

buy-low foods

Ho, ho, ho,
holy moly
**THESE
PRICES
ARE LOW!**



CANADIAN BEEF

WOW!
897
lb

Sirloin Tip Roast
Fresh, 19.78/kg



3497
ea

Hallmark Chicken Breast
Boneless, Skinless,
Seasoned, Frozen, 4 kg Box



WOW!
567
ea

Chinese Mandarin Oranges
4 lb Box

Look inside for deals to
**BAKE THE
SEASON BRIGHT**



297
ea

Old Dutch Potato Chips
Selected Varieties,
220g

Butter Cup Breads
White or Whole Wheat,
570g

187
ea



Fresh Express Old Fashioned Coleslaw
397g

197
ea



847
ea

Cracker Barrel Cheese
Selected Varieties, 600g

Western Family Cranberry Cocktails
Selected Varieties,
1.89 Litres

297
ea



**AD
MATCH**

Show us any competitors' flyer and we will match it!

Prices effective Thursday to Wednesday, December 4 to 10, 2025. Offers require use of More Rewards Card. Offers available at Buy-Low Foods Discount Prince George, Grande Prairie & Nanaimo locations only.

BUY LOW. GET MORE FOR LESS!



CANADIAN owned and operated.



PRODUCE

SQUEEZE THE SAVINGS

Enjoy fresh... for less.



WOW!

4⁹⁷

ea

**Honeyglow
Pineapple**

Costa Rica

FRESHER. LOWER.

Get all your favourite produce at low prices. Check out our local & organic options.

Show us
any local
competitor's
flyer and we
will match it!



Broccoli Crowns
USA, 5.45/kg

2⁴⁷

lb



**Western Family
Veggie Tray**
525g

8⁹⁷

ea



Green Cabbage
Canada, 1.92/kg

.87

lb



3⁹⁷

ea



Gala Apples
BC, 3 lb Bag

**Western Family
Baby Potatoes**
Selected Varieties,
680g

3⁹⁷

ea



Assorted Squash
BC, 2.14/kg

.97

lb



If it's not fresh, we will refund and replace
the product free of charge. See in store for details.

**b
fresh
guarantee**
100% refund & replace.

BUY LOW. GET MORE FRESH!



BL2

MEAT

JUICY LOW PRICES

Fresh meats & seafood at the 'leanest' prices.



11⁴⁷
ea

El Monterey Taquitos
Selected Varieties, Frozen, 567g



7⁶⁷
ea

Western Family Appetizers
Selected Varieties,
Frozen, 216g or 500g



3⁴⁷
ea

Campfire Bacon
375g



5⁹⁷
ea

Western Family Shrimp Ring
Frozen

Aqua Star Tempura Shrimp
Frozen, 31 to 40 Count,
500g

10⁹⁷
ea



DELI & BAKERY

Savings so sweet
you can taste them.

Mastro Genoa Salami
Regular or Hot,
150g

5⁹⁷
ea



4⁹⁷
ea

Croissants
Pack of 6



Western Family English Muffins
Selected Varieties,
Pack of 6

1⁹⁷
ea



3⁶⁷
ea

The Laughing Cow Cheese
133g



2⁹⁷
ea

Vachon Jos Louis
Selected Varieties,
290g or 324g



BUY LOW. GET MORE FRESH!



BL2

Get big brands for
your baking and
**SAVE LOTS
OF DOUGH!**



WOW!
11⁹⁷
ea
Roger's White
Sugar
10 kg

**Pacific
Evaporated Milk**
Selected Varieties, 354 mL

1⁹⁷
ea



**Rogers Icing
Sugar**
or Demerara, 1 kg

2⁷⁷
ea



4⁹⁷
ea

**Western
Family Butter**
Unsalted, 454g

Crisco Oil
1.18 Litres

buy 1 get 1
free



**Magic Baking
Powder**
450g

6⁴⁷
ea



**Quaker
Oats**
Selected
Varieties,
900g or 1 kg



3⁴⁷
ea

**Smucker's
Jam**
500 mL

5⁹⁷
ea



**25%
off**

**Western Family Parchment
Paper Sheets**
(24's) or Roll (131 feet)

WHISKING YOU THE SEASON'S BEST

BULK FOODS

BULK UP!

With as much (or as little) as you want.



1⁹⁷
100g

**Pecan Halves
or Pieces**



.97
100g

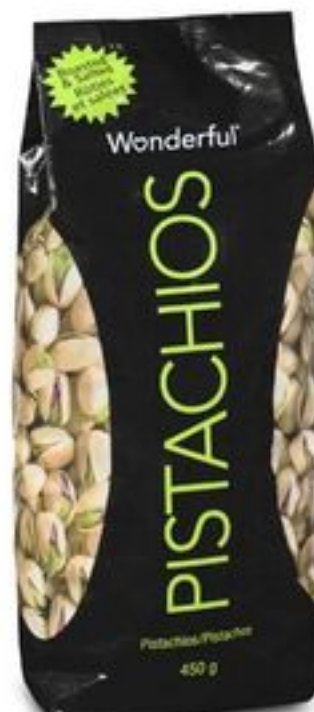
**Foley's Chocolate
Melting Wafers**
Selected Varieties



25% off
Glace Fruit
Selected Varieties, 450g



1⁶⁷
100g **Nestlé Smarties**



9⁹⁷
ea **Wonderful
Pistachios**
Roasted & Salted or
Lightly Salted, 450g

**Holiday
HOSTING
EXPRESS**



For more details visit: www.HolidayHostingContest.ca

**Christie Triscuits
Crackers**
Selected Varieties,
200g

2⁴⁷
ea



Christie Cookies
Selected Varieties,
258g or 270g

2⁹⁷
ea



**Cadbury Dairy Milk
Chocolate Bar**
Selected Varieties,
90g or 100g

2⁹⁷
ea



2⁴⁷
ea

**Christie Ritz
Crackers**
Selected Varieties,
180g



Maynards Candy
Selected Varieties,
150g

2⁴⁷
ea

BUY LOW. GET MORE SAVINGS!



BL2

**DROP
ZONE**



**LOVE SAVING?
GET IN THE ZONE.**

**EXTREME
DEALS, GET
THEM WHILE
THEY LAST.***

Buy 2+
Pepsi Soft Drinks
Selected Varieties, 12 x 355 mL

6⁹⁷
ea



**Cottonelle
Bathroom Tissue**
12=48 Rolls

14⁹⁷
ea



**Ferrero Rocher
Chocolate Box**
Selected Varieties,
200g or 156g
WHILE QUANTITIES LAST

9⁹⁷
ea

General Mills Cereal
Selected Varieties, 570g or 725g

5⁴⁷
ea



**McCafé
Premium
Coffee Pods**
Selected Varieties,
30's

21⁴⁷
ea

**BIGGER, BETTER BARGAINS.
NOW YOU'RE IN
THE ZONE.**

*Some limits may apply, no raincheques, no returns.



BUY LOW. GET MORE DEALS!



BL2

LET US SAVE, LET US SAVE, LET US SAVE.

PANTRY PLEASERS



**McCormick
Gourmet Spices**
Selected Varieties

buy 2 get 1
free



**Campbell's Ready
to Use Broth**
(900 mL) or Concentrated
(250 mL), Selected Varieties

Buy 2+
1.97
ea



**Nature Valley
Granola Bars**
Selected Varieties,
210g

2.97
ea



**Frank's
RedHot Hot
Sauce**
Selected Varieties,
354 mL

3.97
ea



**French's Dijon
Mustard**
(325 mL) or Yellow
(550 mL), Selected
Varieties

2.47
ea



**Old El Paso Soft
Tortillas**
(334g) or Stand 'N Stuff
(133g), Selected Varieties

3.47
ea

SNACK STOCK UP



**Montellier
Sparkling Water**
(10 x 355 mL), Also
Bubly (12 x 355 mL),
Selected Varieties

Buy 2+
5.97
ea
or 6.97 ea



**Miss Vickie's
Kettle Cooked
Potato Chips**
(200g), Also Sunchips
(205g), Selected
Varieties

3.77
ea



Annie's Pasta
Selected Varieties,
170g

2.67
ea



**Leclerc
Célébration
Cookies**
Selected Varieties,
240g

3.27
ea



**Quaker Crispy
Minis**
(100g) or Rice Cake
(127g), Selected
Varieties

2.47
ea



**Ferrero Rocher
Chocolate**
Selected Varieties,
247g

14.97
ea



**AD
MATCH**

**Show us any competitor's flyer
and we will match it!**

Some conditions apply. Visit buy-low.com for details.

SAVE TO THE WORLD.

SAVE MORE with our every day low prices **PLUS** Ad Match, Drop Zone, Compare & Save and shopping rewards.

DAIRY & FROZEN



Armstrong Shredded Cheese
Selected Varieties, 320g

3⁹⁷
ea



Dr. Oetker Ristorante Pizza
Selected Varieties,
Frozen, 320g

3⁴⁷
ea



Western Family Salted Butter
454g

4⁹⁷
ea



Green Giant Simply Steam Vegetables
Frozen, 250g

3\$5
for



International Delight Coffee Enhancer
425 mL

2⁹⁷
ea



Häagen-Dazs Ice Cream
(450 mL) or Novelties
(3 x 88 mL),
Selected Varieties

5³⁷
ea

HOUSEHOLD & PERSONAL CARE



Western Family Cling Wrap
90 Meters

2⁹⁷
ea



Scope Mouthwash
Selected Varieties, 1 Litre

5⁹⁷
ea



Western Family Ultra Liquid Dish Soap
532 mL

2⁴⁷
ea



Fisherman's Friend Lozenges
Selected Varieties, 22's

1⁹⁷
ea



Western Family Freezer Bags
or Storage, Selected
Varieties, 10's

4⁹⁷
ea



Herbal Essence Hair Care
Selected Varieties,
346 mL

3⁹⁷
ea

WE'RE SLEIGHING HIGH PRICES.

Fly by our store
and experience a
**WORLD OF
SAVINGS!**



**Seaking
Marinated
Milkfish**
400g



5.97
ea

**Goldilocks
Steamed
Pork Buns**
or Chicken, Frozen,
580g



9.97
ea

**Golden Saba
Steamed
Banana**
Frozen, 454g



3.47
ea



3.97
ea

**Suncrest Fudgee
Barr Chocolate**
420g



5.47
ea

**M.Y. San
Skyflakes
Crackers**
800g

**Mang Pedro's
Old Fashion
Pork Rinds**
142g



3.67
ea



6.97
ea

Palm Corned Beef
326g



6.97
ea

**Pinoy Delight Red
'N Juicy Hot Dog**
450g

THERE'S SOY MANY DEALS FOR YOU.