

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

1.99

LB

Family Pack FOOD LION BONELESS CHICKEN BREAST

W/O MVP Card \$2.69 LB

HOTSALE!

MVP

2.49

LB

Limit 2 PORK BABY BACK RIBS

W/O MVP Card \$4.99 LB

HOTSALE!

MVP

BOGO FREE

31-40 Ct. 16 Oz. Bag - Frozen FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF

W/O MVP Card \$10.99 EA Single Item Half Price

YOU SAVE

\$2.30

EA

HOTSALE!

MVP

1.49

EA

Pint BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8.25-18 Oz. - Select Varieties NATURE'S PROMISE BUTTER LETTUCE

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz. FOOD LION MINI CUCUMBERS

HOTSALE!

MVP

1.79

LB

W/O MVP Card \$3.59 LB

ASPARAGUS

HOTSALE!

MVP

1.79

LB

W/O MVP Card \$3.59 LB

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

6.88-20 Oz. Select Varieties THOMAS BAGELS or ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

5.75-12.4 Oz. Select Varieties CHEEZ-IT or CHEEZ-IT SNAP'D

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA Single Item Half Price

12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS

HOTSALE!

MVP

14.99

EA

W/O MVP Card \$3.89 EA Single Item Half Price

13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

18 Ct. Select Varieties FRITO LAY VARIETY PACK

HOTSALE!

MVP

8.99

EA

W/O MVP Card \$13.69 EA

52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

16 Oz. Select Varieties Quarters or Cubes CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS

HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

48 Oz. Select Varieties BREYERS ICE CREAM

HOT SALE!

MVP

3.49

EA

W/O MVP Card \$5.99 EA

MVP Coupon

-\$1.00 OFF

2.49

EA

W/O MVP Card \$3.49 EA

8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL

HOT SALE!

MVP

2/\$5

W/O MVP Card \$3.99 EA

MVP Coupon

-\$1.00 OFF

2/\$4

W/O MVP Card \$2.99 EA

4.7-8.7 Oz. Select Varieties HAMBURGER HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties ARM & HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY

HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg. Select Varieties OSCAR MAYER DELI FRESH LUNCH MEAT

HOTSALE!

MVP

9.99

EA

W/O MVP Card Regular Retail

10-11 Oz. - Select Varieties POST PEBBLES CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.79 EA

8.25-18 Oz. - Select Varieties FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4 W/O MVP Card \$5.99 EA

20 Oz. WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.89 EA Single Item Half Price

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA

MVP

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT 12/03/25

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!

MVP

5.99
LB

Ground Fresh Daily

**80% LEAN
FRESH
GROUND CHUCK**

W/O MVP Card Regular Retail



23 Oz. Pkg.
All Varieties
SMITHFIELD
MARINATED
PORK LOIN
FILET

HOT SALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

HOT SALE!
MVP
79¢
LB
W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
LEG QUARTERS**

HOT SALE!
MVP
349
LB
W/O MVP Card Regular Retail

Assorted, Bone-In
PORK CHOPS

HOT SALE!
MVP
349
LB
W/O MVP Card Regular Ret

CHICKEN WINGETTES

Fresh - Select Varieties
SCHWEID & SONS
GOURMET
BURGERS

HOT SALE!
MVP
10⁹⁹
EA
W/O MVP Card Regular Retail

Small Pack
FOOD LIO
CHICKEN
THIGHS

HOT SALE!
MVP
169
LB
W/O MVP Card Regular Retail

12-14 Oz. Pkg.
Select Varieties
**FOOD LION
COCKTAIL
SMOKIES**

HOT SALE!
MVP
348
EA
W/O MVP Card Regular Ret

12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOT SALE!
MVP
4.99
EA
W/O MVP Card Regular Retail

5-6 Oz. Pkg. - Select Varieties
HORMEL PEPPERONI

MVP **PRICED LOW EVERY DAY** ✓
399
EA
W/O MVP Card Regular Retail

8 Oz. Pkg. - Select Varieties
**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!
MVP
7⁹⁹
EA
W/O MVP Card Regular Retail

6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN

HOT SALE!
BOGO FREE
 W/O MVP Card Regular Retail
 Single Item Half Price

16 Oz. Pkg.
CURLY'S PULLED PORK

HOT SALE!
MVP
4.99 EA
W/O MVP Card Regular Retail

HOT SALE!
MVP
9.99
EA
W/O MVP Card Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**

A package of Foodallion 'Fried Egg' seasoning is shown next to a plate of fried eggs. The seasoning is a mix of red and green flakes. A small white bowl also contains the seasoning mix.

HOTSALE!
MVP
10⁹⁹
EA
W/O MVP Card Regular Retail

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail \$12.99

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
7 Oz. Select Varieties
TILLAMOOK CHEDDARS
W/O MVP Card \$7.99 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
5 Ct.
TEXAS TOAST
W/O MVP Card \$3.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Ct.
FRUIT BITES
W/O MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Oz.
MEURER BROTHERS MINI DANISH
W/O MVP Card \$5.99 EA
Single Item Half Price

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
8.99
LB
W/O MVP Card \$9.99 LB
Freshly Sliced
DIETZ & WATSON HAM



HOTSALE!
MVP
5.99
LB
W/O MVP Card \$6.99 LB
Freshly Sliced
Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB
Freshly Sliced
COOPER AMERICAN CHEESE



HOTSALE!
MVP
8.99
EA
W/O MVP Card \$9.99 EA
14 Oz.
ROBERT'S FAMOUS CHICKEN SALAD



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA
5.2-5.3 Oz. Pkg.
BOURSIN CHEESE



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA
18 Oz.
FOOD LION CORNBREAD TRAY



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA
14-16 Oz.
Select Varieties
FOOD LION SLICED LOAF CAKES



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA
4 Ct.
Made Hot In-Store
CHICKEN LEG QUARTERS



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA
12 Oz.
TASTE OF INSPIRATIONS PROTEIN SALADS



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$6.99 EA
13.9-15.3 Oz.
Select Varieties
FRESH & SIMPLE PIZZA
15.16-15.87 Oz.
LA MEGIC PIZZA

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SELECT CATERING TRAYS AND PLATTERS



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy to a family's table when you buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

FOOD MVLN MVP

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz. Select Varieties DEL MONTE CANNED VEGETABLES HOTSALE! W/O MVP 2/\$3 W/O MVP Card \$1.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	8-13.9 Oz. Select Varieties PILLSBURY CRESCENTS OR CINNAMON ROLLS HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	45 Oz. Select Varieties BLUE RIBBON NOVELTIES HOTSALE! W/O MVP 5⁹⁹ EA W/O MVP Card \$6.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	50 Ct. Select Varieties TOSTITOS'S PIZZA ROLLS HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$7.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.25-4.4 Oz. Select Varieties HERSHEY'S XL BAR HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!
8 Oz. Select Varieties SMUCKER'S UNCRUSTABLES HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9-12 Oz. Select Varieties DEVOUR FROZEN DINNERS HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	8.25-10.5 Oz. Select Varieties LITTLE DEBBIE BAGGED MINI DONUTS HOTSALE! W/O MVP 2⁷⁹ EA W/O MVP Card \$3.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Ct. K-Cups or 12 Oz. Bags Select Varieties LAVAZZA COFFEE HOTSALE! W/O MVP 8⁴⁹ EA W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	32 Oz. Select Varieties SILK CREAMER HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$5.29 EA. Purchase of 2 Required to Get 3rd Item FREE!
8.9-12.2 Oz. Select Varieties KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	18.5-19 Oz. Select Varieties PROGRESSO SOUP HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	14.5-15.25 Oz. Select Varieties DEL MONTE CANNED FRUIT HOTSALE! W/O MVP 2/\$4 W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	19.70 Oz. Select Varieties ROCKIN' PROTEIN BUILDER HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20 Oz. Bottle Select Varieties GLACÉAU VITAMIN WATER HOTSALE! W/O MVP 1⁵⁰ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!
11-12 Oz. Pkg. Select Varieties NATHAN'S FAMOUS FRANKS HOTSALE! W/O MVP 5⁹⁹ EA W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties RED BULL ENERGY DRINK HOTSALE! W/O MVP 11⁹⁹ EA W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	7 Oz. Select Varieties ORE-IDA BAGEL BITES HOTSALE! W/O MVP 2⁴⁹ EA W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	15 Oz. Tub or 14.3 Oz. Squeeze Select Varieties COUNTRY CROCK SPREAD OR SQUEEZE BUTTER HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.5 Oz. Select Varieties OIKOS OR LIGHT & FIT REMIX YOGURT HOTSALE! W/O MVP 1⁶⁹ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!
9-12.6 Oz. Select Varieties KELLOGG'S RICE KRISPIES CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties PEPPERIDGE FARM GARLIC BREAD HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.28 EA. Purchase of 2 Required to Get 3rd Item FREE!	11-12 Oz. Select Varieties BIRDS EYE ULTIMATE VEGETABLES HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.7 Oz. Select Varieties DUNKIN' DONUTS ICED COFFEE HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties MOTHER'S CIRCUS ANIMAL COOKIES HOTSALE! W/O MVP 3⁸⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
10.6-11.2 Oz. Select Varieties GENERAL MILLS FLAVORED CHEERIOS CEREAL HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-16.2 Oz. Select Varieties DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS HOTSALE! W/O MVP 6¹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	17.5 Oz. Select Varieties MISSION FLOUR TORTILLAS HOTSALE! W/O MVP 2/\$5 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	5 Oz. Select Varieties CHOLULA HOT SAUCE HOTSALE! W/O MVP 3⁴⁹ EA W/O MVP Card \$4.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	5.25-6.5 Oz. Select Varieties BOULDER CANYON KETTLE CHIPS HOTSALE! W/O MVP 4²⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
18 Oz. Select Varieties SMUCKER'S PRESERVES OR JAMS HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.98 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties TASTEE CHOICE SHRIMP HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$5.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	2.18-2.5 Oz. Select Varieties PERFECT BAR HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-14.10 Oz. Select Varieties JUS-ROL PUFF PASTRY DOUGH OR PIZZA CRUST HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties REED'S REAL GINGER ALE HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
13.7 Oz. Select Varieties VICTOR ALLEN'S NUTRI COFFEE HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20.8 Oz. Select Varieties KELLOGG'S NUTRI GRAIN BARS HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$6.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	10.4-12.4 Oz. Select Varieties KELLOGG'S TREATS OR MINI SQUARES HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$5.69 EA. Purchase of 2 Required to Get 3rd Item FREE!	5-7.75 Oz. Select Varieties SMARTFOOD POPCORN HOTSALE! W/O MVP 4²⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties WOW BAO TERIYAKI CHICKEN BAO HOTSALE! W/O MVP 6⁹⁹ EA W/O MVP Card \$7.79 EA. Purchase of 2 Required to Get 3rd Item FREE!

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

52 Oz.
Select Varieties
FOOD LION
TEA

PRICED LOW EVERY DAY

1.99
EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

28-32 Oz. - Select Varieties

STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price



FROZEN

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY

2.99
EA

W/O MVP Card \$3.68 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

15-17.7-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOT SALE!
MVP

4.49
EA

W/O MVP Card \$6.10 EA

MVP Coupon -1.00 OFF

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOT SALE!
MVP

5.99
EA

W/O MVP Card \$6.90 EA

MVP Coupon -1.00 OFF

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOT SALE!
MVP

7.99
EA

W/O MVP Card \$13.29 EA

MVP Coupon -1.00 OFF

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

22-26-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

BREAKFAST

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

2/\$6
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W/O MVP Card Regular Retail

22-26-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 H PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

MEDICATED LIP BALM

Smooth, Easy-Gliding Formula

Soaks in Minutes

16 Shades of Natural Dry Lip Colors

Blistex

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct. Select Varieties

NATROL

MELATONIN

HOTSALE!

7⁹⁹

EA

W/O MVP Card \$8.99 EA



6-8 Oz. Select Varieties

NOT YOUR MOTHER'S CURL, TALK OR DRY SHAMPOO

HOTSALE!

8⁹⁹

EA

W/O MVP Card \$9.99 EA

12 Oz. Select Varieties

CERAVE

CLEANSER OR LOTION

HOTSALE!

13⁶⁹

EA

W/O MVP Card \$15.99 EA



HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!
MVP
6.99
EA
W/O MVP Card Regular Retail

48 Oz. Air or 41 Oz. Laundry Sanitizer
Select Varieties
LYSOL

HOTSALE!
MVP
6.99
EA
W/O MVP Card Regular Retail

48 Oz. Select Varieties
OXICLEAN

HOTSALE!
MVP
7.49
EA
W/O MVP Card \$8.99 EA

12 Rolls
Select Varieties
FOOD LION BATH TISSUE

HOTSALE!
MVP
\$1
EA
W/O MVP Card \$1.79 EA

60-70 Ct.
Select Varieties
FOOD LION TISSUE CUBE

- BABY

- PET

NEW ITEM CENTER

45 Oz. Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK

Blistex

MEDICATED LIP BALM

Smooth, Easy-Gliding Protection

Seals in Moisture To Soothe & Prevent Dry Lips

3 Balm VALUE PACK

Blistex

Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA

MVP Coupon -500 OFF 2

2/\$9
 MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

22 Oz. Body Wash Select Varieties
OLAY

15.99 EA

MVP Coupon -400 OFF 1

11.99 EA
 MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN
UNSTOPPABLES

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$4.99 EA

MVP Coupon -500 OFF 1

14.99 EA
 MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



White Supplies Last

9.99

EA

SUGAR PLUM
BOUQUET



In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3.99

LB

W/O MVP Card Regular Retail



Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
**Banner Elk, Blowing Rock,
Boone, Jefferson**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNCE 12/03/25

Check out all the BOGOs at your

Refreshed

FOODLION

December 3 - December 9, 2025

Offers valid while supplies last.

BOGO FREE

MVP

On Participating Items

Fritos

The ORIGINAL corn chips

Cheetos

Crunchy

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties

CHEETOS
OR FRITOS

LIMIT 4 FREE

FarmRich

Breaded MOZZARELLA STICKS

14.3-22 Oz.
Select Varieties

FARM RICH
SNACKS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$6.99 EA
Single Item Half Price

12-16 Oz.
Select Varieties

GRAIN BERRY
CEREAL

Grain Berry

MULTI-BRAN FLAKES

with ONYX Sorghum

Now More Powerful Antioxidants!

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.49 EA
Single Item Half Price

12-16 Oz.
Select Varieties

GRANDS!
BISCUITS

Grands!

Flaky Layers

16.3 Oz.
Select Varieties

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.68 EA
Single Item Half Price

12 Oz.
Select Varieties

GUAYAKI
YERBA MATE

GUAYAKI

YERBA MATE

ORGANIC

REVEL BERRY

USDA ORGANIC

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$2.99 EA
Single Item Half Price

10-12 Oz.
Select Varieties

POST
OREO PUFFS OR
HONEY BUNCHES
OF OATS CEREAL

Post

HONEY BUNCHES OF OATS

with ALMONDS

OREO PUFFS CEREAL

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

48 Oz.
Select Varieties

STOK
COLD BREW
ICED COFFEE

LIMIT 2 FREE

STOK

COLD BREW COFFEE

LOW & SLOW 10-HR BREW

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$7.39 EA
Single Item Half Price

1.5 Liter

ETERNAL
NATURALLY
ALKALINE
SPRING WATER

Eternal

Naturally Alkaline Spring Water

1.5 Liter

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$2.29 EA
Single Item Half Price

16 Oz.
Select Varieties

KRAFT
SINGLES

LIMIT 2 FREE

Kraft

Singles

AMERICAN

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.99 EA
Single Item Half Price

64 Oz.
Select Varieties

V8
SPLASH

V8

Splash

Mango Peach

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.18 EA
Single Item Half Price

W-1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT ZSCT 12/03/25



BOGO FREE

16.2-22.5 Oz.
Select Varieties
**JOSÉ OLÉ
SHREDDED
TAQUITOS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$6.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

10.3-16 Oz.
Select Varieties
**TALENTI
GELATO OR
LAYERS**

11-12 Oz.
Select Varieties
**KETO
ICE CREAM
BARS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.49 EA
Single Item Half Price

13.3-16 Oz.
Select Varieties
**FOSTER
FARMS
CORN DOGS**

8-10 Oz.
Select Varieties
**FARM RICH
APPETIZERS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

24-36 Oz.
Select Varieties
**LINDY'S
ITALIAN OR
SWIRLED
ITALIAN ICE**

10.5 Oz.
Select Varieties
**ZATARAIN'S
FROZEN
DINNERS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.29 EA
Single Item Half Price

8.4 Oz.
Select Varieties
**ATHENS
PHYLLO
BITES**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$6.79 EA
Single Item Half Price

22.5-24.5 Oz.
Select Varieties
**TAI PEI
CHICKEN
EGGROLLS**

21 Oz.
Select Varieties
ELECTROLIT



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$2.50 EA
Single Item Half Price



BOGO FREE



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.79 EA
Single Item Half Price

8-11 Oz.
Select Varieties
**TAI PEI
FROZEN
MEALS**

14 Oz.
Select Varieties
**BASKIN
ROBBINS
ICE CREAM**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.49 EA
Single Item Half Price

16.5-18 Oz.
Select Varieties
**GOOD
HUMOR
BARS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.49 EA
Single Item Half Price

14-14.8 Oz.
Select Varieties
**HUNGRY
JACK
PANCAKES**

10.8-14 Oz.
Select Varieties
**FARM RICH
FROZEN
BREAKFAST**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



14.1 Oz.
Select Varieties
**SHARWOOD'S
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



6-8 Oz.
Select Varieties
**WELCH'S
FRUIT
SNACKS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.19 EA
Single Item Half Price



3 Oz.
Select Varieties
**MAC'S
PORK SKINS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



16 Oz.
Select Varieties
**GOLDEN BLOSSOM
PURE &
UNFILTERED U.S.
HONEY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$8.99 EA
Single Item Half Price



9 Oz.
Select Varieties
**HERDEZ
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price





BOGO FREE

10.35-12.65 Oz.
Select Varieties

**PUFF
COOKIES**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



6.5-8 Oz. Tub
or 16 Oz. Quarters
Select Varieties

**LAND O LAKES
BUTTER OR
MARGARINE**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$7.99 EA
Single Item Half Price

21.2 Oz.
**OLD EL PASO
HARD & SOFT
TACO DINNER
KIT TWIN
PACK**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price

11.2-17.6 Oz.
Select Varieties
**WILD MIKE'S
PIZZA**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price

14 Oz.
Select Varieties
**DOGSTERS
FROZEN
TREATS**

22.40 Oz.
Select Varieties
**CAMPBELL'S
SPAGHETTIOS
ORIGINAL**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.29 EA
Single Item Half Price



2 Lb.
**SOUTHERN
BISCUIT
FLOUR**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



9-10 Oz.
Select Varieties
**LOUISIANA
FISH FRY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$1.99 EA
Single Item Half Price



12 Oz.
Select Varieties
**TEXAS PETE
WING SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price



10 Oz.
**FOOD LION
SOY SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

