



CHOICES MARKET

Supporting local communities since 1990

Prices Effective • December 4 - December 10, 2025

35 YEARS OF CHOICES!

SPECIAL PRICE

Sirloin Tip Roast

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, or Steak, \$15.41/KG

\$7.99 / LB

YOU SAVE
43%



MADE IN CANADA

YOU SAVE
20%

Choices Pot Pies

Chicken, Beef or Cranberry Turkey, 245g - 285g

\$7.99



MADE IN CANADA

YOU SAVE
33%

Rosdown Roasted Chickens

2 FOR \$20.00



MADE IN CANADA

Choices Signature Christmas Stollen

225g - 908g

20% OFF



MADE IN CANADA

Choices Sourdough Bread Levain Style, 530g

YOU SAVE
33%

2 FOR \$8.00



PRODUCT OF CANADA

Organika Enhanced Collagen & Bone Broths Assorted Varieties & Sizes

35% OFF



MADE IN CANADA

49th Parallel Organic Whole Bean Coffee Select Varieties, 340g

YOU SAVE
48%

\$12.99



PRODUCT OF CANADA

SPECIAL PRICE

Organic Carrots

From Fountainview Farm, BC, 2.27kg Bag

\$9.98 / EA

YOU SAVE
37%



ONE ANNIVERSARY DAY SALE!

AT CHOICES KITSILANO!

SATURDAY, DECEMBER 6

10% OFF
ENTIRE STORE
INCLUDING SALE ITEMS*

THE FIRST 100 CUSTOMERS GET A

\$10
CHOICES GIFT CARD

DOORS OPEN AT 7AM

Door Crasher Deals - While Quantities Last

*Excluding Gift Card purchases.

See page 5 for details. Sale not available online.

PRODUCE FRESH • LOCAL • ORGANIC



Organic Anjou Pears
BC Grown,
\$6.57/KG

\$2.98 / LB



Organic Pink Lady Apples
BC Grown,
1.36kg Bag

\$6.98 / EA

Organic Honeycrisp Apples
BC Grown,
\$6.57/KG



\$2.98 / LB

Organic Yellow, Red and Purple Nugget Potatoes
From Fraserland Organics, BC,
\$6.57/KG



\$2.98 / LB



\$15.98 / EA

Blue Jay Label Stem and Leaf Satsuma Mandarins
From Johnston Farm, 1.81kg Pkg.

Product appearance may differ from that shown in the flyer. Product availability is subject to variation across stores.

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$7.99 / LB

Fresh Chicken Breasts
Boneless, Skinless, Value Pack,
\$17.61/KG



\$6.99 / LB

Thomas Reid Organic Drumsticks
Local, Free Range, Non- GMO, Air Chilled,
Raised in the Fraser Valley, \$15.41/KG



\$9.99 / LB

Extra Lean Ground Beef
100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported from
Australia \$22.02/KG



Pork Butt Roast or Steaks
Fresh, Boneless,
Raised Without Antibiotics,
\$13.21/KG

\$5.99 / LB



\$3.99 / EA

Ahi Tuna Steak
Ocean Wise, Frozen or
Previously Frozen, 6 oz



Grimm's Sausage Rings
300g



\$7.99 / EA

Soup Etc! Fresh Soups
Select Varieties,
700ml



2 FOR \$12.00

Northern Glacier Raw or Cooked Shrimp
51 to 60 Count,
Frozen, 200g



\$3.99 / EA



Zevia
Zero Sugar
Soda
6 Pack

\$5.99

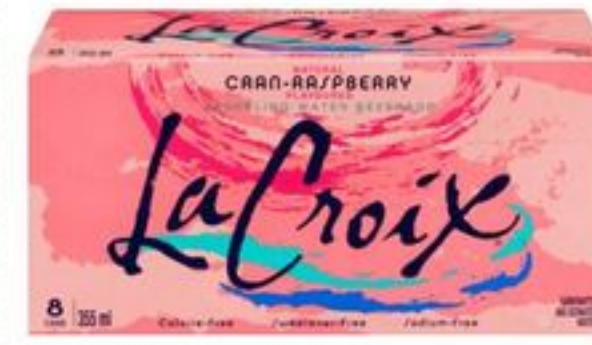
plus deposit & eco fees



Fentimans
Botanically
Brewed Crafted
Ginger Beer
Also Cola & Tonic
Water, 4 Pack

\$10.99

plus deposit & eco fees



La Croix
Sparkling
Flavoured Water
8 Pack

\$5.99

plus deposit & eco fees



Tate's Bake
Shop Cookies
Select Varieties,
198g

\$7.99



Fresh is Best
Tri-Flavour
Tortilla Chips
300g

\$3.99



Mrs. Renfro's
Salsa
473ml

\$6.99



Ritter Sport
Chocolate Bars
Select Varieties,
100g

\$4.49



Sillycow Farms
Hot Chocolate
Mix
480g

\$7.99



Gay Lea Real Coconut
Whipped Cream
Also Real Whipped Cream
& Chocolate Whipped
Cream, Select Varieties,
225g

\$5.99

BIG SAVINGS ON ALL ITEMS!



Bob's Red Mill All Purpose
Unbleached White &
Whole Wheat Flour
(2.27kg), Also Baking Powder
& Soda (397g & 454g), Select
Varieties

20% OFF



Wholesome
Organic Sweeteners
(454g - 907g), Also
Organic Blue Agave
& Organic Molasses
(240ml - 480ml),
Select Varieties

25% OFF



Bob's Red Mill
Almond Flour
453g & 907g
Also Coconut Flour,
453g

20% OFF



Chapman's
Super Premium
Plus Ice Cream
500ml

\$4.99



Shady Maple
Organic Farms
Maple Syrup
250ml - 500ml

20% OFF



RJ's
Licorice
180g

2 FOR \$6.00



Righteous
Sorbetto &
Gelato
473ml

\$6.99



Caboo Bamboo
Bathroom Tissue
Also Paper Towels,
Baby Wipes &
Facial Tissues,
Select Varieties

20% OFF



Nature Clean
Dish Liquid
740ml

\$4.49



**Born 3 Eggs
Omega-3
Large Eggs
Dozen**

\$5.99



**Saputo
Shredded
Cheese
320g**

\$6.99



**Silk Non-Dairy
Almond Beverage**
Also Coconut, Soy,
Cashew & Oat,
1.75L & 1.89L

\$5.99

plus deposit & eco fees



**Tree Island
Cream Top
Yogurt**
Select Varieties,
500g

\$4.99



**Terra Granola
800g & 850g**

\$16.99



**Maison Riviera
Coconut Milk
Yogurt**
Select Varieties,
500g & 650g

\$5.99



**Happy Planet
Organic Valencia
Orange Juice**
1.75L

\$6.99

plus deposit & eco fees



**Nuts to You
Almond
Butter**
365g

\$9.99



St Dalfour Jam
100% from Fruit
225ml

\$4.99

BIG SAVINGS ON ALL ITEMS!



**Mezzetta
Pasta Sauce**
709ml

\$7.99



**L'Ancêtre
Organic
Cheese**
Select Varieties,
190g & 200g

20% OFF



**Phoeapolis
Organic Extra
Virgin Olive Oil**
750ml

\$19.99



**Raincoast
Sockeye Salmon**
Also Skinless
Boneless Sockeye
& Wild Pink, Select
Varieties, 150g - 160g

20% OFF



**Rizopia Organic
Brown Rice Pasta**
Also Organic Wild
Rice & Organic
Quinoa Pasta, Select
Varieties, 340g - 454g

20% OFF



**Chosen Foods
Avocado Oil
Mayonnaise**
332ml - 710ml

20% OFF



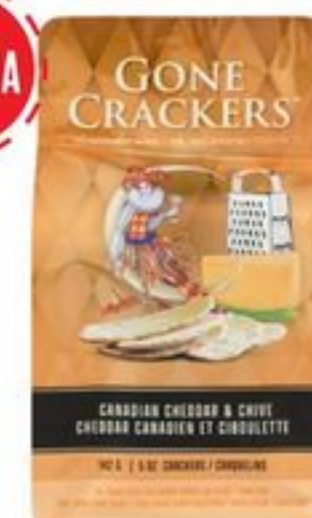
**Lundberg
Organic Rice**
Select Varieties,
907g

\$10.99



**Sprague
Organic Soup**
Select Varieties,
398ml

2 FOR \$7.00



**Gone
Crackers**
142g

\$5.99

PRODUCE FRESH • LOCAL • ORGANIC



Long English Cucumbers
Canada Grown

2 FOR \$4.00



Organic Medley Mix Cherry Tomatoes
Mexico Grown,
1 Dry Pint

\$4.98 / EA



Gourmet Bouquet

\$24.98 / EA



Mini Red Seedless Watermelon
Mexico Grown

\$3.98 / EA



Organic Romaine Hearts
USA Grown,
Bag of 3

\$6.98 / EA



Organic Broccoli Bunch
Mexico Grown,
\$9.88/KG

\$4.48 / LB

Product appearance may differ from that shown in the flyer. Product availability is subject to variation across stores.

DELI PREPARED FRESH



Choices Ready to Bake Pizza
12 Inch

\$12.99 / EA



Choices Artisan Ham Sandwiches
Also Roast Beef
or Turkey

\$8.99 / EA



Summer Fresh Dips
Also Hummus,
200g ~ 227g

2 FOR \$8.00



Vitale Sliced Salami
Also Prosciutto,
Italy, 100g

\$10.99 / EA



Choices Maple Dijon Ham
Baked in Store

\$3.29 / 100G



Bella Casara Burrata Cheese
250g

\$14.99 / EA



Castello Aged Havarti Cheese Wedges
Also Gouda
or Cheddar, 200g

2 FOR \$12.00



Choices Organic Cheese

20% OFF



Parmesan Reggiano Cheese
Italy

\$5.49 / 100G

35 YEARS ONE ANNIVERSARY DAY SALE!

SATURDAY, DECEMBER 6

ONLY AT CHOICES KITSILANO

10% OFF
ENTIRE STORE
INCLUDING SALE ITEMS

THE FIRST 100 CUSTOMERS GET A
\$10
CHOICES GIFTCARD**

- Door Crasher Deals ~ While quantities last PLUS, FROM 11 - 4PM!
- Donation prize wheel in support of BC Children's Hospital Foundation
- Enter to win fabulous prizes, like 350,000 Choices Points or a grand prize trip to Greece!***
- Free samples, live music, face painting and more!

*Excludes GiftCard purchases. Sale not available online, offer valid at Kitsilano 2627 West 16th Avenue, Vancouver location only. ** While quantities last. Store opens 7 am ***See in-store for complete details.

BAKERY FRESH BAKED • WHOLESOME



Choices Mincemeat Buns
With Rum Sauce,
460g

\$6.99 / EA



Choices Apple Crisp Pie
8 Inch

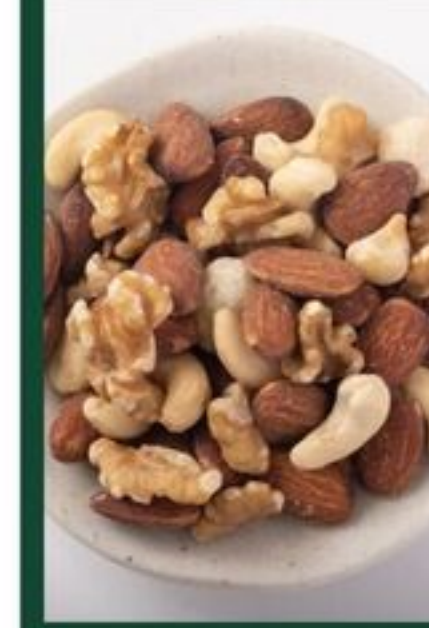
\$12.99 / EA



Golden West English Muffins
6 Pack

2 FOR \$5.00

BULK FOODS



Raw Organic Nuts
Bulk Bins Only,
Select Varieties

20% OFF



Bakestone Brothers Organic Bagels
6 Pack

\$5.49 / EA



Carbonaut Low Carb White Bread
Also Seeded or Oat,
355g - 544g

\$7.49 / EA



Rebel Foods Cookies
10 Pack

\$8.99 / EA



EatDabble Protein Doughnuts
Two New Seasonal Flavours, 2 Pack

\$9.99 / EA

WELLNESS REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Prairie Naturals Vitamin D3 1000IU & 2500IU
Liquid & Softgels,
Assorted Sizes

BUY 1 GET 1 FREE



Progressive Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



New Chapter Vitamins & Supplements
Assorted Varieties & Sizes

15% OFF



CanPrev Magnesium Supplements
Select Varieties & Sizes

20% OFF



Sisu Ester-C Supplements
Assorted Varieties & Sizes

20% OFF



NutraSea Omega-3+D Supplements
Select Varieties & Sizes

20% OFF



Lily of the Desert Aloe Vera Juice
Also Gel,
Assorted Varieties & Sizes

25% OFF



Bach Rescue Remedy
Also Flower Remedies,
Assorted Varieties & Sizes

20% OFF



Weleda Facial & Body Care
Assorted Varieties & Sizes

25% OFF



Andalou Naturals Hair Care
Also Body & Face Care, Assorted Varieties & Sizes

20% OFF



Aura Cacia Essential Oils
Body Oils & Bubble Bath
Assorted Varieties & Sizes

30% OFF



The Kelowna Candle Factory Beeswax & Soy Candles
Assorted Varieties & Sizes

20% OFF

Shop online at ChoicesMarket.com @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.