES CHOCOLATE
CHOCOLATE
BARSelected Varieties
3oz**2 for \$7**
SAVE \$1.09eaCHOCXO
ORGANIC
CHOCOLATE SNACKSSelected Varieties
3.45oz**\$6⁴⁹**
ea
SAVE \$1eaVIOLET CRUMBLES
CANDY
HONEYCOMB
CUBESAssorted Varieties
6oz**\$4⁹⁹**
ea
SAVE \$1.30eaTAZA CHOCOLATE
ORGANIC CHOCOLATESelected Varieties
2.7oz**\$5⁹⁹**
ea
SAVE \$1eaCLIF
BUILDERS
PROTEIN BARAssorted Varieties
2.4oz**2 for \$4**
SAVE 49¢eaOLYRA
ORGANIC BREAKFAST
SNACKSAssorted Varieties
5.3oz**\$4⁴⁹**
ea
SAVE UP TO \$1.30eaTHEO CHOCOLATE
LIMITED EDITION
CHOCOLATE BARSelected Varieties
2.8oz**\$3⁹⁹**
ea
SAVE UP TO \$1.30eaLAKEWOOD
ORGANIC
BEET JUICEPure or
Ginger Turmeric.
32oz**\$7⁹⁹**
ea
SAVE \$1.40eaPOLAR
SPARKLING
SALTZ
WATERSelected Varieties
1L**5 for \$5**
SAVE 79¢eaOLIPOD
PREBIOTIC
SODASelected
Varieties
4pk/12oz**\$7⁹⁹**
ea
SAVE UP TO \$3eaFEVER-TREE
PREMIUM
DRINK
MIXERSSelected Varieties
4pk/6.8oz**\$5⁹⁹**
ea
SAVE \$1.50ea

GROCERY

DAIRY-FREE DELIGHTS

Top off that morning coffee or tea with nutpods dairy-free creamers or half & half—made with a wholesome blend of sustainably sourced coconut cream and almonds in an array of natural flavors. Choose from favorites like creamy French Vanilla, unsweetened Hazelnut, seasonal Peppermint, and so many more delicious options.

NUTPODS
DAIRY-FREE CREAMER
Selected Varieties
25.4-32oz



\$4.99
ea
SAVE UP
TO \$1.90ea

HAPPY EGG CO.
PASTURE-RAISED
LARGE EGGS
1doz



\$5.99
ea
SAVE \$2ea

SIMPLY
JUICE
Selected Varieties
46-52oz



\$3.99
ea
SAVE \$1.50ea

TILLAMOOK
SOUR CREAM
Regular or Reduced Fat.
16oz

PNW
LOCAL



2 for \$5
SAVE 49¢ea

TILLAMOOK
CREAM CHEESE
SPREAD
Selected Varieties
7oz

PNW
LOCAL



\$3.99
ea
SAVE 60¢ea

GREEN VALLEY
LACTOSE-FREE
CHEESE
Selected Varieties



25%
off

SWEET LOREN'S
PUFF PASTRY OR
COOKIE DOUGH
Selected Varieties



20%
off

TRAZZA FOODS
HUMMUS
Assorted Varieties
9oz

PNW
LOCAL



\$3.99
ea
SAVE \$1ea

NUTS FOR CHEESE
CREAMY CASHEW DIPS
Assorted Varieties
7.4oz



\$5.49
ea
SAVE \$2.40ea

VICOLO
DEEP DISH PIZZETTA
Selected Varieties
2ct



BUY 1 GET 1
FREE
SAVE \$7.99 ON 2

BREW DR.
KOMBUCHA
Selected Varieties
4pk/12oz

PNW
LOCAL



\$9.99
ea
SAVE \$1.50ea

DAVE'S KILLER BREAD
BREAD, BUNS
OR SANDWICH
ROLLS
Selected Varieties
17.6-27oz

PNW
LOCAL



BUY 1 GET 1
1/2 OFF
SAVE \$3.50 ON 2

Available
in-store only

MISSION FOODS
SOFT TACO
FLOUR TORTILLAS
10ct



\$2.49
ea
SAVE 50¢ea

Really **BIG DEAL**

50%
off

COOKIES &
CRACKERS

Excludes limited edition items. Exclusions apply.
Look for signs on specially marked items. Limited to stock
on hand. No additional case discount.