

VERSION 4

Your

GO-TO

for holiday essentials.

JUMBO ROMAINE HEART

3 PACK

ANDY BOY

Romaine Hearts 176

PRODUIT DE LA BIENNE

Cœurs de romaine 176, 15.3

PRODUIT DE LA BIENNE

399

ea.

Backberries 11.9

11.9

Some & Leaf Clementines

PRODUIT DE LA BIENNE

Mixes 11.9

Clementines avec tige et feuille

PRODUIT DE LA BIENNE

199

ea.

or /lb

WILD WONDERS

PRODUIT DE LA BIENNE

199

ea.

Foodland

Spanish Potatoes 10.9

PRODUIT DE LA BIENNE

99¢

/lb

moi rewards member price

400 g

700 g

Irresistible

Irresistible

save \$2.00

699

ea.

SPECIAL PRICE

899

for non-members

Effective December

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HOLIDAY BAKING FAVOURITES

Betty Crocker
Cakes Mix or Frosting
en pâte à gâteau ou à glaçage

\$1
back in
points

125
points

199
ea.

Redpath Brown or
Light Sugar
en sucre brun ou blanc

249
ea.

349
ea.

Robin Hood,
Five Roses or
Meadow Floor
en farine

399
ea.

Selction
Chocolate Chips or
Bacon Chocolate
en pépites de chocolat
ou chocolat au bacon

399
ea.

Irresistible Walnut
Milk or Pecan
en lait de noix de pécan
ou lait de noix

14.99
ea.

\$ New Lower Prices

[illegible][illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:

Only until December 10, 2025, in-store or online



NOW
12⁰⁰
ea.
SAVE UP TO
\$3.99

~~15⁹⁹~~
ea.
SELECTION
WASHER FLUID
4 x 3.78 L
SELECTED VARIETIES



NOW
5⁹⁹
ea.
SAVE UP TO
\$1

~~6⁹⁹~~
ea.
OCEAN SPRAY
SPARKLING DRINKS
6 x 340 ml
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$2

~~5⁹⁹~~
ea.
TWININGS
TEA
20 tea
SELECTED VARIETIES



NOW
2⁹⁹
ea.
SAVE UP TO
\$2

~~4⁹⁹~~
ea.
LPC CREAMER
POTATO KITS
PRODUCT OF CANADA,
CANADA NO.1 GRADE, 454 g
SELECTED VARIETIES



NOW
1⁹⁹
ea.
SAVE UP TO
\$1

~~2⁹⁹~~
ea.
FRENCH'S
DIJON MUSTARD
325 ml
SELECTED VARIETIES



NOW
14⁹⁹
ea.
SAVE UP TO
\$5

~~19⁹⁹~~
ea.
ORCHIDS
3.5" POT
ASSORTED COLOURS



NOW
1⁹⁹
ea.
SAVE UP TO
\$1

~~2⁹⁹~~
ea.
PALMOLIVE
DISH DETERGENT
591 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

*Minimum purchase of \$150 (before taxes) required.
Certain conditions apply. Details on metro.ca

FREE

**BELGIAN
COOKIES
650 g**



\$15⁹⁹
VALUE

**PROMO CODE
COOKIE**

Farm Fresh Produce

2.99
ea.

Raspberries 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

Blueberries 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

1.99
lb

Extra Large Sweetbreads Tomatoes 4.25kg
PRODUCT OF CANADA
PRODUIT DU CANADA

3.49
ea.

Belle Glace Cherry Tomatoes 4.25kg
PRODUCT OF CANADA
PRODUIT DU CANADA

2.49
ea.

Baby Green Whole Wheat Corn Cobs 12 cobs
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

5 PK Chopped Onions 5 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

2.99
ea.

1 lb Cranberries
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

Lemons 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

1.99
ea.

Seedless Cucumbers 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

Jumbo Potatoes 10 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

Jumbo Pineapples 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

3.49
lb

Brussels Sprouts 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

5.99
ea.

Baby Salad Kits 25 pieces
PRODUCT OF CANADA
PRODUIT DU CANADA

9.99
ea.

Vanilla Persimmons 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

20 points 1 lb Plant-Based Roast & Gravy
PRODUCT OF CANADA
PRODUIT DU CANADA

2.99
ea.

10 points 1 lb Large Pomegranates
PRODUCT OF CANADA
PRODUIT DU CANADA

4.49
ea.

4.49 1 lb Goodfry's Goodfry's
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

20 points 1 lb Wild Wonders Sweet Peppers
PRODUCT OF CANADA
PRODUIT DU CANADA

4.99
ea.

20 points 1 lb Plant-Based Roast & Gravy
PRODUCT OF CANADA
PRODUIT DU CANADA

7.99
ea.

35 points 1 lb Jumbo Chestnuts
PRODUCT OF CANADA
PRODUIT DU CANADA

Organic

1.69
lb

Organic Green Cabbage 1 lb
PRODUCT OF CANADA
PRODUIT DU CANADA

5.99
ea.

25 points 1 lb Little Potatoes
PRODUCT OF CANADA
PRODUIT DU CANADA

3.49
ea.

15 points 1 lb Balthouse Fresh Beans
PRODUCT OF CANADA
PRODUIT DU CANADA

12.99
ea.

12.99 1 lb Greenhouse Organic Beans
PRODUCT OF CANADA
PRODUIT DU CANADA

Sliced & Diced

4.99
ea.

4.99 1 lb Deluxe Fruit Salad
PRODUCT OF CANADA
PRODUIT DU CANADA

13.99
ea.

50 points 1 lb Small Berry Mix
PRODUCT OF CANADA
PRODUIT DU CANADA

Holiday Blooms

40.00
ea.

40.00 1 lb Christmas Magic Bouquet
PRODUCT OF CANADA
PRODUIT DU CANADA

38.99
ea.

38.99 1 lb Flower Fantasy Bouquet
PRODUCT OF CANADA
PRODUIT DU CANADA

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

Holiday Roasts

Platinum Grill Angus
Top Sirloin Roast
26.43kg
Rôti de bœuf de sirloin
angus grillé
26.43kg

11⁹⁹
/lb

CUT FROM 100% CANADIAN AAA ANGUS BEEF

Platinum Grill Angus Boneless Inside Blade Roast
26.43kg
Rôti d'os à l'os de palette angus grillé
26.43kg

11⁹⁹
/lb

100% NATURAL
L'os Smart Natural Pork Shoulder Picnic Roast or Pork Shoulder Blade Roast
8.80kg
Rôti de bœuf ou d'épaule de porc Natural Meats Store

3⁹⁹
/lb

Platinum Grill Angus Whole Eye of Round
17.03kg
Rôti de viande angus grillé
17.03kg

7⁹⁹
/lb

Fresh Whole Chicken
3.30kg
Poulet entier frais

3⁹⁹
/lb

Fresh Rosemary & Garlic Roasted Lamb Leg
26.43kg
Cuisse d'agneau, frais, rôti, rosemary & ail
26.43kg

11⁹⁹
/lb

50 points

Breaded Chicken Breast Cutlets Value Pack
13.23kg
Saucisses de poulet de poulet panées en emballage économique

5⁹⁹
/lb

50 points

Roasted Pork Loin Cutlets Value Pack
8.80kg
Saucisses de porc panées en emballage économique

3⁹⁹
/lb

125 points

Butterball Fresh Turkey Drumsticks or Thighs
11.20kg
Pattes ou hanches de canard de dinde Butterball

4⁹⁹
/lb

125 points

Maple Leaf Prime Raised Without Antibiotics Fresh Split Chicken Wings
19.20kg
Ailes de poulet fraîches saines Prime Maple Leaf élevées sans antibiotiques

8⁹⁹
/lb

3⁹⁹
ea.

Selection Bologna
250g
Bologna Selection
250g

4⁹⁹
ea.

Maple Leaf Top Dogs
250g
Top Dogs Maple Leaf
250g

5⁹⁹
ea.

Butterball Turkey Bacon
250g
Bacon de dinde Butterball
250g

7⁹⁹
ea.

McLean Organic
Bacon
250g
Bacon McLean
250g

4⁹⁹
/lb

Fletcher's Pork Cottage Roll
11.00kg
Soc-croûte de porc Fletcher's
11.00kg

7⁹⁹
ea.

Selection Smoked Ham
11.00kg
Soc-croûte de porc Selection
11.00kg

11⁰⁰
ea.

Large Roasted
Pork Loin Roast
11.00kg
Rôti de porc Large
11.00kg

12⁹⁹
ea.

Marz Angela Kabobs
250g
Brochettes Marz Angela
250g

4⁹⁹
ea.

Maple Lodge
Ultimate Chicken
250g
Ultimate Maple Lodge
250g

6⁹⁹
ea.

Johnnyville
Breakfast Sausages
250g
Saucisses de porc
Johnnyville

7⁹⁹
ea.

Schweitzer Meat Pies
250g
Pâtis à la viande Schweitzer
250g

22⁹⁹
ea.

Butterball
Turkey Breast Roast
250g
Rôti de poulet de dinde
Butterball

Bakery Favorites

[illegible]

Deli Favourites

[illegible]

4-DAY MEAL DEAL

DECEMBER 4TH - DECEMBER 7TH, 2025

**YOUR
CHOICE** **11.99**
ea.



**16" X-LARGE
PEPPERONI &
CHEESE PIZZA**
WALK-IN ORDERS ONLY
NO TOPPING SUBSTITUTES



**HOT WHOLE BBQ
MAMMOTH CHICKEN**
1 kg

**STORE MADE
CAROUSELS**
FRESH VEGETABLE 955 g
FRESH FRUIT 1.4 kg



**FRESH 2 GO
20 CHICKEN BITES**



**ASSORTED CALIFORNIA COMBO OR
CALIFORNIA ROLL VARIETY PACK**
420 - 424 g, SELECTED VARIETIES

setting your
**HOLIDAY
TABLE**

Get ready to host your festive
feast with all the essentials.

FRESH 2 GO
PORK AND FABULOUS
SAUCE
READY TO EAT OR USE AS
INGREDIENTS IN YOUR RECIPES

29⁹⁹
each

SPRING ROLLS
CHICKEN
10 ea.

\$10⁰⁰

EMPIRADOS,
PIROSHKAS OR
SAMOSAS
1 ea.

\$8⁰⁰

FRESH 2 GO
KABABASA AND CHEESE
1 ea.

29⁹⁹
each

THE STELLE
CREAM CHEESE
SELECTED VARIETIES

4⁹⁹
each

Selection
Sour Cream
Crème sure
14%
NOW 2⁹⁹
each

Selection
Sour Cream
Crème sure
5%
each

Gay Lea
Real
WHIPPED CREAM
1 ea.

Gay Lea
Real
WHIPPED CREAM
with PUMPKIN
SPICE
1 ea.

BIG
TEXAN
BBQ PIT BOYS
RUB
SELECTED VARIETIES

8⁹⁹
each

BIG
TEXAN
BBQ PIT BOYS
POULTRY
POWDER
SELECTED VARIETIES

10⁰⁰
each

PILLSBURY
CRESCENT
ROLLS
SELECTED VARIETIES

2⁴⁹
each

GAY LEA
WHIPPED TOPPING
1 ea.

4⁴⁹
each

TWIGZ
CRAFT PRETZELS
SELECTED VARIETIES

4⁹⁹
each

DAINTY
JASMINE RICE
1 ea.

9⁹⁹
each

BUY MORE!
SAVE MORE!

COCA-COLA OR
CANADA DRY
SOFT DRINKS
SELECTED VARIETIES

25⁰⁰
each, limit 2 per
store

SELECTION
SPARKLING WATER
12 ea.

SELECTION
SPARKLING WATER
CLASSIC
12 ea.

SELECTION
SPARKLING WATER
LIME
12 ea.

MUSKOKA BREWERY
NON-ALCOHOLIC BEER
SELECTED VARIETIES

8⁹⁹
each

MUSKOKA BREWERY
BEER
SELECTED VARIETIES

3⁹⁹
each

MOTT'S
CHUTNEY
SELECTED VARIETIES

3⁹⁹
each

MOTT'S
CHUTNEY
SELECTED VARIETIES

3⁹⁹
each

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Kellogg's Cereal
Festive
MORNINGS

CELLOPHANE BAGS
KELLOGG'S CEREAL
200 - 200g, 5.07 OZ (142g) (142g)
RICE KRISPIES
RAISIN BRAN

6.99
ea.

Natrel
NITRET
COFFEE CREAM
1 LITRE
100% COFFEE CREAM
100% COFFEE CREAM
100% COFFEE CREAM

6.99
ea.

Natrel
NATREL ORGANIC COLD PROCESS FREE MILK
1 LITRE
100% COFFEE CREAM
100% COFFEE CREAM
100% COFFEE CREAM

6.49
ea.

CMF

Available while supplies last. © 2014 Natrel. All rights reserved. *U.S. only. See packaging for details. *U.S. only. See packaging for details. *U.S. only. See packaging for details.

FREE SAME-DAY PICKUP **SAME FLYER PRICES AND DEALS ONLINE**

STOCKING STUFFERS

they actually want

Stuff their stockings with sweets, treats & everyday essentials.



FERRERO KINDER CHOCOLATE EGG
100g (3.5oz)
6⁹⁹ ea.



HERSHEY'S KISSES CHOCOLATE
100g (3.5oz)
5⁴⁹ ea.



FERRERO CHRISTMAS CHOCOLATE
100g (3.5oz)
13⁹⁹ ea.



HERSHEY'S KISSES CHOCOLATE
100g (3.5oz)
5⁴⁹ ea.



KINDER SURPRISE
100g (3.5oz)
3⁴⁹ ea.



TOBLERONE CHOCOLATE
100g (3.5oz)
12⁹⁹ ea.



HERSHEY'S KISSES CHOCOLATE
100g (3.5oz)
9⁴⁹ ea.



HERSHEY'S KISSES CHOCOLATE
100g (3.5oz)
9⁴⁹ ea.



M&M'S CHOCOLATE
100g (3.5oz)
5⁹⁹ ea.



TERRY'S CHOCOLATE
100g (3.5oz)
6⁹⁹ ea.



CADBURY CHOCOLATE
100g (3.5oz)
6⁴⁹ ea.



TOBLERONE CHOCOLATE BAR
100g (3.5oz)
12⁹⁹ ea.



M&M'S CHOCOLATE
100g (3.5oz)
5⁹⁹ ea.



TERRY'S CHOCOLATE
100g (3.5oz)
6⁹⁹ ea.



CADBURY CHOCOLATE
100g (3.5oz)
6⁴⁹ ea.



TOBLERONE CHOCOLATE BAR
100g (3.5oz)
12⁹⁹ ea.

THE GOOD STUFF: PERSONAL CARE



BLISTEX LIP BALM
10g (0.35oz)
3⁹⁹ ea.



JAMESON VITAMIN D3
10g (0.35oz)
4⁹⁹ ea.



NATIVE DEODORANT
10g (0.35oz)
15⁹⁹ ea.



HERO MIGHTY PATCH
10g (0.35oz)
13⁹⁹ ea.



GUM SOFT-PICKS
10g (0.35oz)
5⁹⁹ ea.



GLYSOMED HAND CREAM
10g (0.35oz)
4⁴⁹ ea.

More Great Savings



4.99 ea.



6.00 ea.



5.99 ea.



3.99 ea.



13.00 ea.



8.49 ea.



2.99 ea.



2.99 ea.



1.99 ea.



7.99 ea.



12.49 ea.



15.99 ea.



10.99 ea.



5.49 ea.



2.99 ea.



3.49 ea.



23.99 ea.



7.99 ea.



6.49 ea.



4.49 ea.

Low Price Every Day



1.49 ea.



1.25 ea.



2.99 ea.



4.99 ea.



4.99 ea.



3.99 ea.



3.99 ea.



2.99 ea.



4.49 ea.



3.49 ea.



4.99 ea.



2.99 ea.

***metro.ca* LIMITED-TIME OFFER**

Your
GO-TO for
unlimited deliveries.

Subscribe Now



COMES OUT TO

\$125

PER WEEK*

6 OR 12 MONTH PLAN

**SAME PRICES
& FLYER DEALS
AS IN-STORE**

*Certain conditions apply. Details on metro.ca

Non-GMO

Nature's Nuts
Almond Butter
100% ALMONDS
NATURE'S NUTS
100% ALMONDS
14⁹⁹
ea.

Organic Meadow
Cream Cheese 200g
100% CREAM
ORGANIC MEADOW
100% CREAM
6⁹⁹
ea.

Celestial
Pilsner Beer 330ml
100% CEREAL
CELESTIAL
100% CEREAL
5⁴⁹
ea.

Life Smart
Legumes
100% LEGUMES
LIFE SMART
100% LEGUMES
1⁹⁹
ea.

Organic

Crank Coffee 100g
100% COFFEE
CRANK
100% COFFEE
15⁹⁹
ea.

CRANK
YOUTH
GLORY
100% COFFEE
CRANK
100% COFFEE
6⁴⁹
ea.

CRANK
HOBIBO
GLORY
100% COFFEE
CRANK
100% COFFEE
5⁴⁹
ea.

Plant-Based

Zenith
Chocolate 100g
100% CHOCOLATE
ZENITH
100% CHOCOLATE
4⁹⁹
ea.

Earth Balance
Spread 450g
100% PLANT-BASED
EARTH BALANCE
100% PLANT-BASED
7⁴⁹
ea.

Greenhouse
Creamer 400g
100% CREAMER
GREENHOUSE
100% CREAMER
6⁴⁹
ea.

CRANK
OAT
100% OAT
CRANK
100% OAT
4⁴⁹
ea.

MADE
GOOD
100% COFFEE
MADE
GOOD
100% COFFEE
25
points

Crofters
Jams
100% JAMS
CROFTERS
100% JAMS
5⁹⁹
ea.

CROFTERS
Jams
100% JAMS
CROFTERS
100% JAMS
5⁹⁹
ea.

CROFTERS
Jams
100% JAMS
CROFTERS
100% JAMS
5⁹⁹
ea.

35
points

Brownie
100g
100% BROWNIE
BROWNIE
100% BROWNIE
5⁹⁹
ea.

CRUNCHMASTER
Crackers 100g
100% CRACKERS
CRUNCHMASTER
100% CRACKERS
6⁴⁹
ea.

Baby & Beauty

BUY MORE!
SAVE MORE!

2 for
6⁰⁰
ea.

Body
Wipes
100% BODY
WIPES
100% BODY
WIPES
10⁴⁹
ea.

6⁹⁹
ea.

8⁹⁹
ea.

Household Helpers

Gain
100% GAIN
100% GAIN
4⁹⁹
ea.

LYNOL
100% LYNOL
100% LYNOL
7⁹⁹
ea.

17⁹⁹
ea.

8⁹⁹
ea.

Method
heavenly-scented hand wash

5⁴⁹
ea.

8⁹⁹
ea.

BUY MORE!
SAVE MORE!

2 for
8⁵⁰
ea.

LYNOL
100% LYNOL
100% LYNOL
8⁵⁰
ea.

BUY MORE!
SAVE MORE!

2 for
8⁵⁰
ea.

LYNOL
100% LYNOL
100% LYNOL
8⁵⁰
ea.

BUY MORE!
SAVE MORE!

2 for
8⁵⁰
ea.

LYNOL
100% LYNOL
100% LYNOL
8⁵⁰
ea.

BUY MORE!
SAVE MORE!

2 for
8⁵⁰
ea.

LYNOL
100% LYNOL
100% LYNOL
8⁵⁰
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

25 pieces
4.99 ea.

MILK-BONE
DOG TREATS
100% WHOLE WHEAT

15 pieces
2.49 ea.

MILK-BONE
SOFT & CHEWY
100% WHOLE WHEAT

6.99 ea.

COOKIE PAL
DOG TREATS
100% WHOLE WHEAT
MADE WITH REAL EGGS

8.49 ea.

CAFEON FARMS
DOG TREATS
100% WHOLE WHEAT
MADE WITH REAL EGGS

Top picks from SANTA CLAWS

Stuff the stockings of your furry besties with their fave tasty treats.

4/5 stars
5 per 5.49 ea.

BUY MORE!
SAVE MORE!

PURINA BENEFUL
DOG FOOD
100% SELECTED WHOLESTOCK

7.99 ea.

DOG FOOD TREATS
100% WHOLE WHEAT

45 pieces
8.99 ea.

MILK-BONE
COMFORT CHEWS
100% WHOLE WHEAT

2/5 stars
48 per 10.99 ea.

BUY MORE!
SAVE MORE!

DENTALIFE
CHEWABLE
100% SELECTED WHOLESTOCK

2/5 stars
48 per 10.99 ea.

BUY MORE!
SAVE MORE!

DENTALIFE
CHEWABLE
100% SELECTED WHOLESTOCK

45 pieces
8.99 ea.

MILK-BONE
COMFORT CHEWS
100% WHOLE WHEAT

6.99 ea.

BLUE BUFFALO
BITS
100% SELECTED WHOLESTOCK

11.49 ea.

PERKINATE DENTALIFE
DOG TREATS
100% SELECTED WHOLESTOCK

13.49 ea.

GOLDEN FILL
DOG TREATS
100% WHOLE WHEAT

15 pieces
2.99 ea.

TEMPTATIONS
CAT TREATS
100% SELECTED WHOLESTOCK

14.49 ea.

VITALITE
DOG TREATS
100% WHOLE WHEAT

50 pieces
10.99 ea.

NATURE'S RECIPE
MIXED BERRY
100% SELECTED WHOLESTOCK

WRAP UP BRAND NAME PET FOOD

13.99 ea.

IAMS
CAT FOOD
100% SELECTED WHOLESTOCK

5 pieces
1.99 ea.

NATURE'S RECIPE
WET DOG FOOD
100% SELECTED WHOLESTOCK

65 pieces
20.49 ea.

CEsar
WET DOG FOOD
100% SELECTED WHOLESTOCK

5/5 stars
5 per 1.49 ea.

BUY MORE!
SAVE MORE!

MISTIES
WET DOG FOOD
100% SELECTED WHOLESTOCK

18.99 ea.

IAMS
PROACTIVE HEALTH
BRUNCHKINS
100% SELECTED WHOLESTOCK



We take pride in sourcing locally from the
Northern Ontario Region.

**NORTH COUNTRY
PEPPERETTES**
454 g
SELECTED VARIETIES

8⁴⁹
ea.



**LEADBETTERS
WOOD FIRED BACON**
375 g
SELECTED VARIETIES

5⁹⁹
ea.



**HUBBERT'S
MAPLE SYRUP**
500 ml
SELECTED VARIETIES

10⁹⁹
ea.



**QUINTA
QUINOA**
400 g

6⁹⁹
ea.



**SAUGEEN COUNTRY
DAIRY**
908 g
SELECTED VARIETIES

5⁹⁹
ea.



**CRAZY GOOD
SPICES**
28 - 90 g
SELECTED VARIETIES

6⁹⁹
ea.



Effective December 4, 2025 - January 7, 2026

metro IS PROUD TO SUPPORT ONTARIO [LEARN MORE](#)

SNOWDONIA
CHEESE CO.
PURE CHEESE
INDULGENCE

6⁹⁹
ea.
SNOWDONIA
CHUTNEY
100-125g
SELECTED VARIETIES

11⁹⁹
ea.
SNOWDONIA
CHEDDAR CHEESE
150-200g
SELECTED VARIETIES

ELEVATED ENTERTAINING

9⁹⁹
ea.
SCHNEIDERS
PEPPERETTES
150-175g
SELECTED VARIETIES

TRUSTED BY
CANADIANS
SINCE 1981

8⁹⁹
ea.
BUTTERMAN'S GOLD
HONEY
150g
SELECTED VARIETIES

2⁴⁹
ea.
MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STRIPS
12g
SELECTED VARIETIES

3⁹⁹
ea.
KRAFT PURE
DRESSING
255 ml
SELECTED VARIETIES

3⁹⁹
ea.
KRAFT PURE
DRESSING
255 ml
SELECTED VARIETIES

3⁹⁹
ea.
KRAFT PURE
DRESSING
255 ml
SELECTED VARIETIES

4⁹⁹
ea.
PILLSBURY
COOKIE DOUGH
150-175g
SELECTED VARIETIES

1⁹⁹
ea.
BETTY CROCKER
SUPER MOIST
CAKE MIX
250-300g
SELECTED VARIETIES

4⁹⁹
ea.
CHEX CEREAL
240-260g
SELECTED VARIETIES

3⁴⁹
ea.
SUGAR COOKIE
TOAST CRUNCH
CEREAL
240-260g
SELECTED VARIETIES

3⁴⁹
ea.
GRINCH OR
SUGAR CRUNCH
CEREAL
240-260g
SELECTED VARIETIES

Winter Treats
for all!

6⁴⁹
ea.
NESTLE
REAL DAIRY ICE CREAM
FROZEN DESSERTS
OR NOVELTIES
SELECTED VARIETIES

4⁹⁹
ea.
NESTLE
PARLOUR FROZEN
DESSERT TUBS OR NOVELTIES
SELECTED VARIETIES

6⁴⁹
ea.
SMUCKER'S
JAM
230-300 ml
SELECTED VARIETIES

6⁴⁹
ea.
JIF
PEANUT BUTTER
230-300 ml
SELECTED VARIETIES

6⁴⁹
ea.
JIF
PEANUT BUTTER
230-300 ml
SELECTED VARIETIES