





PREMIUM
PORTERHOUSE
STEAK
\$16.99
PER LB



FRESH PORK
RIB CHUNKS
\$4.99
LB



AIR CHILLED
BELL & EVANS
BONELESS SKINLESS
CHICKEN BREAST
\$7.99
PER LB



ECUADORIAN
HEAD ON
SHRIMP
\$9.99
PER LB



CERTIFIED
ORGANIC
ORGANIC
AVOCADO
3/\$5
PER UNIT



CERTIFIED
ORGANIC
ORGANIC
JAPANESE
SWEET POTATOES
\$3.49
LB



CONVENTIONAL
GREEN GRAPES
\$3.99
PER LB



CONVENTIONAL
NAPA CABBAGE
79¢
PER LB



COLD CUT COMBO
OVEN GOLD TURKEY
AND AMERICAN
\$10.99
LB

DAIRY & FROZEN

Assorted Varieties (excl Apple, Cranberry & Grape)

Simply Orange Juice

\$3.99

46 oz carafe



Rosie's Farm Fresh Jumbo Brown Eggs

\$4.99

12 ct carton



Assorted Oikos Pro/Triple Zero Yogurt

3/\$6

5.3 OZ



Assorted Varieties Newman's Own Thin & Crispy Crust Pizza

\$7.99

15.1- 17 oz box



24oz Sides or Assorted Varieties of Stouffer Large Size Meals

\$5.49

9-19 oz box





SANDWICH OF THE
WEEK - AMERICAN
COMBINATION HERO
\$11.99
EACH



BELGIOIOSO
FRESH MOZZARELLA
UNSLICED
\$6.99
16 OZ



ATHENOS
FETA CHUNK
\$5.99
8 OZ

GROCERY

King Arthur All Purpose Flour

\$5.99

5 lb bag



Luigi Vitelli Pasta

4/\$5

16 oz pkg



15oz Vodka or Alfredo Sauce or Assorted Varieties Michaels of Brooklyn Pasta Sauce

\$6.99

32 oz jar



Buldak Carbonara Ramen Chicken Flavor

2/\$4

3.70oz



Ichiran Ramen Noodles

\$22.99

5pk



Nishiki Premium Rice

\$23.99

15LB



Assorted Varieties Frito Lay Lays or Kettle Chips

\$4.49

4.75-8oz bag



or, Manzanita Schweppes, Crush, Dr Browns, Country Time 2 Ltr

2/\$5

+ dep. 67.6 oz btl



Topo Chico White Claw or Truly

\$22.99

12 oz 12pk can



Assorted Scents Lysol Disinfectant Spray

\$5.99

12.5 oz aero



Crisp Lemon or Fresh Scent Clorox Disinfecting Wipes

\$3.99

35 ct canister



Hello Kitty Bath Tissue 30 Pk

\$26.99

each



WEEKLY SALES!



Nissin Cup Noodles
Beef,Chicken,or
Shrimp

3/\$2

2.25 oz
cup



Assorted Varieties

Spam
Luncheon Meat

\$4.69

12 oz
can



All Purpose or
Unbleached
Pillsbury
Flour

2/\$6

5 lb
bag



Chicken, Chicken Less
Sodium, Vegetable,
Spicy
Swanson's
Broth

\$2.99

32 oz
carton



**Kraft Mac &
Cheese**
or Velveeta Shells

4/\$5

2.05-2.39 oz
cup



Semi Sweet, Mini, Milk,
Dark or Reeses'
Hershey's
Chocolate Chips

\$3.99

10-12 oz
bag



Assorted Varieties

Pillsbury
Moist Supreme or
Funfetti
Cake Mix

3/\$5

15.25 oz
box



Assorted Varieties
Pillsbury
Creamy/Funfetti
Frosting &
Brownie Mix

2/\$4

12 - 18.4 oz
cntnr



6 env Peppermint,or
Assorted
Swiss Miss
Regular & Simply
Cocoa

\$3.49

8 env
box



Assorted Varieties

Prego
Sauce

\$2.99

14.5 - 24 oz
jar



Assorted Varieties

Chef Boyardee
Canned Pasta

3/\$5

14.5 - 15 oz
can



Carolina
Whole Grain
Brown Rice

\$2.99

2 lb
pkg



Premium Selection

Colavita
Extra Virgin Olive
Oil

\$12.99

17 oz
btl



Whole Grain Brown or
Ben's Original
Long Grain White
Parboiled Rice

\$9.99

5 lb
pkg



Plain or Iodized

Morton
Salt

\$1.89

26 oz
canister



12oz Squeeze,or
Mike's
Amazing Mayo

2/\$5

15 oz
jar



Apple & Eve
Apple Juice

\$3.29

48 oz
btl



Assorted Varieties
(excludes Decaf & Hazel)
Folgers
Coffee

\$6.99

9.6 oz
can



Golden Blossom
Organic Honey

\$4.99

12 oz
btl



Assorted Varieties
Nabisco
Premium
Crackers

\$3.99

6.11 -
16 oz
box



Assorted Varieties
Topo Chico
Sabores
8 pack

2/\$16

12 fl oz
cans



Assorted Barqs,
Fresca,Minute Maid,
Seagrams or
Coca Cola, Fanta,
DrPepper,Barqs or
Sprite
2 Ltr

2/\$5

+ dep.
67.6-5oz
btl



Assorted Varieties
Heineken,Corona,
or Peroni NA

\$12.99

67.2 fl oz
can/btl

NON-FOODS!



Assorted Scents

Glade
Odor Fighting
Air Fresheners

2/\$5

8 oz
aero



Assorted Varieties

Suavitel
Fabric Softener

\$3.99

46 oz
btl



Solo
Squared Party
Cups

\$3.59

20 ct
pkg



Cups, Bowls or Assorted
Sizes

Modernware
Paper
Plates

\$3.79

24 -54 ct
pkg



Heavy Duty or All Surface

S.O.S
Scrubber Sponges
3-Pack

\$2.99

3 ct
pkg



Assorted Varietiy-includes
2 in 1
Glade
Scented Candles

\$3.99

1 ct
jar



Assorted Varieties

Cesar
Dry Dog Food

\$12.99

5 lb
bag



Simply Clean,Refreshing
Clean or
Huggies
Natural Care
Baby Wipes Refill

\$7.99

168-184 ct
pkg



Regular or with Wings
Always
Maxi Pads

\$5.99

26 - 48 ct
pkg

DAIRY

Assorted Varieties
**El Mexicano
Yogurt Drinks**

28 oz
btl
\$4⁴⁹



Assorted Varieties
**Chobani
Family Size
Greek Yogurt**

32 oz
cntnr
\$6⁹⁹



Assorted Varieties
**Daisy
Sour Cream, or
Cottage Cheese with Fruit**

6-8 oz
cntnr
3/\$5



Assorted Varieties
**Philadelphia
Soft or Whipped
Cream Cheese Spread**

7.5-8 oz
tub
\$4⁹⁹



Assorted Varieties(excl ProAvtve)
**Activia
Yogurt
4 Pack**

4 oz
cups
\$2⁹⁹



Chunks, Cracker Cuts or
**Cabot
Sliced & Shredded
Cheeses**

7-8 oz
pkg
2/\$7



**Cabot
Sweetened Light
Whipped Cream**

7 oz
aero
\$2⁹⁹



**Turkey Hill
Premium
Egg Nog**

64 oz
btl
\$5⁹⁹



Dinner&Cornbread Swirls, Orange,Carmel&Choclate,or
**Pillsbury
Crescent &
Cinnamon Rolls**

8-13.9 oz
pkg
2/\$7



**Horizon Organic
Heavy Whipping
Cream**

16 oz
carton
\$6⁴⁹



Assorted Varieties
**Minute Maid
Punches
or Ades**

59 oz
crtn
2/\$4



12 oz Skillet Gnocchi or Fettuccine, Tagliatelle,
**Rana
Pappardelle &
Linguine
Pasta**

9 oz
pkg
2/\$4



**Galbani
Part Skim or Whole
Milk
Ricotta**

15 oz
cntnr
\$3⁶⁹



Assorted Flavors
**Starbucks
Iced Coffee
Latte or Cold Brew**

40-48 oz
btl
\$6⁴⁹



Assorted Flavors
**International Delight
Coffee Creamers**

16 oz
btl
\$2⁹⁹



Assorted Varieties
**Silk
Soy, Coconut, Almond
Coconut or Cashew
Milk**

64 oz
crtn
\$4⁹⁹



FROZEN

Cheesy Breadsticks or Assorted Varieties of

**Ellio's
5-9 Slice
Pizza**

13.62-19.64 oz
box
\$3⁹⁹



Assorted Varieties

**Hood
Ice Cream
Sandwich**

8-10 pack
box
\$4⁹⁹



Checkers,Arbys,Sonic,Red Robin Onion Rings,Tots or

**Nathans
Jumbo Crinkle Cut
Fries**

14-28 oz
bag
\$5⁹⁹



Assorted Varieties
**Green Giant
Simply Steam**

10 oz
bag
2/\$5



**Wyman's
Blueberries,
Mixed Berries or
Raspberries**

12-15 oz
bag
\$3⁹⁹



Assorted Varieties
**Cascadian Farms
Organic Berries**

8-10 oz
pkg
2/\$7



WORLD OF CHEESE

Assorted
**Finlandia
Premium
Cheese
Slices**

\$5⁹⁹

7 oz



Assorted
**Sartori
Cheddars**

\$5⁹⁹

5.3 oz



**Smoked Holland
Gouda**

\$4⁹⁹

8 oz



**Jarlsberg Swiss
Cheese**

\$7⁹⁹

8 oz



Assorted Varieties
**Vermont
Creamery -
Goat Cheese
Logs**

\$4⁹⁹

4-oz



DELI



**Thumann's
Virginia Ham**

\$9⁹⁹

per lb



**Thumann's Sliced
Swiss Cheese**

\$7⁹⁹

LB



**Thumann's
Smoked Turkey**

\$10⁹⁹

per lb



**Store Made -
Roast Beef**

\$14⁹⁹

per lb

FRESH MEAT!



SHELL STEAK

\$15.99

PER LB



NEW YORK STRIP STEAK

\$18.99

PER LB



HANGER STEAK

\$15.99

PER LB



BONELESS CENTER CUT PORK CHOP THICK SLICE

\$3.99

PER LB



D'ARTAGNAN - GREEN CIRCLE FARMS - CHICKEN THIGHS

\$4.99

PER LB



CORNISH HEN

\$3.99

PER LB

SEAFOOD



JUMBO SHRIMP U16 - PEELED & DEVEINED

\$13.99

PER LB



WILD CAUGHT - SWAI (BASA) FILLET

\$4.99

PER LB



WILD CAUGHT TUNA STEAK

\$10.99

PER LB



ACME TOGARASHI SMOKED SALMON

\$8.99

3 OZ

FRESH PRODUCE



ORGANIC FUJI APPLES

\$2.29

PER LB



ORGANIC RED ONIONS

\$1.99

LB



HOUSE FOODS MEDIUM FIRM TOFU

\$2.29

14 OZ



CONVENTIONAL LEMONS

5/\$2

EACH



CONVENTIONAL SPINACH BUNCH

2/\$5

EACH



CONVENTIONAL SPANISH ONIONS

79¢

LB

PREPARED FOODS



PENNE PASTA BOLOGNESE BOWL

\$7.99

16 OZ



SHRIMP FRIED RICE

\$7.99

16 OZ



TERIYAKI CHICKEN BITES

\$8.99

12 OZ



GORGANZOLA & GRILLED CHICKEN SALAD

\$10.99

20 OZ