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metropolitanmarket®



METROPOLITAN MARKET
THE COOKIE
5.5 oz, mix and match: chocolate chip and peanut butter
Ooey-goey goodness fresh from the oven—one bite and you'll understand why The Cookie has achieved local-legend status. Nearly half its weight is in pure chocolate, swirled with toasted walnuts for just the right amount of crunch. Batches are baked continuously throughout the day so you can enjoy a warm, melty cookie whenever the cravings strike.

2/\$5 SAVE UP TO \$2.98 on 2



METROPOLITAN MARKET
LATTE
12 oz
Seasonal lattes not included
Sip on a comforting cup of hand-pulled Caffe Vita espresso blended with your choice of milk.

3.00
SAVE \$1.50



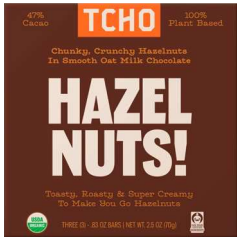
local
CAFFE VITA
COFFEE
12 oz, selected varieties

12.99
SAVE UP TO \$7.00



METROPOLITAN MARKET
CINNAMON BREAD
20-21 oz, selected varieties

5.99
SAVE \$2.00



TCHO
CHOCOLATE BARS
2.5 oz, selected varieties

BUY ONE GET ONE
FREE
SAVE \$4.99 ON 2



local
BEECHER'S
"WORLD'S BEST"
MAC & CHEESE
20 oz
Grown-up mac & cheese made with Beecher's beloved Flagship and penne pasta—creamy and delicious!

9.99
SAVE \$7.50



METROPOLITAN MARKET
FAMILY-SIZE CAESAR SALAD
An effortless side dish for pasta or pizza night.

9.99
SAVE \$2.00



RAO'S OR CALIFORNIA PIZZA KITCHEN
PIZZA
10.8-21.2 oz, selected varieties

8.99
SAVE UP TO \$6.00



NEW CROP
SUGAR GEM MANDARINS
3 lb, grown in USA
Sweet, juicy, and easy to peel—Sugar Gem mandarins are the perfect winter snack or lunchbox treat.

9.99
SAVE \$5.00



CAMPO VIEJO
RED BLEND OR GARNACHA
750 ml
Stock up on elegant Spanish wines for all your holiday season gatherings.

5.99
SAVE UP TO \$14.00



METROPOLITAN MARKET
EXTRA LEAN GROUND BEEF
Naturally raised, no antibiotics or added hormones
Born, raised, harvested USA

6.99/lb
SAVE UP TO \$2.00/lb

Prices effective November 28 - December 2, 2025

see what we're loving ▶▶▶

what we're loving

top picks, latest finds, and seasonal favorites — see what our buyers are excited to share!



HOLIDAY ORNAMENTS AND BOXED CARDS

We have everything you need for a decked-out, jolly holiday! Our ornament selection includes festive designs for every aesthetic, and our holiday cards are the perfect finishing touch for thoughtful gifting.

20% off



Jenny VanDerwalker
Metropolitan Market
Housewares Category Manager



KILLOWEN FARM GREEK-STYLE YOGURT **new**

4.49 oz, selected varieties

I love the luxurious taste and texture of this award-winning Irish yogurt. For over 200 years, the Dunne Family has been crafting natural dairy products from their own herd of grass-fed cows.

3.99 | save \$0.50



John Creed
Metropolitan Market
Center Store Category Manager



METROPOLITAN MARKET KALBI-STYLE BEEF FLANK STEAK

Prepared in-house by the Butcher Shop

Enjoy Korean BBQ at home with expertly marinated flank steak packed with umami-rich flavor.

18.99^{lb}
SAVE \$4.00^{lb}



organic

JOSIE'S ORGANICS CHOPPED SALAD KIT

10-12 oz, selected varieties

4.99
SAVE \$2.00



METROPOLITAN MARKET CHICKEN PARMESAN

Ready-to-cook from the Butcher Shop
Product of USA

Oven-ready chicken parmesan is a delicious, no-prep solution for weeknight dinners.

9.99^{lb}
SAVE \$3.00^{lb}



organic

METROPOLITAN MARKET EXTRA VIRGIN OLIVE OIL

16.9 oz

Our cold-extracted olive oil is perfect for dipping, dressing, or drizzling.

8.99
SAVE \$4.00



METROPOLITAN MARKET WRAPS

Selected varieties

Dine in a dash with our fresh and flavorful wraps—packaged to-go for your lunch-break convenience.

6.99
SAVE \$1.00



POLAR SELTZER SELTZER WATER

12-pk, 12 oz, selected varieties

2/\$7

SAVE \$4.98 on 2



local

SOLENA CORN TORTILLA CHIPS

16 oz

These tortilla chips are made from traditional stone-ground corn for authentic flavor.

2/\$7
SAVE \$2.58 on 2



LOS ROAST HATCH CHILE SALSA

16 oz

Made from New Mexico's famous Hatch chiles for smoky, hot wow-factor.

5.99
SAVE \$4.30



5-STEM GERBERA DAISIES

5.99
SAVE \$5.00



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Prices effective November 28 – December 2, 2025. We reserve the right to limit quantities to retail sales. Product availability may be limited to seasonality and/or weather conditions.

metropolitanmarket®



metropolitan-market.com



fresh deals



local

GRANNY SMITH APPLES **2.49^{lb}**
Grown in Washington **SAVE \$1.00^{lb}**



METROPOLITAN MARKET
BONELESS PORK TOP LOIN ROAST **6.99^{lb}**
All-natural, no antibiotics or added hormones
Product of USA **SAVE UP TO \$3.00^{lb}**



organic

CELERY **1.99^{lb}**
Grown in USA **SAVE \$1.00^{lb}**



METROPOLITAN MARKET
BONE-IN LEG OF LAMB **16.99^{lb}**
Born, raised, harvested USA
No antibiotics or added hormones **SAVE \$2.00^{lb}**



FRESH ATLANTIC SALMON FILLET **19.99^{lb}**
Responsibly farmed
Product of Iceland **SAVE \$4.00^{lb}**



local organic
SHALLOTS **3.99^{lb}**
Grown in Washington **SAVE \$2.00^{lb}**



TURKEY ROASTING HERB GARDEN

14.99
SAVE \$5.00



METROPOLITAN MARKET
SPIRAL-SLICED UNCURED KUROBUTA HAM **7.49^{lb}**
SAVE \$1.00^{lb}



WILD-CAUGHT LOBSTER TAILS **12.99**
5-6 oz, previously frozen
Product of USA and Canada **SAVE \$7.00**



local
YELLOW ONIONS **0.89^{lb}**
Grown in Washington **SAVE \$0.60^{lb}**



NORTHWEST NATURAL
FRESH BONE-IN TURKEY BREAST **4.29^{lb}**
Product of USA **SAVE \$0.40^{lb}**



1 LB COOKED PRAWN PLATTER **12.99**
31/35 count, prepared in-house by the Fish Market
Farm-raised, product of Indonesia **SAVE \$7.00**



organic
RUSSET POTATOES **4.99**
5 lb bag **SAVE \$2.00**



organic
SHIITAKE MUSHROOMS **9.99^{lb}**
Grown in USA **SAVE \$6.00^{lb}**



SUPREME MEDIUM BOUQUET **29.99**
SAVE \$3.00



RUSTIC RADIANCE **9.99**
SAVE \$3.00



exclusive
**CHATEAU LE FAURE
BORDEAUX
ROUGE**
750 ml

9.99
SAVE \$6.00



local
**SEVEN HILLS
PINOT GRIS
OR SAUVIGNON
BLANC**
750 ml

12.99
SAVE \$18.00



**PINE RIDGE
CHENIN BLANC
+ VIOIGNIER**
750 ml

12.99
SAVE \$9.00



**HUGEL
GENTIL
SELECTION**
750 ml

14.99
SAVE \$10.00



**CLETO CHIARLI
LAMBRUSCO
CENTENARIO**
750 ml

14.99
SAVE \$5.00



local
**WILD HILLS
PINOT NOIR**
750 ml

13.99
SAVE \$12.00



local
**NOVELTY HILL
SAUVIGNON
BLANC OR
ROYAL SLOPE
RED**
750 ml

16.99
SAVE \$8.00



local
**ASHAN
CHARDONNAY**
750 ml

16.99
SAVE \$13.00



**JUSTIN
SAUVIGNON
BLANC**
750 ml

16.99
SAVE \$9.00



**LUCIEN
ALBRECHT
CREMANT
D'ALSACE**
750 ml
Brut Rose or Brut

18.99
SAVE \$7.00



local
**TRANCHE
CELLARS
PAPE ESTATE**
750 ml
Pink or Blanc

18.99
SAVE \$11.00



local
**L'ECOLE NO 41
FRENCHTOWN
RED OR
CHARDONNAY**
750 ml

19.99
SAVE \$10.00



**DAMILANO
BAROLO
LECINQUEVIGNE**
750 ml

39.99
SAVE \$14.00



**G.H. MUMM
GRAND
CORDON BRUT**
750 ml

39.99
SAVE \$28.00



local
**DELILLE CELLARS
D2**
750 ml
Chaleur Blanc
750ml, \$34.99

39.99
SAVE \$10.00



local
**YONDER
HARD CIDER**
4-pk, 16 oz
Selected varieties

11.99
SAVE \$4.00



**ATHLETIC BREWING CO.
NON-ALCOHOLIC
BEER**
6-pk, 12 oz
Selected varieties

10.99
SAVE \$3.00



local
**BUOY BEER CO.
BEER**
6-pk, 12 oz
Selected varieties

10.99
SAVE \$3.00



**FIVE FARMS
IRISH CREAM
LIQUEUR**
375 ml

18.99
SAVE \$2.00



**APEROL
ORANGE
BITTERS**
750 ml

29.99
SAVE \$3.00



**NATURE'S PATH
CEREAL**
10.6-14 oz
Selected varieties

4.59
SAVE \$0.70



**CROWN
MAPLE SYRUP**
8.5-12.7 oz
Selected varieties

Pancake Mix
16 oz, \$4.99

11.99
SAVE UP TO \$3.50



**TERRA BREADS
GRANOLA**
12 oz
Selected varieties

7.99
SAVE \$2.00



**PEET'S
COFFEE**
10-12 oz
Selected varieties

12.99
SAVE \$2.50



organic
**ORGANIC VALLEY
CREAMER**
32 oz
Selected varieties

5.49
SAVE \$1.70



**SIGGI'S
PROTEIN PACK**
4.5 oz, strawberry acai or
blueberry pomegranate

1.79
SAVE \$0.50



**SIMPLY
JUICE**
46-52 oz
Selected varieties

4.79
SAVE \$0.90



**CHOBANI
GREEK YOGURT**
32 oz
Selected varieties

6.29
SAVE \$1.70



**TORANI
PUREMADE
SAUCE**
16.5 oz
Selected varieties

7.19
SAVE \$1.30



**YOGI
TEA**
16-ct
Selected varieties

4.99
SAVE \$0.80



**KING ARTHUR
FLOUR**
80 oz
Selected varieties

6.99
SAVE \$2.00



**C&H
GRANULATED
SUGAR**
64 oz
Baker's sugar
56 oz, \$5.99

4.99
SAVE UP TO \$1.30



**DIAMOND OF CALIFORNIA
SHELLED
WALNUTS OR
CHOPPED
PECANS**
8-16 oz

8.99
SAVE UP TO \$3.00



**NESTLÉ CARNATION
EVAPORATED MILK**
12 oz, selected varieties
Sweetened
14 oz, 2/\$6

2/\$4
SAVE UP TO \$1.58 on 2



**SPLENDA
NO CALORIE
SWEETENER**
3.5 oz, selected varieties

4.99
SAVE UP TO \$2.00

**LIBBY'S
VEGETABLES**
14.5-15.25 oz
Selected varieties



Pumpkin
15 oz, \$2.49
Pumpkin Pie Mix, 30 oz
or Pumpkin, 29 oz
\$3.99

1.29
SAVE UP TO \$0.50



**FRENCH'S
FRIED ONIONS**
6 oz

4.49
SAVE \$1.00



organic
**PACIFIC FOODS
SOUP**
10.5-11 oz
Selected varieties

2.99
SAVE \$0.80



**KOOSHY
STUFFING MIX**
6 oz, classic sourdough

3.99
SAVE \$1.00



**JACOBSEN
SALT CO.
KOSHER SALT**
16 oz
Fine Italian
28.8 oz, \$6.99

8.99
SAVE UP TO \$3.30



**DIVINA
CASTELVETRANO
OLIVES**
4.9-7.8 oz
Selected varieties

5.99
SAVE UP TO \$2.60



**FOSTER'S
PICKLED
PRODUCTS**
16 oz
Selected varieties
Pickled garlic
16 oz, \$8.99

6.99
SAVE UP TO \$2.00



organic
**LUCKY FOODS
HOISIN SAUCE**
15.7 oz

8.49
SAVE \$1.80



organic
**NATIVE FOREST
COCONUT
MILK**
00 oz
Selected varieties

2/\$8
SAVE UP TO \$4.98 on 2



**SILLY COW FARMS
ALL-NATURAL
HOT CHOCOLATE**
16.9 oz

7.99
SAVE \$1.00



**MICHAEL'S OF BROOKLYN
SAUCE OR GRAVY**
32 oz
Selected varieties

8.99
SAVE \$3.00



**MONTEBELLO
PASTA**
16 oz
Selected varieties

4.49
SAVE \$1.30



**RAO'S
SOUP**
16 oz
Selected varieties

4.99
SAVE \$1.90



**PORTLAND PET
FOOD COMPANY
DOG BISCUITS**
5 oz
Selected varieties

6.59
SAVE \$1.40



**APPLAWS
CAT FOOD**
2.12 oz
Selected varieties

2.19
SAVE UP TO \$0.40



**ECOS
HAND SOAP**
17 oz
Selected varieties

5.49
SAVE \$1.30



**ECOS
LAUNDRY
DETERGENT**
100 oz
Selected varieties

14.49
SAVE \$2.50



**ECOS
DISH SOAP**
25 oz
Selected varieties

3.99
SAVE \$0.70



**SEVENTH GENERATION
100% RECYCLED
PAPER TOWELS**
1-ct

3.99
SAVE \$1.20



**SEVENTH GENERATION
BATH TISSUE**
4 double rolls
300 2-ply sheets

4.49
SAVE \$1.50