

Shop our *best deals*
this week!

 HOTSALE! (WV) BOGO FREE 12 LOTUS BOWLS OR 12 PEPSI BOTTLES Select Varieties PEPSI PRODUCTS W/O MVP Card Regular Retail Single Item Retail Price LIMIT 4 FREE	6.88-20 Oz. Select Varieties SELECT VARIETIES OR ENTENMANN'S LITTLE BITES MUFFINS HOTSALE! (WV) BOGO FREE  8 Pack 12 Cakes, Bottles or 12 Pack 12 Cakes, Bottles Select Varieties PEPSI PRODUCTS W/O MVP Card Regular Retail Single Item Retail Price LIMIT 4 FREE	13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX HOTSALE! (WV) \$1^{EA}  W/O MVP Card \$1.99 EA	12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM HOTSALE! \$5⁹⁹^{EA}  W/O MVP Card \$6.99 EA
--	--	---	--

7.75-12.4 Oz.
Select Varieties

CHEEZ-IT
OR **CHEEZ-IT**
SNAPD

LIMIT 4 FREE



6.5-8 Oz.
Select Varieties

CHEETOS
OR **FRITOS**

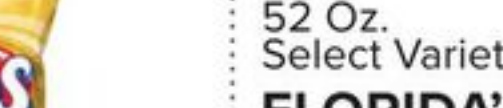
LIMIT 4 FREE



52 Oz.
Select Varieties

FLORIDA'S
NATURAL
ORANGE JUICE

LIMIT 4 FREE



16 Oz.
Select Varieties

CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS

LIMIT 4 FREE



HOT SALE!
(limit 4)

BOGO FREE

W/O MPP Card \$9.99 EA
Single Item Half Price

HOT SALE!
(limit 4)

BOGO FREE

W/O MPP Card \$9.99 EA
Single Item Half Price

HOT SALE!
(limit 4)

2 \$6

W/O MPP Card \$4.49 EA

HOT SALE!
(limit 4)

3.99
EA

W/O MPP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOT SALE!
34⁹⁹ EA
10 MVP COUPON \$3.19 EA

48 Oz. Select Varieties
BREYERS
ICE CREAM

MVP COUPON
24⁹⁹ EA
10 MVP COUPON \$2.19 EA

48 Oz. Select Varieties
QUAKER
INSTANT
OATMEAL

HOT SALE!
2/^{\$5}
10 MVP COUPON \$3.49 EA

4.7-8.7 Oz. Select Varieties
HAMBURGER
HELPER

HOT SALE!
1/^{\$1}
10 MVP COUPON \$2.09 EA

75-110 Oz. Liquid or 32-42 CT. Pails Select Varieties
ARM & HAMMER
Baking Soda

HOT SALE!
6/^{\$9.99} EA
10 MVP COUPON Regular Retail

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

HOT SALE!
MVP

2⁹⁹
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

OSCAR MAYER Deli Fresh
HOT & COLD
SMOKED HAM

7-9 Oz. Pkg.
Select Varieties
**OSCAR MAYER
DELI FRESH
LUNCH MEAT**

9 oz.

10-11 OZ. - Select Varieties
POST PEBBLES CEREAL

HOTSALE!
MVP
1.79
EA
W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA MVP

A box of Post Fruity Pebbles cereal, featuring the cartoon character Pebbles and the text "Fruity Pebbles" in large, colorful letters. The box is red and yellow with various fruit illustrations.

7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
MVP

2/\$5

W/O MVP Card \$3.79 EA

REST OF WEEK \$3.79



The image shows two bags of Tillamook Sharp Cheddar cheese. The bag on the left is labeled 'SHARP CHEDDAR' and 'Sliced'. The bag on the right is labeled 'SHARP CHEDDAR' and 'Shredded'. Both bags are white with blue and red accents. The Tillamook logo is visible on both bags.

8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**



HOT SALE!
MVP
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA

20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Mail Price
Off Regular Retail

REST OF WEEK \$2.99 EA

MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!
MVP
5.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP

A green box of Bounty Select Soft 4 Double Rolls toilet paper and a red canister of Charmin Ultra Soft Mega Roll toilet paper.

18 Oz.
Select Varieties

**DUKE'S
SQUEEZE
MAYONNAISE**

HOT SALE!

MVP

4^{EA} \$9

W/O MVP Card \$5.49 EA



Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, a slice of jalapeño, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible in the background. A silver spoon rests on the cutting board in front of the bowl.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
bowl
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

The image shows a package of Smithfield Marinated Pork Loin Filet at the top. Below it, a cooked pork loin is served on a white platter, garnished with green beans and sliced pork chops.

HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



Smithfield
BACON
Hickory Smoked

HOTSALE!
NVP
4.99
EA
W/O MVP Card Regular Retail

The top image shows a Hormel Pepperoni pizza box. The box is red and white, featuring the Hormel logo and the word "PEPPERONI" in large, bold letters. Below the name, it says "Original". The box also displays an image of a pepperoni pizza. The bottom image is a red price tag with the text "MVP PRICED LOW EVERY DAY" and a large "3.99 EA" in yellow. At the bottom of the tag, it says "W/O MVP Card Regular Retail".



Smithfield
Anytime
SELECTED
HONEY CURED
BONELESS HAM
8 OZ. PKG.

8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!
MVP
7.99
EA

W/O MVP Card Regular Retail

6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN



Curly's Pulled Pork packaging. The package is blue and white with a large image of a pulled pork sandwich. Text on the package includes "Curly's", "PULLED PORK", "PULLED PORK SANDWICH", "16 OZ. (1 LB.)", "NET WT. 16 OZ. (1 LB.)", and "PREPARED".

SUSTAINABLY SOURCED SEAFOOD

Product	Weight	Price	Label
Salmon Fillet	16 Oz. - Fresh	\$9.99 EA	HOTSALE! MVP
Food Lion Seafood Medley	40 Oz. Pkg. Frozen	\$10.99 EA	HOTSALE! MVP
Shrimp Ring	8 Oz. - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Raw Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Cooked Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$7.99 EA	HOTSALE! MVP

W/O MVP Card Regular Retail

HOTSALE!

MVP

10.99
EA

W/O MVP Card Regular Retail

40 Oz. Pkg.
Frozen
FOOD LION
SWAI

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



Chickpea Sea
RESPONSIBLY RAISED
SHRIMP
UNCOOKED

100% Wild Caught
100% Responsibly Raised
100% No Antibiotics
100% No Hormones
100% No MSG
100% No Preservatives

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN
OF THE SEA
RAW SHRIMP**

HOTSALE!
MVP
5.99
EA

W/O MVP Card Regular Retail

Chickpea & Sea
RESPONSIBLY SOURCED
SHRIMP
COOKED
26-30 Ct. (12 Oz. Bag - Froze)

26-30 Ct.
12 Oz. Bag - Froze

**CHICKEN
OF THE SEA
COOKED
SHRIMP**

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS

MADE WITH BEEF, PORK AND CHICKEN

— ITALIAN STYLE —

OVEN BAKED

NET WT. 24 OZ (1.5 LB) 680 G

Rosina

MEATBALLS

— ITALIAN STYLE —

52 1/2

HOT SALE! **6⁴⁹_{EA}**
W/O MVP Card Regular Retail
MVP Coupon **-1⁰⁰_{OFF}**
5⁴⁹_{EA}
W/ MFR. DISCOUNT SAVINGS

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION
CATERING

Make the
holidays easy
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

SIGNATURE SANDWICH PLATTER

LARGE MINI SANDWICH PLATTER

CHICKEN WING TRAY

LARGE GARDEN
VEGETABLE
PLATTER

CHICKEN TENDER TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



Bring joy
to a family's table when you
buy a holiday box



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. feedlion.com/feeds

Baked in —————
fresh **flavor!**
Find our recipe on foodli

ZNHP ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKGB ZKNA ZKVN ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNHI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 12/03/25

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper VARIETY PACK

12 Pack - 12 Oz. Cans Select Varieties MICHELOB ULTRA OR KONA

HOTSALE!

15.49 EA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

FOOD LION
Colby Jack Cheese Casserole

NESTLE TOLL HOUSE
Chocolate Chip Cookies

HOTSALE!
14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
W/O MVP Card \$4.69 EA

6-4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS

2/\$5
W/O MVP Card Regular Retail

6-5-8 Oz. Tub or 16 Oz. Quarters
Select Varieties
LAND O LAKES BUTTER OR MARGARINE

2/\$5
W/O MVP Card \$2.99 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

2/\$5
W/O MVP Card \$2.99 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT

4/\$5
W/O MVP Card \$1.69 EA

16 Oz. Select Varieties
KRAFT SINGLES

3.99
EA
W/O MVP Card \$4.99 EA

4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

2.99
EA
W/O MVP Card \$3.99 EA

8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE

2/\$3
W/O MVP Card \$1.69 EA

FROZEN



EGGO
Homestyle

HOTSALE!
10-7-12.3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA



MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA

4-5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

HOTSALE!
99¢
EA
W/O MVP Card \$1.58 EA

7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

HOTSALE!
\$1
EA
W/O MVP Card \$1.88 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

HOTSALE!
3.49
EA
W/O MVP Card \$3.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY DINNERS

HOTSALE!
6.99
EA
W/O MVP Card \$8.99 EA



RED BARON
Classic Crust

HOT SALE!
15-77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

3.49
EA
W/O MVP Card \$5.19 EA
MVP Coupon -1.00 OFF



Freschetta

HOT SALE!
17-65-27.51 Oz. Select Varieties
Excludes Gluten Free
FRESCHETTA PIZZA

4.99
EA
W/O MVP Card \$6.99 EA
MVP Coupon -1.00 OFF



Stouffer's
Family Size Dinners

HOT SALE!
28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

6.99
EA
W/O MVP Card \$9.29 EA
MVP Coupon -1.00 OFF

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS

HOTSALE!
1.99
EA
W/O MVP Card \$2.29 EA

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

7-27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS

HOTSALE!
4.99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK COFFEE

HOTSALE!
5.99
EA
W/O MVP Card Regular Retail

42 Oz. Old Fashioned or Quick
FOOD LION OATS

PRICED LOW EVERY DAY
4.29
EA

24-32 Oz. Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

22-6-25.9 Oz. Can Select Varieties
FOLGERS COFFEE

HOTSALE!
11.99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION COFFEE

HOTSALE!
12.79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Prevents Chapping

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct. Select Varieties

NATROL

MELATONIN

HOTSALE!

7.99

EA

W/O MVP Card \$8.99 EA

6-8 Oz. Select Varieties

NOT YOUR MOTHER'S CURL, TALK OR DRY SHAMPOO

HOTSALE!

8.99

EA

W/O MVP Card \$9.99 EA

12 Oz. Select Varieties

CERAVE

CLEANSER OR LOTION

HOTSALE!

13.69

EA

W/O MVP Card \$15.99 EA

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



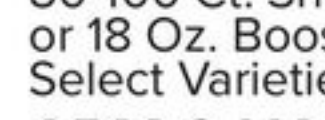
16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!
MVP
6.99
EA
W/O MVP Card Regular Retail

48 Oz. Select Varieties
OXICLEAN

HOTSALE!
MVP
7.49
EA
W/O MVP Card \$8.99 EA

12 Rolls
Select Varieties
**FOOD LION
BATH TISSUE**

HOTSALE!
MVP
\$1
EA
W/O MVP Card \$1.79 EA

- BABY

- PET

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOTSALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA

VALUE PACK

Blistex
MEDICATED
LIP BALM

Smooth, Easy-Gliding
Protection

Seals in Moisture
to Soothe & Prevent Dry Lips

3 Balm
VALUE
PACK

Blistex
Blistex
Blistex

1.5 oz. (42.5 g) ea.

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA

MVP Coupon **-500** OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN UNSTOPPABLES

15.99 EA

MVP Coupon **-400** OFF 1

11.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$24.99 EA

MVP Coupon **-500** OFF 1

14.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹

EA

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3⁴⁹

EA

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9⁹⁹

EA

SUGAR PLUM
BOUQUET



HOTSALE!

3⁹⁹

LB

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
Burlington, Graham, Haw River, Mebane

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNHP 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



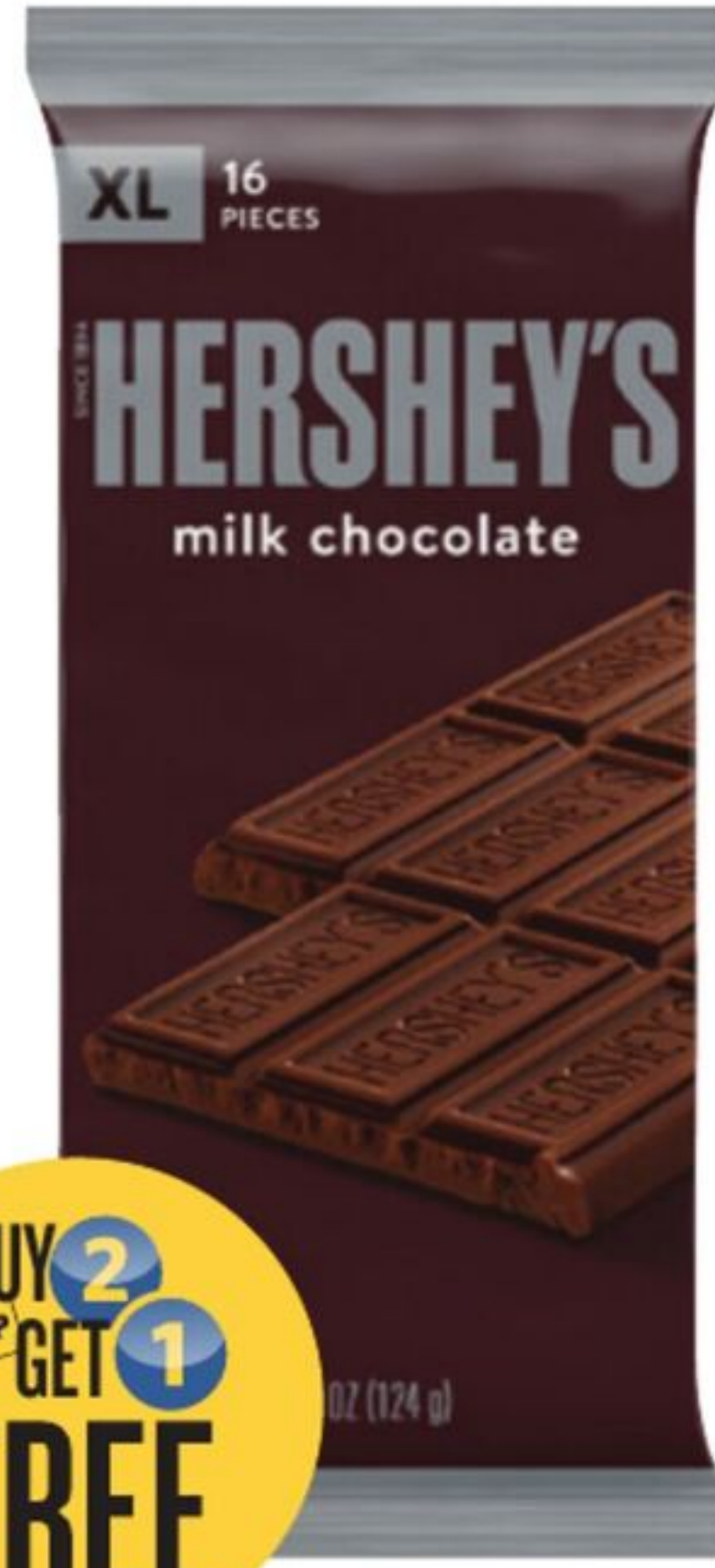
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.98
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!